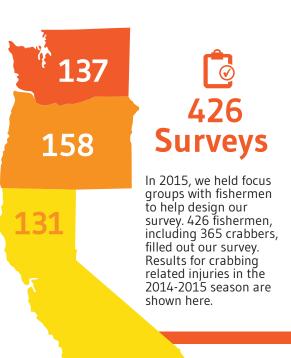


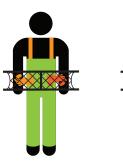


College of Public Health Oregon State

FLIPP is an innovative project that includes commercial fishermen, researchers, extension agents, and coastal community members. The goal of FLIPP is to understand non-fatal injuries in the Dungeness crab fishery and to test ideas to reduce or prevent these injuries. This poster shares the results of our survey on crabbing-related injuries and fishermen's insights on safety.

This study is supported by CDC/NIOSH Grant # U01 OH 010843





Uninjured



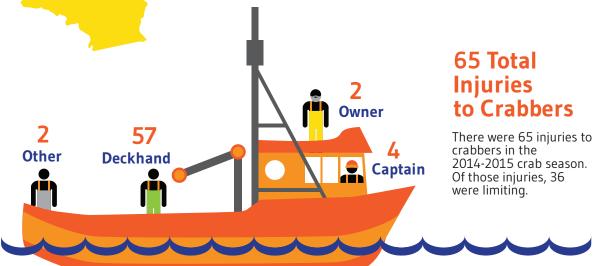


Non-Limiting Injury

Limiting **Injury**

Injury was defined as required first aid at the time of or after the injury, or caused time away from fishing or required you to change how you work.

Limiting injuries require you to take time off work or require you to change how you work. These definitions are different than that used by the United States Coast Guard.



We asked fishermen:

"What are two things you think are most important for staying safe while commercial fishing?"

Good Captain and Crew

"Communication with crew" 'Experienced crew' "Trust the guys you work with"

Awareness

"Never have tunnel vision" "Listening to not normal sounds'

Safety Prep & Drills

"Thinking of risks" "Safety classes and training"

Experience

"Knowing the equipment" 'Know what you are doing'

Taking Care of Yourself

"Eat" "Stay warm" "Staying healthy"

Best Marine Practices

"Don't fish in bad weather"

Well **Maintained Boat & Gear**

"Boat in good condition' "Gear in good condition' "Clean, orderly work area and déck'

Good Judgement

"Common sense" "Think before you do"

Sea Legs

"Don't fall off the boat" "Know where to be and where not to be"

Combatting Fatigue

"Know your limits"

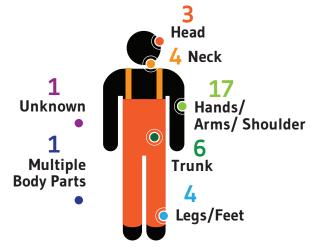


"What do you think contributes most to commercial fishing injuries?"

Type of Injury

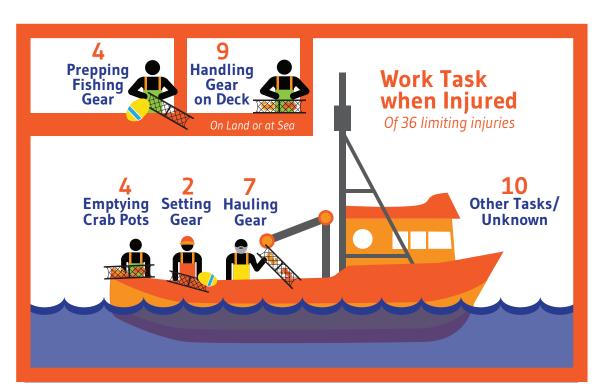
Of 36 limiting injuries





Body Part Injured

Treatment ranged from "walked it off" to aeromedical evacuation.



Not Paying Attention

"People not being alert" "Lack of focus"

Hard Work "Difficult work"

'Overworked" "Pushing too hard"

Stupidity "Idiots" "Not using your head"

Bad Luck

"Stuff out of your control" "Wrong place wrong time"

Inexperience

"Lack of knowledge" "New guys not knowing where to stand"

Not Training

"Lack of practice or drills"

Weather & **Sea Conditions**

"Slippery" "Challenging environment" "Rough sea"

Unsafe Vessel or Gear

"Misuse of vessel" "Poor mainténance and design of vessel"

Being Unsafe

"Unsafe actions" "Unnecessary risk"

Poor Physical Shape

"Being in lousy physical shape" "Working when not 100%- this increases vour risk









With over 1,200 individual responses, they were grouped into categories, with some examples shown here.

The next phase of the project will be to solicit and test ideas to reduce injuries.

This is a study by Dr. Laurel Kincl at Oregon State University in collaboration with Oregon Sea Grant looking at injury prevention in the Dungeness crab fleet. Go to this website to provide us feedback on what you think would help prevent injuries: blogs.oregonstate.edu/flipp