

Nancy L. Kershaw
OSU Extension Service, Tillamook County
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Education and Employment

Education

Year	University	Degree	Major (Field)
1981	Stephen F. Austin State University	M.S.	Home Economics Education
1978	Oregon State University	B.S.	Home Economics Education

Employment Information

2010-2011 **.75 FTE Extension Faculty – 4-H Youth Development & Family and Community Health (FCH), Oregon State University Extension Service, Tillamook/Clatsop counties, OR.**

.375 FTE - Family and Community Health (General FCH in Tillamook County; SNAP-Ed in Tillamook and Clatsop Counties)

.375 FTE - 4-H Youth Development in Tillamook County (general 4-H responsibilities in cooperation with J. Jones, and oversight of home economics and expressive arts projects)

Provide educational programs for youth and adults. Responsible for managing volunteers and program assistants, facilitating and teaching educational activities, and providing leadership training for 4-H, FCH programs, and Family and Community Education (FCE) study groups.

2004-2009 **1.0 FTE Extension Faculty – 4-H Youth Development & Family & Community Development (FCD), Oregon State University Extension Service, Tillamook/Clatsop Counties, OR.**

.5 FTE in Family and Community Development (General FCH & SNAP-Ed in Tillamook & Clatsop counties)

.5 FTE in 4-H Youth Development (Tillamook County)

Provide educational programs for youth and adults. Responsible for managing volunteers and program assistants, facilitating and teaching educational activities, and providing leadership training for 4-H, Family and Community Education (FCE) Study Groups, and FCH programs.

May 2008 **Post Tenure Review**

1987-2003 1.0 FTE Extension Faculty – 4-H Youth Development & Family Community Development, Oregon State University Extension Service Tillamook, County, OR.

.6 FTE in Family and Community Development
.4 FTE in 4-H Youth Development.

Provide educational programs for youth and adults in Family and Community Development and 4-H Youth Development for Tillamook County residents. Responsible for managing volunteers, facilitating educational activities for 4-H and Family and Community Education study groups, and providing leadership training and personal skill development for youth and adults.

July 2002 Promoted to Full Professor

July 1990 Promoted to Associate Professor

July 1990 Granted Indefinite Tenure

1984-1986 1.0 FTE Extension Faculty – 4-H Youth Development, Oregon State University Extension Service Washington County, OR.

1.0 FTE in 4-H Youth Development

Provide educational programs in 4-H Youth Development for county residents. Recruit, train, support and recognize volunteers and participants in 4-H Youth Development programs.

1981-1984 Home Economics Teacher, Latexo Independent School District, Latexo, TX.

High School Home Economics teacher, Future Homemakers of America Advisor.

1980-1981 Graduate Research Asst., Stephen F. Austin State Univ., Nacogdoches, TX.

Home Economics Graduate Research Assistant for a project to “Determine Students Perceptions of the Usefulness of Consumer Education Concepts.”

1978-1980 Home Economics Teacher, Siuslaw School District, Florence, OR. 1978-1980.

Middle and High School Home Economics Teacher.

1978-1979 Food Service Director, Suttle Lake United Meth. Church Camp, Sisters, OR.

Food Service Director for summer camping program

Teaching, Advising and Other Assignments

Instructional Summary

Non-Credit Courses/Workshops

Family and Community Health - Diet, Nutrition and Health

Improved nutritional choices and increased physical activity are important factors in maintaining and/or improving health over the lifespan. Educational programming in Tillamook and Clatsop counties focuses on improving consumer choices related to food and physical activity, which may lead to a decrease in chronic illness and reduced health care costs.

Kershaw, N.& Phillips, S. (2012). Cooking Matters for Seniors. Older adults, Tillamook, OR. 1 series of 6 classes (3 hours each), 13 participants.

Kershaw, N. (2012). Nutrition and Weight Management, Tillamook Senior Center Group & Bay City TOPS group, Tillamook & Bay City, OR. 2 times, 1 hour each, 32 total participants..

Kershaw, N. (2012). Food Preservation Classes/Clinics. General public, Tillamook, OR. 4 classes, 2 to 4 hours each (topics included: Fruits, Jams & Jellies; Tomatoes, Salsa & Pickling; Pressure Canning Meat, Fish & Vegetables; Pressure Canning). 52 total participants – responsible for organization, promotion and teaching.

Kershaw, N. (2012-2011). Individual Preschool Nutrition Assessments. Parents of Preschoolers, Tillamook, OR. 2 times, 8 hours total (30 minutes/participant), 65 participants.

Kershaw, N. (2012-2007). Strong Women Program Orientation. All new Strong Women participants, Tillamook, OR. 34 times, 1-2 hour each, 134 participants.

Kershaw, N., Snyder, B., Kolbus, S., Bolger, C. & Jacobsen, D., (2012-2005). Strong Women Program. Mid-life and older women, Tillamook, 82 times, series of 24 classes each, 1 hour each class, 1257 total participants. I organize and promote the program, oversee registrations and taught/led the noon class session. Volunteers led the 7:45 & 1:30 class sessions.

Kershaw, N. (2012-2002). Food Preservation Classes/Clinics. General public, Tillamook & Astoria, OR. 69 classes & 8 clinics, 1 to 4 hours each (Topics included: Intro to Food Preservation, Fruits, Jams & Jellies; Pickling; Vegetables; Tomatoes; Salsa; Meat & Fish; Pressure Canner Care & Use), 1057 total participants.

Johnson, S., Nelson, D., Kershaw, N., volunteers & student employees. (2012-2002). Food, Fun & Reading. 1st grade students, Tillamook, Cloverdale, Nehalem and Garibaldi, OR. 93 classrooms, series of 4 to 5 lessons each classroom – 356 lessons total (I taught or co-taught 110 lessons), 1 hour each, 1970 youth

Kershaw, N., 3 teen 4-H members, & 2 MFP volunteers. (2009, 2007, 2005-2002). Food Preservation & Nutrition Classes. 4-H Gardening Days participants, Tillamook, OR. 24 different sessions, ½ to 1 hour each (Topics included: Jams; Fruit Leather; Fruit Pie Fillings; Pickles, Smoothies, Vegetable Garnishes, Vegetable Soup; Bean Soup; Mini-pizzas; Dirt Cups), 110 participants. (I taught 12 sessions, I trained a teen member to teach 7 sessions, MFP volunteers taught 2 sessions, NEP program assistant taught 3 sessions).

Johnson, S., Kershaw, N., & volunteers. (2009). Professor Popcorn, 4th grade students, Tillamook, Cloverdale, Nehalem and Garibaldi, OR. 8 classrooms, series of 5 lessons each classroom, 1 hour each, 200 youth. (I taught 1 lesson to 5 classrooms and provided training for Susie Johnson, NEP program assistant to teach the balance of the lessons).

Kershaw, N. (2009-2007). Food Pantry Demonstrations. Food pantry participants, Tillamook, Wheeler, Beaver, Garibaldi, OR. 12 times, 2-3 hours each, 240 participants.

Johnson, Susie, Nelson, D., Kershaw, N., volunteers & student employees. (2008-2002). Pyramid Power. 4th/5th grade students, Tillamook, Cloverdale, Nehalem & Garibaldi, OR. 69 classrooms, series of 4 or 5 lessons each classroom (I co-taught 60 lessons), 1 hour each, 1,419 students.

Woldt, J., Kershaw, N & VanDeHey, G. (2008-2002). Meals Made Easy for Diabetics/Simple and Easy Diabetic Cooking. Adults with Diabetes, Astoria, Nehalem & Tillamook, OR. 15 times, series of 4 classes, 2 hours each, 138 participants.

Kershaw, N. (2007). Nutrition for Children. Parents, Tillamook, 1 time, 2 hours, 12 participants.

Kershaw, N. (2007-2006). Strong Women Stay Young. Catholic Church women, Extension Homemakers, Tillamook, Astoria, Pacific City, Manzanita, 5 times, 1½ hour each, 91 participants.

Kershaw, N. (2007-2006). Senior Fitness Testing. Adults. 65 and older, Tillamook, 6 times, 1 hour each, 39 participants.

Kershaw, N. & Quist, B. (2006). Side By Side: Parents & Children Cooking Together Advanced Training. Low Income Families, Tillamook, 1 time, series of 5 classes, 2 hours each, 12 families.

Kershaw, N. & Quist, B. (2005-2004). Side By Side: Parents & Children Cooking Together. Low Income Families, Tillamook, 2 times, series of 4 classes, 2 hours each, 40 participants.

Kershaw, N. & Worthington, M. (2004). Apples in Appealing Ways. General Public, Tillamook, 1 time, 1½ hours, 25 participants.

Kershaw, N. & Nelson, D. (2004-2003). Basic Nutrition. High school sophomores. Tillamook, OR, 15 times, 1 to 2 classes each, 1 hour each, 457 students.

Kershaw, N. & Nelson, D. (2004-2002). Basic Nutrition. Students at Tillamook Youth Accountability Camp, Tillamook, OR. 17 times, 2 hours each, 364 teen boys.

Family and Community Health – Personal Development

Improved financial management skills and care for aging family members improve the lifestyle of community members. Educational programming in Tillamook County focuses on improving financial management skills and making choices for healthy aging.

Kershaw, N. (2012). Generations United, FCE study group members, OSU Extension staff, business, civic & church groups, Tillamook, Manzanita, Netarts, Wilsonville, Hillsboro, Oregon City, Astoria, OR & Columbus, OH,.1 to 2 hours each, 231 total participants – developed & utilized statewide FCE lesson.

Kershaw, N. (2011). Small Steps to Health & Wealth. Tillamook County/OSU Extension staff. Tillamook, OR, 1 time, 4 sessions, 1 hour each, 6 participants.

Kershaw, N. & Various Volunteer Instructors (2011-2010). Dollar Work\$ 2. Food Roots Individual Development Account (IDA) participants and general public, Tillamook, OR. 2 times, series of 5 classes, 2 hours each class, 29 participants – facilitated series, identified speakers, taught one lesson each series.

Kershaw, N. (2009, 2006, 2002). Dollar Decisions/Basic Budgeting. JOBS Program participants, Habitat for Humanity participants and general public, Tillamook, OR. 3 times, 2 hours each, 23 participants (taught).

Kershaw, N. & Weisel, D. (2008). Prepare to Care. Civic group members – Lions, Kiwanis, Worksource Oregon, Tillamook Chamber Forum, Tillamook, 4 times, 40 minutes each, 65 participants.

Family and Community Health – FCE Study Groups

Family and Community Education study groups in Tillamook and Clatsop extend research based information to their members and families on a variety of topics, ranging from healthy aging to nutrition. The lessons for these groups are developed by Extension faculty from throughout the state and delivered to the study groups through a network of Extension faculty and volunteers. There are currently four study groups with a membership of approximately 100 members in the two counties.

Kershaw, N. (2011). End of Life Care Decisions. FCE study group members, Astoria, Tillamook, Pacific City & Manzanita, OR. 4 times, 1 hour each, 50 participants.

Kershaw, N. (2010-2009). How Does Your Credit Score? FCE study group members, Astoria, Tillamook, Pacific city & Manzanita, OR. 4 times, 1 hour each, 66 participants (wrote, taught).

Kershaw, N. & Jones, J. (2009). Are You Hungry Tonight (Hunger Simulation) 4-H Study Group participants, Tillamook, OR. 1 time, 2 hours, 30 participants. (I organized the event and led the simulation and discussion with assistance from Joy Jones.)

Kershaw, N. (2008). A Good Night's Sleep. FCE study group members, Astoria, Tillamook, Pacific city & Manzanita, OR. 4 times, 1 hour each, 66 participants.

Kershaw, N. (2007-2006). De-Clutter Your Life. General public & FCE study group members, Astoria, Tillamook, Pacific City, Manzanita, Salem, Beaverton & Oregon City, OR. 8 times, 1 hour each, 139 participants.

Kershaw, N. (2006-2005). Apples in Appealing Ways. FCE study group leader/teachers & forestry afterschool participants, Beaverton, Oregon City & Tillamook, OR. 3 times. 1½ hours each, 59 participants.

Kershaw, N. (2005). Oregon – A State of Hunger. FCE study group members, Astoria, Tillamook, Pacific City & Manzanita, OR. 4 times, 1 hour each, 61 participants.

Kershaw, N. (2005). Why Weight? Reducing the Influence of Television on Children's Health. Mothers of Preschoolers group, Tillamook, OR. 1 time, 1 hour, 26 participants.

Kershaw, N. (2004-2003). Healthy Air for Your Home. FCE study groups, Astoria, Tillamook, Nehalem and Pacific City, OR. 4 times, 1 hour each, 81 participants.

Kershaw, N. (2003). Who Gets Grandma's Yellow Pie Plate – Transferring Non-titled Property. Spring Home & Garden Classes, Tillamook, OR. 1 time, 1 hour, 10 participants.

Kershaw, N (2003). Polar Fleece Hats for Community Service. Extension study group members, Nehalem, OR. 1 time, 1 hour, 26 participants.

Kershaw, N. (2002). Biotechnology: Designer Genes for Familiar Foods. FCE study group members, Tillamook, Pacific City & Manzanita, OR. 3 times, 1 hour each, 39 participants.

4-H Youth Development – Volunteer Development

Strong volunteer development is the basis for the success of the traditional 4-H club program in Tillamook County. 4-H Leader education is the key to a successful partnership between 4-H staff and volunteers. Training is essential so that volunteers can successfully teach skills in the areas of leadership, citizenship, public speaking and projects to their club members, thereby preparing youth to become contributing members of their community.

Rose, P., Brandt, J. & Kershaw, N. (2012). 4-H Foods & Food Preservation Leader/Judges Training, 4-H Leaders & Judges, Oregon City, Roseburg & Albany, OR, 3 trainings, 8 hours each, 104 participants. 4-H Food Preservation Update & Training was 3 hours of the 8 hour training coordinated by Pamela Rose, State 4-H specialist. Jeanne Brandt and I organized and

taught the food preservation section. Jeanne and I co-taught 2 of the food preservation sessions and I taught 1 session.

Kershaw, N & Jones, J. (2012-2003). New 4-H Leader Orientation. 4-H Leaders, Tillamook, OR. 10 times, 2½ hours each, 52 participants. Also facilitated new leader orientation via home study course and individual consultation for an additional 122 new leaders.

Kershaw, N. & Jones, J. (2012-2002). 4-H Program Planning. 4-H leaders and teens, Tillamook, OR. 11 times, 2 hours each time, 287 participants.

Kershaw, N. & Jones, J. (2012-2002). 4-H Fair Focus. 4-H leaders, Tillamook, OR. 10times, 2 hours each time, 259 participants.

Kershaw, N. & Jones, J. (2012-2002). 4-H Clerk's Training. 4-H fair clerks, Tillamook, OR. 12 times, 1 hour each time, 334 participants.

Kershaw, N. & Jones, J. (2012-2007). Educational Programs for Tillamook County 4-H Leaders, Tillamook, OR.

- Utilizing Junior Leaders, 1 time, 2 hours, 23 participants.
- 4-H Record Keeping, 1 time, 1½ hours, 6 participants.
- Preparing 4-H Educational Displays, 2 time, 1 hour, 41 participants.
- 4-H Presentations, 3 times, 1 hour, 43 participants
- Risk Management, 1 time, 1 hour, 25 participants
- Club Management, 1 time, 1 hour, 24 participants

Kershaw, N. & Jones J. (2009, 2005-2001). 4-H Resources and Curriculum, 6 times, 1 hour each, 117 participants.

Kershaw, N., Gregg, D., & 1 teen. (2005). Sewing Hands for Larger Service. Oregon 4-H Leader's Forum, Lincoln City, OR. 1 time, 2 hours, 9 participants.

Kershaw, N. & Gregg, D. (2005). Tools to Make Sewing Easier. Oregon 4-H Leader's Forum, Lincoln City, OR. 1 time, 2 hours, 17 participants.

Kershaw, N., Jones, J. & 2 teen and 3 adult volunteers. (2005). Are You Hungry Tonight? Oregon 4-H Leader's Forum & Gilliam County 8th grade class, Lincoln City & Condon, OR. 2 times, 2 hours each, 31 participants.

Kershaw, N., Gregg, D. & 3 teens (2004). Polar Fleece Fun. Oregon 4-H Leader's Forum, Stayton, OR. 1 time, 2 hours, 7 participants.

Kershaw, N. (2004). 4-H Food Preservation Update. Oregon 4-H Leader's Forum, Stayton, OR. 1 time, 2 hours, 9 participants.

Kershaw, N., Husted, E. Wilks, T. & 2 4-H teens. (2003). Hands for Larger Service – Connecting Clothing and the Community. Western Regional 4-H Leader’s Forum, Portland, OR. 1 time, 1½ hours, 27 participants.

Kershaw, N. & 2 4-H teens (2003-2002). Fun Kitchen Science. Oregon 4-H Leaders’ Forum & Western Regional 4-H Leaders’ Forum participants, Corvallis & Portland, OR. 2 times, 1 hour each time, 41 participants.

4-H Youth Development – Life Skill Development

Preparing youth to be contributing members of their community is one of the goals of the 4-H program in Tillamook County. Programs focusing on life skill development are essential to achieve this goal. Youth need to develop leadership, citizenship, decision making, public speaking, and record keeping skills to successfully transition to their adult roles.

Kershaw, N. & Cumming, E.-YA4H! teen (2012). YA4H! for Cloverbuds. 4-H Cloverbud members and parents, Tillamook, OR. 1 time, 1 hour, 13 participants.

Kershaw, N. & Armitage, B.-YA4H! teen (2012). Nutrition, Physical Activity & You. Tillamook, Linn, Lincoln & Benton County 4-H campers, Salem, OR. 2 times, 1 hour each, 36 participants.

Kershaw, N. & Jones, J. (2012-2002). 4-H Record Keeping. 4-H members and leaders, Tillamook, OR. 39 times, 2 hours each, 445 participants.

Kershaw, N., Jones, J. & various 4-H members and leaders. (2009, 2007, 2005-2002). 4-H in Tillamook County. Netarts Community Club, Study group participants, Tillamook Equestrian Trails Association, Tillamook County Extension Advisory Council, Tillamook Kiwanis, Tillamook Lions, Chamber of Commerce, & Tillamook County Commissioners, Tillamook City Council, Tillamook County Youth Drug & Alcohol Prevention Coalition, Tillamook, Netarts, Pacific City and Nehalem, OR. 14 times, ½ - 1 hour each, 226 participants.

Kershaw, N. & Jones, J. (2008). Paying for College. High school students and their parents, Tillamook, OR. 1 time, 2 hours, 6 participants.

Kershaw, N. & various 4-H foods leaders and members. (2008-2006). Taste of Tillamook – Kids Cooking. General public, Tillamook, OR. 5 times, 2 hours each, 160 participants.

Kershaw, N. & Jones, J. (2007). College & Beyond. High school students & their parents, Tillamook, OR. 2 times, 2 hours, 26 participants.

Kershaw, N. (2007-2006, 2004-2002). State Competitive Records Workshop. 4-H members in grades 10-12, Tillamook, OR. 5 times, 1 hour each time, 18 participants.

Kershaw, N. (2007-2002). 4-H Clothing & Foods Judging Contests Training. 4-H members and leaders, Tillamook, OR. 8 times, 1-2 hours each time, 91 participants total.

Kershaw N. (2005). Preparing and Judging Home Economics Exhibits. Clatsop County 4-H Super Saturday, Astoria, OR. 1 time, 1 hour, 21 participants.

Kershaw, N. (2004-2002). 4-H Presentations. 4-H members and leaders, Tillamook, OR. 4 times, 1 hour each time, 48 participants.

Kershaw, N. (2003). Grant Writing. 4-H members, Tillamook, OR. 1 time, 2 hours and then met with 2 grant-writing groups several times to complete their grant proposals, 8 participants. One group was selected to participate in the “Girls for Planet Earth” service learning program (only 12 teams selected nationwide from 4-H, Girl Scouts and other youth organizations).

4-H Youth Development – Project Skill Development

Attracting and enrolling new 4-H members is an ongoing goal for a successful 4-H program. 4-H project skills are the instrument through which youth are first engaged in the 4-H program in Tillamook County. These skills are delivered through a variety of modes, including traditional 4-H clubs, school enrichment programs, 4-H afterschool and day camp programs and special interest programs. 4-H project support is also important for encouraging and maintaining 4-H leaders by supplementing the training 4-H members receive in their groups. 4-H project clinics and activities help members successfully complete their project work and provides leaders with an opportunity to gain additional project competencies.

Kershaw, N. & various community professionals. (2012-2009). Beginning Babysitter Training. Youth in grades 4 and up, Tillamook, OR. 4 times, 7 sessions of 2 hours each, 83 participants.– organized training, recruited guest speakers, taught 16 sessions.

Kershaw, N. & teen volunteers. (2012-2003). Polar Fleece Hat Workshop. 4-H members & leaders, Tillamook, OR, 9 times, 3 hours each time, 176 participants – organized and taught session. Made 100-125 polar fleece hats for Head Start & Homeless Connect each year.

Kershaw, N., & 3 to 5 teens each year. (2012-2009, 2007-2002). 4-H Clothing Day Camp. Youth in grades 4 and up, Tillamook, OR. 10 times, 15 hours each time, 86 participants.– organized day camp, recruited teen volunteers, taught sessions.

Kershaw, N. & 1 teen volunteer. (2011). Little Dresses for Africa. 4-H members, teen parents. Tillamook & Corvallis, OR. 3 times, 37 participants (76 dresses completed/donated).

Kershaw, N. (2010). 4-H Foods Contests How To’s. 4-H members & leaders, Tillamook, OR. 1 time, 1 hour, 17 participants – developed and taught class.

Kershaw, N. (2010). Canning Fruit Pie Fillings. 4-H members & leaders, Astoria, OR. 1 time, 2 hours, 16 participants – taught class.

Kershaw, N., Johnson, S. & 4 4-H teens. (2010). Cooking Up Some Breakfast Fun (SSER), 3rd-5th grade students, 1 day camp-5 sessions, 18 total hours, 7 elementary age participants – organized day camps, recruited teen volunteers, taught lessons, bought supplies, and organized cooking activities.

Kershaw, N. & Johnson, S. (2010). Nutrition sessions (utilized Growing Healthy Kids). 4-H Gardening Day Camp participants, Tillamook, OR. 4 different sessions, 45 minutes each, 22 participants – organized day camps, planned curriculum and taught final session).

Kershaw, N. (2009, 2008, 2006). Community Service Sewing – Lap Rugs & Blankets. 4-H members and teen parents, Tillamook & Astoria, OR. 4 times, 2-3 hours each, 97 participants – organized and taught sessions. Made 50 blankets for Tillamook County General Hospital, Nehalem Head Start & Clatsop County.

Kershaw, N. & 5 4-H teens. (2009). Cooking Up Some Fun with Professor Popcorn Day Camp, 3rd-5th grade students, 1 day camp-5 sessions, 18 total hours, 20 participants (organized, taught).

Kershaw, N. (2008). Bread in a Bag. 4-H members, Tillamook, OR. 1 time 1 ½ hours, 15 participants.

Kershaw, N. (2007). Super Star Chef. Youth in grades 4-8 and their parents, Tillamook, OR. 1 time, 2½ hours, 9 participants.

Kershaw, N. & Nelson, D. (2007-2002). Beginning Babysitter Training. Youth in grades 4 and up, Tillamook, Cloverdale, Beaver, Garibaldi, & Nehalem, OR. 20 times, 6 hours each time, 254 participants.

Kershaw, N., Nelson, D. & various teens (2007 & 2004). 4-H Adventure Science Day Camp. Youth in grades 1-3, Tillamook, OR. 4 times, each day camp was 5 sessions, 2 hours each session, 59 total participants.

Kershaw, N. (2006, 2004-2002). Advanced Babysitter Training – Ages & Stages. Youth in grades 4 and up, Tillamook, OR. 8 times, 2 hours each time, 83 participants.

Kershaw, N. (2005). Foods Contests. 4-H members, Astoria, OR., 1 time, 4 hours, 8 participants.

Kershaw, N. & Nelson, D. (2002). 4-H Adventure Gardening/Nutrition Day Camp. Youth in grades 1-3, Tillamook, OR. 2 times, each day camp was 5 sessions, 2½ hours each session, 50 participants.

Kershaw, N. (2002). Papermaking. Adults and children at Watershed Art Festival, Bay City, OR. 1 time, 4 hours, 19 participants.

Curriculum Development

Evers, C., Schrupf, E., Smiley, J., Kershaw, N., & Baxter, D. (2005-2002). Design Team for “Start Smart: Eating and Reading” curriculum. Participated on planning committee, suggested

content for inclusion, edited materials developed by Evers, C., and assisted with pilot testing of materials and evaluation with 2nd grade teachers in Tillamook County.

Schrumpf, E., & Kershaw, N. (2004). Assisted with revision of 4-H Food Preservation curriculum. Submitted potential changes to Elaine and reviewed publications before printing.

Kershaw, N. & Jones, J. (2002). Developed "4-H Adventures Day Camp", a 15-hour, non-credit course for youth in grades K - 3, which was held for 5 days, 3 hours per day. Students explore plants as food, and learn the basic elements of plant growth, gardening, simple food preparation, and nutrition. Participants complete several projects that can be entered in the fair by the end of the week and have an introduction to several 4-H project areas.

Educational Materials

Publications for National Distribution

Talcott, K., Heim, S. (Authors) & Kershaw, N. (Contributing Author). (2009). Chicken Soup for the Soul – Devotionals for Women. "God was at the Wheel" Section 4, #31, pg 106-107. 378 pp., 10,000 distributed, Chicken Soup for the Soul Publishing Company

Publications for County or Area Distribution

Kershaw, N. (2011). Hunger in Oregon: Sources of Further Information. 1 pg. 50 distributed OSU Extension Service/Tillamook County.

Kershaw, N. (2009). How Does Your Credit Score-FCE study group member guide. 6 pp. 60 distributed, OSU Extension Service/Tillamook County.

Kershaw, N. (2009). Finding Help in Tough Time in Tillamook County. 8 pp. 150 distributed, OSU Extension Service/Tillamook County.

Kershaw, N. (2007). Strong Women Stay Young. Tillamook County Extension Office, 20 pp. 64 distributed.

Kershaw, N. & Hunt, S. (2005). North Coast Food Guide. Clatsop County Extension Office, 39 pp. 5,000 distributed. Available in English and Spanish. Requested by people in five different states as an example to develop their own food guide.

Kershaw, N. (2003). Comparison of Soft Drink Labels. Tillamook County Extension Office, 1 pg. 109 distributed.

Kershaw, N. (2002). Shopping for the Diabetic. Tillamook County Extension Office, 6 pp. 72 distributed.

Kershaw, N. (2002). Comparison of Sports Drinks Labels. Tillamook County Extension Office, 1 pg. 217 distributed.

Kershaw, N. (2002). Luscious Low-Sugar Jams. Tillamook County Extension Office, 1 pg. 25 distributed.

Newsletters

Kershaw, N. (Author/editor). (2012-2009). Family & Community Health Newsletter. 4 issues yearly, 10-12 pp. 464 hard copies mailed in Tillamook and Clatsop Counties, 80 e-mail notifications of posting to the web distributed per issue in Tillamook County. Electronic copy sent to staff in Columbia, Deschutes, Jefferson, Crook, Marion & Wallowa counties to distribute via hard copy and/or posting to the web.

Kershaw, N. & Jones, J. (Co-author/editor). (2012-2002). Tillamook Tides 4-H Family Newsletter. 9 issues yearly, 10-16 pp. per issue, 160-500 issues distributed in hard copy and 475-500 e-mails sent that newsletter is posted to the web per issue.

(2012-2009). Babies First Wish Newsletter. 83 families receive the newsletter monthly.

Kershaw, N. (Author/editor). (2008-2002). Family and Community Development Newsletter. 5 issues yearly, 6-8 pp. 1,150 distributed per issue in Tillamook, Clatsop, & Columbia counties.

(2008-2002). Parenting the First Year/Babies First Wish Newsletter. 473 families received the newsletter monthly for one year from the date of their babies' birth.

(2008-2002). Parenting the Second & Third Years Newsletter. 138 families received the newsletter bi-monthly for two years based on the date of their child's first birthday.

Teaching Materials

Kershaw, N. (2011). Generations United. OSU FCH website. Developed as state wide FCE study group lesson for use in 2012. Available on the web at:

<http://extension.oregonstate.edu/fch/fce-lessons>

FCH12-01 Generations United Leader/Teacher Guide, 9 pp.

FCH12-02 Generations United FCE Member Handout, 8 pp.

FCH12-03 Generations United FCE Study Group Lesson Evaluation, 3 pp.

Kershaw, N. (2009). How Does Your Credit Score. FCE study group lesson teacher guide. 12 pp. Tillamook County Extension Service.

Jones, J. & Kershaw, N. (co-developed & co-authored). (2011-2008). Addressing Hunger/Food Insecurity Issues. [Power point presentation, 1 hour]. Adapted for use with multiple audiences: International Association of Experiential Education Conference; FCE Spring Festival; AEE NW

Conference; Regards to Rural Conference.

Jones, J. & Kershaw, N. (co-developed & authored). (2007). Managing Your Professional Paper Trail. [Power point presentation, 1½ hours]. Extension faculty & staff, presented at state-wide trainings.

Jones, J. & Kershaw, N. (co-developed & co-authored). (2006). Making A Difference – OSU Extension Addresses Food and Hunger Issues. [Power point presentation, 1 hour]. Extension staff, and public audiences at national, state, and local meetings. Requested by National Epsilon Sigma Phi organization for posting at their website.

Program Management Materials

Kershaw, N. (2012-2002). 4-H Fair Related Publications.
(revised yearly). 4-H Leader/Member Fair Packets. 4-H leaders/members. 4,625 distributed.
(revised yearly). 4-H Clerk Instructions. Volunteer fair clerks. 350 distributed.

Kershaw, N. (2012--2002). Promotional Brochures for Various Family and Community Development and 4-H Youth Development Programs.
(revised yearly). Home Food Preservation Equipment and Supplies Available. General public. 900 distributed.
(revised yearly). Home Food Preservation Publications. General public. 825 distributed.
(revised yearly). Summer Day Camp Programs. 4th - 6th grade youth. 5,000 distributed.
(revised yearly). Super Saturday 4-H Program. 4-H members/leaders. 3,000 distributed.
(revised yearly). Summer Canning Classes. General public. 950 distributed.
(revised yearly). Babysitter Training. 4th - 6th grade youth, 4,350 distributed.

Kershaw, N. (2010-2009, 2007-2002, revised yearly). 4-H Staff and Executive Board Responsibilities. 4-H leaders. 170 distributed.

Evaluations Tools or Instruments for Data Collection

Kershaw, N. & Jones, J. (2012) Tillamook County 4-H Alumni Survey. Developed survey and received IRB approval for evaluation.

Kershaw, N. (2011). 4-H Food Preservation Day Evaluation. Submitted IRB application and received approval to collect regional evaluation data for 4-H Food Preservation Days to be held in 2012 .

Kershaw, N. (2011). Generations United Evaluation. Developed evaluation for statewide 2012 FCE lesson. Received IRB approval for statewide use of the evaluation. Posted to the web at http://extension.oregonstate.edu/fch/sites/default/files/documents/fce_12_03_generation_evaluation_2.pdf, 1 pg.

Brandt, J. & Kershaw, N. (2011-2009). Food Preservation Classes Follow-up Survey. Tillamook, Washington & Columbia County Extension Offices. 1 pg. 450 distributed. (edited survey developed by Brandt, J. and distributed in Tillamook/Clatsop counties).

Kershaw, N. (2009-2008). Once a Month Cooking Class Evaluation. Tillamook County Extension Office, 1 pg. 57 distributed.

Kershaw, N. (2008-2007). Modified Tufts University Strong Women Evaluation. Tillamook, Jackson and Union County Extension Offices, 1 pg. 150 distributed. Submitted IRB application and received approval to collect statewide evaluation data from participants of the Strong Women Program in 11 counties.

Kershaw, N. (2009-2002). Modified University of Vermont Evaluation for Food, Fun and Reading. Tillamook County Extension Office, 2 pp. 1,659 distributed. Submitted IRB application and received IRB approval for use of evaluation. Shared IRB proposal and evaluation tool with Patty Case, Klamath County and Carolyn Raab, FCH Specialist.

Kershaw, N. (2008-2002). Developed evaluation and received IRB approval for evaluation of the OFNP program Pyramid Power. Tillamook County Extension Office, 1 pg. 1,519 distributed. Shared IRB proposal and evaluation tool with Renee Carr and Janice Smiley, Multnomah County.

Kershaw, N. (2008-2002). Received IRB approval to continue evaluation of the 4-H Afterschool Science Clubs (youth and parent evaluation developed in 2000). Tillamook County Extension Office, 2 pp. 550 youth evaluations distributed and 429 parent evaluations distributed. Shared IRB proposal and evaluation tool with Justin Williams, Clatsop County and Mike Knutz, Polk County.

Kershaw, N. (2007-2006). Developed evaluation for statewide FCE lesson De-Clutter Your Life. Received IRB approval for statewide use of the evaluation. Posted to the web at <http://extension.oregonstate.edu/fcd/vprograms/fcelessons/fcepdfiles/FCD07-03declutterevaluation.pdf>. 1 pg. 251 evaluations returned.

Kershaw, N. (2007-2005). Developed evaluation for statewide FCE lesson Apples in Appealing Ways. Received IRB approval for statewide use of the evaluation. Posted to the web at <http://extension.oregonstate.edu/fcd/vprograms/fcelessons/fcepdfiles/FCD06-03%20Apples%20in%20Appealing%20Ways%20-%20Evaluation.pdf>. 1 pg. 1,227 evaluations returned.

Kershaw, N. (2006). Developed series of evaluation tools to use with Meals Made Easy for Diabetics. Tillamook County Extension Office, 4 session evaluations, 1 pg each, 45 distributed.

Arnold, M., Schrupf, E., Black, L., & Kershaw, N. (2006). Participated on team to develop statewide foods project evaluation. Conducted evaluation in Tillamook County.

Arnold, M., Jones, J., Kershaw, N., Olsen, P., Williams, J., Brandt, J., & Davis, W., (2003). Originated idea for Youth Adult Partnerships evaluation. Brought together team members to develop an evaluation of youth as partners in the Northern Oregon area. Team met to brainstorm evaluation process and Mary Arnold took the lead on developing the evaluation tool. Conducted evaluation in Tillamook County.

Raab, C., Case, P. & Kershaw, N. (2003). Assisted Carolyn Raab, OSU Extension Foods and Nutrition Specialist in development and administration of follow-up study for the FCE lesson Biotechnology: Designer Genes for Familiar Foods. Critiqued draft of evaluation tool, distributed and collected evaluations from Tillamook County FCE members.

Team or Collaborative Efforts

Babysitter Training (2012-2002). I coordinate and lead this program which involves various other organizations. Other organizations that contribute speakers include Tillamook County General Hospital (EMT's), Caring Options (CCR&R), Tillamook YMCA, and Tillamook County Head Start. I also work with Tillamook Bay Child Care Center to provide an opportunity for participants to observe infants, toddlers and preschool age children.

Tillamook County Master Gardeners (2012-2002). I worked with other Extension staff and various Master Gardener volunteers to plan and coordinate the annual Spring Home and Garden Classes and Autumn Festival Classes. These Saturday programs offer 12 different classes to the general public on FCH and gardening topics.

Tillamook County Diabetes Coalition (2012, 2008-2002). I attend meetings of this group and brought information to the group about the Idaho Plate method. As a result, I worked with Janice Woldt, RN for Tillamook County General Hospital and we developed a four-week series of classes *Simple and Easy Diabetic Cooking*. It is great working with the hospital – they provide the food and we (OSU Extension) provide the meeting and kitchen space. The hospital dietitian and I co-teach the various sessions. In October 2003 I attended the training for *Meals Made Easy* which we piloted in 2004 and has continued to be offered through 2007. Another result of working together as a coalition is that I can publicize other classes offered by various coalition members and can refer people to the appropriate class series depending upon needs.

Financial Planning for IDA Participants (2011-2009). Worked with 3 Food Roots Americorp volunteers and Community Action Resource Enterprises (CARE) volunteers to develop a financial management class series for participants in the Food Roots Individual Development Account program. Helped identify curriculum, community speakers/partners and taught initial session for series of five classes.

Commission on Children & Families & Tillamook Regional Food Bank (2010). Participated on the Tillamook County Commission on Children and Families Board and worked with staff and other agencies to develop and submit a proposal for the USDA/FNS Hunger Free Communities – Planning & Assessment grant.

Prepare to Care (2008-2007). I was a member of the Tillamook County team to pilot test the AARP program *Prepare to Care*. The team is led by Bowman, S. and Peters, C. Other team members include DHS Senior Services staff and state AARP representatives. Team met to plan pilot program to provide programming through the workplace to assist employees with family caregiving issues. I also met with Don Weisel to develop a list of Tillamook County businesses with between 10 and 100 employees and to prepare a presentation for local service organizations. Don Weisel, Allison Smith and I presented the program to Kiwanis, Rotary, Tillamook Chamber Forum and other local business groups.

Strong Women Program (2008-2006). I participate on the team including Johnson, S., Seguin, R., Engle, M., Kershaw, N., Wilcox, F., & Bowman, S. convened to develop a research project to measure the success of the Strong Women Program in community settings. The team, with Johnson, S. taking the lead, developed a pre and post assessment of participants that measured gains in fitness. I piloted the research protocol in cooperation with Johnson, S. The actual research project began in October 2006 and continued through spring 2007 with one site in Tillamook. I developed and received IRB approval for a statewide evaluation to be used with current Strong Women participants to determine the benefits of the program.

Title III Forestry Grant (2008-2002). Joy Jones and I worked with Roger Rada, Nestucca Valley School District Superintendent in 2002 to develop a grant proposal for Title III Forestry funds at the request of the Tillamook County Commissioners. This was a good opportunity to work with the three school districts and to educate them about 4-H programs and to learn more about how 4-H can work with the schools. The grant was funded. In 2003-2008 I worked with the 4-H Forestry Educator and Joy Jones to write yearly grant proposals and year end reports.

Tillamook Food Security Council (2007-2002). I am a member of the Tillamook County Food Security Council. I assisted with development of a \$500,000 USDA Tillamook County Food Security grant proposal. The OSU Extension Service will be providing some of the educational programs. The grant was funded by USDA. I wrote the grant and was the PI for the North Coast Food Guide which was developed in cooperation with the Tillamook and Clatsop County Food Security Councils.

Summer Programs for Kids (2007-2005). I worked with Tillamook School District 9 principals & Ed Armstrong, TSD9 grants coordinator to develop a single promotional piece for all the summer programs available to youth through the school district, the OSU Extension Service and other youth serving groups. I developed the brochure and the school district translated it into Spanish. I also developed news releases to promote the programs. Between the 2 groups there were a total of 16 different summer experiences available for a variety of age groups. I also worked with Joy Jones and Ed Armstrong to develop a contract for 4-H to provide afterschool programming in Natural Resources. TSD9 provided funds to pay an instructor and assistants. I

collaborated with TSD9 on a 21st Century Community Learning Centers Application which included contracting with TSD9 to provide 4-H afterschool programming. Unfortunately the grant was not funded.

Side By Side: Parents and Children Cooking Together (2005-2004). I participated in this group including Tillamook Commission on Children and Families, Tillamook Bay Community College, Tillamook Family Counseling, Oregon Food Bank, and CARE. We put together a class series for parents and children developed by the Share Our Strength organization. The first class series was offered and filled immediately in the Fall of 2004. For 2005 this program was funded through the OFNP program and coordinated through the OSU Extension Service.

Student and Participant/Client Evaluations

Student and/or Participant/Client Teaching Evaluations

Rating Scale: 6 = Excellent; 1 = very poor

Year	Students	Eval. Ret.	Class Title	Rating
2012	43 adult	35	Generations United	5.74
2012	17 adults	14	Pressure Canning Meat, Fish, Poultry & Veg.	5.86
2012	7 adults	5	New 4-H Leader Orientation	5.8
2012	7 adults	7	Canning Fruits & Fruit Products	6.0
2012	18 adults	17	Canning Tomatoes, Salsa & Pickles	6.0
2012	12 youth	8	Babysitter Training Day Camp	5.3
2012	7 youth	7	4-H Clothing Day Camp	5.42
2011	50 adult	30	End of Life Care Decisions	5.8
2011	13 adults	10	Pressure Canning Meat, Fish, Poultry & Veg.	5.8
2011	17 adults	9	To Can or Not to Can (Intro to Food Pres.)	6.0
2011	14 adults	12	Canning Fruits & Fruit Products	5.8
2010	30 adults	27	Food Preservation Classes	5.8
2009	12 adults	12	Canning Fruits, Fruit Pie Fillings, James & Jellies	6.0
2009	39 adults	30	Pressure Canning Meats, Fish & Vegetables	5.8
2009	25 adults	22	Are You Hungry Tonight	5.7
2009	20 adults	16	How Does Your Credit Score	5.6
2008	11 adults	11	A Good Night's Sleep	5.5
2008	11 new faculty/staff	10	Managing Your Professional Paper Trail	5.8
2008	5 adults	5	Are You Hungry Tonight	5.8
2007	12 Extension staff	11	Managing Your Professional Papers	5.4
2007	10 Extension staff	10	Managing the Promotion and Tenure Paper Trail	5.5
2007	11 adults	9	De-Clutter Your Life	5.7
2007	97 adults	85	Food Preservation classes – 6 classes	5.9
2007	6 adults	5	4-H New Leader Orientation	6.0

2007	39 adults	34	Strong Women Stay Young	5.8
2006	4 adults	6	4-H New Leader Orientation	6.0
2006	18 adults	26	De-Clutter Your Life	5.5
2006	11 adults	12	4-H Record Book Training for Leaders	5.8
2006	106 adults	100	Food Preservation Classes – 6 classes	5.8
2005	10 youth	10	Bread in a Bag	5.6
2005	101 adults	93	Food Preservation Class Series	5.8
2005	16 adults	15	Oregon: A State of Hunger	5.6
2004	70 adults	58	Food Preservation Class Series	5.9
2004	10 youth	7	Clothing Judging Contests	5.8
2004	12 youth	9	Foods Judging Contests	6.0
2004	10 youth	8	Fun Fabric Painting	5.9
2004	3 4-H leaders	3	New 4-H Leader Orientation	5.3

Rating Scale: 4 = complete ability; 0 = no ability

Year	Students	Eval. Ret.	Class Title	Rating
2005	43 Extension staff	34	Start Smart Eating & Reading	3.8
2005	17 adults	11	Tools to Make Sewing Easier	3.8
2004	9 4-H leaders	7	Food Preservation Update	3.9
2003	27 4-H leaders	14	Hands for Larger Service-Connecting Clothing and Community	3.8
2003	24 4-H leaders	19	Fun in the Kitchen (Kitchen Science)	3.6
2003	87 adults	67	Canning Class Series	3.9
2002	13 youth/4-H leaders	10	Luscious Low Sugar Jams	3.9
2002	11 youth/4-H leaders	7	4-H Presentations	3.5
2002	16 youth/4-H leaders	13	Kitchen Science Fun	3.9
2002	15 FCE members	11	Biotechnology: Designer Genes for Familiar Foods	4.0
2002	33 adults	29	Canning Class Series	3.9

Program Evaluations

Selected evaluations are summarized below. Complete results/comments available upon request.

Family and Community Health Evaluations:

Food Preservation Classes

Brandt, J., Kershaw, N., & Rudolph, J. (2011-2009). Food Preservation Classes 6 Month Follow-up Survey. A survey was sent to class participants in Tillamook, Washington and Columbia counties six months following the classes to determine if the classes made an impact.

157 surveys were mailed out in Tillamook & Clatsop counties with 99 surveys returned, a 63% return. Participants were asked if they had increased their knowledge about the following topics on a scale of very little (1) to very much (4). Survey results indicated that class participants increased their knowledge a lot (3) to very much (4) on the following topics: the importance of using current, tested recipes and instructions (3.7); steps to follow to ensure home canned foods are safe to eat (3.6); what to do if jars do not seal properly (3.6); what products can be safely processed in water bath canner vs. pressure canner (3.6); where to locate current tested recipes and instructions (3.5); and the difference between a boiling water canner & a pressure canner (3.2). In addition, 100% said “they would recommend the class to others” and 69% said they had done something differently after taking the classes and noted what it was. Several respondents indicated that the class was their first experience with canning and they had used what they learned to start canning at home.

Kershaw, N. (2012-2010). Food Preservation Class End of Class Evaluation. 128 participants completed an evaluation at the conclusion of the class. Participants rated how much their knowledge increased on a scale of not at all (1) to very much (4). Overall participants indicated that their knowledge/awareness increased a lot (3) to very much (4) as a result of attendance in the following areas: importance of using current, tested recipes; importance/amount of headspace; where to locate tested recipes; necessary equipment; what to do if jars don’t seal. Participants also indicated they learned a lot to very much about preserving specific products safely while preserving quality. Before the class 19% of participants indicated they regularly used up-to-date home canning recommendations and after the class, 88% indicated they planned to use up-to-date home canning recommendations. There was an increase in the number of participants (49% to 90%) who would check home-canned foods for spoilage before eating. 68% indicated their skill increased a lot as a result of taking the class, while another 26% indicated their skill increased somewhat. The majority of respondents indicated they planned to preserve a new product or change their techniques to more safely preserve the product as a result of attending the class.

Kershaw, N. (2009, 2007-2002). Food Preservation Classes. Participants were asked to complete an evaluation at the conclusion of class. A total of 530 evaluations were completed from 35 classes. Participants indicated that the classes were excellent (5.8) on a scale of 1 (very poor) to 6 (excellent). They also indicated increased knowledge/awareness using a scale of 1 (not at all) to 5 (a lot): specific canning procedures (mean 4.3); safe food handling (mean 4.2); risks of botulism increased (mean 4.6); safe use of a pressure canner (mean 4.5). 89% of participants planned to can the product learned in the class as a result of participation. Before the training, 28% indicated they regularly used up-to-date research-based canning recommendations and after the training 90% indicated they would use up-to-date research-based canning recommendations regularly. 55% indicated they regularly checked home-canned foods for spoilage before eating prior to the class while 91% indicated that they would regularly check home canned foods for spoilage after the class. 80% indicated their food preservation skills increased a lot as a result of the class.

Oregon Family Nutrition Program

Kershaw, N., & Johnson, S. (2012-2009). Oregon Family Nutrition Program. Evaluations were submitted for statewide tabulation for the following programs. Tillamook specific summary are available upon request.

- (2012-2009) Start Smart Eating and Reading, 195 evaluations
- (2012-2009) Parent Recipe Survey, 356 surveys
- (2011-2009) Eating Smart, Being Active, 19 evaluations
- (2011-2009) Professor Popcorn, 303 evaluations

Kershaw, N., Johnson, S., & Nelson, D. (2009-2002). Pyramid Power. 1300 fourth grade students completed a pre-post retrospective questionnaire that asked them to evaluate their knowledge about each nutrition topic before and after the classes on the scale of 1 (nothing at all) to 5 (a lot). 92% of students self-reported an increase in knowledge about one or more of the following topics: My Pyramid (3.1-before to 4.6-after); calcium in the diet (2.5 to 4.3); fiber in the diet (2.3 to 4.3); proper handwashing (3.9 to 4.8). They indicated that they made following changes as a result of participation in the program: wash their hands more carefully (91%); choose a greater variety of foods (75%); eating/drinking more dairy foods every day (73%); trying to choose more high fiber foods (76%). 67% reported that they prepared one or more of the recipes at home.

Kershaw, N., Johnson, S. & Nelson, D. (2008-2002). Food, Fun & Reading. 900 first grade youth were reached with a four-session nutrition program. A pre-test and post-test evaluation of knowledge (approved by OSU IRB) was conducted. The pre-test was administered at the beginning of the first session and the post-test was conducted at the final session. 64.4% of youth demonstrated an increase in knowledge about the food guide pyramid and choosing healthy snacks based on the pre/post-test.

Strong Women Program

Kershaw, N. (2011, 2008-2007). Strong Women Program. 112 participants in three counties (Tillamook [67], Jackson [30] and Union [38]) completed the IRB approved evaluation at the conclusion of the program. The majority of women were in the 60-70 age range. Tillamook results paralleled the overall results on all the questions. Participants indicated that they were very satisfied with the program (4.8) on a scale of 1-not at all to 5-very much. On the same scale, participants indicated that instructors were knowledgeable (4.9) and facilities were safe, clean and comfortable (4.7). Participants were asked to use the same scale to indicate if the program had made an impact on their lives. They indicated that they felt healthier (4.5), physically stronger (4.5) and had more energy (4.1) as a result of participation. When asked the best aspect of the entire experience, participants indicated that the program motivated them to work out and that they had increased their strength. They also reported improved balance, mobility and flexibility, and experienced less joint pain. Participants commented that they enjoyed the social aspect of the program and experienced increased feelings of well-being and self-esteem.

Are You Hungry Tonight?

(2011, 2006-2005). Are You Hungry Tonight. Ninety-three program participants completed a human subjects approved evaluation of their experience with the simulation. The retrospective pre-test questionnaire asked them about their understanding of various issues before and after

participation in the simulation on a scale of 1 (none) to 5 (very good). Mean ratings on all five learning objectives before and after the simulation revealed statistically significant changes in levels of understanding on the following topics: financial pressures faced by the unemployed; difficulties improving one's situation; difficult choices people need to make each month when stretching limited resources; emotional stresses and frustrations faced by having limited resources; positive and negative impacts of community organizations in the success or failure of someone on a limited income.

Participants in the session held at the 2011 Regards to Rural Conference completed a session evaluation utilizing a 5 point scale of strongly disagree (1) to strongly agree (5). Participants strongly agreed (4.8) that the content of the program was relevant to issues facing their community and agreed (4.14) that they gained tools and/or knowledge I will use in my work.

4-H participants conducted service learning projects that included: volunteering at local food banks; sorting and repackaging food; coordinating food drives; conducting silent auctions to raise money for food; and participating in other activities that benefited low income families. Three 4-H Ambassadors helped lead other county teens and the 4-H Leader's Association to focus on hunger and assistance to low income families as their county-wide community service focus.

Once a Month Cooking Classes

Kershaw, N. (2009). Once a Month Cooking Class – Follow-Up Evaluation. 27 (60%) of participants from the previous three (2007-2009) years of "Once a Month Cooking" classes responded to a follow-up mailed survey of the class. 52% of survey respondents indicated that they had tried the "once a month cooking" concept with their families. Those who had tried the "once a month cooking" concept indicated the following benefits: saved time to spend with family (57%); saved money (79%); and served more nutritious meals with limited preparation time (57%).

Kershaw, N. (2009-2008). Once a Month Cooking – End of Class Evaluation. 29 participants evaluated the class. Participants were asked about their knowledge about once a month cooking before and after taking the class on a 5 point scale from 1 (knew nothing) to 5 (a lot). The median knowledge before the class was 1.78 and after the class was 4.46, indicating that participants learned a lot about once a month cooking. 50% of the participants indicated they planned to try the once-a-month cooking concept.

FCE Lessons

Kershaw, N. (2012). Coordinated statewide evaluation for two FCE lessons in Tillamook and Clatsop counties - "The Efficient Cook" and "Generations United." Evaluations were submitted to the State FCH office for tabulation and reporting in the statewide evaluation report. Summary of the lesson "Generations United" are summarized in SOARS/ROA evaluation section and as a SOARS Impact Statement.

Kershaw, N. (2011-2002). Various FCE Study Group Lessons. Participated in statewide evaluation of the 28 different FCE lessons in Clatsop & Tillamook County. 899 evaluations were

sent to the state FCH office for compilation into a statewide report (an average of 36 per lesson). 2011 lessons included: Seafood at Its Best; Pantry Pests; & End-of-Life Care.

Kershaw, N. (2008-2006). Apples in Appealing Ways. I wrote the statewide FCE lesson and evaluation for “Apples in Appealing Ways” for the 2006 FCE year. The lesson was used in 2006, 2007 & 2008 with approximately 79 groups, including over 1,550 participants in 22 counties. Audiences included FCE study groups, school students, Master Gardeners, Family Food Education (FFE) volunteers, NEP staff and the general public. A total of 521 FCE participants completed evaluations.

Kershaw, N. (2007). De-Clutter Your Life. I wrote the statewide FCE lesson and evaluation for this lesson which was used with 57 groups, including over 846 participants in 16 counties. Audiences included FCE study groups and the general public. 251 FCE participants completed evaluations.

4-H Youth Development

4-H Educational Programs

Kershaw, N. & Jones, J. (2012). Tillamook County 4-H Alumni Survey. Reported as SOARS impact report and summarized in evaluation section of SOARS/ROA.

Kershaw, N. & Jones, J. (2012). 4-H Educational Programs. 4-H members and leaders attended a variety of 4-H educational programs during the year. These programs included one-time classes such as 4-H Super Saturday, leader trainings, and OMSI classes, as well as multiple-session programs such as day camps and afterschool programs that ranged in length from 12-16 hours. At the conclusion of the each program, participants were asked to evaluate the overall program and teaching skills of the instructor on a scale of 1 (very poor) to 6 (excellent). Overall they evaluated the programs as good to very good and the teaching as very good.

Participants also completed a retrospective evaluation of their knowledge before and after participating in the program on a scale of 1 (none) to 6 (very high). Overall participants indicated an increase in knowledge as a result of participating in 4-H educational programs.

Twenty-three (23) 4-H leaders completed evaluations for 4-H leader training programs they attended. They rated the programs good (mean=4.3) and the teaching very good (mean=5.2). These 4-H leaders self-reported an increase in their knowledge about the class subject from medium high (mean=3.7) before the program to high (mean=4.9) after the program

4-H Community Service

(2012-2002). Kids Helping Kids. 4-H members sewed over 1275 hats for the Tillamook County Head Start program, 76 Little Dresses for Africa, 50 blankets for various groups and raised over \$6400 to provide \$25 vouchers for 256 pairs of new shoes for low-income children through the Christmas basket program.

Afterschool Programs

2012-2009. Beginning Babysitter Training. Kershaw, N. 70 youth completed evaluations. Participants rated their level of knowledge about the program on the scale of none (1) to excellent (6). Participants indicated increased knowledge about babysitting from fair (2.9) to very good (5.1) as a result of participation in the trainings. They evaluated the program very good (5.2) on a scale of very poor (1) to excellent (6).

2007-2002. Beginning Babysitter Training. 254 youth completed evaluations. Participants rated the program excellent (4.6) on a scale of 1 (poor) to 5 (excellent). 98 youth in the Advanced Babysitter Training – CPR/First Aid passed the American Red Cross CPR and First Aid training and received their CPR/First Aid cards. 78 youth in the *Advanced Babysitter Training – Ages and Stages* rated the quality of the program as excellent (4.6) on a scale of 1 (poor) to 5 (excellent) and assessed their knowledge about babysitting before (3.7) and after (4.6) the training on a scale of 1 (low) to 5 (high) indicating their level of knowledge about babysitting increased as a result of participation. .

(2008-2000). Afterschool Science Program. Youth participants and their parents completed retrospective evaluations at the conclusion of each 6-week session. 502 youth completed evaluations to assess their knowledge about the specific science subject before and after their participation on a scale of 1 (low) to 5 (high). A statistically significant increase in knowledge was reported by youth with a mean of 2.8 (before) and 4.6 (after) participation. Youth also reported a statistically significant change in science skills with a mean of 3.6 (before) and 4.7 (after) on a scale of 1 (very bad) to 5 (very good) and reported an increase in how much they liked science that was statistically significant with a self-reported mean of 3.8 (before) to 4.5 (after) utilizing a scale of 1 (I hate it) to 5 (I love it). 79% indicated they thought they would be more likely to enroll in elective science classes at the junior high and high school levels as a result of their participation in the program. Ninety-two (92) percent indicated they would recommend the program to a friend and 88% indicated they would enroll in another 4-H after school science program on a different topic.

382 parents responded to the evaluation. Parents also reported a statistically significant growth in their child's knowledge about the science topic from a mean of 2.2 (before) to 4.2 (after) on the same scale. Parents indicated statistically significant growth in their child's skills from a mean of 2.8 (before) to 4.2 (after). 75% of parents indicated their child had shared what they had learned with others, reaching parents, friends, teachers, and others. Ninety-seven (97) percent of parents responding indicated this program increased their child's interest in science and 91% indicated their child would be more likely to enroll in elective science classes in junior high and high school. Ninety-eight (98) percent of the parents indicated they would enroll their child in another science after school program on another subject and would 92% would recommend the program to other parents.

Youth/Adult Partnerships

(2004-2003). Youth/Adult Partnerships. Joy Jones and I pulled together a group of agents from northwest Oregon and contacted Mary Arnold to work with us to develop an evaluation of the impact of 4-H on older members. Together with Mary Arnold the group developed the questionnaire and administered the evaluation to teens in the northwest Oregon. Arnold, M. and

Meinhold, J. analyzed the data and developed several pieces to disseminate the results. Multiple regression analysis revealed that participation in youth as partner activities significantly impacts levels of youth self-esteem, contribution to others, and proactive coping skills. Additional results showed that youth who participated in youth as partner opportunities had significantly higher levels of positive youth development outcomes than those who did not.

Peer Teaching Evaluations

Year	Name of Class	Name of Person Completing Peer Review
2012	Generations United	Shana Withee, Harney County, OR.
2011	Expanding 4-H Programs in Rural Counties	Carolyn Wissenbach, Penn State Extension
2009	Are You Hungry Tonight	Joy Jones, Tillamook County, OR
2007	Understanding the P & T Process	Woody Davis, Columbia County, OR
2006	Make a Difference – Food & Hunger Issues	Cassandra Corridon, MD Cooperative Ext.
2005	Start Smart Eating & Reading	Jeanne Brandt, Washington County, OR
2002	Kitchen Science Fun	Jeanne Brandt, Washington County, OR

Advising

Year	Student	Responsibilities
2012	Hannah Ipock	THS Senior project mentor “Kids Helping Kids – Polar Fleece Hats for Head Start.”
2012	Shana Taylor	THS Senior project mentor “Native American Beading Afterschool Program.”
2012	Emma Cummings	THS Senior project mentor “YA4-H!”
2012	Brianna Armitage	THS Senior project mentor “4-H Baking Club”
2012	10 junior THS students	Meet with students to assist with post high school planning (college, career, etc)
2011	Kourtney Wilks	Oversaw internship for OSU public health promotion Student intern with OSU Extension Service in Tillamook County. 2011 summer term.
2006-2005	Valerie Pepper	Oversaw internship for Phoenix University graduate student with OSU Extension Service in Tillamook County. Matched intern with opportunities to learn about the Master Gardener, OFNP and 4-H Youth Development programs.

Other Assignments

Extension Program Leadership

Family and Community Development – General Interest

Various Instructors. (2012-2002). Spring Home & Garden Classes and Autumn Festival Classes. General public, Tillamook, OR. 19 times, 12-16 classes each time (52 FCH related classes total), 1½ to 2 hours per class, 940 FCH class participants – participated on planning committee with Jones, J. & 2 volunteers, contacted FCH class instructors, set-up classroom and equipment.

Fladstol, Teri, (2009-2007). Once a Month Cooking. General Public, Tillamook, OR. 3 series of 2 classes, 8-10 hours total each series, 78 participants. (contracted with instructor, publicized class, purchased supplies, registered participants at beginning of class, developed and coordinated class evaluation).

Various Professionals. (2007). Mold in Buildings: Prevention, Assessment & Resolution Polycom. Housing Professionals, Tillamook, OR. 1 polycom, 3 hours, 17 participants.

Gates, L., Kittel, C. & Bacon, D. (2007). Women's Economic Future. AAUW members, Tillamook, OR. 1 time, 1½ hours, 13 participants.

Buzby, S. (2005-2003). Words to the Wise – Senior Nutrition Newsletter, 50 issues distributed quarterly to seniors who receive Brown Bags (similar to food boxes).

Nelson, D. (2004). Pressure Canner Use & Care. LDS Women's Group, Tillamook, OR. 1 time, 1 hour, 25 participants.

Raab, C., Hoisington, A. & Haack, C. (2003). Food Safety. Food Bank staff & volunteers, Astoria, OR. 1 time, 2 hours, 26 participants.

Meirelles, J. (2003). Diabetes is Not a Piece of Cake. General public, Tillamook, OR. 1 time, 6 hours, 35 participants

Driscoll, D. (2002). Queso Fresco Class. General public, Tillamook, OR. 2 times, 2 hours, 10 participants.

Woldt, J. (2002). Healthy Vegetarian Cooking. General public, Tillamook, OR. 1 time, 3 classes, 3 hours each, 12 participants.

SNAP-Ed Program

Johnson, S. (2012). Food Hero, Tillamook YMCA day camp participants, Tillamook, OR. 9 – 40 minute, 33 participants – trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. & volunteers (2012). Nutrition sessions at various day camp programs, 14 sessions, 51 youth - trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. & volunteers (2012). Cooking Matters for Families, General public, Tillamook, OR. Series of 6 – 2 hour sessions, 12 participants – trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. (2012). Volunteer Training. Tillamook, OR. 1 session, 2 hours, 8 participants – trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. & VonFeldt, E. (2012-2011). Growing Health Kids Afterschool Program, 1st & 2nd grade youth, Tillamook, OR. 7 – 1 ½ hour sessions, 7 participants – trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. & volunteers (2012-2011). Cooking Matters for Families, General public, Tillamook & Rockaway Beach, OR. 2 series of 6 – 2 hour sessions, 34 participants – trained & supervised employee, consulted on curriculum, oversaw program.

Johnson, S. & Robertson, J. (2011). Cooking Matters for Kids. Youth in grades 4 & up, Tillamook, OR. 1 series of 5 sessions, 2½ hours each session, 14 participants.

Johnson, S. & volunteers, (2012-2010). Exploring MyPyramid with Professor Popcorn. 4th grade students and their families, Tillamook, Cloverdale, Garibaldi, & Nehalem, OR. 20 classrooms, 5 1-hour lessons in each classroom, 1020 students, 1020 parent handout sent home – trained & supervised employee, oversaw program.

Johnson, S. & volunteers. (2012-2010). Food Demonstrations. 8205 Food Pantry & Self-Sufficiency participants, Wheeler, Garibaldi, Tillamook, Beaver, OR. 296 demonstrations, 1-2 hours each – trained & supervised employee & volunteers, provided oversight of recipe development, oversaw program.

Johnson S. (2012-2010). Eating Smart, Being Active. Teen parents, Tillamook, OR. 31 1-hour lessons, 39 teens - trained & supervised employee, oversaw program.

Johnson, S. (2012-2010). Nutrition for Children. Head Start parents & Child care providers, Tillamook, OR. 7 times, 1 hour each, 46 participants – trained & supervised employee, oversaw program.

Second Grade Teachers. (2012-2005). Start Smart Eating and Reading. Second grade students and their families, Tillamook, OR. 27 classrooms, 5 lessons each classroom, 1 hour each lesson, 654 students, 654 parent newsletter sent home. (trained teachers in curriculum, supplied curriculum and handouts, coordinated evaluation, collected & reported NEP data).

Kindergarten Teachers. (2008-2002). Nutrition on the Bookshelf. Kindergarten students and their families, Nehalem, Garibaldi, Tillamook & Cloverdale, OR. 34 classrooms, 5 lessons each classroom, 1 hour each lesson, 853 students (parent newsletter sent home with each lesson).

Family & Community Development FCE Study Groups

Various Volunteer Teachers. (2012-2002). 4 groups, Astoria, Pacific City, Manzanita & Tillamook, OR. 33 lessons, 1 hour each, 1913 participants (average 59 per lesson). (Provided lesson schedule, teaching & participant materials and individual consultations with the volunteers teaching each lesson).

Latimer Quilt & Textile Center Volunteers. (2010). Tillamook County Quilt Trail Tour, Study Group members, Tillamook, OR, 1 time, 4 hours, 26 participants (worked with Study Group County Council to develop, publicize and organize tour).

Jones, J. (2003). International 4-H Programs – Romania. Extension Homemakers, Tillamook, OR. 1 time, 1 hour. 25 participants.

4-H Youth Development – Volunteer Skill Development

WSU (2012). 4-H Volunteer e-Learning - Basic 4-H Volunteer Orientation & Training, 4-H leaders, 4 online modules, 25 participants complete one or more modules.

Various instructors. (2012, 2008-2002). 4-H Quarterly Leader Trainings, 4-H leaders, teen and junior leaders, Tillamook, OR. 14 times, 1½ hours each, 269 participants. Various topics.

4-H Youth Development – Life Skill Development

Kershaw, N, Jones, J. & Wehage, T. (2012-2009). 4-H Presentations & Foods Contests. 4-H members, parents and leaders, Tillamook, OR. 4 times, 2 days each, 106 members (arranged judges, organized presentations & foods contest & judging materials, developed judging schedule, supervised foods contests).

Various Instructors (2012-2002). 4-H Super Saturday. 4-H members and leaders, Tillamook, OR. 10 days, 15-21 classes per day, 216 different 1-hour classes on a variety of 4-H topics, 1142 youth total (each member enrolled in 3 to 4 classes each day).

Kershaw, N., Jones, J., Wehage, T. & Nelson, D. and 4-H Leaders (2012-2002). Tillamook County Fair 4-H Events. 4-H members, parents and leaders, Tillamook, OR. 11 times, 8 days each, 3505 4-H exhibitors and their parents, 1121 4-H leaders (contacted judges, organized & supervised 4-H fashion revue, 4-H static exhibit judging and display, supervised 4-H fair office and fair data entry by staff & volunteers, recruited teen speakers for and prepared fair awards program, prepared end-of-fair 4-H reports for fairgrounds, wrote news releases).

4-H Ambassadors. (2012-2002). 4-H Recognition Program. 4-H families, Tillamook, OR. 11 times, 2 hours, 1,950 participants. (developed program, recruited teen speakers, worked with 4-H Leader's Association Executive Board on dinner arrangements, wrote news releases).

Various judges. (2012-2002). 4-H Mohler Fair. 4-H members and leaders. Nehalem, OR. 11 times, 4 hours each time, 400 participants total.

Henderson, A. (2007). College Admissions Tips. High School students and parents, Tillamook, OR. 1 time, 2 hours, 12 participants.

Various 4-H Judges. (2007-2003). 4-H Presentations Contest. 4-H members, Tillamook, OR. 5 times, 2-3 days each, 196 total participants.

Olsen, P., Osterlund, C., Palmer, T., Skubinna, T., Davis, W., Williams, J. & 4-H Ambassadors. (2007-2003). Teen Leadership Retreat. 4-H members, Tillamook, OR. 5 times, 2 days each, 126 total participants.

Olsen, P. (2006). 4-H Junior Leader Training. 4-H junior leaders, Tillamook, OR. 1 time, 2 hours, 16 participants.

Berry, H. & Palmer, T. (2004). Are You Hungry Tonight? 4-H teens, Tillamook, OR. 1 time, 2 hours, 30 participants.

4-H Youth Development – Project Skill Development

OMSI Contract Instructors (2011). OMSI/4-H Science Programs. Youth in grades K-8, Tillamook, OR. 4 sessions, 2-3 hours each, 66 total participants.

Taylor, S. (2011). Native American Beading Afterschool Program, Youth in grades 6 & up, Tillamook, OR. 1 series of 11 sessions, 2 hours each, 7 participants.

White, C. (2011). First Aid for Babysitters. Youth & Adult Childcare Providers, Tillamook, OR. 10 participants. Hired instructor, promoted program, oversaw registration, supervised class.

Wehage, T. & Johnson, S. (2012-2010). 4-H Afterschool Programs. Youth in grades 1-5, Tillamook, OR. 12 programs on different topics, programs were 4-9 days, 1½ hours per day, 131 participants. (Identified topics and assisted with identification of curriculum, assisted with creating registration materials and procedures).

Various 4-H Judges. (2012-2002). 4-H Foods Contest. 4-H foods members, Tillamook, OR. 11 times, 1-3 days each time, 169 participants.

White, C., Coughlan, S. & Stamps-White, S. (2012-2002). Advanced Babysitter Training - First Aid/CPR. 5th through 8th grade youth, Tillamook, OR. 10 times, 6 hours each, 180 participants.

Various instructors. (2012-2009, 2007-2002). 4-H Day Camps. Youth in grades K - 8, Tillamook, Bay City & Nehalem, OR. 91 day camps on 29 topics, day camps were 4-5 days

each, 2-6 hours each day, 1043 participants. (Obtained funding, lead role in organization, promotion and evaluation of day camp programs. Assisted instructors with entering and preparing exhibits for fair. Day camps were led by volunteers, contract employees, Extension faculty, and program assistants).

Nelson, D. & various teens. (2008-2002). 4-H After School Science Program. 4th through 6th grade youth, Tillamook, OR. 25 programs on 8 topics, programs were 6 – 1 ½ hour sessions, 382 participants (administered grants, developed and oversaw registration process, consulted with coordinator on curriculum and teaching methods, substituted as a small/large group leader, developed and conducted evaluation process).

4-H Dog Leaders. (2009, 2007-2002). Paws in the Rain Dog Show & Dog Prefair, 4-H dog members, Tillamook, OR. 14 times, 6 hours each time, 624 participants.

Cotton, T., Porter, D., Quist, B., Averill, C., Walczak, P. & teens (2007-2004). 4-H After School Natural Resource Programs. 1st through 6th grade youth, Tillamook, Garibaldi & Nehalem, OR. 24 programs on 15 topics, each was series of 6-8 classes, 2 hours each, 274 participants. (administered grant with Jones, J., co-authored grant proposals and reports, and developed and oversaw registration process, assisted with program assistant and contract employee training and supervision).

Woods, L. (2003). Rag Time Fun Quilt. 4-H members and leaders, Tillamook, OR. 1 time, 10 hours (over 2 days), 12 participants.

Bowman, A., Bowman D., & Bennett, S. (2004-2002). Fashion Revue Training. 4-H members, Tillamook, OR. 3 times, 1½ hours each time, 83 participants.

Administrative Leadership

2012-2002. Co-supervise one to two 4-H program assistants. Includes screening, hiring & training; assignment of work; program supervision and evaluation.

2012-2004. Supervise one to four FCH program assistants. Includes screening, hiring & training; assignment of work; NEP program supervision and evaluation.

2012-2002. Coordinate Family and Community Education program in Tillamook and Clatsop Counties, 4 study groups, 60 members.

2012-2002. Shared responsibility with one other faculty member (.5 FTE) for leadership, planning, delivery and evaluation of the overall Tillamook County 4-H program.

Year	Volunteers	Clubs	Total Youth Without Duplication	4-H club Members	Special interest/ Day Camps/ Afterschool	School Enrichment	Independent Members	Overnight Camping
2001-02	106	56	1,071	522	238	582	83	51

2002-03	110	60	1,141	513	621	439	93	49
2003-04	105	57	1,306	499	719	579	73	48
2004-05	118	58	1,370	489	412	838	74	46
2005-06	103	61	1,477	452	418	848	73	63
2006-07	108	63	1,467	491	367	818	73	56
2007-08	112	61	1,329	470	421	699	84	77
2008-09	140	65	1,159	494	396	599	96	90
2009-10	137	64	NA	399	188	667	75	82
2010-11	137	61	1,009	509	296	401	119	83
2011-12	130	61	1,116	459	228	588	100	97

Public Information and Media

News Columns and Releases, TV and Radio

Kershaw, N. (2012-2002). Authored news articles for release to local media including the Headlight Herald (weekly newspaper), 6,376 circulation; Tillamook County Shopping Guide (free weekly advertising mailer), 14,500 circulation; North Coast Citizen (bi-weekly newspaper); Pacific City Sun (bi-weekly newspaper); and radio stations Coast 105; KMUN; KTIL; and Tillamook Cow (internet radio). Submitted approximately 25 articles on 4-H programs/activities and 20 articles on FCH programs each year. Table indicates number of articles printed.

Program Areas	Headlight Herald	Shopping Guide
Family and Community Development	213	111
4-H Youth Development	311	254

Kershaw, N. (2007). Interviewed by reporter from Eugene Register Guard about dealing with clutter and the statewide FCE lesson “De-Clutter Your Life.”

Kershaw, N. (2007). Assisted Pat Newport, College of Health and Human Sciences, with finding Strong Women participants to interview and photograph for article in Synergies, the OSU College of Health and Human Sciences publication. Article printed in Winter/Spring 2007 issue, pg.14.

Kershaw, N. (2010-2002). Interviewed by radio news department. Interviews on Family and Community Health and 4-H Youth Development educational programs. 1 to 3 times per month, resulting in 1 to 2 minute news stories each time, KTIL, Tillamook, OR.

Social Media

Vick, S., Kershaw, N. & Wehage, T. (2012-2011). Developed Tillamook County 4-H Oregon Facebook page (<https://www.facebook.com/#!/pages/Tillamook-County-4-H-Oregon/109330339089480>). 194 friends. (I post to page 2-3 times per week).

Kershaw, N. (2012-2011). eXtension Ask An Expert for food preservation & safety.

Special Assigned Projects

2012-2002. Kershaw, N. (lead advisor), Jones, J., & Tillamook County 4-H Leader's Association. Raised \$355,346 for Tillamook County 4-H programs. Funds were allocated to scholarships for 4-H members and leaders to further their formal education; scholarships for 4-H members and leaders to attend 4-H programs, events and activities; and to recognize 4-H members and leaders for their accomplishments. Total does not include program fees collected from members for activities such as for 4-H camp, summer conference, pre-fairs, etc.

Scholarship and Creative Activity

The forms of scholarship appropriate for this position include the development of new materials or methods and the integration and application of knowledge which leads to new understandings and impacts specifically related to 4-H Youth Development and Family and Community Health. This scholarly work is intended to contribute to the development of the most appropriate programs for Tillamook County. This work is shared professionally to contribute to other 4-H Youth Development professional's ability to improve their programs. The information cited in this section documents how scholarship and creative activity was validated and communicated.

Publications

Refereed Professional Journal Articles

Kershaw, N., Jones, J., Bowman, S., & Berry, H. (2007). Addressing Hunger Issues Through Service Learning. Journal of Youth Development (a peer refereed e-journal - <http://www.nae4ha.org/directory/jyd/login.aspx>), Fall 2007, Volume 2, Issue 2, Article 0702PA001. More information requested by Feldman, J., Washington 4-H program.

The Journal of Youth Development is a refereed publication that seeks to enhance knowledge about matters of current interest to professionals in youth development. It will provide access to the latest youth development research, practices and information from the fields of psychology, youth development, family and consumer sciences, education, sociology, public health and nutrition, agricultural education and other disciplines.

The Journal of Youth Development ~Bridging Research and Practice, is an online resource for youth development researchers, practitioners and policymakers.

Raab, C., Case, P. & Kershaw, N. (2004). Extension Biotechnology Education: Impact on Consumer Action. The Forum for Family and Consumer Issues (a peer refereed e-journal – http://www.ces.ncsu.edu/depts/fcs/pub/9_2/biotech.html), September 2004, Vol. 9, No. 2, ISSN 1540 5372

The Forum for Family and Consumer Issues is a refereed e-journal designed to integrate, apply and transmit knowledge about issues of current interest in Family and Consumer Sciences. The Forum for Family and Consumer

Issues includes articles that further the mission of Extension by facilitating the transfer and application of research based knowledge. The Forum is an online journal, written, reviewed and edited by Extension professionals and offers feature articles applied research, program articles and reviews of literature and research.

Publications for National Distribution

Arnold, M., Meinhold, J., Brandt, J., Davis, W., Jones, J., Kershaw, N., Knutz, M., Olsen, P., & Williams, J. (2004) The Effect of Including Youth as Partners in 4-H on Positive Youth Development. (distributed at 4-H Professional Development Day, ESP National Conference, NAE4-HA Conference).

Husted, E. & Kershaw, N. (2003). Connecting the 4-H Clothing Project to Community Service. Tillamook County Extension Office, 2 pg. 250 distributed (Galaxy Conference)

Publications for State Distribution

Kershaw, N. (2011). Generations United. OSU FCH website. Developed as state wide FCE study group lesson for use in 2012. Available on the web at:
<http://extension.oregonstate.edu/fch/fce-lessons>

FCH12-01 Generations United Leader/Teacher Guide, 9 pp.

FCH12-02 Generations United FCE Member Handout, 8 pp.

FCH12-03 Generations United FCE Study Group Lesson Evaluation, 3 pp.

Kershaw, N. (2009-2007). De-Clutter Your Life. OSU FCD website. Developed as state wide FCE study group lesson. (Used in Clackamas, Clatsop, Columbia, Coos, Hood River, Jefferson, Lane, Lincoln, Linn, Malheur, Marion, Multnomah, Polk, Tillamook, Washington, and Yamhill counties and at the State FCE meeting. The lesson reached approximately 57 FCE groups for a total of approximately 846 participants.) Available on the web at:
<http://extension.oregonstate.edu/fcd/vprograms/fcelessons/index.php>

FCD07-01 Leader's Guide, 7 pp.

FCD07-02 Participant Guide, 10 pp.

FCD07-03 Evaluation, 2 pp.

Kershaw, N. (2009-2005). Apples in Appealing Ways. OSU FCD website. Developed as state wide FCE study group lesson. (Used in Benton, Clackamas, Clatsop, Columbia, Coos, Crook, Grant, Harney, Jackson, Klamath, Lane, Linn, Malheur, Marion, Multnomah, Polk, Tillamook, Wallowa, Washington, Union, Wasco, and Yamhill counties. The lesson reached approximately 79 groups including FCE study groups, school students, master gardeners, Family Food Education volunteers, NEP staff and the general public for a total of approximately 1,540 participants.) Available on the web at:

<http://extension.oregonstate.edu/fcd/vprograms/fcelessons/index.php>

FCD06-01, Leader/Teacher Guide, 9 pp.

FCD06-02, Member Handout, 9 pp.

FCD06-03, Lesson Evaluation, 2 pp.

Kershaw, N. (2006). 4-H Food Preservation Explanation Card. OSU 4-H website. Used statewide at 36 county fairs and state fair.
<http://oregon.4h.oregonstate.edu/resources/pdf/FoodPreservationExplanationCard.pdf>

Kershaw, N. (2003). The Hungry Camper. 1 chapter for “Smores & More” Outdoor Cooking Curriculum, Level 2.

Presentations at Professional Meetings, Symposia and Conferences

International

2011 Association of Experiential Education, Northwest Regional Conference (US & Canada). Oregon 4-H Center.

The Association of Experiential Educators is an internationally recognized association of education professionals. The NWAEE Conference is the venue for dissemination of innovation among experiential education professionals from throughout northwest Oregon & Canada. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer- refereed process. Acceptance rate for abstracts ranges from 40-50 percent.

Kershaw, N. & Jones, J. *Addressing Hunger Issues Through Service Learning*. Seminar, peer-refereed session, 3 hours, 3 participants.

2008. International Association of Experiential Educators (IAEE), Vancouver, WA.

The Association of Experiential Educators is an internationally recognized association of education professionals. The International AEE Conference is the premier venue for dissemination of innovation among experiential education professionals internationally. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer- refereed process. Acceptance rate for abstracts ranges from 40-50 percent.

Jones, J., & Kershaw, N. *Are You Hungry Tonight?* 3 hour professional development intensive seminar, 5 participants (Georgia, Massachusetts, Arizona & Colorado and southern Asia.), peer refereed, pg. 12 of proceedings. (Taught 50%, co-authored abstract). The participant from Georgia later reported taking the program home and using with her high school students.

National

2012 National Extension Association of Family and Consumer Sciences, Exploring Our Strengths, Discovering Our Potential, Leading the Way to Our Future, Columbus, OH.

The National Extension Association of Family and Consumer Sciences (NEAFCS) is the nationally recognized association of Family and Consumer Sciences Extension faculty. The organization’s annual conference is the principal event for Extension Family and Consumer Sciences faculty to update their skills and knowledge regarding the issues facing families today. There are nearly 2,800 members. Between 800-1,000 members attend the annual conference. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer-refereed process. Acceptance rate is approximately 66 percent

- Kershaw, N. *Generations United*.. Peer-refereed session, 1 hour, 39 participants. Abstract printed in 2012 NEAFCS Conference Proceedings, pg. 13.
2011. Epsilon Sigma Phi Annual Meeting, Our Legacy, Our Future: Moving Forward with Courage, Annapolis, MD.
Epsilon Sigma Phi (ESP) is the national association of over 3,200 Extension educators from all program areas. ESP is dedicated to fostering standards of excellence in the Extension System and developing the Extension profession and professional. The ESP Conference is the venue for dissemination of innovative programming among Extension faculty and faculty emeritus nationwide. Between 300-500 educators attend this conference annually. A double blind, national juried-refereed process evaluates abstracts for seminars, research presentations and posters. The acceptance rate for abstracts ranges from 30-50 percent.
- Jones, J. & Kershaw, N. *Expanding 4-H Programs in Rural Communities*. Presentation, peer-refereed, 1 hour, 13 participants. handouts posted on the ESP website at <http://espnational.org/resource/2011-presentations-and-materials.html>. Abstract in ESP 2011 Conference Proceedings, pg. 22.
- 2011 National Extension Association of Family and Consumer Sciences, Route to Empowerment, Albuquerque, NM
- Brandt, J. & Kershaw, N. *Safe and Healthy Food Preservation: Educating Our Communities*. Showcase of Excellence, peer-refereed, staffed 2½ hours, 75 participants. Abstract in 2011 NEAFCS Annual Session & Exhibits Conference Proceedings, pg. 18.
- 2011 Regards to Rural 2011 Conference, Corvallis, OR.
Regards to Rural conference is held yearly by the Rural Development Initiative, OSU Rural Studies Program & OSU Extension Service. Seminars were selected from written proposals. Attended by 500 professionals and community members engaged in rural communities from 14 states.
- Kershaw, N., Jones, J., Bowman, S. & Berry, H. *Increasing Awareness of Hunger Issues in Rural Communities*. 1½ hour session, 55 participants. Regards to Rural 2011 Powered By Rural Proceedings, pg. 12 and handouts posted on the Regards to Rural website at http://r2r.rdiinc.org/program_events.html.
- 2010 National Association of Extension 4-H Agents Conference – 4-H . . . Your Passport to Success, Phoenix, AZ.
The National Association of Extension 4-H Agents (NAE4-HA) is an internationally recognized association of over 3,500 professional youth development educators. The NAE4-HA Conference is the premier venue for dissemination of innovation among 4-H Youth Development faculty nationwide. Between 900-1200 youth educators attend this conference annually. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer-refereed process. Acceptance rate for abstracts ranges from 40-50 percent.
- Kershaw, N. & Jones, J. *Expanding 4-H Programs in Rural Areas*. 4 hour poster session (2 hour staffed), peer refereed, pg. 40 of 2010 Conference Proceedings - I staffed the poster with Jones, J, co-presenter and spoke directly with individuals about the poster.

2008. Galaxy III Extension - Celebrating the Extension System, Indianapolis, IN.
The Galaxy Conference for Extension Professionals is held once every five years to bring together in a combined session, faculty from all the National Extension Associations. This conference is sponsored by the Joint Council of Extension Professionals (JCEP). The 2008 session was the third Galaxy Conference held. Between 1200-1500 Extension educators attend this conference. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer-refereed process. Acceptance rate was 25% for seminars, 100% for posters; 41% for round tables and 34% for research reports .
- Berry, H., Bowman, S., Kershaw, N., Jones, J. *Addressing Hunger Issues Through Service Learning*. 2 hour seminar, 27 participants from numerous states, peer refereed, pg. 58 of proceedings. (taught 25%, co-authored proposal and abstract)
- Smiley, J., Quinn, M., Kershaw, N. & Berry, H. *Connecting Kids with Foods: A My That's Interesting Approach to Healthy Eating*. 3 hour poster session (1 hour staffed), peer refereed, pg. 97 of proceedings. (I staffed the poster for 1 hour and spoke directly with 45 different individuals about the poster.)
2008. Children Youth and Families at Risk (CYFAR), San Antonio, TX.
The Children Youth and Families at Risk Association is an internationally recognized association of education professionals. The national CYFAR Conference is the premier venue for dissemination of innovation among education professionals nationwide. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer- refereed process. Acceptance rate for abstracts ranges from 40-50 percent.
- Jones, J. & Kershaw, N., *Addressing Hunger Issues through Service Learning*. 2 hour poster session, peer refereed, pg. 75 of proceedings. (co-authored proposal and abstract, had plans to present, but unable to due to medical leave)
2007. National Extension Association of Family and Consumer Sciences, St. Paul, MN.
- Kershaw, N. & Berry. H. *Addressing Hunger Issues Through Service Learning*. Showcase of Excellence, peer-refereed, staffed 3 hours, 65 participants. Abstract in 2007 NEAFCS Annual Session & Exhibits Conference Proceedings, pg. 19
2006. Epsilon Sigma Phi Annual Meeting, Annapolis, MD.
- Kershaw, N. & Jones, J. *Making a Difference – Extension Addresses Food and Hunger Issues*. Presentation, peer-refereed, 1 hour, 3 participants.
- Kershaw, N. & Jones, J. *North Coast Food Guide*. Poster session, peer-refereed, 1 hour staffed, 60 participants.
2005. National Association of Extension 4-H Agents Conference, Seattle, WA.
- Berry, H., Bowman, S., Kershaw, N. & Jones, J. *Making the Connection Between Hunger and Service Learning for 4-H Teens*. Presentation, peer-refereed, 1½ hours, 24 participants. 59th Annual NAE4-HA Conference Proceedings, pg. 38.

- Schrumpf, E., Smiley, J., Kershaw, N., Berry, H., & Schreiber, D. *Start Smart Eating and Reading*. Presentation, peer-refereed, 1 ½ hours, 28 participants. 59th Annual NAE4-HA Conference Proceedings, pg. 46.
2005. National Extension Association of Family and Consumer Sciences, Philadelphia, PA.
- Schrumpf, E., Smiley, J., Kershaw, N., & Quinn, M. *Start Smart Eating and Reading*. Presentation, peer-refereed, 2 hours, 50 participants.
2004. Epsilon Sigma Phi National Meeting. Moline, IL.
- Kershaw, N., Jones, J., & Olsen, P. *The Effect of Participation in Youth as Partners Opportunities on Positive Youth Development Outcomes in Older 4-H Youth*. Poster session, peer-refereed, 1 hour staffed. 16 participants from various states requested follow-up information.
2004. National Association of 4-H Agents Conference, Oklahoma City, OK.
- Arnold, M., Jones, J., Kershaw, N., Olsen, P., Davis, W. *Understanding the Impact of 4-H Participation on Positive Youth Development: Developing Scales to Measure Program Outcomes*. Research session, peer-refereed, 30 minutes, 36 participants. 58th Annual Conference Proceedings, pg. 50.
2003. Galaxy II, Conference for Extension Professionals. Salt Lake City, UT.
- The Galaxy Conference for Extension Professionals is held once every five years to bring together in a combined session, faculty from all the National Extension Associations. This conference is sponsored by the Joint Council of Extension Professionals (JCEP). The 2003 session was the second Galaxy Conference held, with the next one not scheduled until 2008. Between 1200-1500 Extension educators attend this conference. Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer-refereed process. Acceptance rate for abstracts averages 50 percent.*
- Kershaw, N., Schrumpf, E. & Husted, E. *Hands for Larger Service – Connecting the Clothing Project and Community Service*. Poster session, peer-refereed, 3 hours staffed. Abstract on CD.

State

- 2012 4-H/FCH Spring Conference, Wilsonville, OR.
- The Oregon State University Extension Association 4-H Affiliate (OSUEA4-HA) hosts seminar and poster presentations to feature outstanding programming and research at each state Spring 4-H Staff Development Conference. Between 65-80 educators attend this conference. Abstracts for seminar and poster presentations are evaluated through a double-blind, state peer-refereed process. Acceptance rate for abstracts ranges from 50-60 percent.*

- Kershaw, N. & Wehage, T. *Generations United*. Blind reviewed peer-refereed session, 1½ hours, 24 participants. Abstract in 2012 4-H/FCH Spring Conference Agenda, pg. 15.
2008. New 4-H Faculty Orientation, Hood River, OR.
- Jones, J. & Kershaw, N. *Managing Your Professional Paper Trail*, Invited speaker, 2 hours, 12 participants.
2008. OSU 4-H Staff Development Conference – Ready SET Go! Sun River, OR.
- Jones, J., Kershaw, N., Cotton, C., & Nelson, D. *Expanding Your 4-H Program Through the Use of Alternative Delivery Modes*. 1 hour seminar, 12 participants. Oregon 4-H Spring Staff Development Conference Proceedings, pg.8. (co-authored abstract and helped organize presentation, unable to attend conference due to medical leave)
2007. Spring 4-H Staff Development Conference, Sun River, OR.
The Oregon State University Extension Association 4-H Affiliate (OSUEA4-HA) hosts seminar and poster presentations to feature outstanding programming and research at each state Spring 4-H Staff Development Conference. Between 65-80 educators attend this conference. Abstracts for seminar and poster presentations are evaluated through a double-blind, state peer-refereed process. Acceptance rate for abstracts ranges from 50-60 percent.
- Jones, J., Kershaw, N. *Managing the Promotion and Tenure Paper Trail*. 1½ hour competency building workshop, 11 participants, peer refereed. Oregon 4-H Spring Staff Development Conference Proceedings, pg. 4.
- Kershaw, N., Jones, J. *Addressing Hunger issues through Service Learning*. ½ hour program paper report, 12 participants, peer refereed. Oregon 4-H Spring Staff Development Conference Proceedings, pg. 6.
2007. New 4-H Faculty Orientation, Hood River, OR.
- Jones, J. & Kershaw, N. *Managing Your Professional Paper Trail*, Invited speaker, 2 hours, 12 participants.
2007. Nutrition Education Program Faculty In-service, Cottage Grove, OR.
- Kershaw, N. *Simply Good Eating for Seniors*, Invited speaker, 30 minutes, 40 participants.
2005. Spring 4-H Staff Development Conference, Hood River, OR.
- Kershaw, N., Jones, J., & Berry, H. *Using the Hunger Simulation to Compliment 4-H Service Learning Projects*. Presentation, peer-refereed, 1½ hours, 11 participants. 2005 Spring 4-H Staff Development Conference Schedule and Proceedings, pg. 5.
- Schrumpf, E., Smiley, J., Berry, H., Quinn, M., Kershaw, N., Baxter, D., Schreiber, D. *Start*

- Smart Eating and Reading*. Presentation, invited, 2 hours, 50 participants. 2005 Spring 4-H Staff Development Conference Schedule and Proceedings, pg. 7.
- Kershaw, N. & Nelson, D. *4-H Adventure Science Day Camp*. Poster, 1 hour staffed.
2005. Family and Community Development (FCD) Staff Development Conference, Eugene, OR. *The Oregon State University Extension Association for Family and Consumer Sciences Affiliate (OSUEAFCS) hosts seminar and poster presentations to feature outstanding programming and research at each state Spring FCD Staff Development Conference. Between 45-60 educators attend this conference. Abstracts for seminar and poster presentations are evaluated through a single-blind, state peer-refereed process.*
- Kershaw, N. *The Paper Trail for Promotion & Tenure*. Presentation, invited, 45 minutes, 30 participants.
2004. OSU Extension Conference – Framing Our Future for Success, Corvallis, OR. *The Oregon State University Extension Association (OSUEA) and its affiliated professional organizations host poster and Search for Excellence presentations to feature outstanding programming and research at each state Extension Conference. Abstracts for poster and Search for Excellence presentations are evaluated through a single-blind, state peer-refereed process. Acceptance rate for poster abstracts ranges from 40-50 percent.*
- Arnold, M., Brandt, J., Davis, W., Jones, J., Kershaw, N., Knutz, M., Meinhold, J. Olsen, P. & Williams, J. *The Effect of Participation in Youth as Partner Opportunities on Positive Youth Development Outcomes in Older 4-H Youth*. Poster session, peer-refereed.
2004. OSUEA4-HA Professional Day/Staff Development Conference, Corvallis, OR.
- Arnold, M., Jones, J., Kershaw, N., Olsen, P., Davis, W., Knutz, M. & Williams, J. *The Effects of Participation in '4-H Youth as Partner' Activities on Positive Youth Development Outcomes in Older Youth: A Pilot Study*. Presentation, peer-refereed, 1½ hour, 25 participants. Schedule and Proceedings OSUEA4-HA Professional Day, pg. 10-11.
- Arnold, M., Meinhold, J., Jones, J., Kershaw, N., Olsen, P., Davis, W., Knutz, M. & Williams, J., Brandt, J. *The Effect of Participation in Youth as Partner Activities on Positive Youth Development Outcomes in Older Youth*. Poster session, peer-refereed. Schedule and Proceedings OSUEA4-HA Professional Day, pg. 13-14.
- Kershaw, N. *Expand Your 4-H School Enrichment Through the Oregon Family Nutrition Program*. Poster session, peer-refereed, 1 hour staffed. Schedule and Proceeding OSUEA4-HA Professional Day, pg. 16-17.
2003. 4-H Staff Development Conference. Bend, OR.
- Kershaw, N. & Husted, E. *Hands for Larger Service – Connecting the Clothing Project and Community Service*, roundtable presentation.
2002. Family and Community Development Program Inservice. Corvallis, OR.

Bowman, S & Kershaw, N. *Logic Modeling*, invited presentation, 1 hour workshop.

2002. 4-H Staff Development Conference. Eugene, OR.

Kershaw, N. *Expand Your School Enrichment Through the Oregon Food Stamp Nutrition Program*, poster session, peer-refereed, 1 hour staffed display.

Grants and Contracts

Jones, J., & Kershaw, N. (2012). Oregon 4-H Foundation – Trust Management Services Grant, to assist with the Tillamook County 4-H Outdoor Exploration Program. \$10,000 competitive grant, funded.

Kershaw, N. (2012-2002). Oregon Food Stamp Nutrition Education Program – Tillamook Unit. Oregon Food Stamp Nutrition Education Program, \$767,171. Funded.

Kershaw, N. (2011). 4-H Kids Helping Kids Project. Fred Meyer. \$3,500. Funded. Invited grant application.

Kershaw, N. (P.I.) & Fladstol, T. (2009). 4-H Lego Robotics. Spirit Mountain Community Fund. \$2,000. Funded. Competitive.

Kershaw, N. & Flett, W. (2008). 4-H Chess Program. Tillamook/Clatsop/Lincoln Federal Credit Union, \$1,000 gift.

Kershaw, N. & Flett, W. (2008). 4-H Chess Program. Confederated Tribes of the Siletz Indians. \$1,000 grant. Funded.

Kershaw, N. & Fladstol, T. (2008). 4-H Lego Robotics. Oregon Robotics Tournament and Outreach Program, \$2,400 grant. Funded.

Jones, J., Kershaw, N., Averill, C., & Cotton, T. (2009-2003). Title III County Forest Education Initiative. Title III Forestry Funds, \$277,289 competitive grant. Funded.

Kershaw, N. & Nelson, D. (2007). Ridges to Rivers: Watershed Exploration Program. Tillamook Estuaries Partnership, \$2,100 competitive grant. Funded.

Kershaw, N., Jones, J. & Cotton, T. (2007). Smores & More. 4-H Youth Enhancement Fund, \$500 competitive grant. Funded.

Kershaw, N. & Hunt, S. (2005-2004). Tillamook/Clatsop County Fresh Produce, Seafood and Locally Produced Food and Farm Products Guide. College of Health & Human Sciences/FCD Program, \$11,345. Funded.

Kershaw, N. & Nelson, D. (2004). 4-H Afterschool Science Clubs. State 4-H Program Non-recurring Funds, \$4,700. Funded.

Kershaw, N. & Nelson, D. (2004). 4-H Afterschool Science Program. Juan Young Trust, \$1,000 competitive grant. Funded.

Kershaw, N. (2004). Youth Experiences in Science. Youth Enhancement Fund, \$300 competitive grant. Funded.

Ahrens, G. & Kershaw, N. (2003). Family Strengthening Program. Clatsop County Commission on Children and Families, \$25,000 competitive grant. Funded.

Kershaw, N. and 4 teen 4-H members (Breed, M., Hallowell, M. Kershaw, A. Warner, K). (2003). Girls for Planet Earth. Wildlife Conservation Fund, \$8,000 competitive grant. Funded.

Kershaw, N. & Nelson, D. (2003). 4-H Afterschool Science Clubs. Trust Management Services, LLC, \$8,000 competitive grant. Funded.

Kershaw, N. & Nelson, D. (2003). 4-H Afterschool Science Clubs. Spirit Mountain Community Foundation, \$5000 gift – unrequested.

Kershaw, N. & Nelson, D. (2002). 4-H Afterschool Science Clubs. Spirit Mountain Community Foundation, \$8300 competitive grant. Funded.

Rada, R., Jones, J., & Kershaw, N. (2002). Title III County Forest Education Initiative. Title III Forestry Funds, \$105,000 competitive grant. Funded.

Service

University Service & OSU Extension Service

Year	Assignment	Involvement
2010	Sept. Scholars Citizen Leadership Learning Program Committee (A Joint Project of Academic Success and Engagement, Outreach and Student Leadership and Involvement)	Member
2009	OSU Booth at Tillamook County College Fair	Organize/Staff

College of Public Health and Human Sciences & Family and Community Health Programs (4-H Youth Development Added in 2010)

2012	School of Social & Behavioral Health Sciences P & T committee	Member
2012	FCH Food Preservation Task Force	Member
2012-2011	CPHHS Accreditation Self-Study Subcommittee on Administration & Organization – my role – write first draft for	Member

	criteria 1.7 “Faculty & Other Resources”	
2011	CPHHS/OCHO Organization Focus Group	Member
2011	Food Preservation Task Force	Member
2011	Coordinate team that conducted State Fair 4-H Fashion Revue	Coordinator
2011-2010	FCH/4-H Staff Development Conference Planning Committee	Co-chair
2010	Third Year Review Committee – Lynette Black	Member
2010	Integration of Department of Youth Development Education and Oregon 4-H Program into the College of HHS of OSU	Member
2012-2002	4-H Home Economics Development Committee	Member
2009-2008	OFNP On-line Reporting Process Development Committee	Member
2009-2008	LinC Extend Advisory Committee	Member
2008	FCD Ad Hoc Committee – FCD Program Name Review	Member
2007-2003	FCD May In-service Training Planning Committee	Mbr/Chr (1yr)
2007-2003	Healthy Aging Work Group	Member
2007-2002	Nutrition Education Curriculum/Evaluation Committee	Member
2006-2003	Community Food Security/Emergency Food Work Group	Member
2004-2003	Nutrition & Food Management Department P&T Committee	Member
2004-2002	OrFCE Coordinating Committee	Member
2002	Committee to Peer Review Poster/Sessions for FCD Conference	Member

College of Education& 4-H Youth Development Program

2009	Peer Evaluation of Teaching	Peer reviewer
2009-2006	4-H State Fair Food Preservation Area	Co-Chair
2008-2003	4-H Youth Development Department Third Year Review Comm.	Mbr/Chr (1 yr)
2007-2003	College of Education Personnel Affairs Committee	Member
2007-2003	4-H Youth Development Department Mentor	Mentor
2007-2002	4-H State Clothing/Foods and Nutrition Judging Contests	Member
2006-2004	Screening Committee for Clatsop County Agriculture/4-H position	Member
2005	College/4-H Exchange	Host/Visitor
2004	Coordinated team that conducted 2 state fair fashion revues	Coordinator
2004-2003	4-H Youth Development Department Promotion & Tenure Comm.	Member
2004-2002	4-H School Age/After School Committee	Member
2003-2002	4-H Staff Development Conference Planning Committee	Member
2003-2002	W. Regional 4-H Leader’s Forum, Meals/Special Activities Comm.	Co-chair

Extension/County

2012	Social Service Directors Coalition	Representative
2012-2002	Tillamook County Extension/OSU Food Drive	Coordinator
2010-2009	Tillamook County Extension Holiday Basket Program	Coordinator
2010	Screening Committee for CCR&R Instructor-Clatsop/Tillamook	Member
2009	NACAA National Conference in Portland, Fabric Depot Tour	Tour Leader
2009-2007	Screening Committee for 3 program assistant positions	Chair/Member
2005-2004	Extension Electronic Planning and Reporting Planning Meeting	Mbr/Tester
2005-2004	Extension Strategic Plan – Technology Team	Member
2004 & 2002	Selection and Interview Process for Clerical Position	Member

2002	Teaching Evaluation Review	Pilot tested
2002	County Civil Rights Review	Member
2002	Conversation for Youth County Meeting	Co-chair

Service to Profession

National/Regional

2012-2002	National Association of Extension 4-H Agents (NEA4-HA)	Member
2012-2011	2015 NAE4-HA Annual Conference Operations and Facilities Committee/Meals-Food & Beverage	Sub-comm. co-chair
2012-2009	OSUEA/4-H Professional Development Committee (OSUEA/4-H-FCH staff development conference programs & displays)	Peer reviewer
2012-2002	National Association of Family and Consumer Sciences (NAEFCE)	Member
2012, 11, 07, 05	National Meeting	Voting Del.
2010-09, 07, 05	WSU Promotion & Tenure Packet	Peer Reviewer
2004	“SIDS Awareness” lesson for Univ. of Nevada Ext.	Peer Reviewer
2011-2002	Epsilon Sigma Phi (ESP)	Member
2012	Gamma Chapter Board	Treasurer
2011-2006	Gamma Chapter Member Services Committee	Member
2005-2002	Gamma Chapter Member Services Committee	Chair
2006	Wellness IN (WIN) Kentucky Kids curriculum.	Peer Reviewer

State

2011-2002	Oregon State University Extension Association	Member
2004-2002	State Board	Member

Service to the Public (professionally related)

2012	Tillamook County Spelling Bee	Volunteer
2012	Tillamook County Public Health Services/Systems Community Plan	Participant
2012	AAUW College Scholarship Committee	Member
2012	Tillamook High School Mook Mates - mentor 12 junior students	Mentor
2012-2011	Tillamook County Multi-Modular Health Assessment Committee	Member
2012	Tillamook County Early Learning Hub Committee	Member
2012-2010	Tillamook High School Charity Drive	Event co-chair
2012-2009	Tillamook County Commission on Children & Families	Member
2012, 2009-02	Tillamook County Diabetes Coalition	Member
2012-11, 07-04	High School Senior Service Learning Project (6 students-1-2/year)	Mentor
2012-2008	Positive Youth Development Coalition	Member
2012-2002	4-H Clothing Club	Club Leader
2009-2006	Oregon 4-H Foundation Board of Trustees	4-H Staff Rep.
2008	Food Roots Community Assessment	Member

2007-2002	Tillamook Community Food Security Council	Member
2005	Tillamook County Business Incubator Group	Member
2005-2004	Clatsop County Interagency Council	Member
2005-2002	4-H Rabbit Club	Asst. Leader
2003-2002	Tillamook County Great Beginnings Committee, TCCCF	Member
2002	Tillamook County Parent Education Task Force	Member

Awards

National and International Awards

(2012). Kershaw, N. Epsilon Sigma Phi – Gamma Chapter, Continued Service Award, Certificate.

(2012). Tillamook County Creamery Association in cooperation with Tillamook County 4-H Leaders Association. Portland Business Journal Corporate Philanthropy Award. Plaque.

(2010). National Association of Extension 4-H Agents Meritorious Service Award. Recognizes members with fifteen (15) years or more in Extension 4-H youth programs who have demonstrated innovative youth programming and leadership in the NAE4-HA association at the state, regional, and/or national level and previously received the NAE4-HA Distinguished Service Award. Plaque.

(2009). National Association of Extension 4-H Agents 25 year award. Recognizes members with 25 years of experience in Extension 4-H youth programs. Plaque.

(2011 & 2009). Larwood, L., Livesay, M., Wells, E., Withee, S., Carlson, S., Smith, J., Peters, J., Green, J., Waggoner, C., Cowan, J., Hohman, T., Manlove, A., McPeak, K., Rose, P., Hoynacki, D., Kershaw, N., Schreiber, D., Knutz, M., Bothum, C., Knutz, M. Busler, S. Delaney, G. Smith, C. & seventeen 4-H volunteer county coordinators. States' 4-H International Exchange Programs—Outstanding Quality Programs. Presented by the national committee in recognition of outstanding quality in all international exchange/world citizenship programs (one of six states receiving this award). Framed Certificate.

(2003). National Extension Association of Family & Consumer Science Continued Service Award. Recognizes members who have previously received the Distinguished Service Award and continue to be actively involved in professional improvement programs, the promotion of professional development of others, and leadership. Plaque.

State and Regional Awards

(2011). Kershaw, N. Oregon American Association of University Women. Tillamook Branch Named Gift Honoree. Certificate.

(2008). Kershaw, N & Jones, J. National Association of Extension 4-H Agents. Western Region & State Winner - Excellence in 4-H Club Support - Team. The purpose of this award is to

encourage and recognize the efforts of Extension professionals who support and strengthen their 4-H club program. A club is "an organized unit providing a long term experience for youth and adults". Plaque & Certificate.

(2008). Kershaw, N., Jones J., Vick, S., Cotton, T., & Nelson, D. (2008). Oregon State University 4-H Agents Association. Excellence in Teamwork Award for *Expanding the 4-H Program Through Alternative Delivery Methods*. The purpose of this award is to encourage and recognize outstanding Extension programs or projects conducted by a team that demonstrate effective performance and significant results (impact) at community, area, state or multi-state levels. Certificate.

(2007). Brandt, J., Busler, S. (team leaders), Kershaw, N. and various members. Epsilon Sigma Phi, Gamma Chapter. Team Award – Mold in Buildings: Prevention, Assessment & Resolution. The purpose of this award is to recognize a team program that has prepared people and/or communities to deal with critical issues which address social, economic and/or environmental concerns. Certificate.

Brandt, J. (team leader), Kershaw, N. & various members (2005). Oregon State University 4-H Agents Association. Oregon Specialty Team Award – Excellence in Camping. The purpose of this award is to recognize outstanding efforts on the part of a team of Extension faculty, staff or both in responding to and incorporating into a specific educational program or effort within the Oregon State University Extension Service. Certificate.

Schrumpf, E. (team leader) (2005). Oregon State University Extension Association. Team Award – Start Smart Eating & Reading Team. The purpose of this award is to recognize outstanding efforts on the part of a team of Extension faculty, staff or both in responding to and incorporating into a specific educational program or effort within the Oregon State University Extension Service. Certificate.

Kershaw, N. (2004). Epsilon Sigma Phi Distinguished Service Award – Gamma Chapter. This award is designed to pay the highest chapter tribute to an experienced Extension professional who has consistently exhibited continuing leadership and excellence in Extension program planning, delivery, evaluation, in program and/or administration over a career of 20 or more years. Framed certificate.

Kershaw, N. (2003). Epsilon Sigma Phi Visionary Leadership Award – Gamma Chapter. This award is designed to recognize Extension professionals whose significant accomplishments have resulted in leading Extension forward in new directions. Framed certificate.

Kershaw, N. (2003). National Extension Association of Family and Consumer Science. Western Region Communicator Award – Newsletter. This award recognizes excellence in communication through a newsletter. Certificate.