

# A Resource Guide to Raising a Child with a Disability in the Mid-Willamette Valley



Revised 2013

# Welcome!

This resource guide is designed to help families of children with special needs in Linn and Benton counties access as much information and as many programs as possible. This guide has been compiled from a survey distributed to families that have previously or currently participate in the College of Public Health and Human Sciences' Individualized Movement and Physical Activity for Children Today (IMPACT) formerly called Special Physical and Motor Fitness Clinic. We hope this guide is a helpful resource for your child and family. We would like to extend a special thanks to all of the families that participated in the development of this guide and to The Northwest Health Foundation for their generous support in funding this guide. The project team and Mid-Willamette Valley community thank you for sharing your information and resources!

***To request more information please contact:***

Oregon State University  
College of Public Health and Human Sciences  
Movement Studies in Disability Program  
123 Women's Building  
Corvallis, OR 97331  
(541) 737-2176  
Website: [health.oregonstate.edu/IMPACT](http://health.oregonstate.edu/IMPACT)  
Contact email: [Rena.Thayer@oregonstate.edu](mailto:Rena.Thayer@oregonstate.edu)

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# Introduction

The information in this resource guide was provided by families with children with disabilities living in the Mid-Willamette Valley. More than 55 families participated in the survey, providing invaluable resources to other families searching for answers, advice, programs, financial support and other services. The information provided in each section of this resource guide is listed in alphabetical order. Participants were asked to both give feedback on programs mentioned in the survey and on programs they had experience or knowledge of that might prove helpful to others. The ratings (see page 63), based on family feedback, are a numeric average based on a value that the participants gave each survey item and are meant to represent the perceived helpfulness of a particular service, resource or program. It is our hope that this guide will provide you with locations to gather more information, services and programs to help your child and family fully participate in all the Mid-Willamette Valley has to offer!

# Mid-Willamette Valley Resources

## Arc of Benton County

414 NW Fourth St

Corvallis, OR 97330

Phone: (541) 753-1711

Fax: (541) 758-1354

Website: [arcbenton.org](http://arcbenton.org)

## Arc of Linn County

PO Box 1982

Albany, OR 97321

Phone: (541) 258-2412

email: [carclew@comcast.net](mailto:carclew@comcast.net)



## Benton County Health Department – Developmental Disabilities

PO Box 579

530 NW 27<sup>th</sup> Street

Corvallis, OR 97339-0579

Phone: (541) 766-6847

Website: [co.benton.or.us/health/developmental\\_disabilities/index.php](http://co.benton.or.us/health/developmental_disabilities/index.php)

The DD division of BCHD serves persons with developmental disabilities and their families. Their services include referrals, consultations, crisis interventions, family therapy, psychiatric information, supported living opportunities and case management.

### Boys & Girls Club of Corvallis

1112 NW Circle Blvd

Corvallis, OR 97330

Phone: (541) 757-1909

Fax: (541) 757-7874

Corvallis Web: [bgccorvallis.org/index\\_ie.html](http://bgccorvallis.org/index_ie.html)

Albany Web: [bgc-albany.org](http://bgc-albany.org)

### Boys & Girls Club of Albany

1215 Hill St. SE

Albany, OR 97321

Phone: (541) 926-6666

Fax: (541) 926-0531

### Boys & Girls Club of East Linn County

38761 Main Street N

Scio, OR 97374

Phone: (503) 394-3910

Fax: (503) 394-7058

The Boys & Girls Club offers recreation programs including summer camps, after school programs, sport development programs and mentoring programs.

### Boys & Girls Club of Lebanon

305 S 5<sup>th</sup> Street

Lebanon, OR 97355

Phone: (541) 258-7105

Fax: (541) 451-2694

### Call-A-Ride, Albany

Phone: (541) 917-7770

Website: [cityofalbany.net/departments/public-works/transit/call-a-ride-services](http://cityofalbany.net/departments/public-works/transit/call-a-ride-services)

The Albany Call-A-Ride program is a citywide public transportation service for citizens who are disabled and unable to use the conventional transit services. Call-A-Ride provides curb-to-curb transportation.

### Corvallis Parks & Rec

1310 SW Avery Park Dr.

Corvallis, OR 97333

Phone: (541) 766-6918

Fax: (541) 754-1701

### Albany Parks & Rec

333 Broadalbin SW

Albany, OR 97321

Phone: (541) 917-7777

Fax: (541) 917-7776

Corvallis Website: [corvallisoregon.gov/index.aspx?page=261](http://corvallisoregon.gov/index.aspx?page=261)

Albany Website: [cityofalbany.net/departments/parks-and-recreation](http://cityofalbany.net/departments/parks-and-recreation)

The recreation divisions publish an activities brochure that is direct-mailed to Corvallis and Albany citizens. The brochure has information on activities and programs offered. Corvallis Parks & Rec also offers summer day programs and after-school programs.



## Community Services Consortium -- Head Start Program

2130 SE Lee Ave.

PO Box G

Lincoln City, OR 97367

Phone: (541) 996-3028

Fax: (541) 996-3094

Email: [smiller@communityservices.us](mailto:smiller@communityservices.us)

Website: [communityservices.us/education/detail/category/head-start/](http://communityservices.us/education/detail/category/head-start/)

Head Start is a program providing complete child and family services for low-income, pre-school children (ages 3-5). Children with disabilities are included in Head Start's education programs. Head Start agencies will coordinate with local services to ensure that the child and family receive support.

## Corvallis Indoor Park Inc. (CIP)

PO Box 1286

Corvallis, OR 97339-1286

Phone: (541) 740-1600

Email: [info@indoor-parks.org](mailto:info@indoor-parks.org)

Website: [indoor-parks.org/](http://indoor-parks.org/)

Corvallis Indoor Park Inc. (CIP) is an organization that provides indoor, unstructured play areas for all children, infants through kindergarten-age under the supervision of their parents. CIP offers two sites for children of varying ages:

- Tunison Site - for children under 4 years old
- Circle Site - for children over 18 months through 5 years old  
(Siblings through kindergarten are welcome at both sites.)

## Corvallis PDD/Autism Support Group

Contact: MaryJo Weaver

727 NW 32nd

Corvallis, OR 97330

Phone: (541) 757-2820

Email: [watatown@yahoo.com](mailto:watatown@yahoo.com)

Website: [oregonautism.com/corvallis/](http://oregonautism.com/corvallis/)

This support organization provides information for people with PDD/Autism and their families and friends. The website offers information on the support groups monthly meetings, legislation, the group's newsletter, books and magazines, and other organizations for information about PDD/Autism.

## Dial-A-Bus Benton County

Phone: (541) 752-2615

Website: [co.benton.or.us/pw/stf/rides.php](http://co.benton.or.us/pw/stf/rides.php)

Dial-A-Bus is wheelchair accessible, curb-to-curb transportation for Benton County people with disabilities who are unable to access fixed route bus service.



## Linn-Benton Community College – Family Resources and Education Dept.

6500 Pacific Blvd. SW

Albany, Oregon 97321

Phone: (541) 917-4899

Website: [linnbenton.edu/go/family-resources-and-education-division/family-connections](http://linnbenton.edu/go/family-resources-and-education-division/family-connections)

The LBCC Family Resources program provides parent education through classes and interactive groups. Topics include “Live and Learn with Your Child With Special Needs,” “Effective Parenting of Teens,” “Foster/Adoptive Parenting” and “Avenues to Adoption.” Class locations vary throughout Linn and Benton counties.

## Linn-Benton-Lincoln Educational Service District

905 4<sup>th</sup> Ave. SE

Albany, OR 97321

Phone: (541) 812-2600

Fax: (541) 926-6047

Email: [webmaster@lblesd.k12.or.us](mailto:webmaster@lblesd.k12.or.us)

Website: [lblesd.k12.or.us](http://lblesd.k12.or.us)

Website for Special Ed Department:

[lblesd.k12.or.us/prog\\_serv/special\\_education/index.php](http://lblesd.k12.or.us/prog_serv/special_education/index.php)

The LBL ESD provides support for education in 12 school districts in the tri-county area. A Special Education Department helps schools better serve children with special needs. The Special Education Department also provides student assessment and training in legal and practical issues related to special education. Important services include:

- **Early Intervention (EI)**– This program provides special education services in Linn, Benton and Lincoln counties to children under the age of 5 experiencing delays in their development. Referrals can come directly from the child's family or by others involved with the child. Early intervention offices in Linn, Benton and Lincoln counties

respond to local referrals by visiting individual families and answering their questions.

- *Benton/Linn County Early Intervention:(541) 753-1202*
- *Lincoln County Early Intervention: (541) 547-2240*

- **Special Education Evaluation and Consultation Center (SEEC) –**

This program assesses school-age children and provides consultation when there are concerns regarding language communication, learning and behavior. The staff includes a consultant for students with severe disabilities who provides consultative services to districts with eligible students.

- SEEC: (541) 812-2720

- **Cascade Regional Services Program (CRSP) –**

This program provides assistance to school districts and early intervention programs to meet the needs of children with autism, hearing impairments, visual impairments, orthopaedic impairments, or children who are Deafblind. The CRSP staff includes autism consultants, teachers of the deaf and hard of hearing, teachers of the visually impaired, occupational therapists and physical therapists, and augmentative communication specialists. Regional Services are accessed through the local early intervention unit or educational agency where the child attends school.

- CRSP (541) 812-2770



## Linn County Dept. of Health Services -- Developmental Disabilities

445 3<sup>rd</sup> Avenue SW

Albany, OR 97321

Phone: (541) 967-3890

Fax: (541) 924-6905

Email: [LinnCDDP@co.linn.or.us](mailto:LinnCDDP@co.linn.or.us)

Website: [co.linn.or.us/health/devel\\_disabil/support.htm](http://co.linn.or.us/health/devel_disabil/support.htm)

1600 S Main

Lebanon, OR 97355

Phone: (541) 451-5932

Fax: (541) 258-5704

The DD division of BCHD serves persons with developmental disabilities and their families. Support programs are available to help determine individual needs, coordinate community integration, refer for residential placement, and evaluate and refer for employment.

## Mid-Willamette Family YMCA

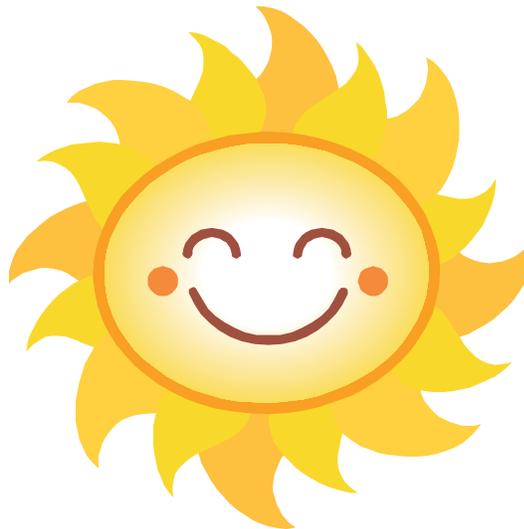
3311 Pacific Blvd. SW

Albany, OR 97321

Phone: (541) 926-4488

Website: [ymcaalbany.org](http://ymcaalbany.org)

The Mid-Willamette Family YMCA offers a variety of recreational programs for all persons. Swimming classes for persons with disabilities are offered. Other examples of YMCA programs include sport teams, childcare programs, day camps, and teen programs.



## **Mighty Oaks Children's Therapy Center**

3615 Spicer Rd SE

Albany, OR 97322

Phone: (541) 967-7551

Fax: (541) 967-5095

Email: [mightyoaks1@comcast.net](mailto:mightyoaks1@comcast.net)

Website: [mightyoakschildren.com](http://mightyoakschildren.com)

Mighty Oaks serves children (ages 0-22 years) with disabilities. Programs include occupational therapy, physical therapy and speech language therapy. Mighty Oaks also has summer programs.

## Old Mill Center

1650 SW 45<sup>th</sup> Place

Corvallis, OR 97333

Phone: (541) 757-8068

Fax: (541) 758-1030

Email: [contact@oldmillcenter.org](mailto:contact@oldmillcenter.org)

Website: [omill.org](http://omill.org)

Old Mill Center provides early childhood care and preschool programs for all persons. They also have specialized services that include occupational and physical therapy, sensory integration, counseling for children and families, day treatment services and special topic support groups.



## Oregon State University Child Development Center

Bates Hall Family Study Center

Corvallis, OR 97331

Phone: (541) 737-2516

Email: [joanne.sorte@oregonstate.edu](mailto:joanne.sorte@oregonstate.edu)

Website: [health.oregonstate.edu/child-development-laboratory](http://health.oregonstate.edu/child-development-laboratory)

The Bates Child Development Center is a part of the College of Health and Human Sciences at Oregon State University. The Center provides programming for preschool children and their families. Services provided include parent seminars, family gatherings, and monthly newsletters.

## Oregon State University Special Physical and Motor Fitness Clinic

123 Women's Building

Corvallis, OR 97331-6802

Phone: (541) 737-2176

Fax: (541) 737-4230

Website: [health.oregonstate.edu/IMPACT](http://health.oregonstate.edu/IMPACT)

The OSU College of Public Health and Human Sciences offers the Special Physical and Motor Fitness Clinic each term of the academic year for children with disabilities. Participants in the clinic receive individualized educational programs, which emphasize physical fitness, gross motor development and aquatic skills. These individualized physical activity programs are developed for each participant, based on initial screening, on-going motor assessment and consultation with parents, physician, teachers and therapists. Instruction is provided by qualified clinicians in a variety of settings, including a gymnasium, a weight room, an indoor climbing wall, and a swimming pool.

## Osborn Aquatics Center

1940 NW Highland Dr.

Corvallis, OR 97330

Phone: (541) 766-7946

Fax: (541) 758-5883

Website: [corvallisoregon.gov/index.aspx?page=57](http://corvallisoregon.gov/index.aspx?page=57)

The Osborn Aquatics Center is operated by the City of Corvallis. Facilities include Otter Beach (an outdoor water play center), indoor and outdoor pools, heated pools, and wheelchair lifts for all pools. Osborn programs include group and semi-private swim lessons, swim exercise classes, and water babies.

## United Way Benton Co. Linn Co.

PO Box 2499

1925 NW Circle Blvd.

Corvallis, OR 97339

Phone: (541) 757-7717

Fax: (541) 758-1443

Email: [jennifer@unitedwayblc.org](mailto:jennifer@unitedwayblc.org)

Benton County Website: [unitedwayblc.org](http://unitedwayblc.org)

Linn County Website: [unitedwayoflinncounty.org](http://unitedwayoflinncounty.org)

## United Way

PO Box 905

1127 Hill St SE

Albany, OR 97321

Phone: (541) 926-5432

Fax: (541) 926-0660

The United Way is a national organization that provides funding for various community programs. In Linn and Benton counties the United Way funds programs that provide support for families of children with disabilities.

Examples of the programs include:

- The Oregon State University Motor Fitness Clinic
- Mighty Oaks Children's Therapy Center
- Old Mill Center
- UCP of Oregon and Southwest Washington
- Oregon Association for Children and Adults with Learning Disabilities
-

## Willamette Valley Down Syndrome Association

Contact: Gretchen Davey

PO Box 8099

Salem, OR 97303

Phone: (541) 451-5215

Website: [wvdsa.org](http://wvdsa.org)

The WVDSA is affiliated with the National Down Syndrome Society ([ndss.com](http://ndss.com)) whose mission is to provide nationwide education, research and advocacy for Down syndrome. The association provides quarterly family activities, monthly discussion groups, a monthly newsletter, educational opportunities, and assistance accessing programs for persons with Down Syndrome.



# State of Oregon Resources

## Arc of Oregon

2405 Front Street NE

Suite 120

Salem, OR 97301

Phone: (877) 581-2726

Phone: (503) 581-2726

Fax: (503) 363-7168

Website: [arcoregon.org](http://arcoregon.org)

The ARC is a statewide membership organization of more than 2000 individuals who are working together for individuals with mental retardation and other developmental disabilities and their families. Arc organizations in Linn and Benton counties are addressed in the Mid-Willamette Valley Resources section of this guide.

## Autism Society of Oregon

PO Box 396

Marylhurst, OR 97036-0396

Phone: (888) 288-4761

Website: [autismsocietyoregon.org](http://autismsocietyoregon.org)

The Autism Society of Oregon is the state chapter of the Autism Society of America. This organization provides education and support services for families of children with Autism.

## Child Development and Rehabilitation Center (CDRC) and Oregon Health & Science University

700 SW Campus Drive

Portland, OR 97239

Phone: (503) 494-8362

Fax: (503) 494-6868

Website: [ohsu.edu/xd/health/child-development-and-rehabilitation-center/index.cfm](http://ohsu.edu/xd/health/child-development-and-rehabilitation-center/index.cfm)

901 East 18<sup>th</sup> Ave.

Eugene, OR 97403

Phone: (541) 346-3575

Fax: (541) 346-5844

The CDRC –OHSU serves children with special health needs. CDRC has offices in Portland (Doernbecher Children’s Hospital), Eugene (University of Oregon), and Medford (Jackson County Health Department). Examples of CDRC services are the Child Development Program, Family Resource Center, Genetics and Birth Defects Clinic, Neurodevelopmental Program, and an Orthopedic Program.

## Coalition in Oregon for Parent Education (COPE)

255 Capitol St. NE  
Salem, OR 97301  
Phone: (800) 505-2673  
Email: copekaren@aol.com

COPE’s mission is to educate and support parents, families, and professionals to meet the needs of children and youth with disabilities. COPE provides programs and services throughout the state. An example of a program is the Wagonwheel Conference, an annual conference on children with disabilities designed to bring together parents, educators, and health professionals. Another program, “Avoiding Future Shock” is designed to help build bridges from high school to adult life for students with disabilities. COPE also offers a variety of workshops on topics of interest to families, parents, and professionals in the disability community.

## Easter Seals Oregon

5757 SW Macadam Ave.  
Portland, OR 97239  
Phone: (503) 228-5108  
Fax: 503-228-1352  
Website: [or.easterseals.com](http://or.easterseals.com)

Easter Seals of Oregon provides information for summer camp opportunities, financial support for assistive technology and respite care, and medical rehabilitation programs.

## FEAT of Oregon (Families for Early Autism Treatment)

PO Box 69064

Portland, OR 97201

Phone: (503) 282-3328

Email: [feator@feator.org](mailto:feator@feator.org)

FEAT of Oregon was founded in February of 1995 by a small group of parents seeking to improve early intervention services in the State of Oregon. Their purpose is to provide information and support for families with children with Autism. Examples of programs include support groups, a lending library, and information about education and law.\

## Mt. Hood Kiwanis Camp

Special Education Program

Portland State University

Portland, OR 97207-0751

Phone: (503) 725-3380

Website: [ed.pdx.edu/project/kiwanis](http://ed.pdx.edu/project/kiwanis)

The primary goal of Kiwanis Camp is to provide individuals with varying disabilities the opportunity to engage in an exciting array of recreational activities in an outdoor setting.

## Oregon Advocacy Center (OAC)

310 SW Fourth Ave.

Portland, OR 97204

Phone: (800) 452-1694

Website: [oradvocacy.org/](http://oradvocacy.org/)

OAC is an independent non-profit organization that provides legal advocacy services for people with disabilities anywhere in Oregon. OAC has attorneys and advocates who assist people with disabilities.

## Learning Disabilities Association of Oregon

10175 SW Barbur Blvd

Suite 214B

Portland, OR 97219

Phone: (503) 997-3181

Fax: (503) 203-8509

Website: [ldaor.org](http://ldaor.org)

The OACLD is an organization to advance the education and well-being of persons with learning disabilities. Representatives of the agency work on various advisory boards and committees of the Department of Education to encourage public advocacy and awareness of learning disabilities. Benefits of membership include updated research on learning disabilities; practical advice for parents; professionally staffed information and referral line; current legal educational rights of students; calendar of upcoming events; quarterly state newsletters; discounts on conferences.

## Oregon Council on Developmental Disabilities

540 24<sup>th</sup> Place NE

Salem, OR 97301-4517

Phone: (800) 292-4154

Email: [ocdd@ocdd.org](mailto:ocdd@ocdd.org)

Website: [ocdd.org](http://ocdd.org)

The mission of the OCDD is to partner with Oregonians with developmental disabilities and their families to help promote change. Special programs include the Inclusive Child Care Project, Advocacy in Action, Community Partnerships, and the Clarion Newspaper.

## Oregon Disability Commission (ODC)

500 Summer Street NE

Salem, OR 97301

Phone: (800) 282-8096

Phone: (503) 373-7823

Fax: (503) 373-7823

Email: [info.odc@state.or.us](mailto:info.odc@state.or.us)

Website: [oregon.gov/dhs/spd/pages/adv/odc/index.aspx](http://oregon.gov/dhs/spd/pages/adv/odc/index.aspx)

ODC is designed to advocate on behalf of Oregonians with disabilities. The web site has information on services, programs, legislation, and upcoming public meetings.

## Oregon Department of Education – Office of Special Education

Public Service Building

255 Capitol Street NE

Salem, OR 97301

Phone: (503) 947-5782

Fax: (503) 378-5156

Email: [robby.perry@state.or.us](mailto:robby.perry@state.or.us)

Website: [ode.state.or.us/search/results/?id=40](http://ode.state.or.us/search/results/?id=40)

The ODE Office of Special Education serves the state in many capacities. Support staff is available to give information on state programs, services, and publications. The OSE also has a bi-weekly internet newsletter and a listserv for current information.



## Oregon Disability Sports (ODS)

2125 N Flint Ave

Portland, OR 97227

Phone: (800) 869-8180

Phone: (503) 241-0850

Fax: (503) 362-1178

Email: [trisha@oregondisabilitysports.net](mailto:trisha@oregondisabilitysports.net)

Website: [oregondisabilitysports.net](http://oregondisabilitysports.net)

The mission of ODS is to provide and promote sports, recreation and fitness activities for youth and adults with physical disabilities. Sports offered include basketball, rugby, cycling, swimming, equestrian, tennis, track and field, road racing, and various winter sports. Programs are offered for children and adults with physical disabilities. Other ODS programs include Oregon Challenge Games, designed for school-aged children, and equipment loan programs.

## Oregon Family Support Network (OFSN)

PO BOX 17848

Salem, OR 97305

Phone: (800) 323-8521

Fax: (503) 390-0161

Email: [ofsn@ofsn.org](mailto:ofsn@ofsn.org)

Website: [ofsn.org](http://ofsn.org)

OFSN is a network of families in Oregon that work to fully support other families who have children and youth with mental, emotional, and behavioral disorders. The web site gives further information on Linn and Benton County contacts.

## Oregon Head Start Association (OHSA)

805 Liberty Street NE

Suite 2

Salem, OR 97301

Phone: (800) 452-3610

Phone: (503) 779-2556

Website: [ohsa.net](http://ohsa.net)

OHSA works to promote quality, comprehensive services for low-income children and families. It advocates for families and provide a forum for networking and issues information sharing.

## Oregon Office of Developmental Disability Services

500 Summer Street NE

Salem, OR 97301-1073

Phone: (503) 945-5811

Phone: (800) 282-8096

Fax: (503) 373-7274

Email: [ODDS.INFO@state.or.us](mailto:ODDS.INFO@state.or.us)

Website: [oregon.gov/DHS/dd/Pages/index.aspx](http://oregon.gov/DHS/dd/Pages/index.aspx)

ODDS is a division of the Oregon Department of Human Services and provides support services to people with developmental disabilities and their families. Examples of services include help finding other information and resources, case management help, residential care for children who are medically fragile, self-directed supports and employment services.

## Oregon School for the Deaf (OSD)

999 Locust Street NE

Salem, OR 97301-0954

Phone: (503) 378-3825

Fax: (503) 378-4701

Website: [osd.k12.or.us](http://osd.k12.or.us)

OSD is a 24-hour total communication environment for Oregon students, ages 5-21, which provides access to language, optimum educational programs and nurtures growth and development.

## Shriners Hospital – Portland Research Center

3101 SW Sam Jackson Park Road

Portland, OR 97239

Phone: (503) 241-5090

Fax: (503) 221-3701

Website:

[shrinershospitalsforchildren.org/Hospitals/Locations/Portland.aspx](http://shrinershospitalsforchildren.org/Hospitals/Locations/Portland.aspx)

Shriners Hospital provides treatment for orthopedic conditions for children under 18 years of age at no cost. Applications and more program information are available on the web site or by calling.

## Special Olympics Oregon

5901 SW Macadam Avenue

Suite 200

Portland, OR 97239

Phone: (503) 248-0600

Phone: (800) 452-6079

Fax: (503) 248-0603

Email: [info@soor.org](mailto:info@soor.org)

Website: [soor.org](http://soor.org)

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with cognitive impairments. Sports offered include basketball, skiing, snowboarding, snow shoeing, track and field, golf, gymnastics, power lifting, softball, swimming, bowling, soccer, and volleyball.

## UCP of Oregon and Southwest Washington

305 NE 102<sup>nd</sup> Ave

Suite 100

Portland, OR 97220

Phone: (503) 777-4166

Phone: (800) 473-4581

Fax: (503) 771-8048

Email: [ucp@cupaorwa.org](mailto:ucp@cupaorwa.org)

Website: [uspaorwa.org](http://uspaorwa.org)

The UCP (United Cerebral Palsy) of Oregon and SW Washington is dedicated to advance the independence, productivity and full citizenship of people with cerebral palsy and other disabilities. More than 60% of persons served by this organization have disabilities other than cerebral palsy. Services geared towards families include support groups for both parents of children with any disability and parents of newly diagnosed children with CP and family social events.



## National Resources

### AAMR

501 3<sup>rd</sup> Street NW  
Suite 200  
Washington, D.C. 20001  
Phone: (202) 387-1968  
Fax: (202) 387-2193  
Website: [aamr.org](http://aamr.org)

AAMR promotes progressive policies, sound research, effective practices, and universal human rights for people with intellectual disabilities.

### American Association of People with Disabilities

2013 H Street NW  
Washington DC, 20006  
Phone: (800) 840-8844  
Fax: (866) 536-4461  
Website: [aapd.org](http://aapd.org)

The purpose of the AAPD is to further the productivity, independence, full citizenship and total integration of people with disabilities into all aspects of society and the natural environment. The organization focuses on fostering leadership among people with disabilities, supporting the full implementation and enforcement of disability nondiscrimination laws, particularly the Americans with Disabilities Act of 1990 and the Rehabilitation Act of 1973, and conducting programs to enhance the lives of people with disabilities, including programs to reduce poverty and unemployment, to ensure that every disabled person has the right to his or her own living arrangement, and to assure that every child or adult with a disability has access to and funding for assistive technology.

## American Society for Deaf Children (ASDC)

800 Florida Avenue NE

#2047

Washington D.C., 20002-3695

Phone: (800) 942-2732

Email: [asdc@deafchildren.org](mailto:asdc@deafchildren.org)

Website: [deafchildren.org](http://deafchildren.org)

The ASDC supports children who are deaf or hard of hearing and their families through services including a lending library, resource information, parent support groups and biennial conventions.

## Angelman Syndrome Foundation Inc. (ASF)

4255 Westbrook Drive

Suite 219

Aurora, IL 60504

Phone: 800.IF.ANGEL

Fax: (630) 978-7408

Email: [info@angelman.org](mailto:info@angelman.org)

Website: [angelman.org](http://angelman.org)

ASF's mission is to advance the awareness and treatment of Angelman Syndrome through education, information exchange and research. The foundation can put you in touch with local contacts within your region that are also available to answer questions, and are coordinators of social gatherings and mini-conferences.

## Autism Society of America

4340 East-West Hwy  
Suite 350  
Bethesda, Maryland 20814  
Phone: (800) 3-AUTISM  
Website: [autism-society.org/](http://autism-society.org/)

The Autism Society of America was founded in 1965 by a small group of parents working on a volunteer basis out of their homes. Over the last 30 years, the Society has developed into the leading source of information and referral on autism.

## Center For Self-Determination

35425 Michigan Ave W  
Wayne, MI 48184  
Phone: (734) 722-7029  
Fax: (734) 467-7639  
Website: [centerforself-determination.com](http://centerforself-determination.com)

The purpose of The Center for Self-Determination is to change the nature of the support and service system for individuals with disabilities, using the principles of self-determination to help all persons create the lives they want, connected to and with their communities.

## **Council for Disability Rights (CDR)**

Email: [jeholzer@gmail.com](mailto:jeholzer@gmail.com)  
Website: [disabilityrights.org](http://disabilityrights.org)

CDR provides public education, information, referrals, counseling, job training, and many other services to the disabled community. Their mission is to advance rights and enhance lives of all people with disabilities.

## Cystic Fibrosis Foundation

6931 Arlington Rd.  
Bethesda, MD 20814  
Phone: (800) 344-4823  
Fax: (301) 951-6378  
Email: [info@cff.org](mailto:info@cff.org)  
Website: [cff.org](http://cff.org)

The mission of the Cystic Fibrosis Foundation is to assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease. For more information on the Oregon chapter call (800) 448-8404.

## Epilepsy Foundation

8301 Professional Place  
Landover, MD 20785  
Phone: (800) 332-1000  
Español: (866) 748-8008  
Fax: (301) 577-2684  
Email: [ContactUs@efa.org](mailto:ContactUs@efa.org)  
Website: [epilepsyfoundation.org](http://epilepsyfoundation.org)

The Epilepsy Foundation works to ensure that people with seizures are able to participate in all life experiences. Examples of services provided include research, education and advocacy for people with epilepsy and their families and friends.

## International Rett Syndrome Association (IRSA)

4600 Devitt Drive  
Cincinnati, OH 45246  
Phone: (800) 818-7388  
Fax: (301) 856-3336  
Email: [admin@rettsyndrome.org](mailto:admin@rettsyndrome.org)  
Website: [rettsyndrome.org](http://rettsyndrome.org)

IRSA provides timely, accurate, objective information on Rett syndrome throughout the world to people who need information and resources and to researchers who can make a difference.

## Muscular Dystrophy Association USA (MDA)

3300 E Sunrise Drive

Tucson, AZ 85718

Phone: (800) 572-1717

Email: [mda@mdausa.org](mailto:mda@mdausa.org)

Website: [mdausa.org](http://mdausa.org)

The Muscular Dystrophy Association is a voluntary health agency dedicated to conquering neuromuscular diseases that affect more than 1 million Americans. The MDA serves people with neuromuscular diseases and their families through services including clinics, research, education and funding.



## National Association for the Dually Diagnosed

132 Fair St.

Kingston, NY 12401

Phone: (800) 331-5362

Fax: (845) 331-4569

Email: [info@thenadd.org](mailto:info@thenadd.org)

Website: [thenadd.org](http://thenadd.org)

The purpose of NADD is to advance mental wellness for persons with developmental disabilities through the promotion of excellence in mental health care. NADD provides services and support to professionals, care providers, parents, concerned citizens and organizations

## National Center for the Dissemination of Disability Research (NCDDR)

4700 Mueller Blvd.

Austin, Texas 78723

Phone: (800) 266-1832

Fax: (512) 476-2286

Email: [NCDDR@sedl.org](mailto:NCDDR@sedl.org)

Website: [ncddr.org](http://ncddr.org)

NCDDR is an organization that provides concrete supports to centralize access and focus on knowledge surrounding major areas of the National Institute on Disability and Rehabilitation Research studies and related activities in the disability field.

## National Council on Independent Living (NCIL)

1710 Rhode Island Ave. NW

Washington D.C. 20036

Phone: (877) 525- 3400

Fax: (202) 207-0341

Email: [ncil@ncil.org](mailto:ncil@ncil.org)

Website: [ncil.org](http://ncil.org)

The National Council on Independent Living is a membership organization that advances the independent living philosophy and advocates for the human rights of, and services for, people with disabilities to further their full integration and participation in society.

## National Down Syndrome Society (NDSS)

666 Broadway  
New York, NY 10012  
Phone: (800) 221-4602  
Fax: (212) 979-2873  
Email: [info@ndss.org](mailto:info@ndss.org)  
Website: [ndss.org](http://ndss.org)

The National Down Syndrome Society was established in 1979 to ensure that all people with Down syndrome have the opportunity to achieve their full potential in community life. The NDSS serves the community through information dissemination, education, research and advocacy.

## National Family Association for Deaf-Blind

141 Middle Neck Rd.  
Sands Point, NY 11050  
Phone: (800) 255-0411  
Fax: (516) 883-9060  
Email: [NFADB@aol.com](mailto:NFADB@aol.com)  
Website: [nfadb.org](http://nfadb.org)

The (NFADB) is an association that promotes and supports individuals who are deaf-blind in becoming valued members of society, allowing them the same opportunities and choices as other members of the community.

## National Information Center for Children for Children and Youth with Disabilities (NICHCY)

1825 Connecticut Ave NW  
Washington, DC 20009  
Phone: (800) 695-0285  
Fax: (202) 884-8441  
Email: [nichcy@fhi360.org](mailto:nichcy@fhi360.org)  
Website: [nichcy.org/](http://nichcy.org/)  
Website in Español: [nichcy.org/espanol](http://nichcy.org/espanol)

NICHCY is the national information and referral center that provides information on disabilities and disability-related issues for families, educators, and other professionals with a special emphasis on children and youth (birth to age 22).

## National Organization for Rare Disorders (NORD)

55 Kenosia Avenue

Danbury, CT 06810

Phone: (203) 744-0100

Fax: (203) 798-2291

Website: [rarediseases.org](http://rarediseases.org)

NORD is a health organization dedicated to helping people with rare diseases (diseases affecting fewer than 200,000 people) and assisting the organizations that serve them. Examples of NORD's services include education, advocacy and research.

## Parent Advocacy Coalition for Educational Rights (PACER)

8161 Normandale Blvd.

Bloomington, MN 55437

Phone: (800) 537-2237

Fax: (952) 838-0199

Website: [pacer.org](http://pacer.org)

The mission of PACER is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents. Services include helping families identify the resources and services available to help their child learn and grow, programs specific to development and growth, and other educational materials for families and professionals.

## TASH

1001 Connecticut Ave NW  
Suite 235  
Washington, D.C. 20036  
Phone: (202) 540-9020  
Fax: (202) 540-9019  
Email: [info@TASH.org](mailto:info@TASH.org)  
Website: [tash.org](http://tash.org)

TASH is an international association of people with disabilities, their family members, other advocates and professionals fighting for a society in which inclusion of all people in all aspects of society is the norm. TASH's focus is on those people with disabilities who are most likely to be at risk for living, working, playing and/or learning in segregated environments. Examples of services provided by TASH include community advocacy, research and collaboration among families, self-advocates, professionals, policymakers and other advocates.

## Sibling Support Project

6512 23<sup>rd</sup> Ave NW  
#213  
Seattle, WA 98117  
Phone: (206) 297- 6368  
Fax: (509) 752-6789  
Email: [donmeyer@siblingsupport.org](mailto:donmeyer@siblingsupport.org)  
Website: [siblingsupport.org](http://siblingsupport.org)

The Sibling Support Project is a national program dedicated to the interests of brothers and sisters of people with special health and developmental needs. The project is based at Children's Hospital and Regional Medical Center in Seattle, Wash.

## Spina Bifida Association of America (SBAA)

4590 MacArthur Blvd. NW, Suite 250

Washington, DC 20007-4226

Phone: (800) 621-3141

Fax: (202) 944-3295

Email: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

Website: [sbaa.org](http://sbaa.org)

The Mission of the Spina Bifida Association of America is to promote the prevention of spina bifida and to enhance the lives of all affected. SBAA provides services such as a referral services, newsletters, individual and systems advocacy, and research.

## Williams Syndrome Association

570 Kirts Boulevard

Suite 223

Troy, MI 48084-4156

Phone: (800) 806-1871

Fax: (248) 244-2230

Email: [info@williams-syndrome.org](mailto:info@williams-syndrome.org)

Website: [williams-syndrome.org](http://williams-syndrome.org)

The Williams Syndrome Association provides information and emotional support to individuals with characteristics of Williams syndrome, their families and the professionals who work with them. Services also include programs to help build strengths and meet challenges from early childhood through adulthood, public awareness and understanding, and research support.



# Websites

## ***Website suggestions by survey respondents:***

<b><u>Website Name/Emphasis</u></b>	<b><u>Website Address</u></b>
<b>• <u>General Information:</u></b>	
Disability Network	disabilitynetwork.com
Internet Resources for Special Children	orsaminore.dreamhosters.com/handy/links/uk_various.html
Family Village	familyvillage.wisc.edu
Our Kids	our-kids.org
Special Child	specialchild.com
International Center for Disability Resources on the Internet	icdri.org
“Come Unity” Disability Listservs	comeunity.com/disability/speclists.html
Children’s Disabilities Information	childrensdisabilities.info
Doernbecher Family Resource Center	ohsu.edu/xd/health/services/doernbecher/patiets-families/family-resources/
National Father’s Network	fathersnetwork.org
Parents Helping Parents	php.com
National Early Childhood Technical Assistance System	ectacenter.org
<b>• <u>Education &amp; Law Information</u></b>	
Council for Exceptional Children	cec.sped.org
Network for Special Education	spedaednet.com
Special Education Resources on the Internet (SERI)	seriweb.com/
Inclusion Network	inclusion.com
Transition Coalition / Post High School	transitioncoalition.org
National Center on Secondary	ncset.org

Education and Transition	
National Transition Alliance	<a href="http://dssc.org/">dssc.org/</a>
Department of Justice - Americans with Disabilities Act Homepage	<a href="http://ada.gov">ada.gov</a>
IDEA Practices – IDEA Law	<a href="http://ideapractices.org">ideapractices.org</a>
Wrightslaw – Special Education Law	<a href="http://wrightslaw.com">wrightslaw.com</a>
Social Security – Disability Information	<a href="http://ssa.gov/disability/">ssa.gov/disability/</a>
<b>• <u>Disability Specific Information</u></b>	
Sensory Integration	<a href="http://sinetwork.org">sinetwork.org</a>
Children and Adults with ADHD	<a href="http://chadd.com">chadd.com</a>
National PKU News (Phenylketonuria)	<a href="http://pkunews.org/">pkunews.org/</a>
Autism-PDD Resources Network	<a href="http://autism-pdd.net">autism-pdd.net</a>
Online Asperger’s Syndrome Information and Support (OASIS)	<a href="http://aspergersyndrome.org">aspergersyndrome.org</a>
Tourette’s Syndrome “Plus”	<a href="http://tourettesyndrome.net">tourettesyndrome.net</a>
Support Organization for Trisomy 18, 13, and Related Disorders (SOFT)	<a href="http://trisomy.org">trisomy.org</a>
Parent Resources for Children with Spina Bifida	<a href="http://waisman.wisc.edu/~rowley/sb-kids/index.htmlx">waisman.wisc.edu/~rowley/sb-kids/index.htmlx.</a>
National Association for Down Syndrome	<a href="http://nads.org">nads.org</a>
Cerebral Palsy Information Central	<a href="http://cerebralpalsy.org">cerebralpalsy.org</a>
Retrain the Brain / ADD, ADHD, & LD	<a href="http://retrainthebrain.com">retrainthebrain.com</a>
Children’s Hemiplegia and Stroke Association	<a href="http://hemikids.org">hemikids.org</a>
Epilepsy Association	<a href="http://epilepsy.com">epilepsy.com</a>
Learning Disabilities Online	<a href="http://ldonline.org">ldonline.org</a>
The Carter Centers for Brain Research	<a href="http://carterdatabase.org/hpe">carterdatabase.org/hpe</a>
Kids Move –Movement Disorders Information	<a href="http://wemove.org">wemove.org</a>
Kathy & Calvin / OR Autism Support	<a href="http://kathyandcalvin.com">kathyandcalvin.com</a>
Bookshare / Accessible Books	<a href="http://bookshare.org">bookshare.org</a>
American Sign Language Information	<a href="http://aslinfo.com">aslinfo.com</a>
<b>• <u>Sport &amp; Recreation Information</u></b>	

American Assoc. of Adapted Sports Programs	<a href="http://adaptedsports.org">adaptedsports.org</a>
National Sports Center for the Disabled	<a href="http://nscd.org">nscd.org</a>
America’s Athletes with Disabilities	<a href="http://americasathletes.org">americasathletes.org</a>
Wheelchair Sports USA	<a href="http://wsusa.org">wsusa.org</a>
PE Central – Adapted Physical Education	<a href="http://pecentral.com/adapted/adaptedmenu.html">pecentral.com/adapted/adaptedmenu.html</a>
National Center on Physical Activity and Disability	<a href="http://ncpad.org">ncpad.org</a>
All About Summer Camps	<a href="http://summercamps.com">summercamps.com</a>
Camp Channel	<a href="http://campchannel.com">campchannel.com</a>
Kids Camps	<a href="http://kidscamps.com">kidscamps.com</a>
North American Therapeutic Riding Assoc.	<a href="http://pathintl.org">pathintl.org</a>

## Listservs

A listserv, also known as an internet mailing list, is a virtual discussion group. To join a list, you send commands to a mailing list server, also called “subscribing,” and the server adds your email address to a database of email addresses that are also subscribed to that list. Whenever you or anyone else who is subscribed to that list sends a message to the list address, everyone in that database gets a copy of the message. Listservs are useful for creating a network of information.

*Listserv suggestions by survey respondents:*

<b><u>Listserv Title / Emphasis</u></b>	<b><u>Listserv Subscription Location</u></b>
CDLS – Kids (Cornelia de Lange Syndrome)	<a href="http://cdlsusa.org/support/index.htm">cdlsusa.org/support/index.htm</a>
Down Syndrome	<a href="http://listserv.down-syndrome.net/scripts/wa-DOWNS.exe?INDEX">listserv.down-syndrome.net/scripts/wa-DOWNS.exe?INDEX</a>
DTT-NET / Autism	<a href="http://feat.org/NewsEmailLists/tabid/135/Default.aspx">feat.org/NewsEmailLists/tabid/135/Default.aspx</a>
Me-list / Autism	<a href="http://health.groups.yahoo.com/group/me-list/">health.groups.yahoo.com/group/me-list/</a>

# Books

The following books have provided information, ideas or inspiration and have been recommended by the survey participants. There are two sections of titles. The first section is for parents, families and professionals, and the second section of titles are books for children and young people. Both sections are in alphabetical order to emphasize the community of disability and finding support from many different areas. Helpful places to locate these books are given before the list of titles.

## Public Libraries

### **Benton County Libraries**

([ci.corvallis.or.us/library/index.html](http://ci.corvallis.or.us/library/index.html))

#### ***Main Library***

645 NW Monroe  
Corvallis, OR 97330  
(541) 766-6926

#### ***Alsea Library***

19192 Alsea Hwy  
Alsea, OR 97324  
(541) 487-5061

#### ***Monroe Library***

668 Commercial St  
Monroe, OR 97456  
(541) 847-5174

#### ***Philomath Library***

1050 Applegate  
Philomath, OR 97370  
(541) 929-3016

#### ***Bookmobile***

(541) 766-6792

Web site with daily schedule:

[ci.corvallis.or.us/library/bookmobile/bkmschedule.html](http://ci.corvallis.or.us/library/bookmobile/bkmschedule.html)

### **Albany Public Libraries:** ([library.ci.albany.or.us/](http://library.ci.albany.or.us/))

#### ***Main Branch***

2540 14<sup>th</sup> Avenue SE  
Albany, OR 97322

#### ***Downtown Library***

302 Ferry SW  
Albany, OR 97321

(541) 917-7580

(541) 917-7585

## Child Development and Rehabilitation Center (CDRC) Library

3181 SW Sam Jackson Park Rd

Portland, OR 97239-3098

Phone: (503) 494-3460

Email: [library@ohsu.edu](mailto:library@ohsu.edu)

Website: [ohsu.edu/xd/education/library](http://ohsu.edu/xd/education/library)

The CDRC Library maintains a collection of books and journals for the health and education programs of the CDRC. It also has a special collection for families, friends and teachers of children with disabilities. There are both adult and children's books available.

## Popular Internet Locations for Books

### ***Borders Books & Amazon***

Web site: [amazon.com](http://amazon.com)

### ***Powell's Books***

Web site: [powells.com](http://powells.com)

## Publishers of Books With A Disability Emphasis

### ***Paul H. Brookes Publishing Company Inc.***

PO Box 10624

Baltimore, MD 21285-0624

Phone: (800) 638-3775

Fax: (410) 337-8539

Website: [brookespublishing.com](http://brookespublishing.com)

Brookes Publishing focuses on research-based resources in developmental and learning disabilities, early intervention, child development, language and literacy, special and inclusive education, community supports and

services, mental health and behavior. Its website has a listing of all published titles.

***Woodbine House Publishing Company***

6510 Bells Mill Rd.

Bethesda, MD 20817

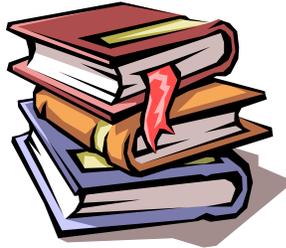
Phone: (800) 843-7323

Fax: (301) 897-5838

Email: [info@woodbinehouse.com](mailto:info@woodbinehouse.com)

Website: [woodbinehouse.com](http://woodbinehouse.com)

Woodbine House publishes *The Special-Needs Collection*, 60 books on disabilities and related topics including AD/HD, autism, celiac disease, cerebral palsy, Down syndrome, fragile X syndrome, learning disabilities, spina bifida, traumatic brain injury, early intervention, inclusion, special education, communication skills and more. Its website has a listing of all published titles.



# Recommended Books for Adults

*After The Tears: Parents Talk About Raising A Child With A Disability*  
R. Simons; 1987; ISBN: 0156029006

*Asperger's Syndrome: A Guide for Parents and Professionals*  
T. Attwood; 1997; ISBN: 1853025771

*Babies with Down Syndrome: A New Parent's Guide*  
K. Stray-Gunderson; 1995; ISBN: 0933149646

*Behavioral Intervention for young Children With Autism: A Manual for Parents and Professionals*  
C. Maurice & G. Green, Eds.; 1996; ISBN: 0890796831

*Broken Cord*  
M. Dorris & L Erdrich; 1990; ISBN: 0060916826

*Caring for Children With Cerebral Palsy: A Teambased Approach*  
J. Dormans & L. Pellegrino; 1998; ISBN: 155766322X

*Changed By A Child*  
B. Gill; 1998; ISBN: 0385492534

*Children with Cerebral Palsy: A Parent's Guide*  
E. Geralis, Ed.; 1998; ISBN: 0933149824

*Children with Spina Bifida: A Parent's Guide*  
M. Lutkenhoff; 1999; ISBN: 0933149603

*Children with Visual Impairments: A Parent's Guide*  
M. Cay Hollbrook, Ed.; 1995; ISBN: 0933149360

*Communication Skills In Children With Down Syndrome:*

*A Guide For Parents*

K. Libby; 1994; ISBN: 0933149530

*Elijah's Cup: A Family's Journey Into the Community and Culture of High-Functioning Autism And Asperger's Syndrome*

V. Paradiz; 2002; ISBN: 074320445X

*Fetal Alcohol Syndrome: A Guide For Families and Communities*

A. Streissguth; 1997; ISBN: 1557662835

*Fine Motor Skills in Children with Down Syndrome*

M. Bruni; 1998; ISBN: 1890627038

*Gross Motor Skills in Children with Down Syndrome*

P. Winders; 1997; ISBN: 0933149816

*Handling the Young Child With Cerebral Palsy At Home*

N. Finnie; 1997; ISBN: 0750605790

*Hearing Impaired Infants: Support in the First Eighteen Months*

J. Stokes; 1999; ISBN: 1861561067

*Incorporating Social Goals in the Classroom: A Guide for Teachers and Parents of Children With High-Functioning Autism and Asperger's Syndrome*

R. Moyes & S. Moreno; 2001; ISBN: 185302967X

*Just Being Sharon*

S. Price; 1996; ISBN: 0962644153

*Keys To Parenting A Child With Cerebral Palsy*

J. Faulkner; 1997; ISBN: 0764100912

*Let Me Hear Your Voice: A Family's Triumph Over Autism*

C. Maurice; 1994; ISBN: 0449906649

*Living With A Brother or Sister With Special Needs*

P. Vadasy & D. Meyer; 1996; ISBN: 0295975474

*Negotiating the Special Education Maze: A Guide for Parents and Teachers*

W. Anderson; 1997; ISBN: 0933149727

*Nobody's Perfect: Living and Growing with Children Who Have Special Needs*

N. Miller; 1994; ISBN: 155766143X

*No Pity*

J. Shapiro; 1994; ISBN: 0812924126

*Out Of Sync: Recognizing & Coping With Sensory Integration Dysfunction*

C. Kranowitz; 1998; ISBN: 0399523863

*'Ritalin is Not the Answer' Action Guide*

D. Stein; 2002; ISBN: 0787960446

*Seizures and Epilepsy In Childhood: A Guide for Parents*

J. M. Freeman; 1997; ISBN: 0801854970

*Sexuality: Your Sons and Daughters With Intellectual Disabilities*

K. Schwier & D. Hingsburger; 2000; ISBN: 1557664285

*Sibshops: Workshops for Siblings of Children with Special Needs*

D. Meyer; 1994; ISBN: 1557661693

*Smart But Feeling Dumb: The Challenging New Research on Dyslexia*

H. Levinson; 1994; ISBN: 0446395455

*Socially ADDept: A Manual For Parents of Children With ADHD and/or Learning Disabilities*

J. Giler; 2000; ISBN: 0966696921

*Somebody, Somewhere: Breaking Free From the World of Autism*

D. Williams; 1995; ISBN: 0812925246

*Special Diets for Special Kids*

L. Lewis; 1998; ISBN: 1885477449

*Targeting Autism*

S. Cohen; 1998; ISBN: 0520213092

*Teaching Reading to Children with Down Syndrome*

P. Oelwein; 1995; ISBN: 0933149557

*Teaching Self-Determination to Students With Disabilities*

M. Wehmeyer; 1997; ISBN: 1557663025

*The Challenging Child*

S. Greenspan; 1996; ISBN: 0201441934

*The Child with Special Needs: Encouraging Intellectual and Emotional Growth*

S. Greenspan; 1998; ISBN: 0201407264

*There's A Boy In Here*

J. Barron & S. Barron; 2002; ISBN: 1885477864

*Thinking In Pictures: And Other Reports From My Life With Autism*

T. Grandin; 1996; ISBN: 0679772898

*Toilet Training for Individuals with Autism and Related Disorders*

M. Wheeler; 1998; ISBN: 1885477457

*Uncommon Fathers: Reflections on Raising A Child With A Disability*

D. Meyer, Ed.; 1995; ISBN: 0933149689

*Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy and Learning Disabilities*

S. Sumar & J. Volk; 1998; ISBN: 096580240X

# Recommended Books for Children and Young People

*Extraordinary Friends*

F. Rogers; 2000; ISBN: 0698118618

*Harry and Willy and Carrothead*

J. Caseley; 1991; ISBN: 0688094929

*My Brother Sammy*

B. Edwards; 1999; ISBN: 0761304398

*My Sister is Special*

L. Jansen; 1998; ISBN: 0784707979

*Petey*

B. Mikaelson; 2000; ISBN: 0786813369

*Princess Pooh*

K. Muldoon; ISBN: 0807566276

*Rolling Along With Goldilocks and the Three Bears*

C. Meyers; 1999; ISBN: 1890627127

*Russ and The Firehouse*

J. Rickert & P. McGahan; 2000; ISBN: 1890627178

*Someone Special, Just Like You*

T. Brown & F. Ortiz; 1995; ISBN: 0805042687

*Special People, Special Ways*

A. Maguire & S. Bailey; 2000; ISBN: 1885477651

*Spinabilities: A Young Person's Guide to Spina Bifida*

M. Lutkenhoff, Ed., 1997; ISBN: 0933149867

*Views From Our Shoes: Growing Up With A Brother or Sister With  
Special Needs*

D. Meyer, Ed.; 1997; ISBN: 0933149980

*Where's Chimpy?*

B. Rabe; 1991; ISBN: 0807589276

# Magazines and Newsletters

## **ABILITY Magazine**

PO Box 10878

Costa Mesa, CA 92627

Phone: (949) 854-8700

Website: [abilitymagazine.com](http://abilitymagazine.com)

*ABILITY* magazine focuses on disabilities and mainstream America reporting on current issues in the disability community.

## **Autism Research Review International (ARRI)**

4182 Adams Ave.

San Diego, CA 92116

Phone: (866) 366-3361

Website: [autism.com/ari/newslet.html](http://autism.com/ari/newslet.html)

The Autism Research Institute publishes this quarterly newsletter. The *ARRI* contains information about the current developments in biomedical and educational research.

## **Exceptional Parent Magazine**

285 Ben Franklin Road

Indiana, PA 15701

Phone: (800) 372-7368

Website: [eparent.com](http://eparent.com)

*Exceptional Parent* provides information, support, ideas, encouragement and outreach for parents and families of children with disabilities and the professionals who work with them.

**Heart-to-Heart (Williams Syndrome Association)**

570 Kirts Boulevard

Suite 223

Troy, MI 48084

Phone: (800) 806-1871

Email: [info@williams-syndrome.org](mailto:info@williams-syndrome.org)

Website: [williams-syndrome.org/programs.htm](http://williams-syndrome.org/programs.htm)

This publication of the WSA contains the latest information regarding medical and educational interventions for WS, as well as profiles of WS individuals, association news, parent networking and strategies for adults and with WS and their parents and regional updates.

**Autism Asperger's Digest**

PO Box 2257

Burlington, NC 27216

Phone: (800) 489-0727

Website: [autismdigest.com](http://autismdigest.com)

The *Autism Asperger's Digest*, a division of Future Horizons Inc. was created to meet the needs of teachers, therapists and family members who face the challenge of autism. Their books, videos and conferences are geared to bring you the most current information possible to assist in that challenge.

**Palaestra Magazine**

1807 N Federal Dr

Urbana, IL 61801

Phone: (800) 327-5557

Website: <http://palaestra.com>

*Palaestra* is a quarterly publication for families, friends, professionals and people with disabilities focusing on adapted physical activity and related educational issues.

**TASH Connections**

1001 Connecticut Ave NW

Suite 235

Washington, D.C 20036

Phone: (202) 540-9020

Email: [info@TASH.org](mailto:info@TASH.org)

Website: <http://tash.org/about/publications/>

TASH's monthly news magazine, *Connections*, reports on best practices, family concerns, events and opportunities in a changing political environment.



# Resource Information Form

Help us make this directory complete! Send information about programs and services that may benefit families of children with disabilities living in the Mid-Willamette Valley. Your input is appreciated!

Name of resource: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone number: \_\_\_\_\_

Fax: \_\_\_\_\_

Website address: \_\_\_\_\_

Description of services: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Email address: \_\_\_\_\_

***Please send this completed form to***  
OSU Movement Studies in Disability Program  
Mid-Willamette Family Resource Guide  
123 Women's Building  
Corvallis, OR 97331

