

It's more than science.

OUR WORK CHANGES LIVES

AFFILIATED PROGRAMS IN THE COLLEGE OF PUBLIC HEALTH AND HUMAN SCIENCES

- Extension 4-H Youth Development Program
- Extension Family and Community Health
- Go Baby Go!
- IMPACT and IMPACT for Life
- KidSpirit
- OSU Child Development Center

STUDENT OPPORTUNITIES

Our undergraduate and graduate students conduct research, participate in internships, volunteer in the college's well-known programs for children, and work on degrees that will prepare them for careers related to children and families.

The Hallie E. Ford Center for Healthy Children and Families promotes the development and well-being of children, youth and families by generating, translating and sharing research-based knowledge. The center advocates a holistic, interdisciplinary approach to research, training and outreach that has far-reaching consequences for Oregon and beyond.

COLLEGE OF PUBLIC HEALTH AND HUMAN SCIENCES

Hallie E. Ford Center for Healthy Children and Families



For more information:

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To thrive, families need a strong foundation.

WE'RE BUILDING IT.

Our four core areas of research reflect our greatest strengths and some of the most pressing topics for science, policy and practice in the years from birth to young adulthood.

HEALTHY EATING AND ACTIVE LIVING (HEAL)

- Access to physical activity and healthy foods in schools
- Community approach to obesity prevention
- Making the healthy choice the easy choice

Researchers in the HEAL core work with individuals, families, communities and policymakers to increase access to healthy eating and opportunities for physical activity for children and families. Our priority is reducing the risks for obesity and other lifestyle-related chronic illnesses, particularly among the most vulnerable children and families.



PARENTING AND FAMILY LIFE

- Parenting education systems
- Best practices for parenting and family life
- Relationships and support across generations

Families are central to raising healthy children, and communities are central to supporting them. That's why we're evaluating what strategies work best for parents and communities in enhancing children's development.



EARLY CHILDHOOD

- Self-regulation, school readiness and child development
- Quality standards for child care
- Effects of environmental health on child development
- Statewide consortium on school readiness

The early years set the foundation for development throughout life. Our researchers focus on optimizing children's development and well-being in families, early care and education settings and communities. They also examine how families, educational settings and communities play critical roles in ensuring positive early development.



YOUTH AND YOUNG ADULTS

- Positive youth and character development
- Healthy sexual development
- Successful transition to adulthood

Adolescence offers opportunities for positive development. Because the experiences of youth are crucial in shaping their paths into adulthood, we strive to understand the behaviors and settings that promote their development, protect them from risk and promote their resilience.



Our work begins with passion

AND LEADS TO LIFE-CHANGING RESULTS.

The center generates, translates and shares research-based knowledge to improve the health and well-being of children and families.