What Makes a Successful MPH Internship?

A new MPH student recently asked, ‘what’s an example of a successful internship?’ I love this question as it shows engagement in the internship process -- which ultimately IS the key to internship success!

A successful internship is one that meets the student, community partner, and MPH program needs. It addresses at least 5 MPH competencies, and leads to at least 2 high-quality products. The preceptor and student meet regularly to discuss ideas, progress on the project, and get to know one another. It allows plenty of time to practice the various skills and knowledge the student hopes to hone, and it helps the student build networks and solidify career interests. It includes challenges and successes, growth and development.

There are many such opportunities. Maybe it’s assessing the feasibility of implementing a needle exchange program in a rural Oregon community, or analyzing and reporting data on the association between peripartum antibiotic use and postpartum depression, or conducting and analyzing key informant interviews to understand barriers to accessing healthcare among migrant farm workers, or designing and piloting a health education campaign on suicide prevention, or developing an outbreak report on COVID-19, or engaging stakeholders in Community Health Improvement Planning efforts. Indeed, there are so many possibilities. Visit the H 510 webpage to see more examples. Please feel free to reach out to Tonya at any time to discuss.

Tonya Johnson, MPH Internship Coordinator

Upcoming Events

Fall Virtual Office Hours*

Tonya Johnson
Tuesdays 1:30-3:30pm
Wednesdays 12-2pm
https://oregonstate.zoom.us/my/tonyajohnson71
(Passcode: 828912)

Amanda Armington
Tuesdays from 1-2pm
Wednesday from 9-10am
https://oregonstate.zoom.us/my/amandaarminton
(Passcode: 152861)

*also by appointment

MPH Student Meetings featuring MPH Internship information

October 5th @ 5 pm
Zoom ID: 919 6357 3276,
(Passcode: 078731)

October 7th @ 11 am
Zoom ID: 920 8904 0387
(Passcode: 569871)

CPHHS Calendar of Events
https://events.oregonstate.edu/department/college_of_public_health_and_human_sciences

Upcoming events include:
• “Racism is a public health crisis: Now that we see, what do we do?” (Oct 2)
• “The 1918 flu pandemic, history and lessons learned” (Oct 9)
• “U.S. college and university responses to student food and housing insecurity: A national inventory of strategies.” (Oct 16)
• 2020 Alumni Fellows Presentation, Rebecca Hernandez (Oct 22)

Career Development Center Events
https://career.oregonstate.edu/career-events

Upcoming workshops include:
• What I learned from the job search (Oct 6)
• Winning resumes and cover letters (Oct 8)
• Virtual and In-person Interviewing (Oct 14)
• How to Apply for Gov’t Jobs (Oct 15)
• Networking and Job Searching in the COVID Era (Oct 26)
Program Reminders

Make sure your Program of Study is approved by the Graduate School and up to date. Detailed instructions on the program of study are available in each MPH option handbook. The program of study must be approved by the Graduate School by the first week of the second to last term of the student’s program. If you plan to graduate in winter term, you must have your program of study submitted to the Graduate School by October 2nd.

If you will be attempting your final oral exam or ILE, complete the Exam Scheduling Form at least 2 weeks prior to the event. gradschool.oregonstate.edu/forms#event

If you will be graduating in fall term, complete a Diploma Application by December 4th. gradschool.oregonstate.edu/forms#diploma

Graduate students are required to register for at least 3 graduate credits each term (not including summer). If you need to take a break from the program for any reason, you must complete a Leave of Absence Application gradschool.oregonstate.edu/forms#resume

Important Dates and Deadlines

- Oct 4: Last day to add a class without dept approval
- Oct 4: Last day to drop a class with 100% tuition refund
- Oct 18: Last day to drop a class with 50% tuition refund
- Nov 13: Last day to withdraw from a course (no refunds)
- Dec 4: Last day to apply for graduation
- Dec 7-11: Finals week
- Dec 11: Fall term ends
- Dec 16: Grades available online

All dates can be found at registrar.oregonstate.edu/osu-academic-calendar

Who are the MPH Ambassadors?

MPH Student Ambassadors are student volunteers who have two main responsibilities:

1) serve as a point of contact for prospective students who would like to learn more about what it is like to be an MPH student at Oregon State, and

2) Facilitate engagement among fellow MPH students.

Want to learn more? Check out health.oregonstate.edu/academics/mph/ambassadors.

Want to get involved? Each year, we invite all MPH students to become an MPH Ambassador. Keep an eye out for an email from Amanda Armington and Suzanna Chase soon!

Important Dates and Deadlines

- Oct 4: Last day to add a class without dept approval
- Oct 4: Last day to drop a class with 100% tuition refund
- Oct 18: Last day to drop a class with 50% tuition refund
- Nov 13: Last day to withdraw from a course (no refunds)
- Dec 4: Last day to apply for graduation
- Dec 7-11: Finals week
- Dec 11: Fall term ends
- Dec 16: Grades available online

All dates can be found at registrar.oregonstate.edu/osu-academic-calendar

MPH Contacts

Amanda Armington
MPH Administrative Director
Amanda.Armington@oregonstate.edu

Tonya Johnson
MPH Internship Coordinator
Tonya.Johnson@oregonstate.edu

Ellen Smit
Associate Dean for Academic and Faculty Affairs
Ellen.Smit@oregonstate.edu

gradschool.oregonstate.edu/forms#diploma

Amanda Armington MPH Administrative Director Amanda.Armington@oregonstate.edu

Tonya Johnson MPH Internship Coordinator Tonya.Johnson@oregonstate.edu

MPH Contacts

Amanda Armington
MPH Administrative Director
Amanda.Armington@oregonstate.edu

Tonya Johnson
MPH Internship Coordinator
Tonya.Johnson@oregonstate.edu

Ellen Smit
Associate Dean for Academic and Faculty Affairs
Ellen.Smit@oregonstate.edu