

KINESIOLOGY

BACHELOR OF SCIENCE PROGRAM



+

+

+

+

+

+

+

+

+

+

PUT YOUR FUTURE INTO MOTION

On your mark, get set...go!

Physical activity plays an essential role in good health, disease prevention and increasing human performance.

As you prepare for your future career, we'll equip you with both the classroom knowledge and hands-on experience needed to excel in a variety of fitness and professional roles.

In our program, you'll be immersed in the interdisciplinary study of physical activity and its effect on human health, disease prevention and quality of life. You'll acquire a scientific foundation of chemistry, anatomy, physiology, nutrition and public health, and gain an understanding of the physiological, psychological, biomechanical and motor-behavioral bases of physical activity, exercise and sport.

You'll also be well prepared for professional certifications in fitness and conditioning — such as those from ACSM and NSCA — as well as for graduate study in the field.

Experience matters.

We build on a 100-year-plus legacy of ensuring health and well-being for people across the lifespan — in the United States and beyond.

Kinesiology is one of the top choices among undergraduates at Oregon State, and our program is nationally recognized.



Oregon State
University



A springboard for advanced study Pre-Therapy and Allied Health Option*

This option is intended for students who want to go on to professional preparation programs in the allied health fields, including athletic training, physical therapy, occupational therapy, nursing, physician assistant studies and medical school. Kinesiology majors with this option gain classroom, clinical and/or community experiences related to the allied health professions.



*GPA information for internship acceptance and acceptance into this option are available at health.oregonstate.edu/degrees/pre-therapy-and-allied-health.

We're here to help you succeed.

At Oregon State, you'll be part of a collaborative group of problem-solvers and a welcoming, knowledgeable team of advisors and others who can provide resources to help you succeed. From mentoring support and studying abroad to a health and wellness living-learning community and career resources, we're here to support your success — in and out of the classroom. You might consider joining a club, participating in an internship or choosing a minor. Visit health.oregonstate.edu/success to see your options.

At Oregon State, you'll be part of a collaborative group of problem-solvers and a welcoming, knowledgeable team of advisors and others who can provide resources to help you succeed. From mentoring support and studying abroad to a health and wellness living-learning community and career resources, we're here to support your success — in and out of the classroom. You might consider joining a club, participating in an internship or choosing a minor. Visit health.oregonstate.edu/success to see your options.

Head of the class

Did you know that if your GPA is over 3.75 (3.5 for current Oregon State students and transfer students), you're eligible to earn your degree through the Honors College? This prestigious option means you get more faculty support and the opportunity for undergraduate research. It also gives you a leg up with future employers and graduate programs. Curious about how this works? Go to honors.oregonstate.edu to learn more.

Bounty of career options

As a graduate of our program, you'll have many career paths to choose from, and you'll enjoy increased job security in a faster-than-average growing field. According to the U.S. Department of Labor, there were 68,000 people working as athletic trainers in 2016 — a field chosen by many of our graduates. Jobs in this sector are projected to grow at a rate of 22 percent between 2016–24.

Common areas our graduates work in include >

- Athletic trainer*
- Clinical exercise physiologist*
- Club or corporate fitness instructor
- Fitness entrepreneur
- Fitness program director
- Nurse*
- Occupational therapist*
- Personal trainer
- Physical education teacher*
- Physical therapist*
- Physician*
- Physician assistant*
- Research and education*
- Strength coach
- Wellness/prevention program coordinator

*These roles may require post-baccalaureate/graduate/professional education to qualify.



Oregon State University
College of Public Health
and Human Sciences

College of Public Health and Human Sciences
Office of Student Success | Academic Advising
105 Women's Building
541-737-8900 | health.oregonstate.edu

