

# PCC TO OSU 2+2 TRANSFER PLAN

## Human Development and Family Sciences (HDFS) Hybrid B.S. with AAOT in Portland

Oregon State University College of Public Health and Human Sciences

Total required credits: 180 needed for B.S.

Upper-division credits: 60 credits of 300-,400-, OR 500- level coursework MUST come from OSU to graduate with a B.S.

See back page for course equivalency table.

Complete course lists can be found at:

[admissions.oregonstate.edu/course-articulations](https://admissions.oregonstate.edu/course-articulations)

## Sample 4-Year Plan (PCC courses in black, OSU courses in orange)

### FIRST YEAR

Fall	CR	Winter	CR	Spring	CR
PSY 201A	4	PSY 202A	4	PSY 231	4
WR 121	4	SOC 204	4	COMM 214	4
MTH 111	5	Cultural Diversity	3-4	Physical Science + lab	4-5
Western Culture	3-4	Biological Science + lab	3-4	Literature and Arts	3-4

### SECOND YEAR

Fall	CR	Winter	CR	Spring	CR
MTH 243	5	MTH 244	5	Science + lab (Additional)	4-5
FN 225	4	HEC 226	4	HE 295 and PE 295	3
WR 227	4	Literature and Arts (Elective)	3-4	Elective	3-4
Elective	3-4	Elective	3-4	Elective	3-4

### THIRD YEAR

Fall	CR	Winter	CR	Spring	CR
H 100	4	HDFS 313	4	HDFS 314	4
HDFS 201	3	HDFS Elective	4	HDFS 341	3-4
HDFS Elective	4	Elective (OSU or PCC)	3-4	HDFS 360	3-4
Elective (OSU or PCC)	4	Elective (OSU or PCC)	3-4	Elective (OSU or PCC)	3-4

### FOURTH YEAR

Fall	CR	Winter	CR	Spring	CR
HDFS 361	4	HDFS 461	4	HDFS Elective	3-4
HDFS 447	3-4	HDFS Elective	3-4	Upper Division Elective	3-4
Upper Division Elective	3-4	Science, Technology, and Society	3-4	Upper Division Elective	3-4
Upper Division Elective	3-4	Upper Division Elective	3-4	Upper Division Elective	3-4

### OSU Success Coach: Ezequiel Lopez-Reyes

PCC, Rock Creek Campus, Building 9  
ezequiel.lopezreyes@oregonstate.edu  
971-722-7789

### Schedule a meeting at:

[meetings.hubspot.com/ezequiel-lopezreyes](https://meetings.hubspot.com/ezequiel-lopezreyes)



OSU Requirement	OSU Course	PCC Course	AAOT Requirement
Writing I	WR 121	WR 121	Writing (8 credits total)
Writing II	WR 327	WR 227	Writing (8 credits total)
Fitness + Fitness Lab	HHS 231	HE 295 and PE 295	Health/Wellness/Fitness
Speech	COMM 218	COMM 214	Oral Communication
Math	<b>Pick 1:</b> MTH 105 or MTH 111	<b>Pick 1:</b> MTH 105 or MTH 111	Mathematics (1)
Biological Science + lab	<b>Pick 1:</b> <a href="#">Biological Science list</a>	<b>Pick 1:</b> <a href="#">Biological Science list</a>	<a href="#">Science/Math/Computer Science (1)</a>
Physical Science + lab	<b>Pick 1 from</b> <a href="#">Physical Science list</a>	<b>Pick 1 from</b> <a href="#">Physical Science list</a>	<a href="#">Science/Math/Computer Science (2)</a>
Science + lab (Additional)	<b>Pick 1:</b> one additional course + lab from <a href="#">Biological or Physical Science list</a>	<b>Pick 1:</b> one additional course + lab from <a href="#">Biological or Physical Science list</a>	<a href="#">Science/Math/Computer Science (3)</a>
Western Culture	<b>Pick 1 from</b> <a href="#">Western Culture list</a>	<b>Pick 1 from</b> <a href="#">Western Culture list</a>	<a href="#">Arts and Letters (1)</a>
Social Processes and Institutions	SOC 204	SOC 204	<a href="#">Social Science (1) and Cultural Literacy (1)</a>
Cultural Diversity	<b>Pick 1 from</b> <a href="#">Cultural Diversity list</a>	<b>Pick 1 from</b> <a href="#">Cultural Diversity list</a>	AAOT Elective
Literature and Arts + Elective course	<b>Pick 2 from</b> <a href="#">Literature and Arts list</a>	<b>Pick 2 from</b> <a href="#">Literature and Arts list</a>	<a href="#">Arts and Letters (2 and 3)</a>
Difference, Power, and Discrimination	HDFS 201		
General Psychology I + II	PSY 201 and PSY 202	PSY 201A and PSY 202A	<a href="#">Social Science (2 and 3)</a>
Human Sexuality	HDFS 240	PSY 231	<a href="#">Social Science (4)</a>
Infant and Child Development	HDFS 311	HEC 226	AAOT Elective
General Nutrition	NUTR 225	NUTR 225	AAOT Elective
Statistics I + II	ST 201 and ST 202	MTH 243 and MTH 244	<a href="#">Science/Math/Computer Science (4) + AAOT Elective</a>
Electives	Select additional electives from PCC or OSU to complete 180 credit B.S. requirement and 90 credit AAOT requirement	Select additional electives from PCC or OSU to complete 180 credit B.S. requirement and 90 credit AAOT requirement	
Contemporary Global Issues	HDFS 447		
Science, Technology and Society	<b>Pick 1 from</b> <a href="#">Science, Technology and Society list</a>		
Intro to Public Health	H 100		
Adolescent Development	HDFS 313		
Adult Development and Aging	HDFS 314		
Family Studies	HDFS 341		
Critical Thinking in HDFS	HDFS 360		
Applied Research Methods	HDFS 361		
HDFS WIC	HDFS 461		
HDFS Electives	Pick a minimum of 12 credits from HDFS 201, HDFS 262, HDFS 312, HDFS 431, HDFS 432, HDFS 444, HDFS 447, HDFS 460		
Upper Division Electives	Select additional 300-, 400-, or 500-level electives to complete 60 upper division credit B.S. requirement		

**Suggested OSU Upper Division Electives for Accelerated Path to MPH**

Public Health Ethics and Issues	H 518
Health Disparities	H 520
Global Health Systems	HHS 597