

STEPHANIE K. GRUTZMACHER

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EDUCATION

PhD in Family Studies, August 2007

University of Maryland, College Park, Maryland

Dissertation: Family structure and income redistribution policies: Comparing child poverty outcomes in Canada, the United Kingdom, and the United States (Chair: Elaine Anderson, PhD)

MS in Family Studies, May 2004

University of Maryland, College Park, Maryland

Thesis: The influence of food-related life skills on food security in rural, low-income families (Chair: Bonnie Braun, PhD)

BS in Psychology, *Magna Cum Laude*, May 2002

BS in Communication & Rhetoric, *Magna Cum Laude*, May 2002

Syracuse University, Syracuse, New York

EMPLOYMENT HISTORY

Assistant Professor	Nutrition, Global Health School of Biological and Population Health, College of Public Health and Human Sciences, Oregon State University Affiliate Faculty, Health Promotion and Health Behavior Affiliate Faculty, Food in Culture and Social Justice	9/15-
Research Assistant Professor/ Extension Family Specialist/ Faculty Research Associate	Department of Family Science, School of Public Health & University of Maryland Extension, University of Maryland, College Park Faculty Associate, Hershel S. Horowitz Center for Health Literacy	10/08-06/15
Evaluation Coordinator/ Associate Faculty Agent	Maryland Food Stamp Nutrition Education, Maryland Cooperative Extension, University of Maryland, College Park	8/07-10/08
Adjunct Professor in Sociology	Department of Social Sciences, Howard Community College	08/07-12/11

RESEARCH ACTIVITIES

*Denotes student collaborator **Denotes community collaborator, Extension educator, or professional Extension staff

***Denotes international partner

REFEREED PUBLICATIONS

1. **Grutzmacher**, S., Munger*, A, Messina*, L., & Downes*, K. (2019). Screening for health literacy among SNAP-eligible adults: Implications for Nutrition Facts Label policy and education. *Journal of Hunger and Environmental Nutrition*. DOI: 10.1080/19320248.2019.1590277.
2. **Grutzmacher**, S., Munger, A., Speirs, K., Hilberg*, E.M., Vafai*, Y., Worthington**, L., Braunscheidel Duru**, E., & Lachenmayr**, L. (2019). Predictors of retention in a text-based nutrition education program: A survival analysis of Text2BHealthy. *Journal of Medical Internet Research mHealth and uHealth*. DOI: 10.2196/mhealth.9967.
3. Mohammed***, M., Tekelab, T., Amano, A., Besho, M., **Grutzmacher**, S., Tadese, M., & Habtewold, T. (2018). Adherence to prenatal iron-folic acid supplementation in low- and middle-income countries (LMIC): A protocol for systematic review and meta-analysis. *Systematic Reviews*, 7(107). DOI: 10.1186/s13643-108-0774-x.
4. **Grutzmacher**, S., Braunscheidel Duru**, E., Speirs, K., Worthington**, L., Munger, A., & Lachenmayr**, L. (2018). Using text messages to engage low-income parents in school-based nutrition education. *Journal of Hunger and Environmental Nutrition*. DOI: 10.1080/19320248.2017.1364196.

5. **Grutzmacher, S.,** Munger, A., Speirs, K., Richard, K., Zemier**, L., & Worthington**, L. (2017). Feasibility of bidirectional text messages in evaluating a text-based nutrition education program for low-income parents: Results from the Text2BHealthy program. *Evaluation and Program Planning, 64*, 90-94. DOI: 10.1016/j.evalprogplan.2017.04.001.
6. Song, H.J., **Grutzmacher, S.,** & Munger*, A. (2016). Project ReFresh: Testing the efficacy of a school-based nutrition intervention to improve fruit and vegetable consumption in elementary school children. *Journal of School Health, 86*(7), 543-551. DOI: 10.1111/josh.12404.
7. Davis*, B., **Grutzmacher, S.,** & Munger*, A. (2016). Utilization of social support among food insecure individuals: A qualitative examination of network strategies and appraisals. *Journal of Hunger and Environmental Nutrition, 11*(2), 162-179. DOI: 10.1080/19320248.2015.1066731.
8. Munger*, A., Hofferth, S., & **Grutzmacher, S.** (2016). The role of the Supplemental Nutrition Assistance Program in the relationship between food insecurity and probability of maternal depression. *Journal of Hunger and Environmental Nutrition, 11*(2), 147-161. DOI: 10.1080/19320248.2015.1045672.
9. Speirs, K., **Grutzmacher, S.,** Munger*, A., & Messina*, L. (2016). Recruitment and retention in an SMS-based health education program: Lessons learned from Text2Bhealthy. *Health Informatics Journal, 22*(3), 651-658. DOI: 10.1177/1460458215577995.
10. Munger*, A., Stevenson*, T., Speirs, K., Riera, K., & **Grutzmacher, S.** (2015). More than just not enough: Experiences of food insecurity for Latino immigrants. *Journal of Immigrant and Minority Health, 17*(5), 1548-56. DOI: 10.1007/s10903-014-0124-6.
11. Wilcox**, C.S., **Grutzmacher, S.,** Ramsing**, R., Balch**, C., Rockler**, A., Safi***, M., & Hanson, J. (2015). From the field: Empowering women to improve family food security in Afghanistan. *Renewable Agriculture and Food Systems, 30*(1), 15-21. DOI: 10.1017/S1742170514000209.
12. Song, H.J., **Grutzmacher, S.,** & Kostenko**, J. (2014). Personal weight status classification and health literacy among Supplemental Nutrition Assistance Program participants. *Journal of Community Health, 39*(3), 446-453. DOI: 10.1007/s10900-013-9796-4.
13. Speirs, K., Munger*, A., Messina*, L., & **Grutzmacher, S.** (2012). Health literacy and nutrition behaviors among low-income adults. *Journal of Health Care for the Poor and Underserved, 23*(3), 1082-1091. DOI: 10.1353/hpu.2012.0113.
14. **Grutzmacher, S.,** & Gross, S. (2011). Household food security and fruit and vegetable intake among low-income 4th graders. *Journal of Nutrition Education and Behavior, 43*(6), 455-463. DOI: 10.1016/j.jneb.2010.10.004.
15. **Grutzmacher, S.** & Braun, B. (2008). Key differences between food secure and food insecure mothers in rural, low-income families: An analysis of three waves of the Rural Families Speak study. *Journal of Hunger and Environmental Nutrition, 2*(2-3), 81-92. DOI: 10.1080/19320240801891487.

CHAPTERS

1. **Grutzmacher, S.,** Gross, S., & Munger*, A. (2012). Food insecurity and vegetable consumption. In C. Wilson, & M. Morree (Eds.), *Vegetable consumption and health: New research* (pp. 1-20). Hauppauge, NY: Nova Publishers.

MANUSCRIPTS UNDER REVIEW

1. Kelbick*, H.A.C., Maring, E., & **Grutzmacher, S.** (Revise and resubmit). Foodborne illness and childhood diarrhea in Debre Berhan, Ethiopia: Preliminary efforts to assess risk in the home environment.
2. Munger, A., **Grutzmacher, S.,** & Rockler, B.* (Under review). A qualitative examination of low-income men's vulnerability to food insecurity: Interconnected assets and risks and implications for policy and programming.
3. Rockler*, B., **Grutzmacher, S.,** Smit, E., & Notarianni**, M. (Under review). Participant perceptions of the Double Up Food Bucks Program at Oregon Farmers Markets.
4. Mohammed***, M.A., Yimer, N.B., Dinberu, M.T., Solomon, K., **Grutzmacher, S.,** Tekelab, T., & Habtewold, T.D. (Under review). The state of cervical cancer screening in Sub-Saharan Africa: A protocol for systematic review and meta-analysis.

MANUSCRIPTS IN PREPARATION

1. **Grutzmacher, S.,** Munger, A., & Rockler*, B. Low-income men's experiences of SNAP, network support, and a fragmented social safety net.
2. Murphy*, M., Munger, A., & **Grutzmacher, S.** Peer influences on student self-efficacy to eat fruits and vegetables.
3. Crespo-Bellido, M., **Grutzmacher, S.,** Takata, Y., & Smit, E. Food security, food away from home purchasing patterns, and obesity in U.S. adults: National Health and Nutrition Examination Survey (NHANES) 2007-2014.
4. Speirs, K.E., **Grutzmacher, S.,** Munger, A., & Ottusch, T. College and university responses to student food and housing insecurity.

5. **Grutzmacher, S.**, Braunscheidel Duru**, E., Munger, A., Richard, K., Lopes**, M., Booker**, S., Mackey**, L., Miller**, C., & Lachenmayr**, L. Project ReFresh: Integrating classroom and cafeteria strategies to increase student fruit and vegetable consumption.

MONOGRAPHS, REPORTS, AND EXTENSION PUBLICATIONS

Evaluation reports:

1. Osborn*, A., Crespo-Bellido*, M., Boatright*, T., **Grutzmacher, S.** (February 2018). Analysis of Beginning Farmer and Rancher Working Group Needs Assessment. Report prepared for the Oregon Community Food Systems Network.
2. Mew*, M., Sutton*, S., Osborn*, A., & **Grutzmacher, S.** (January 2017). Analysis of Local Food Purchases in the Farm to School Grant Program. Report prepared for the Oregon Farm to School and School Garden Network.
3. Richard, K., **Grutzmacher, S.**, & Kessel, W. (May 2015). GrandFamilies Initiative Evaluation Report. University of Maryland School of Public Health.
4. **Grutzmacher, S.**, Quinn*, D., & Downes*, K. (May 2014). Text2Bhealthy School Report Series. Food Supplement Nutrition Education, University of Maryland Extension.
5. Childers*, M., Lange*, S., & **Grutzmacher, S.** (August 2012). Project ReFresh Promising Practices. University of Maryland Extension.
6. **Grutzmacher, S.**, Messina*, L., & Speirs, K. (2010). The Maryland Nutrition and Health Literacy Study. University of Maryland Extension.
7. **Grutzmacher, S.** (2007). Maryland FSNE FY 2007 RED Evaluation Results. Maryland Cooperative Extension, University of Maryland.
8. Gross, S., & **Grutzmacher, S.** (2007). Maryland FSNE FY 2007 FRESH Evaluation Results. Maryland Cooperative Extension, University of Maryland.
9. **Grutzmacher, S.** (2007). Maryland FSNE FY 2007 Adult Program Evaluation Results. Maryland Cooperative Extension, University of Maryland.
10. Opel*, K., & **Grutzmacher, S.** (2007). Maryland FSNE FY 2007 Qualitative Evaluation Results. Maryland Cooperative Extension, University of Maryland.
11. **Grutzmacher, S.** (2007). Maryland FSNE FY 2007 WalkWays Evaluation Results. Maryland Cooperative Extension, University of Maryland.
12. **Grutzmacher, S.** & Braun, B. (2005). FSNE Annual Evaluation Report. Maryland Cooperative Extension, University of Maryland.
13. Anderson, E.A. & **Grutzmacher, S.** (2005). Dads Make a Difference Program Evaluation Report. Maryland Cooperative Extension, University of Maryland.
14. **Grutzmacher, S.** & Braun, B. (2004). FSNE Annual Evaluation Report. Maryland Cooperative Extension, University of Maryland.

Other:

1. **Grutzmacher, S.** (2006). Engaging students in policy issues: How students created a family policy election guide for the 2004 Presidential election. NCFR March Family Focus on Policy.
2. **Grutzmacher, S.** & Braun, B. (2005). Intergenerational community programming: Fostering resilience among adolescents and meeting the psychosocial needs of older adults. NCFR September Family Focus on Aging.
3. **Grutzmacher, S.** & Kaye, S., Eds. (2004). Family: Who Shares Your Priorities? An election guide from the University of Maryland Council on Family Relations and the Maryland Family Policy Impact Seminar, University of Maryland.
4. **Grutzmacher, S.** (2004). Examining Health Care: What's the Public's Prescription? A look at Maryland citizen's thinking on health care reform. Policy brief prepared for the Maryland Family Policy Impact Seminar, University of Maryland.
5. **Grutzmacher, S.** (2004). Food Resource Management: Key to Food Security Outcomes among Rural, Low-Income Families. Policy brief prepared for the Maryland Family Policy Impact Seminar, University of Maryland.

PRESENTATIONS AND WORKSHOPS

Invited talks:

1. **Grutzmacher, S.** (September 2018). Experiences of food security among Latino/a food system workers in Oregon. Talk given at the OSU150 College of Agricultural Sciences: Communities, Food, Resilience Event, Portland, OR.
2. **Grutzmacher, S.** (May 2016). Opportunities to integrate mobile health strategies in medicine and community health education. Talk given at the Debre Berhan University 3rd International Research Symposium, Debre Berhan, Ethiopia.

3. **Grutzmacher, S.** (February 2016). Mobile health: Opportunities to improve health literacy and nutrition behaviors. Talk given to the Moore Family Center for Whole Grain Foods, Nutrition, and Preventive Health's 2016 Food, Nutrition, and Health Update, Portland, OR.
4. **Grutzmacher, S.** (February 2014). Connecting family, school, and community-based nutrition education: Research and practice. Talk given at the University of Illinois Urbana-Champaign Center for Family Resilience, Urbana-Champaign, IL.
5. Balch**, C., **Grutzmacher, S.**, & Rockler**, A. (October 2012). Afghanistan Agricultural Extension Project's Extending the Garden: Empowering women to improve family food security. Presentation given to the College Park Rotary Club, Greenbelt, MD.
6. **Grutzmacher, S.**, Speirs, K., Braunscheidel, E., & Lachenmayr, L. (June 2012). Text2Bhealthy. Presentation given to the Office of Health Information Technology and Quality at the Health Resources and Services Administration, Rockville, MD.
7. **Grutzmacher, S.** (November 2011). Food insecurity and food assistance in Maryland. Presentation given at the Center for Agricultural and Natural Resource Policy's Agricultural Outlook and Policy Conference, Annapolis, MD.
8. **Grutzmacher, S.** (November 2011). Family involvement in obesity prevention. Talk given at the University of Maryland Baltimore Summit on Childhood Obesity, Baltimore, MD.
9. **Grutzmacher, S.** & Messina*, L. (October 2011). Making ends meet in Maryland: Food insecurity and coping as observed in the Maryland Health and Nutrition Literacy Study. Presentation given at the Maryland Food and Nutrition Network meeting, Baltimore, MD.
10. **Grutzmacher, S.** & Messina*, L. (September 2011). Making ends meet in Maryland: Food insecurity and coping as observed in the Maryland Health and Nutrition Literacy Study. In-service training given to the staff of the Baltimore County Department of Social Services, Baltimore, MD.
11. **Grutzmacher, S.** (September 2010). Food and nutrition policy and food assistance in Maryland. Presentation given at the LEAD Maryland Foundation Fellows Seminar, Baltimore, MD.
12. **Grutzmacher, S.** (April 2010). Nutrition beliefs, behaviors, and literacy among low-income Marylanders. Presentation given at the Maryland Dietetic Association Annual Meeting, Linthicum, MD.
13. **Grutzmacher, S.** (February 2008). Collecting Process Data for EARS Reporting: Maryland's RED System. Presentation given at the Food and Nutrition Service Mid-Atlantic Regional Annual Meeting, Mt. Laurel, NJ.
14. **Grutzmacher, S.** (February 2008). Maryland's RED System. Presentation given at the Food and Nutrition Service Nutrition Education and Administrative Reporting System Training, Mt. Laurel, NJ.
15. **Grutzmacher, S.** (April 2006). Food security, food resource management, and health among low-income families. Invited presentation given at Share Our Strength's Operation Frontline Annual Retreat, Baltimore, MD.

Refereed conference presentations:

1. Crespo-Bellido*, M., Smit, E., & **Grutzmacher, S.** (October 2019). Use of alternative food sources by U.S. low-income households: Results from the National Food Acquisition and Purchasing Survey (FoodAPS). Poster to be presented at the American Public Health Association Annual Conference, Philadelphia, PA.
2. **Grutzmacher, S.**, Crespo-Bellido*, M., Rockler*, B., Munger, A., Kraemer**, L., John, D., & Gwin, L. (October 2019). Perceptions of severity of food insecurity among undocumented Latinx food system workers in Oregon. Paper to be presented at the American Public Health Association Annual Conference, Philadelphia, PA.
3. Rockler*, B., & **Grutzmacher, S.** (October 2019). Perceptions of Double Up Food Bucks among SNAP participants at Oregon farmers' markets. Paper to be presented at the American Public Health Association Annual Conference, Philadelphia, PA.
4. **Grutzmacher, S.**, Crespo-Bellido*, M., Rockler*, B., & Gwin, L. (June 2019). Experiences of food security among Latinx food system workers in Oregon. Talk given at the Latino Health Equity Conference, Portland, OR.
5. Speirs, K., **Grutzmacher, S.**, Ottusch, T., & Munger, A. (June 2019). U.S. college and university responses to student food insecurity: A national inventory of strategies. Poster presented at the International Society of Behavioral Nutrition and Physical Activity Annual Conference, Prague, Czech Republic.
6. Munger, A., Rockler*, B., & **Grutzmacher, S.** (October 2018). Gaps in the social safety net: Experiences of food insecurity among low-income men. Paper presented at the American Public Health Association Annual Conference, San Diego, CA.
7. Munger, A., & **Grutzmacher, S.** (June 2018). Vulnerabilities to food insecurity faced by low-income men. Presentation given at the Society for the Psychological Study of Social Issues Conference, Pittsburg, PA.
8. Braunscheidel Duru**, E. (presenter), Worthington**, L. (presenter), **Grutzmacher, S.** (presenter), Munger, A., Finkbeiner**, N., Speirs, K., Zemier**, L., & Lachenmayr**, L. (May 2017) Incorporating text messages into health education and health promotion programs. Workshop presented at the National Health Outreach Conference, Annapolis, MD.

9. **Grutzmacher, S.**, Munger, A., Finkbeiner**, N., Speirs, K., Zemier**, L., Worthington**, L., Braunscheidel Duru**, E., & Lachenmayr**, L. (November 2016). Text2Bhealthy: An outcome evaluation for a targeted, text message-based nutrition education program for low-income parents. Paper presented at the American Public Health Association Annual Conference, Denver, CO.
10. Finkbeiner**, N., Zemier**, L., **Grutzmacher, S.**, Worthington**, L., & Bortnick**, A. (November 2015). Evaluation considerations in the development of multi-lingual texting programs. Paper presented at the American Evaluation Association, Chicago, IL.
11. Vafai*, Y. Munger, A., **Grutzmacher, S.**, Downes, K., Zemeir**, L., Worthington**, L., Braunscheidel Duru**, E., Finkbeiner, N., & Lachenmayr, L. (November 2015). Retaining participants in a text-message health promotion program: A survival analysis of dose and message content. Paper presented at the American Public Health Association Annual Conference, Chicago, IL.
12. **Grutzmacher, S.**, Zemier**, L., Worthington**, L., Braunscheidel Duru**, E., Munger, A., Finkbeiner**, N., & Lachenmayr**, L. (November 2015). Using text messages for real-time evaluation in health programming: Increasing response rates through reminder texts. Paper presented at the American Public Health Association Annual Conference, Chicago, IL.
13. Garcia-Rosales*, K., Ennaco*, C., Foust*, A., Parikh*, P., Kramer*, R., Olcese*, S., Raspanti*, G., Jascheck*, G., **Grutzmacher, S.**, De Silva, G., Maring, L., & Lovell, D. (November 2015). Water chlorination and health education: Collaborating to decrease water contamination and water-related illness in rural Peru. Poster presented at the American Public Health Association Annual Conference, Chicago, IL.
14. **Grutzmacher, S.** (November 2014). Empowering Afghan women to improve family food security. Paper presented at the National Council on Family Relations Annual Conference, Baltimore, MD.
15. Lachenmayr**, L., Finkbeiner**, N., Braunscheidel Duru**, E., & **Grutzmacher, S.** (November 2014). Connecting students, parents, and the school environment: Multi-level interventions to promote health behaviors among school-aged youth. Paper presented at the American Public Health Association Annual Conference, New Orleans, LA.
16. Jascheck*, G., **Grutzmacher, S.**, Maring, L., & Raspanti*, G. (November 2014). Community engagement and community organizing: A case study in Peru. Paper presented at the American Public Health Association Annual Conference, New Orleans, LA.
17. Worthington**, L., Braunscheidel Duru**, E., Lachenmayr**, L., & **Grutzmacher, S.**, (October 2014). Recruiting and retaining participants in a school-based texting program. Poster presented at the Academy of Nutrition and Dietetics Food & Nutrition Conference, Atlanta, GA.
18. Munger*, A., Lloyd*, T., Speirs, K., Riera, K., & **Grutzmacher, S.** (July 2014). Experiences of food insecurity for undocumented Latino immigrants. Poster presented at the Hispanic-Serving Health Professions Schools (HSHPS) Professional Development Workshop, Rockville, MD.
19. Humberson**, T., **Grutzmacher, S.**, Finkbeiner**, N., & Rubin**, L. (June 2014). Mobile food drops: Partnerships moving nutrition education through Maryland. Poster presented the Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
20. Maring, L., Raspanti*, G., Jascheck*, G., Farmer, C., Hogan*, K., Lovell, D., & **Grutzmacher, S.**, Parikh*, P., & Olcese*, S. (May 2014). Engineering and public health: An interdisciplinary approach to addressing water quality in Compone, Peru. Presentation given at the Consortium of Universities for Global Health Conference, Washington, D.C.
21. **Grutzmacher, S.**, Munger*, A., & Davis*, B., Braunscheidel**, E., Lachenmayr**, L., & Kostenko**, J. (November 2013). Using text messages for health promotion. Learning Institute workshop presented at the American Public Health Association Annual Conference, Boston, MA.
22. **Grutzmacher, S.**, & Braunscheidel**, E. (October 2013). Reaching hard-to-reach audiences: Engaging low-income parents in child nutrition. Panel presented at the Maryland Food Access and Nutrition Network's Fighting Hunger in Maryland Conference, Baltimore, MD.
23. Speirs, K. & **Grutzmacher, S.** (August 2013). Text2Bhealthy: Lessons learned in implementing a text-based nutrition education program for parents. Poster presented at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR.
24. Mackey**, L., **Grutzmacher, S.**, & Miller**, C. (August 2013). Simple strategies to nudge students towards health: How to "ReFresh" the school environment. Poster presented at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR.
25. **Grutzmacher, S.** (April 2013). Recruitment and retention strategies for a text message-based nutrition education program. Presentation given at the Priestler Extension Health Conference, Corvallis, OR.
26. Messina*, L., **Grutzmacher, S.**, & Speirs, K. (November 2012). Text2Bhealthy: Text-based obesity prevention program. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.

27. Liechty, J., **Grutzmacher**, S., Speirs, K., & Braun, B. (November 2012). Health literacy and families: Implications for parent and child outcomes. Multi-project poster symposium presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
28. Stevenson*, T., Munger*, A., Speirs, K., Riera, K., & **Grutzmacher**, S. (November 2012). More than just “not enough”: Latino immigrants’ food insecurity experiences. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
29. **Grutzmacher**, S., & Braunscheidel,** E. (October 2012). Text2Bhealthy: Development of a text message-based nutrition education program. Paper presented at the American Public Health Association Annual Conference, San Francisco, CA.
30. **Grutzmacher**, S., & DiBari*, J. (October 2012). Project ReFresh: Integrating classroom nutrition education and cafeteria-based environmental changes to improve school nutrition environments. Paper presented at the American Public Health Association Annual Conference, San Francisco, CA.
31. Worthington**, L., Braunscheidel**, E., Lachenmayr**, L., **Grutzmacher**, S., Speirs*, K., DiBari*, J., Messina*, L., & Munger*, A. (September 2012). Text2Bhealthy: A pilot nutrition texting program targeting parents of school-aged children. Paper presented at the Academy of Nutrition and Dietetics Annual Food and Nutrition Conference, Philadelphia, PA.
32. Speirs*, K., Munger*, A., & **Grutzmacher**, S. (April 2012). Using Focus Groups to Develop a Text Message-Based Nutrition Education Program. Presentation given at the Priester Extension Health Conference, Washington, D.C.
33. **Grutzmacher**, S., Speirs*, K., & Munger*, A. (April 2012). Text2Bhealthy: Development of a text message-based health promotion program. Workshop given at the Priester Extension Health Conference, Washington, D.C.
34. **Grutzmacher**, S., & DiBari*, J. (April 2012). Project ReFresh: Integrating classroom nutrition education and cafeteria-based environmental changes to improve school nutrition environments. Workshop given at the Priester Extension Health Conference, Washington, D.C.
35. Stevenson*, T., Munger*, A., & **Grutzmacher**, S. (November 2011). Making ends meet without a public safety net: Experiences of food insecurity among undocumented Latino immigrants. Paper presented at the American Public Health Association Annual Conference, Washington, D.C.
36. Stevenson*, T., Munger*, A., & **Grutzmacher**, S. (November 2011). Access to culturally preferred foods: A meaningful part of the experience of food insecurity for low-income Latino immigrants. Roundtable presented at the American Public Health Association Annual Conference, Washington, D.C.
37. **Grutzmacher**, S., & Messina*, L. (November 2011). Newest Vital Sign and the measurement of numeracy. Poster presented at the American Public Health Association Annual Conference, Washington, D.C.
38. Messina*, L., **Grutzmacher**, S., & Smith-Bynum, M. (November 2011). Feeding practices and family eating patterns of low-income, African American parents. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.
39. **Grutzmacher**, S., & Stevenson*, T. (November 2010). Nudge: Changing behavior through healthy choice architecture. Learning Institute presented at the American Public Health Association Annual Conference, Denver, CO.
40. **Grutzmacher**, S., & Kostenko**, J. (November 2010). Role of food product packaging, advertising, and public health nutrition messages in the nutrition knowledge of low-income adults. Paper presented at the American Public Health Association Annual Conference, Denver, CO.
41. Evans*, L., **Grutzmacher**, S., & Speirs*, K. (November 2010). The influence of household food security on parental feeding practices. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
42. Kostenko**, J., & **Grutzmacher**, S. (July 2010). Self-perceptions of overweight and obesity versus BMI calculations using self-reported height and weight. Poster presented at the Society for Nutrition Education Conference in Reno, NV.
43. **Grutzmacher**, S., & Stevenson*, T. (April 2010). Nudge: Changing behavior through healthy choice architecture. Workshop presented at the Priester Extension Health Conference, Mobile, AL.
44. **Grutzmacher**, S., & Speirs*, K. (April 2010). Numeracy and other barriers to behavior change among SNAP-eligible adults: Findings from the Nutrition Literacy Study. Paper presented at the Priester Extension Health Conference, Mobile, AL.
45. **Grutzmacher**, S., & Gross, S. (November 2009). Household food security and fruit and vegetable intake among low-income 4th graders. Paper presented at the American Public Health Association Annual Conference, Philadelphia, PA.
46. **Grutzmacher**, S. (November 2009). Nutrition literacy among Food stamp eligible adults: Implications for nutrition label, MyPyramid, and food advertising policies. Poster presented at the American Public Health Association Annual Conference, Philadelphia, PA.

47. **Grutzmacher, S., Lachenmayr**, L., &Kostenko**, J.** (November 2009). Plain language for nutrition education: Lessons in health literacy from Food Stamp clients. Poster presented at the American Public Health Association Annual Conference, Philadelphia, PA.
48. **Grutzmacher, S., & Gross, S.** (July 2009). Household food security and fruit and vegetable intake among low-income 4th graders. Paper presented at the Society for Nutrition Education Annual Conference, New Orleans, LA.
49. Traunfeld, J., Carlson**, C., Mackey**, L., & **Grutzmacher, S.** (May 2009). University of Maryland Salad Tables. Program showcase presented at Children, Youth, and Families At Risk Annual Conference, Baltimore, MD.
50. **Grutzmacher, S.** (January 2009). Preparing undergraduates for success in research: An analysis of experiential pedagogy in research methods courses. Oral presentation given at the Society for Social Work and Research Conference, New Orleans, LA.
51. **Grutzmacher, S.** (November 2008). Child poverty and income redistribution policies: A comparative analysis and critique. Poster presented the National Council on Family Relations Annual Conference, Little Rock, AR.
52. **Grutzmacher, S. & Liechty, J.** (October 2008). Experiential learning in research methods classes: Can group projects enhance student success? Workshop presented at the Council on Social Work Education Conference, Philadelphia, PA.
53. Liechty, J. & **Grutzmacher, S.** (October 2008). Health literacy: New opportunities for social work leadership in healthcare settings. Paper presented at the Council on Social Work Education Conference, Philadelphia, PA.
54. Lachenmayr, L., **Grutzmacher, S., & Braun, B.** (July 2008). Maryland FSNE Adult Program Evaluation. Poster presented at the Society for Nutrition Education Annual Conference. Atlanta, GA.
55. **Grutzmacher, S.** (January 2008). Family structure and income redistribution policies: Predicting child poverty outcomes in Canada, the United Kingdom, and the United States. Paper presented at the Society for Social Work Research Annual Conference, Washington, D.C.
56. **Grutzmacher, S., Liechty, J., Speirs, K., & Vesely, C.** (November 2007). Evaluating experiential pedagogy to foster student success across race and class differences. Paper presented at the National Council on Family Relations Annual Conference, Pittsburgh, PA.
57. **Grutzmacher, S. & Liechty, J.** (April 2007). Do I have to take this class? Assessing and minimizing psychological barriers to learning using Kolb's Experiential Learning Cycle. Workshop presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
58. **Grutzmacher, S.** (February 2007). Addressing students' psychological barriers to learning through experiential learning. Presentation given at the Innovations in Teaching and Learning Conference, College Park, MD.
59. **Grutzmacher, S. & Liechty, J.** (November 2006). Engaging undergraduates in a research methods course through experiential learning. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
60. Kaye, S. & **Grutzmacher, S.** (November 2006). Discipline socialization through NCFR student affiliates. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
61. Braun, B., **Grutzmacher, S., & Williams, S.** (November 2006). Sizing Up America: Engaging citizens in obesity as a public policy issue. Presentation withdrawn from the American Public Health Association Annual Conference, Boston, MA due to schedule conflicts.
62. **Grutzmacher, S.** (November 2006). Enhancing staff reflection in participatory action research evaluation: The use of local evaluation findings in Extension program planning. Demonstration session presented at the American Evaluation Association Annual Conference, Portland, OR.
63. **Grutzmacher, S. & Forry, N.** (June 2006). Poverty and income redistribution in single parent families: The United States in comparative perspective. Poster presented at the American Association of Family and Consumer Sciences Annual Convention, Charlotte, NC.
64. Scott, W., **Grutzmacher, S. & Forry, N.** (June 2006). Enhancing cultural competence in childhood obesity programs. Poster presented at the American Association of Family and Consumer Sciences Annual Convention, Charlotte, NC.
65. **Grutzmacher, S. & Liechty, J.** (April 2006). Engaging undergraduates in a social science research methods course through experiential learning: The student research project and symposium approach. Poster presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
66. Liechty, J. & **Grutzmacher, S.** (April 2006). Designing a SOTL study: Using web-based journals to assess and improve the relevancy of seminar content in a Service-Learning/Internship course. Poster presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
67. **Grutzmacher, S & Forry, N.** (November 2005). Inequality and poverty in the U.S.: A comparative critique of Social policy. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
68. Forry, N., McClintock-Comeaux, M., Kovalanka, K., **Grutzmacher, S., & Fitzgerald, M.** (November 2005). Building relationship education models for use with same-sex couples. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.

69. **Grutzmacher, S.** (September 2005). Participatory Action Research in FSNE program evaluation. Presentation given at the Food and Nutrition Service National Nutrition Education Conference, Crystal City, VA.
70. **Grutzmacher, S.** (July 2005). Food security, food resource management, and health among rural, low-income families: Implications for nutrition education with limited resource populations. Presentation given at the Society for Nutrition Education Annual Conference, Orlando, FL.
71. **Grutzmacher, S.** (June 2005). Feeding Fiji: Challenges in improving public health through local interventions. Workshop presented at the International Rural Network Conference, Abington, VA.
72. **Grutzmacher, S.** (May 2005). Improving FSNEP program efficacy through Participatory Action Research. Workshop presented at the USDA Children, Youth, and Families at Risk Annual Conference, Boston, MA.
73. **Grutzmacher, S.** (November 2004). Influence of food-related life skills on food security in rural, low-income families. Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.
74. **Grutzmacher, S.** (September 2004). Food security in rural, low-income families. Poster presented at the Tools for Social Justice Research and Scholarship Day, Consortium on Race, Gender, and Ethnicity, University of Maryland, College Park, MD.
75. **Grutzmacher, S.** (June 2004). Examining health care: What's the public's prescription? Poster presented at the 2004 American Association of Family and Consumer Sciences Annual Convention, San Diego, CA.
76. **Grutzmacher, S.** (April, 2004). Examining health care: What's the public's prescription? Poster presented at the 2004 National Council on Family Relations/American Association of Family and Consumer Sciences Public Policy Conference, Washington, DC.
77. Braun, B. & **Grutzmacher, S.** (April, 2004). Sages of the Ages: Stories that Touch and Teach. Poster presented at the 2004 Gerontology Scholarship Program, College Park, MD.
78. Braun, B., **Grutzmacher, S.**, & Hoard, L. (October 2003). Sages of the Ages: Stories that Touch and Teach. Roundtable presented at the 2003 Generations United International Conference, Alexandria, VA.

Extension and community workshops:

1. Monnette**, P., Moran**, T., & **Grutzmacher, S.** (April 2019). Introducing food systems thinking from the farmer's perspective. Workshop to be given at the Coast to the Cascades Community Wellness Network 2019 Regional Community Health Summit, Newport, OR.
2. **Grutzmacher, S.**, & Rockler*, B. (March 2019). Program planning and grant writing. Two-day professional development workshop with Debre Berhan University College of Health Sciences and Medicine, Debre Berhan, Ethiopia.
3. **Grutzmacher, S.**, & Rockler*, B. (March 2019). Program planning and grant writing. Two-day professional development workshop with Wolkite University, Wolkite, Ethiopia.
4. MacTavish, K., Rothwell, D., & **Grutzmacher, S.** (March 2019). Current research perspectives on food insecurity, poverty, and health: An OSU faculty forum. Panel facilitated at the OSU Family and Community Health Extension Spring Conference, Corvallis, OR.
5. **Grutzmacher, S.** (March 2017). Community engagement strategies. Joint professional development workshop with Debre Berhan University and Oregon State University, Debre Berhan, Ethiopia.
6. Worthington**, L. (presenter), Finkbeiner**, N. (presenter), **Grutzmacher, S.**, Lachenmayr**, L., & Braunscheidel**, E. (January 2016). Lessons learned from incorporating a text message-based program into elementary schools. Society of Nutrition Education and Behavior webinar sponsored by SNEB Communications Division and Association of Snap-Ed Nutrition Networks Social Marketing Committee.
7. **Grutzmacher, S.** (November 2014). Text2Bhealthy Outcomes. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
8. **Grutzmacher, S.** (November 2014). Changes in SNAP Participation, Demographics, and Policy. Workshop given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
9. **Grutzmacher, S.** (September 2014). Key Messages, Program Planning, and Evaluation in *Women in Agriculture*. Workshops given at Debre Berhan University, Bahir Dar University, and Wolkite University in Ethiopia.
10. **Grutzmacher, S.** (May 2014). Market to Mealtime: Volunteer Training. Workshop given at the Family League of Baltimore, Baltimore, MD.
11. Braunscheidel**, E. & **Grutzmacher, S.** (December 2013). Text2Bhealthy: Outcome Evaluation. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
12. Rubin**, L. & **Grutzmacher, S.** (December 2013). Market to Mealtime: Expansion and Outcome Evaluation. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.

13. Braunscheidel**, E. & **Grutzmacher**, S. (July 2013). Text2Bhealthy: Years One and Two in Review, Next Steps for Year Three. Presentation given at the Maryland Food Supplement Nutrition Education Summer Conference, Beltsville, MD.
14. Rubin**, L. & **Grutzmacher**, S. (April 2013). Market to Mealtime: Updates and Next Steps. Presentation given at the Maryland Food Supplement Nutrition Education Spring Conference, Columbia, MD.
15. Ramsing**, B., Rockler**, A., & **Grutzmacher**, S. (February 2013). Afghanistan Family Food Security Project. In-service training for Afghan extension educators. Kabul, Afghanistan.
16. **Grutzmacher**, S. (November 2012). Local and National Changes in SNAP Benefits and Participants. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
17. Braunscheidel, E. & **Grutzmacher**, S. (November 2012). Text2Bhealthy: Updates and Next Steps. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
18. Ramsing**, B., Balch**, C., Rockler**, A., & **Grutzmacher**, S. (July 2012). Afghanistan Family Food Security Project. In-service training for Afghan extension educators. Kabul, Afghanistan.
19. **Grutzmacher**, S., Raquib**, N., & Dudley**, M. (June 2012). Market to Mealtime: Greens, Roots, and Fruits. In-service training for Farmers' Market Action Team Summer 2012 Nutrition Education Pilot Project, Langley Park, MD.
20. **Grutzmacher**, S. (June 2012). Project ReFresh Evaluation Results. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.
21. **Grutzmacher**, S. (January 2012). Text message programs with low-income audiences. Presentation given to the NAL-FNIC/UMCP Dietetic Internship Joint Class Day. Beltsville, MD.
22. Braunscheidel**, E., & **Grutzmacher**, S. (December 2011). Technology tools and strategies to support Extension programming. Presentation given at the UME Family and Consumer Sciences program day, Ellicott City, MD.
23. Braunscheidel**, E., Worthington**, L., & **Grutzmacher**, S. (November 2011). Texting with Low-Income Audiences. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Frederick, MD.
24. Miller**, C., Braunscheidel**, E., & **Grutzmacher**, S. (August 2011). Project ReFresh Curriculum Training. In-Service provided for Team Nutrition Project ReFresh educators, Columbia, MD.
25. **Grutzmacher**, S., Eidel**, S., Dzmiera**, J., & Griffith**, B. (April 2011). Project ReFresh Grant Training. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.
26. **Grutzmacher**, S., Eidel**, S., Dzmiera**, J., & Griffith**, B. (February 2011). Project ReFresh Behavioral Economics Training. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.
27. **Grutzmacher**, S. (November 2010). Family influences on children's fruit and vegetable consumption. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
28. Kostenko**, J., & **Grutzmacher**, S. (November 2010). Self-perceptions and self-report of BMI. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
29. Speirs*, K., Messina*, L., & **Grutzmacher**, S. (November 2010). Food security and parental feeding practices. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
30. Braun, B., & **Grutzmacher**, S. (March 2010). Health literacy 101: A prescription to improve program outcomes across disciplines. In-Service provided for University of Maryland Extension educators, College Park, MD.
31. **Grutzmacher**, S., & Speirs, K. (November 2009). Findings from the Nutrition Literacy Study. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
32. **Grutzmacher**, S. (November 2008). Social Programs for Maryland's Low-Income Families. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
33. **Grutzmacher**, S. (November 2008). FSNE Evaluation Report FY08 and FY09 Evaluation Plans. Report and training presented at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
34. **Grutzmacher**, S. (February 2008). Food Prices, Poverty, and Health Behavior Data. Report presented at the Maryland Food Stamp Nutrition Education Program Proposal Workshop, Columbia, MD.
35. **Grutzmacher**, S. (November 2007). FSNE Evaluation Report FY 2007. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
36. **Grutzmacher**, S. (August 2007). FSNE Walk the Line evaluation training. Training given for the Maryland Food Stamp Nutrition Education Program, College Park, MD.
37. **Grutzmacher**, S., & Lachenmayr, L. (October 2006). FSNE RED training. Training given for the Maryland Food Stamp Nutrition Education Program, College Park, MD.
38. Braun, B. & **Grutzmacher**, S. (March 2006). Participatory Action Research: Data-Based Decision-Making and Program Planning. Report presented at the Maryland Food Stamp Nutrition Education Program Spring Conference, Columbia, MD.

39. Braun, B. & **Grutzmacher**, S. (November 2005). FSNEP Evaluation Report 2004-2005. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Columbia, MD.
40. Braun, B. & **Grutzmacher**, S. (November 2005). Assessing need and reaching the target population. Presentation given at the Annual Maryland Food Stamp Nutrition Education Program Conference, Columbia, MD.
41. Braun, B. & **Grutzmacher**, S. (November 2004). FSNEP Evaluation Report 2003-2004. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
42. Braun, B. & **Grutzmacher**, S. (September 2003). FSNEP Evaluation Report 2002-2003: Data matters. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
43. **Grutzmacher**, S. & Greene**, M. (October 2002). The ABC's of Parent-Provider Communication. Curriculum presentation at the Maryland Cooperative Extension Family and Consumer Science Extension Educator's Semi-Annual Training, College Park, MD.

Non-refereed conference presentations, community talks, and campus talks:

1. **Grutzmacher**, S. (June 2019). Preparing for the harvest with America Bracho and Rut Martínez-Alicea. Facilitated closing session at the Latino Health Equity Conference, Portland, OR.
2. **Grutzmacher**, S. (January 2019). Experiences of food insecurity among low-income men: Unique vulnerabilities and gaps in the safety net. Presentation given to the Nutrition program graduate seminar, Corvallis, OR.
3. **Grutzmacher**, S. (October 2017). Food security and health disparities in Lincoln County. Talk given at Samaritan Health Plans Community Health Forum, Newport, OR.
4. Katz*, V., Matipwiri*, P., Mew*, M., Mullins*, K., Osborn*, A., & **Grutzmacher**, S. (May 2017). Community Engagement and Professional Development in Ethiopia. Panel given at Oregon State University CPHHS Center for Global Health Colloquium, Corvallis, OR.
5. **Grutzmacher**, S. (April 2017). Gender-Sensitive Agricultural Development in Ethiopia. Talk to be given at the Oregon State University CPHHS Human Development and Family Studies Colloquium Series.
6. **Grutzmacher**, S. (November 2016). Partnerships in Health Development in Ethiopia. Talk given at Oregon State University CPHHS Global Health Brown Bag Series, Corvallis, OR.
7. **Grutzmacher**, S. (April 2016). Qualitative examinations of social support and safety net utilization among food insecure individuals. Presentation given to the Nutrition program graduate seminar, Corvallis, OR.
8. **Grutzmacher**, S. (January 2016). Recruitment, retention, and reminder strategies in a targeted, text message-based nutrition education program for low-income parents. Talk given at Oregon State University CPHHS Research Seminar Series, Corvallis, OR.
9. **Grutzmacher**, S. (May 2014). Food panelist for University of Maryland Alumni Association's Fearless Event Series, Arlington, VA.
10. **Grutzmacher**, S. (April 2014). SNAP-Ed programming in Maryland. Talk given to the Institute of Applied Agriculture's Sustainable Tuesdays Lecture Series, College Park, MD.
11. **Grutzmacher**, S. (February 2013). Nutrition and obesity: Challenges and opportunities. Talk given at the University of Maryland Chapter of the American Medical Student Association. College Park, MD.
12. **Grutzmacher**, S. (November 2010). Global hunger challenges and opportunities. Talk given at the University of Maryland Oxfam Chapter Hunger Week Banquet. College Park, MD.
13. **Grutzmacher**, S. (November 2007). Food security, health, and food policy. Invited presentation given for the Maryland Council on Family Relations, College Park, MD.

SELECTED GRANTS AND CONTRACTS

Current:

♦University of Kentucky Center for Poverty Research Understanding Food Hardship among Older Adults. Examining experiences of food hardships and SNAP enrollment among young-old and older Americans: A multi-method approach. \$293,890 received for 2019-2022. Role: Co-PI.

Under Review:

♦USDA Higher Education Challenge Grants program. Developing diverse food and family science leaders through mentoring. \$150,000 requested for FY20-21. Role: Co-PD.

♦Lumina Foundation. Policies and practices addressing college student food and housing insecurity. \$50,000 requested for FY19-FY20.

Completed:

- ◆OSU Graduate Laurels Block Grant program. Recruitment, retention, and graduation of underrepresented students in Nutrition graduate programs. \$24,678 received for 2018-2019 school year.
- ◆CAS/CPHHS Food Security Seed Grant. Experiences of Food Security, Safety Net Utilization, and Social Support among Latino Food System Workers in Oregon. \$10,000 for July 1-December 31, 2018. Role: Co-PI.
- ◆OSU Graduate Laurels Block Grant program. Recruitment, retention, and graduation of underrepresented students in Nutrition graduate programs. \$12,150 awarded for 2017-2018 school year.
- ◆Summer Institute for Advancing Health Equity. Funded through 2017 Summer Session Program Development Funds, Oregon State University. \$3,000. Role: Co-Instructor.
- ◆USDA International Extension Development UMD Subcontract via University of California-Davis Afghanistan Agricultural Extension Project. Improving Family Food Security in Afghanistan. \$1,125,081 for FY12-17. Role: Subcontract team member. USAID phase two funds, \$19,800,000 to prime for FY15-FY17. No formal role in phase two.
- ◆USDA Healthy Hunger-Free Kids Act Implementation Grant. Incorporating HHHKA into Project ReFresh. \$169,572 for FY13-FY15. Role: Co-PD.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY15. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$210,000. (Contract) Role: Project Leader.
- ◆Mount Sainai Hospital GrandFamilies Initiative. Anonymous Donor Funding, \$50,000. Role: Co-I.
- ◆University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD. \$5,000 to develop interdisciplinary community nutrition and water course in Ethiopia.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY14. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$125,629. (Contract) Role: Project Leader.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY13. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$168,650. (Contract) Role: Project Leader.
- ◆Maryland Department of Agriculture Specialty Crops FY13 Block Grant. Eat Fresh Maryland: Increasing Maryland fruit and vegetable sales to WIC participants at farmers' markets through an expanded statewide network. \$20,000. Collaboration with Crossroads Community Food Network.
- ◆USDA Food and Nutrition Service Team Nutrition Training Grant. Refresh Teams: Increasing fruit and vegetable selection in the cafeteria through environmental nudges. \$291,000 for FY11-12. Role: Co-PD.
- ◆USDA AFRI National Research Initiative Childhood Obesity Prevention Conference Grant. Parental feeding practices, core nutrition messages, and the prevention of obesity among preschool children. \$49,644 for FY11. Role: PI.
- ◆FoodSmart Impact Team Funding. Funding to support Farmers' Market initiatives. \$17,000. Role: PI.
- ◆FoodSmart Impact Team Funding. Funding to support Project ReFresh initiatives. \$19,000. Role: Co-I.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY12. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$94,650. (Contract) Role: PI

- ◆Food Supplement Nutrition Education Program Evaluation Project FY11. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$99,303. (Contract) Role: PI
- ◆Food Stamp Nutrition Education Program Evaluation Project FY10. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$29,331. (Contract) Role: PI.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY09. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$102,449. (Contract) Role: PI.

SELECTED RESEARCH, EXTENSION, AND COMMUNITY PROJECTS

- ◆University of Kentucky Center for Poverty Research Understanding Food Hardship among Older Adults, 2019- Examining experiences of food hardships and SNAP enrollment among young-old and older Oregonians using state-level administrative data , qualitative interviews, and participant observation. Results will be used to identify unique opportunities for SNAP outreach among older adults.
- ◆Addressing College Student Food and Housing Insecurity: College and University Policies and Practices, 2018- Conducting a national inventory of college and university responses to student food insecurity to document the prevalence of 18 basic needs support strategies and their relationship with institution type, proportion of Pell recipients, and other institution characteristics. Results will be used to create a student basic needs resource and best practices database and plan a follow-up survey of student affairs professionals about the implementation and efficacy of these strategies.
- ◆Food System Worker Food Security Project, Columbia Gorge Region, Oregon, 2016- Implementing research protocol to understand the experiences of food insecure Latino food system workers and owner/operators in Oregon in determining whether and how to utilize formal and informal food safety net resources. Results will be used to facilitate community organization to improve design and delivery of public and private food programs to reach vulnerable populations and reduce food system worker food insecurity.
- ◆Malamulo Food Security and HIV Support Program, Malawi, 2017- Developing a community gardening program to strengthen the capacity of Malamulo Hospital's HIV support group members to grow food, ensure food security and ART adherence, and produce household income to reduce HIV-related vulnerabilities.
- ◆Collaborative Professional Development Seminars, Ethiopia – 2016- Establishing transnational university partnerships to support faculty and student exchange and research, teaching, and extension project collaboration. Focused on peer-to-peer workshop facilitation on key professional skills to build organizational, collaborative, and community capacity.
- ◆School Gardening Project in Debre Berhan, Ethiopia – 2014- Developing school-based, community-driven gardening project to facilitate the provision of vegetable production, nutrition education, food distribution, and vegetable social marketing activities to address food security and vitamin A deficiency among vulnerable families. Capacity building and professional development activities for Debre Berhan University faculty and students and Debre Berhan school and community professionals.
- ◆Women in Agriculture Family Food Security Project in Ethiopia – 2014-2016 Developed train-the-trainer program with three Ethiopian universities to educate and support women to grow food for at-home consumption and resale.
- ◆UME/MSDE Healthy Hunger-Free Kids Act Project – 2012-2015 Revised ReFresh Cafeteria Toolkit and ReFresh Classroom Curriculum to incorporate goals of HHFKA, conducting workshops for food service staff implementing HHFKA, and conducting continued evaluation of effectiveness of HHFKA in increasing student fruit and vegetable consumption in the school meals.
- ◆Text2BHealthy – 2011- Created and evaluating a tailored text message program for low-income parents of elementary school students.

- ♦AAEP Women in Agriculture Family Food Security Project in Kabul, Afghanistan – 2011-2017
Conducted train-the-trainer sessions with female extension educators to educate Afghan women to grow food for at-home consumption and resale and cooperatively produce value-added products for resale, prepared data collection instruments for project evaluation.

- ♦Mount Sainai Hospital GrandFamilies Initiative – 2011- 2015
Conducted train-the-trainer sessions for medical residents to teach grandparents raising grandchildren important strategies for promoting nutrition and physical activity among children.

- ♦Feeding for Healthy Eating – 2011-2014
Coordinated curriculum development, pilot testing, and text-based reinforcement for a child care provider and parent feeding practices education program for Maryland FSNE.

- ♦Healthy Cents – 2010-2012
Coordinated curriculum development and pilot testing for a food resource management curriculum for Maryland FSNE.

- ♦Project ReFresh – 2010 – 2012
Managed needs assessment, toolkit development, classroom nutrition education, and cafeteria improvements in a statewide pilot project funded by Team Nutrition. Refine curricular materials and train extension educators on cafeteria and classroom nutrition education.

- ♦Market to Mealtime/Farmers' Market Outreach and Nutrition Education Projects – 2010-
Designed and implemented a pilot project at three metro area farmers' markets to conduct outreach for WIC/SNAP users, conduct and evaluate a fruit and vegetable consumption program, and examine feasibility issues of WIC/ SNAP redemption at farmers' markets. Gemstone Food Deserts students and SPH students contributed to curriculum development, evaluation design, data collection and analysis, and outreach activities. Market to Mealtime provides educational content and food demonstrations/tastings of featured produce available at market. Volunteer training program and vendor training programs in progress.

- ♦Nudge: Exploring Behavior Change through Place, Program, and Policy Design and Redesign – 2009-2012
Designed workshop and trainings to help educators reach choice architects whose design decisions can make health easier for others to perform. Gives educators the tools to work with child care providers, nurses, employers, parents, etc. and focus on new theoretical models of behavior change.

- ♦FSNE Nutrition Literacy Research Project – 2008-2020
Designed one-on-one interview protocol assessing health and nutrition literacy, health behaviors and conditions, food security gaps between nutrition knowledge and behavior, and appropriateness of evaluation tools, consent forms, and curricular materials and messages. Collected qualitative and quantitative data from 219 SNAP-eligible adults.

- ♦FSNE Salad Tables to Kitchen Tables gardening and nutrition education evaluation project – 2008-2009
Developed pre and post measures for gardening/nutrition education project measuring vegetable preferences, attitudes, and consumption among children, seniors, and incarcerated adults. Collected data from 16 program sites.

- ♦FSNE FRESH (Fruits and Veggies Raise Energy for School Health) Project – 2007-2009
Designed, adapted, and revised data collection tools for students, parents, instructional and administrative staff, and food service workers to assess the effectiveness of a school-based nutrition intervention. Collected pre and post data at three program sites.

- ♦FSNE Instrument Design, Data Collection, Analysis, and Reporting – 2007-2009
Designed and/or revised data collection tools for a variety of low-literacy and low-income audiences and collaborator/teacher audiences assessing fruit and vegetable consumption, attitudes, physical activity, integrating nutrition education in the classroom, stages of change, school policies and practices, after-school program curricula, and self-efficacy. Assisted FCS faculty in FCS online post/pre evaluation data analysis. Compiled, entered, and analyzed program evaluation data for FRESH, teacher trainings, WalkWays, RED, qualitative, and post/pre

evaluations. Wrote internal state annual reports and provided educators with extensive data tables displaying evaluation results.

♦FSNE RED (Reporting, Evaluation, and Data) Process Evaluation System – 2006-

Designed online data reporting and evaluation system to collect process evaluation data to suit FSNE, MCE, and USDA FNS reporting requirements. Worked with contractor to develop and improve user interface, multidimensional databases, and customizable reports. Provided training and ongoing support for FSNE staff. Worked with contractor to update and improve system to conform to new reporting needs and reduce data entry errors. Created RED user manuals and self-training materials. RED is currently being considered for adoption by seven state SNAP-Ed programs.

♦Scholarship of Teaching and Learning (SoTL) Research Project – 2006-2013

Designed instrument assessing student experiences in research methods courses, including general and task-specific anxiety, feelings of membership in the professional field, interest in course content, perceptions of relevance of course content, and perceptions of a supportive learning environment. Pre and post data collected from 6 semesters of FMST 302 students and 3 comparison groups of human development and psychology research methods/statistics students. Wrote articles and made presentations on pedagogical approach, instrument design, pre/post findings, and course effectiveness with minority and first generation students.

♦Comparative Child Poverty and Social Policy Research Project – 2006-2010

Analyzed child poverty, family structure, social and family policies, and income redistribution in various countries using the Luxembourg Income Study.

♦Community Food Security Project, Tamavua Village, Fiji, July 2004

Planned and implemented a community gardening project and nutrition education program aimed at combating nutritional deficits and diet-related chronic diseases in a Fijian village.

♦FSNE Program Evaluation, 2003-2006

Worked as graduate research assistant to coordinate FSNE evaluation activities. Drafted evaluation proposals; diagnosed needs, identified priorities, and implemented strategies for program improvement; conceived, crafted, and presented state-wide educator trainings and national conference presentations on data-based decision making in program planning, participatory action research evaluation, increasing program efficacy, and defining and assessing needs in a target population; created and pilot tested various evaluation instruments and other materials.

♦Maryland Family Policy Impact Seminar, 2003-2005

Worked as coordinator of MDFPIS, a series of seminars, deliberations, briefing reports, and policy impact analyses and activities to help inform the family policy decision making of state policymakers. Planned and organized MDFPIS events; moderated health care forums in communities across the state; collected and compiled data on participants' opinions of health care policy problems and solutions; attended Montgomery College Public Policy Institute seminar and moderator training; maintained web materials, MDFPIS publications, and seminar correspondence.

♦Rural Families Speak Research Project, 2002-2005

Worked as graduate research assistant in multi-state study assessing the well-being of rural mothers and their families. Lead development of qualitative coding framework; conducted qualitative analyses, coding, and reliability measures of interview data for protective and risk factors; conducted food security and health analyses, wrote and disseminated Master's thesis, research briefs, and policy briefs.

♦Sages of the Ages: Stories that Touch and Teach, Maryland Cooperative Extension, 2002-2005

Worked as graduate research assistant for Sages of the Ages, an intergenerational storytelling project aimed at increasing the resiliency capacity of teens through sharing older adults' stories about emerging from challenging times. Collected, compiled, coded, analyzed, and presented stories told by older adults; developed, drafted, managed peer review, and edited facilitator's teen's guides for program curriculum; prepared contact, presentation, recruitment, storytelling, and other project materials for dissemination; prepared, organized, and presented workshops and presentations to expand the program; drafted and pilot tested curriculum materials in 4-H and public school settings;

developed web-based materials, logos, publication photography and illustration, and other visual representations of the program; maintained participant contacts.

♦Maryland Cooperative Extension Child Care Provider Training, 2002-2003

Worked as graduate research assistant to develop child care provider trainings for Maryland Cooperative Extension educators to use in providing professional development classes for child care providers. Researched child care training topics; wrote and edited lesson plans; presented new lesson plans and materials to Extension educators, compiled provider training records; maintained web-based provider training schedules.

♦Substance Use Risk Education Project, Department of Psychology, Syracuse University, 2001-2002

Worked as an undergraduate research assistant on a series of studies evaluating brief intervention techniques for college students who engage in risky drinking behaviors, supervised by Dr. Kate Carey. Funding provided by the National Institute for Alcohol Abuse and Alcoholism. Organized and entered data, conducted data analysis; supervised data collections (blood alcohol samples, questionnaires, intervention data, and follow-up); contacted and scheduled participants for intervention; administered written personalized normative feedback interventions.

♦Howard County Public Schools Early Intervention Services, Columbia, Maryland, June 2002-August 2002, June 2003-August 2003 (paid position). Worked as an instructional assistant at a summer program for disabled and developmentally delayed preschoolers administered by the Regional Early Childhood Centers in which children receive special education, therapy, and related services. Responsibilities include curriculum planning, implementing and evaluating Individualized Educational Plan objectives, fostering language, social/communicative, motor, and behavioral development, and promoting child choice, motivation, and experiential learning.

♦Northside Catholic Youth Organization Community Outreach Center, Syracuse, New York, August 1999-May 2002 (volunteer position). Worked as a program mentor for a community center providing family services for a variety of disadvantaged populations, including low-income and single-parent families, neglected and abused children, refugee populations, and children with developmental and behavioral disorders. Responsibilities include after-school program planning and implementation, staff training and leadership, volunteer recruitment and assignment, and family service delivery and referral.

TEACHING AND MENTORING ACTIVITIES

COURSES TAUGHT

Course #	Course Title	Term	Credits	Students
<i>Oregon State University</i>				
NUTR 599	Global Food Security	Spring 2019	3	7
NUTR 423/523	Community Nutrition (Co-taught with E. Tomayko)	Winter 2019	4	36
H 620	Advanced Topics in Global Health Intervention and Practice	Spring 2018	3	4
NUTR 423/523	Community Nutrition (Co-taught with E. Tomayko)	Winter 2018	4	38
NUTR 599	Global Food Security	Spring 2017	3	10
NUTR 423/523	Community Nutrition (Co-taught with E. Tomayko)	Winter 2017	4	54
H 333	Global Public Health (London)	Summer 2016	3	6
H 225	Social and Individual Health Determinants (London)	Summer 2016	4	6
NUTR 599	Global Food Security	Spring 2016	3	7
<i>University of Maryland</i>				
FMSC 879	Preparing Future Faculty and Professionals Seminar	Spring 2014	1	9
FMSC 381	Poverty and Affluence in Families	Spring 2014	3	49
FMSC 660	Program Planning and Evaluation	Fall 2013	3	10
FMSC 879	Preparing Future Faculty and Professionals Seminar	Fall 2013	1	10
GEMS 496	Gemstone Team Project Senior Seminar	Spring 2013	2	11
FMSC 381	Poverty and Affluence in Families	Spring 2013	3	59
GEMS 496	Gemstone Team Project Senior Seminar	Fall 2012	2	8
FMSC 330	Family Theories and Patterns	Spring 2012	3	64

GEMS 396	Gemstone Team Project Junior Seminar	Spring 2012	2	11
GEMS 396	Gemstone Team Project Junior Seminar	Fall 2011	2	11
FMSC 381	Poverty and Affluence in Families	Spring 2011	3	59
GEMS 296	Gemstone Team Project Sophomore Seminar	Spring 2011	2	11
GEMS 296	Gemstone Team Project Sophomore Seminar	Fall 2010	2	11
FMST 330	Family Theories and Patterns	Fall 2009	3	60
FMST 330	Family Theories and Patterns	Spring 2009	3	64
FMST 302	Research Methods in Family Studies	Spring 2007	3	80
FMST 302	Research Methods in Family Studies	Fall 2006	3	80
FMST 302	Research Methods in Family Studies	Spring 2006	3	80
FMST 302	Research Methods in Family Studies	Fall 2005	3	80
FMST 302	Research Methods in Family Studies	Spring 2005	3	82

Howard Community College

SOCI 101	Introduction to Sociology	Fall 2011	3	25
SOCI 101	Introduction to Sociology	Spring 2011	3	25
SOCI 101	Introduction to Sociology	Fall 2010	3	25
SOCI 101	Introduction to Sociology	Spring 2010	3	25
SOCI 101	Introduction to Sociology	Fall 2009	3	25
SOCI 101	Introduction to Sociology	Spring 2009	3	25
SOCI 101	Introduction to Sociology	Fall 2008	3	25
SOCI 101	Introduction to Sociology	Spring 2008	3	25
SOCI 101	Introduction to Sociology	Fall 2007	3	25

INDEPENDENT STUDY

Course #	Course Title	Student	Term	Credits
<i>Oregon State University</i>				
NUTR 406	Project (Food Culture Social Media)	Madeline Nutter	Spring 2019	4
NUTR 401	Research and Scholarship	Luna Nelson	Spring 2019	3
NUTR 401	Research and Scholarship	Tailee Tangonan	Spring 2019	3
NUTR 601	Research and Scholarship	Michael Murphy	Spring 2019	2
NUTR 408	Workshop (Ethiopia)	Marissa Fleskes	Spring 2019	3
H 603	Thesis	Briana Rockler	Winter 2019	6
NUTR 601	Research and Scholarship	Michael Murphy	Winter 2019	2
NUTR 401	Research and Scholarship	Luna Nelson	Winter 2019	3
NUTR 401	Research and Scholarship	Nicole Yusem	Winter 2019	1
NUTR 601	Research and Scholarship	Michael Murphy	Fall 2018	3
H 401	Research and Scholarship	Max Retzlaff	Fall 2018	1
H 401	Research and Scholarship	Monica Marquez	Fall 2018	1
H 401	Research and Scholarship	Jorge Morales	Fall 2018	1
H 601	Research and Scholarship	Fatima Al-Ghadban	Spring 2018	3
H 501	Research and Scholarship	Katrina Mullins	Winter 2018	3
H 509	Practicum	Pax Matipwiri	Fall 2017	3
H 605	Reading and Conference	Nina Roberts	Fall 2017	2
H 509	Practicum	Pax Matipwiri	Summer 2017	4
H 401	Research and Scholarship	Kasey Gilmour	Spring 2017	3
H 601	Research and Scholarship	Fatima Al-Ghadban	Spring 2017	1
H 508	Workshop (Ethiopia)	Micknai Arefaine	Spring 2017	1
H 508	Workshop (Ethiopia)	Virginia Katz	Spring 2017	2
H 508	Workshop (Ethiopia)	Pax Matipwiri	Spring 2017	2
H 508	Workshop (Ethiopia)	Molly Mew	Spring 2017	2
H 508	Workshop (Ethiopia)	Katrina Mullins	Spring 2017	2
H 508	Workshop (Ethiopia)	Anna Osborn	Spring 2017	2
H 401	Research and Scholarship	Kasey Gilmour	Winter 2017	4

H 401	Research and Scholarship	Melissa Meyhoff	Winter 2017	3
H 501	Research and Scholarship	Anna Osborn	Winter 2017	2
NUTR 605	Reading and Conference	Mayra Crespo-Bellido	Winter 2017	2
H 399	Research and Scholarship (London)	Kiana Barr	Summer 2016	2
H 399	Research and Scholarship (London)	Isabel Brady	Summer 2016	2
H 399	Research and Scholarship (London)	Zoe Estes	Summer 2016	2
H 399	Research and Scholarship (London)	Jenna Scheeland	Summer 2016	2
H 399	Research and Scholarship (London)	Kim Schroeder	Summer 2016	2
H 399	Research and Scholarship (London)	Jennifer Smith	Summer 2016	2
H 501	Research and Scholarship	Araya Assfaw	Spring 2016	3

GUEST LECTURES

Course #	Course Title	Lecture Topic	Term
<i>Oregon State University</i>			
H 639	Community-Based Participatory Research	Community engagement in global contexts	Spring 2019
H 100	Introduction to Public Health (Honors)	Development, food systems, and health	Winter 2019
NUTR 104	Orientation to the Nutrition Major	Nutrition and food careers in low-income countries	Fall 2018
H 622	Global Health Systems Policy and Politics	Global governance and the global food system	Fall 2018
H 612	Doctoral Seminar in Health Promotion and Health Behavior	The publication process	Winter 2018
H 100	Introduction to Public Health (Honors)	Agricultural development and public health	Winter 2018
(Non-credit)	Dietetic Internship Program	Food security	Fall 2017
NUTR 104	Orientation to the Nutrition Major	Nutrition and food careers in low-income countries	Fall 2017
NUTR 240	Human Nutrition	Global food security and food systems	Spring 2017
GEOG 103	Human Geography	Food security and agricultural development	Spring 2017
H 576	Program Planning/Proposal Writing in Health and Human Services	Text2BHealthy case study	Spring 2017
(Non-credit)	Certified Northwest	Local food, good nutrition	Spring 2017
H 100	Introduction to Public Health (Honors)	Agricultural development and public health	Winter 2017
ANTH 444/544	Nutritional Anthropology	Gender-equitable agricultural development in Afghanistan and Ethiopia	Winter 2017
HDFS 547	Families in Poverty	Food and families in poverty	Winter 2017
H 576	Program Planning/Proposal Writing in Health and Human Services	Text2BHealthy case study	Spring 2016
H 516	Research Methods in International Health	Mobile health strategies and evaluation	Winter 2016
H 225	Social and Individual Health Determinants	Food, wealth, and health	Winter 2016
NUTR 423/523	Community Nutrition	Mobile health in nutrition education	Winter 2016
NUTR 423/523	Community Nutrition	Program planning and logic model development	Winter 2016
<i>University of Maryland</i>			
CPSP 118F	Global Public Health Scholars: 1st-Year Colloquium	Global food insecurity	Fall 2015

CPSP 218	Global Health Scholars: 2nd-Year Colloquium	Evaluation of global health programs	Spring 2015
CPSP 118F	Global Public Health Scholars: 1st-Year Colloquium	Global food insecurity	Fall 2014
INAG 123	Introduction to Sustainable Agriculture	SNAP-Ed nutrition education programs	Spring 2014
CPSP 218	Global Health Scholars 2nd-Year Colloquium	Evaluation of global health programs	Spring 2014
EPIB 672	Public Health Informatics	Text2Bhealthy case study	Fall 2013
CPSP 118F	Global Public Health Scholars: 1st-Year Colloquium	Global food insecurity	Fall 2013
HE 200	Health Behavior Theory (UMD Shady Grove Public Health Science)	SMS interventions	Spring 2013
CPSP 118F	Global Public Health Scholars: 1st-Year Colloquium	Global food insecurity	Fall 2012
FMST 460	Family Violence	Relationship violence	Fall 2012
FMST 460	Family Violence	Sexualized violence	Fall 2012
SPHL 698L	Health and Literacy	Nutrition numeracy	Fall 2010
FMST 498A	Maternal and Child Health	Nutrition assistance programs	Spring 2010
FMST 105	Individuals and Families in Society	Sexuality in individuals and families	Fall 2003

CURRICULUM DEVELOPMENT – COURSE DESIGN

- ♦NUTR 552: Nutrition Program Management and Evaluation, Oregon State University, 2018-
- ♦H 620: Advanced Topics in Global Health Practice, Oregon State University, 2018
- ♦HDFS 408/508: Community Engagement for Social Change, Advancing Rural and Community Health Equity Summer Leadership Institute, Oregon State University, 2017-2018 (jointly developed with Katherine MacTavish)
- ♦HDFS 447/574: Families in Poverty, Advancing Rural and Community Health Equity Summer Leadership Institute, Oregon State University, 2017 (jointly developed with Katherine MacTavish)
- ♦H 333: Global Public Health, Oregon State University, 2017
- ♦NUTR 423/523: Community Nutrition, Oregon State University, 2016 (jointly developed with Emily Tomayko)
- ♦NUTR 599: Global Food Security, Oregon State University, 2016
- ♦AGNR/SPHL 299: Food Security, Water Quality, and Health Outcomes in Rural Ethiopia (short-term study abroad course), University of Maryland, 2016 (jointly developed with Amanda Rockler)
- ♦FMSC 498A: Poverty, Violence, and Health: Exploring the Wellbeing of Vulnerable Women and Girls in Cambodia (short-term study abroad course), University of Maryland, 2015

CURRICULUM DEVELOPMENT – EXTENSION CURRICULA

- ♦**Grutzmacher**, S., & Rockler, A. (January 2015). Food and Water in Ethiopia. University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD.
- ♦**Grutzmacher**, S., & Rubin, L. (February 2013). Market to Mealtime. Farmers' Market Nutrition Education Project, University of Maryland Extension/FSNE.
- ♦**Grutzmacher**, S., Raquib**, N., & Dudley**, M. (June 2012). Market to Mealtime: Greens, Roots, & Fruits. Farmers' Market Action Team 2012 Nutrition Education Pilot Project, University of Maryland Extension.
- ♦**Grutzmacher**, S. (2011). Team Nutrition Project Cafeteria Intervention Toolkit. University of Maryland Extension.
- ♦Braunscheidel, E., Miller, C., Lachenmayr, L., & **Grutzmacher**, S. (2011). Team Nutrition Project ReFresh Curriculum. University of Maryland Extension/Maryland State Department of Education.
- ♦Speirs, K., Messina*, L., Lachenmayr, L., & **Grutzmacher**, S. (2011). Feeding for Healthy Eating Curriculum for Parents. University of Maryland Extension/FSNE.
- ♦Pearson, M., Kim, J., Munger*, A., Messina*, L., Lachenmayr, L., & **Grutzmacher**, S. (2011). Healthy Cents Curriculum. University of Maryland Extension/FSNE

- ♦Messina*, L., & **Grutzmacher**, S. (2011). Food Smart, Fresh Start. University of Maryland Extension.
- ♦Braun, B. & **Grutzmacher**, S. (2004). Sages of the Ages: Stories that Touch and Teach Family and Consumer Sciences Middle School Curriculum. Maryland Cooperative Extension, University of Maryland.
- ♦Braun, B., **Grutzmacher**, S., & Hoard, L. (2003). Sages of the Ages: Stories that Touch and Teach Facilitator's Guide. Maryland Cooperative Extension, University of Maryland.
- ♦Braun, B., **Grutzmacher**, S., & Hoard, L. (2003). Sages of the Ages: Stories that Touch and Teach Teen's Guide. Maryland Cooperative Extension, University of Maryland.
- ♦**Grutzmacher**, S., Greene**, M., & Holt**, A. (2002). The ABC's of Parent-Provider Communication. Professional development curriculum. Maryland Cooperative Extension, University of Maryland.
- ♦Womack**, S., Shachat**, M.E., Pashkevich**, C., Dyson**, K., **Grutzmacher**, S., & Walker, S. (2002). Discipline and Guidance. Professional development curriculum. Maryland Cooperative Extension, University of Maryland.

STUDENT SUPERVISION, MENTORING, ADVISING, AND RESEARCH

Name	Program	Dates
<i>Oregon State University Graduate Research Assistants</i>		
Virginia Katz	MPH – Global Health	2016-2017
Molly Mew	MPH – Global Health	2017
Katrina Mullins	MPH – Global Health	2017
Mayra Crespo Bellido	PhD – Nutrition	2017-2018
Anna Osborn	MPH – Health Promotion and Health Behavior	2017-2018
Sosseh Didarloo	MA – Child Development Cal State University, Los Angeles	2019-
<i>Oregon State University PhD Advisor and Chair</i>		
Mayra Crespo Bellido (Co-Advisor)	PhD – Nutrition	2015-
Fatima Al-Ghadban (Co-Advisor)	PhD – Health Promotion and Health Behavior	2016-2018
Nina Roberts (Co-Advisor)	PhD – Health Promotion and Health Behavior	2017-2018
Briana Rockler	PhD – Global Health	2017-
Michael Murphy	PhD - Nutrition	2019-
<i>Oregon State University MPH Advisor and Chair</i>		
Virginia Katz	MPH – Global Health	2016-2018
Molly Mew	MPH – Global Health	2016-2018
Katrina Mullins	MPH – Global Health	2016-2018
Aurora Cotto	MPH – Global Health	2017-2019
Minarva Craig	MPH – Global Health	2017-2019
Caitlin Rahn	MPH – Global Health	2018-
Madison Egli	MPH – Global Health	2018-
<i>Oregon State University PhD Committee Service</i>		
Corey Pierce	PhD – Epidemiology	2017
Rebecca Amantia	PhD – Health Promotion and Health Behavior	2017-
Srabashi Ray	PhD – Applied Economics	2017-
Brenda Barrett-Rivera	PhD – Human Development and Family Studies	2017-
Meghann Fenn	PhD – Human Development and Family Studies	2017-
Brianna O'Steen	PhD – Public Policy	2018-
Ellen Alonso Street	PhD - Nutrition	2018-
Laura Arnston	PhD – Global Health	2018-
Kindra Quillen	PhD – Global Health	2018-

Oregon State University Master's Committee Service

Daniel Piquette	MA – Philosophy	2014-2016
Sierra Studnick	MPH – Global Health	2015-2017
Pax Matipwiri	MPH – Global Health	2016-2018
Anna Osborn	MPH – Health Promotion and Health Behavior	2016-2018
Massarra Eiwaz	MPH – Global Health, MA – Applied Anthropology	2016-2019

Oregon State University Undergraduate Research Supervision

Kasey Gilmore (URAP)	Public Health – Health Promotion and Health Behavior	2017
Sarah Sutton	Public Health – Health Promotion and Health Behavior	2017
Melissa Meyhoff	Public Health – Health Promotion and Health Behavior	2017
Tyler Boatright	Nutrition - Dietetics	2017-2018
Chaneye Ballard	Kinesiology	2018
Madeline Nutter	Nutrition – Dietetics	2018-2019
Jasmin Huila	Public Health – Health Promotion and Health Behavior	2018
Ana Tinoco-Gonzalez	Biology	2018
Max Retzlaff	Political Science, Spanish	2018
Lauren (Luna) Nelson	Nutrition	2019-
Nicole Yusem	Nutrition	2019
Tailee Tangonan	Nutrition	2019-
Carly Connell	Public Health - University of Arizona	2019-
Yamilex Ramirez	Family Studies & Human Dev't - University of Arizona	2019-
Annie Vierra	Family Studies & Human Dev't - University of Arizona	2019-
Anna Burtnett	Family Studies & Human Dev't - University of Arizona	2019-
Avelina Rivero	Family Studies & Human Dev't - University of Arizona	2019-
Kiana Munoz	Family Studies & Human Dev't - University of Arizona	2019-
Lindsey Goss	Family Studies & Human Dev't - University of Arizona	2019-
Martina Mendoza	Family Financial Planning - University of Arizona	2019-
Megan Reed	Family Studies & Human Dev't - University of Arizona	2019-

Oregon State University Undergraduate Thesis Committee Service

Emily Baranski	Anthropology	2019
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University of Maryland Graduate Research Assistants (alphabetical)

Sam Allen	MFT – Couple and Family Therapy
Lisa Benson	PhD – Maternal and Child Health
Jessica Brenneman	MFT – Couple and Family Therapy
Morgan Childers	MFT – Couple and Family Therapy
HyeEuh Chung	PhD – Family Science
BreAnna Davis	PhD – Family Science
Andrew Dauler	MFT – Couple and Family Therapy
Ada Determan	PhD – Maternal and Child Health
Amanda Drescher	MFT – Couple and Family Therapy
Jessica DiBari	PhD – Maternal and Child Health
Katheryne Downes	PhD – Maternal and Child Health
Laura Evans	MFT – Couple and Family Therapy, PhD – Family Science
Patty Fanflik	PhD – Family Science
Megan Fitzgerald	MS, PhD – Family Science
India James-Gaskins	MFT – Couple and Family Therapy
Ashwini Gundawar	PhD – Maternal and Child Health
Leanne Juziatiss	MFT – Couple and Family Therapy
Lauren Messina	MFT – Couple and Family Therapy, PhD – Family Science
Stephen Mortensen	MFT – Couple and Family Therapy
Ashley Munger	MFT – Couple and Family Therapy, PhD – Family Science
Katelyn Opel	MFT – Couple and Family Therapy
Ken Parnell	MFT – Couple and Family Therapy
Deanna Pruitt	MFT – Couple and Family Therapy
Deidre Quinn	PhD – Family Science

Tiffani Stevenson Lloyd	MFT – Couple and Family Therapy, PhD – Family Science
Kate Riera	PhD – Family Science
Samantha Skinner	MFT – Couple and Family Therapy
Kate Speirs	PhD – Family Science
Mark Triemel	MFT – Couple and Family Therapy
Yassaman Vafai	PhD – Maternal and Child Health
Anna Vaudin	MS – Nutrition

University of Maryland Graduate Teaching Assistants (alphabetical)

Sarah Bong	FMST 302 – Research Methods in Family Studies
Mili Duggal	FMSC 330 – Family Theories and Patterns
Nicole Forry	FMST 302 – Research Methods in Family Studies
John Hart	FMSC 381 – Families in Poverty
Janet Liechty	FMST 302 – Research Methods in Family Studies
Lauren Messina	FMSC 330 – Family Theories and Patterns
Stephen Mortensen	FMSC 330 – Family Theories and Patterns
Ashley Munger	FMSC 381 – Families in Poverty
Kate Speirs	FMST 302 – Research Methods in Family Studies
Kimberly Van Putten-Gardener	FMST 302 – Research Methods in Family Studies
Colleen Vesely	FMST 302 – Research Methods in Family Studies
Xiao Fang Wang	FMST 302 – Research Methods in Family Studies

University of Maryland PhD Committee Service

Liz Davenport Pollock	PhD – Family Science	2011
Ui Jeong Moon	PhD – Family Science	2012
Jessica DiBari	PhD – Maternal and Child Health	2014
Lauren Messina	PhD – Family Science	2015
Ashley Munger	PhD – Family Science	2015
Katheryne Downes	PhD – Maternal and Child Health	2015
Ada Determan	PhD – Maternal and Child Health	withdrawn

University of Maryland Master's Committee Service

Lauren Messina	MFT – Couple and Family Therapy	2010
Ashley Munger	MFT – Couple and Family Therapy	2011
Sarah Lange	MPH – Public Health Nutrition (Johns Hopkins University)	2015

University of Maryland Capstone/Undergraduate Honors Thesis Committee Service

Ellen Eichenbaum	Individual Studies (Childhood Obesity)	2012
Sam Allen	Family Science	2013
Carrie Marsh (Chair)	Family Science	2013
Anjie Jain	Family Science	2014
Priya Parikh	Individual Studies (Global Public Health)	2016

♦*UMD Research Associates:* Morgan Childers, Laura Evans, Stephen Fleg, Patty Fanflik, Greg Leob, Kaitlyn Moberly, Kate Richard, Kate Riera, Kate Speirs, Dara Winley, Lindsey Zemier

♦*UMD Undergraduate Research Assistants:* Sam Allen, John Baker, Julia Behler, Gian Byrd, Diana Camargo, Pooja Chumble, Ana Coello, Margot Cohen, Rayann Cummings, Micaela D'Avilar, Rachel Feely-Kohl, Stefano Gaspard, Natalie Gaudette, Joanna Gonzales, Chemia Hughes, Angie Jain, Julie Kammerer, Angie Kaufmann, Margo Kline, Sarah Lange, Hanna Lee, Greg Loeb, Andrea Lystrup, Michelle Maurer, Shonique McBayne, Cate McCrory, Kaitlyn Moberly, Alejandro Morales Martinez, Esme Moskowitz, Camilla Nichols, Nnena Nkole, Zainab Okolo, Linda Park, Rachel Posey, Taneeka Richardson, Claudia Roman-Ramos, Pia Rose, Brian Schram, Hayley Seigel, Aerial Smith, Mark Sweet, Jerri Taylor, Lauren Tevelow, Shannon Thompson, Monique Thornton, Norma Trejo, Joanna Townsend, Andy Umanzor, Tatiana Velasco, Joanna Waldman, Lindsey Zemeir

♦*UMD Gemstone Program "Team Food Deserts" Mentees:* Carolina Aguiar, Valerie Caplan, Emma Chang, Sophia Chang, Jennifer Kuo, Moses Lahey, Rutvij Pandya, Kate Richard, Kelci Schexnayder, Monique Thornton, Rachel White

♦*UMD Public Health Without Borders Student Leadership Mentees and Travel Team Members:* Priya Parikh, Hannah Asmail, Anthony Slaton, Hope Loiselle, Jesse Wilson, Katherine Garcia, Cynthia Ennacio, Stephanie Olcese, Greg Raspanti, Joshua Trowell, Robel Tesfay, Jessica Ubogiy, Aimee Tandoi, Precious Ross, Dominic Hosack, Jenni Young, Hillary Craddock, Junaed Siddiqui, Azieb Kidanu

♦*Interns:* Micaela D'Avilar

♦University of Maryland Prevention Research Center CURB: Climbing Up, Reaching Back Mentor, 2013

♦University of Maryland Louis Stokes Alliance for Minority Participation Undergraduate Research Program Mentor, 2014

♦Howard County Public Schools Gifted and Talented Program Mentored Research Program Mentor, 2014-2015

PROFESSIONAL SERVICE AND DEVELOPMENT

PROFESSIONAL SERVICE

Memberships, offices, and committee service in professional organizations:

- ♦*Member*, American Public Health Association, 2009-
 - ~Food and Nutrition Section member, 2009-
 - ~Public Health Education and Health Promotion Section member, 2013-
- ♦*Member*, National Council on Family Relations, 2002-2014
 - ~Public Policy Section member, 2002-2008
- ♦*Member*, American Association of Family and Consumer Sciences, 2002-2010
 - ~Awards and Recognition Committee member, 2007-2010
 - ~Public Policy Committee member, 2002-2005
- ♦*Member*, Society for the Teaching of Psychology, 2007-2009
- ♦*Student Affiliate*, Society for Nutrition Education, 2004-2006
- ♦*Student Affiliate*, American Psychological Association, 2000-2002
- ♦*Member*, Golden Key International Honour Society
- ♦*Member*, National Society of Collegiate Scholars
- ♦*Member*, National Honor Society
- ♦*Member*, Psi Chi, National Honor Society in Psychology

NIH Study Sections:

- ♦Time-Sensitive Obesity Policy and Program Evaluation (PAR-12-257), NIDDK/NIA/NCI/NICHHD, 2015-

Reviewing activities for journals:

- ♦*Reviewer*, Journal of Family and Economic Issues (Jing Jian Xiao, Editor), 2009-
- ♦*Reviewer*, Journal of Nutrition Education and Behavior (Karen Chapman-Novakofski, Editor), 2010-
- ♦*Reviewer*, Journal of Health Care for the Poor and Underserved (Virginia Brennan, Editor), 2010-
- ♦*Reviewer*, Journal of Health Education and Behavior (John Allegrante, Associate Editor), 2014-

Reviewing activities for agencies:

- ♦*Reviewer and Conference Planning Committee Member*, Familias in Acción's 2019 Latino Health Equity Conference, The Power of Nutrition: Seeding Latino Food Equity.
- ♦*Reviewer*, NIFA Division of Community and Education, United States Department of Agriculture Federal Peer Review, Washington, D.C., April 2016. Hispanic-Serving Institutions Education Grants Program.
- ♦*Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2014. American Indians into Psychology Grant Programs.
- ♦*Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2014. American Indians into Medicine Grant Programs.

- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2014. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, 2014 Society for Research in Child Development Special Topic Meeting Strengthening Connections among Child and Family Research, Policy and Practice.
- ♦ *Chair*, Child Care Bureau, Administration on Children, Youth, and Families Federal Peer Review, August 2012. Tribal Maternal, Infant, and Early Childhood Home Visiting Grant Program.
- ♦ *Reviewer*, Family and Youth Services Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Washington, D.C., August 2010. Runaway and Homeless Youth Street Outreach Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2010. Rural Health and Safety Education Grant Program.
- ♦ *Chair*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2010. American Indians into Psychology Grant Programs.
- ♦ *Chair*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2010. American Indians into Medicine Grant Programs.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, October 2009. National Research Initiative Human Nutrition and Obesity Research Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2009. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, June 2009. American Indians into Psychology Grant Programs.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, October 2008. National Research Initiative Human Nutrition and Obesity Research Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2008. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, August 2007. American Indians into Psychology and American Indians into Medicine Grant Programs.
- ♦ *Reviewer*, Family and Youth Services Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Lansdowne, VA., July 2006. Mentoring Children of Prisoners Grant Program.
- ♦ *Reviewer*, Annie E. Casey Foundation and Rural Maryland Council Review, July 2006. Strengthening the Well-Being of Rural Maryland Families Grant Program.
- ♦ *Panel Chairperson*, Child Care Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Herndon, VA, August 2005. Early Learning Opportunities Act Discretionary Grants.
- ♦ *Reviewer*, Annie E. Casey Foundation and Rural Maryland Council Review, July 2005. Strengthening the Well-Being of Rural Maryland Families Grant Program.
- ♦ *Reviewer*, Child Care Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Washington D.C., August 2003. Early Learning Opportunities Act Discretionary Grants.

International activities:

- ♦Malawi Food Security Project, FY17- . Developing a community gardening program to strengthen the capacity of Malamulo Hospital's HIV support group members to grow food, ensure food security and ART adherence, and produce household income to reduce HIV-related vulnerabilities in Blantyre, Malawi.
- ♦Ethiopia Collaborative Professional Development Seminars, FY16- . Developing and facilitating professional development workshops for research and outreach faculty, undergraduate and graduate students, and community change agents in Debre Berhan and Wolkite, Ethiopia.
- ♦Women in Agriculture: Improving Family Food Security, Ethiopia, FY15- . Developing train-the-trainer programs and extension services with three university partners. Engaging public health students in community-based intervention and collaboration among agriculture and public health faculty, staff, and students in Ethiopia.
- ♦University of Maryland Alternative Breaks, Cuenca, Ecuador, May 2014. Supervising a community service-learning trip addressing community development in indigenous populations.
- ♦University of Maryland Engineers without Borders Compone Water Project, Compone, Peru, 2013-2015. Supervising and conducting community education and project evaluation with public health student team. Preparing travel teams (January 2014, August 2014) for project implementation.
- ♦Women in Agriculture: Improving Family Food Security, Kabul, Afghanistan, FY12-FY15. Conducting family food security and nutrition education train-the-trainer programs, Farmer Field Schools, and program evaluation.
- ♦University of Maryland Alternative Breaks, Andros, Bahamas, January 2012. Supervised a community service-learning trip addressing sustainable development and environmental conservation with Andros national parks.
- ♦University of Maryland Alternative Breaks, Lima, Peru, March 2009. Supervised a community service-learning trip addressing community development.
- ♦Community Food Security Project, Tamavua Village, Fiji, July 2004. Planned and implemented a community gardening project and nutrition education program aimed at combating nutritional deficits and diet-related chronic illnesses in a Fijian village.
- ♦Operacion Hogar, Juarez, Mexico, April 1999. Participated in a community housing project during which two cinderblock homes were constructed.

CAMPUS SERVICE

Oregon State University Service:

- ♦*Member*, CPHHS Qualitative Courses Ad-Hoc Committee, 2019-
- ♦*Member*, CPHHS Education Abroad Policy Committee, 2018-
- ♦*Member*, CPHHS Strategic Planning Committee, 2017-2018
- ♦*Member*, CPHHS Curriculum Committee, 2017-2018
- ♦*Member*, CPHHS Mentoring Committee, 2017-2018
- ♦*Co-Chair*, Community Food Systems Steering Committee/Community of Practice, September 2016-
- ♦*Member*, SNAP-Ed Evaluation Committee, January 2016-2017
- ♦*Member*, CPHHS Equity, Inclusion, and Diversity Committee, January 2016-
- ♦*Member*, MPH in Public Health Nutrition Option Development Committee, March 2016-December 2016, February 2019-
- ♦*Member*, PhD in Global Health Option Development Committee, March 2016-June 2016

University of Maryland Family and Consumer Sciences/FSNE/UME Service:

- ♦*Member*, Search Committee for Evaluation Coordinator, Maryland FSNE, October-December 2013
- ♦*Core Member*, FoodSmart Impact Team, University of Maryland Extension, October 2010-June 2013
- ♦*Affiliate Member*, HealthSmart Impact Team, University of Maryland Extension, October 2010- June 2013
- ♦*Core Member*, HealthSmart Impact Team, University of Maryland Extension, September 2009-October 2010
- ♦*Member*, Annual Conference Planning Committee, University of Maryland Extension, August 2008-April 2009
Plan 2009 MCE Annual Conference

- ♦ *Member*, Search Committee, Maryland FSNE, August 2007-June 2009
- ♦ *Member*, Advisory Committee, Maryland FSNE, August 2007-October 2008

University of Maryland Family Studies Departmental and School of Public Health Service:

- ♦ *Advisor*, Public Health without Borders, December 2013-2015
- ♦ *Co-Chair*, Preparing Future Faculty and Professionals, August 2013-2014
- ♦ *Chair*, Awards and Recognition Committee, August 2013-2015
- ♦ *Member*, SPH Community Based Research and Service Committee, March 2009-2013
- ♦ *Member*, Undergraduate Committee, October 2008-2014
- ♦ *Member*, Awards and Recognition Committee, October 2008-2014
- ♦ *Faculty/ Staff Advisor*, Public Health Engaging and Representing (PHEAR), School of Public Health, 2009-2011. Advising leadership of the SPH student group uniting graduate and undergraduate students in various SPH areas of study.
- ♦ *President (2004-'05), Vice-President (2003-'04)*, University of Maryland Council on Family Relations
Initiated and led service, advocacy, and research efforts to promote family well-being and student professional development, including a Family Policy Election Guide, Symposium on Families, undergraduate research awards, undergraduate mentorship program, family service undergraduate mini-grant program, professional development seminar series for graduate and undergraduate students, service projects with the Family Emergency Shelter, Haiti Red Cross, Oaxaca Centro de Esperanza Infantil, Family Service Center, and other organizations, research and issue brief series, and promotion of a campus organization on family issues. Monetary awards, grants, and contributions received from Graduate Student Government, Department of Family Studies, and Dean of the College of Health and Human Performance.

University of Maryland Campus Service:

- ♦ *Member*, University Senate CORE Curriculum Committee, University of Maryland, August 2009-2011
 - ♦ *Community Service Learning Advisor*, Alternative Breaks, University of Maryland Office for Community Service Learning, 2009-2012. Advised undergraduate trip leaders in planning substance-free service learning trips to New York City (HIV/AIDS 2010), Appalachia (Rural Poverty 2010), Appalachia (Rural Education 2010), and South Carolina (Health Care 2010); New York City (HIV/AIDS 2011), North Carolina (Rural Healthcare/Poverty 2011), and South Carolina (Child Health Care 2011); New York City (HIV/AIDS 2012), Virginia (Rural Poverty 2012), South Carolina (Child Health Care 2012), and Asheville, NC (Rural Poverty 2012).
 - ♦ *Faculty/ Staff Advisor*, Alternative Breaks (AB), University of Maryland Office for Community Service Learning, 2007-2015. Advised undergraduate trip leaders in planning a substance-free service learning trips to learn about, volunteer for, and reflect upon social issues and their root causes. Supporting trip leaders in teambuilding and logistical planning. Providing leadership and supervision during AB trips.
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| 2014-2015 | Baltimore, MD | Socioeconomic inequality |
| 2013-2014 | Cuenca, Ecuador | Community and economic development |
| 2012-2013 | Washington, D.C. | Human trafficking |
| 2011-2012 | Andros, Bahamas | Sustainable development and environmental conservation |
| 2009-2010 | Columbia, South Carolina | Maternal and child health |
| 2008-2009 | Lima, Peru | Community and economic development |
| 2007-2008 | Manchester, Kentucky | Rural poverty |

TRAININGS AND OTHER PROFESSIONAL DEVELOPMENT

- ♦ Navigating Bias in Workings and Learning Environments, 2019
- ♦ Self, Society, and Global Awareness: CPHHS EID faculty and student training, 2018
- ♦ Creating Equitable Teaching and Learning Environments, OSU Academic Affairs Social Justice Initiative, 2017
- ♦ National Coalition Building Institute's Welcoming Diversity workshop, 2016
- ♦ University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD, 2015
- ♦ Inter-University Consortium for Political and Social Research (ICPSR) Secondary Data Analysis for Marriage and Family workshop (Fragile Families, National Longitudinal Study of Adolescent Health, National Survey of Family Growth, and the Survey of Income and Program Participation), 2008
- ♦ ICPSR Welfare, Children, and Families: A Three-City Study workshop, 2008
- ♦ University of Maryland Center for Teaching Excellence Undergraduate Teaching and Learning Program certificate, 2007
- ♦ Department of Family Studies Preparing Future Faculty and Professionals Program, 2005-2007

- ♦Americans for Informed Democracy Young Leaders Summit on Global Health: Innovative Solutions to Healthcare in Low Resource Settings, 2006
- ♦Luxembourg Income Study summer workshop, 2005
- ♦University of Maryland Intercultural Dialogue Facilitator Training Workshop, 2004
- ♦Montgomery College Public Policy Institute National Issues Forum Moderator Training, 2003
- ♦People Empowering People Facilitator Training Conference, 2002

SELECTED AWARDS AND RECOGNITION

- ♦Text2BHealthy featured in USDA SNAP-Ed Obesity Prevention Toolkit, 2016
- ♦Project ReFresh featured in USDA SNAP-Ed Obesity Prevention Toolkit, 2016
- ♦Nomination, Graduate School Graduate Faculty Mentor of the Year, University of Maryland, 2015
- ♦Priester Extension Health Award for Innovation, awarded to Text2BHealthy team, 2015
- ♦USDA Secretary's Honor Award in *Increasing Global Food Security*, awarded to AAEP team (multi-institution parent project of WIA Afghanistan), 2014
- ♦Text2BHealthy included in national review of best practices in nutrition education: Baker, S; Auld, G; MacKinnon, C; Ammerman, A; Hanula, G; Lohse, B; Scott, M; Serrano, E; Tucker, E; and Wardlaw, M. (2014). Best Practices in Nutrition Education for Low-Income Audiences. Food and Nutrition Service, USDA.
- ♦Gemstone Program Mentor of the Year Award, 2013
- ♦University of Maryland Research Leader Award, 2011, 2013
- ♦Doris Sands Excellence in Teaching Award, University of Maryland School of Public Health, 2011
- ♦Cindy Winter Scholarship Award, National Council on Family Relations, 2007
- ♦Mary Faulkner Scholarship, Maryland Association of Family and Consumer Sciences, 2007
- ♦Center for Teaching Excellence Lilly East Conference Travel Award, University of Maryland, 2007
- ♦Center for Teaching Excellence Distinguished Teaching Assistant Award, University of Maryland, 2006
- ♦Center for Teaching Excellence Lilly East Conference Travel Award, University of Maryland, 2006
- ♦AAFCS Family Relations and Human Development Student Research award, 2006
- ♦Dean's Scholar, College of Health and Human Performance, University of Maryland, 2006
- ♦AAFCS Jewell L. Taylor National Fellowship, 2004-2005, 2005-2006 (twice awarded)
- ♦Syracuse University Chancellor's Award for Public Service, 2002
- ♦Syracuse University Department of Psychology Outstanding Community Service Award, 2002
- ♦Presidential Student Service Challenge Gold Award (twice awarded), 2001, 2002
- ♦National Society of Collegiate Scholars and America's Promise Scholar of Promise, 2001

MEDIA

- ♦Orange Media Network's Spotlight on Food Insecurity TV program
- ♦Press release addressing Project ReFresh impacts: <http://oregonstate.edu/ua/ncs/archives/2016/sep/nutrition-education-and-simple-cafeteria-changes-leads-healthier-eating>
- ♦London Study Abroad program featured in OSU CPHHS Synergies, Fall 2016. Available at <http://synergies.oregonstate.edu/2016/study-abroad-trip-to-london-brings-public-health-into-focus/>
- ♦Ethiopian delegation featured in OSU CPHHS Synergies, Spring 2016. Available at <http://synergies.oregonstate.edu/2016/blending-of-culture-and-priorities/>
- ♦Ethiopia gardening project featured in OSU CPHHS Synergies, Spring 2016. Available at <http://synergies.oregonstate.edu/2016/trip-to-ethiopia-strengthens-relationships-increases-food-safety-and-nutrition-awareness/>
- ♦Public Health without Borders Compone Project featured in Maryland International, publication of the University of Maryland Office of International Affairs, Spring 2014. Available at <http://issuu.com/vivianhayward/docs/spring1-2014>
- ♦Market to Mealtime materials featured in 2014 Maryland WIC magazine circulated to 40,000 WIC participants
- ♦Market to Mealtime materials featured in 2013 Maryland WIC magazine circulated to 40,000 WIC participants
- ♦Empowering Afghan Women through Agriculture featured in MomentUM, University of Maryland College of Agriculture and Natural Resources magazine, 11(2), Spring 2013. Available at https://agmr.umd.edu/sites/default/files/_docs/newsletters/MomentUMSpring2013.pdf
- ♦Market to Mealtime Gives Low-Income Marylanders More Healthy Food Options featured in UMD Between the Columns magazine, Fall 2012
- ♦Market to Mealtime: UME Nutrition Educators Push Greens, Roots, and Fruits, UMD AGNR News Feature, Fall 2012. Available at <http://agmr.umd.edu/news/market-mealtime>.

- ♦Empowering Women in the War Zone: UME Goes to Afghanistan, UMD AGNR News Feature, Summer 2012. Available at <http://agnr.umd.edu/news/empowering-women-war-zone>.
- ♦Diving Headfirst: Five University Officials Travel to Afghanistan, The Diamondback, Summer 2012. Available at http://www.diamondbackonline.com/news/campus/article_81dda7e0-f26f-11e1-af2e-001a4bcf6878.html.
- ♦Project ReFresh featured in IMPACT section of Terp Magazine, Winter 2011. Available at <http://www.terp.umd.edu/4.7/impact/>
- ♦Featured in UMD Center for Teaching Excellence newsletter interview about best practices, 2007