

STEPHANIE K. GRUTZMACHER

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EDUCATION

Doctor of Philosophy in Family Studies, August 2007

University of Maryland, College Park, Maryland

Dissertation: Family structure and income redistribution policies: Comparing child poverty outcomes in Canada, the United Kingdom, and the United States

Master of Science in Family Studies, May 2004

University of Maryland, College Park, Maryland

Thesis: The influence of food-related life skills on food security in rural, low-income families

Bachelor of Science in Psychology, *Magna Cum Laude*, May 2002

Bachelor of Science in Communication & Rhetoric, *Magna Cum Laude*, May 2002

Syracuse University, Syracuse, New York

EMPLOYMENT HISTORY

Assistant Professor	Nutrition, Global Health School of Biological and Population Health, College of Public Health and Human Sciences, Oregon State University Affiliate Faculty, Health Promotion and Health Behavior	9/15-
Research Assistant Professor/ Extension Family Specialist/ Faculty Research Associate	Department of Family Science, School of Public Health & University of Maryland Extension, University of Maryland, College Park Faculty Associate, Hershel S. Horowitz Center for Health Literacy	10/08-06/15
Evaluation Coordinator/ Associate Faculty Agent	Maryland Food Stamp Nutrition Education, Maryland Cooperative Extension, University of Maryland, College Park	8/07-10/08
Adjunct Professor in Sociology	Department of Social Sciences, Howard Community College	08/07-12/11

RESEARCH ACTIVITIES

*Denotes student collaborator

**Denotes community collaborator or Extension educator

ARTICLES IN REFEREED JOURNALS

♦Song, H.J., **Grutzmacher**, S., & Munger*, A. (2016). Project ReFresh: Testing the efficacy of a school-based nutrition intervention to improve fruit and vegetable consumption in elementary school children. *Journal of School Health*, 86(7), 543-551. DOI: 10.1111/josh.12404.

♦Davis*, B., **Grutzmacher**, S., & Munger*, A. (2016). Utilization of social support among food insecure individuals: A qualitative examination of network strategies and appraisals. *Journal of Hunger and Environmental Nutrition*, 11(2), 162-179. DOI: 10.1080/19320248.2015.1066731.

♦Munger*, A., Hofferth, S., & **Grutzmacher**, S. (2016). The role of the Supplemental Nutrition Assistance Program in the relationship between food insecurity and probability of maternal depression. *Journal of Hunger and Environmental Nutrition*, 11(2), 147-161. DOI: 10.1080/19320248.2015.1045672.

♦Speirs, K., **Grutzmacher**, S., Munger*, A., & Messina*, L. (2016). Recruitment and retention in an SMS-based health education program: Lessons learned from Text2BHealthy. *Health Informatics Journal*, 22(3), 651-658. DOI: 10.1177/1460458215577995.

- ♦Munger*, A., Stevenson*, T., Speirs, K., Riera, K., & **Grutzmacher**, S. (2015). More than just not enough: Experiences of food insecurity for Latino immigrants. *Journal of Immigrant and Minority Health*, 17(5), 1548-56. DOI: 10.1007/s10903-014-0124-6.
- ♦Wilcox**, C.S., **Grutzmacher**, S., Ramsing**, R., Balch**, C., Rockler**, A., Safi**, M., & Hanson, J. (2015). From the field: Empowering women to improve family food security in Afghanistan. *Renewable Agriculture and Food Systems*, 30(1), 15-21. DOI: 10.1017/S1742170514000209.
- ♦Song, H.J., **Grutzmacher**, S., & Kostenko**, J. (2014). Personal weight status classification and health literacy among Supplemental Nutrition Assistance Program participants. *Journal of Community Health*, 39(3), 446-453. DOI: 10.1007/s10900-013-9796-4.
- ♦Speirs, K., Munger*, A., Messina*, L., & **Grutzmacher**, S. (2012). Health literacy and nutrition behaviors among low-income adults. *Journal of Health Care for the Poor and Underserved*, 23(3), 1082-1091. DOI: 10.1353/hpu.2012.0113.
- ♦**Grutzmacher**, S., & Gross, S. (2011). Household food security and fruit and vegetable intake among low-income 4th graders. *Journal of Nutrition Education and Behavior*, 43(6), 455-463. DOI: 10.1016/j.jneb.2010.10.004.
- ♦**Grutzmacher**, S. & Braun, B. (2008). Key differences between food secure and food insecure mothers in rural, low-income families: An analysis of three waves of the Rural Families Speak study. *Journal of Hunger and Environmental Nutrition*, 2(2-3), 81-92. DOI: 10.1080/19320240801891487.

CHAPTERS

- ♦**Grutzmacher**, S., Gross, S., & Munger*, A. (2012). Food insecurity and vegetable consumption. In C. Wilson, & M. Morree (Eds.), *Vegetable consumption and health: New research* (pp. 1-20). Hauppauge, NY: Nova Publishers.

MANUSCRIPTS UNDER REVIEW/IN PREPARATION

- ♦**Grutzmacher**, S., Braunscheidel Duru, E., Speirs, K., Worthington, L., Munger, A., & Lachenmayr, L. (Under review). Using text messages to engage low-income parents in school-based nutrition education.
- ♦**Grutzmacher**, S., Munger, A., Speirs, K., Richard, K., Zemier, L., & Worthington, L. (Under review). Feasibility of bidirectional text messages in evaluating a text-based nutrition education program for low-income parents: Results from the Text2BHealthy program.
- ♦**Grutzmacher**, S., Quinn*, D., Richard, K., & Rubin, L. (Under review). Market to Mealtime: Increasing fruit and vegetable consumption through farmers' market and food pantry education.
- ♦**Grutzmacher**, S., Braunscheidel Duru, E., Munger, A., Richard, K., Lopes, M., Booker, S., Mackey, L., Miller, C., & Lachenmayr, L. Project ReFresh: Integrating classroom and cafeteria strategies to increase student fruit and vegetable consumption.
- ♦**Grutzmacher**, S., Messina*, L., Downes*, K., & Munger*, A. Newest Vital Sign and the measurement of numeracy.
- ♦**Grutzmacher**, S., Munger, A., Speirs, K., Hilberg, E.M., Vafai*, Y., & Downes*, K. Predictors of retention in a text-based nutrition education program.
- ♦Messina*, L., **Grutzmacher**, S., Munger, A. & Smith-Bynum, M. Feeding practices and family eating patterns of low-income, African-American parents.
- ♦Speirs, K., **Grutzmacher**, S., & Munger, A. Demographic differences in enrollment among parents targeted for a text-based nutrition education program.
- ♦**Grutzmacher**, S., Munger, A., Speirs, K., Finkbeiner, N., Worthington, L., Zemier, L., Braunscheidel, E., & Lachenmayr, L. Behavioral outcomes of a text-based nutrition education for low-income parents.

- ♦**Grutzmacher**, S., Davis*, B., Munger*, A., Speirs, K., & Rubin, L. Feeding for Healthy Eating: The use of text messages as a reinforcement in face-to-face nutrition education.
- ♦Richard, K., **Grutzmacher**, S., Pandya, R., Thornton, M., Caplan, V., Aguiar, C., Kuo, J., White, R., Chang, E., Lahey, M., Shexnayder, K., & Chang, S. The effect of parental self-efficacy on home nutrition environment quality.
- ♦Munger, A.*, **Grutzmacher**, S., Fanflik*, P., & Stevenson*, T. Navigating and negotiating social support networks: How low-income men experience persistent food insecurity and acquisition.
- ♦**Grutzmacher**, S., Liechty, J., Speirs, K., & Vesely, C. Evaluating experiential pedagogy to foster student success across race and class differences.
- ♦**Grutzmacher**, S., & Lachenmayr, L. Developing an online process evaluation system for SNAP-Ed.

MONOGRAPHS, REPORTS, AND EXTENSION PUBLICATIONS

Evaluation reports:

- ♦Richard, K., **Grutzmacher**, S., & Kessel, W. (May 2015). GrandFamilies Initiative Evaluation Report. University of Maryland School of Public Health.
- ♦**Grutzmacher**, S., Quinn*, D., & Downes*, K. (May 2014). Text2BHealthy School Report Series. Food Supplement Nutrition Education, University of Maryland Extension.
- ♦Childers*, M., Lange*, S., & **Grutzmacher**, S. (August 2012). Project ReFresh Promising Practices. University of Maryland Extension.
- ♦**Grutzmacher**, S., Messina*, L., & Speirs, K. (2010). The Maryland Nutrition and Health Literacy Study. University of Maryland Extension.
- ♦**Grutzmacher**, S. (2007). Maryland FSNE FY 2007 RED Evaluation Results. Maryland Cooperative Extension, University of Maryland.
- ♦Gross, S., & **Grutzmacher**, S. (2007). Maryland FSNE FY 2007 FRESH Evaluation Results. Maryland Cooperative Extension, University of Maryland.
- ♦**Grutzmacher**, S. (2007). Maryland FSNE FY 2007 Adult Program Evaluation Results. Maryland Cooperative Extension, University of Maryland.
- ♦Opel*, K., & **Grutzmacher**, S. (2007). Maryland FSNE FY 2007 Qualitative Evaluation Results. Maryland Cooperative Extension, University of Maryland.
- ♦**Grutzmacher**, S. (2007). Maryland FSNE FY 2007 WalkWays Evaluation Results. Maryland Cooperative Extension, University of Maryland.
- ♦**Grutzmacher**, S. & Braun, B. (2005). FSNE Annual Evaluation Report. Maryland Cooperative Extension, University of Maryland.
- ♦Anderson, E.A. & **Grutzmacher**, S. (2005). Dads Make a Difference Program Evaluation Report. Maryland Cooperative Extension, University of Maryland.
- ♦**Grutzmacher**, S. & Braun, B. (2004). FSNE Annual Evaluation Report. Maryland Cooperative Extension, University of Maryland.

Other:

- ♦**Grutzmacher**, S. (2006). Engaging students in policy issues: How students created a family policy election guide for the 2004 Presidential election. NCFR March Family Focus on Policy.

- ♦**Grutzmacher, S. & Braun, B.** (2005). Intergenerational community programming: Fostering resilience among adolescents and meeting the psychosocial needs of older adults. NCFR September Family Focus on Aging.
- ♦**Grutzmacher, S. & Kaye, S., Eds.** (2004). Family: Who Shares Your Priorities? An election guide from the University of Maryland Council on Family Relations and the Maryland Family Policy Impact Seminar, University of Maryland.
- ♦**Grutzmacher, S.** (2004). Examining Health Care: What's the Public's Prescription? A look at Maryland citizen's thinking on health care reform. Policy brief prepared for the Maryland Family Policy Impact Seminar, University of Maryland.
- ♦**Grutzmacher, S.** (2004). Food Resource Management: Key to Food Security Outcomes among Rural, Low-Income Families. Policy brief prepared for the Maryland Family Policy Impact Seminar, University of Maryland.

WORKSHOPS AND PRESENTATIONS

Invited talks:

- ♦**Grutzmacher, S.** (May 2016). Opportunities to integrate mobile health strategies in medicine and community health education. Talk given at the Debre Berhan University 3rd International Research Symposium. Debre Berhan, Ethiopia.
- ♦**Grutzmacher, S.** (February 2016). Mobile health: Opportunities to improve health literacy and nutrition behaviors. Talk given to the Moore Family Center for Whole Grain Foods, Nutrition, and Preventive Health's 2016 Food, Nutrition, and Health Update. Portland, OR.
- ♦**Grutzmacher, S.** (February 2014). Connecting family, school, and community-based nutrition education: Research and practice. Talk given at the University of Illinois Urbana-Champaign Center for Family Resilience. Urbana-Champaign, IL.
- ♦**Balch**, C., Grutzmacher, S., & Rockler**, A.** (October 2012). Afghanistan Agricultural Extension Project's Extending the Garden: Empowering women to improve family food security. Presentation given to the College Park Rotary Club, Greenbelt, MD.
- ♦**Grutzmacher, S., Speirs, K., Braunscheidel, E., & Lachenmayr, L.** (June 2012). Text2BHealthy. Presentation given to the Office of Health Information Technology and Quality at the Health Resources and Services Administration. Rockville, MD.
- ♦**Grutzmacher, S.** (November 2011). Food insecurity and food assistance in Maryland. Presentation given at the Center for Agricultural and Natural Resource Policy's Agricultural Outlook and Policy Conference. Annapolis, MD.
- ♦**Grutzmacher, S.** (November 2011). Family involvement in obesity prevention. Talk given at the University of Maryland Baltimore Summit on Childhood Obesity. Baltimore, MD.
- ♦**Grutzmacher, S. & Messina*, L.** (October 2011). Making ends meet in Maryland: Food insecurity and coping as observed in the Maryland Health and Nutrition Literacy Study. Presentation given at the Maryland Food and Nutrition Network meeting. Baltimore, MD.
- ♦**Grutzmacher, S. & Messina*, L.** (September 2011). Making ends meet in Maryland: Food insecurity and coping as observed in the Maryland Health and Nutrition Literacy Study. In-service training given to the staff of the Baltimore County Department of Social Services. Baltimore, MD.
- ♦**Grutzmacher, S.** (September 2010). Food and nutrition policy and food assistance in Maryland. Presentation given at the LEAD Maryland Foundation Fellows Seminar. Baltimore, MD.
- ♦**Grutzmacher, S.** (April 2010). Nutrition beliefs, behaviors, and literacy among low-income Marylanders. Presentation given at the Maryland Dietetic Association Annual Meeting. Linthicum, MD.

♦**Grutzmacher**, S. (February 2008). Collecting Process Data for EARS Reporting: Maryland's RED System. Presentation given at the Food and Nutrition Service Mid-Atlantic Regional Annual Meeting. Mt. Laurel, NJ.

♦**Grutzmacher**, S. (February 2008). Maryland's RED System. Presentation given at the Food and Nutrition Service Nutrition Education and Administrative Reporting System Training. Mt. Laurel, NJ.

♦**Grutzmacher**, S. (April 2006). Food security, food resource management, and health among low-income families. Invited presentation given at Share Our Strength's Operation Frontline Annual Retreat. Baltimore, MD.

Refereed conference presentations:

♦**Grutzmacher**, S., Munger, A., Worthington, L., Finkbeiner, N., Speirs, K., Zemier, L., Braunscheidel, E., & Lachenmayr, L. (May 2017) Incorporating text messages into health education and health promotion programs. Workshop submitted to the National Health Outreach Conference, Annapolis, MD.

♦**Grutzmacher**, S., Munger, A., Finkbeiner, N., Speirs, K., Zemier, L., Worthington, L., Braunscheidel, E., & Lachenmayr, L. (November 2016). Text2BHealthy: An outcome evaluation for a targeted, text message-based nutrition education program for low-income parents. Paper presented at the American Public Health Association Annual Conference, Denver, CO.

♦Finkbeiner, N., Zemier, L., **Grutzmacher**, S., Worthington, L., & Bortnick, A. (November 2015). Evaluation considerations in the development of multi-lingual texting programs. Paper presented at the American Evaluation Association, Chicago, IL.

♦Vafai*, Y. Munger, A., **Grutzmacher**, S., Downes, K., Zemeir, L., Worthington, L., Braunscheidel Duru, E., Finkbeiner, N., & Lachenmayr, L. (November 2015). Retaining participants in a text-message health promotion program: A survival analysis of dose and message content. Paper presented at the American Public Health Association Annual Conference, Chicago, IL.

♦**Grutzmacher**, S., Zemier, L., Worthington, L., Braunscheidel Duru, E., Munger, A., Finkbeiner, N., & Lachenmayr, L. (November 2015). Using text messages for real-time evaluation in health programming: Increasing response rates through reminder texts. Paper presented at the American Public Health Association Annual Conference, Chicago, IL.

♦Garcia-Rosales*, K., Ennaco*, C., Foust*, A., Parikh*, P., Kramer*, R., Olcese*, S., Raspanti, G., Jascheck, G., **Grutzmacher**, S., De Silva, G., Maring, L., & Lovell, D. (November 2015). Water chlorination and health education: Collaborating to decrease water contamination and water-related illness in rural Peru. Poster presented at the American Public Health Association Annual Conference, Chicago, IL.

♦**Grutzmacher**, S. (November 2014). Empowering Afghan women to improve family food security. Paper presented at the National Council on Family Relations Annual Conference, Baltimore, MD.

♦Lachenmayr, L., Finkbeiner, N., Braunscheidel Duru, E., & **Grutzmacher**, S. (November 2014). Connecting students, parents, and the school environment: Multi-level interventions to promote health behaviors among school-aged youth. Paper presented at the American Public Health Association Annual Conference, New Orleans, LA.

♦Jascheck*, G., **Grutzmacher**, S., Maring, L., & Raspanti*, G. (November 2014). Community engagement and community organizing: A case study in Peru. Paper presented at the American Public Health Association Annual Conference, New Orleans, LA.

♦Worthington, L., Braunscheidel Duru, E., Lachenmayr, L., & **Grutzmacher**, S., (October 2014). Recruiting and retaining participants in a school-based texting program. Poster presented at the Academy of Nutrition and Dietetics Food & Nutrition Conference, Atlanta, GA.

♦Munger*, A., Lloyd*, T., Speirs, K., Riera, K., & **Grutzmacher**, S. (July 2014). Experiences of food insecurity for undocumented Latino immigrants. Poster presented at the Hispanic-Serving Health Professions Schools (HSHPS) Professional Development Workshop, Rockville, MD.

- ♦Humberson**, T., **Grutzmacher**, S., Finkbeiner, N., & Rubin, L (June 2014). Mobile food drops: Partnerships moving nutrition education through Maryland. Poster presented at the Society for Nutrition Education and Behavior Annual Conference, Milwaukee, WI.
- ♦Maring, L., Raspanti*, G., Jascheck*, G., Farmer, C., Hogan*, K., Lovell, D., & **Grutzmacher**, S., Parikh, P., & Olcese, S. (May 2014). Engineering and public health: An interdisciplinary approach to addressing water quality in Compone, Peru. Presentation given at the Consortium of Universities for Global Health Conference, Washington, D.C.
- ♦**Grutzmacher**, S., Munger*, A., & Davis*, B., Braunscheidel, E., Lachenmayr, L., & Kostenko**, J. (November 2013). Using text messages for health promotion. Learning Institute workshop presented at the American Public Health Association Annual Conference, Boston, MA.
- ♦**Grutzmacher**, S., & Braunscheidel, E. (October 2013). Reaching hard-to-reach audiences: Engaging low-income parents in child nutrition. Panel presented at the Maryland Food Access and Nutrition Network's Fighting Hunger in Maryland Conference, Baltimore, MD.
- ♦Speirs, K. & **Grutzmacher**, S. (August 2013). Text2BHealthy: Lessons learned in implementing a text-based nutrition education program for parents. Poster presented at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR.
- ♦Mackey**, L., **Grutzmacher**, S., & Miller, C. (August 2013). Simple strategies to nudge students towards health: How to "ReFresh" the school environment. Poster presented at the Society for Nutrition Education and Behavior Annual Conference, Portland, OR.
- ♦**Grutzmacher**, S. (April 2013). Recruitment and retention strategies for a text message-based nutrition education program. Presentation given at the Priester Extension Health Conference, Corvallis, OR.
- ♦Messina*, L., **Grutzmacher**, S., & Speirs, K. (November 2012). Text2BHealthy: Text-based obesity prevention program. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- ♦Liechty, J., **Grutzmacher**, S., Speirs, K., & Braun, B. (November 2012). Health literacy and families: Implications for parent and child outcomes. Multi-project poster symposium presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- ♦Stevenson*, T., Munger*, A., Speirs, K., Riera, K., & **Grutzmacher**, S. (November 2012). More than just "not enough": Latino immigrants' food insecurity experiences. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- ♦**Grutzmacher**, S., & Braunscheidel, E. (October 2012). Text2BHealthy: Development of a text message-based nutrition education program. Paper presented at the American Public Health Association Annual Conference, San Francisco, CA.
- ♦**Grutzmacher**, S., & DiBari*, J. (October 2012). Project ReFresh: Integrating classroom nutrition education and cafeteria-based environmental changes to improve school nutrition environments. Paper presented at the American Public Health Association Annual Conference, San Francisco, CA.
- Worthington, L., Braunscheidel, E., Lachenmayr, L., **Grutzmacher**, S., Speirs*, K., DiBari*, J., Messina*, L., & Munger*, A. (September 2012). Text2BHealthy: A pilot nutrition texting program targeting parents of school-aged children. Paper presented at the Academy of Nutrition and Dietetics Annual Food and Nutrition Conference, Philadelphia, PA.
- ♦Speirs*, K., Munger*, A., & **Grutzmacher**, S. (April 2012). Using Focus Groups to Develop a Text Message-Based Nutrition Education Program. Presentation given at the Priester Extension Health Conference, Washington, D.C.
- ♦**Grutzmacher**, S., Speirs*, K., & Munger*, A. (April 2012). Text2BHealthy: Development of a text message-based health promotion program. Workshop given at the Priester Extension Health Conference, Washington, D.C.

- ♦**Grutzmacher**, S., & DiBari*, J. (April 2012). Project ReFresh: Integrating classroom nutrition education and cafeteria-based environmental changes to improve school nutrition environments. Workshop given at the Priester Extension Health Conference, Washington, D.C.
- ♦Stevenson*, T., Munger*, A., & **Grutzmacher**, S. (November 2011). Making ends meet without a public safety net: Experiences of food insecurity among undocumented Latino immigrants. Paper presented at the American Public Health Association Annual Conference, Washington, D.C.
- ♦Stevenson*, T., Munger*, A., & **Grutzmacher**, S. (November 2011). Access to culturally preferred foods: A meaningful part of the experience of food insecurity for low-income Latino immigrants. Roundtable presented at the American Public Health Association Annual Conference, Washington, D.C.
- ♦**Grutzmacher**, S., & Messina*, L. (November 2011). Newest Vital Sign and the measurement of numeracy. Poster presented at the American Public Health Association Annual Conference, Washington, D.C.
- ♦Messina*, L., **Grutzmacher**, S., & Smith-Bynum, M. (November 2011). Feeding practices and family eating patterns of low-income, African American parents. Paper presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- ♦**Grutzmacher**, S., & Stevenson*, T. (November 2010). Nudge: Changing behavior through healthy choice architecture. Learning Institute presented at the American Public Health Association Annual Conference, Denver, CO.
- ♦**Grutzmacher**, S., & Kostenko**, J. (November 2010). Role of food product packaging, advertising, and public health nutrition messages in the nutrition knowledge of low-income adults. Paper presented at the American Public Health Association Annual Conference, Denver, CO.
- ♦Evans*, L., **Grutzmacher**, S., & Speirs*, K. (November 2010). The Influence of Household Food Security on Parental Feeding Practices. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
- ♦Kostenko**, J., & **Grutzmacher**, S. (July 2010). Self-perceptions of overweight and obesity versus BMI calculations using self-reported height and weight. Poster presented at the Society for Nutrition Education Conference in Reno, NV.
- ♦**Grutzmacher**, S., & Stevenson*, T. (April 2010). Nudge: Changing behavior through healthy choice architecture. Workshop presented at the Priester Extension Health Conference, Mobile, AL.
- ♦**Grutzmacher**, S., & Speirs*, K. (April 2010). Numeracy and other barriers to behavior change among SNAP-eligible adults: Findings from the Nutrition Literacy Study. Paper presented at the Priester Extension Health Conference, Mobile, AL.
- ♦**Grutzmacher**, S., & Gross, S. (November 2009). Household food security and fruit and vegetable intake among low-income 4th graders. Paper presented at the American Public Health Association Annual Conference, Philadelphia, PA.
- ♦**Grutzmacher**, S. (November 2009). Nutrition literacy among Food stamp eligible adults: Implications for nutrition label, MyPyramid, and food advertising policies. Poster presented at the American Public Health Association Annual Conference, Philadelphia, PA.
- ♦**Grutzmacher**, S., Lachenmayr, L., &Kostenko**, J. (November 2009). Plain language for nutrition education: Lessons in health literacy from Food Stamp clients. Poster presented at the American Public Health Association Annual Conference, Philadelphia, PA.

- ♦**Grutzmacher**, S., & Gross, S. (July 2009). Household food security and fruit and vegetable intake among low-income 4th graders. Paper presented at the Society for Nutrition Education Annual Conference, New Orleans, LA.
- ♦Traunfeld, J., Carlson**, C., Mackey**, L., & **Grutzmacher**, S. (May 2009). University of Maryland Salad Tables. Program showcase presented at Children, Youth, and Families At Risk Annual Conference, Baltimore, MD.
- ♦**Grutzmacher**, S. (January 2009). Preparing undergraduates for success in research: An analysis of experiential pedagogy in research methods courses. Oral presentation given at the Society for Social Work and Research Conference, New Orleans, LA.
- ♦**Grutzmacher**, S. (November 2008). Child poverty and income redistribution policies: A comparative analysis and critique. Poster presented the National Council on Family Relations Annual Conference, Little Rock, AR.
- ♦**Grutzmacher**, S. & Liechty, J. (October 2008). Experiential learning in research methods classes: Can group projects enhance student success? Workshop presented at the Council on Social Work Education Conference, Philadelphia, PA.
- ♦Liechty, J. & **Grutzmacher**, S. (October 2008). Health literacy: New opportunities for social work leadership in healthcare settings. Paper presented at the Council on Social Work Education Conference, Philadelphia, PA.
- ♦Lachenmayr, L., **Grutzmacher**, S., & Braun, B. (July 2008). Maryland FSNE Adult Program Evaluation. Poster presented at the Society for Nutrition Education Annual Conference. Atlanta, GA.
- ♦**Grutzmacher**, S. (January 2008). Family structure and income redistribution policies: Predicting child poverty outcomes in Canada, the United Kingdom, and the United States. Paper presented at the Society for Social Work Research Annual Conference, Washington, D.C.
- ♦**Grutzmacher**, S., Liechty, J., Speirs, K., & Vesely, C. (November 2007). Evaluating experiential pedagogy to foster student success across race and class differences. Paper presented at the National Council on Family Relations Annual Conference, Pittsburgh, PA.
- ♦**Grutzmacher**, S. & Liechty, J. (April 2007). Do I have to take this class? Assessing and minimizing psychological barriers to learning using Kolb's Experiential Learning Cycle. Workshop presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
- ♦**Grutzmacher**, S. (February 2007). Addressing students' psychological barriers to learning through experiential learning. Presentation given at the Innovations in Teaching and Learning Conference, College Park, MD.
- ♦**Grutzmacher**, S. & Liechty, J. (November 2006). Engaging undergraduates in a research methods course through experiential learning. Paper presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
- ♦Kaye, S. & **Grutzmacher**, S. (November 2006). Discipline socialization through NCFR student affiliates. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.
- ♦Braun, B., **Grutzmacher**, S., & Williams, S. (November 2006). Sizing Up America: Engaging citizens in obesity as a public policy issue. Presentation withdrawn from the American Public Health Association Annual Conference, Boston, MA due to schedule conflicts.
- ♦**Grutzmacher**, S. (November 2006). Enhancing staff reflection in participatory action research evaluation: The use of local evaluation findings in Extension program planning. Demonstration session presented at the American Evaluation Association Annual Conference, Portland, OR.
- ♦**Grutzmacher**, S. & Forry, N. (June 2006). Poverty and income redistribution in single parent families: The United States in comparative perspective. Poster presented at the American Association of Family and Consumer Sciences Annual Convention, Charlotte, NC.

- ♦Scott, W., **Grutzmacher**, S. & Forry, N. (June 2006). Enhancing cultural competence in childhood obesity programs. Poster presented at the American Association of Family and Consumer Sciences Annual Convention, Charlotte, NC.
- ♦**Grutzmacher**, S. & Liechty, J. (April 2006). Engaging undergraduates in a social science research methods course through experiential learning: The student research project and symposium approach. Poster presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
- ♦Liechty, J. & **Grutzmacher**, S. (April 2006). Designing a SOTL study: Using web-based journals to assess and improve the relevancy of seminar content in a Service-Learning/Internship course. Poster presented at the Lilly-East Conference on College and University Teaching, Newark, DE.
- ♦**Grutzmacher**, S & Forry, N. (November 2005). Inequality and poverty in the U.S.: A comparative critique of Social policy. Poster presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- ♦Forry, N., McClintock-Comeaux, M., Kuvalanka, K., **Grutzmacher**, S., & Fitzgerald, M. (November 2005). Building relationship education models for use with same-sex couples. Paper presented at the National Council on Family Relations Annual Conference, Phoenix, AZ.
- ♦**Grutzmacher**, S. (September 2005). Participatory Action Research in FSNE program evaluation. Presentation given at the Food and Nutrition Service National Nutrition Education Conference, Crystal City, VA.
- ♦**Grutzmacher**, S. (July 2005). Food security, food resource management, and health among rural, low-income families: Implications for nutrition education with limited resource populations. Presentation given at the Society for Nutrition Education Annual Conference, Orlando, FL.
- ♦**Grutzmacher**, S. (June 2005). Feeding Fiji: Challenges in improving public health through local interventions. Workshop presented at the International Rural Network Conference, Abington, VA.
- ♦**Grutzmacher**, S. (May 2005). Improving FSNEP program efficacy through Participatory Action Research. Workshop presented at the USDA Children, Youth, and Families at Risk Annual Conference, Boston, MA.
- ♦**Grutzmacher**, S. (November 2004). Influence of food-related life skills on food security in rural, low-income families. Poster presented at the National Council on Family Relations Annual Conference, Orlando, FL.
- ♦**Grutzmacher**, S. (September 2004). Food security in rural, low-income families. Poster presented at the Tools for Social Justice Research and Scholarship Day, Consortium on Race, Gender, and Ethnicity, University of Maryland, College Park, MD.
- ♦**Grutzmacher**, S. (June 2004). Examining health care: What's the public's prescription? Poster presented at the 2004 American Association of Family and Consumer Sciences Annual Convention, San Diego, CA.
- ♦**Grutzmacher**, S. (April, 2004). Examining health care: What's the public's prescription? Poster presented at the 2004 National Council on Family Relations/American Association of Family and Consumer Sciences Public Policy Conference, Washington, DC.
- ♦Braun, B. & **Grutzmacher**, S. (April, 2004). Sages of the Ages: Stories that Touch and Teach. Poster presented at the 2004 Gerontology Scholarship Program, College Park, MD.
- ♦Braun, B., **Grutzmacher**, S., & Hoard, L. (October 2003). Sages of the Ages: Stories that Touch and Teach. Roundtable presented at the 2003 Generations United International Conference, Alexandria, VA.

Extension workshops:

- ♦Worthington, L. (presenter), Finkbeiner, N. (presenter), **Grutzmacher**, S., Lachenmayr, L., & Braunscheidel, E. (January 2016). Lessons learned from incorporating a text message-based program into elementary schools. Society of Nutrition Education and Behavior webinar sponsored by SNEB Communications Division and Association of Snap-Ed Nutrition Networks Social Marketing Committee.

- ♦**Grutzmacher**, S. (November 2014). Text2BHealthy Outcomes. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
- ♦**Grutzmacher**, S. (November 2014). Changes in SNAP Participation, Demographics, and Policy. Workshop given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
- ♦**Grutzmacher**, S. (September 2014). Key Messages, Program Planning, and Evaluation in *Women in Agriculture*. Workshops given at Debre Berhan University, Bahir Dar University, and Wolkite University in Ethiopia.
- ♦**Grutzmacher**, S. (May 2014). Market to Mealtime: Volunteer Training. Workshop given at the Family League of Baltimore, Baltimore, MD.
- ♦Braunscheidel, E. & **Grutzmacher**, S. (December 2013). Text2BHealthy: Outcome Evaluation. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
- ♦Rubin, L. & **Grutzmacher**, S. (December 2013). Market to Mealtime: Expansion and Outcome Evaluation. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Annapolis, MD.
- ♦Braunscheidel, E. & **Grutzmacher**, S. (July 2013). Text2BHealthy: Years One and Two in Review, Next Steps for Year Three. Presentation given at the Maryland Food Supplement Nutrition Education Summer Conference, Beltsville, MD.
- ♦Rubin, L. & **Grutzmacher**, S. (April 2013). Market to Mealtime: Updates and Next Steps. Presentation given at the Maryland Food Supplement Nutrition Education Spring Conference, Columbia, MD.
- ♦Ramsing**, B., Rockler**, A., & **Grutzmacher**, S. (February 2013). Afghanistan Family Food Security Project. In-service training for Afghan extension educators. Kabul, Afghanistan.
- ♦**Grutzmacher**, S. (November 2012). Local and National Changes in SNAP Benefits and Participants. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦Braunscheidel, E. & **Grutzmacher**, S. (November 2012). Text2BHealthy: Updates and Next Steps. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦Ramsing**, B., Balch**, C., Rockler**, A., & **Grutzmacher**, S. (July 2012). Afghanistan Family Food Security Project. In-service training for Afghan extension educators. Kabul, Afghanistan.
- ♦**Grutzmacher**, S., Raquib**, N., & Dudley**, M. (June 2012). Market to Mealtime: Greens, Roots, and Fruits. In-service training for Farmers' Market Action Team Summer 2012 Nutrition Education Pilot Project, Langley Park, MD.
- ♦**Grutzmacher**, S. (June 2012). Project ReFresh Evaluation Results. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.
- ♦**Grutzmacher**, S. (January 2012). Text message programs with low-income audiences. Presentation given to the NAL-FNIC/UMCP Dietetic Internship Joint Class Day. Beltsville, MD.
- ♦Braunscheidel, E., & **Grutzmacher**, S. (December 2011). Technology tools and strategies to support Extension programming. Presentation given at the UME Family and Consumer Sciences program day, Ellicott City, MD.
- ♦Braunscheidel, E., Worthington, L., & **Grutzmacher**, S. (November 2011). Texting with Low-Income Audiences. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Frederick, MD.
- ♦Miller, C., Braunscheidel, E., & **Grutzmacher**, S. (August 2011). Project ReFresh Curriculum Training. In-Service provided for Team Nutrition Project ReFresh educators, Columbia, MD.
- ♦**Grutzmacher**, S., Eidel**, S., Dzmiera**, J., & Griffith**, B. (April 2011). Project ReFresh Grant Training. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.

- ♦**Grutzmacher**, S., Eidel**, S., Dzmiera**, J., & Griffith**, B. (February 2011). Project ReFresh Behavioral Economics Training. In-service provided for Team Nutrition Project ReFresh county teams, Columbia, MD.
- ♦**Grutzmacher**, S. (November 2010). Family influences on children's fruit and vegetable consumption. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦Kostenko**, J., & **Grutzmacher**, S. (November 2010). Self-perceptions and self-report of BMI. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦Speirs*, K., Messina*, L., & **Grutzmacher**, S. (November 2010). Food security and parental feeding practices. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦Braun, B., & **Grutzmacher**, S. (March 2010). Health literacy 101: A prescription to improve program outcomes across disciplines. In-Service provided for University of Maryland Extension educators, College Park, MD.
- ♦**Grutzmacher**, S., & Speirs, K. (November 2009). Findings from the Nutrition Literacy Study. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦**Grutzmacher**, S. (November 2008). Social Programs for Maryland's Low-Income Families. Presentation given at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦**Grutzmacher**, S. (November 2008). FSNE Evaluation Report FY08 and FY09 Evaluation Plans. Report and training presented at the Maryland Food Supplement Nutrition Education Annual Conference, Columbia, MD.
- ♦**Grutzmacher**, S. (February 2008). Food Prices, Poverty, and Health Behavior Data. Report presented at the Maryland Food Stamp Nutrition Education Program Proposal Workshop, Columbia, MD.
- ♦**Grutzmacher**, S. (November 2007). FSNE Evaluation Report FY 2007. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
- ♦**Grutzmacher**, S. (August 2007). FSNE Walk the Line evaluation training. Training given for the Maryland Food Stamp Nutrition Education Program, College Park, MD.
- ♦**Grutzmacher**, S., & Lachenmayr, L. (October 2006). FSNE RED training. Training given for the Maryland Food Stamp Nutrition Education Program, College Park, MD.
- ♦Braun, B. & **Grutzmacher**, S. (March 2006). Participatory Action Research: Data-Based Decision-Making and Program Planning. Report presented at the Maryland Food Stamp Nutrition Education Program Spring Conference, Columbia, MD.
- ♦Braun, B. & **Grutzmacher**, S. (November 2005). FSNEP Evaluation Report 2004-2005. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Columbia, MD.
- ♦Braun, B. & **Grutzmacher**, S. (November 2005). Assessing need and reaching the target population. Presentation given at the Annual Maryland Food Stamp Nutrition Education Program Conference, Columbia, MD.
- ♦Braun, B. & **Grutzmacher**, S. (November 2004). FSNEP Evaluation Report 2003-2004. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
- ♦Braun, B. & **Grutzmacher**, S. (September 2003). FSNEP Evaluation Report 2002-2003: Data matters. Report presented at the Annual Maryland Food Stamp Nutrition Education Program Conference, Annapolis, MD.
- ♦**Grutzmacher**, S. & Greene**, M. (October 2002). The ABC's of Parent-Provider Communication. Curriculum presentation at the Maryland Cooperative Extension Family and Consumer Science Extension Educator's Semi-Annual Training, College Park, MD.

Non-refereed conference presentations and campus talks:

- ♦**Grutzmacher**, S. (January 2016). Recruitment, retention, and reminder strategies in a targeted, text message-based nutrition education program for low-income parents. Talk given at Oregon State University CPHHS Research Seminar Series, Corvallis, OR.
- ♦**Grutzmacher**, S. (May 2014). Food panelist for University of Maryland Alumni Association's Fearless Event Series, Arlington, VA.
- ♦**Grutzmacher**, S. (April 2014). SNAP-Ed programming in Maryland. Talk given to the Institute of Applied Agriculture's Sustainable Tuesdays Lecture Series, College Park, MD.
- ♦**Grutzmacher**, S. (February 2013). Nutrition and obesity: Challenges and opportunities. Talk given at the University of Maryland Chapter of the American Medical Student Association. College Park, MD.
- ♦**Grutzmacher**, S. (November 2010). Global hunger challenges and opportunities. Talk given at the University of Maryland Oxfam Chapter Hunger Week Banquet. College Park, MD.
- ♦**Grutzmacher**, S. (November 2007). Food security, health, and food policy. Invited presentation given for the Maryland Council on Family Relations, College Park, MD.

SELECTED RESEARCH AND EXTENSION PROJECTS

- ♦School Gardening Project in Debre Berhan, Ethiopia – 2014-
Developing school-based, community-driven gardening project to facilitate the provision of vegetable production, nutrition education, food distribution, and vegetable social marketing activities to address food security and vitamin A deficiency among vulnerable families. Capacity building and professional development activities for Debre Berhan University faculty and students and Debre Berhan school and community professionals.
- ♦Women in Agriculture Family Food Security Project in Ethiopia – 2014-
Developing train-the-trainer program with three Ethiopian universities to educate women to grow food for at-home consumption and resale.
- ♦UME/MSDE Healthy Hunger-Free Kids Act Project – 2012-
Revising ReFresh Cafeteria Toolkit and ReFresh Classroom Curriculum to incorporate goals of HHFKA, conducting workshops for food service staff implementing HHFKA, and conducting continued evaluation of effectiveness of HHFKA in increasing student fruit and vegetable consumption in the school meals.
- ♦Text2BHealthy – 2011-
Created and evaluating a tailored text message program for low-income parents of elementary school students.
- ♦AAEP Women in Agriculture Family Food Security Project in Kabul, Afghanistan – 2011-
Conducting train-the-trainer sessions with female extension educators to educate Afghan women to grow food for at-home consumption and resale.
- ♦Mount Sainai Hospital GrandFamilies Initiative – 2011- 2015
Conducting train-the-trainer sessions for medical residents to teach grandparents raising grandchildren important strategies for promoting nutrition and physical activity among children.
- ♦Feeding for Healthy Eating – 2011-2014
Coordinated curriculum development, pilot testing, and text-based reinforcement for a child care provider and parent feeding practices education program for Maryland FSNE.
- ♦Healthy Cents – 2010-2012
Coordinated curriculum development and pilot testing for a food resource management curriculum for Maryland FSNE.
- ♦Project ReFresh – 2010 – 2012

Managed needs assessment, toolkit development, classroom nutrition education, and cafeteria improvements in a statewide pilot project funded by Team Nutrition. Refine curricular materials and train extension educators on cafeteria and classroom nutrition education.

♦Market to Mealtime/Farmers' Market Outreach and Nutrition Education Projects – 2010-

Designed and implemented a pilot project at three metro area farmers' markets to conduct outreach for WIC/SNAP users, conduct and evaluate a fruit and vegetable consumption program, and examine feasibility issues of WIC/ SNAP redemption at farmers' markets. Gemstone Food Deserts students and SPH students contributed to curriculum development, evaluation design, data collection and analysis, and outreach activities. Market to Mealtime provides educational content and food demonstrations/tastings of featured produce available at market. Volunteer training program and vendor training programs in progress.

♦Nudge: Exploring Behavior Change through Place, Program, and Policy Design and Redesign – 2009-2012

Designed workshop and trainings to help educators reach choice architects whose design decisions can make health easier for others to perform. Gives educators the tools to work with child care providers, nurses, employers, parents, etc. and focus on new theoretical models of behavior change.

♦FSNE Nutrition Literacy Research Project – 2008-

Designed one-on-one interview protocol assessing health and nutrition literacy, health behaviors and conditions, food security gaps between nutrition knowledge and behavior, and appropriateness of evaluation tools, consent forms, and curricular materials and messages. Collected qualitative and quantitative data from 219 SNAP-eligible adults.

♦FSNE Salad Tables to Kitchen Tables gardening and nutrition education evaluation project – 2008-2009

Developed pre and post measures for gardening/nutrition education project measuring vegetable preferences, attitudes, and consumption among children, seniors, and incarcerated adults. Collected data from 16 program sites.

♦FSNE FRESH (Fruits and Veggies Raise Energy for School Health) Project – 2007-2009

Designed, adapted, and revised data collection tools for students, parents, instructional and administrative staff, and food service workers to assess the effectiveness of a school-based nutrition intervention. Collected pre and post data at three program sites.

♦FSNE Instrument Design, Data Collection, Analysis, and Reporting – 2007-2009

Designed and/or revised data collection tools for a variety of low-literacy and low-income audiences and collaborator/teacher audiences assessing fruit and vegetable consumption, attitudes, physical activity, integrating nutrition education in the classroom, stages of change, school policies and practices, after-school program curricula, and self-efficacy. Assisted FCS faculty in FCS online post/pre evaluation data analysis. Compiled, entered, and analyzed program evaluation data for FRESH, teacher trainings, WalkWays, RED, qualitative, and post/pre evaluations. Wrote internal state annual reports and provided educators with extensive data tables displaying evaluation results.

♦FSNE RED (Reporting, Evaluation, and Data) Process Evaluation System – 2006-

Designed online data reporting and evaluation system to collect process evaluation data to suit FSNE, MCE, and USDA FNS reporting requirements. Worked with contractor to develop and improve user interface, multidimensional databases, and customizable reports. Provided training and ongoing support for FSNE staff. Worked with contractor to update and improve system to conform to new reporting needs and reduce data entry errors. Created RED user manuals and self-training materials. RED is currently being considered for adoption by seven state SNAP-Ed programs.

♦Scholarship of Teaching and Learning (SoTL) Research Project – 2006-

Designed instrument assessing student experiences in research methods courses, including general and task-specific anxiety, feelings of membership in the professional field, interest in course content, perceptions of relevance of course content, and perceptions of a supportive learning environment. Pre and post data collected from 6 semesters of FMST 302 students and 3 comparison groups of human development and psychology research methods/statistics students. Wrote articles and made presentations on pedagogical approach, instrument design, pre/post findings, and course effectiveness with minority and first generation students.

♦Comparative Child Poverty and Social Policy Research Project – 2006-

Analyzed child poverty, family structure, social and family policies, and income redistribution in various countries using the Luxembourg Income Study. Wrote articles and made presentations on findings, implications, and policy criticisms.

♦Community Food Security Project, Tamavua Village, Fiji, July 2004. Planned and implemented a community gardening project and nutrition education program aimed at combating nutritional deficits and diet-related chronic illnesses in a Fijian village.

♦FSNE Program Evaluation, 2003-2006

Worked as graduate research assistant to coordinate FSNE evaluation activities. Drafted evaluation proposals; diagnosed needs, identified priorities, and implemented strategies for program improvement; conceived, crafted, and presented state-wide educator trainings and national conference presentations on data-based decision making in program planning, participatory action research evaluation, increasing program efficacy, and defining and assessing needs in a target population; created and pilot tested various evaluation instruments and other materials.

♦Maryland Family Policy Impact Seminar, 2003-2005

Worked as coordinator of MDFPIS, a series of seminars, deliberations, briefing reports, and policy impact analyses and activities to help inform the family policy decision making of state policymakers. Planned and organized MDFPIS events; moderated health care forums in communities across the state; collected and compiled data on participants' opinions of health care policy problems and solutions; attended Montgomery College Public Policy Institute seminar and moderator training; maintained web materials, MDFPIS publications, and seminar correspondence.

♦Rural Families Speak Research Project, 2002-2005

Worked as graduate research assistant in multi-state study assessing the well-being of rural mothers and their families. Lead development of qualitative coding framework; conducted qualitative analyses, coding, and reliability measures of interview data for protective and risk factors; conducted food security and health analyses, wrote and disseminated Master's thesis, research briefs, and policy briefs.

♦Sages of the Ages: Stories that Touch and Teach, Maryland Cooperative Extension, 2002-2005

Worked as graduate research assistant for Sages of the Ages, an intergenerational storytelling project aimed at increasing the resiliency capacity of teens through sharing older adults' stories about emerging from challenging times. Collected, compiled, coded, analyzed, and presented stories told by older adults; developed, drafted, managed peer review, and edited facilitator's teen's guides for program curriculum; prepared contact, presentation, recruitment, storytelling, and other project materials for dissemination; prepared, organized, and presented workshops and presentations to expand the program; drafted and pilot tested curriculum materials in 4-H and public school settings; developed web-based materials, logos, publication photography and illustration, and other visual representations of the program; maintained participant contacts.

♦Maryland Cooperative Extension Child Care Provider Training, 2002-2003

Worked as graduate research assistant to develop child care provider trainings for Maryland Cooperative Extension educators to use in providing professional development classes for child care providers. Researched child care training topics; wrote and edited lesson plans; presented new lesson plans and materials to Extension educators, compiled provider training records; maintained web-based provider training schedules.

♦Substance Use Risk Education Project, Department of Psychology, Syracuse University, 2001-2002

Worked as an undergraduate research assistant on a series of studies evaluating brief intervention techniques for college students who engage in risky drinking behaviors, supervised by Dr. Kate Carey. Funding provided by the National Institute for Alcohol Abuse and Alcoholism. Organized and entered data, conducted data analysis; supervised data collections (blood alcohol samples, questionnaires, intervention data, and follow-up); contacted and scheduled participants for intervention; administered written personalized normative feedback interventions.

♦Howard County Public Schools Early Intervention Services, Columbia, Maryland, June 2002-August 2002, June 2003-August 2003 (paid position). Worked as an instructional assistant at a summer program for disabled and developmentally delayed preschoolers administered by the Regional Early Childhood Centers in which children

receive special education, therapy, and related services. Responsibilities include curriculum planning, implementing and evaluating Individualized Educational Plan objectives, fostering language, social/communicative, motor, and behavioral development, and promoting child choice, motivation, and experiential learning.

♦Northside Catholic Youth Organization Community Outreach Center, Syracuse, New York, August 1999-May 2002 (volunteer position). Worked as a program mentor for a community center providing family services for a variety of disadvantaged populations, including low-income and single-parent families, neglected and abused children, refugee populations, and children with developmental and behavioral disorders. Responsibilities include after-school program planning and implementation, staff training and leadership, volunteer recruitment and assignment, and family service delivery and referral.

SELECTED GRANTS AND CONTRACTS

Current:

♦USDA NIFA AFRI National Research Initiative Childhood Obesity Prevention Grant. Generating Rural Options for Weight (GROW) Healthy Kids and Communities: Extension Upstream Strategies for Obesity Prevention. \$4,090,897 requested for 5 years. Under review. Role: Co-PD.

♦USDA International Extension Development Subcontract via University of California-Davis Afghanistan Agricultural Extension Project. Improving Family Food Security in Afghanistan. \$1,125,081 for FY12-15. Role: Co-I. USAID phase two funds, \$19,800,000 to prime for FY15-FY17. No formal role in phase two.

Completed:

♦USDA Healthy Hunger-Free Kids Act Implementation Grant. Incorporating HHFKA into Project ReFresh. \$169,572 for FY13-FY15. Role: Co-PD.

♦Food Stamp Nutrition Education Program Evaluation Project FY15. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$210,000. (Contract) Role: Project Leader.

♦Mount Sainai Hospital GrandFamilies Initiative. Anonymous Donor Funding. \$50,000. Role: Co-I.

♦University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD. \$5,000 to develop interdisciplinary community nutrition and water course in Ethiopia.

♦Food Stamp Nutrition Education Program Evaluation Project FY14. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$125,629. (Contract) Role: Project Leader.

♦Food Stamp Nutrition Education Program Evaluation Project FY13. Developed research program plan and budget included in the Maryland FSNE State Proposal. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$168,650. (Contract) Role: Project Leader.

♦Maryland Department of Agriculture Specialty Crops FY13 Block Grant. Eat Fresh Maryland: Increasing Maryland fruit and vegetable sales to WIC participants at farmers' markets through an expanded statewide network. \$20,000. Collaboration with Crossroads Community Food Network.

♦USDA Food and Nutrition Service Team Nutrition Training Grant. Refresh Teams: Increasing fruit and vegetable selection in the cafeteria through environmental nudges. \$291,000 for FY11-12. Role: Co-PD.

♦USDA AFRI National Research Initiative Childhood Obesity Prevention Conference Grant. Parental feeding practices, core nutrition messages, and the prevention of obesity among preschool children. \$49,644 for FY11. Role: PI.

♦FoodSmart Impact Team Funding. Funding to support Farmers' Market initiatives. \$17,000. Role: PI.

- ◆FoodSmart Impact Team Funding. Funding to support Project ReFresh initiatives. \$19,000. Role: Co-I.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY12. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$94,650. (Contract) Role: PI
- ◆Food Supplement Nutrition Education Program Evaluation Project FY11. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$99,303. (Contract) Role: PI
- ◆Food Stamp Nutrition Education Program Evaluation Project FY10. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$29,331. (Contract) Role: PI.
- ◆Food Stamp Nutrition Education Program Evaluation Project FY09. Funded by the USDA Food and Nutrition Service and Maryland Department of Human Resources. \$102,449. (Contract) Role: PI.

TEACHING AND MENTORING ACTIVITIES

COURSES TAUGHT

- ◆H 333: Global Public Health, Oregon State University, 2016 (Summer program in London)
- ◆H 225: Social and Individual Health Determinants, Oregon State University, 2016 (Summer program in London)
- ◆NUTR 599: Food Security, Oregon State University, 2016-
- ◆FMSC 660: Program Planning and Evaluation, University of Maryland, 2013
- ◆FMSC 879: Preparing Future Faculty and Professionals Seminar (Co-Taught), University of Maryland, 2013-2014
- ◆FMSC 381: Poverty and Affluence, University of Maryland, 2011-2014
- ◆GEMS 296-7/396-7/496-7: Gemstone Team Project Seminar, University of Maryland, 2010-2013
- ◆FMSC 399: Independent Study in Family Science, University of Maryland, 2010-2015
- ◆FMST 330: Family Theories and Patterns, University of Maryland, 2009-2011
- ◆SOCI 101: Introduction to Sociology, Howard Community College, 2007-2011
- ◆FMST 302: Research Methods in Family Studies, University of Maryland, 2005-2007

Course design:

- ◆NUTR 599: Global Food Security, Oregon State University, 2016
- ◆AGNR/SPHL 299: Food Security, Water Quality, and Health Outcomes in Rural Ethiopia (short-term study abroad course), University of Maryland, 2016
- ◆FMSC 498A: Poverty, Violence, and Health: Exploring the Wellbeing of Vulnerable Women and Girls in Cambodia (short-term study abroad course), University of Maryland, 2015

Guest lectures:

- ◆H 516 – Research Methods in International Health: Mobile health strategies and evaluation, Oregon State University
- ◆H 225 – Social and Individual Health Determinants: Food, wealth, and health, Oregon State University
- ◆NUTR 423 – Community Nutrition: Mobile health in nutrition education, Oregon State University
- ◆NUTR 423 – Community Nutrition: Program planning and logic model development, Oregon State University
- ◆INAG 123 – Introduction to Sustainable Agriculture: SNAP-Ed nutrition education programs, University of Maryland
- ◆CPSP 218 – Second-Year Colloquium: Evaluation of global health programs, University of Maryland
- ◆EPIB 672 – Public Health Informatics: Text2BHealthy case study, University of Maryland
- ◆FMST 460 – Family Violence: Relationship violence, University of Maryland
- ◆FMST 460 – Family Violence: Sexualized violence, University of Maryland
- ◆FMST 105 – Individuals and Families in Society: Sexuality in individuals and families, University of Maryland
- ◆FMST 498A – Maternal and Child Health: Nutrition assistance programs, University of Maryland
- ◆SPHL 698L – Health and Literacy: Nutrition numeracy, University of Maryland
- ◆CPSP 118F – UMD College Park Scholars Global Public Health Colloquium: Global food insecurity (3 semesters)
- ◆Health Behavior Theory/Social Marketing: SMS interventions (UMD Shady Grove Public Health Science Program)

CURRICULUM DEVELOPMENT

- ♦ **Grutzmacher**, S., & Rockler, A. (January 2015). Food and Water in Ethiopia. University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD.
- ♦ **Grutzmacher**, S., & Rubin, L. (February 2013). Market to Mealtime. Farmers' Market Nutrition Education Project, University of Maryland Extension/FSNE.
- ♦ **Grutzmacher**, S., Raquib**, N., & Dudley**, M. (June 2012). Market to Mealtime: Greens, Roots, & Fruits. Farmers' Market Action Team 2012 Nutrition Education Pilot Project, University of Maryland Extension.
- ♦ **Grutzmacher**, S. (2011). Team Nutrition Project Cafeteria Intervention Toolkit. University of Maryland Extension.
- ♦ Braunscheidel, E., Miller, C., Lachenmayr, L., & **Grutzmacher**, S. (2011). Team Nutrition Project ReFresh Curriculum. University of Maryland Extension/Maryland State Department of Education.
- ♦ Speirs, K., Messina*, L., Lachenmayr, L., & **Grutzmacher**, S. (2011). Feeding for Healthy Eating Curriculum for Parents. University of Maryland Extension/FSNE.
- ♦ Pearson, M., Kim, J., Munger*, A., Messina*, L., Lachenmayr, L., & **Grutzmacher**, S. (2011). Healthy Cents Curriculum. University of Maryland Extension/FSNE
- ♦ Messina*, L., & **Grutzmacher**, S. (2011). Food Smart, Fresh Start. University of Maryland Extension.
- ♦ Braun, B. & **Grutzmacher**, S. (2004). Sages of the Ages: Stories that Touch and Teach Family and Consumer Sciences Middle School Curriculum. Maryland Cooperative Extension, University of Maryland.
- ♦ Braun, B., **Grutzmacher**, S., & Hoard, L. (2003). Sages of the Ages: Stories that Touch and Teach Facilitator's Guide. Maryland Cooperative Extension, University of Maryland.
- ♦ Braun, B., **Grutzmacher**, S., & Hoard, L. (2003). Sages of the Ages: Stories that Touch and Teach Teen's Guide. Maryland Cooperative Extension, University of Maryland.
- ♦ **Grutzmacher**, S., Greene**, M., & Holt**, A. (2002). The ABC's of Parent-Provider Communication. Professional development curriculum. Maryland Cooperative Extension, University of Maryland.
- ♦ Womack**, S., Shachat**, M.E., Pashkevich**, C., Dyson**, K., **Grutzmacher**, S., & Walker, S. (2002). Discipline and Guidance. Professional development curriculum. Maryland Cooperative Extension, University of Maryland.

SUPERVISION, MENTORING, AND STUDENT RESEARCH ADVISING

- ♦ *Research Associates*: Morgan Childers, Laura Evans, Stephen Fleg, Patty Fanflik, Greg Leob, Kaitlyn Moberly, Kate Richard, Kate Riera, Kate Speirs, Dara Winley, Lindsey Zemier
- ♦ *Graduate Research Assistants*: Sam Allen, Lisa Benson, Jessica Brenneman, Morgan Childers, HyeEun Chung, BreAnna Davis, Andrew Dauler, Ada Determan, Amanda Drescher, Jessica DiBari, Katherine Downes, Laura Evans, Patty Fanflik, Megan Fitzgerald, India James-Gaskins, Ashwini Gundawar, Leanne Juziatis, Virginia Katz, Lauren Messina, Stephen Mortensen, Ashley Munger, Katelyn Opel, Ken Parnell, Deanna Pruitt, Deirdre Quinn, Tiffani Stevenson, Kate Riera, Samantha Skinner, Kate Speirs, Mark Triemel, Yassaman Vafai, Anna Vaudin
- ♦ *Undergraduate Research Assistants*: Sam Allen, John Baker, Julia Behler, Gian Byrd, Diana Camargo, Pooja Chumble, Ana Coello, Margot Cohen, Rayann Cummings, Micaela D'Avilar, Rachel Feely-Kohl, Stefano Gaspard, Natalie Gaudette, Joanna Gonzales, Chemia Hughes, Angie Jain, Julie Kammerer, Angie Kaufmann, Margo Kline, Sarah Lange, Hanna Lee, Greg Loeb, Andrea Lystrup, Michelle Maurer, Shonique McBayne, Cate McCrory, Kaitlyn Moberly, Alejandro Morales Martinez, Esme Moskowitz, Camilla Nichols, Nnena Nkole, Zainab Okolo, Linda Park, Rachel Posey, Taneeka Richardson, Claudia Roman-Ramos, Pia Rose, Brian Schram, Hayley Seigel, Aerial Smith, Mark Sweet, Jerri Taylor, Lauren Tevelow, Shannon Thompson, Monique Thornton, Norma Trejo, Joanna Townsend, Andy Umanzor, Tatiana Velasco, Joanna Waldman, Lindsey Zemeir

♦*Gemstone Program “Team Food Deserts” Mentees:* Carolina Aguiar, Valerie Caplan, Emma Chang, Sophia Chang, Jennifer Kuo, Moses Lahey, Rutvij Pandya, Kate Richard, Kelci Schexnayder, Monique Thornton, Rachel White

♦*Public Health Without Borders Student Leadership Mentees and Travel Team Members:* Priya Parikh, Hannah Asmail, Anthony Slaton, Hope Loiselle, Jesse Wilson, Katherine Garcia, Cindy Ennacio, Stephanie Olcese, Greg Raspanti, Joshua Trowell, Robel Tesfay, Jessica Ubogiy, Aimee Tandoi, Precious Ross, Dominic Hosack, Jenni Young, Hillary Craddock, Junaed Siddiqui, Azieb Kidanu

♦*Interns:* Micaela D’Avilar

♦*Teaching Assistants:* Sarah Bong, Mili Duggal, Nicole Forry, John Hart, Janet Liechty, Lauren Messina, Stephen Mortensen, Ashley Munger, Kate Speirs, Kimberly Van Putten-Gardener, Colleen Vesely, Xiao Fang Wang

Capstone/Undergraduate Honors Review Committee Service

- ♦Priya Parikh – Individual Studies, University of Maryland, 2016 (Reader)
- ♦Sarah Lange – MPH, Johns Hopkins University, 2015 (Reader)
- ♦Anjie Jain – Family Science, University of Maryland, 2014 (Reader)
- ♦Carrie Marsh – Family Science, University of Maryland, 2013 (Chair)
- ♦Sam Allen – Family Science, University of Maryland, 2013 (Reader)
- ♦Ellen Eichenbaum – Family Science, University of Maryland, 2012 (Reader)

Master’s Thesis Committee Service

- ♦Daniel Piquette – Philosophy, Oregon State University, 2016
- ♦Ashley Munger – Couple and Family Therapy, University of Maryland, 2011
- ♦Lauren Messina – Couple and Family Therapy, University of Maryland, 2010

Doctoral Dissertation Committee Service

- ♦Mayra Crespo Bellido – Nutrition, Oregon State University
- ♦Ada Determan – Maternal and Child Health, University of Maryland
- ♦Katheryne Downes, Maternal and Child Health, University of Maryland, 2015
- ♦Ashley Munger, Family Science, University of Maryland, 2015
- ♦Lauren Messina – Family Science, University of Maryland, 2015
- ♦Jessica DiBari – Maternal and Child Health, University of Maryland, 2014
- ♦Ui Jeong Moon – Family Science, University of Maryland, 2012
- ♦Liz Davenport Pollock – Family Science, University of Maryland, 2011

University of Maryland Prevention Research Center CURB: Climbing Up, Reaching Back Mentor, 2013

University of Maryland Louis Stokes Alliance for Minority Participation Undergraduate Research Program Mentor, 2014

Howard County Public Schools Gifted and Talented Program Mentored Research Program Mentor, 2014-2015

PROFESSIONAL SERVICE AND DEVELOPMENT

PROFESSIONAL SERVICE

Memberships, offices, and committee service in professional organizations:

- ♦*Member*, American Public Health Association, 2009-
~Food and Nutrition Section member, 2009-
~Public Health Education and Health Promotion Section member, 2013-
- ♦*Member*, National Council on Family Relations, 2002-2014
~Public Policy Section member, 2002-2008
- ♦*Member*, American Association of Family and Consumer Sciences, 2002-2010
~Awards and Recognition Committee member, 2007-2010
~Public Policy Committee member, 2002-2005
- ♦*Member*, Society for the Teaching of Psychology, 2007-2009

- ♦ *Student Affiliate*, Society for Nutrition Education, 2004-2006
- ♦ *Student Affiliate*, American Psychological Association, 2000-2002
- ♦ Member, Golden Key International Honour Society
- ♦ Member, National Society of Collegiate Scholars
- ♦ Member, National Honor Society
- ♦ Member, Psi Chi, National Honor Society in Psychology

NIH Study Sections:

- ♦ Time-Sensitive Obesity Policy and Program Evaluation (PAR-12-257), NIDDK/NIA/NCI/NICHHD, 2015-

Reviewing activities for journals:

- ♦ *Reviewer*, Journal of Family and Economic Issues (Jing Jian Xiao, Editor), 2009-
- ♦ *Reviewer*, Journal of Nutrition Education and Behavior (Karen Chapman-Novakofski, Editor), 2010-
- ♦ *Reviewer*, Journal of Health Care for the Poor and Underserved (Virginia Brennan, Editor), 2010-
- ♦ *Reviewer*, Journal of Health Education and Behavior (John Allegrante, Associate Editor), 2014-

Reviewing activities for agencies:

- ♦ *Reviewer*, NIFA Division of Community and Education, United States Department of Agriculture Federal Peer Review, Washington, D.C., April 2016. Hispanic-Serving Institutions Education Grants Program.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2014. American Indians into Psychology Grant Programs.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2014. American Indians into Medicine Grant Programs.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2014. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, 2014 Society for Research in Child Development Special Topic Meeting Strengthening Connections among Child and Family Research, Policy and Practice.
- ♦ *Chair*, Child Care Bureau, Administration on Children, Youth, and Families Federal Peer Review, August 2012. Tribal Maternal, Infant, and Early Childhood Home Visiting Grant Program.
- ♦ *Reviewer*, Family and Youth Services Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Washington, D.C., August 2010. Runaway and Homeless Youth Street Outreach Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2010. Rural Health and Safety Education Grant Program.
- ♦ *Chair*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2010. American Indians into Psychology Grant Programs.
- ♦ *Chair*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, July 2010. American Indians into Medicine Grant Programs.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, October 2009. National Research Initiative Human Nutrition and Obesity Research Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2009. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, June 2009. American Indians into Psychology Grant Programs.

- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, October 2008. National Research Initiative Human Nutrition and Obesity Research Grant Program.
- ♦ *Reviewer*, Cooperative States Research, Education, and Extension Service, United States Department of Agriculture Federal Peer Review, July 2008. Rural Health and Safety Education Grant Program.
- ♦ *Reviewer*, Indian Health Service, United States Department of Health and Human Services Federal Peer Review, Rockville, MD, August 2007. American Indians into Psychology and American Indians into Medicine Grant Programs.
- ♦ *Reviewer*, Family and Youth Services Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Lansdowne, VA., July 2006. Mentoring Children of Prisoners Grant Program.
- ♦ *Reviewer*, Annie E. Casey Foundation and Rural Maryland Council Review, July 2006. Strengthening the Well-Being of Rural Maryland Families Grant Program.
- ♦ *Panel Chairperson*, Child Care Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Herndon, VA, August 2005. Early Learning Opportunities Act Discretionary Grants.
- ♦ *Reviewer*, Annie E. Casey Foundation and Rural Maryland Council Review, July 2005. Strengthening the Well-Being of Rural Maryland Families Grant Program.
- ♦ *Reviewer*, Child Care Bureau, Administration on Children, Youth, and Families Federal On-Site Peer Review, Washington D.C., August 2003. Early Learning Opportunities Act Discretionary Grants.

International activities:

- ♦ *Women in Agriculture: Improving Family Food Security*, Ethiopia, FY15- . Developing train-the-trainer programs and extension services with three university partners. Engaging public health students in community-based intervention and collaboration among agriculture and public health faculty, staff, and students in Ethiopia.
- ♦ *University of Maryland Alternative Breaks*, Cuenca, Ecuador, May 2014. Supervising a community service-learning trip addressing community development in indigenous populations.
- ♦ *University of Maryland Engineers without Borders Compone Water Project*, Compone, Peru, 2013-2015. Supervising and conducting community education and project evaluation with public health student team. Preparing travel teams (January 2014, August 2014) for project implementation.
- ♦ *Women in Agriculture: Improving Family Food Security*, Kabul, Afghanistan, FY12-FY15. Conducting family food security and nutrition education train-the-trainer programs, Farmer Field Schools, and program evaluation.
- ♦ *University of Maryland Alternative Breaks*, Andros, Bahamas, January 2012. Supervised a community service-learning trip addressing sustainable development and environmental conservation with Andros national parks.
- ♦ *University of Maryland Alternative Breaks*, Lima, Peru, March 2009. Supervised a community service-learning trip addressing community development.
- ♦ *Community Food Security Project*, Tamavua Village, Fiji, July 2004. Planned and implemented a community gardening project and nutrition education program aimed at combating nutritional deficits and diet-related chronic illnesses in a Fijian village.
- ♦ *Operacion Hogar*, Juarez, Mexico, April 1999. Participated in a community housing project during which two cinderblock homes were constructed.

CAMPUS SERVICE

Oregon State University service:

- ♦ *Co-Chair*, Community Food Systems Steering Committee, September 2016-
- ♦ *Member*, SNAP-Ed Evaluation Committee, January 2016-
- ♦ *Member*, CPHHS Equity, Inclusion, and Diversity Committee, January 2016-
- ♦ *Member*, MPH in Public Health Nutrition Option Development Committee, March 2016-
- ♦ *Member*, PhD in Global Health Option Development Committee, March 2016-

University of Maryland Family and Consumer Sciences/FSNE/UME service:

- ♦ *Member*, Search Committee for Evaluation Coordinator, Maryland FSNE, October-December 2013
- ♦ *Core Member*, FoodSmart Impact Team, University of Maryland Extension, October 2010-June 2013
- ♦ *Affiliate Member*, HealthSmart Impact Team, University of Maryland Extension, October 2010- June 2013
- ♦ *Core Member*, HealthSmart Impact Team, University of Maryland Extension, September 2009-October 2010
- ♦ *Member*, Annual Conference Planning Committee, University of Maryland Extension, August 2008-April 2009
Plan 2009 MCE Annual Conference
- ♦ *Member*, Search Committee, Maryland FSNE, August 2007-June 2009
- ♦ *Member*, Advisory Committee, Maryland FSNE, August 2007-October 2008

University of Maryland Family Studies departmental and School of Public Health service:

- ♦ *Advisor*, Public Health without Borders, December 2013-2015
- ♦ *Co-Chair*, Preparing Future Faculty and Professionals, August 2013-2014
- ♦ *Chair*, Awards and Recognition Committee, August 2013-2015
- ♦ *Member*, SPH Community Based Research and Service Committee, March 2009-2013
- ♦ *Member*, Undergraduate Committee, October 2008-2014
- ♦ *Member*, Awards and Recognition Committee, October 2008-2014
- ♦ *Faculty/ Staff Advisor*, Public Health Engaging and Representing (PHEAR), School of Public Health, 2009-2011.
Advising leadership of the SPH student group uniting graduate and undergraduate students in various SPH areas of study.
- ♦ *President (2004-'05), Vice-President (2003-'04)*, University of Maryland Council on Family Relations
Initiated and led service, advocacy, and research efforts to promote family well-being and student professional development, including a Family Policy Election Guide, Symposium on Families, undergraduate research awards, undergraduate mentorship program, family service undergraduate mini-grant program, professional development seminar series for graduate and undergraduate students, service projects with the Family Emergency Shelter, Haiti Red Cross, Oaxaca Centro de Esperanza Infantil, Family Service Center, and other organizations, research and issue brief series, and promotion of a campus organization on family issues. Monetary awards, grants, and contributions received from Graduate Student Government, Department of Family Studies, and Dean of the College of Health and Human Performance.

University of Maryland service:

- ♦ *Member*, University Senate CORE Curriculum Committee, University of Maryland, August 2009-2011
 - ♦ *Community Service Learning Advisor*, Alternative Breaks, University of Maryland Office for Community Service Learning, 2009-2012. Advised undergraduate trip leaders in planning substance-free service learning trips to New York City (HIV/AIDS 2010), Appalachia (Rural Poverty 2010), Appalachia (Rural Education 2010), and South Carolina (Health Care 2010); New York City (HIV/AIDS 2011), North Carolina (Rural Healthcare/Poverty 2011), and South Carolina (Child Health Care 2011); New York City (HIV/AIDS 2012), Virginia (Rural Poverty 2012), South Carolina (Child Health Care 2012), and Asheville, NC (Rural Poverty 2012).
 - ♦ *Faculty/ Staff Advisor*, Alternative Breaks (AB), University of Maryland Office for Community Service Learning, 2007-2015. Advised undergraduate trip leaders in planning a substance-free service learning trips to learn about, volunteer for, and reflect upon social issues and their root causes. Supporting trip leaders in teambuilding and logistical planning. Providing leadership and supervision during AB trips.
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|-----------|--------------------------|--|
| 2014-2015 | Baltimore, MD | Socioeconomic inequality |
| 2013-2014 | Cuenca, Ecuador | Community and economic development |
| 2012-2013 | Washington, D.C. | Human trafficking |
| 2011-2012 | Andros, Bahamas | Sustainable development and environmental conservation |
| 2009-2010 | Columbia, South Carolina | Maternal and child health |
| 2008-2009 | Lima, Peru | Community and economic development |
| 2007-2008 | Manchester, Kentucky | Rural poverty |

TRAININGS AND OTHER PROFESSIONAL DEVELOPMENT

- ♦Health Equity Leadership Institute (HELI), deferred participation until 2017
- ♦National Coalition Building Institute's Welcoming Diversity workshop, 2016
- ♦University of Maryland Education Abroad Laboratory for Innovation in International Education Designing Access: Diversifying Study Abroad at UMD, 2015
- ♦Inter-University Consortium for Political and Social Research (ICPSR) Secondary Data Analysis for Marriage and Family workshop (Fragile Families, National Longitudinal Study of Adolescent Health, National Survey of Family Growth, and the Survey of Income and Program Participation), 2008
- ♦ICPSR Welfare, Children, and Families: A Three-City Study workshop, 2008
- ♦University of Maryland Center for Teaching Excellence Undergraduate Teaching and Learning Program certificate, 2007
- ♦Department of Family Studies Preparing Future Faculty and Professionals Program, 2005-2007
- ♦Americans for Informed Democracy Young Leaders Summit on Global Health: Innovative Solutions to Healthcare in Low Resource Settings, 2006
- ♦Luxembourg Income Study summer workshop, 2005
- ♦University of Maryland Intercultural Dialogue Facilitator Training Workshop, 2004
- ♦Montgomery College Public Policy Institute National Issues Forum Moderator Training, 2003
- ♦People Empowering People Facilitator Training Conference, 2002

SELECTED AWARDS AND RECOGNITION

- ♦Text2BHealthy featured in USDA SNAP-Ed Obesity Prevention Toolkit, 2016
- ♦Project ReFresh featured in USDA SNAP-Ed Obesity Prevention Toolkit, 2016
- ♦Nomination, Graduate School Graduate Faculty Mentor of the Year, University of Maryland, 2015
- ♦Priester Extension Health Award for Innovation, awarded to Text2BHealthy team, 2015
- ♦USDA Secretary's Honor Award in *Increasing Global Food Security*, awarded to AAEP (parent project of WIA Afghanistan), 2014
- ♦Text2BHealthy included in national review of best practices in nutrition education: Baker, S; Auld, G; MacKinnon, C; Ammerman, A; Hanula, G; Lohse, B; Scott, M; Serrano, E; Tucker, E; and Wardlaw, M. (2014). Best Practices in Nutrition Education for Low-Income Audiences. Food and Nutrition Service, USDA.
- ♦Gemstone Program Mentor of the Year Award, 2013
- ♦University of Maryland Research Leader Award, 2011, 2013
- ♦Doris Sands Excellence in Teaching Award, University of Maryland School of Public Health, 2011
- ♦Cindy Winter Scholarship Award, National Council on Family Relations, 2007
- ♦Mary Faulkner Scholarship, Maryland Association of Family and Consumer Sciences, 2007
- ♦Center for Teaching Excellence Lilly East Conference Travel Award, University of Maryland, 2007
- ♦Center for Teaching Excellence Distinguished Teaching Assistant Award, University of Maryland, 2006
- ♦Center for Teaching Excellence Lilly East Conference Travel Award, University of Maryland, 2006
- ♦AAFCS Family Relations and Human Development Student Research award, 2006
- ♦Dean's Scholar, College of Health and Human Performance, University of Maryland, 2006
- ♦AAFCS Jewell L. Taylor National Fellowship, 2004-2005, 2005-2006 (twice awarded)
- ♦Syracuse University Chancellor's Award for Public Service, 2002
- ♦Syracuse University Department of Psychology Outstanding Community Service Award, 2002
- ♦Presidential Student Service Challenge Gold Award (twice awarded), 2001, 2002
- ♦National Society of Collegiate Scholars and America's Promise Scholar of Promise, 2001

MEDIA

- ♦Press release addressing Project ReFresh impacts: <http://oregonstate.edu/ua/ncs/archives/2016/sep/nutrition-education-and-simple-cafeteria-changes-leads-healthier-eating>
- ♦London Study Abroad program featured in OSU CPHHS Synergies, Fall 2016. Available at <http://synergies.oregonstate.edu/2016/study-abroad-trip-to-london-brings-public-health-into-focus/>
- ♦Ethiopian delegation featured in OSU CPHHS Synergies, Spring 2016. Available at <http://synergies.oregonstate.edu/2016/blending-of-culture-and-priorities/>
- ♦Ethiopia gardening project featured in OSU CPHHS Synergies, Spring 2016. Available at <http://synergies.oregonstate.edu/2016/trip-to-ethiopia-strengthens-relationships-increases-food-safety-and-nutrition-awareness/>

- ♦Public Health without Borders Compone Project featured in Maryland International, publication of the University of Maryland Office of International Affairs, Spring 2014. Available at <http://issuu.com/vivianhayward/docs/spring1-2014>
- ♦Market to Mealtime materials featured in 2014 Maryland WIC magazine circulated to 40,000 WIC participants
- ♦Market to Mealtime materials featured in 2013 Maryland WIC magazine circulated to 40,000 WIC participants
- ♦Empowering Afghan Women through Agriculture featured in MomentUM, University of Maryland College of Agriculture and Natural Resources magazine, 11(2), Spring 2013. Available at https://agnr.umd.edu/sites/default/files/_docs/newsletters/MomentUMSpring2013.pdf
- ♦Market to Mealtime Gives Low-Income Marylanders More Healthy Food Options featured in UMD Between the Columns magazine, Fall 2012
- ♦Market to Mealtime: UME Nutrition Educators Push Greens, Roots, and Fruits, UMD AGNR News Feature, Fall 2012. Available at <http://agnr.umd.edu/news/market-mealtime>.
- ♦Empowering Women in the War Zone: UME Goes to Afghanistan, UMD AGNR News Feature, Summer 2012. Available at <http://agnr.umd.edu/news/empowering-women-war-zone>.
- ♦Diving Headfirst: Five University Officials Travel to Afghanistan, The Diamondback, Summer 2012. Available at http://www.diamondbackonline.com/news/campus/article_81dda7e0-f26f-11e1-af2e-001a4bcf6878.html.
- ♦Project ReFresh featured in IMPACT section of Terp Magazine, Winter 2011. Available at <http://www.terp.umd.edu/4.7/impact/>
- ♦Featured in UMD Center for Teaching Excellence newsletter interview about best practices, 2007

REFERENCES

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