

# CURRICULUM VITAE

## Soyoung Choun

### Office Address

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## CURRENT POSITION

**Research Associate** June 2016 - present  
Center for Healthy Aging Research, School of Social and Behavioral Health Sciences,  
College of Public Health and Human Sciences, Oregon State University

## EDUCATION

**Postdoctoral Scholar** March 2013 – May 2016  
School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR.  
Advisor: Carolyn Aldwin, Ph.D.

**Ph.D., Human Development and Family Studies** June 2012  
School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR.  
Specialized Areas: Human Development and Gerontology.  
Advisor: Karen Hooker, Ph.D.

**M.S., Human Development and Family Studies** June 2006  
School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR.  
Specialized Areas: Human Development and Gerontology.  
Advisor: Karen Hooker, Ph.D.

**Master Program, Educational Administration** February 1982  
Ewha Womans University, Seoul, Korea

**B.A., Political Science and Law** February 1979  
Ewha Womans University, Seoul, Korea  
Advisor: Youngho Lee, Ph.D.

## AWARDS AND HONORS

- Oregon Retired Educators Association (OREA) Memorial Trust Fund Scholarship. 2010
- Fang Fellowship, Oregon State University. 2010

- College Travel Award, College of Public Health and Human Sciences, Oregon State University. 2011
- Eric Englund Memorial Scholarship, Oregon State University. 2007
- HDFS Travel Award, Human Development and Family Sciences, Oregon State University. 2006/2007/2008/2009/2010

## PUBLICATIONS

### EDITED BOOKS / BOOK SECTIONS

- Aldwin, C. M., Park, C., **Choun, S.**, & Lee, H. (in press). The impact of military service on stress, well-being and health in later life. In: A. Spiro, III, R. Settersten, & C. Aldwin (Eds.), *Long-Term Outcomes of Military Service: Perspectives on Health and Well-Being*. American Psychological Association.
- Choun, S.**, Hooker, K. (2013). Divorce on the rise in South Korea. In: R.E. Emery & J.G. Golson (Eds.), *Cultural sociology of divorce*. Thousand Oaks, CA: Sage.
- Hooker, K., **Choun, S.**, & Hall, B (2010). Personality and emotion in later life. In J. C. Cavanaugh & C. K. Cavanaugh (Eds.), *Aging in America, Volume I: Psychological aspects of aging* (Chapter 5; pp. 102-134) Santa Barbara, CA: Praeger.

### JOURNALS

- Aldwin, C., **Choun, S.**, Lee, L., & Spiro, A. III (under review). Does erythrocyte sedimentation rate covary with stress? Longitudinal findings from the VA Normative Aging Study. *Journal of Gerontology*.
- Lee, H., Aldwin, C., **Choun, S.**, & Spiro, A. III (under review). The effects of combat exposure and optimism on well-being in later life: The VA Normative Aging Study. *Psychological Trauma; Theory, Research, Practice, and Policy*
- Choun, S.**, Hooker, K., & Mejía, S. (abstract accepted). Health goal pursuit and affect over 100 Days: An intraindividual window on self-regulation. *Journal of Gerontology*.
- Kang, S., Aldwin, C., **Choun, S.**, & Spiro III, A. (2016). Combining lifespan and life course perspectives on combat exposure and PTSD symptoms in later life: Findings from the VA Normative Aging Study. *The Gerontologist*.
- Lee, S., **Choun, S.**, Aldwin, C. M., & Levenson, R. (2015). Cross-cultural comparison of self-transcendent wisdom between the United States and Korea. *Journal of Cross-Cultural Gerontology*. 30(2), 143-61. PubMed PMID: 25904386.
- Park, C. L., Aldwin, C. M., **Choun, S.**, Login, G., Suresh, D. P., & Bliss, D. (2015). Spiritual peace and mortality in congestive heart failure patients. *Health Psychology*.
- Aldwin, C., Jeong, Y., Igarashi, H., **Choun, S.**, & Spiro III, A. (2014). Do hassles mediate between life events and mortality in older men? Longitudinal findings from the Normative Aging Study. *Experimental gerontology*. doi: 10.1016/j.exger.2014.06.019
- Hooker, K., **Choun, S.**, Mejía, S., Pham, T., & Metoyer, R. (2013). A microlongitudinal study of the linkages among personality traits, self-regulation, and stress in older adults. *Research in Human Development*, 10(1), 26-46. doi: 10.1080/15427609.2013.760258
- Steggell, C. D., Hooker, K., Bowman, S., **Choun, S.**, & Kim, S. J. (2010). The role of technology for healthy aging among Korean and Hispanic women in the United States: A pilot study. *Gerontechnology*, 9(4), 433-449. doi: 10.4017/gt.2010.09.04.007.00

## PEER-REVIEWED NATIONAL AND INTERNATIONAL PRESENTATIONS

- Choun, S.**, Mejía, S., & Hooker, K., (July, 2017). The within-person coupling of health goal Pursuit and Affect over 100 Days. Abstract for the poster presentation submitted to 21st IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA.
- Lee, H., **Choun, S.**, Aldwin, C., & Spiro, III. A. (July, 2017). Does combat exposure have positive long-term effects? Findings from the VA Normative Aging Study. Abstract for the symposium submitted to 21st IAGG World Congress of Gerontology and Geriatrics in San Francisco, CA.
- Kang, S., Lee, H., **Choun, S.**, Aldwin, C., & Spiro, III. A. (July, 2017). A Lifespan Perspective on combat exposure among Korean Vietnam War veterans. Abstract for the symposium submitted to 21st IAGG World Congress of Gerontology and Geriatrics in San Francisco, CA.
- Lee, S., Lee, D., & **Choun, S.** (July, 2017). Determinants of high self-confidence in diabetes management among older diabetes patients. Abstract for the poster presentation submitted to 21st IAGG World Congress of Gerontology and Geriatrics in San Francisco, CA.
- Aldwin, C., **Choun, S.**, Lee, L., & Spiro, A. III (March, 2017). Neuroticism, stress, and erythrocyte sedimentation: Longitudinal findings from the VA Normative Aging Study. Abstract accepted for the poster presentation at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Lee, S., Lee, D., & **Choun, S.** (November, 2016). The relations of older diabetes patients' self-management and perceptions on self-care and health care providers' care. The poster presentation at the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Aldwin, C., **Choun, S.**, & Small, J. (November, 2016). The effect of veteran status on stress, health and well-being in later life varies by ethnic group. The poster presentation at the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Lee, H., **Choun, S.**, Aldwin, C., Nath, R., & Spiro, III. A. (November, 2016). Long-term effects of combat exposure on well-being in later life: The VA Normative Aging Study. The poster presentation at the Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, Louisiana.
- Aldwin, C., **Choun, S.**, Nath, R. Proulx, J., & Spiro, A. (November, 2015). Does erythrocyte sedimentation rate covary with stress? Longitudinal findings from the VA Normative Aging Study. The poster presentation at the Gerontological Society of America's 68th Annual Scientific Meeting in Orlando, Florida.
- Aldwin, C., **Choun, S.**, Cerino1, E., Yaeger, J., Nath, R., Thogmartin, A., Nguyen, M., & Park, C. (November, 2015). Health disparities and spirituality in multi-ethnic CHF patients. The poster presentation at the Gerontological Society of America's 68th Annual Scientific Meeting in Orlando, Florida.
- Kang, S., Aldwin, C., **Choun, S.**, & Spiro, A. (November, 2015). A Lifespan/Life Course perspective on combat exposure: Findings from the VA Normative Aging Study. The poster presentation at the Gerontological Society of America's 68th Annual Scientific Meeting in Orlando, Florida.
- Park, C. L., Aldwin, C. M., **Choun, S.**, Login, G., Suresh, D. P., & Bliss, D. (November, 2015). Spiritual peace and mortality in congestive heart failure patients. The poster presentation

- at the Gerontological Society of America's 68th Annual Scientific Meeting in Orlando, Florida.
- Aldwin, C. M., Park, C., **Choun, S.**, & Lee, H. (November, 2015). The impact of military service on stress, well-being and health in later life. The poster presentation at the Gerontological Society of America's 68th Annual Scientific Meeting in Orlando, Florida.
- Yi, S., Lee, S., & **Choun, S.** (May, 2015). Smart technology uses and perceptions in care facilities in South Korea. The poster presentation at The Environmental Design Research Association conference in Los Angeles, California.
- Mejía, S., **Choun, S.**, Pham, T., Metoyer, R., & Hooker, K. (November, 2014). Daily affect and goal appraisal processes: Hits and surprising misses with the Big 5 personality traits. The symposium presentation at the Gerontological Society of America's 67th Annual Scientific Meeting in Washington, D.C.
- Park, C., Aldwin, C., **Choun, S.** (November, 2014). Do religiousness and spirituality have differing pathways to mortality? Testing the self-regulation model in congestive heart failure patients. The poster presentation at the Gerontological Society of America's 67th Annual Scientific Meeting in Washington, D.C.
- Aldwin, C., Jeong, Y., Igarashi, H., **Choun, S.**, & Spiro III, A. (August, 2014). Stressful life events, hassles, and mortality: Findings from the VA Normative Aging Study. The poster presentation at the American Psychological Association Convention in Washington, D.C.
- Choun, S.**, Mejía, S., & Hooker, K., (November, 2013). Dynamic processes of daily health-goal progress and daily affect. The poster presentation at the Gerontological Society of America's 66th Annual Scientific Meeting, New Orleans, Louisiana.
- Levenson, M., Jeong, Y., Aldwin, C., Igarish, H., **Choun, S.**, & Spiro III, A. (2013). Do hassles mediate the effect of personality on mortality? Findings from the VA Normative Aging Study. The poster presentation at the Gerontological Society of America's 66th Annual Scientific Meeting, New Orleans, Louisiana.
- Allen, P.M., Ko, H.-J., **Choun, S.**, Gordan, E., Hooker, K., & Richards, L. (November, 2013). Attitudes toward older adults among American and Taiwanese college students. The poster presentation at the Gerontological Society of America's 66th Annual Scientific Meeting, New Orleans, Louisiana.
- Choun, S.**, Mejía, S., Hooker, K., Pham, T., & Metoyer, R. (November, 2012). Dynamic linkages of personality and health: The effect of traits and states in predicting health goal progress. Symposium presentation at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, California.
- Mejía, S., **Choun, S.**, Pham, T., Metoyer, R., & Hooker, K. (November, 2012). Personality and the benefits of close relationships: Daily perceived stress, affect, and contact satisfaction. Symposium presentation for the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, California.
- Ko, H. J., Mejía, S., Hooker, K., **Choun, S.**, Pham, T., & Metoyer, R., (November, 2012). Consistency in daily progress: Possible selves in action. Poster presentation for the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, California.
- Allen, P.M., Mejía, S., Hooker, K., Ko, H.-J., **Choun, S.**, Pham, T., & Metoyer, R. (November, 2012). The role of trait neuroticism, self-perceptions of aging, and daily perceptions of usefulness for perceived stress. Poster presentation for the Gerontological Society of America's 65<sup>th</sup> Annual scientific Meeting, San Diego, California.
- Mejía, S., Pham, T., **Choun, S.**, Metoyer, R., & Hooker, K. (November, 2011). Capturing 100 days of self regulation processes via the web: Design, implementation, and evaluation.

- Symposium presentation for the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, Massachusetts.
- Ko, H. J., Mejía, S., **Choun, S.**, Pham, T., Metoyer, R., & Hooker, K. (November, 2011). Possible selves in action: Promoting social goal progress for older adults. Paper presentation for the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, Massachusetts.
- Mejía, S., **Choun, S.**, Pham, T., Metoyer, R., & Hooker, K. (November, 2011). The daily social context of goal progress: Processes of support, hindrance and satisfaction. Poster presentation for the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, Massachusetts.
- Levenson, R., Lee, S., **Choun, S.**, Jones, C., Wink, P., & Aldwin, C. M. (November, 2011). Age differences in the factor structure of self-transcendent wisdom. Poster presentation for the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, Massachusetts.
- Toyokawa, N., Aldwin, C. M., **Choun, S.**, Spiro, R., & Nath, R. (November, 2011). When does the normative decline in social contact occur? Findings from the VA Normative Aging Study. Poster presentation for the Gerontological Society of America's 64th Annual Scientific Meeting, Boston, Massachusetts.
- Lee, S., **Choun, S.**, Aldwin, C. M., & Levenson, R. (January, 2011). Cross-cultural comparison of the self-transcendence and Alienation in the United States and Korean samples. Poster presentation at the Environmental Health Science Center's Annual Poster Session. Corvallis, Oregon.
- Choun, S.**, Mejía, S., Pham, T., Metoyer, R., & Hooker, K. (November, 2010). The effect of traits and states in predicting health goal progress. Symposium presentation at the Gerontological Society of America's 63rd Annual Scientific Meeting, New Orleans, LA.
- Lee, S., **Choun, S.**, Aldwin, C. M., & Levenson, R. (November, 2010). Cross-cultural comparison of the self-transcendence and Alienation in the United States and Korean samples. Symposium presentation at the Gerontological Society of America's 63rd Annual Scientific Meeting, New Orleans, Louisiana.
- Cox, M., **Choun, S.**, & Hooker, K. (August, 2010). Do self-perceptions explain reasons for volunteering through motivations to engage in leisure activities? Poster presentation for Division 20 at the American Psychological Association Convention in San Diego, CA.
- Lee, S., **Choun, S.**, Aldwin, C. M., & Levenson, R. (August, 2010). Cross-cultural comparison of the adult self-transcendence inventory in the United States and Korean samples. Poster presentation for Division 20 at the American Psychological Association Convention in San Diego, CA.
- Toyokawa, N., Kang, S., **Choun, S.**, Taylor, A., Spiro, A., & Aldwin, C. M. (November, 2009). Confidants, providing support, and psychological well-being: Findings from the normative aging study. Poster presentation at 62nd Gerontological Society of America's Conference, Atlanta, Georgia.
- Choun, S.**, Jeong, Y., & Hooker, K. (November, 2008). Personality traits predict doctor visits of spouse caregivers. Poster presentation at 61st Gerontological Society of America's Conference, National Harbor, Maryland.
- Steggell, C. D., Hooker, K., Bowman, S., **Choun, S.**, Brandt, J., & Kim, S. (April, 2008). Korean and Latina women's perceptions of gerotechnologies. Presentation at the Center for Healthy Aging Research, *LIFE: Linking Individuals, Families, and Environments*, Oregon State University. Corvallis, OR.

- Hall, B., **Choun, S.**, & Hooker, K. (November, 2007). Longitudinal effects of personality traits on the physical health of spouse caregivers. Poster presentation at 60th Gerontological Society of America's Conference, San Francisco, California.
- Choun, S.**, & Hooker, K. (August, 2007). The role of personality in caregiver's health outcomes. Presentation at Oregon Gerontological Association 28<sup>th</sup> Annual Conference. Portland, OR.
- Choun, S.**, Hooker, K., Monahan, D., Frazier, L. D., & Shifren, K. (November, 2006). Personality traits predict mental health of spouse caregivers. Poster presentation at 59<sup>th</sup> Gerontological Society of America's Conference, Dallas, Texas.

## RESEARCH EXPERIENCE

- Research Associate** June 2016 – Present  
Specializing in studies of healthy aging focusing on dynamic links among personality, emotion regulation, health goals and health outcomes, examining complex longitudinal analyses with multilevel modeling, proportional hazards model procedures, group-based modelling, structural equation modeling and other types of longitudinal statistics.
- Postdoctoral Scholar** Spring 2013 – May 2016  
Specializing in studies of optimal aging focusing on associations among personality, personal goals, self-regulations, and health behaviors, specializing in complex longitudinal statistics.
- Research Assistant** Fall 2009 – Fall 2010  
Assisting Dr. Karen Hooker for the research project, *Personal Understanding of Life and Social Experiences project (PULSE)*, at the Center for Healthy Aging Research, Oregon State University, Corvallis, OR.
- Research Assistant** Summer 2009  
Assisting Dr. Karen Hooker for reporting grants at the Center for Healthy Aging Research, *LIFE: Linking Individuals, Families, and Environments*, Oregon State University, Corvallis, OR.
- Research Assistant/ Review Articles** Spring - Fall 2008  
Review articles relating longitudinal studies of cognitive changes for Dr. Scott Hofer at the Center for Healthy Aging Research, Oregon State University, Corvallis, OR.
- Research Internship** Winter – Spring 2008  
Coding transcriptions of Transcendent Wisdom Study (Dr. Rick Levenson & Dr. Carolyn Aldwin), Department of Human Development and Family Sciences, Oregon State University, Corvallis, OR.
- Research Assistant** Fall 2007 - Winter 2008  
The optimal use of technology to support aging in place project (Dr. Steggell, C. D., Dr. Hooker, K., & Dr. Bowman), Department of Design and Human Environment, Oregon State University, Corvallis, OR.
- Research Assistant/Translator** Spring - Summer 2007  
Transcript the qualitative data of Korean focus groups and translate from Korean to English for Korean Women's Perceptions of Gerotechnologies. The optimal use of technology to support aging in place project (Dr. Steggell, C. D., Dr. Hooker, K., & Dr. Bowman), Department of Design and Human Environment, Oregon State University, Corvallis, OR.
- Facilitator** Fall 2006  
Focus Groups of Older Korean Women in Beaverton, OR.

Facilitated discussions about the optimal use of technology to support aging in place project (Dr. Steggell, C. D., Dr. Hooker, K., & Dr. Bowman), Department of Design and Human Environment. Oregon State University, Corvallis, OR.

**Graduate Research Assistant** Fall 2004 – Spring 2005  
Peterson Scholar Assistant, Department of Human Development and Family Sciences, Oregon State University, Corvallis, OR.

**National Research Assistant** Fall 1981 – Spring 1982  
National Research Project (Dr. Youngho Lee), South Koreans Speak: Tracking their Well-being and Functioning in the Context of Unification of Two Koreas, Department of Political Sciences, Ewha Women's University, Seoul, Korea.

## TEACHING EXPERIENCE

### Instructor

- HDFS314, Adult Development & Aging, School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR. Winter/Spring 2017
- HDFS313, Adolescence Development, School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR. Fall 2012/Spring 2013
- HDFS311, Child Development, School of Social and Behavioral Health Sciences, Oregon State University, Corvallis, OR. Winter/Spring 2012
- HDFS444, Family Violence, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2011
- HDFS311, Infant & Child Development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter-Summer 2011
- HDFS311, Infant & Child Development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter-Summer/Fall 2010
- HDFS311, Infant & Child Development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2009
- HDFS444, Family Violence, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter/Spring 2009
- HDFS444, Family Violence, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter/ Spring/Fall 2008
- HDFS444, Child Abuse & Neglect, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter/Spring/Fall 2007

### Graduate Teaching Assistant

- HDFS 201, Contemporary Family, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2006
- HDFS 462, Skills for Human Service Professions. Oregon State University, Corvallis, OR. Winter/Spring 2006
- HDFS 461, Program Development & Proposal Writing, Human Development and Family Sciences, Oregon States University, Corvallis, OR. Winter 2006
- HDFS 261, Human Service Professions, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2005
- HDFS 201, Individual and Family development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2003 – Spring 2004
- HDFS 447, Family and Poverty, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2003

- HDFS 211 Infant and Child Development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Spring 2003
- HDFS 313 Adolescent Development, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Spring 2003
- HDFS 447, Family and Poverty, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Winter 2002
- HDFS 314, Adult Development and Aging, Human Development and Family Sciences, Oregon State University, Corvallis, OR. Fall 2002

## **COMMUNITY WORK EXPERIENCE**

### **Advisor for Korean students**

- Korean Oregon State University students, Corvallis, OR. Winter - Spring 2011
- Korean students from Hanlim University in Korea, English Language Institute (ELI), Oregon State University, Corvallis, OR. Fall 2002

### **Guest Speaker**

- Seminar, “Optimal Aging in Later life” at Korean-American Older Adults Association, Beaverton, OR Winter 2012
- Seminar, “Optimal Aging, Creativity, and Wisdom” at Korean-American Older Adults Association, Portland, OR Summer 2013
- Seminar, “Successful vs. Optimal Aging in Later life” at Korean-American Older Adults Association, Portland, OR Spring 2015
- Seminar, “meaningful and Healthy Aging in Later life” at Korean-American Older Adults Association, Portland, OR Summer 2015

## **PROFESSIONAL AFFILIATIONS**

- The Gerontological Society of America (GSA)
- American Psychological Association (APA)
- Oregon Gerontological Association (OGA)
- Oregon Public Health Association (OPHA)