

Sandi Cleveland Phibbs, Ph.D., M.P.H.

College of Public Health and Human Sciences
 School of Social and Behavioral Health Sciences
 Oregon State University
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EDUCATION

Ph.D. Public Health	September 2015	Oregon State University College of Public Health and Human Sciences
Concentration:	Health Promotion and Health Behavior	
Dissertation title:	Weight Stigma and Its Associations with Health Behaviors Among Older Adults	
Major Professor:	Dr. Sheryl Thorburn	
M.P.H. Community Health	2004	University of North Texas Health Science Center
B.A. History	1998	University of North Texas

RESEARCH INTERESTS

- Mechanisms of stigma (i.e., stereotype threat, discrimination)
- The influence of stigma on healthcare processes and public health practice
- Social determinants of health and health disparities
- College health

RESEARCH EXPERIENCE

Post-Doctoral Scholar 2015-Present
 Oregon State University College of Public Health and Human Sciences

Post-Doctoral Mentor: Dr. Karen Hooker

Graduate Research Assistant Summer 2014 & Summer 2015
 Oregon State University College of Public Health and Human Sciences

- Performed data analysis for NIH/NIA funded project (PI: Stawski), *Psychosocial and Health-Related Influences on Response Time Inconsistency in Old Age*.
- Conducted multilevel analyses of correlated data examining the relationship between indicators of social support and response time inconsistencies on cognitive tasks.

Student Research Assistant Summer 2013
Oregon State University Counseling and Psychological Services

- Analyzed data collected as part of the Healthy Minds Study at OSU.
- Presented results and made recommendations to campus stakeholders.

Volunteer Student Researcher Fall 2012 – Summer 2013
Oregon State University Veterans Services Office

- Planned and conducted focus groups to identify the needs of Student Service Members/Veterans attending OSU.
- Findings informed policies and programmatic offerings of Veterans Services.

Graduate Research Assistant Fall 2011 – Summer 2012
Oregon State University Healthy Campus Initiative

- Planned and conducted a cross-sectional survey of OSU employees.
- Conducted quantitative analyses of survey results.

Research Assistant Summer and Fall, 2004
The Foundation for Community Empowerment, Dallas, TX

- Analyzed data at the census tract and zip code level.
- Created data maps using ARC G.I.S.
- Published reports to the web in support of Foundation projects.

Graduate Assistant Spring 2004
The University of North Texas Health Science Center, Fort Worth, TX

- Served as project manager for a team of researchers and graduate assistants in the execution of a grant contract from the Texas Department of Health to create training for geographical data analysis.

PUBLICATIONS

1. **Phibbs, S.C.**, Faith, J., & Thorburn, S. (2016). Patient-centered communication and provider avoidance: Does BMI modify the relationship? *Health Education Journal*. Published online before print, March 10, 2016. doi 0.1177/0017896916633727.
2. **Cleveland, S.**, Branscum, A.J., Bovbjerg, V.E., & Thorburn, S. (2015). Mental health symptoms among student service members/veterans and civilian college students. *Journal of American College Health*, 63(7), 459-472. doi: 10.1080/07448481.2014.983925.

MANUSCRIPTS UNDER REVIEW

Kerr, D.C.R., Bae, H., **Phibbs, S.**, & Kern, A. *Changes in undergraduates' marijuana use following Oregon legalization of recreational use: A controlled study*. Submitted manuscript.

Phibbs, S. & Hooker, K. *An Exploration of Factors Associated with Ageist Stereotype Threat in a Medical Setting*. Submitted manuscript.

Phibbs, S., Stawski, R., MacDonald, S.W.S., Munoz, E., Smyth, J.M., & Sliwinski, M.J. *The influence of social support and perceived stress on response time inconsistency.* Submitted manuscript.

Phibbs, S., Thorburn, S., & Branscum, A.J. *Weight discrimination: Is it associated with physical activity among older adults?* Submitted manuscript.

MANUSCRIPTS IN PREPARATION

Phibbs, S., Thorburn, S., & Branscum, A.J. *An exploratory study of experiences of weight-based stereotype threat in the medical setting and health behaviors among older adults.* Manuscript in preparation.

POSTER AND PROFESSIONAL PRESENTATIONS

1. **Phibbs, S.,** Hooker, K., & Cerino, E. (2016). Self-Perceptions of aging and cognition: The role of personality. Poster session accepted for presentation at the Annual Scientific Meeting of The Gerontological Society of America, New Orleans, LA, November 17, 2016.
2. **Phibbs, S.** & Thorburn, S. (2016). Is weight discrimination associated with physical activity among older adults? Accepted for poster presentation at the annual meeting of the American Public Health Association, Denver, CO, October 30, 2016. **Winner of the Aging & Public Health Section's James G. Zimmer New Investigator Award.*
3. Doan, L., Irving, V., & **Phibbs, S.** (2016). Racial and Ethnic Disparities in Healthcare Management of Heart Disease in California Adults. Accepted for poster presentation at the annual meeting of the Oregon Public Health Association, Corvallis, OR, October 11, 2016.
4. **Phibbs, S.** & Hooker, K. (2016). Factors associated with experiences of ageist stereotype threat in a medical setting. Poster session presented at the annual meeting of the American Psychological Association, Denver, CO, August 5, 2016.
5. **Phibbs, S.** & Faith, J. (2015). Technology use for communication and for health among older U.S. Adults. Poster session presented at the annual meeting of the American Public Health Association, Chicago, IL, November 4, 2015.
6. **Phibbs, S.,** Stawski, R., MacDonald, S.W.S., Smyth, J.M., & Sliwinski, M.J. (2015). Satisfaction with social support buffers the effect of perceived stress on response time inconsistency. Poster session presented at the annual meeting of the American Public Health Association, Chicago IL, November 2, 2015.
7. **Cleveland, S.,** Faith, J., & Thorburn, S. (2014). Body Mass Index does not modify the relationship between perceived quality of patient-provider communication and avoidance of visiting doctors. Poster session presented at the annual meeting of the Oregon Public Health Association, Corvallis, OR, October 12, 2015. **Received Outstanding Poster Award.*
8. **Cleveland, S.,** McKay, V., & Bedwell, G. (2014). Military service members and veterans attending college do not identify mental health services as an unmet need. Poster session

presented at the annual meeting of the Oregon Public Health Association, Corvallis, OR, October 13, 2014.

9. **Cleveland, S.** & Hoogesteger, L. (2013). Tobacco use, physical activity, and BMI: Lifestyle Health Indicators by Employment Position. Poster session presented at the annual meeting of the Oregon Public Health Association, Corvallis, OR, October 14, 2013.
10. Sadler, W.S., Ambler, V., Haygood-Jackson, D., Hunsaker, T., Irwin, S., and **Cleveland, S.** (2008). Building a Dynamic, Award-Winning Sexual Assault Website: A Collaboration of Student Affairs Professionals. Presented at the NASPA Student Affairs Administrators in Higher Education National Conference, Boston, MA.

INVITED AND OTHER PRESENTATIONS

1. **Cleveland, S.** (2014, January). The State of Our Mental Health: Results from the OSU Healthy Minds Study. Presented to Oregon State University at the invitation of OSU Counseling and Psychological Services.
2. Buller, A. & **Cleveland, S.** (2011). Size Discrimination: A Heavy Issue. Webinar presented to participating universities at the invitation of the American College Personnel Association.

TEACHING EXPERIENCE

Oregon State University		
H523: Foundations of Public Health	Winter term	2016
HDFS361: Research Methods	Fall term	2015
H225: Social and Individual Determinants of Health	3x per year	2012-2015
The College of William & Mary		
EDUC 350: Concepts in Peer Health Education	1x per year	2005-2007
The University of North Texas		
PSYC 1000: Psychology of Learning and Success		Fall 2003

STUDENT MENTORSHIP

Undergraduate Honors Thesis Committee: Abigail Chitwood (2016)

Graduate Student Mentees: Jafra Devon Thomas (2016), Tassnym Sinky (2015-2016), Eric Cerino (2016), Lan Doan (2016)

OTHER PROFESSIONAL EXPERIENCE

Graduate Assistant 2010-2012
 Healthy Campus Initiatives, Oregon State University

- Led campus-wide committees, programs and interventions to enhance healthy choices under the PacificSource Health Plans Healthy Life Challenge grant.

Health Promotion Resource Center Department Manager 2007-2010
University Health Services, The University of Texas at Austin

- Led health promotion efforts at the university.
- Contributed to the operations of a large ambulatory healthcare center; supervised dietetic and addictions clinical services.
- Supervised nine professional staff members, 8 student staff members and graduate assistants, and 65-70 peer educators.
- Procured funding for alcohol abuse prevention intervention in excess of \$200,000.

Health Educator 2004-2007
Student Health Center, The College of William and Mary

- Planned, implemented, and evaluated prevention and intervention programs in the areas of substance abuse, sexual assault, sleep hygiene, mental health, and sexual health.
- Trained, advised and mentored 30-40 peer educators per year.
- Collaborated with healthcare providers to design and evaluate interventions.

Degree Program Advisor 2002-2003
College of Education, The University of North Texas

- Provided academic advising to undergraduate students.

Residence Hall Director 1999-2001
Department of Residence Life, The University of North Texas

AWARDED PROGRAMMATIC GRANTS

1. National Collegiate Athletic Association Choices Grant, 2006-2009
Total Amount: \$30,000
Role: Author and Project Director
2. Virginia Department of Health Tobacco Use Control Program, 2005-2006
Total Amount: \$2,500
Role: Project Director
3. Virginia Department of Alcoholic Beverage Control Operation Undergrad, 2005-2006
Total Amount: \$1,000
Role: Project Director

COMMITTEES AND SERVICE

At Oregon State University

- College of Public Health and Human Sciences Graduate Student Council Representative, 2014-2015
- Member, Health Promotion Health Behavior Faculty Search Committee, 2013-2014

- Chair, Student Evaluation Committee for Tenure of Adam Branscum, 2012
- Member, Mental Health Initiative Committee, Fall 2012–Spring 2013

To the Profession

- Abstract reviewer for the American Public Health Association Annual Meeting Public Health Education and Health Promotion Section, 2016
- Reviewer-in-training for the *Journal of Gerontology: Psychological Sciences*, February 2016
- Reviewer for the *Journal of American College Health*, 2016

To Public Health Practice

- Currently conducting an assessment of organizational trust and readiness to engage in health equity work on behalf of the Lane County Oregon Public Health Division, 2016
- Designed an evaluation of implicit bias training for the Linn/Benton Health Equity Alliance, 2016
- Member, Health Disparities Workgroup, InterCommunity Health Network Coordinated Care Organization, 2016

REFERENCES

Dr. Sheryl Thorburn
 Professor and Head of the School of Social and Behavioral Health Sciences
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Dr. Karen Hooker
 Jo Anne Leonard Petersen Endowed Chair in Gerontology and Family Studies; Head of the School of Social and Behavioral Health Sciences
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