

Michael P. Murphy, MS, RD

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EDUCATION

PhD in Human Nutrition, Expected Graduation June 2022

Oregon State University, Corvallis, Oregon

Dissertation Topic:

MS in Dietetics, May 2018

University of Vermont, Burlington, Vermont

Overall GPA 3.66

Non-Thesis Project: Cultural environment and physical activity participation in Vermont schools

Dietetic Internship, January 2017-December 2017

University of Vermont, Burlington, Vermont

BS in Dietetics, Nutrition, and Food Science, May 2016

University of Vermont, Burlington, Vermont

Overall GPA 2.90

Major GPA 3.91

EMPLOYMENT HISTORY

Graduate Teaching Assistant	Nutrition School of Biological and Population Health Sciences College of Public Health and Human Sciences Oregon State University	September 2018 -
Assistant Cheesemaker	Shelburne Farms Shelburne, Vermont	May 2015 – June 2018

RESEARCH ACTIVITIES

PEER-REVIEWED PUBLICATIONS

1. Tomayko, E.J., Tovar, A., Fitzgerald, N., Howe, C., Hingle, M.D., **Murphy**, M.P., Muzaffar, H., Going, S., Hubbs-Tait, L. Parent Involvement in Diet or Physical Activity Interventions to Treat or Prevent Childhood Obesity: An Umbrella Review. *Nutrients*, 13(9), 3227. DOI: 10.3390/nu13093227.

MANUSCRIPTS UNDER REVIEW

1. **Murphy**, M.P., Grutzmacher, S., Smit, E. Associations Between Family Meal Participation and Screen Time, Sleep, and Physical Activity Participation among Children and Adolescents: Results from the National Survey of Children's Health

MANUSCRIPTS IN PREPARATION

1. **Murphy**, M.P, Munger, A., & Grutzmacher, S. Peer influences on student self-efficacy to eat fruits and vegetables.

PRESENTATIONS AND WORKSHOPS

Refereed conference presentations

1. **Murphy**, M., Grutzmacher, S., Smit, E. (October 2020) Associations Between Family Meal Participation and Screen Time, Sleep, and Physical Activity Participation Among Children and Adolescents: Results from the National Survey of Children's Health, (Virtual).
2. **Murphy**, M., Alpaugh, M., Nickerson, A., & Callas, P. (October 2018) Cultural environment and physical activity participation in Vermont schools. Paper presented at the Food and Nutrition Conference and Exposition, Washington, DC.

3. **Murphy, M. & Bertmann, F.** (May 2017) Utilizing Cultural Responsiveness in Hunger Relief and Food Security Improvement Activities presented at Hunger Action Conference, Killington, VT.

SELECTED RESEARCH AND COMMUNITY PROJECTS

- ◆ Dietetic Intern at Green Mountain at Fox Run, Ludlow, Vermont, December 2017
As an intern at the women-only retreat, duties included providing evidence-based responses to client inquiries, assisting in menu development to adhere to dietary needs of clientele, and participating in mindfulness activities aimed at introducing clients to behavioral techniques for improved dietary intake.
- ◆ Dietetic Intern at Middlebury College, Middlebury, Vermont, September 2017
Conducted an on-campus tabling event for Middlebury College students aimed at illustrating recommended portion sizes for foods and beverages. This event included the development and dissemination of a tri-fold handout discussing portion distortion and providing tips for individuals to control portion sizes.
- ◆ Writer for Fueling Fitness Blog, Burlington, Vermont, June 2017
Contributed an original blog post for the Fueling Fitness blog; "Have it your way? Environmental Factors Influencing Food Choices."
- ◆ Dietetic Intern at Addison Northeast Supervisory Union, Addison, Vermont, June 2017
Developed a series of nutrition education games and activities for children and adolescents participating in the summer lunch program. Activities included crossword puzzles, word scrambles, and word searches illustrating the importance of variety in the diet. Analyzed daily school meal participation and provided implications for future menu planning. Assisted in meal production utilizing ServSafe guidelines and knowledge.
- ◆ Volunteer Nutritionist at the Open-Door Clinic, Middlebury, Vermont, 2017-2018
Offered nutrition services at no cost to clientele consisting largely of migrant farm workers. Provided nutrition education and counseling for patients in one-on-one appointments, utilized motivational interviewing practices to facilitate behavior change and instill self-efficacy, and facilitated bi-monthly diabetes management groups

TEACHING ACTIVITIES

COURSES TAUGHT

Course #	Course Title	Term	Credits	Students
<i>Oregon State University</i>				
NUTR 235	Science of Foods Laboratory	Fall 2021	1	15
NUTR 235	Science of Foods Laboratory	Fall 2021	1	15
NUTR 235	Science of Foods Laboratory	Fall 2021	1	15
NUTR 447	Management of Food Systems Lab	Spring 2021	3	34
NUTR 216	Food in Non-Western Culture	Winter 2021	3	40
NUTR 447	Management of Food Systems Lab	Spring 2020	3	35
NUTR 446	Managing Food and Nutrition Services	Winter 2020	4	35
NUTR 241	Applications in Human Nutrition	Winter 2019	1	13
NUTR 241	Applications in Human Nutrition	Spring 2019	1	18
NUTR 241	Applications in Human Nutrition	Winter 2019	1	9
NUTR 241	Applications in Human Nutrition	Fall 2018	1	33
NUTR 241	Applications in Human Nutrition	Fall 2018	1	15

COURSES AS TEACHING ASSISTANT

Course #	Course Title	Term	Credits	Students
<i>Oregon State University</i>				
NUTR 311	Food Service Production and Purchasing	Spring 2021	3	32
NUTR 311	Food Service Production and Purchasing	Spring 2020	1	33
NUTR 235	Science of Foods	Fall 2019	1	36
NUTR 311	Food Service Production and Purchasing	Spring 2019	1	32
NUTR 447	Management of Food Systems	Spring 2019	4	37
HHS 241	Lifetime Fitness for Health	Winter 2019	2	527

PROFESSIONAL SERVICE AND DEVELOPMENT

PROFESSIONAL SERVICE

Professional Organizations

Member, American Public Health Association, 2019-

~Food and Nutrition Section member, 2019-

~Public Health Education and Health Promotion Section member, 2019-

Member, Academy of Nutrition and Dietetics, 2016-2019

Professional Review

Reviewer of submissions for the Annual Meeting of the American Public Health Association (Food and Nutrition Section), 2019-2020
