

Melinda M. Manore, PhD, RD, CSSD, FACSM

Emeritus Professor, Nutrition
Oregon State University (OSU)
103 Milam Hall, Corvallis, OR 97331

Office: 541-737-8701
Fax: 541-737-6914
melinda.manore@oregonstate.edu

Education & Training:

PhD in Human Nutrition, <u>Dual Minors</u>: Exercise Science & Health, OSU, Corvallis, OR	1984
MS in Health Education, University of Oregon, Eugene OR	1980
BA in Home Economics, Seattle Pacific University (SPU), Seattle, WA	1973
Certifications: Professional Elementary & Secondary Education Certificate (SPU)	1973
Registered Dietitian (RD), Academy of Nutrition & Dietetics (AND)	1986
Board Certified Specialist in Sport Dietetics (CSSD), AND	2007

Academic Appointments:

Emeritus Professor, Dept. of Nutrition & Exercise Sciences (NES) (until 2015 – name change) & School of Population & Biological Sciences, College of Public Health and Human Sciences, Oregon State University (OSU)	2018-present
Professor, Dept. of Nutrition & Exercise Sciences (NES) (until 2015 – name change) & School of Population & Biological Sciences, College of Public Health and Human Sciences, Oregon State University (OSU)	2001-2018
Visiting Professor, Nutrition & Dietetics, University of Sunshine Coast, QSL, Australia	2012 (spring)
Adjunct Professor, Nutrition & Dietetics, University of Sunshine Coast, QSL, Australia	2014-2018
Professor & Extension Nutrition Specialist, Family & Community Health, OSU	2008-2010
Chair & Professor, Dept. of Nutrition and Food Service Management, OSU	2001-2004
College Health & Human Sciences AES Research Program Representative, OSU	2001-2002
Assistant, Associate & Professor, Dept. of Nutrition, Arizona State University (ASU), Tempe, AZ Left ACSM as an Emeritus Professor in 2001.	1984-2001

Research Interests:

-
- Women's Health Issues across the Lifecycle: role of nutrition, exercise and energy balance on weight, weight maintenance, reproductive health and prevention of chronic disease.
 - Interaction of nutrition, food and exercise in health, obesity and chronic disease prevention, metabolic syndrome, weight maintenance across the lifecycle, and exercise performance.
 - Factors regulating energy balance: energy intake and expenditure, eating behaviors/attitudes, food selection, and body composition.

Awards and Honors:

-
- 2018, OSU Vice Provost Award for Excellence for Outreach and Engagement: Food Hero Social Marketing Campaign.
 - 2016, Citation Award, American College of Sports Medicine (ACSM). This award recognizes significant contributions to sports medicine and exercise science. ACSM Annual Meeting, Boston, MA.
 - 2011-2013, Invited Member, President's Council on Fitness, Sports and Nutrition (PCFSN) Science Board.
 - 2012, President's Lecture, ACSM Annual Meeting, San Francisco, CA.
 - 2011, Distinguished Scholar Award from SCAN (Sports, Cardiovascular, and Wellness Nutritionists Practice Group), Academy of Nutrition and Dietetics (AND).
 - 2009-2011, Vice President, ACSM (elected office).
 - 2009, Outstanding Dietitian of the Year Award, Oregon Dietetic Association.

- 2005-2008, Member, ACSM Board of Trustees (elected office).
- 2001, SCAN Excellence in Practice Award, American Dietetic Association.
- 2000, Nominated, US Professor of the Year Award from Arizona State University (ASU).
- 2000 and 1998, Nominated, Alumni Assoc. Outstanding Teaching Award, ASU College of Liberal Arts & Sciences.
- 1999, Graduate Student Mentor Award, Preparing Future Faculty Program, ASU Graduate College.
- 1999, Nominated, Award for Excellence in Research, American Dietetic Association Foundation.
- 1997, Published Paper Co-author Award, Research Practice Group, American Dietetic Association.
- 1996, Nominated, Faculty Women's Association Distinguished Mentor of Women Award, ASU.
- 1995, 5-Year Award Recipient, Student Affairs Collaborative Service Award, ASU.
- 1993, Fellow American College of Sports Medicine.
- 1982, Member, Kappa Omicron Nu National Honor Society.

Professional Affiliations:

American Society of Nutrition (ASN)	1984-present
Academy of Nutrition and Dietetics (AND) (RD #709440)	1984-present
AND Practice Group Memberships: SCAN; Research; Weight Management	
Arizona Dietetic Association & Central Arizona District Dietetic Association	1984-2001
Oregon Academy of Nutrition and Dietetics	2001-present
American College of Sports Medicine (ACSM) (Fellow)	1985-present
Member: Nutrition Interest Group (founding member)	
The Obesity Society	1998-present
Professionals in Nutrition and Exercise Science (PINES), Founding Board Member	2007-present

Peer-Reviewed Publications: 2000-present only [*indicates graduate student at the time the work was done.]

1. Cialdella-Kam, L, Patton-Lopez MM, **Manore MM**, Carsey JC, Yu M, Wong SS. Body weight and weight-related behaviors and perceptions differ between Latino and White high school soccer athletes. *Journal of the Academy of Nutrition and Dietetics* (in preparation).
2. Tam R*, Beck K, **Manore MM**, Gifford J, Flood VM, O'Conner H. Effectiveness of education interventions designed to improve nutrition knowledge in athletes: A systematic review. *Sports Med.* 2019;49:1769-1786. IF=9.7
3. Tobey LN, Mouzong C, Angulo JS, Bowman S, **Manore MM**. How low-income mothers select and adapt recipes: Implications for promoting healthy recipes online. *Nutrients.* 2019;11:339-352. <http://Doi:10.3390/nu11020339>. IF=4.5
4. Patton-Lopez MM, **Manore MM**, Branscum A, Yu M, Wong SS. Changes in sport nutrition knowledge, attitudes/beliefs and behaviors in high school soccer players following a two-year sport nutrition education and life-skills intervention. *Nutrients.* 2018; 10(11):1636. <https://doi.org/10.3390/nu10070947>. IF=4.5
5. Johnson T, Wong SS, **Manore MM**. The WAVE Experience: Best practices for engaging high school soccer players in life-skills team building competitions. *J National Extension Association of Family & Consumer Sciences (NEAFCS).* 2018;13:44-58. <https://www.neafcs.org/assets/documents/journal/2018%20jneafcs%20final%20updated.pdf>
6. Wong SS, **Manore MM**, Pilolla K, Skoog I, Hill D, Hand T. WAVE Project Sports Nutrition Education Resources. *J Youth Develop.* 2018;13(3): 275-283. <http://jyd.pitt.edu/ojs/jyd/issue/view/43>
7. Yu M*, **Manore MM**, Schuna J, Patton-Lopez MM, Branscum A, Wong SS. Promoting healthy diet, physical activity, and life-skills in high school athletes: Results from the WAVE Ripples for Change Childhood Obesity Prevention 2-year intervention. *Nutrients.* 2018, 10(7):1-13. <https://doi.org/10.3390/nu10070947>. IF=4.5
8. Yu M*, Wong SS, **Manore MM**, Patton-Lopez, MM. WAVE~Ripples for change obesity two-year intervention in high school soccer players: Process evaluation, best practices and youth development. *Nutrients.* 2018, 10(6):711(pages 1-14) <https://doi.org/10.3390/nu10060711>. IF=4.5

9. **Manore MM**. Diet, Exercise and the Gut: Steps to a Healthier Gut. *ACSM's Health & Fit J*. 2018; 22(5),1-5. doi: 10.1249/FIT.0000000000000421. IF=1.2
10. **Manore MM**, Larson-Meyer DE, Lindsay AR, Hongu N, Houtkooper L. Dynamic energy balance: An integrated framework for discussing diet and physical activity for obesity prevention –Is it more than eating less and exercising more? *Nutrients*. 2017;9: 905 (p.1-14). <http://Dio:10.3390/nu9080905> PMID:28825615. IF=4.5
11. **Manore MM**, Patton-Lopez MM, Yu M*, Wong SS. Sport nutrition knowledge, behaviors and beliefs of high school soccer players. *Nutrients*. 2017;9(4), 350 (p. 1-17). doi:10.3390/nu9040350. PMID: 28368321. IF=4.5
12. Dolin KR, **Manore M**, Hand R, Liguori G. Improving weight management outcomes by collaboration between nutrition and exercise professionals. *ACSM's Health & Fit J*. 2017; 21(3):22-30. doi: 10.1249/FIT.0000000000000297. IF=1.2
13. Jackson JA*, Smit E, Branscum A, Gunter K, Harvey SM, **Manore MM**, John D. The family-home environment, food insecurity, and body mass index in rural children. *Health Education & Behavior*. 2017:1-10. DOI: 10.1177/1090198116684757. PMID: 28125908 IF=1.9
14. John D, Winfield T, Etuk L, Hystad P, Langellotto G, **Manore M**, Gunter K. Community-engaged Attribute Mapping: Exploring Resources and Readiness to Change in Rural Context for Obesity Prevention. *Progress in Community Health Partnership: Research, Education and Action*, 2017, vol. 11.2, 183-196. doi: 10.1353/cpr.2017.0023. PMID: 28736411.
15. Tobey LN, Johnson T, Braverman M, Veith R, SS Wong, Mouzong C, **Manore MM**. Can healthy recipes change eating behaviors? The Food Hero Social Marketing Campaign Recipe Project Experience and Evaluation. *J Nutr Ed Behavior*. 2017; 4991:79-82. PMID: 27756796. DOI: <http://dx.doi.org/10.1016/j.jneb.2016.09.001>. IF=3.3
16. Kruskall L, **Manore M**, Eickhoff-Shemek JM, Ehrman J. Crossing the Line: Understanding the scope of practice among registered dietitian nutritionists (RDN) and exercise professionals. *ACSM's Health & Fit Journal*. 2017 (Jan/Feb) 21(1):23-32. doi: 10.1249/FIT.0000000000000266. IF=1.2
17. **Manore MM**, Hand RK, Liguori G, Bayles M, Dolins K, Steinmuller P, Cotton R, Smith-Edge M. Knowledge and beliefs that promote or hinder collaboration among Registered Dietitian Nutritionists and Certified Exercise Professionals – Results of a Survey. *J Academy of Nutr Diet*. 2017; 117(2): 280-296. PMID: 27373726. IF=4.5
18. Cialdella-Kam L, Kulpins D, **Manore MM**. Vegetarian, gluten-free, and energy restricted diets in female athletes. *Sports* 2016. 4(4):50-62. doi:10.3390/sports4040050.
19. Tobey LN, Koenig H, Brown N, **Manore MM**. Reaching low-income mothers to improve family fruit and vegetable intake: Food Hero Social Marketing Campaign- Research Steps, Development and Testing. *Nutrients*. 2016; 8(9):1-16. PMID: 27649233. dio: 10.3390/nu8090562. IF=4.5
20. Howe SM*, Hand TM*, Larson-Meyer DE, Austin KJ, Alexander BM, **Manore MM**. No effect of exercise intensity on appetite in highly-trained endurance women. *Nutrients*. 2016;8:223-236. PMID: 27096869. doi:10.3390/nu804223. IF=4.5
21. Hand TM*, Howe SM*, Cialdella-Kam L, Hoffman C, **Manore MM**. A Pilot Study: Dietary energy density is similar between active women with and without exercise-associated menstrual dysfunction. *Nutrients*. 2016; 8: 230-241. PMID: 27104560. Doi:10.3390/nu804230. IF=4.5
22. John D, Gunter K, Jackson JA*, **Manore MM**. Developing the School Physical Activity and Nutrition Environment Tool (SPAN-ET) to measure qualities of the obesogenic context. *J School Health*. 2016;86(1):39-47. PMID: 26645419.
23. Jackson JA*, Smit E, **Manore MM**, John D, Gunter K. The family-home nutrition environment and dietary intake in rural children. *Nutrients*. 2015;7(12):9707-20. PMID: 26610566. IF=4.5
24. **Manore MM**. Weight Management for Athletes and Active Individuals. *J Sports Med*. 2015;45, Suppl 1:83-92. PMID: 26553496. IF=2.6

25. **Manore MM**. Rethinking Energy Balance: Facts you need to know about weight loss and management. *ACSM Health & Fit J*. 2015;19(5):9-15. doi: 10.1249/FIT.0000000000000149. IF=1.2
26. Sweat WM, **Manore MM**. Dietary Fiber: Simple steps for managing weight and improving health. *ACSM's Health & Fit J*. 2015; 19(1), 9-16. doi: 10.1249/FIT.0000000000000091. IF=1.2
27. Howe KM*, Hand TM*, **Manore MM**. Active Men and Women: Role of Diet and Exercise on Appetite and Energy Intake. *Nutrients*. 2014; (Nov); 6 (11), 4935-4960. [PMID: 25389897](#). IF=4.2
28. Cialdell-Kam L*, Guebels CP*, Maddalozzo G, **Manore MM**. Dietary intervention restored menses in female athletes with exercise-associated menstrual dysfunction with limited impact on bone and muscle health. *Nutrients*. 2014 (Aug); 6(8): 3018-39. [PMID: 25090245](#). IF=4.2
29. Hongu N, Martinez CL, Billias NN, Wyatt MA, Turner RJ, **Manore MM**. The Cooperative Extension System's use of USDA's online food and physical activity Tracker – SuperTracker. *J Extension*. 2014; October 27.
30. **Manore MM**, Brown K, Houtkooper L, Jakicic J, Peters JC, Smith-Edge, M, Steiber A, Going S, Gable L, Krautherm AM. Energy Balance at a Crossroads: Translating the Science into Action. *Med Sci Sports Exerc*. 2014; 46(7):1466-73 [PMID: 24932615](#) & *J Academy of Nutr Diet*. 2014; 114(7):113-9. [PMID: 24956995](#). IF=4.5
31. Steinmuller PL, Kruskall LJ, Karpinski C, **Manore MM**, Macedonio MA, Meyer NL. Academy of Nutrition and Dietetics: Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (competent, proficient, and expert) in Sports Dietetics. *J Academy Nutr Diet*. 2014;114(4):631-64; + supplement (641-e1-e43). [PMID: 24656504](#). IF=4.5
32. Guebels CP*, Cialdella-Kam L*, Maddalozza G, **Manore MM**. Active Women Before/After an Intervention Designed to Restore Menstrual Function: Resting Metabolic Rate and Comparison of Four Methods to Quantify Energy Expenditure and Energy Availability. *Inter J Sport Nutr Exerc Metab*. 2014; 24(1):37-46. [PMID: 23918617](#). IF=3.9
33. Tobey L, Manore MM. Social media and nutrition education: The Food Hero experience. *J Nutr Ed Behav*. 2013; 46(2):128-33. [PMID: 24220043](#). IF=3.3
34. Lindsay AR, Hongu N, Spears K, Idris R, Dyrek A, **Manore MM**. Field Assessments for obesity prevention in children and adults: Physical activity, fitness, and body composition. *J Nutr Ed Behav*. 2013; 46(1):43-53. [PMID: 23850013](#). IF=3.3
35. **Manore MM**. Weight management for athletic performance. IN: Tipton K, van Loon, LJC. Ed. Nutritional Coaching Strategies to Modulate Training Efficiency. *Nestle Nutrition Institute Workshop Series*. 2013; 75:123-133. [PMID: 23765356](#)
36. Lauder milk M*, **Manore MM**, Thomson CA, Houtkooper LB, Farr JN, Going SB. Vitamin C and zinc intakes are related to bone macro-architectural structure and strength in prepubescent girls. *Calcified Tissue Inter*. 2012;91(6):430-9. [PMID:22465867](#).
37. Purcell N, Bowne E, Zoumenou V, Schuster ER, Boggess M, **Manore MM**, Gerrior SA. A survey to identify Extension professional's strengths and needs related to nutrition and health programs. *J Extension*. 2012;50(3):1-7 (Article No 3RIB2).
38. Sweat W*, **Manore MM**. Too Good to Be True? Eating More and Losing Weight with a Low Energy-Dense Diet. *ACSM's Health & Fit J*. 2012;16(4-July/Aug):22-28. doi: 10.1249/FIT.0b013e31825a6ecc. IF=1.0
39. Meyer NL, **Manore MM**, Berning J. Fueling for Fitness: Nutrition recommendations for before, during and after exercise. *ACSM's Health & Fit J*. 2012;16(3-May/June):7-12. doi: 10.1249/01.FIT.0000414750.69007.fc. IF=1.2

40. **Manore MM**. Ephedra, bitter orange, and hydroxycitric acid as effective weight-loss supplements: Do we recommend them to consumers? Letter to the Editor. *Inter J Sport Nutr & Exerc Metab*. 2012; 22:410-411. [PMID: 22465867](#). IF=3.9
41. **Manore MM**. Dietary supplements for improving body composition and reducing body weight: Where is the evidence? *Inter J Sport Nutr & Exerc Metab*. 2012; 22:139-154. [PMID: 22465867](#). IF=3.9
42. Meyer NL, **Manore MM**, Helle C. Nutrition for winter sports. *J Sport Sci*. 2011; 29(S1):S127-S136. [PMID: 22150424](#). IF=2.6
43. Hoisington A, **Manore MM**, Raab C. Nutritional quality of emergency foods. *J Am Diet Assoc*. 2011;111(4), 573-576. [PMID: 21443991](#). IF=4.1
44. **Manore MM**, Meeusen R, Roelands B, Moran S, Popple A, Naylor M, Burke LM, Stear SJ, Castell LM. BJSM reviews: A-Z of nutritional supplements: dietary supplements, sports nutrition foods and ergogenic aids for health and performance Part 16. *Brit J Sports Med*. 2011; 45(1):73-74. [PMID: 21169238](#). IF= 12.6
45. Burke LM, Castell LM, Stear SJ, Houtkooper L, **Manore MM**, D Senchia. BJSM reviews: A-Z of nutritional supplements: dietary supplements, sports nutrition foods and ergogenic aids for health and performance Part 7. *Brit J Sports Med*. 2010;44:389-391. [PMID: 20371566](#). IF=12.6
46. Grimstvedt ME*, Woolf K, Milliron BJ, **Manore MM**. Lower eating index-2005 dietary quality scores in older women with rheumatoid arthritis vs. healthy controls. *Pub Health Nutr*, 2010;13(8), 1170-1177. [PMID: 20188003](#). IF=3.2
47. Kam LC*, **Manore MM**. Macronutrient requirements of active individuals: An Update. *Nutr Today*. 2009;44(3):104-111.
48. Steimuller P, Meyer NL, Kruskall, LJ, **Manore MM**, Macedonio M, Rodriguez NR, Bird RL, Berning JR. ADA Standards of Practice and Standards of Professional Performance for RDs in Sports Dietetics. *J Am Diet Assoc*. 2009;109:544-542. [PMID: 19278047](#). IF=4.1
49. Donnelly JE, Blair SN, Jakicic JM, **Manore MM**, Rankin JW, Smith BK. American College of Sports Medicine (ACSM) Position Stand. Appropriate intervention strategies for physical activity, weight loss and prevention of weight regain for adults. *Med Sci Sports Exerc*. 2009;41:459-471. [PMID: 19127177](#). IF=4.5 [In 2010, this was the most-read article on the Lippincott Williams Wilkins (LWW) online journal platform with 50,996 full-text views.]
50. Joubert LM*, **Manore MM**. The role of physical activity level and B-vitamin status on blood homocysteine levels. *Med Sci Sports Exerc*. 2008;40(11):1923-1931. [PMID: 18845970](#) IF=4.5
51. Pilolla KD*, **Manore MM**. Gestational Diabetes Mellitus: The other diabetes on the rise. *ACSM's Health & Fit J*. 2008 (Sept/Oct);12(5):8-13. doi: 10.1249/FIT.0b013e3181844c91. IF =1.2
52. Woolf K, **Manore MM**. Elevated plasma homocysteine and low vitamin B-6 status in non-supplementing older women with and without rheumatoid arthritis. *J Am Diet Assoc*. 2008(March);108:443-453. [PMID: 18313425](#). IF=4.1
53. Penry JT*, **Manore MM**. Choline: An important micronutrient for maximal endurance exercise performance? *Inter J Sport Nutr Exerc Metab*. 2008;18:191-203. [PMID: 18458362](#). IF=3.9
54. **Manore MM**, Kam LC*, Loucks AB. The Female Athlete Triad: Components, Nutrition Issues and Health Consequences. *J Sport Sci*. 2007;25(S2):S61-S71. [PMID: 18049984](#). IF=2.6
55. Grobe D, **Manore MM**, Still E*. Trading off fish health and safety: Female decision-making processes toward the risk of methylmercury in fish. *J Consumer Affairs*. 2007(Winter):41(2):250-264.
56. Nattiv A, Loucks AB, **Manore MM**, Sanborn CF, Sundgot-Borgen J, Warren MP. American College of Sports Medicine (ACSM) Position Stand. Female Athlete Triad. *Med Sci Sports Exerc*. 2007;39(10):1867-1882. [PMID: 17909417](#). IF=4.5

57. Sass C, Eickhoff-Shemek JM, **Manore MM**, Kruskall L. Crossing the Line: Understanding the scope of practice between registered dietitians and health/fitness professionals. *ACSM's Health & Fit J.* 2007;11(3):12-19. doi: 10.1249/01.FIT.0000269059.95841.3e. IF =1.2
58. Joubert L*, **Manore MM**. Nutrition, Exercise and Homocysteine. *Inter J Sport Nutr Exerc Metab.* 2006;16:341-361. PMID: [17136938](#). IF=3.9
59. Woolf K, **Manore MM**. B-vitamins and Exercise: Does exercise alter requirements? *Inter J Sport Nutr Exerc Metab.* 2006;16:453-484. PMID: [17240780](#). IF=3.9
60. Case P, **Manore MM**, Thompson JL. Stemming the Tide: Are you prepared for the diabetes epidemic? *ACSM's Health & Fit J.* 2006;10(1):7-13. IF=1.2
61. **Manore MM**. Exercise and the Institute of Medicine Recommendations for Nutrition. *Cur Sports Med Reports.* 2005;4(4):193-198. PMID: [16004827](#). IF=1.4
62. Meyer NL*, Shaw JM, **Manore MM**, Dolan S, Subudhi AW, Shultz BB, Walker JA. Bone mineral density of Olympic-level female winter sport athletes. *Med Sci Sports Exerc.* 2004;36 (9):1594-1601. PMID: [15354043](#) IF=4.5
63. **Manore MM**. Nutritional recommendations and athletic menstrual dysfunction. *Inter Sport Med J.* 2004;5(1):45-55. IF=2.5
64. **Manore MM**, Myers EF. Research and the dietetics profession: Making a bigger impact! *J Am Diet Assoc.* 2003;103(1):108-112. PMID: [12525803](#) IF=4.1
65. **Manore MM**. Dietary supplements for weight loss: Do they work? Are they safe? *ACSM's Health & Fit J.* 2003;7(4):1-5. IF=1.2
66. **Manore MM**. Dietary recommendations and athletic menstrual dysfunction. *Sports Med.* 2002;32(14):887-901. PMID: [12427050](#). IF= 12.6
67. Beals KA*, **Manore MM**. Disordered eating and menstrual dysfunction in female collegiate athletes. *Inter J Sport Nutr Exerc Metab.* 2002;12:281-293. PMID: [12432173](#). IF=3.9
68. Gilliant-Wimberly M*, **Manore MM**, Woolf K*, Swan PD, Carroll SS. Effects of habitual activity on resting metabolic rate and body composition in women 35-50 years. *J Am Diet Assoc.* 2001;101:1081-88. PMID: [11678489](#). IF=4.1
69. Dancho C*, **Manore MM**. Dietary supplement information on the World Wide Web: Sorting fact from fiction. *ACSM's Health & Fit J.* 2001;(6)5:7-12. IF=1.2
70. Binzen CA*, Swan PD, **Manore MM**. Excess oxygen consumption and substrate oxidation after resistance exercise in women. *Med Sci Sports Exerc.* 2001; 33(6):932-938. PMID: [11404658](#). IF=4.5
71. **Manore MM**, Barr SI, Butterfield GA. Position of the American Dietetic Association, Dietitians of Canada, and the American College of Sports Medicine: Nutrition and athletic performance. *J Am Diet Assoc.* 2000;100:1543-1556, *Med Sci Sports Exerc.* 2000;32(12):2130-2145, and *Can J Diet Pract Res.* 2000;61:176-192. (Position Statement published simultaneously with all three organizations.) PMID: [11551367](#)
72. **Manore MM**. Effect of physical activity on thiamin, riboflavin, and vitamin B-6 requirements. *Am J Clin Nutr.* 2000;72(suppl):598S-606S. PMID: [10919966](#) IF=6.7
73. Beals KA*, **Manore MM**. Behavioral, psychological, and physical characteristics of female athletes with subclinical eating disorders. *Inter J Sport Nutr Exerc Metab.* 2000;10(2):128-143. PMID: [10861334](#) IF=3.9

Books:

1. **Manore MM**, Pritchett K, Woolf K. *Sport Nutrition for Health and Performance, 3rd Ed.* Human Kinetics Publishers, Champaign, IL, (in press for 2019). First Edition in 2000: Manore MM, Thompson JL. *Sport Nutrition for Health and Performance.* Human Kinetics Publishers, Champaign, IL, 2000, 514 pages. ISBN:0-87322-939-8
2. Thompson JL, **Manore MM**, Vaughan LA. *The Science of Nutrition, 5th Ed.* San Francisco, CA: Pearson Publishers, 2019. 773 pages. ISBN: 9780134898674, 0134898672. Copyright: **2020**. <https://www.vitalsource.com/referral?term=9780135351123>. First Edition in 2008: Thompson JL, Manore MM, Vaughan LA. *The Science of Nutrition, 5th Ed.* San Francisco, CA: Pearson Publishers.
3. Thompson JL, **Manore MM**. *Nutrition: An Applied Approach, 5th Ed.* San Francisco, CA: Pearson Publishers, 2017, 566 pages. ISBN: 10: 0-13-45612-0. Copyright: **2018**. <https://www.pearsonhighered.com/program/Thompson-Nutrition-An-Applied-Approach-Plus-Mastering-Nutrition-with-My-Diet-Analysis-with-Pearson-e-Text-Access-Card-Package-5th-Edition/PGM1100951.html>. Next Edition: 2010. First Edition in 2007: Thompson JL, Manore MM. *Nutrition: An Applied Approach, 5th Ed.* San Francisco, CA: Pearson Publishers
4. Thompson JL, Manore MM. *Nutrition for Life, 3rd Ed.* San Francisco, CA: Pearson Publishers, 2013, 404 pages. ISBN 13: 978-0-321-77435-4. <http://www.pearsonhighered.com/educator/product/Nutrition-for-Life-with-MyNutritionLab-plus-MyDietAnalysis/9780321828354.page>. First Edition 2007: Thompson JL, Manore MM. *Nutrition for Life.* San Francisco, CA: Benjamin Cummings Publishers, 2007, 485 pages. ISBN: 0-805307968-1.
5. **Manore MM**, Meyer NL, Thompson JL. *Sport Nutrition for Health and Performance, 2nd Ed.* Human Kinetics Publishers, Champaign, IL, 2009, 543 pages. ISBN: 978-0-7360-5296-5. <http://www.humankinetics.com/products/all-products/sport-nutrition-for-health-and-performance---2nd-edition>
6. Thompson JL, **Manore MM**, Sheeshka J. *Nutrition: An Applied Approach. Canadian Edition.* Toronto, Ontario, Canada: Benjamin Cummings Publishers, 2007, 618 pages. ISBN: 0-321-25294-2.
7. Committee on Metabolic Monitoring for Military Field Applications (Authors: Erdman JW, Bistrain BR, Clarkson PM, Dwyer JT, Klein BP, Lane HW, **Manore MM**, O'Neil PM, Russell RM, Tepper BJ, Tipton KD, Yates AA.). *Nutrient Composition of Rations for Short-term, High-intensity Combat Operations.* Standing Committee on Military Nutrition Research, Institute of Medicine. National Academies Press, Wash DC, 2006, 46 pages. ISBN: 0-309-08461-3. <http://iom.edu/Reports/2005/Nutrient-Composition-of-Rations-for-Short-Term-High-Intensity-Combat-Operations.aspx>
8. Committee on Metabolic Monitoring for Military Field Applications (Authors: Vanderveen JE, Bistrain BR, Caldwell JA, Dwyer JT, Erdman JW, Lane HW, **Manore MM**, Morgan WP, O'Neil PM, Sternberg EM, Tepper BJ, Thayer J.). *Monitoring Metabolic Status: Predicting Decrements in Physiological and Cognitive Performance.* Standing Committee on Military Nutrition Research, Institute of Medicine. National Academies Press, Wash DC, 2004, 450 pages. ISBN: 0-309-09159-4. <http://iom.edu/Reports/2004/Monitoring-Metabolic-Status-Predicting-Decrements-in-Physiological-and-Cognitive-Performance-during-Military-Operations.aspx>

Invited Book Chapters:

1. **Manore MM**. Energy requirements and Measurement of Energy Expenditure. IN: Burke L, Deakin V, Minehan, M. Eds. *Clinical Sports Nutrition, 6th Edition.* McGraw Hill Publishers: Boston, MA, 2021 (in press).
2. Burke LA, **Manore MM**. Nutrition for Sport and Physical Activity. In: Marriott BM, Dill D, Stallings V, Yates A. eds. *Present Knowledge in Nutrition, 11th edition.* Elsevier Publishers: St. Louis, MO. 2021, pp.99-118 (Chapter 6).
3. Cialdella-Kam L, **Manore MM**. Diet and exercise approaches for reversal of exercise-associated menstrual dysfunction. IN: Lukaski, H. Eds. *Nutritional Guidelines for Body Composition and Performance.* Taylor & Frances Group: Milton Park, Abingdon, UK. 2017, pp. 357-374.

4. **Manore MM**, Thompson JL. Energy requirements of the athlete: assessment and evidence of energy efficiency. IN: Burke L, Deakin V, Eds. *Clinical Sports Nutrition, 5rd Edition*. McGraw Hill Publishers: Boston, MA, 2015, pp.114-157.
5. Houtkooper L, **Manore MM**. Calcium. IN: Castell LM, Burke L, Eds. *Nutritional Supplements in Sport, Exercise and Health: an A-Z Guide*. Routledge: Taylor and Francis Publishers. 2015, pp. 68
6. **Manore MM**. Folate. IN: Castell LM, Burke L, Eds. *Nutritional Supplements in Sport, Exercise and Health: an A-Z Guide*. Routledge: Taylor and Francis Publishers, 2015, pp. 126.
7. Woolf K, LoBuono DL, **Manore MM**. B-vitamins and the Female Athlete IN: Beals K Ed. *Nutrition and the Female Athlete, From Research to Practice*. 2nd Ed. 2013, pp 139-182. CRC Press, Boca Raton, FL.
8. **Manore MM**, Kam CL. Fuels for Exercise. IN: Rippe JM, Ed. *Encyclopedia of Lifestyle Medicine and Health*. Sage Publications, Inc. 2013.
9. **Manore MM**. Fuels for Exercise. IN: Mooren FC, Skinner JS eds. *Encyclopedia of Exercise Medicine in Health and Disease*. 2012 (March) Vol. 1, pages 499-503. SAGE Publishers, Heidelberg, Germany.
10. Meyer NA, **Manore MM**. Evaluation of Nutrient Adequacy of Athletes' Diets. IN: Driskell JA, Wolinsky I, Eds. *Nutritional Assessment of Athletes*, 2nd Ed. CRC Press, Boca Raton, FL. 2011, pp. 51-70. ISBN 978-1-4398-182103,
11. **Manore MM**, Thompson JL. Energy requirements of the athlete: assessment and evidence of energy efficiency. IN: Burke L, Deakin V, Eds. *Clinical Sports Nutrition, 4rd Edition*. McGraw Hill Publ: Boston, MA, 2010, pp.96-115.
12. **Manore MM**, Thompson JL. Body Weight Regulation and Energy Needs. IN: Wolinsky I & Driskell J, eds. *Sports Nutrition: Energy Metabolism and Exercise*. CRC Press, Boca Raton, FL, 2008, pp. 241-260.
13. Woolf K, **Manore MM**. Micronutrients Important for Exercise. IN: Spurway N, MacLaren D Eds. *Advances in Sport and Exercise Science Series: Nutrition and Sport*. Elsevier Publ: Philadelphia, PA, 2007, pp.117-134.
14. Beals K, **Manore MM**. Nutritional Considerations for the Female Athlete. IN: Spurway N, MacLaren D Eds. *Advances in Sport and Exercise Science Series: Nutrition and Sport*. Elsevier Publ: Philadelphia, PA, 2007, pp.185-204.
15. **Manore MM**, Thompson JL. Energy requirements of the athlete: assessment and evidence of energy efficiency. IN: Burke L, Deakin V, Eds. *Clinical Sports Nutrition, 3rd Edition*. McGraw Hill Publ: Boston, MA, 2006, pages 113-134.
16. **Manore MM**, Beals KA. Health screening and diet assessment. IN: Dunford M. Ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 4rd Ed. ADA: Chicago, IL: ADA Publishers, 2005, page145-159.
17. **Manore MM**, Woolf K, Nutritional concerns of the female athlete. IN: *Ensuring the Health of Active and Athletic Girls and Women*. Ransdell L. & Petlichkoff L. (Eds.). Waldorf, MD: National Association for Girls and Women in Sport, American Alliance for Health, Physical Education, Recreation and Dance, pp. 167-203, 2005.
18. Hansen C, **Manore MM**. Vitamin B-6. IN: *Sports Nutrition: Vitamins and Trace Elements*. 2nd ed. Wolinsky I, Driskell JA (Eds.). CRC Press: Boca Raton, FL, page 81-91, 2005.
19. **Manore MM**. Succeeding in Graduate School. IN: *ACSM Fellows Offer Advice to Students*. Hall SJ, (Ed.) ACSM: Indianapolis, IL, 2005, p. 31-37.
20. **Manore MM**. Case studies in sport nutrition (7 case studies). In: *IOC Handbook of Sports Nutrition*. Maughan RJ and Burke LM. (Eds.) Oxford, UK: Blackwell Science Publishers, 2002, pp. 34, 48, 83, 91, 126, 160, 171.
21. Clarkson P, **Manore MM**. Nutritional and pharmaceutical ergogenic aids in female athletes. IN: Drinkwater B ed. *IOC Encyclopedia of Sports Medicine: Women in Sport*. Oxford, UK: Blackwell Science Publishers, 2000, pp. 321-341.
22. **Manore MM**, Thompson JL. Energy requirements of the athlete: assessment and evidence of energy efficiency. IN: Burke L, Deakin V, eds. *Clinical Sports Nutrition*. McGraw Hill Publ: Boston, MA, 2000, pp. 124-145.

23. Beals KA, **Manore MM**. Health Screening and Medical Evaluation. IN: Rosenbloom C. Ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 3rd Ed. ADA: Chicago, IL, 2000, pp. 149-156.
24. Beals KA, **Manore MM**. Dietary Assessment. IN: Rosenbloom C. Ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 3rd Ed. ADA: Chicago, IL, 2000, pp. 157-167.
25. Beals KA, **Manore MM**. Physical Fitness Assessment. IN: Rosenbloom C. Editor. *Sports Nutrition: A Guide for the Professional Working with Active People*. 3rd Ed. ADA: Chicago, IL, 2000, pp.169-183.
26. **Manore MM**. The overweight athlete. IN: Maughan R. ed. *IOC Encyclopedia of Sports Medicine: Nutrition in Sport*. Oxford, UK: Blackwell Science Publishers, 2000, pp. 469-483.
27. Thompson JL, **Manore MM**. Body Weight Regulation and Energy Needs: Weight Loss. IN: Driskell J & Wolinsky I eds. *Energy-Yielding Macronutrients & Energy Metabolism in Sports*. CRC Press, Boca Raton, FL, 2000, pp. 291-308.
28. Thompson JL, **Manore MM**. Energy Balance. IN: Berning JR, Steen SN eds. *Nutrition for Sport and Exercise*. 2nd Edition. Aspen Publishers, Inc: Gaithersburg, MD, 1998, pp.167-186.
29. **Manore MM**, Merkel J, Helleksen JM, Skinner JS, Carroll SS. Longitudinal changes in Mg status in untrained males: effect of 2 different 12-wk exercise programs & Mg supplementation. IN: Kies CV, Driskell J ed. *Sports Nutrition: Minerals & Electrolytes*. CRC Press: Boca Raton FL, 1995, pp.179-187.
30. **Manore M**, Ryan M. Medical and Nutrition Assessment. IN: Benardot D, ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 2nd ed. ADA:Chicago IL, 1992, pp. 50-53.
31. **Manore M**, Ryan M. Nutrient Intake Assessment. IN: Benardot D, ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 2nd ed. ADA: Chicago, IL, 1992, pp. 54-60.
32. **Manore M**, Ryan M. Physical Fitness Assessment. IN: Benardot D, ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 2nd ed. ADA: Chicago, IL, 1992, pp. 61-69.
33. **Manore M**, Benardot D, Love P. Body Measurements. IN: Benardot D, ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 2nd ed. ADA: Chicago IL, 1992, pp.70-93.
34. Dunford M, **Manore M**. Computer Programs for Nutrition, Diet, Fitness, and Body-Composition Assessment. IN: Benardot D, Ed. *Sports Nutrition: A Guide for the Professional Working with Active People*. 2nd ed. ADA: Chicago, IL, 199, pp. 94-100.

Referred Professional Outreach Articles, Curricula, Proceedings & Educational Materials:

1. Kruskal L, Schwartz J, Stuhr R, **Manore MM**. A Physical Activity Toolkit for Registered Dietitians: Utilizing Resources of Exercise is Medicine. American Dietetic Association and American College of Sports Medicine. 2nd Edition. 2021 (in press), xxx pages. The Academy of Nutrition and Dietetics, Chicago, IL. Web link: <http://www.eatright.org/>.
2. **Manore MM**. The female cyclist: Building a rock solid foundation for high performance. Podcast Interview with Fuel The Pedal by Gabriel Baltazar-Martin, Dept Exercise Physiology, UCJS, Madrid, Spain. Link: cycling@fuelthepedal.com
3. **Manore MM**, Pilolla K, Skoog I, Hill D, Hand T, Wong SS. WAVE Sport Nutrition Curriculum. WAVE ~Ripples for Change: Obesity Prevention in Active Youth. Aug, 2018. Oregon State University Extension Web Link: [The WAVE Sport Nutrition Curriculum](https://catalog.extension.oregonstate.edu/em9218) (EM 9812) (URL: <https://catalog.extension.oregonstate.edu/em9218>)
4. Dolins KR, **Manore MM**. Integrating nutrition and physical activity in weight management. *Weight Management Matters* 2017; 16(2,Fall), 9-10.
5. **Manore MM**. Nutrition Deficiencies in the Female Endurance Runner. *Sport Nutrition Conference Proceedings*, New York, 2013. www.sport-nutrition-conference.com

6. Volpe SL, **Manore MM**, Houtkooper L. Sports Nutrition Guidelines for Youth and Adults. President's Council on Fitness, Sport and Nutrition, Research Digest. 2013; 14(3):1-11. Web link: <https://www.presidentschallenge.org/informed/digest/docs/201309digest1.pdf>
7. Langelotto GA, Tobey L, Fitch J, Hoisington A, Joyce A, Brody B, Baxter D, Quinn MT, Hunt S, **Manore MM**. Growing Healthy Kids, 2nd Edition. Second Edition. Copyright ©2012 by Oregon State University Extension. [Integrated nutrition, gardening and physical activity for kids curriculum.]
8. Schwartz J, Carpenter RA, **Manore MM**, Kruskall L. (Authors). A Physical Activity Toolkit for Registered Dietitians: Utilizing Resources of Exercise is Medicine. American Dietetic Association and American College of Sports Medicine. Fall, 2011, 115 pages. American Dietetic Association, Chicago, IL. Web link: <http://www.eatright.org/>.
9. **Manore MM**. Applying the 2010 Dietary Guidelines for Americans to the Prevention of Childhood Obesity. An Expert Interview. Medscape Education Diabetes & Endocrinology (CME/CE), Stanford Health Children's Health, Fitness and Nutrition Initiative. Aug 15, 2011. Web link: <http://www.medscape.org/viewprogram/32105>.
10. **Manore MM**. People don't eat nutrition, People eat Food: An Expert Interview. Medscape Education Diabetes & Endocrinology (CME/CE), Stanford Health Children's Health, Fitness and Nutrition Initiative. January 10, 2011. Web link: <http://www.medscape.org/viewarticle/735047>.
11. Berning J, **Manore MM**, Meyer N. Nutrition and Athletic Performance: Before, During and After Exercise. Adapting the Joint Position Statement into Practical Guidelines. Based on the Joint Position Statement, Nutrition and Athletic Performance (March 2009), authored by the American Dietetic Association (ADA), the Dietitians of Canada (DC), and the American College of Sports Medicine (ACSM).
 - Paper was sponsored by GSSI, reviewed by 7 outside reviewers from ACSM and ADA. Document is being distributed to athletic bodies such as the NCAA, NATA, and CSCS and through SCAN.
12. Kam, LC*, **Manore MM**. The Female Athlete Triad: An Update. SCAN Pulse. 2007;26(4):5-8.
13. Hoisington A, **Manore MM**. Nutrition: Obesity & Hunger. OSU Extension Services, Aug, 2006. On the web: <http://extension.oregonstate.edu/catalog/>
14. **Manore MM**. Feeding the Active Male: Part IV. *ACSM's Health and Fitness Journal*. 2006;10(3):33-34.
15. **Manore MM**. Feeding the Active Male and Female: Part III. *ACSM's Health and Fitness Journal*. 2006;10(1):26-28.
16. **Manore MM**. Feeding the Active Female: Part II. *ACSM's Health and Fitness Journal*. 2005;9(5):26-28.
17. **Manore MM**. Feeding the Active Female: Part I. *ACSM's Health and Fitness Journal*. 2005;9(3):26-28.
18. **Manore MM**. Just the facts on weight loss supplements: Where is the evidence? *ACSM's Health and Fitness Journal*. 2005;9(1):27-28.
19. **Manore MM**, Mason M, Skoog I. Applying the concepts of glycemic index and glycemic load to active individuals. *ACSM's Health and Fitness Journal*. 2004;8(5):1-3.
20. **Manore MM**. Nutrition and Physical Activity: Fueling the active individual. *Research Digest: President's Council on Physical Fitness and Sport*. 2004, Series 5 (1);1-8. http://fitness.gov/Reading_Room/Digests/digests.html
21. **Manore MM**. Keeping the weight off: How can you maintain weight loss after the diet is over? *ACSM's Health and Fitness Journal*. 2004;8(3):23-24.
22. **Manore MM**. Using Glycemic Index to Improve Athletic Performance. GSSI Sports Science News (Web series), 2004. URL: http://www.gssiweb.com/reflib/refs/623/ssn_glycemic.cfm?pid=38

23. **Manore MM**, Vannoy J. Finding the Perfect Diet: Revisiting the Pyramid II. *ACSM's Health and Fitness Journal*. 2004;8(1):23-26.
24. **Manore MM**, Vannoy J. Finding the Perfect Diet: Revisiting the Pyramid I. *ACSM's Health and Fitness Journal*. 2003;7(5):22-24.
25. **Manore MM**. Cultivating Good Nutrition Habits: How can you maintain a healthy body weight throughout life? *ACSM's Health and Fitness Journal*. 2003;7(3):24-25.
26. O'Sullivan Mailliet J, **Manore MM**. Dietetics matters: Demonstrating our impact! *Journal of the American Dietetic Association*. 2003;103(1):14.
27. **Manore MM**. Power Play: Protein's Role as a Team Player. *Scholastic Coach Magazine*, August, 2002.
28. **Manore MM**. Carbohydrate: Friend or Foe? Part III. Dietary carbohydrate and changes in blood glucose. *ACSM's Health and Fitness Journal*. 2002;6(5):25-27.
29. **Manore MM**. Carbohydrate: Friend or Foe? Part II. Dietary carbohydrate and changes in blood glucose. *ACSM's Health and Fitness Journal*. 2002;6(3):26-29.
30. **Manore MM**. Carbohydrate: Friend or Foe? Part I. The changing image of carbohydrate. *ACSM's Health and Fitness Journal*. 2002;6(1):1-3.
31. Meyer NL, Johnson SC, Askew EW, von Duvillard SP, Hofmann P, Kipp RW, **Manore MM**. Nutritional issues in alpine ski racers during the preparatory phase. IN: *Science and Skiing II*. Eds: Mueller E, Schwameder H, Raschner C, Lindinger S, Kornel E. Hamburg, Germany: pp. 620-632, 2001.
32. **Manore MM**. Getting your abstract accepted: The key to success! *Journal of the American Dietetic Association*. 2001;101(12):1410-1411.
33. **Manore MM**. Vitamin and Minerals. Part III. Can you get too much? *ACSM's Health and Fitness Journal*. 2001;5(5):26-28.
34. Benardot D, Clarkson PA, Coleman E, **Manore MM**. Can vitamin supplements improve sport performance? *Gatorade Sports Science Institute Roundtable* 2001;12(3):1-6.
35. **Manore MM**. Vitamin and Minerals. Part II. Who needs to supplement? *ACSM's Health and Fitness Journal*. 2001;5(3):30-34.
36. **Manore MM**. Vitamin and Minerals. Part I. How much do you need? *ACSM's Health and Fitness Journal*. 2000;5(1):33-35.
37. **Manore MM**. Energy Bars: Picking the right one for you. *ACSM's Health and Fitness Journal*. 2000;4(5):33-35.
38. **Manore MM**. Energy Bars: Making the right recommendation. *SCAN Pulse* 2000;19(3):4-5.
39. **Manore MM**. Fueling exercise. *ACMS's Health and Fitness Journal*. 2000;4(3):34-35.
40. **Manore MM**. Dietary fat recommendations: How much fat do I need? *ACMS's Health and Fitness Journal*. 2000;4(1):44-46.
41. **Manore MM**. Low-fat foods and weight loss. *ACMS's Health and Fitness Journal*. 1999;3(3):37-39.
42. **Manore MM**. Low-carbohydrate diets for weight loss are back. Do they work any better this time? *ACMS's Health and Fitness Journal* 1999;3(5):42-44.

43. Horswill GA, Clarkson PA, **Manore MM**, Oppliger B, Steen S, Walberg-Rankin J. Methods and strategies for weight loss in athletes. *Gatorade Sports Science Institute Roundtable* 1998;9(1):1-6.
44. **Manore MM**. *Female Athlete Triad*. ACSM Slide Series and Script. Created and wrote a 1-h slide presentation for publication and distribution as part of the Nutrition & Exercise Certificate of Enhanced Qualification (CEQ), 1997.
45. **Manore MM**. How do you know when you are eating enough? *USA Gymnastics* 1997;26(6):8-9.
46. **Manore MM**. Nutrition & Activity: How does it affect the developing female? *USA Gymnastics: Sideline Support* 1997;2(3):1-4.
47. **Manore MM**, K Clark, JR Berning, K Engelbert-Fenton. Roundtable: Consulting in sport nutrition. *International Journal of Sport Nutrition* 1996;6:124-132
48. Vaughan LA, **Manore MM**. Dietary patterns and nutritional status of low-income free-living elderly. *Food and Nutrition News* 1988;60:27-30.

Invited Oral Scientific Presentations: International, National, & Regional Professional Meetings/Symposium. 2000-present only

1. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May, 2021 (virtual). Invited Presentation: WAVE Ripples for Change: Sport nutrition as a 'carrot' to promote healthy eating/life-long PA to active youths.
2. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress, May 2020, San Francisco, CA. PINES Symposium 10 Questions, 10 Experts: Processed Foods, ultra-processed foods and sports foods – is there a time and place? Invited Speaker. (Postponed to 2021 due to COVID-19)
3. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May 2018. Minneapolis, MN. Moderator: PINES Symposium 10 Questions, 10 Experts: Alcohol in Sport.
4. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May 2017, Indianapolis, IN. Invited Presentation: Nutrition, Diet & the Brain.
5. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May 2017, Indianapolis, IN. Moderator: PINES Symposium 10 Questions 10 Experts: Research that changed the sport nutrition field.
6. Northwest American College of Sports Medicine Annual Meeting, February 2017, Bend, OR. Invited Presentation: Diet, Exercise and Appetite.
7. Academy of Nutrition and Dietetics Annual Food and Nutrition Exposition (FNCE). Oct 2016, Boston, MA. Invited Presentation: Playing within the Lines: RDN and Exercise Professional Roles in Providing Physical Advice.
8. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May 2016, Boston, MA. Organizer/Moderator/Speaker: PINES Symposium 10 Questions 10 Experts: Diet, Exercise and Appetite – What is the connection?
9. 1st Consensus of the Sports Nutrition Mexican Federation on Energy Balance, April, 2015, Mexico City, Mexico. Invited Presentation: Diet, exercise, and appetite: How does diet energy density and exercise intensity impact on appetite and energy consumption?
10. International Olympic Committee (IOC) Diploma Program in Sports Nutrition. Diploma Program Symposium, Lausanne, Switzerland, April 2015. Invited Presentation: Diet, Exercise and Appetite: How do dietary energy density and exercise intensity affect appetite and energy intake?

11. 32st Annual Sports, Cardiovascular and Wellness Nutrition (SCAN) Symposium, Academy of Nutrition and Dietetics (AND), April, 2016, Portland, OR. Invited Presentation: Dietary Energy Density and Exercise Intensity: Impact on health, weight and the grocery bill.
12. American College of Sports Medicine (ACSM) Annual Meeting and EIM World Congress. May 2015, San Diego, CA. Moderator: Pines Symposium 10 Questions 10 Experts: Sports Nutrition for the Brain. Invited Discussant: Energy Balance and Weight Control.
13. 31st Annual Sports, Cardiovascular and Wellness Nutrition (SCAN) Symposium, Academy of Nutrition and Dietetics (AND), May, 2015, Colorado Springs, CO. Invited Presentation: Energy Availability: Applying the Science to Practice.
14. Southwest Telehealth Resource Center (SWTRC) 2015 Seminar Series for Public Health Professionals, April, 2015. U of Arizona, Tucson, AZ. Invited Presentation: Rethinking Energy Balance: Applying Science to Practice
15. University of Arizona, Department of Nutritional Sciences. January 2015, Tucson, AZ. Invited Presentation: Rethinking Energy Balance.
16. Federacion Mexicana de Nutricion Deportiva. The Science Behind Ironman. November, 2014, Cozumel, Mexico. Invited Presentation: Weight Management in the Endurance Athlete: Balancing Performance with Health.
17. American College of Sports Medicine Annual Meeting and EIM World Congress. May 2014, Orlando, FL. Invited Highlighted Symposium Chair and Moderator: Caloric Restriction and Fasting: Implications for Health, Weight Management and Performance. Moderator: Pines Symposium 10 questions 10 Experts: Superfoods and phytochemicals for sports performance
18. Arizona State University, Division of Nutrition and Health, April 2014, Phoenix, AZ. Invited Speaker: Rethinking Energy Balance: Why don't we lose weight by the books?
19. Gatorade Sports Science Institute Expert Panel (GSSI-XP 2014), March 2014, Park City, UT. Invited Speaker: Weight Management in Athletes.
20. Nestle Nutrition Institute, PowerBar Europe, Maastricht University, U of Colorado-Colorado Spring. Sport Nutrition Conference New York 2013. November, 2013. Invited Speaker: Nutrition Deficiencies in the Female Endurance Runner.
21. Academy of Nutrition and Dietetics Annual Food and Nutrition Exposition (FNCE). Oct 2013, Houston, TX. Session Title: What, Why and How: Integrating Nutrition and Physical Activity for Youth and Adults. Invited Speaker: Which is more important, diet or physical activity, for weight loss, weight maintenance or prevention of weight gain?
22. American College of Sports Medicine Annual Meeting and EIM World Congress. May 2013, Indianapolis, IN. Invited Speaker: Energy Balance at a Crossroads: Translating Science into Action.
23. American College of Sports Medicine Annual Meeting and EIM World Congress. May 2013, Indianapolis, IN. Session Title: PINES 10 Questions for 10 Experts: Training and Nutrition Interactions. Invited Speaker: Does Reduced Energy Availability to Lose Weight Interfere with the Effectiveness of Training?
24. 10th Annual Nutrition & Health Conference. May 2013, Seattle, WA. Invited Speaker: Sport Nutrition for Your Active Clients: Top 10 Nutrition and Exercise Tips.
25. American College of Sports Medicine (ACSM) Annual Health and Fitness Summit. March 2013, Las Vegas, NV. Invited Speaker: Rethinking Energy Balance: If a Calorie is a Calorie, why don't we lose weight by the books?
26. Nestle Nutrition Institute, PowerBar Europe, Maastricht University, U of Colorado-Colorado Spring and New York University. Sport Nutrition Conference New York 2012. November, 2012. Invited Speaker: Nutrition Issues in the Female Distance Runner. (Cancelled due to Hurricane Sandy).

27. American College of Sports Medicine (ACSM), Academy of Nutrition and Dietetics (Academy), and the United State Department of Agriculture (USDA) Energy Balance Expert Panel Conference. Oct 2012, Washington, DC. Conference Chair and Facilitator. Energy Balance at the Crossroads: Translating Science into Action.
28. Academy of Nutrition and Dietetics Annual Food and Nutrition Exposition (FNCE). Oct 2012, Philadelphia, PA. Invited Speaker: Energy Balance: Where Nutrition and Exercise Meet. Supplements for Weight Loss – Where is the Evidence?
29. American College of Sports Medicine Annual Meeting and EIM World Congress, June 2012, San Francisco, CA. President's Invited Lecture: The Changing Face of Nutrition for Health and Performance: Past, Present and Future.
30. University of the Sunshine Coast, May, 2012, Queensland, Australia. Invited Speaker: Weight Management: Why don't we lose or gain weight by the books?
31. Australia Institute of Sport (AIS), April, 2012, Canberra, Australia. Invited Speaker: Active Women with Menstrual Disorders (MD): Impact of Refeeding on Energy Availability, Bone Health and MD.
32. 3rd Physical Activity and Health Virtual Symposium sponsored by Grupo Sobre Entrenamiento, October, 2011. Invited Speaker: Strategies and Recommendations for losing weight and maintaining weight loss. In English and Spanish.
33. American Dietetic Association Annual Meeting, Sept 2011, San Diego, CA. Workshop Organizer: Exercise is Medicine (EIM) Rd's Toolkit: Rational and Resources for Promoting Physical Activity. Invited Speaker: Physical Activity Guidelines and Exercise is Medicine: The Dietitians Role in a Global Initiative. Co-Sponsored by ADA (SCAN and Weight Management DPGs) and ACSM/EIM.
34. American Dietetic Association Annual Meeting, Sept 2011, San Diego, CA. Moderator. Research and Practice Innovations: Nutrition Research, Bioscience and Bioinformatics/Nutritional Informatics.
35. United States Olympic Committee (USOC), the University of Colorado at Colorado Springs (UCCS), Professionals in Nutrition for Exercise and Sport (PINES) and the University of Birmingham, 2011 Colorado Springs Principles and Practice of Cutting-Edge Sports Nutrition Conference, Colorado Springs, Sept 2011. Invited Speaker: Weight Management: Why don't we lose weight by the books?
36. American College of Sports Medicine Annual Meeting and EIM World Congress. Symposium titled: *Energy Balance: Where Nutrition meets Exercise is Medicine (EIM)*, June 2011, Denver, CO. Session Chair and Moderator and Invited Speaker: Supplements for Weight Loss: Besides the cost, what is the risk of using over-the-counter weight loss supplements and are there any benefits?
37. American College of Sports Medicine Annual Meeting, June 2011, Denver CO. Session Co-Chair and Moderator: Food, Exercise and Appetite: Implications for Energy Balance and Weight Management.
38. American College of Sports Medicine Annual Meeting, June 2011, Denver CO. Session Chair and Moderator: Strategies for Prevention, Assessment and Treatment of the Female Athlete Triad: Focus on Energy Status. Invited Speaker: Assessment of Energy Availability in the Field: Current Practices, Problems and Possible Solutions.
39. American College of Sports Medicine (ACSM) Annual Health and Fitness Summit, April 2011, Anaheim, CA. Invited Speaker: Belly Fat 101: Do diet and supplements work?
40. University of Arizona, 2010 Sports Nutrition Conference: Fueling Fitness and Performance, October 2010, Tucson, AZ. Invited Speaker: Hot Topics in Research: Weight control and Dietary Supplements.
41. ACSM's Sports Medicine and Fitness Show on Live Health Radio, October 12th, 2010, Chicago, OR. Invited Guest: "Nutrition and Exercise for Girls and Women." Show moderator: Melanie Cole, MS, CPT (Exercise Physiologist). (1 h show). <http://www.healthradio.net>
42. Northwest American College of Sports Medicine Annual Meeting, February 2010, Portland, OR. Keynote Speaker: Supplements for Weight Loss and Gaining Lean Mass: Where is the Evidence?

43. Northwest American College of Sports Medicine Annual Meeting, February 2010, Portland, OR. Round Table Discussion: Crossing the Line: What is the Health Fitness Professional's Role in Promoting Nutrition? Panel Members: **M Manore** (OSU), K Kerr (CWU), J Peterson (Linfield College).
44. American Dietetic Association Annual Meeting, Oct 2009, Denver, CO. Symposium Chair and Organizer: Appropriate Physical Activity Intervention Strategies for Weight Loss and Prevention of Weight regain for Adults. Co-Sponsored by ADA and ACSM.
45. American Dietetic Association Annual Meeting, FNCE Pre-Conference titled: Exercise is Medicine: What is the Dietitian's Role in Promoting Physical Activity? Denver, CO, Oct 2009. Co-Presiding Officer and Moderator and Contributor to the "Exercise is Medicine: Toolkit for Nutrition Professions".
46. American College of Sports Medicine Annual Meeting (PINES Preconference Symposium titled: *Current Controversies and Questions in Sport Nutrition Presented by Professionals in Nutrition for Exercise and Sport (PINES)*), June 2009, Seattle, WA. Session Chair and Moderator: Should Protein be added to Sports Drinks? Invited Presentation: How do I gain muscle while losing fat?
47. American College of Sports Medicine Annual Meeting, June 2009, Seattle, WA. Session Chair and Moderator: Nutraceuticals, Exercise, Health and Performance: Curcumin, Ginger and Quercetin.
48. National ACSM Webinar, November 2008. Invited Speaker: Small Steps- Big Rewards: Top 10 Nutrition Tips for People on the Go!"
49. University of Arizona, The Winning Edge – 2008 Sports Nutrition Workshop, October 2008, Tucson, Arizona. Invited Speaker: Weight Loss Supplements: Where is the Evidence?
50. American College of Sports Medicine Annual Meeting, June 2008, Indianapolis, IN. Session Chair and Speaker: Working with Active Women: Nutrition, Exercise and Health Issues.
51. Northwest American College of Sports Medicine Annual Meeting, February 2008, Seattle, WA. Invited Speaker: Female Athlete Triad: What's New?
52. Australian Institute of Sport, Canberra, Australia, October 2007. Invited Speaker: Update: ACSM's Position Paper on the Female Athlete Triad.
53. 2007 Australian Conference of Science and Medicine in Sport, 6th National Physical Activity Conference, 5th National Sports Injury Prevention Conference and the 2007 Recreational and Sport Development Conference, October, 2007, Adelaide, Australia. Keynote Speaker (1): The Female Athlete Triad: Nutrition, Bone and Health Consequences. Keynote Speaker (2): Nutrition and Bone: Are we doing enough?
54. American College of Sports Medicine Annual Meeting, June 2007, New Orleans. Invited Speaker: Methods of Assessing Energy Expenditure in Athletes
55. International Association of Athletics Federations (IAAF) Consensus Conference on Sport Nutrition, April, 2007, Monte Carlo, Monaco. Invited Speaker: The Female Athlete Triad: Components, Nutrition Issues and Health Consequences.
56. New Zealand Sports Medicine and Science Annual Conference, November 2006, Wellington, New Zealand. Invited Keynote Speaker (1): The Female Athlete Triad – New Position State from ACSM. Keynote Speaker (2): Getting to Energy Balance: Eating and Exercise Issues of Active Girls and Women
57. Auckland University of Technology, November, 2006, Auckland, NZ. Invited Speaker: Small Steps—Big Rewards: What's your game plan for eating wisely and maintaining a healthy weight?"
58. University of Arizona, The Winning Edge – 2006 Nutrition for Fitness and Sport Conference, October 2006, Tucson Arizona. Invited Presentation (1): Sport Nutrition Fundamentals – Nutrient Needs of Athletes. Invited Presentation (2): Diet, Exercise and Weight Management

59. Foundation for Osteoporosis Research and Education, Young Female Athlete Triad Colloquium, September 2006, San Francisco, CA. Invited Speaker: Nutritional Needs of Adolescent Athletes
60. Congress of the European College of Sport Science (ECSS), July 2006, Lausanne, Switzerland. Invited Speaker: Three-dimensional Tour of the Female Athlete Triad: 10 year Update!
61. American Dietetic Association, Sports and Cardiovascular Nutritionists Annual Meeting, March 2006, Nashville, TN. Invited Speaker: Getting to Energy Balance: Eating and Exercise Issues of the Female Athlete
62. Montana Tech, University of Montana, Butte, MT, October 2005. Montana Tech Campus-to-Community Speaker's Program. Invited Campus presentations: Short Cuts to Fat Loss--Weight loss supplements: Where is the evidence?
63. American Dietetic Association Annual Meeting, October 2005, St. Louis, MO. Invited Speaker: Three-Dimensional Tour of the Female Athlete Triad: 10-year Update
64. 18th International Congress of Nutrition, Nutrition Safari 2005, Pre-Congress on Sport Nutrition, September, 2005, Northwest Province, South Africa. Invited Keynote: The Female Athlete Triad. Second presentation: Energy and Micronutrient Needs of Active Individuals.
65. Gatorade Sports Sciences Institute (GSSI) 2005 Conference: Sports Supplements: Helpful, Harmless or Hazardous? Chicago, IL, July 2005. Invited Speaker: Short Cuts to Fat Loss.
66. American College of Sports Medicine (ACSM) Annual Health and Fitness Summit, March 2005, Las Vegas, NV. Invited symposium Chair and Organizer for the Pre-conference: "Absolute Truths of Nutrition: What you need to Know!" (Over 500 attendees). Invited Presentation (1): Nutrition Truths I – What do you really need to know about the basics? Invited Presentation (2): Getting to Energy Balance: Eating and Exercise Issues of Active Girls and Women.
67. University of Arizona, Department of Nutritional Science and Center for Physical Activity and Nutrition (CPAN), February 2005. Invited Speaker: Impact of habitual physical activity an age on chronic disease risk factors in midlife and older women.
68. University of Arizona Cooperative Extension, The Winning Edge: Nutrition for Fitness & Sport, November 2004, Tucson/Phoenix AZ Teleconference Workshop. Invited Presentations (1): Using Safe and Effective Supplements and Ergogenic Aids. Invited Presentations (2): Special Issues in Weight Management – Low carbohydrate/High Protein Diets.
69. British Association of Sport & Exercise Sciences (BASES) Annual Meeting, Sept, 2004, Liverpool, England. Invited Keynote : Female Athlete Triad Syndrome: Nutritional Strategies – Keynote. Second Presentation: The Dr. Atkin's Diet and the Active Individual: Where do we go from here?
70. American College of Sports Medicine (ACSM) Annual, May 2004, Indianapolis, IN. Invited Speaker: Female Athlete Triad --Treatment Recommendations: Energy Availability/Disordered Eating.
71. National Association of Athletic Trainers Region 10 Annual Meeting, March 2004, Seaside, OR. Invited Speaker: Sport Nutrition in the Trenches.
72. Northwest American College of Sports Medicine (ACSM) Annual Meeting, March 2004, Seattle, WA. Invited Speaker: High-Protein, Low-Carbohydrate Diets and Long-term Weight Loss: Where do we go from here?
73. 20th Annual ADA Sport and Cardiovascular Nutritionists (SCAN) Symposium, April 2004, Colorado Spring, CO. Invited Speaker: What's Fat Got to do with it?
74. American College of Sports Medicine (ACSM) Annual Health and Fitness Summit, April 2004, Orlando, FL. Invited Speaker: High Protein Diets: Where do we go from here?"
75. American Dietetic Association (ADA) Annual Meeting, October 2003, San Antonio, TX. Symposium on "Metabolic Syndrome". Invited Session Chair, Organizer and Moderator.

76. American College of Sports Medicine (ACSM) Annual Meeting, May 2003, San Francisco, CA. Invited Speaker: Vitamins and Minerals: B-Vitamins Dietary Reference Intakes and Implications for Athletes.
77. American College of Sports Medicine Annual Health and Fitness Summit, April 2003, Reno, NV. Invited Speaker (1): Developing and Implementing Effective Programs to Address the Obesity Epidemic: Dietary Counseling for the Treatment of Obesity. Invited Speaker (2): Nutrition Supplements that Work: What do we recommend for Health and Sport?"
78. Northwest Renal Dietitians Annual Meeting, March 2003, Portland, OR. Invited Speaker: Research: It is Do-able and Exciting!
79. Athletic Business Conference, November 2002, Orlando, FL. Invited Speaker: Supplements: Sorting the Fact from Fiction.
80. American College of Sports Medicine Annual Health and Fitness Summit, April 2002, Orlando, FL. Invited Speaker(1): Carbohydrate: Is it really bad for you? Invited Speaker (2): The Vegetarian Athlete: Nutrition Issues.
81. American College of Sports Medicine Annual Meeting, June 2001, Baltimore, MD. Invited Speaker: Evaluation Nutrition Supplements.
82. The World Scientific Congress of Golf – 2001 Future of Golfers Conference, March 2001, Tempe, AZ. Invited Speaker: Sport Nutrition: Application to Golf.
83. American College of Sports Medicine Annual Meeting, June 2000, Indianapolis, IN. Invited Speaker: Current Issues for Team Physicians - Nutrition and Supplements.
84. International Life Sciences Institute (ILSI)/ILSI North America 2000 Annual Meeting, January, 2000, St. Petersburg, FL. Invited Speaker: Physical Energy: Energy Bar Formulation, Energy, Carbohydrate, Fat, Protein and Additives.

State Meetings (Oregon): Invited presentations only.

85. 2017 Oregon State University Food, Nutrition and Health Update. February, 2017. Corvallis, OR. Invited Speaker: The Biggest Loser: Are weight loss attempts doomed?
86. 2014 Oregon State University's Gerontology Conference, OSU, Corvallis, OR. Invited Speaker: Nutrition and the Older Adult: Maintaining muscle and gut health.
87. 2013 OSU Retirees Association, Corvallis, OR. March 2013. Invited Speaker: Rethinking energy balance and healthy eating: Sorting fact from fiction.
88. 2012 Corvallis Rotary Club, Corvallis, OR. December 2012. Invited Speaker: Managing your weight through the Holidays.
89. 2012 Academy of Lifelong Learning, Corvallis, OR. December 2012. Invited Speaker: Achieving a Healthy Body Weight: Is There a Magic Pill?
90. 2011 Oregon State University's Gerontology Conference, OSU, Corvallis, OR. April, 2011. Invited Speaker: Small Steps to Building a Better Diet and Weight Management Plan: Does timing of food intake and diet composition matter?
91. Oregon State University's Folk Club, Winter Meeting, Corvallis Public Library, Corvallis OR. February, 2011. Invited presentation: Small Steps to Building a Better Diet and Weight Management Plan: Does timing of food intake and diet composition matter?
92. Oregon Dietetic Association Annual Meeting, April 2010, Wilsonville, OR. Invited Speaker: Exercise is Medicine: What is the Dietitian's Role in Promoting Physical Activity?
93. 2010 Oregon State University's Gerontology Conference, OSU, Corvallis, OR. April, 2010. Invited Speaker: Healthy Aging: Top 10 Nutrition and Exercise Tips!

94. Eugene 4J School District, K-5th Teachers, Nutrition Workshop, Eugene, OR. March, 2010. Invited Presentation: What Should Kids Eat? What Will Kids Eat? Nutrition for Young Minds and Bodies.
95. Oregon State University's Folk Club, Winter Meeting, Corvallis Public Library, Corvallis OR. February, 2010. Invited presentation: Nutrition for Women's Health: Top 10 Nutrition Tips!
96. Women Investing in Samaritan Health (WISH), Spring Meeting, OSU, Corvallis, OR. May, 2009. Invited Presentation: Nutrition for Women's Health: Top 10 Nutrition Tips!
97. Oregon Higher Ed Health & Physical Activity Professionals Annual Conference, January 2007, Silver Falls, OR. Invited Presentation: Sport Nutrition: What's New?
98. Oregon Health Sciences University (OHSU) Dietetic Internship Research Seminar Series, April 2005, Portland, OR. Invited Presentations: Impact of habitual physical activity an age on nutritional status and chronic disease risk factors in midlife and older women.
99. Oregon Dietetic Association Annual Meeting, April 2005, Newport, OR. Invited Presentation: Dietetic Research: It is Do-able!
100. Linfield College, Dean's Lecture Series and the Dept. of Health, Human Performance and Athletics and Dept. of Sociology and Anthropology, March, 2005, McMinnville, OR. Invited Community/College Presentation: Small Steps—Big Rewards: What's your game plan for eating wisely and maintaining a healthy weight?
101. Oregon State University, Department of Philosophy. The Examined Meal Lecture Series, March 2005. Invited Presentation: Beliefs about Food: What can food do for you?
102. Oregon Society of Cardiovascular and Pulmonary Rehabilitation (OSCVPR) Annual Meeting, May, 2004, Newport, OR. Invited Presentation: Low-carbohydrate Diets: Where do we go from here?
103. Oregon Dietetic Association Annual Meeting April, 2002, Eugene, OR. Elaine Mackie Memorial Lecture: Chronic Dieting in Women Across the Lifecycle: What are the health consequences?
104. Oregon State University, Annual Nutrition Update, February, 2002, Salem, OR. Invited Presentation: Carbohydrate: Friend or Foe?
105. National Strength and Conditioning NSCA Coaches Annual College Level III Conference, Invited Presentation: Fueling your workout and recovery, August 2002, University of Oregon, Eugene, OR.

State Meeting (Arizona): Invited Presentations Only

106. Governor's Council Conference, April, 2001, Phoenix, AZ. "Nutrition Update: Tips for Fueling a Healthy Lifestyle.
107. ASU Golf Research Education and Training Program, The World Scientific Congress on Golf, Tempe, AZ. "Sport Nutrition: Application to Golf.
108. ASU Intercollegiate Athletics, Girls & Women in Sport Week, Feb., 2001, Tempe, AZ. Invited Presentation: Nutrition for the Active Women.
109. University of Arizona Cooperative Extension, The Winning Edge: Nutrition for Fitness & Sport Advanced Workshop, October, 2000, Tucson/Phoenix/Flagstaff AZ Teleconference Workshop. Invited Presentation: Guidelines for Evaluating the Nutritional Claims of Ergogenic Aids and Supplements.
110. Arizona Dietetic Association Annual Meeting, June, 2000, Mesa, AZ. Invited Presentation: Effective Weight Loss Strategies: What Works. . . What Doesn't ?

Outreach and Extension Presentations: Invited Presentations Only (2000-present only)

111. Medscape Diabetes and Endocrinology Panel Spotlight, Speaker and Panel Member: Making a Difficult Discussion Easier – Speaking to Parents. Portland, OR, January, 2011.
112. Oregon State University (OSU) Extension Annual Meeting. OSU, Corvallis, OR. December, 2008. Invited presentation: Nutrition and the 2008 Physical Activity Guidelines for Americans: Small Steps - Big Rewards!
113. Montana Tech, University of Montana, Butte, MT, October 2005. Montana Tech Campus-to-Community Speaker's Program. Invited Community Presentation: Small Steps- Big Rewards: Your Game Plan for Eating Wisely & Maintaining a Healthy Weight.
114. Oregon State University Extension Services FCD Annual "Ideas That Heal Symposium", October 2004, Medford, OR. Invited Presentation: Ideals that Heal: Eating Wisely Means Aging Well!
115. Oregon State University Extension Service Annual Conference, FCD Research Workshop, Sept, 2004, Albany, OR. Invited Presentation: Community Based Research: It is do-able!
116. Oregon State University Extension Services FCD Annual "Ideas That Heal Symposium", October 2004, Medford, OR. Invited Presentation: Ideas that Heal: Eating Wisely Means Aging Well!
117. Oregon State University Extension Service Annual Conference, FCD Research Workshop, Sept, 2004, Albany, OR. Invited Presentation: Community Based Research: It is do-able!
118. Oregon State University, Coastal Oregon Marine Experiment Station Advisory Board Meeting, April, 2003, Newport, OR. Invited Presentation: Functional Foods, Nutraceuticals & Dietary Supplements: What's the future?
119. Oregon State University Extension Services, FCD/NEP Conference, May, 2002, Corvallis, OR. Invited Presentation: Carbohydrates: Friend or Foe.

Scientific Presentations at Professional Meetings, Abstracts (Oral and Poster) and Conference Proceedings. (2000-present only)

Papers by graduate students are marked with an asterisk (*); undergraduates marked with double asterisk (**)

1. Kirk C, Dodge T, Tobey L, Mouzong C, La Fon, S, Jackson B, **Manore MM**. Can a healthy schools celebrations teacher toolkit change classroom food options? The Food Hero Campaign experience. Society of Nutrition Annual Meeting, July, 2020, San Diego, CA. (To be published: J Nutr Education & Behav. 2021).
2. Cialdella Kam, L, Patton-Lopez M, **Manore MM**, Wong SS. A comparison of body image perception and weight management in Latino and White adolescent soccer players. American College of Sports Medicine (ACSM) Annual Meeting, May 2020, San Francisco, CA. (Poster available on the ACSM Annual Meeting Website).
3. Wong SS, Richter J, **Manore MM**. Virtual sport nutrition/physical activity assistant coach mobile app for high school athletes: Prototype Co-development. Society of Nutrition Annual Meeting, July, 2019, Orlando, FL. (To be published: J Nutr. Education & Behavior, 2020).
4. Patton-Lopez MM, Flores E, **Manore MM**, Wong SS. The impact of sport on family meals and dietary practices among Latino high school soccer players: A mixed methods study. International Society of Behavior, Nutrition and Physical Activity (ISBNPA), June, 2019, Prague, CR.
5. Flores E**, Patton-Lopez M, **Manore MM**, Wong SS. Family support on nutrition and healthy diet among adolescent Latino high school soccer players. Oregon Public Health Association (OPHA) Annual Meeting, October, 2018, Corvallis, OR.

6. Wong SS, **Manore MM**, Yu M*, Patton-Lopez, M, et al. WAVE~Ripples for Change (Year 5 of 5): 2-y Childhood Obesity Prevention Intervention Preliminary Findings and Project Outputs. Society of Nutrition Annual Meeting, July, 2018, Minneapolis, MN. (To be published: J Nutr Education & Behav. 2019).
7. Wong SS, **Manore MM**, Yu M*, Patton-Lopez, Shuna JM, et al. Promoting Life-Skills, Physical Activity and Healthy Diet in High School Soccer Players: Results from the WAVE~Ripples for Change Childhood Obesity Prevention 2-y Intervention. International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, June, 2018, Beijing, China.
8. Schuna JM, Yu M*, **Manore MM**, Wong SS. Comparison of physical activity guideline compliance estimates among active youth using different step-based definitions. American College of Sports Medicine (ACSM) Annual Meeting, May 2018, Minneapolis, MN.
9. Johnson T, Wong SS, **Manore MM**. The WAVE Experience: engaging high school soccer players in nutrition, menu planning, shopping, cooking, and gardening life-skills team building competitions. 2018 National Health Outreach Conference, May 2018, Bloomington, MN. [Also presented at the 2018 OSU 4-H/FCH Conference in Portland; 2018 OPHA Conference, Oct 2018].
10. Ryan T*, Beck K, **Manore MM**, Gifford J, Flood V, O'Connor H. A systematic review of interventions aimed at improving nutrition knowledge in athletes. Sports Dietitians Australia Annual Meeting, October, 2017, Melbourne, Victoria, Australia.
11. Wong SS, **Manore MM**, Johnson T, Scaffidi C, Yu M*, Patton-Lopez M, Alvarez MM, Curiel C. The WAVE ~Ripples for Change (Year 4 of 5): Baseline and Year 1 Exit Findings. Society of Nutrition Annual Meeting, July, 2017, Washington, DC. (To be published: J Nutr Education & Behav. 2018).
12. Patton-Lopez MM, **Manore MM**, Wong SS, Yu M*. Sport nutrition knowledge, behaviors and beliefs of high school soccer players: Exploring the role of sex, race/ethnicity & socioeconomic status. International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, June, 2017, Victoria, Canada.
13. Weber SE*, Harris MM, Wright H, **Manore MM**. Assessment of disordered eating and orthorexia nervosa in endurance athletes following gluten and wheat-free diets (GWD). American College of Sports Medicine (ACSM) Annual Meeting, May 2017, Denver. CO.
14. Cluskey M, Howes E*, Lau R*, **Manore MM**, Hayes P, Zhao YY. Sensory acceptance and satiety induced by breakfast bars made from barley or apple pomace. Oregon Public Health Association Annual Meeting, Corvallis OR, October, 2016.
15. Wong SS, **Manore MM**, Patton-Lopez M, Schuna J, Dorbolo J, Skoog I, Scaffidi C, Chiang P, Johnson T. The WAVE ~Ripples for Change: Obesity Prevention in High-School Soccer Players (Year 3 of 5). Society of Nutrition Annual Meeting, July, 2016, San Diego, CA. (To be published: J Nutr Education & Behav. 2017).
16. John SH, Gunter K, Hystad P, Langellotto G, **Manore MM**. Generating Rural Options for Weight (GROW) Healthy Kids and Communities-Year 5 Outcomes and Impacts. Society of Nutrition Annual Meeting, July, 2016, San Diego, CA. (To be published: J Nutr Education & Behav. 2017).
17. Moissinac B*, Hescoek K, Dorbolo J, Wong SS, **Manore MM**. Strategies to Design a Mixed-reality Immersive Environment and Influence Teen Health Behaviors. Immersive Learning Research Network (ILRN) Annual International Conference, June, 2016, Santa Clara, CA. **Received the ILRN 2016 Best Graduate Paper Award.**
18. Williams JE, Gunter K, Lindsay A, Harden S, **Manore M**, Houtkooper L, Hongu N, Griffin SF. Exercise is Medicine (EIM) for Community Health: Linking Clinics and Communities through Cooperative Extension. American College of Sports Medicine (ACSM) Annual Meeting, May 2016, Boston, MA.
19. Howe SM*, Hand TM*, Larson-Meyer E, Austin KJ, Alexander BM, **Manore MM**. Effect of exercise on appetite in highly trained women. American College of Sports Medicine (ACSM) Annual Meeting, May 2016, Boston, MA.

20. Williams JE, Gunter K, Lindsay A, Harden S, Manore MM, Houtkooper L, Hongue K, Griffin SF. Exercise is Medicine (EIM) For Community Health: Linking Clinics and Communities through Cooperative Extension. American College of Sports Medicine (ACSM) Annual Meeting, May 2016, Boston, MA.
21. Hongu N, Lindsay AR, Larson-Meyer E, Houtkooper LB, Gallaway PJ, **Manore MM**. Energy balance teaching tool for Community use: What University Nutrition Educators and Community Nutrition Educators want. Experimental Biology Annual Meeting, April, 2016, San Diego, CA.
22. Jackson J, Harvey M, John D, Finneran K, **Manore M**, Gunter, K. Rural perspectives on family nutrition and physical activity: Results from focus groups with parents of elementary school-age children. American Public Health Association Annual Conference, October, 2015, Chicago, IL.
23. Jackson J, John D, Smit E, Branscum A, **Manore M**, Gunter, K. Role of family home environments in the promotion of weight-healthy behaviors among rural children. American Public Health Association Annual Conference, October, 2015, Chicago, IL
24. Wong SS, **Manore MM**, Dorbolo J. et al. WAVE ~ Ripples for Change: Obesity Prevention in High-School Soccer Players. Society of Nutrition Annual Meeting, July, 2015, Pittsburgh, PA. J Nutr Education & Behav. 2016; 48 (7Supp); S134.
25. Lau RC*, Cluskey MM, **Manore MM**, & Howes EM. *Sensory acceptance and satiation power of barley flakes as a breakfast cereal replacement for oatmeal*. Whole Grain Summit, June, 2015, Portland, OR.
26. Hand TM*, Howe S*, Cialdella-Kam L*, Guebels-Hoffman CP*, **Manore MM**. Comparison of dietary energy density between active women with and without exercise-associated menstrual dysfunction. American College of Sports Medicine (ACSM) Annual Meeting, May 2015, San Diego, CA.
27. Wong SS, Meng Y*, **Manore MM**, Pilolla K, Johnson T, Curiel C, Dursh G. Feasibility of recruiting, enrolling, assessing and retaining High School soccer players using soccer coaches in a 2-y obesity prevention research study: WAVE Pilot Year 1. Experimental Biology Annual Meeting, April, 2015, Boston, MA.
28. Meng Y*, Wong SS **Manore MM**. WAVE Pilot Year 1. Comparison of High School soccer players and parents' confidence, expectations, and practices in food and nutrition to support youth sport performance. Experimental Biology Annual Meeting, April, 2015, Boston, MA.
29. Wong SS, Meng Y*, Moissinac B*, Scaffidi C, **Manore MM**. Feasibility of using emails and short message service (SMS) with High School soccer players to reinforce compliance in an obesity prevention program. Experimental Biology Annual Meeting, April, 2015, Boston, MA.
30. John DH, Gunter K, **Manore MM**, Etuk L..GROW Healthy Kids and Communities. Society of Nutrition Annual Meeting, July, 2014, Milwaukee, WI. Published: J Nutr Education & Behav. 2015.
31. Wong SS, **Manore MM**, Zang B, Dorbolo J. WAVE ~ Ripples for Change. Obesity Prevention for Active Youth Using Virtual and Real World Experiential Learning. Society of Nutrition Annual Meeting, July, 2014, Milwaukee, WI. J Nutr Education & Behav. 2015; 47(4supp), S107.
32. Hongu N, Gunter KB, Going SB, Williams JE, Lindsay AR, **Manore MM**. Exercise is Medicine (EIM) for Community Health Programs: Expanding to the National Cooperative Extension System. American College of Sports Medicine (ACSM) Annual Meeting, June 2014, Orlando, FL.
33. Reeves C, Lindsay A, **Manore M**. Energy Balance: Working toward better program integration of nutrition and physical activity in higher education, training, credentialing and practice. American Public Health Association Annual Meeting, November, 2013. Boston, MA.
34. John DH, Gunter K, **Manore MM**, Etuk L. GROW Healthy Kids and Communities. Society of Nutrition Annual Meeting, August, 2013, Portland, OR. J Nutr Education & Behav. 2014;46;4S, S193.

35. Wong SS, **Manore MM**, Zang B, Dorbolo J. WAVE ~ Ripples for Change. Obesity Prevention for Active Youth Using Virtual and Real World Experiential Learning. Society of Nutrition Annual Meeting, August, 2013, Portland, OR. (Published: J Nutr Education & Behav. 2014;45,4S, pageS 200.
36. Hand TM*, Kam LC*, Guebels C*, Lay WA**, Sweat WM*, **Manore MM**. Exercise Menstrual Dysfunction (ExMD): Assessment of energy density in active women with and without ExMD. American College of Sports Medicine (ACSM) Annual Meeting, June 2013, Indianapolis, IN.
37. John DH, Gunter K, **Manore M**, Langelotto G, Etuck L. Generating Rural Optoins for Weight (GROW) Healthy Kids and Communities. Society of Nutrition Annual Meeting, July 2012, Washington, DC. J Nutr Education & Behav. 2013;44,4S,S84.
38. Sweat WM*, Pilolla KD*, Princehouse MK**, **Manore MM**. Predictors of weight and waist circumference changes in abdominally obese women: Exercise or diet factors? American College of Sports Medicine (ACSM) Annual Meeting, June 2012, San Francisco, CA.
39. Pilolla KD*, WM Sweat*, GF Maddalozzo, **MM Manore**. Impact of dietary protein (PRO) intake and high-intensity interval exercise on abdominal obesity (AbOb) and metabolic syndrome (MetS) risk in premenopausal women. Experimental Biology Annual Meeting, April, 2012, San Diego, CA.
40. Ourada V*, Walker A, Jabson J, Donatelle R, **Manore M**, Pilolla K, Bryant T. How Women Negotiate Their Health Choices Around Family Responsibilities. Oregon Physical Therapy Association Annual Meeting, Portland, OR, March 2012.
41. Tobey L, Hosington A, Raab C, **Manore MM**. Framework development for the Food Hero social marketing campaign: Focus on fruits and vegetables for low-income families in Oregon. American Dietetic Association Annual Meeting, San Diego, CA, September 2011. JADA 2011;111(9):A12. (**Manore presented.**)
42. John DH, Gunter K, **Manore M**, Langelotto G, Etuck L. Generating Rural Optoins for Weight (GROW) Healthy Kids and Communities. Society of Nutrition Annual Meeting, July 2011, J Nutr Education & Behav. 2012;44,4S,S84.
43. Biegler RB**, Chang J**, Finders DL**, Sperber EE**, Kam LC*, Guebels CP*, **Manore MM**. Nutritional status and lipid profiles in active women with and without menstrual dysfunction. Northwest ACSM Annual Meeting, April 2011, Eugene, OR.
44. Farm KR**, Normandin JS**, Pilolla KD*, Sweat WM*, Maddalozzo GF, **Manore MM**. High intensity interval training: impact on fitness and body composition in sedentary, overweight, premenopausal women. Northwest ACSM Annual Meeting, April 2011, Eugene, OR.
45. Vassallo D*, Lauder milk L*, Farr J, Going G, **Manore MM**. A higher glycemic index diet is associated with fat infiltration within skeletal muscles in young girls. Experimental Biology Annual Meeting, April, 2011, Washington, DC.
46. Lauder milk L*, Vassallo D*, **Manore MM**, Going S. Usual dietary protein intake is related to trabecular but not cortical bone mineral content, density and strength measured by pQCT in young girls. Experimental Biology Annual Meeting, April, 2011, Washington, DC.
47. Woolf K, **Manore MM**. Alterations in body composition in older women with and without rheumatoid arthritis. Experimental Biology Annual Meeting, April, 2011, Washington, DC.
48. Pilolla KD*, Sweat WM*, Maddalozzo G, Princehouse M**, **Manore MM**. LITEN UP! Reducing Metabolic Syndrome (MetS) Risk in Premenopausal Women. American College of Sports Medicine (ACSM) Annual Meeting, May 2011, Denver, CO.
49. Cialdella-Kam L*, Guebels C*, Maddalozzo G, **Manore MM**. REMEDY: Impact of menstrual status on musculoskeletal and hormonal health. American College of Sports Medicine (ACSM) Annual Meeting, May 2011, Denver, CO.

50. Guebels C*, Cialdella-Kam L*, Maddalozzo G, **Manore MM**. REMEDY: Menstrual Status and Energy Availability in Active Women. American College of Sports Medicine (ACSM) Annual Meeting, May 2011, Denver, CO.
51. Oster TM**, Pilolla KD*, Sweat WM*, **Manore MM**. Metabolic Syndrome (MetS) Risk Factors in Health Overweight and Obese Women Prior to a Diet and Exercise Intervention. March, 2010. Northwest American College of Sports Medicine (ACSM) Annual Meeting, Portland, OR.
52. Laudermilk M*, Going S, Cussler E, Lohman T, Thomson C, Farr J, **Manore M**. Relationship of self-report dietary intake and bone macro-architectural structure in pre and early pubescent girls. Nutritional Sciences Research Frontiers Conference, U of Arizona, Tucson, AZ, October, 2009.
53. Grimstvedt MG*, Woolf K, **Manore MM**. Lower dietary quality in older women with rheumatoid arthritis vs. health controls. SCAN Annual Meeting, April 2009, Scottsdale AZ.
54. Cialdella-Kam LA*, Lewis K**, **Manore MM**, Joubert LM*. Carbohydrate and protein intake before, during and after exercise: Are active women following current recommendations? American College of Sports Medicine (ACSM) Annual Meeting, May 2009, Seattle, WA.
55. Dvorak TE*, Jordan KC, Dolan SH, Wing-Gaia SL, **Manore MM**, Meyer N. The Adolescent Sport Nutrition (SN) Knowledge Questionnaire: Validity and reliability. *Med Sci Sports Exerc.* 2008;40(5):S188. American College of Sports Medicine (ACSM) Annual Meeting, May 2008, Indianapolis, IL.
56. Grimstvedt ME*, Woolf K, **Manore MM**. The Association Between Bone Density and Diet Quality Among Older Women. Southwest American College of Sports Medicine (ACSM) Annual Meeting, November 2008, San Diego, CA.
57. Donatelle BJ, **Manore MM**, Jabson JM*, Ourada VE*, Walker AJ, Pilolla KA*, Bryant T*. Behavioral approaches for risk reduction in midlife women with MetS: A Pilot Study. American Public Health Association (APHA) Annual Meeting, October 2008, San Diego, CA.
58. KD Pilolla*, TK Bryant*, **MM Manore**, RJ Donatelle, JM Jabson*, AJ Walker, VE Ourada*. A Pilot Study: Impact of a non-weight loss intervention, focused on changing diet and physical activity (PA) behaviors, in midlife women at risk for metabolic syndrome (MetS). *The FASEB J* 2008;22:677.20. Experimental Biology Annual Meeting, April, 2008, San Diego.
59. Ourada V*, Walker A, Donatelle R, **Manore MM**, Jabson J*, Pilolla K*, Bryant T*. *How Women Negotiate Family and Personal Health Needs*. Paper presented at the annual meeting of National Council on Family Relations, Pittsburgh, PA, November, 2007.
60. Joubert LM*, **Manore MM**. Level of physical activity (PA) does not alter blood homocysteine (Hcy) concentrations in non-supplementing adults. *Med Sci Sports Exerc.* 2007;39(5):S258. American College of Sports Medicine (ACSM) Annual Meeting, May 2006.
61. White B*, **Manore MM**. The impact of a culturally appropriate nutrition, exercise and self-care intervention program on reducing diabetes risk factors in Hispanic individuals with diabetes: A pilot project. *JADA* 2006;106(8):S1, A33. ADA Annual Meeting, September 2006.
62. Woolf K*, **Manore MM**. Iron status in non-supplementing, older women with and without rheumatoid arthritis. *The FASEB J* 2004. Experimental Biology Annual Meeting, April, 2004.
63. Meyer NL*, Shaw J, **Manore MM**. Bone mineral density in elite male winter sport athletes. *Med Sci Sports Exerc.* 2004;36(5):S13. American College of Sports Medicine (ACSM) Annual Meeting, May 2004.
64. Meyer NL*, **Manore MM**, Estes HM, Shaw J. The Female Athlete Triad in winter sport athletes. Congress of Science and Skiing, Snowmass at Aspen CO, March, 2004. In: The 3rd ICSS Proceedings. (Ed) D.Bacharach and J. Seifert. 2004, p51-52.

65. Meyer NL*, **Manore MM**, Shaw JM, Subudhi AW, Askew EW, and Walker JA. Dietary intake, iron status, and supplement use in female winter sport athletes during the preparation for the 2002 Olympic Winter Games. 8th Annual Congress of the European College of Sports Science, Salzburg Austria, July 2003.
66. Meyer NL*, Shaw JM, **Manore MM**, Subudhi AW, Askew EW, Sultz BB, Walker JA. Bone mineral density in female Olympic winter sport athletes. *Med Sci Sports Exerc.* 2003;35(5):S364. ACSM Annual Meeting, May 2003.
67. Woolf K*, Schmidt JL*, Gilliatt-Wimberly MA*, Martinez AS*, Peet KA*, Vaughan LA, **Manore MM**. Habitual physical activity reduces chronic disease risk factors in midlife and older women. *Med Sci Sports Exerc.* 2003;35(5):S169. ACSM Annual Meeting, May 2003.
68. Meyer NL*, Subudhi AW, Walker JA, Shaw JM, Askew EW, Shultz BB, **Manore MM**. Winter Sport Athletes: Nutrition issues during preparation for the 2002 Olympic Winter Games in Salt Lake City. *Med Sci Sports Exerc* 2002;34(5):124. 6thIOC World Congress on Sport Sci, St. Louis, MO, June, 2002.
69. Meyer NL*, Hansson TM, Doody SL, Walker JA, Subudhi AW, Shaw JM, **Manore MM**. Menstrual function, energy balance and eating behavior in female high-school soccer players. *Med Sci Sports Exerc* 2002;34(5):S23. ACSM Annual Meeting, June 2002.
70. Parmenter MA*, **Manore MM**, Daniels, JT. EPOC following high intensity intermittent and moderate intensity continuous exercise. *Med Sci Sports Exerc* 2001; 33(5):S73. ACSM Annual Meeting, June 2001.
71. Wolfe K*, **Manore MM**, Vaughan LA. Elevated blood total homocysteine in older women with rheumatoid arthritis. *JADA* 2001;101(9):A95. ADA Annual Meeting, October 2001.
72. Gilliant M*, **Manore MM**, Swan PD, Woolf K*, Vaughan L. Effect of habitual exercise on resting metabolic rate and body composition in midlife active and sedentary women. *The FASEB J* 2000;14(4):A528. Experimental Biology Annual Meeting, April, 2000.
73. Meyer NL*, Johnson SC, Askew EW, von Duvillard SP, Hofmann P, Kipp RW, **Manore MM**. Nutritional Issues in Alpine Ski Racing during the Preparatory Phase. Second International Congress on Skiing and Science (ICSS) 2000, St. Christopher, Austria, January, 2000

Research Support (funded only):

External Funded (selected):

1. Wong SS (PD), **Manore MM (Co-PD)**. The WAVE~ Ripples for Change: Obesity Prevention for Active Youth in Afterschool Programs Using Virtual- and Real-World Experimental Learning. (2013-2018) USDA National Institute of Food and Agriculture. \$4,857,486.00
2. Gunter K (PD), John, D (PD) **Manore M (Co-PD)**, Etuk L, Langellotto G, Rennekamp, R. **GROW Healthy Kids and Communities: Generating Rural Options for Weight-Healthy Kids and Communities.** (2011-2017). USDA National Institute of Food and Agriculture. \$4,801,204.00
3. **Manore MM (PI)**, Maddalozzo G, Pillola K. Preventing Metabolic syndrome in Premenopausal Women: Targeting abdominal obesity through diet and exercise. (2009-2011). Standard Process, Inc. \$93,352 + \$23,000 in supplement (whey protein).
4. **Manore MM (PI)**, Widrick J, Iwaniec U, Maddalozzo G. Restoring menstrual dysfunction and muscle health in active women using a supplement (2008-2010). Gatorade Sports Science Institute (GSSI) \$22,000 + \$20,000 in supplement (nutrition shake).
5. **Manore MM (PI)**, Widrick J, Iwaniec U, Turner R. Multidisciplinary Training in Nutrition and Physical Activity (2006-2010). USDA Food and Agriculture National Needs Graduate Fellowship Grant, \$252,000.
6. Going, SB (PI) – U of Arizona, **Manore M (Consultant)**- Diet Assessment. (2006-2010). Exercise and Bone Development in Young Girls. NIH (Neurological, Aging and Nusruloskeletal Epidemiology), \$3,840,184.
7. **Manore MM (PI)**. (2005-06) Women and Hispanic Family Members Diabetes Prevention Program. Dept. of Women's Health, Region X, \$4,999.

8. **Manore MM** (PI). (2004-05) Hispanic Family Diabetes Prevention Program. Dept. of Women's Health, Region X, \$4,999.
9. Donatelle B (PI) **Manore MM** (Co-PI). (2005-06). Healthy Worksite. Oregon Dept. of Health Services, Office of Health Promotion and Chronic Disease Prevention, \$42,500.
10. **Manore MM** (PI), Donatelle B (Co-PI). (2004-2006). Hispanic Family Diabetes Prevention Program and Healthy Worksite. Oregon Dept. of Health Services, Office of Health Promotion and Chronic Disease Prevention, \$55,000.
11. Subudhi AW (PI), Meyer NL, **Manore MM** (Co-PI), Shaw J, Askew EW, Walker JA. (2001-2002) Winter Sport Athletes: Nutrition issues during preparation for the 2002 Olympic Winter Games in Salt Lake City. International Olympic Committee (IOC), \$29,700.
12. Woolf K (PhD Student), **Manore MM** (Co-PI; Faculty Advisor). (1999-2001). Nutritional and homocysteine status of non-supplementing older women with and without rheumatoid arthritis. PPO and Association for Gerontology in Higher Education. \$22,000.
13. Woolf K (PI), **Manore MM** (Co-PI) (1998-99). Nutritional status of mid-life and elderly active and sedentary women. ADA SCAN Practice Group, \$3,000.
14. Woolf K, **Manore MM** (Faculty Advisor) (1998-99). Nutritional status of active and sedentary older women with rheumatoid arthritis. American College of Sports Medicine, \$5,000. (Doctoral Student grant awarded to K. Woolf).
15. Skinner JS (PI), Matt K, **Manore MM** (Co-PI) (1994-6). The impact of energy imbalance on performance and bone density in amenorrheic athletes. National Collegiate Athletic Association (NCAA), \$22,000.
16. Tran Z (PI), Glass G, **Manore MM** (Co-PI) (1988-92). Dietary interventions and lipid and lipoprotein changes. National Institutes of Health, \$121,693.
17. Felicetta JV (PI), Vaughan LA, **Manore MM** (Co-PI – Subcontract to ASU)(1988-91). Mechanisms of diabetic hypertension in man. Veterans Adm., \$188,600.
18. **Manore MM** (PI-Subcontract to ASU), Vaughan LA. (1988-91). Mechanisms of diabetic hypertension in Man. Veterans Adm., \$48,120.
19. Skinner JS (PI), **Manore MM** (Co-PI) (1987). Effect of a food supplement on the response to a 6-month training program by untrained male college students. Sevensco AB, \$53,015.
20. Vaughan LA (PI), **Manore MM** (Co-PI)(1986-88). Dietary patterns and nutritional status of free-living elderly: relation of red meat intake to hematological and other nutritional indices. Nat'l Live Stock & Meat Board, \$20,017.
21. Skinner JS (PI), **Manore MM** (Co-PI) (Co-PI) (1986). Effect of food supplements on various physiological functions and performance of elite ten-kilometer runners. Sevensco AB, \$30,872.
22. **Manore MM** (PI) & Vaughan LA (1986). Computer assisted nutritional counseling in pregnant adolescents. Arizona Department of Education, \$1,500.

Internal to OSU (selected)

23. Case P (PI), Manore MM (Co-PI), Hino J (Co-PI). Nutrition E-learning: Using the Internet with Food Stamp Audiences and Agencies. \$14,902. College of Health and Human Sciences (2009-10).
24. Donatelle B (PI), Manore MM (Co-PI), Walker A (Co-PI). Behavioral Approaches for Risk Reduction of Metabolic Syndrome in Middle-aged Women: A Pilot Study (\$18,000 – OSU); \$10,000 (Samaritan Health to cover biochemical assessments).
25. Grobe, D (PI), Manore MM (Co-PI). Trading Off Seafood Health and Safety: Consumer Responses to the Risk of Methylmercury in Fish (\$10,000), College of HHS and a \$10,000 match from OSU Seafood Laboratory for Grobe.
26. Manore MM (PI). (2002). Equipment grant: Waters HPLC Alliance System (\$60,217), OSU Research Office.
27. Wilcox T, Manore MM (Co-PI) (2001). Equipment grant: ParvoMedics TrueMax 2400 Metabolic Measuring System (\$25,280), OSU Research Office.

Internal to ASU (selected)

28. Manore MM (PI) (1993-4). Chronic dieting: nutritional consequences of restrained eating in middle-aged, active women. Women's Studies Research Award, ASU, \$3,500.
29. Manore MM (PI), Skinner JS (1991-2). Metabolic efficiency and nutritional status of male and female low-caloric and adequate-caloric intake endurance athletes. ESRI, ASU, \$1400.
30. Manore MM (PI) (1989). Vitamin B-6 metabolism and status in non-insulin dependent diabetes mellitus in men consuming a constant vitamin B-6 diet. Faculty Grant Program, ASU, \$5000.
31. Manore MM (PI) (1988). Effect of training and zinc and magnesium in blood and urine in untrained male college students. Faculty Grant Program, ASU, \$5000.

32. Manore MM (PI) (1986). Effect of exercise on resting metabolic rate, body composition and metabolic regulators of obese individuals during rapid weight loss. Faculty Grants-ASU, \$3000.
33. Manore MM (PI) (1985). Iron status in female long-distance runners, and magnesium and red blood cell fragility following strenuous endurance exercise. Faculty & Women's Studies Grant Programs, ASU, \$6000.

Teaching: Post-doctoral, Graduate and Honor Student Thesis/Dissertation Chair

Post-doctoral Research Fellows- Mentor/co-mentor:

1. Patton-Lopes, Megan. WAVE ~ Ripples for Change USDA Obesity Prevention Grant in High School Soccer Players (Fall, 2015-2018)
2. Pillola, Kari. Wave – Ripples for Change USDA Obesity Prevention Grant in High School Soccer Players (Fall, 2014-2015)

Graduate students:

3. Howe, Stephanie (PhD Exercise Sciences Fall 2015; Minor, Nutrition), Dept. of Nutrition & Exercise Sci, Dr. Manore, Chair). Exercise and Appetite: Influence of exercise intensity on appetite in active women. (Recipient: ACSM 2016 Nutrition Interest Group Student Research Award, 2016)
4. Krummer, Alissa (Honors Student, Winter 2016, Nutrition, Minors: Exercise Science). Sport Nutrition Education for High School Athletes: Using sport to teach nutrition.
5. Hand, T. (MS Nutrition 2014; Minor, Exercise Science (RD), Dept of Nutrition and Exercise Science, Dr. Manore, Chair). Comparison of Dietary Energy Density Between Active Women with and Without Exercise Associated Menstrual Dysfunction (ExMD).
6. Pillola, K. (PhD Nutrition 2013; Dual Minors, Exercise Science and Education, RD 2013), Dept of Nutrition and Exercise Science, Dr. Manore, Chair). "Prevention of Metabolic Syndrome in Midlife Adults: Role of Nutrition and Exercise." (Recipient: USDA National Need Graduate Fellowship, 2007-2010)
7. Sweat, W. (MS Nutrition 2011; Minor, Exercise Science (RD), Dept of Nutrition and Exercise Science, Dr. Manore, Chair). "Low-energy dense diet and high-intensity exercise: Impact on weight and waist circumference in abdominally obese women." (Selected: ACSM, Graduate Student Presentation in Featured Session, 2012.)
8. Guebels, C. (MS Nutrition 2011; Minor, Exercise Science, RD 2012), Dept of Nutrition and Exercise Science, Dr. Manore, Chair). "Active Women with and without Menstrual Disorders: Comparison of Resting Metabolic Rate and Energy Availability." (Recipient: ACSM 2011 Nutrition Interest Group Student Research Award.)
9. Ciadella, L. (PhD Nutrition 2011, Dual Minors, Exercise Science and Statistics, RD, 2014, Dept of Nutrition and Exercise Science, Dr. Manore, Chair). "Nutrition, Exercise and Menstrual Dysfunction." (Recipient: Travel award for NIH Dietary Supplement Research Practicum, 2008; Recipient: USDA National Need Graduate Fellowship, 2007-2010)
10. Still, E. (MS student, RD, Dept. of Nutrition and Food Mgt., Dr. Manore, Chair). "Consumer responses to risks of methyl mercury in fish and seafood."
11. Bryant, T. (MS Nutrition 2009, RD 2011), Dept of Nutrition and Exercise Science, Dr. Manore, Chair). "Diet and Exercise Intervention Strategies: Preventing Metabolic Syndrome in Middle-Aged Women."
12. Joubert, L. (PhD Nutrition 2007, RD 2011), Dept. of Nutrition and Food Management, Dr. Manore, Chair). "Nutrition, Exercise and Homocysteine". (Recipient: 2004 NW Health Foundation Student Grant, \$3000; 2004 ACSM Student Grant \$5000; OSU NFM Tarter Funds \$1600; Oregon Sports Lottery Graduate Scholarship, \$2500).
13. Parent, E. (Undergraduate Honors Student, 2007, Dept of Nutrition and Exercise Sci, Dr. Manore, Chair).

14. White, B. (PhD Nutrition 2006, RD, Dept. of Nutrition and Food Management, Dr. Manore, Chair). "Hispanic Family Diabetes Lifestyle Intervention." (Recipient: 2005 ADA Boerner and Sense Scholarships, \$2000).
15. Woolf, K. (PhD Exercise Science, 2003, RD, Dept. of Exercise Science & PE, ASU, Dr. Manore, Chair). "Nutritional status, energy expenditure, and bone density in post-menopausal sedentary and active elderly women with and without rheumatoid arthritis." (Recipient: 1998 GSSI Student Grant Award [\$750]; 1998 ASU Graduate Student Grant [\$800]; 1998 Kraft Fellowship Recipient [\$5000]; 1998 ACSM Doctoral Grant [\$5000]; 1999 PEO Foundation Fellowship [\$7000]; 1999 Association for Gerontology in Higher Education Fellowship [\$15,000]; 1999 Intergroup Research Award for Gerontology; 1999 Arizona Coalition on Aging Scholarship [\$300]; 2001 NIH Travel Award [\$800]; Nominated for **ASU's FWA Distinguished Achievement Award for Doctoral Candidates, 1998**; Participant in ASU's Graduate College Preparing Future Faculty Program [PFF], 1997-99.)
16. Schmidt, J. (MS Nutrition 2003, Dept. of Nutrition, ASU). "Nutritional status in young and midlife physically and sedentary women."
17. Sauriol, A. (MS Nutrition, 2000, Dept. of Nutrition, ASU). "Comparisons of Resting Metabolic Rate and Body Composition in Physically Active and Sedentary Older Women." (Recipient: Cowden Fellowship 1998-1999; Gatorade Sports Science Institute Student Grant, \$250, 1998; ASU Graduate Student Grant, \$500, 1999.)
18. Gilliat, M. (MS Nutrition, 2000, Dept. of Nutrition, ASU). "Effect of exercise and energy balance on resting metabolic rate and body composition in mid-life active women." (Recipient: ASU Graduate Student Grant, \$300, 1999; Gatorade Sports Science Institute Student Grant, \$500, 1999).
19. Kopp, S. (MS Nutrition, 1997, Dept. of Nutrition, ASU). "Changes in nutritional status and RMR in amenorrheic athletes involved in a diet and exercise intervention program."
20. Monroe MB. (PhD Exercise Science, 1997. Dept. of Exercise Science, ASU, Drs. Manore and Skinner, Co-chairs). "Energy metabolism and adipose tissue lipolysis in spinal cord-injured and non-injured control subjects."
21. Beals K. (PhD Exercise and Wellness, 1996, RD 2000). Dept. of Exercise Science, ASU Dr. Manore, Chair). "Prevalence of subclinical eating disorders in female athletes." (Recipient: Gatorade Sports Science Institute Grant, \$750 (1995); Recipient: 1994 ASU Graduate Research Development Program Grant, \$1800; Recipient: **1996 American Dietetic Association Graduate Research Paper Award**)
22. Rohan MU. (MS Nutrition, 1996, RD 2000), Dept. of Nutrition, ASU). "Nutritional consequences of restrained eating in middle-aged, active women." (Recipient: Cowden Fellowship, 1994-1995)
23. Smith BA. (MS Nutrition, 1996, Dept. of Nutrition, ASU). "Metabolic consequences of restrained eating in middle-aged, active women. (Recipient: Gatorade Sports Science Institute Grant (1994) \$750.
24. McMullen MP. (MS Nutrition, 1995, RD 1996 Dept. of Nutrition, ASU). "Resting metabolic rate and work efficiency in active females classified as restrained eaters." (Recipient: Cowden Fellowship 1993-1994)
25. Levey W. (MS Nutrition, 1993, Dept. of Nutrition, ASU). "Responses of hypertensive males to either a low sodium/low calcium or a low sodium/high calcium diet." (Recipient: **American Dietetic Association 1993 New Researcher Award**)
26. Canfield T. (MS Nutrition, 1993, Dept. of Nutrition, ASU). "Differences in energy expenditure between low and adequate energy intake female endurance athletes."
27. Swart A. (MS Nutrition, 1991, Dept. of Nutrition, ASU). "Responses of hypertensive males to either a high sodium/high calcium or a high sodium/low calcium diet."
28. Fung S. (MS Nutrition, 1991, Dept. of Nutrition, ASU). "Twenty-four hour ambulatory blood pressure responses of hypertensive males on a low sodium/low calcium diet." (Recipient: Cowden Fellowship)
29. Helleksen J. (MS Nutrition, 1989, Dept. of Nutrition, ASU). "Effect of physical training on the zinc status of untrained male college students." (Recipient: ASU Graduate Research Development Program Grant, \$800).

30. Merkel J. (MS Nutrition, 1989, Dept. of Nutrition, ASU). "Effect of physical training on the magnesium status of untrained male college students." (Recipient: ASU Graduate Research Development Program Grant, \$800)
31. Moses K. (MS Nutrition, 1989, Dept. of Nutrition, ASU). "Evaluation of an in-school computer-based nutrition education program for pregnant adolescents." (Recipient: Cowden Fellowship, 1988-89)
32. Reynolds M. (MS Nutrition, 1989, Dept. of Nutrition, ASU). "Factors which determined successful weight maintenance after weight reduction on a very-low-calorie diet."
33. Besenfelder P. (MS Nutrition, 1987, Dept. of Nutrition, ASU). "Effect of training on iron status in female long-distance runners."
34. Berry L. (MS nutrition, 1987, Dept. of Nutrition, ASU). "Comparison of exercise energy expenditure between cyclical dieters and non-dieters."
35. Salomon S. (MS nutrition, 1987, Dept. of Nutrition, ASU). "Effects of menstrual cycle and exercise on the hunger of obese women."

TEACHING: Graduate Students Thesis/Dissertation Committee Member

Doctoral Committees/Comprehensive exams only - ASU:

1. Andy Gardner (Dr. J. Skinner, Chair, Summer, 1990)
2. Tracy Williams (Dr. G. Krahenbuhl, Chair, Summer, 1992)
3. Karen Palmer-McLean (Dr. J. Skinner, Chair, December 1993)
4. Gregg Welk (Dr. Corbin, Chair, Spring, 1994)
5. Pam Jones (Dr. Skinner, Chair, December 1994)
6. Tom Chuddy (Dr. C. Corbin, Chair, Spring, 1995)
7. Jim George (Dr. B. Stone, Chair, Spring, 1994)
8. Steve Feyrer-Melk (Dr. L. Burkett, Chair)
9. Ron Hager (Dr. Corbin, Chair)
10. Kathy Jones (Dr. Burkett, Chair)
11. Debbie Ostlund (Dr. Corbin, Chair)
12. Darren L Dale (Dr. Corbin, Chair)
13. Boyd Foster-Burns (Dr. Swan, Chair, Summer 1998)

Doctoral Committee Member ASU:

1. Steve Hooker (Dr. C. Wells, Chair; Summer, 1988- Exercise Science)
2. Fred Baldini (Dr. J. Skinner, Chair, Summer, 1989 - Exercise Science)
3. Janice Thompson (Dr. J. Skinner, Chair, Summer, 1991 - Exercise Science)
4. Christy Dueck, (Dr. Skinner, Chair; Dr. Matt Co-Chair, Summer, 1996 - Exercise Science)
5. Michael Crowley (Dr. W. Willis, Chair, Spring, 1996 - Exercise Science)
6. Lynda Ransdell (Dr. C. Wells, Chair, Spring, 1996 - Exercise & Wellness)
7. Karen McConnell (Dr. Swan, Chair, Spring, 1998 - Exercise & Wellness)
8. Darlene Sandoval (Dr. Matt, Chair, Fall, 2000 - Exercise Science)
9. Tinna Traustadottir (Dr. Matt, Chair, Fall, 2003 - Exercise Science)

MS Committees ASU:

1. Carol Byrnes (L. Vaughan, Chair, Nutrition, Spring, 1986)
2. Francie Mallery (L. Vaughan, Chair, Nutrition, Spring, 1987)
3. Mary Kay Lucenti (L. Vaughan, Chair, Nutrition, Fall, 1988)
4. Tina Shepard (L. Vaughan, Chair, Nutrition, Summer, 1989)
5. Tim Strand (C. Johnston, Chair, Nutrition, Spring, 1990)
6. Marcy Russo (L. Vaughan, Chair, Nutrition, Spring, 1990)
7. Jill McCormick (C. Wells, Chair, Exercise Sci., 1989)
8. Kelly Erramuzpe (L. Vaughan, Chair, Nutrition, Fall 1994)
9. Claudia Meyer (C. Johnston, Chair, Nutrition, Spring, 1993)

10. Nanna Meyer (J. Skinner, Chair, Exercise Science, Fall 1994)
11. Debbie Castro (H. Balcazar, Chair, Nutrition, Spring, 1993)
12. Rachel Hollingsworth (K. Thomas, Chair, Exercise Science, Spring, 1996)
13. Shawna Traub (K. Matt, Chair, Exercise Science, Summer, 1996)
14. Karen Merrill (L. Vaughan, Chair, Nutrition, Spring, 1996)
15. Kate Nolan (D. Landers, Chair, Exercise Science, Spring, 1996)
16. Mark Parmenter (J. Daniels, Chair, Exercise Science, Summer, 1997)
17. Lin Zhang (K. Matt, Chair, Exercise Science, Summer, 1997)
18. Karen Dougherty (L. Vaughan, Chair, Nutrition, Summer, 1998)
19. Melinda Duff (L. Vaughan, Chair, Nutrition, Fall, 1998)
20. Tinna Traustadotir (K. Matt, Chair, Exercise Science, Spring, 1998)
21. Carol Binzen (P. Swan, Chair, Exercise Science, Spring, 1999)
22. Kim Peet (L. Vaughan, Chair, Nutrition, Fall, 2000)

Doctoral Committee Member OSU & Others:

1. Nanna Meyer (J. Shaw, Chair, [Dept. Exercise Science]), PhD Exercise Sci, U of Utah, Feb 2003.
2. Abdullah Al-Asaf (J. Leklem, Chair, [Dept. Nutr. & FM]), PhD Nutritional Science, Winter, 2003.
3. Angela Mastaloudis (M. Traber, Chair, [Nutrition & FM]), PhD Exercise Science, Spring, 2004.
4. Monica Huntsburger, (B. Donatelle, Chair, PH, Spring 2007), PhD Public Health, Spring 2008.
5. Tyler Barker (J. Widrick, Chair, PhD [Dept. Nutrition & Ex Sci.]) PhD, Exercise Science, Spring 2009.
6. Tom Kelly (T. Wilcox, Chair, PhD [Dept. Nutrition & Ex Sci.] PhD Exercise Science, Did not complete.
7. Jay Penry (T. Wilcox, Chair, PhD [Dept. Nutrition & Ex Sci.] PhD Exercise Science, Spring 2010.
8. Adrienne McNamara (K Gunter, Chair, PhD), PhD Exercise Science. Spring 2011.
9. Megan Patton (Dr. S. Bernell, Chair) PhD Public Health, Spring 2012)
10. Karlie J. Friesen (Dr. K. Gunter, Chair) PhD Exercise Science, Fall 2012)
11. Kenneth Philbrick (Dr. U. Iwaniec, Chair), PhD Nutrition, Summer 2013)
12. Helen Cheng Hoi Lun (U of Sydney, Australia, Dr. Helen O'Connor, Chair) PhD Nutrition, Winter, 2013, Manore an outside reviewer (required for passing/graduation).
13. Sarah Burkhart (U of Sunshine Coast, Australia, Dr. Fiona Pelly, Chair), PhD Nutrition, Spring 2014. Manore an outside reviewer (required for passing/graduation).
14. Jennifer Jackson (Dr. Smith, Chair), PhD Public Health. Spring 2017.
15. Yu Meng (Dr. SS Wong, Chair) PhD Nutrition, Spring 2018.
16. Megan Sparks (Dr. Veltry, Chair) PhD Public Health, Spring 2018.
17. Tetyana Rocks (University of the Sunshine Coast, Australia, Dr. Fiona Pelly, Chair), PhD Nutrition, Winter 2017. Manore an outside reviewer (required for passing/graduation).
18. Rebecca Cook (U of Sydney, Australia, Dr. Helen O'Connor, Chair) PhD Nutrition, Fall, 2016. Manore an outside reviewer (required for passing/graduation).
19. Staci Partridge (Dr. J Penry, Chair), PhD Exercise Science. Spring 2020.

MS and Honor Student Committees OSU:

1. Dawn Weseli (Dr. M. Traber, Chair, [Nutrition & FM], MS Nutrition, Winter, 2003.
2. Geri Greenberg (Dr. C. Georgiou, Chair) MS Nutrition, Spring 2004)
3. Steve Ferguson, (MS Comprehensive Exam, Dept. Exercise Sci and Sport, Did not complete degree.)
4. Kari Birdsley, (Dr. T. Wilcox, Chair) MS Exercise Science, Spring 2004.
5. Sang Eun Lee (Dr. M. Traber, Chair) MS Nutrition, Spring 2007.
6. Kate Fisher (Dr. T. Wilcox, Chair) MS Non-thesis, Exercise Sci, Spring 2007.
7. Stasi Kasianchuk (Dr. K. Gunter, NES, Chair) MS Exercise Science, Spring 2011, RD 2012.
8. Marie Zidek (Dr. M. Hoffman, NES, Chair)
9. Rebecca Walker (Dr. Y Zhou, Chair) BS Food Science – Honors, Spring 2013.
10. Angela Johnson (Dr. M. Cluskey, Chair) MS Nutrition, Spring 2013, RD 2013.
11. Daniel W Robertson (K Winter-Stone, Chair) EXSS MS, switched to MPH, Spring 2014.
12. Jessica Dekker (U of Sunshine Coast, Australia, Dr. Fiona Pelly, Advisor), MS Nutrition, Fall, 2014. Manore an outside reviewer (required for passing/graduation).
13. Staci Partridge (Dr. Jay Penry, Chair), MS Exercise Science, Spring, 2015.
14. Carolyn J Booth (Dr. K Gunter, Chair). BS Nutrition – Honors, Winter, 2016.
15. Virginia Gouw (Dr. Y. Zhou, Chair). MS in Food Science and Technology, Winter, 2016.

Professional Service: University, College, and Department

University – OSU:

- Member, OSU Bac Core Committee, 2012-2016.
- Member, OSU President's Council on the Status of Women, 2012-2016.
- Member, OSU Faculty Recognition & Awards Committee, 2012-2016.
- Member, Linus Pauling Institute, Micronutrient Information Center (MIC) Task Force, 2013
- Member, OSU Faculty Mentoring Program, Office of Women's Advancement and Gender Equity, 2009-2010.
- Member, Professional Faculty Search, OSU Intercollegiate Athletics, Sports Nutritionist, 2008-09.
- Member, OSU NCAA Division I Athletics Certification Committee, Subcommittee on Academic Integrity, 2008-2009.
- Member, OSU Athletic Advisory Committee, 2005-2007.
- Member, OSU Graduate School, Task Force on Teaching, 2005-2006.
- Member, OSU President's Coalition for a Healthy Campus Community, 2004-2007.
- Member, OSU Distinguished Professor Screening Committee, 2003-2005.
- Member, OSU Research and Creative Interests 2007 Core Planning Committee, 2002-2003.
- Member, Graduate Council Review Committee for the Dept. of Forest Resources, Graduate College, 2002.
- Consultant, OSU Athletic Teams on Sport Nutrition (Crew, Golf, Track, Gymnastics, Soccer, and Swim teams). I do individual consultations with athletes and team presentations as requested by the coaches, 2001-2009.

College of Public Health and Human Sciences – OSU:

- Chair, College Promotion and Tenure Committee, 2011-12 (Member) 2012-13 & 2013-14 (Chair).
- Member, College Faculty Transition Team, 2010-2011.
- Chair, Healthy Communities- Healthy Lifestyles Research Group, 2003-2006.
- Member, FCD Search Committees, Lincoln Co., Union/Baker Co., Malheur Co 2005-06.
- Member, FCD Search Committees, 2 Nutrition Specialists, 2005-06.
- AES Research Program Director, 2001-2003.
- Chair, Interdisciplinary PhD in Nutrition Program Planning Committee, 2001-03.
- Member, FCD Associate Dean Search, 2004.
- Member, 3rd Year Review Committee for HDFS, 2004.

Department Nutrition and Exercise Sciences/School of Population and Biological Sciences – OSU:

- Member, Exercise Science Faculty Cluster Search Committee, 2013-2014.
- Member, Cross School PH Curriculum Committee, 2012-2013.
- Member, DPD Director Search Committee, 2012-2013.
- Chair, Dietetics Faculty Search Committee, 2010-2011.
- Member, Personnel Committee NES, 2004-2006, 2009-2011.
- Member, Awards Committee NES, 2005-06, 2009-2010,
- Member, MPH program committee for Physical Activity and Nutrition, 2008-2009.
- Member, Search Committee, Nutrition DPD Director, 2005-06.
- Co-Chair, OSU Update for Dietitians, 2003-2007.

Department of Family and Community Health– OSU.

- Chair, NEP Director Search Committee, 2009-2010
- Member, Lincoln Co NEP Faculty Search Committee, 2009-2010.
- Member, LinC Extend Advisory Board, 2008-2010.
- Member, March 2009 FCD faculty In-service meeting, Newport, OR
- Member, Mastery of Aging Well Grant (USDA/CSREES), 2008-2010.

University – ASU:

- ASU Employee Wellness Program Advisory Network, ASU Human Resources Dept., 1995-present. (Recipient: **1997 "A Spirit of Excellence" Quality Award Winner** for recognition of contribution to Quality, Excellence, and Continuous Improvement in Arizona State Government. Recipient: **1998 Gladys McCrary Corp. Foundation Award**. Recipient: **1999 President's Award for Innovation**, which recognizes an ASU employee or team for innovations that improve educational, administrative or other organizational processes through creative approaches.)
- Exercise Science Doctoral Program Executive Committee, Graduate College, 1994-present
- Stress Center Steering Committee, Research Office, 1999-present.
- Exercise Science Doctoral Program Review Committee, Graduate College, 1994-95.

- University Human Subjects Research Review Committee, 1989-1996.
- Student Health Education Review Committee, Student Health Center, 1995.
- Scholarship/Research Committee Member, Adult Develop. & Aging Program, Graduate College, 1988-89
- Health Advisory Committee, 1989-91; Campus Recreation Board of Governors, 1990-91.
- Consultant, ASU Athletic Teams on Sport Nutrition (Football, Gymnastics, Swim, Track, Volleyball, Softball, Baseball, and Wrestling teams). I do individual consultations with athletes and team presentations as requested by the coaches, 1986-2001.

College of Liberal Arts and Sciences & East College – ASU:

- College Research Awards Committee, 1997-2000
- Exercise Science Graduate Faculty, 1987-2003.
- Exercise and Wellness Education Graduate Faculty, 1988-2001.
- Exercise Science and Physical Education Chair Search Committee, 1994
- College Literacy Program Faculty, 1987-94; Recipient of College Writing Committee Grant, 1988.
- Member, Grievance Committee for EAST College, 2001.

Dept. of Family Resources & Human Development & Dept. of Nutrition–ASU:

- Nutrition Area Coordinator, 1997-1998; Didactic Program Director for ADA, Spring, 1996.
- Graduate Committee, 1992-94, 1997-99; Program Review Committee, 1993-1994; 1999.
- Tenure and Promotion Committee, Chair, 1992 & 1999; Tenure/Promotion Committee, Member, 1993-98.
- Personnel Committee, 1990-91; Support Systems Committee, 1985-1987 (Chair 1987), 1989-91
- Affirmative Action Committee, 1987, 1989; Faculty Computer Liaison, 1986-88
- Chair, Search Committee for Assistant Professor in Nutrition, 2000-01.

Professional Service: State and Community

- Invited Member, Menu Labeling Technical Evaluation Advisory Committee (TEAC) for a Robert Wood Johnson Foundation Healthy Eating Research Grant, Multnomah County Health Division and Oregon Public Health Division, 2008-10.
- Appointed Member, Speaker of the House, Oregon Legislature, Task Force for a Comprehensive Obesity Prevention Initiative, 2008-09.
- Member, Childhood Obesity Study Research Work Group, Health Promotion and Chronic Disease Prevention. Oregon Health Division, Dept. of Human Services, Portland, OR. Wrote the Childhood Obesity Study Report for the Oregon Legislature, 2006-07.
- Community Partnership Development Group: Preventable Diseases Related to Lifestyles, Arizona Dept. of Health Services, 1993; Obesity Committee, Arizona Department of Health Services, 1993-95.
- American Heart Association, Arizona Affiliate, Subcommittee Member Food Festival, 1988-89
- Adjunct Faculty, Arizona Heart Institute/St. Joseph's Hospital Dietetic Internship Program, 1984-89

Professional Service: Editorial Boards/Reviewer

- Reviewer, *Dietary Reference Intake (DRI) Water, Potassium, Sodium, Chloride, and Sulfate*. National Academies, Institute of Medicine, Food and Nutrition Board. Wash DC: National Academies Press, 2004.
- Editorial Board Member, *International Journal of Sport Nutrition and Exercise Metabolism*, 1991-present; Associate Editor, 2009-2010. [IF=2.0]
- Associate Editor, *Medicine and Science in Sports and Exercise*, 2000-2003. [IF=4.282]
 - Editorial Board Member: 1991-97; 2003-2010.
 - Co-author of Female Athlete Triad Position Stand, 2007.
- Associate Editor & Nutrition Column Editor, *ACSM's Health and Fitness Journal*, 1998-2006;
 - Editorial Board Member, *ACSM's Health and Fitness Journal*, 1996-present.
- Editorial Board Member, *Frontiers in Nutrition: Sport and Exercise Nutrition* (open-access journal), 2015-present.
- Editorial Board Member, *Journal of The American Dietetic Association*, 2000-2005.[IF 2010= 3.244]
 - Reviewer for Weight Mgt. Position Stand, 2001.
 - Co-author of Nutrition and Physical Activity Position Stand, 2000.
 - Selected as a Reviewer: ACSM, ADA, Dietitians of Canada, Joint Position on Nutrition and Physical Activity, 2006.
- Editorial Board Member, *Scandinavian Journal of Medicine & Science in Sports*, 2006-present. [IF=2.968]
- Editorial Board Member, *Journal of Physical Activity and Health (JPAH)*, 2003-2007.

- Advisory Board Member, *Journal of Human Movement*, 2003-present.
- Editorial Board Member, *The American Journal of Medicine and Sports (AJMS)*, 2004-2005. [IF=4.142]
- Editorial Board Member, *The Digest*, ADA Research Dietetic Practice Group, 1995-1999.
- Editorial Board Member, *Sports Nutrition Patient Education Manual*, Aspen Publishers, Inc., 2001-2004.
- Guest Reviewer for the following journals: *Appetite*; *American Journal of Preventive Medicine*; *American Journal of Clinical Nutrition*; *European Journal of Clinical Nutrition*; *Journal of the American College of Nutrition*; *Canadian Journal of Dietetic Practice and Research*; *Canadian Journal of Applied Physiology*; *Human Reproduction*; *Journal of Nutrition Education and Behavior*; *Nutrition*; *British Journal of Sports Medicine*; *Exercise and Sport Sciences Review*; *International Journal of Sports Medicine*; *Journal of Applied Physiology*; *Journal of Sports Sciences*; *Medicine, Exercise, Nutrition and Health*; *Journal of Clinical Endocrinology and Metabolism*; *Sports Medicine*; *Journal of Physical Education, Recreation, and Dance*; *Medicina Sporsitiva*; *Trends in Food Science and Technology*; *USA Gymnastics*; *Women's Health Issues*; *Women in Sport and Physical Activity Journal*.

Professional Service: Research Grant Review

- Grant Reviewer, International Olympic Committee, Advanced Olympic Research Grant Program, March, 2019.
- Grant Reviewer, Canada Foundation for Innovation, Competitive Grants Program, December, 2016.
- Grant Reviewer, USDA-AES U of Wyoming Competitive Grants Program, October, 2014.
- Member, USDA-CSRESS National Research Initiative (NRI) Human Nutrition and Obesity Peer Review Panel, Washington DC, November 2005 and October 2008.
- Member, NIH- Psychosocial Risk and Disease Prevention (PRDP) study section, Washington DC, February, 2007.
- Member, Grant Review Panel (Review of Ancillary Research Grants with SHOW trial-RFA DK 00-07), NIDDK, Bethesda, MD, April 2001.
- Member, National Cattlemen's Beef Association Nutrition Research Discovery Symposium/Review, Chicago, IL, September 2000.

- Member, Extramural Defense Women's Health Research Program (EDWH) Scientific Peer Review Panel, U.S. Dept. of Defense, Washington, DC, 1996.

Program/Scientific Document Reviewer:

- Reviewer, Institute of Medicine, Food and Nutrition Board, "Dietary Reference Intakes for Electrolytes and Water", Summer, 2003.
- Member, Graduate Program Review, Dept of Forestry Resources, College of Forestry, Oregon State University, March 2002.
- Member, Institute of Medicine (IOM) Subcommittee on Program Review of the Pennington Biomedical Research Ctr., Food and Nutrition Board, Baton Rouge, LA, June, 2001.

Professional Service: Advisory Boards and Speaker Networks

- Chair, Energy Balance Work Group for ACSM, AND and USDA, 2010-2014.
 - Chair, Energy Balance Expert Panel Meeting Program Committee, 2011-2012. Meeting was held Oct, 2012, Washington DC.
- Member, MedScapeCME (WedMD) and Sanford Health Professional's Steering Committee for "Children's Health, Fitness and Nutrition Initiative", 2010-2011.
- Member, ESCOP Science & Technology Committee, 2010.
- Member, Research Group, US Olympic Committee (USOC) Sport Dietitian Network, 2009-2010.
- Member, International Olympic Committee (IOC) Diploma in Sports Nutrition, Academic Advisory Board, Sportsoracle Limited, Aberdeen, Scotland, 2005-2020.
- Member, Center for Physical Activity and Nutrition (CPAN) Advisory Board, College of Agriculture and Life Sciences and College of Medicine, The University of Arizona, 2005-2008.
- Member, Golf Magazine Fitness Advisory Panel, 2003-2005.
- Member, Gatorade Sports Science Institute (GSSI) Nutrition Advisor Board, 1990-2009.
- Member, USA Swimming Performance Team on Nutrition, 2001-2009.
- Member, U.S. Olympic Committee Sports Nutrition Program Speakers Network, 1993-present.
- Member, USA Gymnastics National Health Care Advisory Board, 1996-2001.
- Member, Arizona Osteoporosis Coalition Medical Advisory Board, 2001.
- Sports Dietitians of Australia Research Prize Program Evaluator, 1998

Professional Service: National & International Symposium Participant/Committee or Scientific Panel Member/Chair

- Chair, Nutrition and Health Committee for Program Guidance and Planning of the US Dept of Agriculture, National Institute for Food and Agriculture, 2008-2011 (Co-Chair in 2008; Chair in 2009; Past-chair in 2010).
- Chair, Nutrition and Physical Activity Subcommittee, Nutrition and Health Committee for Program Guidance and Planning, USDA, NIFA, 2008-2012; Committee Member, 2012-2013.
- Member, Institute of Medicine, Food and Nutrition Board, Committee on Military Nutrition Research (CMNR), 2001-2006.
 - Member, Institute of Medicine, Food and Nutrition Board, Committee on Optimization of Nutrient Composition of Military Rations for Short-Term, High-Stress Situations, CMNR, 2004-present. The committee produced the following book:
 - Erdman JW, Bistrain BR, Clarkson PM, Dwyer JT, Klein BP, Lane HW, **Manore MM**, O'Neil PM, Russell RM, Tepper BJ, Tipton D, Yates AA. *Nutrition Needs for Short-term, High Stress Operations*. Standing Committee on Military Nutrition Research, Institute of Medicine. National Academies Press, Wash DC, 2005.
 - Member, Institute of Medicine, Food and Nutrition Board, Committee on Metabolic Monitoring for Military Field Applications, CMNR, 2002-2004. The committee produced the following book:
 - Committee on Metabolic Monitoring for Military Field Applications (Vanderveen JE, Bistrain BR, Caldwell JA, Dwyer JT, Erdman JW, Lane HW, **Manore MM**, Morgan WP, O'Neil PM, Sternberg EM, Tepper BJ, Thayer J.). *Monitoring Metabolic Status: Predicting Decrements in Physiological and Cognitive Performance*. Standing Committee on Military Nutrition Research, Institute of Medicine. National Academies Press, Wash DC, 2004, 450 pages.
- Co-Chair, 3rd National Symposium on "Sport Nutrition: Diet and Exercise for Health and Performance" sponsored by ACSM and ASCN, Baltimore, MD, May 2001.
- 3rd Annual USOC and ACSM Human Performance Summit. The Female Athlete Triad: Playing with their Lives. Invited panelist involved in developing the consensus statement on the Triad for USOC, June, 1999.
- International Federation of Sports Medicine (FIMS) World Congress on Sports Medicine, Program Chair and Moderator, International Sport Nutrition Symposium, Orlando, FL, June, 1997.
- Fourth International Sport Nutrition Conference, Symposium Moderator (2 sessions); Conference Workshop Moderator, Williamsburg, VA, September 1997.
- International Food Information Council (IFIC)/American Dietetic Association/American College of Sports Medicine Dialogue Session, Member, "The Role of Nutrition and Physical Activity in Maintaining a Healthy Lifestyle," Washington DC, October 1997.
- International Food Information Council (IFIC), Washington DC, Member of the ADA & ACSM Dialogue Session -- Creating a link between nutrition and physical activity messages, 1997.
- International Food Information Council (IFIC), Washington DC, Member listed in the *IFIC Foundation's Media Guide on Food Safety and Nutrition*, 2000-present.
- Workshop on Physical Activity, Recreational Sports and Diet Supplements, Member, Office of Dietary Supplements Research, Office of Disease Prevention, NIH, Washington, DC, February, 1996.
- Pac-10 Conference Committee on Student-Athlete Nutrition, Member, 1995-96
- Third International Sport Nutrition Conference, Program Chair and Moderator for the Conference, Minneapolis, MN, September 1995.

Professional Service: Organizations

American Society of Nutrition (ASN).

- Committee Member, Physical Activity Guidelines Working Group, 2007-2008.
- Member, Research Interests Groups – Vitamins and Minerals; Energy and Macronutrient Metabolism.
- Review, EB abstracts for the Energy and Macronutrient Group, 2008, 2009.

American College of Sports Medicine (ACSM):

- Member, ACSM/Adidas Scientific Advisory Committee, 2017-18.
- Member, ACSM's EIM Practice Committee, 2014-18.
- Member, ACSM American Fitness Index Advisory Board and Expert Panel, 2007-18.
- Member, ACSM Foundation Review Committee for ACSM, Gail E. Butterfield, PhD, RD FACSM Nutrition Travel Award 2010-18.
- Member, ACSM's Nominating Committee, 2013-2016.
- Member, Exercise Is Medicine (EIM) Community Health Committee, 2011-2015.
- Member, ACSM's Health and Fitness Summit Program Committee, 2001-2005; 2010-2013.
- Member, ACSM's Annual Program Committee, Subcommittee member of Metabolism and Nutrition, 2002-2010, Co-Chair, 2010-2014.
- Reviewer, ACSM GSSI Sport Nutrition Awards, 2013, 2014.
- Vice President, ACSM, 2009-2011.
 - Member, Administrative Council; Member, Budget and Finance Committee; Member, Awards and Tributes Committee; Member, Program Committee; Member, Pronouncements Special Working Group; Member, Strategic Planning Committee.
- Trustee, ACSM's Board, 2005-2008.
- Member, ACSM and ADA/SCAN, Working Group, 2009-2012.
- Member, Strategic Health Initiative on Women, Sport, and Physical Activity, 1998-2001.
 - Chair, Advocacy Committee, 2000-2001.
- Member, Pronouncements Committee, 2000-2003.
 - Chair, Nutrition and Physical Activity Position Paper
 - Reviewer Weight Control Position Paper; Coaching Position Paper
 - Member, Female Athlete Triad writing group, 2002-2004.
 - Member, Pronouncements Committee for Position Papers, 2007.
- Co-Chair and Member, ACSM Nutrition Interest Group, 1997-2003; Annual Meeting Program Reviewer 1997-2004.
- Member, Research Advisory Committee, 1996-2000.
- Member, USOC-ACSM Summit on the Female Athlete Triad, 1999.
- Member, ACSM Certificate of Enhanced Qualification (CEQ), Nutrition and Exercise CEQ Program (Prepared the Female Athlete Triad lecture and slides for the program), 1997.
- Session Chair: Nutrition and Exercise (1999), Sport Supplements (1998), Ergogenic Aids in Sport (1996); Nutraceuticals, Exercise, Health and Performance: Curcumin, Ginger and Guercetin (2009), Fat metabolism (2013).
- Free Communications: Chair, 2010 (Baltimore)
- Speaker, ACSM's Career Session for Graduate Students, 2013.
- Speaker, Clinical Case Studies on Nutrition and Exercise, Annual Meeting, 1999.
- Member, Clinical Small Discussion Group on Osteoporosis, Annual Meeting, 1999.
- Symposium Speaker at Annual Meeting, 1993, 1999, 2001, 2003, 2004, 2010, 2011, 2012, 2013
- Reviewer, Annual Meeting Abstracts (Nutrition and Sport Abstracts), 1988-91, 1994-96, 2004-2013.

Southwest (SW) & Northwest (NW) American College of Sports Medicine (ACSM):

- NWACSM Annual Meeting, Invited Speaker, 2017.
- SWACSM Symposium Chair and Speaker at Annual Meeting, 1989 & 1997.
- SWACSM Symposium Speaker at Annual Meeting, 1989, 1991, 1993-94, 1997.
- NWACSM Symposium Speaker at Annual Meeting, 2004
- SWACSM Annual Meeting Abstract Reviewer and Session Moderator, 1993, 1994.
- SWACSM Student Research Presentation Award Judge, 2000.

Professionals in Nutrition and Exercise and Sport (PINES)

- Founding member, International organization to be launched in January 2007.

- Speaker and Debate Moderator, ***Current Controversies and Questions in Sport Nutrition Presented by Professionals in Nutrition for Exercise and Sport (PINES)*** a Pre-conference at ACSM Annual Meeting, Seattle, WA. June 2009.
 - Debate Moderator: Should protein added to sports drinks? Speakers: Dr. Jeff Zachwieja, Research Scientist, Gatorade and Dr. Mike Saunders, Associate Professor, James Madison University.
 - Speaker, 10 Most Frequently Asked Questions in Sport Nutrition.
- Speaker and Debate Moderator: PINES Pre-conference at ACSM 2013 Annual Meeting, Indianapolis, IN: 10 Questions for 10 Experts: Training and Nutrition Interactions. Invited Speaker: Does Reduced Energy Availability to Lose Weight Interfere with the Effectiveness of Training?
- Debate Moderator: PINES Pre-conference at ACSM 2014 Annual Meeting, Orlando, FL: 10 Questions for 10 Experts: Superfoods and Phytochemicals for Sports Performance.
- Debate Moderator: PINES pre-conference ACSM 2015 Annual Meeting, San Diego, CA: 10 Questions for 10 Experts: Sport Nutrition and the Brain.
- Debate Organizer, Speaker, and Moderator: PINES pre-conference ACSM 2016 Annual Meeting, Boston, MA: 10 Questions for 10 Experts: Diet, Exercise and Appetite.

Academy of Nutrition and Dietetics [AND] (formerly the American Dietetic Association [ADA]):

- Member, AND/ACSM/IFIC Nutrition and Exercise Professional Opinion Survey, 2014-16.
- Member, AND/ACSM Nutrition/exercise Professional Certificate Program Planning Committee, 2013-16.
- Member, ADA Foundation Research Endowment Fund Task Force, 2005.
- Member, ADA Obesity Steering Group, 2004-2005.
 - Member, ADA/ACSM Criteria for Weight Management Programs Joint Work Group.
- Member, ADA Dietary Guidelines Committee, 2003-04.
- Review Committee, JADA Huddelson Award for Research, 2004.
- Reviewer, Annual Meeting Abstracts, 1999-2015;
- Symposium Chair or Co-Chair, 2003, 2009-present.
- Chair, ADA Research Committee 2002-2003; Committee member 2001-2004.
- Member, Foundation Grant Selection Committee, 1990.
- ADA/SCAN Alliance Committee Member, Alliance to ACSM, 1992-2000.
- Ad-hoc Committee Member: ADA/ACSM Teleseminar series for 2010-11.

AND Practice Group: Sports, Cardiovascular and Wellness Nutritionists (SCAN):

- Invited Speaker, SCAN Symposium, Colorado Springs, Colorado, May, 2015.
- Member, Standards of Practice (SOP) Committee Member, 2007-2014. Wrote SOP guidelines for sport nutrition, 1st and 2nd editions. Revision of guidelines published in 2014.
- Member, EIM for Dietitians ToolKit, author and speaker. Now on the web. 2010-present.
- Reviewer, SCAN 2012 Symposium Speaker Proposals, 2011.
- Member and Symposium Co-Chair, SCAN-ACSM Preconference, Exercise is Medicine. FNCE Annual Meeting, San Diego, CA, September, 2011.
- Member and Symposium Co-Chair, SCAN-ACSM Preconference, Exercise is Medicine. FNCE Annual Meeting, Denver, CO, October, 2009.
- Member, Writing team for EIM for Dietitians, 2009-2011.
- Sports Dietitians USA, founding member and committee member, 2003-2007.
 - Standards of Practice (SOP) Committee Member, 2007-present. Wrote SOP guidelines for SCAN.
- Co-author, ADA Standards of Practice and Standards of Professional Performance for RDs in Sports Dietetics, published in JADA 2009.
- Reviewer, ADA/ACSM Position Paper on Nutrition and Exercise, 2009.
- SCAN TRAC on Sport Nutrition, Member, 1996-2002.
 - Chaired the SCAN/ADA Committee for Enhanced Specialization in Sport Nutrition
- Co-author, ADA Position Paper on Nutrition and Exercise, Dec. 2000 in JADA, MSSE, Dietitians of Canada
- Reviewer, SCAN Symposium abstracts, 2000.
- SCAN Research Grant Review Committee, 1995-97; SCAN Scholarship Committee, 1989 & 1991
- SCAN Internet Committee, 1996-99; Arizona SCAN Representative, 1990-94
- Annual SCAN Symposium, Roundtable and Workshop Leader, April 1996.

AND Practice Group: Nutrition Research Dietetic Practice Group

- Chair, 2000; Chair-elect, 1999; Editorial Board Member, *The Digest*, 1995-99.
- Reviewer, ADA Research Toolkit, 2011. On-line at: <http://www.eatright.org>.

Arizona Dietetic Association (AZDA) & Central Arizona Dietetic Association (CADA):

- AZDA Treasurer, 1996-98; Board Member, 1987-90; Chair, Planning Committee Annual Meeting, 1992-94
- CADA President, 1989-1990; President Elect, 1989-99; Membership Chair, 1988-1991

Oregon Dietetic Association (ODA):

- Chair, Nominating Committee, 2005-06; Member, 2004-05.
- Member, Annual Meeting Program Committee, 2007-08.
- Presenter, Annual Meeting, 2002, 2005, 2010.