

# CURRICULUM VITAE

## Dee M. Gillen, MS

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## **A. EDUCATION AND EMPLOYMENT INFORMATION**

### **Education**

#### **Masters of Science** **2000**

University of Oregon, Eugene, Oregon

Exercise Physiology

Masters Project: Corporate Wellness Program Business Plan for venture capital competition

#### **Bachelors of Science** **1997**

University of Oregon, Eugene, Oregon

Exercise and Movement Science

### **Training**

American College of Sports Medicine Certified Exercise Physiologist 2001-present

American College of Sports Medicine Cancer Exercise Trainer 2008-present

American College of Sports Medicine Exercise is Medicine Credential 2013-present

American College of Sports Medicine Exercise is Medicine Credential 2013-present

Level 2

Menopause Training with Gennev January 2021

### **Professional Positions**

#### **Instructor, Kinesiology** **2016-present**

School of Biological and Population Health Sciences, College of Public Health and Human Sciences, Oregon State University, Corvallis, OR

Instruction of KIN 394: Professional Activities, Resistance Training Design, KIN 395:

Professional Activities, Group Fitness, and KIN 396: Professional Activities, Aquatics.

Deliver both labs and lectures with over 6 class types, variable personal training styles,

and 3 different aquatics styles. Asked by over 30 students a year to write letters of

reference. Created Ecampus KIN 394 in 2020.

**Instructor, Physical Activity Courses****2015-present**

Oregon State University, Corvallis, OR

Teach classes of students with 40+ in the class proper fitness and technique and healthy lifestyle applications. Course development and leadership of aerobics and fitness area. Created Ecampus cardio kickboxing course 2018.

**Coordinator and Instructor, Faculty Staff Fitness****Coordinator, 2016-present**

Oregon State University, Corvallis, OR

**Instructor, 2015-present**

Deliver quality fitness experiences for employees and affiliates of OSU, quarterly scheduling, manage 20 instructors, communicate with over 2000 participants a quarter on programming, launched Online FSF fitness program March 2020, fitness facility management for two buildings, created wellness challenges and events such as the Recharge Wellness Challenge, TRYAthlon and 80s Prom Dance.

**Group Exercise Director****2013-2016**

Timberhill Athletic Club, Corvallis, OR

Manage a staff of 44+ instructors, train and develop current and new staff, organize class curriculum and schedule of 110+ classes/week with quarterly changes, bring in new programming, created group exercise events, incentive programs, and educational seminars, part of leadership team.

**Group Exercise Instructor****2013-present**

Timberhill Athletic Club, Corvallis, OR

Sub classes for all ages and abilities: MOSSA – Group Groove, Group Blast/Step, Group Power, Group Kick/Fight, Group Centergy, Step, Dance, Strength Training/Body Sculpting, TRX, Boot Camp, HIIT, Reebok Core Board, Bosu, LaBlast Ballroom Dance Fitness Level 1 and 2, Zumba, Active Aging, Kickboxing, Water Fitness

**Club Manager, Group Exercise Director, Personal Trainer, Group Personal Trainer, Instructor****2001-2013**

Superior Athletic Clubs, Medford, OR

Managed and led the team for a 40,000 square foot fitness facility including 2 paid group training studios, personal training, group exercise programming, cardio and weight rooms and service desk; Developed successful group exercise programs covering 40 instructors, 75+ classes, 3 clubs; Trained staff in a variety of programs and improve their skills and abilities to teach classes; Regularly hosted educational certifications and trainings, Instructed CPR skills to club staff with over 200 classes taught; Personal train 15+ regular clients/week, most clients 5-10 years; Taught small group training classes for 7 years with minimal participant turnover; Created an in-house

program for trainers to educate members about health, fitness and nutrition; Developed reciprocal program between weight loss surgeons, orthopedic surgeons, and cardiac rehabilitation

**Wellness Consultant**

**2000-2002**

Wellness 2000, Inc., Medford, OR

Provided health risk assessments, presentations, and counseling for health measures such as: height, weight, blood pressure, body composition, lung function, strength, flexibility, VO2max, and questionnaire

**Corporate Wellness Consultant**

**1997-2000**

Fitness Link, Inc., Eugene, OR

Provided health risk assessments, presentations, counseling, personal training services, and wellness workshops

**Graduate Teaching Assistant, Instructor**

**1997-2000**

Physical Education Department, University of Oregon, Eugene, OR

Taught physical education to students and employees of the university

**Rehabilitation Aide**

**1997-1998**

McKenzie Rehabilitation Center, Springfield, OR

Rehabilitation aide to physical, occupational, and speech therapist team. Also led transfer trainings, chair exercise, and helped CNAs when needed.

**Work Study, Research Assistant**

**1995-1997**

Wollacott Motor Control Laboratory, University of Oregon, Eugene, OR

Assisted with participant acquisition, screening, data collection, and data analysis for gait and developmental studies

## **Licensures and Certifications**

CPR	1997-present (renew every 2 years)
First Aid	2015-present (renew every 2 years)
Heads Up Concussion Training	2017-present
Heartsaver CPR Instructor	2006-2014
Oregon State University Creating an Online Course	2018
National Academy of Sports Medicine Personal Trainer	2004-2006
Aerobics and Fitness Association of America Group Exercise Certification	1997-2001
Zumba	2006-2008
Kinesiotaping Level 1	2018-present
MOSSA Group Power Instructor	2015
EFi Gravity Personal Trainer	2008
MOSSA Group Groove (Instructor/Tester)	2006
MOSSA Group Blast (Instructor/Tester)	2005
MOSSA Group Centergy Instructor	2005
MOSSA Group Fight Instructor	2005
Les Mills BodyFlow Instructor	2005
Les Mills BodyStep Instructor	2004
Les Mills BodyCombat Instructor	2004
Freemotion Instructor	2004
Reebok Core Board Instructor	2003
Aerobics and Fitness Association of America Aerobic Instructor	1998

## **Professional Memberships**

American College of Sports Medicine national member	1997-present
International Dance and Exercise Association (IDEA) member	2011-present

## B. TEACHING, ADVISING AND OTHER ASSIGNMENTS

### B1. Instructional Summary

My teaching responsibilities have ranged annually. The courses that I teach include upper division Kinesiology courses and lower division undergraduate courses that serve as the Baccalaureate Core requirement for OSU. The main consideration for this promotion are the courses within Kinesiology. The courses are in relation to professional activities in the field so Physical Activity Course (PAC) and Faculty Staff Fitness (FSF) courses will be included to give the overall breadth of instructional abilities.

#### B1.1. Credit Courses

<b>Term</b>	<b>Course Number</b>	<b>Course Title</b>	<b>Credit Hours</b>	<b>Number of Students</b>
Spring 2022	KIN 394-001	Professional Activities: Resistance Training Design lecture, in seat with Zoom for people out sick Managed 2 labs+2 GTAs	3	39
Spring 2022	KIN 395-001	Professional Activities: Group Fitness lecture, in seat with Zoom for people out sick	3	21
Spring 2022	KIN 395-010	Professional Activities: Group Fitness Lab	3	5
Spring 2022	KIN 395-012	Professional Activities: Group Fitness Lab	3	16
Spring 2022	PAC 108	Step and Sculpt	1	16
Spring 2022	PAC 288	Weight Training II	1	15
Winter 2022	KIN 394-400	Professional Activities: Resistance Training Design Ecampus	3	24
Winter 2022	KIN 395-001	Professional Activities: Group Fitness lecture, in seat with Zoom for people out sick	3	14
Winter 2022	KIN 395-010	Professional Activities: Group Fitness lab	3	14
Winter 2022	PAC	Step and Sculpt	1	14

	108			
Fall 2021	KIN 394- 001	Professional Activities: Resistance Training Design lecture, in seat with Zoom for people out sick	3	16
Fall 2021	KIN 394- 001	Professional Activities: Resistance Training Design lab	3	16
Fall 2021	KIN 395- 001	Professional Activities: Group Fitness lecture, in seat with Zoom for people out sick	3	12
Fall 2021	KIN 395- 011	Professional Activities: Group Fitness lab	3	12
Fall 2021	PAC 126	Cardio Kickboxing	1	23
Summer 2021	KIN 394- 400	Professional Activities: Resistance Training Design Ecampus	3	11
Summer 2021	PAC 287	Weight Training I	1	11
Spring 2021	KIN 394- 001	Professional Activities: Resistance Training Design lecture, remote synchronous Manage 2 labs+2 GTAs	3	35
Spring 2021	KIN 395- 001	Professional Activities: Group Fitness lecture, remote synchronous	3	21
Spring 2021	KIN 395- 011	Professional Activities: Group Fitness lab, remote synchronous	3	10
Spring 2021	KIN 395- 012	Professional Activities: Group Fitness lab, remote synchronous	3	11
Spring 2021	PAC 288	Weight Training II	1	4
Winter 2021	KIN 394- 400	Professional Activities: Resistance Training Design Ecampus	3	26
Winter 2021	KIN 395- 001	Professional Activities: Group Fitness lecture, remote synchronous	3	10
Winter 2021	KIN 395- 010	Professional Activities: Group Fitness lab, remote synchronous	3	10



Winter 2021	PAC 126	Cardio Kickboxing, remote synchronous	1	21
Fall 2020	KIN 394- 001	Professional Activities: Resistance Training Design lecture, remote synchronous	3	13
Fall 2020	KIN 394- 013	Professional Activities: Resistance Training Design lab, remote synchronous	3	13
Fall 2020	KIN 395- 001	Professional Activities: Group Fitness lecture, remote synchronous	3	11
Fall 2020	KIN 395- 011	Professional Activities: Group Fitness lab, remote synchronous	3	11
Summer 2020	PAC 287	Weight Training I, remote synchronous	1	14
Spring 2020	KIN 394- 001	KIN 394: Professional Activities: Resistance Training Design lecture, remote synchronous, managed 2 lab+2 GTAs	3	36
Spring 2020	KIN 395- 001	Professional Activities: Group Fitness lecture, remote synchronous	3	34
Spring 2020	KIN 395- 011	Professional Activities: Group Fitness lab, remote synchronous	3	16
Spring 2020	KIN 395- 012	Professional Activities: Group Fitness lab, remote synchronous	3	18
Spring 2020	PAC 126	Cardio Kickboxing (remote synchronous)	1	17
Winter 2020	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 2 labs+2 GTAs	3	19
Winter 2020	KIN 395- 001	Professional Activities: Group Fitness lecture	3	10
Winter 2020	KIN 395- 011	Professional Activities: Group Fitness lab	3	6
Winter 2020	KIN 395- 012	Professional Activities: Group Fitness lab	3	4
Winter 2020	PAC	Cardio Kickboxing	1	24

	126			
Winter 2020	PAC 288	Weight Training II	1	17
Fall 2019	KIN 394- 001	Professional Activities: Resistance Training Design lecture	3	17
Fall 2019	KIN 394- 013	Professional Activities: Resistance Training Design lab	3	17
Fall 2019	KIN 395- 001	Professional Activities: Group Fitness lecture	3	12
Fall 2019	KIN 395- 010	Professional Activities: Group Fitness lab	3	6
Fall 2019	KIN 395- 011	Professional Activities: Group Fitness lab	3	6
Fall 2019	PAC 126	Cardio Kickboxing	1	32
Fall 2019	PAC 287	Weight Training I	1	25
Spring 2019	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 2 labs+2 GTAs	3	30
Spring 2019	KIN 395-001	Professional Activities: Group Fitness lecture	3	24
Spring 2019	KIN 395-011	Professional Activities: Group Fitness lab	3	9
Spring 2019	KIN 395-012	Professional Activities: Group Fitness lab	3	15
Spring 2019	PAC 126	Cardio Kickboxing	1	35
Spring 2019	PAC 287	Weight Training I/Women	1	24
Winter 2019	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 2 labs+2 GTAs	3	24
Winter 2019	KIN 395- 001	Professional Activities: Group Fitness lecture	3	22
Winter 2019	KIN 395-	Professional Activities: Group Fitness lab	3	14

	010			
Winter 2019	KIN 395- 011	Professional Activities: Group Fitness lab	3	8
Winter 2019	PAC 126- 028	Cardio Kickboxing	1	33
Winter 2019	PAC 126- 400	Cardio Kickboxing Ecampus	1	8
Fall 2018	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 2 labs+2 GTAs	3	20
Fall 2018	KIN 395- 001	Professional Activities: Group Fitness lecture	3	10
Fall 2018	KIN 395- 010	Professional Activities: Group Fitness lab	3	6
Fall 2018	KIN 395- 011	Professional Activities: Group Fitness lab	3	4
Fall 2018	PAC 126	Cardio Kickboxing	1	27
Spring 2018	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 3 labs+2 GTAs	2	68
Spring 2018	KIN 394- 011	Professional Activities: Resistance Training Design lab	2	18
Spring 2018	KIN 395- 001	Professional Activities: Group Fitness lecture	2	40
Spring 2018	KIN 395- 011	Professional Activities: Group Fitness lab	2	20
Spring 2018	KIN 395- 012	Professional Activities: Group Fitness lab	2	20
Spring 2018	PAC 126	Cardio Kickboxing	1	40
Winter 2018	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 2 labs+2	2	63

		GTAs		
Winter 2018	KIN 394- 012	Professional Activities: Resistance Training Design lab	2	17
Winter 2018	KIN 395- 011	Professional Activities: Group Fitness lecture	2	26
Winter 2018	KIN 395- 011	Professional Activities: Group Fitness lab	2	11
Winter 2018	KIN 395- 012	Professional Activities: Group Fitness lab	2	15
Winter 2018	PAC 126	Cardio Kickboxing	1	32
Fall 2017	KIN 394- 001	Professional Activities: Resistance Training Design lecture, managed 3 labs+2 GTAs	2	45
Fall 2017	KIN 394- 013	Professional Activities: Resistance Training Design lab	2	15
Fall 2017	KIN 395- 001	Professional Activities: Group Fitness lecture	2	22
Fall 2017	KIN 395- 010	Professional Activities: Group Fitness lab	2	10
Fall 2017	KIN 395- 011	Professional Activities: Group Fitness lab	2	12
Fall 2017	PAC 126	Cardio Kickboxing	1	31
Fall 2017	PAC 287	Weight Training I	1	26
Spring 2017	KIN 395- 001	Professional Activities: Group Fitness lecture	2	37
Spring 2017	KIN 395- 010	Professional Activities: Group Fitness lab	2	24
Spring 2017	KIN 395- 011	Professional Activities: Group Fitness lab	2	13
Spring 2017	KIN 396- 001	Professional Activities: Aquatics lecture	2	17

Spring 2017	KIN 396- 010	Professional Activities: Aquatics lab	2	17
Spring 2017	PAC 122	Body Sculpting	1	39
Spring 2017	PAC 126	Cardio Kickboxing	1	40
Winter 2017	KIN 395- 001	Professional Activities: Group Fitness lecture	2	30
Winter 2017	KIN 395- 011	Professional Activities: Group Fitness lab	2	16
Winter 2017	KIN 395- 002	Professional Activities: Group Fitness lab	2	14
Winter 2017	KIN 396- 001	Professional Activities: Aquatics lecture	2	20
Winter 2017	KIN 396- 010	Professional Activities: Aquatics lab	2	20
Winter 2017	PAC 126	Cardio Kickboxing	1	37
Winter 2017	PAC 287	Weight Training I/Women	1	26
Fall 2016	KIN 395- 001	Professional Activities: Group Fitness lecture	2	25
Fall 2016	KIN 395- 010	Professional Activities: Group Fitness lab	2	8
Fall 2016	KIN 395- 011	Professional Activities: Group Fitness lab	2	17
Fall 2016	KIN 396- 001	Professional Activities: Aquatics lecture	2	14
Fall 2016	KIN 396- 010	Professional Activities: Aquatics lab	2	14
Fall 2016	PAC 126	Cardio Kickboxing	1	33
Fall 2016	PAC 287	Weight Training I/Women	1	28
Spring 2016	PAC	Body Sculpting	1	37

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Spring 2016	PAC 126	Cardio Kickboxing	1	29
Spring 2016	PAC 287	Weight Training I/Women	1	25
Winter 2016	PAC 122	Body Sculpting	1	39
Winter 2016	PAC 126	Cardio Kickboxing	1	36
Winter 2016	PAC 287	Weight Training I/Women	1	27
Fall 2015	PAC 103	Deep Water Aerobics	1	10
Fall 2015	PAC 122	Body Sculpting	1	45

### B1.2. Non Credit Courses

\*Spring 2018-present every PAC for credit course was offered as non-credit with the exception of non-credit PAC workshops

<b>Term</b>	<b>Course Number/Type</b>	<b>Course Title</b>
Spring 2022	PAC 108	Step and Sculpt
Spring 2022	PAC 288	Weight Training II
Spring 2022	FSF	Weight Training
Spring 2022	FSF	Step and Strength
Spring 2022	FSF	Cardio Dance
Winter 2022	PAC 108	Step and Sculpt
Winter 2022	FSF	Weight Training
Winter 2022	FSF	Step and Strength
Winter 2022	FSF	Cardio Dance
Fall 2021	PAC 126	Cardio Kickboxing
Fall 2021	FSF	Weight Training
Fall 2021	FSF	Step and Strength
Fall 2021	FSF	Cardio Dance
Summer 2021	PAC 287	Weight Training I
Summer 2021	FSF	Weight Training
Summer 2021	FSF	Cardio Dance
Summer 2021	FSF	Recording for Online FSF
Spring 2021	PAC 288	Weight Training II
Spring 2021	FSF	Weight Training
Spring 2021	FSF	Cardio Dance
Spring 2021	FSF	Recording for Online FSF

Winter 2021	PAC 126	Cardio Kickboxing (remote synchronous)
Winter 2021	FSF	Weight Training
Winter 2021	FSF	Cardio Dance
Winter 2021	FSF	Recording for Online FSF
Fall 2020	FSF	Weight Training
Fall 2020	FSF	Cardio Dance
Fall 2020	FSF	Recording for Online FSF
Summer 2020	PAC 287	Weight Training I (remote synchronous)
Summer 2020	FSF	Recording for Online FSF
Spring 2020	PAC 126	Cardio Kickboxing (remote synchronous)
Spring 2020	FSF	Creation of Online FSF program and recording
Winter 2020	PAC 126	Cardio Kickboxing
Winter 2020	PAC 288	Weight Training II
Winter 2020	FSF	Weight Training
Winter 2020	FSF	Step and Sculpt
Winter 2020	FSF	Cardio Dance
Winter 2020	FSF	Cardio Kickboxing
Fall 2019	PAC 126	Cardio Kickboxing
Fall 2019	PAC 287	Weight Training I
Fall 2019	FSF	Weight Training
Fall 2019	FSF	Step and Sculpt
Fall 2019	FSF	Cardio Kickboxing
Summer 2019	FSF	Weight Training
Summer 2019	FSF	Step and Sculpt
Summer 2019	FSF	Cardio Kickboxing
Spring 2019	PAC 126	Cardio Kickboxing
Spring 2019	PAC 287	Weight Training I/Women
Spring 2019	FSF	Weight Training
Spring 2019	FSF	Step and Sculpt
Spring 2019	FSF	Cardio Kickboxing
Winter 2019	PAC 126	Cardio Kickboxing
Winter 2019	PAC 126	Cardio Kickboxing Ecampus
Winter 2019	FSF	Weight Training
Winter 2019	FSF	Step and Strength
Winter 2019	FSF	Cardio Kickboxing
Fall 2018	PAC 126	Cardio Kickboxing
Fall 2018	FSF	Weight Training
Fall 2018	FSF	Step and Sculpt

Fall 2018	FSF	Cardio Kickboxing
Summer 2018	FSF	Weight Training
Summer 2018	FSF	Step and Sculpt
Summer 2018	FSF	Cardio Kickboxing
Spring 2018	PAC 126	Cardio Kickboxing
Spring 2018	FSF	Weight Training
Spring 2018	FSF	Step and Sculpt
Spring 2018	FSF	Cardio Kickboxing
Winter 2018	FSF	Weight Training
Winter 2018	FSF	Step and Strength
Winter 2018	FSF	Cardio Kickboxing
Fall 2017	FSF	Weight Training
Fall 2017	FSF	Step and Sculpt
Fall 2017	FSF	Cardio Kickboxing
Summer 2017	FSF	Weight Training
Summer 2017	FSF	Step and Sculpt
Summer 2017	FSF	Cardio Kickboxing
Spring 2017	FSF	Weight Training
Spring 2017	FSF	Step and Sculpt
Spring 2017	FSF	Cardio Kickboxing
Winter 2017	FSF	Weight Training
Winter 2017	FSF	Step and Sculpt
Winter 2017	FSF	Cardio Kickboxing
Fall 2016	FSF	Weight Training
Fall 2016	FSF	Step and Sculpt
Fall 2016	FSF	Cardio Kickboxing
Summer 2016	FSF	Weight Training
Summer 2016	FSF	Step and Sculpt
Summer 2016	FSF	Cardio Kickboxing
Spring 2016	FSF	Weight Training
Spring 2016	FSF	Step and Sculpt
Spring 2016	FSF	Cardio Kickboxing
Winter 2016	FSF	Weight Training
Winter 2016	FSF	Step and Sculpt
Winter 2016	FSF	Cardio Kickboxing
Fall 2015	FSF	Step and Strength
Fall 2015	FSF	Cardio Kickboxing



### B1.3. Invited Guest Lectures

#### Undergraduate/Graduate Audience

##### Oregon State University

Fall 2022	PAC Students	PAC Sampler	Step Aerobics/Cardio Kickboxing
Sept. 2020	CPHHS Students	CPHHS Marketing	"10 in 10"
March 2020	OSU Students	OSU Student Success Conference	"Leadership in the Fitness Space"

#### Faculty Audience

##### Oregon State University

Winter 2022	OSU Family Resource Center	"Fun and Games: The Importance of Physical Activities and Fitness for Children"
December 2021	OSU Financial Aid Department	"Stretching at Your Desk"
June 2021	OSU Family Resource Center	"Keeping your Family Active"
July 2020	OSU Foundation	"Staying Active While at Home"
May 2020	OSU PFLA Organization	"Your Home Fitness Survival Kit"
April 2020	Oregon State University Employees	"Culture of Care Workshop"

### B1.4. Curriculum Development

##### Oregon State University

<u>Date</u>	<u>Program</u>	<u>Course</u>	<u>Role</u>
Fall 2021- Spring 2022	PAC	PAC 289: Fitness and Wellness Leadership I	Co-Developer through curriculum process
Fall 2021- Spring 2022	PAC	PAC 289: Fitness and Wellness Leadership I	Co-Developer through curriculum process

Fall 2021- Spring 2022	PAC	Fitness and Wellness Leadership Program	Co-Developer of leadership program. Collaboration with Dixon Recreation Services.  <a href="https://health.oregonstate.edu/pac/leadership/fitness-and-wellness">https://health.oregonstate.edu/pac/leadership/fitness-and-wellness</a>
Fall 2021- Spring 2022	PAC	PAC Pilates, strength, and cardiovascular content created to a streamlined template	Co-Developer to create standard Canvas course materials to fulfill learning objectives
Spring 2021	PAC	PAC 108: Step and Strength	Updated course content through curriculum process
Summer- Fall 2020	KIN	KIN 394: Professional Activities, Resistance Training Design Ecampus	Developer with Ecampus  Filmed all lectures and labs, developed content
Spring- Summer 2018	PAC	PAC 126: Cardio Kickboxing Ecampus	Developer with Ecampus  Filmed all classes, developed content
Fall 2017	KIN	KIN 394: Professional Activities, Resistance Training Design curriculum recreate	Updated course content for achieving learning objectives
Fall 2016	KIN	KIN 395: Professional Activities, Group Fitness curriculum recreate	Updated course content for achieving learning objectives
Fall 2016	KIN	KIN 396: Professional Activities, Aquatics curriculum recreate	Updated course content for achieving learning objectives

## B1.5. Graduate & Undergraduate Students

### Undergraduate Mentoring

<u>Student's Name</u>	<u>Major</u>	<u>Instructional Role</u>	<u>Mentoring Completion Date</u>
Mira Batti	Liberal Arts	Internship supervisor/Practicum course instructor for PAC 287 Weight Training I for 1 term	Summer 2022
Emly Sundura	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training and PAC 122 Group Strength, creation of FSF wellness challenge, 1 term	Summer 2022
Sofia Rinaldi	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Spring 2022
Jessica Nunn	KIN	Internship Supervisor/Practicum course instructor for creation of FSF Adaptive Exercise Clinic student volunteer training modules, 1 term	Winter 2022
Janina Jefferies	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Winter 2022
Sierra McCaulley	KIN	Internship Supervisor/Practicum course instructor for FSF Cardio Dance and PAC 287 Weight Training I, creation of FSF Adaptive Exercise Clinic student volunteer training modules, 2 terms	Summer 2021 and Winter 2022
Mason Morgan	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, PAC 288 Weight Training II, creation of FSF wellness challenge, 3 terms	Winter-Summer 2021
Samantha Holland	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Fall 2020
Adrianna Hollmann Horner	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, creation of FSF wellness challenge, 3 terms	Fall 2019-Spring 2020
Arielle Alpert	KIN	Internship Supervisor/Practicum course instructor for Online FSF recordings, 1 term	Spring 2020
Annie Rose Salisbury	KIN	Internship Supervisor/Practicum course instructor for FSF wellness challenge, 1 term	Winter 2020

Leo Stein	KIN	Internship supervisor/Practicum course instructor for PAC 287 Weight Training I for 1 term	Fall 2019
Briggs Rybolt	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Spring 2019
Tyler Jenkins	KIN	Internship Supervisor/Practicum course instructor for FSF event planning and promotion of Decades Dance, 1 term	Winter 2019
Ada Lai	KIN	Internship Supervisor/Practicum course instructor for FSF event planning and promotion of Decades Dance and FSF Adult Recess class, 1 term	Winter 2019
Nicole Corbelli	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Fall 2018
Hannah Gillrie	KIN	Internship Supervisor/Practicum course instructor for FSF Cardio Kickboxing, assisted in recording for PAC 127 Cardio Kickboxing Ecampus, 1 term	Summer 2018
Zach Blumenfield	KIN	Internship Supervisor/Practicum course instructor for PAC 127 Cardio Kickboxing and FSF event planning and promotion of TRYAthlon, 1 term	Spring 2018
Garret VanRee	KIN	Internship Supervisor/Practicum course instructor for FSF Step and Sculpt, FSF event planning and promotion of TRYAthlon, 1 term	Spring 2018
Ryan Gillihan	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, FSF event planning and promotion of TRYAthlon, 1 term	Spring 2018
Liam Walsh	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, FSF Be Orange wellness challenge facilitation, 1 term	Winter 2018
Susan Silva	KIN	Internship Supervisor/Practicum course instructor for FSF Be Orange wellness challenge facilitation, 1 term	Winter 2018
Sadie Hoverter	KIN	Internship Supervisor/Practicum course instructor for FSF Be Orange wellness challenge facilitation, 1 term	Winter 2018
Davin Pease	KIN	Internship Supervisor/Practicum course instructor for FSF event planning and promotion of 80s Prom, 1 term	Winter 2018

Alexander Andrews	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, 1 term	Winter 2018
Jerick Haynes	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training, FSF event planning and promotion of TRYAthlon, 1 term	Spring 2017
Jaymes Boyd	KIN	Internship Supervisor/Practicum course instructor for FSF event planning and promotion of TRYAthlon, 1 term	Spring 2017
TJ Tangeny	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training and PAC 127 Cardio Kickboxing, 1 term	Fall 2016
Alyssa Sheller	KIN	Internship Supervisor/Practicum course instructor for FSF Weight Training and PAC 127 Cardio Kickboxing, 1 term	Spring 2016

### Graduate Supervision

<b><u>Student's Name</u></b>	<b><u>Major</u></b>	<b><u>Instructional Role</u></b>	<b><u>Mentoring Completion Date</u></b>
Alejandro Villalobos	KIN	KIN 394 GTA supervisor	Spring 2022
Kyle DeRosia	KIN	KIN 394 GTA supervisor	Winter 2020, Spring 2021, Spring 2022
Gabriela Zott Merales	KIN	KIN 394 GTA supervisor	Fall 2019, Winter 2020, Spring 2020
Colin Mulligan	KIN	KIN 394 GTA supervisor	Spring 2020
Gabe Haberly	KIN	KIN 394 GTA supervisor	Fall 2017, Winter 2018, Spring 2018, Fall 2018, Winter 2019, Spring 2019, Spring 2021
Janelle Thalken	KIN	KIN 394 GTA supervisor	Fall 2018, Winter 2019, Spring 2019
Lyndsay Stutzenberger	KIN	KIN 394 GTA supervisor	Winter 2018, Spring 2018
Aaron Seipel	KIN	KIN 394 GTA supervisor	Fall 2017

## B2. Student Evaluation Summary

Oregon State University has a standard questionnaire to evaluate the instructor. On the “Student’s Evaluation of Teaching form,” the ratings are “very poor=1, poor=2, fair=3, good=4, very good=5 and excellent=6. These forms are completed anonymously online by the students. Reported below are the student answers to question 1 “the course as a whole was . . .,” and question 2 “the instructor’s contribution to the course was . . .”

\*\*Course eSET scores omitted per COVID-19 accommodations recommendations.

<b>Course and Section Number</b>	<b>Term and Year</b>	<b>Course Name</b>	<b>Number of Evaluations /Enrollment</b>	<b><u>Q1 Median (Instructor/ Department)</u></b>	<b><u>Q2 Median (Instructor/ Department)</u></b>
KIN 394-001	Spring 2022	Professional Activities: Resistance Training Design lecture, in seat with Zoom for people out sick	12/39	5.9/5.7	5.9/5.8
KIN 395-001	Spring 2022	Professional Activities: Group Fitness lecture	4/21	6.0/5.7	6.0/5.8
KIN 395-010	Spring 2022	Professional Activities: lab	0/5	Not submitted	Not submitted
KIN 395-012	Spring 2022	Professional Activities: lab	3/16	6.0/5.7	6.0/5.8
PAC 108	Spring 2022	Step and Sculpt	6/16	5.9/5.7	5.9/5.8
PAC 288	Spring 2022	Weight Training II	5/15	5.7/5.7	5.7/5.8
KIN 394-400	Winter 2022	Professional Activities: Resistance Training Design Ecampus	8/24	5.0/5.7	5.7/5.7
KIN 395-001	Winter 2022	Professional Activities: Group Fitness lecture, in seat with Zoom for people out sick	3/14	5.8/5.7	6.0/5.7
KIN 395-010	Winter 2022	Professional Activities: lab	3/14	5.8/5.7	6.0/5.7
PAC 108	Winter 2022	Step and Sculpt	4/14	6.0/5.7	6.0/5.7
KIN 394-	Fall 2021	Professional	2/16	6.0/5.6	6.0/5.7

001		Activities: Resistance Training Design lecture, in seat with Zoom for people out sick			
KIN 394-013	Fall 2021	Professional Activities: Resistance Training Design Lab	2/16	6.0/5.6	6.0/5.7
KIN 395-001	Fall 2021	Professional Activities: Group Fitness lecture, in seat with Zoom for people out sick	3/12	6.0/5.6	5.8/5.7
KIN 395-011	Fall 2021	Professional Activities: Group Fitness lab	3/12	6.0/5.6	6.0/5.7
PAC 126	Fall 2021	Cardio Kickboxing	0/23	Not submitted	Not submitted
KIN 394-400	Summer 2021	Professional Activities: Resistance Training Design Ecampus	1/11	**	**
PAC 287	Summer 2021	Weight Training I	2/11	**	**
KIN 394-001	Spring 2021	Professional Activities: Resistance Training Design lecture+lab+2 GTAs (remote synchronous)	35	**	**
KIN 395-001	Spring 2021	Professional Activities: Group Fitness lecture (remote synchronous)	21	**	**
KIN 395-011	Spring 2021	Professional Activities: Group Fitness lab (remote synchronous)	10	**	**
KIN 395-012	Spring 2021	Professional Activities: Group Fitness lab (remote synchronous)	11	**	**

PAC 288	Spring 2021	Weight Training II	4	**	**
KIN 394	Winter 2021	Professional Activities: Resistance Training Design Ecampus	26	**	**
KIN 395-001	Winter 2021	Professional Activities: Group Fitness lecture (remote synchronous)	10	**	**
KIN 395-010	Winter 2021	Professional Activities: Group Fitness lab (remote synchronous)	10	**	**
PAC 126	Winter 2021	Cardio Kickboxing (remote synchronous)	21	**	**
KIN 394-001	Fall 2020	Professional Activities: Resistance Training Design lecture	13	**	**
KIN 394-001	Fall 2020	Professional Activities: Resistance Training Design lab (remote synchronous)	13	**	**
KIN 395-001	Fall 2020	Professional Activities: Group Fitness lecture (remote synchronous)	11	**	**
KIN 395-011	Fall 2020	Professional Activities: Group Fitness lab (remote synchronous)	11	**	**
PAC 287	Summer 2020	Weight Training I (remote synchronous)	14	**	**
KIN 394-001	Spring 2020	KIN 394: Professional Activities: Resistance Training Design lecture	36	**	**
KIN 395-001	Spring 2020	Professional Activities: Group	34	**	**



		Fitness lecture (remote synchronous)			
KIN 395-011	Spring 2020	Professional Activities: Group Fitness lecture (remote synchronous)	16	**	**
KIN 395-012	Spring 2020	Professional Activities: Group Fitness lecture (remote synchronous)	18	**	**
PAC 126	Spring 2020	Cardio Kickboxing (remote synchronous)	17	**	**
KIN 394-001	Winter 2020	Professional Activities: Resistance Training Design lecture	8/19	5.8/5.5	6.0/5.6
KIN 395-001	Winter 2020	Professional Activities: Group Fitness lecture	3/10	5.8/5.5	6.0/5.6
KIN 395-011	Winter 2020	Professional Activities: Group Fitness lab	3/6	5.8/5.5	5.8/5.6
PAC 126	Winter 2020	Cardio Kickboxing	8/24	5.9/5.5	5.9/5.6
PAC 288	Winter 2020	Weight Training II	7/17	5.9/5.5	6.0/5.6
KIN 394-001	Fall 2019	Professional Activities: Resistance Training Design lecture	4/17	5.8/5.5	5.8/5.6
KIN 394-013	Fall 2019	Professional Activities: Resistance Training Design lab	4/17	5.8/5.5	5.8/5.6
KIN 395-001	Fall 2019	Professional Activities: Group Fitness lecture	5/12	5.8/5.5	6.0/5.6
KIN 395-010	Fall 2019	Professional Activities: Group Fitness lab	2/6	6.0/5.5	6.0/5.6
KIN 395-011	Fall 2019	Professional Activities: Group Fitness lab	3/6	5.5/5.5	6.0/5.6

PAC 126	Fall 2019	Cardio Kickboxing	17/32	6.0/5.5	6.0/5.6
PAC 287	Fall 2019	Weight Training I	10/25	5.9/5.5	5.9/5.6
KIN 394-001	Spring 2019	Professional Activities: Resistance Training Design lecture	10/30	5.7/5.6	5.7/5.7
KIN 395-001	Spring 2019	Professional Activities: Group Fitness lecture	7/24	5.5/5.6	5.8/5.7
KIN 395-011	Spring 2019	Professional Activities: Group Fitness lab	4/9	5.8/5.6	5.8/5.7
KIN 395-012	Spring 2019	Professional Activities: Group Fitness lab	3/15	5.5/5.6	5.5/5.7
PAC 126	Spring 2019	Cardio Kickboxing	16/35	5.9/5.6	5.9/5.7
PAC 287	Spring 2019	Weight Training I/Women	11/24	5.9/5.6	5.8/5.7
KIN 394-001	Winter 2019	Professional Activities: Resistance Training Design lecture	11/24	5.8/5.6	5.9/5.6
KIN 395-001	Winter 2019	Professional Activities: Group Fitness lecture	10/22	5.8/5.6	5.9/5.6
KIN 395-010	Winter 2019	Professional Activities: Group Fitness lab	7/14	6.0/5.6	6.0/5.6
KIN 395-011	Winter 2019	Professional Activities: Group Fitness lab	3/8	4.0/5.6	5.0/5.6
PAC 126-028	Winter 2019	Cardio Kickboxing	12/33	5.9/5.6	5.8/5.6
PAC 126-400	Winter 2019	Cardio Kickboxing Ecampus	2/8	5.5/5.6	5.5/5.6
KIN 394-001	Fall 2018	Professional Activities: Resistance Training Design lecture	2/20	6.0/5.5	5.5/5.6
KIN 395-001	Fall 2018	Professional Activities: Group Fitness lecture	4/10	6.0/5.5	6.0/5.6
PAC 126	Fall 2018	Cardio Kickboxing	13/28	5.4/5.5	5.9/5.6

KIN 394-001	Spring 2018	Professional Activities: Resistance Training Design Lecture	25/68	6.0/5.6	5.9/5.7
KIN 394-011	Spring 2018	Professional Activities: Resistance Training Design lab	6/18	5.9/5.6	5.9/5.7
KIN 395-001	Spring 2018	Professional Activities: Group Fitness lecture	12/40	5.8/5.6	6.0/5.7
KIN 395-011	Spring 2018	Professional Activities: Group Fitness lab	5/20	5.9/5.6	6.0/5.7
KIN 395-012	Spring 2018	Professional Activities: Group Fitness lab	7/20	5.9/5.6	6.0/5.7
PAC 126	Spring 2018	Cardio Kickboxing	16/41	5.9/5.6	5.9/5.7
KIN 394-001	Winter 2018	Professional Activities: Resistance Training Design Lecture	27/63	5.4/5.6	5.5/5.6
KIN 394-012	Winter 2018	Professional Activities: Resistance Training Design laboratory	6/17	5.9/5.6	5.9/5.6
KIN 395-001	Winter 2018	Professional Activities: Group Fitness lecture	10/26	5.9/5.6	5.9/5.6
KIN 395-011	Winter 2018	Professional Activities: Group Fitness lab	4/11	5.8/5.6	5.8/5.6
KIN 395-012	Winter 2018	Professional Activities: Group Fitness lab	6/15	6.0/5.6	6.0/5.6
PAC 122	Winter 2018	Body Sculpting	13/39	5.9/5.6	5.9/5.6
PAC 126	Winter 2018	Cardio Kickboxing	17/40	5.8/5.6	5.9/5.6
KIN 394-001	Fall 2017	Professional Activities: Resistance Training Design lecture	27/45	5.2/5.5	5.5/5.6
KIN 394-013	Fall 2017	Professional Activities: Resistance Training Design lab	11/15	5.7/5.5	5.8/5.6

KIN 395-001	Fall 2017	Professional Activities: Group Fitness Lecture	9/22	5.9/5.5	6.0/5.6
KIN 395-010	Fall 2017	Professional Activities: Group Fitness Lab	5/10	6.0/5.5	6.0/5.6
KIN 395-011	Fall 2017	Professional Activities: Group Fitness Lab	4/12	5.5/5.5	5.8/5.6
PAC 126	Fall 2017	Cardio Kickboxing	22/31	5.9/5.5	6.0/5.6
PAC 287	Fall 2017	Weight Training I	11/26	5.9/5.5	5.9/5.6
KIN 395-001	Spring 2017	Professional Activities: Group Fitness lecture	19/37	5.9/5.6	5.9/5.6
KIN 395-012	Spring 2017	Professional Activities: Group Fitness Lab	16/24	5.9/5.6	5.9/5.6
KIN 395-013	Spring 2017	Professional Activities: Group Fitness Lab	4/13	5.5/5.6	5.8/5.6
KIN 396-001	Spring 2017	Professional Activities: Aquatics Lecture	8/17	5.3/5.6	5.6/5.6
KIN 396-010	Spring 2017	Professional Activities: Aquatics Lab	8/17	5.0/5.6	5.5/5.6
PAC 122	Spring 2017	Body Sculpting	22/39	5.9/5.6	5.9/5.6
PAC 126	Spring 2017	Cardio Kickboxing	31/40	5.7/5.6	5.7/5.6
KIN 395-001	Winter 2017	Professional Activities: Group Fitness Lecture	17/30	6.0/5.5	6.0/5.6
KIN 395-011	Winter 2017	Professional Activities: Group Fitness Lab	10/16	5.9/5.5	5.9/5.6
KIN 395-012	Winter 2017	Professional Activities: Group Fitness Lab	7/14	6.0/5.5	6.0/5.6
KIN 396-001	Winter 2017	Professional Activities: Aquatics Lecture	16/20	5.6/5.5	5.6/5.5
KIN 396-010	Winter 2017	Professional Activities: Aquatics	16/20	5.6/5.5	5.7/5.6

		Laboratory			
PAC 126	Winter 2017	Cardio Kickboxing	27/37	5.9/5.5	5.9/5.6
PAC 287	Winter 2017	Weight Training I/Women	17/26	5.9/5.5	5.9/5.6
KIN 395-001	Fall 2016	Professional Activities: Group Fitness Lecture	16/25	4.8/5.5	5.9/5.6
KIN 395-010	Fall 2016	Professional Activities: Group Fitness Lab	5/8	5.5/5.5	5.5/5.6
KIN 395-011	Fall 2016	Professional Activities: Group Fitness Lab	11/17	4.8/5.5	4.8/5.6
KIN 396-001	Fall 2016	Professional Activities: Aquatics Lecture	7/14	5.8/5.5	5.8/5.6
KIN 396-010	Fall 2016	Professional Activities: Aquatics Laboratory	7/14	5.8/5.5	5.8/5.6
PAC 126	Fall 2016	Cardio Kickboxing	24/33	5.9/5.5	5.9/5.6
PAC 287	Fall 2016	Weight Training I/Women	19/28	5.6/5.5	5.7/5.6
PAC 122	Spring 2016	Body Sculpting	26/37	5.8/5.6	5.9/5.6
PAC 126	Spring 2016	Cardio Kickboxing	30/29	5.9/5.6	6.0/5.6
PAC 287	Spring 2016	Weight Training I/Women	18/25	5.8/5.6	5.9/5.6
PAC 122	Winter 2016	Body Sculpting	26/39	5.9/5.5	6.9/5.6
PAC 126	Winter 2016	Cardio Kickboxing	25/36	5.8/5.5	5.8/5.6
PAC 287	Winter 2016	Weight Training I/Women	19/27	5.7/5.5	5.8/5.6
PAC 103	Fall 2015	Deep Water Aerobics	9/10	6.0/5.4	6.0/5.6
PAC 122	Fall 2015	Body Sculpting	30/45	5.8/5.4	5.9/5.6

### **B3. Peer Teaching Evaluations**

## C. RESEARCH, SCHOLARSHIP, AND CREATIVE ACTIVITY

### C1. Professional Meetings, Symposia, and Conferences

#### C1.1 Invited Presentations

Winter 2021	Oregon Higher Education Professionals in Health and Physical Education (OHEPHPE) Conference	“Flipping from In Person to Remote”
Winter 2020	Oregon Higher Education Professionals in Health and Physical Education (OHEPHPE) Conference	“Leadership in the Fitness Space”

#### C1.2 Continuing Education & Development

##### Conferences Attended

Event	Timeframe
American Heart Association Worksite Wellbeing Summit	2022
International Dance and Exercise Association (IDEA) World Conference	2011, 2012, 2013, 2018, 2021
Oregon Higher Education Professionals in Health and Physical Education (OHEPHPE) Conference	2017, 2019, 2020, 2021
American College of Sports Medicine Virtual Experience	2020
Developing an Online Course, Oregon State University Ecampus	2017
FitLife Regional Convention	2003, 2004, 2014, 2015
International Health, Racquet and Sport Association (IHRSA) Annual Conference	2009, 2011, 2012, 2013
American College of Sports Medicine Annual Meeting	2004
American College of Sports Medicine Health and Fitness Summit	2003
Reebok Revolution	1999

## D. SERVICE

### D1. School Service

<b>Commitment</b>	<b>Timeframe</b>
FSF Coordinator/PAC Aerobics and Fitness Leader Search Committee	Summer 2022
FSF Search Committees Chair, Oregon State University (over 20 employees)	Summer 2016-present
PAC Aerobics and Fitness Instructors Search Committees Chair, Oregon State University (over 5 employees)	Summer 2016-present
Physical Activity Office Specialist 3 Search Committee, Oregon State University	Summer 2021
Physical Activity Office Specialist 2 Search Committee, Oregon State University	Spring 2017

### D2. College Service

<b>Commitment</b>	<b>Timeframe</b>
CPHHS Property Specialist 3, Search Committee Chair, Oregon State University	Winter 2022
Organization and implementation of CPHHS Equipment Move, Oregon State University	February 2020

### D3. Other Service

Cheldelin Middle School Parent Teacher Organization, Corvallis, OR	Spring 2022
Hoover Parent Teacher Organization, Corvallis, OR	Fall 2015–Spring 2020

## E. AWARDS AND HONORS

### E1. University and Community Awards

OSU Unsung Hero,

2020

<https://today.oregonstate.edu/story/gillen-leads-charge-get-fitness-classes-faculty-and-staff-homes>