

Sandra Carlson
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A. Education and Employment

Education (5 years)

<u>Years</u>	<u>University</u>	<u>Degree</u>	<u>Major</u>
1980-1985	University of MN, Duluth	B.A	Commercial/Graphics Art Minor: Geology

Employment Information (20 years)

<u>Years</u>	<u>Employer/Location</u>	<u>Title /Description of Responsibilities</u>
2008-Present	Oregon State University, Corvallis	4-H Coordinator

Primary responsibilities: Program Management-organize and maintain program advisory and management committees, develop a plan of work that addresses local youth development needs, sustain a volunteer development and management system that supports the local program, expand and maintain partnerships, keep records; Leadership and supervision-provide oversight and leadership to youth and adult volunteers, supervise educational program, supervise full-time program assistant; Teach or facilitate educational programs for adults and youth. Clatsop County 4-H program consists of approximately 150 volunteer leaders and 400 youth. Other responsibilities include taking advantage of professional opportunities such as conferences and workshops and providing service to organizations.

2000-2008	Clatsop County, Astoria, Oregon	4-H Program Assistant
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Primary responsibilities: Work closely with the 4-H Agent (when applicable) to maintain a 4-H program that provides positive youth development and allows youth to learn and grow through the lifeskills of competence, confidence, connection, compassion and character. Duties include: leadership to volunteers and youth through trainings, coordination, supervision; teaching and facilitation; create, organize and implement 4-H activities to strengthen the current program; communicate effectively with leaders, parents, and youth; promote the 4-H program through newspaper, radio and service organizations; work directly with youth through educational workshops and camps to promote positive youth development; brainstorm and develop new programs to help the youth build lifeskills.

1997-2000	Naselle School District, Naselle, WA	Title I Educator
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Worked one-on-One with children who scored low on the state tests in areas of math, language and reading. Other duties included: creating lesson plans, monitoring recess and lunch behavior.

Communication Officer- Coordinated and designed Performance Report and School Calendar. Worked closely with administration and staff on gathering necessary information needed for state educational requirements. Duties included: accuracy of detail, ability to work with many people, good organization skills and computer layout.

Summer School Program Coordinator, Naselle/Grays River School District, Naselle, WA 1999. Organized and developed the first Summer School Program. Duties included: Accuracy to detail, ability to work with little direction, effective communication skills, typing Educational Learning Requirement (ELR's) for each grade 1-6, record student test scores, and work closely with instructors, parents, and transportation department.

1991-1996 Albertsons Division Office, Portland, OR Senior Production Artist

Primary responsibilities: Organized and designed 4-12 pages weekly grocery store ads. Also, designed 96 to 104 page monthly Shopper's Guides. Duties include: meeting daily deadlines, providing accurate information, effectively communicating, working with printers (ordering paper, schedules, decision making and problem solving). I completed the Management Training program which involved understanding the company policies and procedures, billing, projections, and working with outside vendors. Computer skills included QuarkXpress and Adobe Illustrator.

1990-1991 Pacific Stationary, Portland, OR Print Manager

Print manager in a print brokerage firm. Duties include: soliciting outside manufacturers to complete the printed job, price quoting, billing, and data entry. Management skills involved dealing with 16 outside sales representatives, problem solving, meeting deadlines and ensuring customer satisfaction.

B. Teaching, Advising and Other Assignments

Teaching Summary Non-Credit Courses/Workshops		
<u>Type</u>	<u># of Classes</u>	<u># of Participants</u>
Leader/Youth Education		
-New Leader Training	74	314
-Camp Counselor Training	16	143
-Flash Judgments	2	43

Teaching Summary
Non-Credit Courses/Workshops (Continued)

-Swedish Weaving	3	53
-Working with Youth	12	182
-How Children Learn	3	26
-Ambassador Training	1	7
-Quality Assurance	2	37
-New Ways to Teach Same 'Ol Stuff	2	47
-Record Book workshop	19	425
-Home Ec. Skills contest Workshop	2	21
-Basic Cartooning	1	20
-Presentations	3	20
-Fun and Exercise	1	18
-Look Before You Leap	1	7
-From Food to Farm and fishing	1	40
-Recharging Your Club's Batteries	1	20
-Differences Between Feathers and Down	1	20
TOTAL	107	1151

Leader Education

Strong volunteer development is the basis for the overall success of the Clatsop County 4-H program. The structure for this includes training and education for adult 4-H leaders and older 4-H members to give them skills to do their jobs well. Preparing youth to make decisions, develop leadership and job skills and encouraging them to become contributing members of their communities is an important role 4-H fills in communities.

Carlson, S. (2002-2012) "New Leader Training". New 4-H Leaders, Astoria, OR. 74 classes, 168 total hours, 314 participants.

Carlson, S. (2010) "New Ways to Teach the Same "Ol Stuff", National Camping Institute in Salem, 8 participants, and NEA4-HA Conference in Arizona 39 participants.

Youth Education

Teaching youth to think for themselves and make sound decisions is vital for their success as adults. The Clatsop County 4-H program offers a variety of workshops and classes to help youth improve their communication and leadership skills as well as their project knowledge which leads to competence and confidence in the individual.

Carlson, S. (2010-2012) "Junior Leader Training", 4-H Youth, Astoria, OR , 3 class, 4 hours, 11 participants.

Carlson, S. Lacy, J. (2010-2011) “Ambassador Training”, 4-H Youth, Astoria, OR, 2 class, 1.5 hours, 12 youth.

Carlson, S. (2002-2012) “Camp Counselor Training”, 4-H Youth, Astoria, OR. 10 classes, 213 total hours, 134 participants.

Carlson, S. (2001-2012) “Working with Youth” 4-H Youth, Astoria, OR, 11 classes, 6 total hours, 199 participants.

Carlson, S. (2010-2012) “How Children Learn.” 4-H Youth & Leaders, Salem, OR, 3 classes, 1.5 hour total, 26 youth

Carlson, S. (2009-2011) “Swedish Weaving”, Summer Conference, Corvallis, 3 classes, 4.5 hours, 53 participants.

Carlson, S. (2006) “Basic Cartooning” 4-H Youth, Astoria, OR, 1 class, 1 hour total, 20 participants.

Youth and Leader Education

(2012) Co-taught (Cyndi Mudge), Young Entrepreneur in the Classroom. Went into 3 classrooms grades 3 and 4 and taught how to become an Entrepreneur and how to count back change.

(2012) Co-taught (Christy Lynn & Dani Sampson) Ya-4-H program. Ya4-H program did research in the local schools and county office, and presented findings and games at a local Wellness fair. Also, taught 2 hours of games to the Portland area Snap-Ed program.
--5 participants in the club (Approx: 73 females, 50 males, 95 youth, 28 adults at Wellness Fair)
--4 participants taught 17 in Portland)

Carlson, S. (2009-2012) “Record Book Workshop.” 4-H Youth & Leaders, Astoria, OR, 20 classes, 24 hour total, 376 youth.

Carlson, S. (2009-2011) “Giving Effective Presentations.” 4-H Youth & Leaders, Astoria, OR, 2 class, 3 hour total, 20 youth.

Carlson, S., Sampson J., Kahl, K., (2009-2010) “Quality Assurance Workshop, 4-H Youth and Leaders, Astoria, OR, 2 class, 3.5 hours total, 34 youth.

Carlson, S. & Peters, J. (2009) “Flash Judgments” 4-H Youth & Leaders, Astoria, OR 1 class, 3 hour total, 33 participants

Carlson S., & Gill C (2007) “Look Before You Leap” 4-H Leaders, Astoria, OR 1 class, 2 hours, 7 participants

Carlson S., & Brooks, S. (2007) "Putting Together a 4-H Record Book: A New Delivery", Astoria, OR 2 class, 3 hours, 28 participants
(2009) Lane County taught 3 workshops of 15 adults each, 20 in Union County
(2008) Baker County taught to 27 adults

Carlson S., & Williams, J. (2003) "Recharging Your Club's Batteries" 1 class, 1.5 hours, 20 participants

Home Ec Education

Carlson, S., & Heiner, P. (2006 & 2008) "Table Setting" Astoria, OR 2 classes, 2 total hours, 24 participants

Carlson, S., & Heiner, P., & Paaso, K (2005 & 2007) "Home Ec. Skills Contest Workshop" Astoria, OR, 2 classes, 2 total hours, 21 participants

Carlson, S. (2004) "Fun and Exercise" 4-H Youth, Astoria, OR, 5 classes, 5 hours total, 18 youth.

Animal Science Education

Carlson, S. (2003) "The History and Differences between Feathers and Down." 4-H Youth & Leaders, Astoria, OR, 1 class, 1 hour total, 20 youth.

Programs Advised/Facilitated

4-H Program Facilitation

Carlson, S., (2012) After-School Program--Seaside Sunset Parks and Rec., OSU Family and Community Development, LifeWorks Northwest-AmeriCorp. Seaside After-School Program-6 week ceramics class and 6 week cooking classes , 23 classes, 63.5 hours, 55 participants.

Carlson S., (2012) Weaving After School Club, Astoria Fiber Arts Academy, 4 times a year, 1 month long sessions, 3 times a week. 72 classes, 180 hours, 30 participants.

Carlson, S. (2010, 2012) Facilitated teens teaching classes at Tillamook Super Saturday, 3 classes, 16 hours, 10 youth taught, 31 attended

Carlson, S., (2009-2012) Facilitate partnership with "JCPenney After School Round Up Program"

Carlson, S. Facilitated Glass Fusing Workshop-3 class, 6 hours,
(2012) 7 participants
(2011) 7 participants
(2010) 6 participants

Carlson, S. -Facilitated Whale Camp 1-day workshop, instructor Julie Tennis
(2012) 6 participants

Carlson, S., Mudge, C. (2009-2012) Facilitated the “Young Entrepreneur/Market Biz Kids” 4-H program. This program was designed to work with the Astoria Sunday Market to teach youth the skills and knowledge needed to sell their own product at the market. 19 classes, 42 hours, 63 participants.

Carlson, S., (2009-2012) Facilitated Record Book Judging. Clatsop County revamped the Record Book Evaluation form and the judging process. 6 meeting, 13 hours, 7 participants

Carlson, S., (2009-2012) Facilitated Leader Award & Recognition Ceremony. Added new awards for leaders in 2009. 4 event, 11 hours, 464 participants.

(2012) Co- Facilitated, 107 participants
(2011) Facilitated, 158 participants
(2010) Facilitated , 110 participants
(2009) Facilitated, 89 participants

Carlson, S. (2009-2012) Facilitated Leaders Association Committee on events throughout the year. Yearly, 10 meeting, 6 events, 12 members.

Carlson S., Padgett, M., Mathre E., (2009-2012) Facilitate and work with a volunteer leader on the Japanese Exchange program. 6 meetings, 2 conferences, 60 hours, 23 participants.

Carlson, S. (2009-2012) Facilitated the shooting sports leader meetings.

Carlson, S. (2009-2010) Facilitated South County Middle School science class on building tsunami structures to be tested at the OSU wave pool. (354 participants)

Carlson, S., (2009-2010) Facilitated week long Summer Art Camp- 10 classes,40 hours, 19 participants

Carlson, S., Sampson, J., (2009-2012) Co-facilitated the All Leader Meeting. This year, in September we had an all leader meeting to go over need fee and program changes. 4 meetings, 5.5 hours, 103 attended.

Carlson, S., (2006-2012) Organized and facilitated the 4-H Presentation Contest in March. Duties included: securing judges and clerks, scheduling members, gathering needed equipment, and set up (with assistance). 6 years, 85 participants.

Carlson, S., (2006-2012) Organized and facilitated the Super Saturday event in January/February. 16 workshops are offered to 4-12 grade youth and 8 classes to the Cloverbud youth. 4-H leaders and community members teach the classes. 148 classes, 32 hours, 898 participants. (2011 & 2012-Oversaw staff)

Carlson, S., (2010-2012) Organized the fair judges for Spring Dog Show judge , Home Ec. Skills Contest , Presentations , fair hall judges . 26 Judges
(2011-2012) 13 judges
(2010-2011) 13 judges

Carlson, S., (2001-2012) Organized and facilitated Dog Leaders at planning the 4-H Spring Dog Show. Duties included: securing the judges, updating the flyer, and working with the leaders on duties at events. 42 meetings, 69 hours, 225 participants.

Carlson, S., (2001-2012) Oversaw the organization and placement of new club members into clubs. This begins in the fall and continues through April.

(2011-2012) 150 Potential new members (oversaw staff)
(2010-2011) 206 Potential new members (oversaw staff)
(2009-2010) 158 Potential new members (oversaw staff)
(2008-2009) 125 Potential new members
(2007-2008) 88 Potential new members
(2006-2007) 103 Potential new members
(2005-2006) 66 Potential new members

Carlson, S., (2001-2012) Organized and facilitated the exhibit hall at fair. Prior to fair: purchased decorations, set-up hall, contacted the fairgrounds about set-up needs and timelines of events. Sunday duties included: working closely with judges and clerks. Monday duties included: coordinating with the Superintendents the final set-up of the hall which include covering and moving tables, item placement, and clean-up.

Carlson, S., (2001-2012) Organized the Flower Arranging Contest at Fair. Prior to fair: ordered flowers and oasis for the contest. Worked closely with the Superintendent to ensure a smooth show.

Carlson, S. (2001-2012) Organized and facilitated the hall State Fair exhibits. Duties included: member letters, passes, check-in/check-out, and transportation of exhibits.

Carlson, S., (2001-2012) Organized and facilitated the overnight Lock-In event for youth grades 4-6. Teen counselors were trained for 3 hours and then counseled the younger youth throughout the evening. 11 events, 221 hours, 647 participations.

Carlson S., (2002-2012) Organized, advertised, and transported youth to state-wide events. Programs include: Know Your State Government/Youth Voices-Youth Action, Summer Conference, Retreats, and Ambassador/National Congress. 7 events, 85 participated.

Carlson, S., (2006-2012) Organized and facilitated the “Spring Into Arts” Workshop. 4 Home Ec/Expressive Arts Workshops are taught by 4-H Leaders and community members. 24 classes, 73 hours, 141 participants.

Carlson, S., (2005-2012) Facilitated and advised the Leadership Club on planning a yearly camping trip and community service project, 7 trips, 350 hours, 53 participants.

Carlson, S. (2005-2012) Organized and facilitated two camp car washes each spring.

Carlson S., (2005-2012) Organized and facilitated with Camp Committee the 4-H Summer Slumber Camp. 6 camps, 496 hours at camp, 235 participants.

Carlson, S., (2005-2012) Facilitated Community Service Projects for the county 4-H members, 8550.9 pounds of food for the food bank, 1676 Thanksgiving placemats for care centers, 1672 ornaments made for the wishing trees, 87 pumpkins carved at care centers, total of 1637 participated.

Carlson, S., (2004-2012) Organized and /or co-facilitated (J. Sampson) the Egg in the Classroom project utilizing 3 incubators.

Carlson, S., (2003-2012) Organized and facilitated with the Superintendent the 4-H Fashion Revue. Duties include: Securing the judge, setting-up, gathering materials, taking photos for fair exhibits. 9 years, 30 hours, 112 participants.

Carlson, S., (2008-2012) Facilitated the National Science Day Experiment Day in October, 5 classes, 7 hours, 25 participants

Carlson, S., (2007-2012) Senior Project Advisor to a youth members, 8 youth.

Carlson S., (2011) Special Fair Awards Committee on fair changes, 4 meetings, 6 hours.

Carlson S., Mudge C., (2011) Doe Starr Upcycling Workshop, 4 classes, 15 hours, 16 participants.

Carlson S., (2011) Oregon 4-H Foundation presentations, 2 hours, 7 participants.

Carlson S., M Padgett, J. Cameron, J. Rudolph, E. Jacobson (2010) “Passport to Success”. youth spent the day at Clatsop Community College learning how to manage money, balance checkbook, interview techniques, scholarships, dress for success, and roommate panel discussion. 1 event, 20 hours, 19 participants

Carlson, S., Padgett, M., Lilley, L. (2009) Facilitated “Jr. Leader Retreat” in Clatsop County. 5 classes, 32 hours, 22 participants.

Carlson, S., (2009) Facilitated Member Award & Recognition Ceremony. Added new awards for members and clubs, including cash, to the yearly recognition ceremonies. 3 events, 13 hours.
(2012) Facilitated, 150 participants
(2011) Facilitated, 150 participants
(2010) Facilitated , 100 participants
(2009) Facilitated, 50 participants

Carlson, S., S. Brooks, M. Padgett (2008) “Survivor Camp”. Multi-county youth learned about balancing checkbooks, money management, fraud, self defense, cooking for others, and basic money management. 1 event, 6 meetings, 64 hours, 12 youth participated.

Carlson, S. (2000-2009) Organized the fair judges.
Duties included: initial contact, sending contracts, sending exhibitor guide/project area info, and follow up call prior to fair.

Carlson, S., (2001-2008) Organized the Open House Recruitment at the local schools. County schools are contacted about when their open houses are. Duties included: making posters, flyers, brochures, updating club information, finding volunteers to be at schools.

Carlson, S., (2007-2009) Organize Leadership Club members to give presentations to community service clubs, 3 events, 11 youth

Carlson., S. (2007-08) Facilitated with a leader a monthly Art Club open to the general public, created flyers and news announcements.

Carlson, S., (2007-2008) Organized the Mini 4-H Clinics in May. Workshops taught were: Stuff about Wool, General Goat Care, Swedish Weaving, and Watercolor Resist Painting.

Carlson S., (2005-2011) Organized a First Aid or CPR class for camp counselors. 6 classes, 25 hours, 58 participants.

Carlson, S., (2005-2011) Facilitated youth to become camp counselors at State-wide camps, 7camps, 10 participants.

Carlson, S., (2005-2008) Advised Leaders Association chairpersons on events throughout the year in the absence of a faculty 4H agent.

Carlson, S. (2001-2010) Organized the State Fair Superintendents and members. Leaders were contacted to see if they would supervise youth at the State Fair. Members were contacted on the number of animals they will be taking, how many stalls/cages are needed, and if they were staying in the dorms.

Carlson, S., (2002-2009) Organized and facilitated with the Superintendent the Home Ec. Judging contest. Duties included: gathering materials, and organizing tests.

Carlson, S. (2002-2010) Organized and facilitated with the Superintendent the Home Ec. Skills contest.

Carlson, S. (2005) Facilitated/trained and transported youth to teach Games and Songs at the Oregon Leaders Forum in Lincoln City., 1 event, 3 participants.

Co-Facilitated (Carlson, S. J. Williams, S. Hunt) (2004) Week-long Food and Fun Day Camp, 1 event, 20 hours, 38 participants.

Co-Facilitator (Carlson, S., J. Williams,) (2003) From Food to Farm and Fishing Workshop. Youth learned how to butcher rabbit and chicken, compare sheep and angora wool, learned about tanning/curing pelts, learned about animal prep/feather choice for making fly ties, learned about goose fill-power, and hands on lunch of making rabbit egg rolls.

Co-Facilitator (Carlson, S., J. Williams, D. Martin, D. White) (2002) Camp Rilea Summer Camp, 4-days). Clatsop County planned on teaming up the Deschutes and Crook counties for 4-H camp at Camp Round Lake in Sisters, Oregon, but due to ice damage to the lodge, the camp was moved to Camp Rilea in Warrenton, Oregon one month before the event. The “Hawaiian Beach Party” theme continued and almost all activities remained the same. The educational aspect was brought into crafts, games, and food found in Hawaii. Additional day trips included the Kite Museum in Longbeach, Washington, Fort Canby State Park in Ilwaco, Washington and Waikikki Beach on the Washington peninsula. (93 participants)

Co-Facilitated (Carlson, S., J. Williams) (2002) School Enrichment Presentation to elementary principals and teachers throughout the county. (115 participants)

Co-Facilitated (Carlson, S., J. Williams, J. Pahl) (2002) Lamb and Wool Workshop where youth learned about wool grades, nutritional value of lamb and did hands-on spinning, dyeing and felting of wool. (65 participants)

Co-Facilitated (Carlson, S., J. Williams, D. Martin, D. White) (2001) Round Lake Summer Camp, 4-days. Clatsop County planned on traveling to Camp Round Lake in Sisters, Oregon. Due to low attendance for Crook, Deschutes, and Clatsop counties, a combined camp was conducted. All of the planning, fundraising, etc. was facilitated by Clatsop County. The camp had a Native American theme and taught youth about the culture, area, and animals of Central Oregon. Evening programs consisted of Charles Littleleaf, Native American flute maker and player, Indian Dancers, Birds of Prey, and a field trip to a local fish hatchery. (95 participants)

Educational Materials

Newsletters (8-10)

Carlson, S. & Sampson, J. (Writer/Editor) (2001-2012) Clatsop County Courier. Published 10 times a year, 15-20 pages, 400 families per issue.

Teaching Materials

Carlson, S. & Padgett, M. (2012) Record Book Guidelines, Revised

Carlson, S. & Padgett, M. (2012) Record Book Judging Score Sheet, Revised

Carlson, S. (2012) Young Entrepreneur Expense Sheets, Young Entrepreneur Club Members, 3 pages

Carlson, S. (2010) Ages & Stages of Youth Development, National Camping Institute participants, 26 pages, 12 distributed (adapted from CampFire Boys and Girls CIT camp Counselor-In-Training Manual, Sally Crosiar & New York Camping Program, Cornell University, Bob Ditter, In the Trenches, ©2007, American Camping Institute What Do I Do Now, ©1996, Ohio State University Fact Sheet.

Carlson, S. (2010) Camper Behavior Management, National Camping Institute participants, 34 pages, 12 distributed (adapted from CampFire Boys and Girls CIT camp Counselor-In-Training Manual, Sally Crosiar & New York Camping Program, Cornell University, Bob Ditter, In the Trenches, ©2007, American Camping Institute What Do I Do Now, ©1996, Ohio State University Fact Sheet.

Carlson, S. Peters J. (2010) Games and Team Builders, National Camping Institute participants, 4 pages, 12 distributed (adapted from Crowdbreakers and Games for Youth Groups, Group Books, © 1988, Gigantic Book of Games for Youth Ministry, Volume 2, Group Books, ©1999, Playing Along by Izzy Gesell, MSED ©1997, Team-Building Activities for Every Group, Alanna Jones, ©1999

Carlson, S. & Mudge, C. (2010) Young Entrepreneur Worksheets, 1-6, Young Entrepreneur Club Members, 6 pages, 90 distributed

Carlson, S. (2009) Records Available Per Project, 4-H Leaders and Members, 3 pages, 70 distributed. (adapted from Oregon 4-H Clover).

Carlson, S. & Padgett, M. (2009) Record Book Guidelines, 4-H Members and Leaders, 12 pages, 145 distributed (adapted from Florida Cooperative Extension, Kansas Cooperative Extension, and New York Cooperative Extension)

Carlson, S. & Padgett, M. (2009) Record Book Judging Score Sheet, 4-H Members and Leaders, 7 pages, 50 distributed, (adapted from Florida Cooperative Extension, Kansas Cooperative Extension, and New York Cooperative Extension)

Carlson, S. (2008) Camp Song Book, Campers and Counselors, 22 pages, 121 distributed (adapted from various sources: Internet, Boy conferences, and workshops)

Carlson, S. (2007) Camp Counselor Interview Questions, Camp Counselors, 1 page, 107 distributed

Carlson, S. (2005) Challenge Game Handout, Leadership Club Members, 2 pages, 40 distributed (adapted from the internet and OSU workshops)

Carlson, S. (2004) Let's Play Some Games, Campers, Counselors, Club Members, 6 pages, 45 distributed (adapted from Boys Scouts and Girl Scouts game Books, Iowa State University Extension Clover Kids, OSU Great Games, & various internet websites.)

Carlson, S. (2002) Oregon 4-H Building Youth Brochure, 4-H recruitment tool, 2 pages, 2000 distributed

Electronic Technology Programs

Carlson, S., (Producer) (2012) Welcome to Lock-In Counselor Training, 18 slides

Carlson, S. (Producer) (2012) So You Want to Be a Counselor-Revised, 9 slides, Astoria, OR: Clatsop County Extension Service, Camp Counselor Training.

Carlson, S., (Producer) (2011) Welcome to Camp Counselor Training, 21 slides

Carlson S., Meshke, E. (Co-Producers) (2011) Stesses of a Senior in High School and Record Books.

Carlson, S., (Producer) (2011) Camp Counselor Lock-In, 30 slides

Carlson, S., (Producer) (2011) Oregon 4-H Foundation Presentation, Corvallis, 135 slides

Johnson J., Carlson S., (Co-Producers), (2010) Seaside After School Program video, Astoria OR, YouTube

Carlson, S., (Producer), (2010) After School Program power point for Kiwanis, Seaside, OR., 23 slides.

Carlson,S., Johnson, J, (Co-Producers) , (2010) After School You-Tube video of Cooking Classes.

Carlson, S. (Producer) (2009) Teaching 4-H Demonstrations, 25 slides, Astoria, OR: Clatsop County Extension Service, Presentation Workshop, (adapted from University of Florida, Bill Heltemes)

Carlson, S. (Producer) (2008) Junior Leader Training, 22 slides, Astoria, OR: Clatsop County Extension Service. Junior Leader Retreat and Junior Leader Training (adapted from Michigan State Extension.

Carlson, S. (Producer) (2008) Junior Leader Project, 12 slides, Astoria, OR: Clatsop County Extension Service. Junior leader Retreat, Tillamook Super Saturday (adapted from Deb Schreiber, Wallowa County 4-H Agent, Oregon)

Carlson, S. (Producer) (2008) Older Youth Opportunities, 21 slides, Astoria, OR: Clatsop County Extension Service. Junior leader Retreat, (adapted from Deb Schreiber, Wallowa County 4-H Agent, Oregon)

Carlson, S. (Producer) (2006) So You Want to Be a Counselor, 7 slides, Astoria, OR: Clatsop County Extension Service, Camp Counselor Training.

Slide sets, Video Tapes, CD's. DVD's

Carlson, S., Padgett M. (Producer) (2011) Camp Counselor Songs, Skits, and Games CD, Astoria, OR: (adapted from www.thesource4ym.com, Boy Scout Games, and Games from Around the World)

Carlson, S., Padgett M. (Producer) (2009) Passport to Success CD, 45 documents, Astoria OR: Clatsop County Extension Service (adapted from www.practicalmoneyskills.com, Bankrate.com, www.bbbonline.org., CITI Credit Ed.)

Supervisory Materials

Carlson, S. (2012) Performance Dimension Worksheet (4)

Carlson, S. (2012) Battle Plan for the Week Form

Program Management Materials

Carlson, S. (2006) Hobbies & Collections Score Cards, Fair members, 35 distributed

Carlson, S. (2006) Flowers you Wear Score Card, Fair members, 20 distributed

Evaluation Tools or Instruments for Data Collection

Carlson, S., (2012) Leadership Club, Clatsop County Extension Service, 1 page, 16 distributed

Carlson, S., (2012) Young Entrepreneurs, Clatsop County Extension Service, 2 pages, 19 distributed

Carlson, S., (2012) YA-4-H, Clatsop County Extension Service, 1 pages, 5 distributed

Carlson, S., (2012) Summer Slumber Counselor, Clatsop County Extension Service, 3 pages, 11 distributed

Carlson, S., (2012) Summer Slumber, Clatsop County Extension Service, 3 pages, 19 distributed

Carlson, S., (2012) YA4-H Games, Clatsop County Extension Service, 1 page, 15 distributed

Carlson, S., (2012) New Leader Training, Clatsop County Extension Service, 2 pages, 7 distributed

Carlson, S., (2012) Jr. Leader Training, Clatsop County Extension Service, 1 pages, 12 Distributed

Carlson, S., (2012) Cooking Classes, Clatsop County Extension Service, 1 pages, 24 distributed

Carlson, S., (2011) Summer Slumber, Clatsop County Extension Service, 3 pages, 19 distributed

Carlson, S., (2011) Camp Counselor Evaluation, Clatsop County Extension Service, 3 pages, 11 distributed

Carlson, S., (2011) How Youth Learn, Clatsop County Extension Service, 1 page, 11 distributed

Carlson, S., (2011) Junior Leader Training, Clatsop County Extension Service, 1 page, 9 distributed

Carlson, S., (2011) New Leader Training, Clatsop County Extension Service, 1 pages, 4 distributed

Carlson, S., (2011) After School Cooking Classes, Clatsop County Extension Service, 2 pages, 6 youth, 3 adult

Carlson, S., (2011) Leadership Club Evaluation, Clatsop County Extension Service, 1 page, 10 distributed

Carlson, S., (2010) New Leader Training, Clatsop County Extension Service, 2 pages, 14 distributed

Carlson, S. (2010) Presentation Workshop, Clatsop County Extension Service, 1 pages, 10 distributed

Carlson, S., (2010) Seaside After-School Cooking Class, Clatsop County Extension, 2 pages, 22 distributed

Carlson, S., (2010) Passport to Success, Clatsop County Extension, 4 pages, 18 distributed

Carlson, S., (2010) Record Book Workshop, Clatsop County Extension, 1 page, 9 distributed

Carlson, S., (2010) Quality Assurance Workshop, Clatsop County Extension, 2 pages, 17 distributed

Carlson, S., (2010) Young Entrepreneur's Club Program, Clatsop County Extension Service, 2 pages, 9 distributed

Carlson, S. (2009) Presentation Workshop, Clatsop County Extension Service, 2 pages, 9 distributed

Carlson, S., (2009) Young Entrepreneur's Club Program, Clatsop County Extension Service, 2 pages, 9 distributed

Carlson, S., (2009) Junior Leader Retreat, Clatsop County Extension Service, Clatsop County Extension Service, 1 page, 23 distributed

Carlson, S., (2009) Junior Leader Retreat Follow-up, Clatsop County Extension Service, 2 pages, 23 distributed

Carlson, S., (2009) Leadership Club Focus Group, Clatsop County Extension Service, audio

Carlson, S., (2009) New Leader Training, Clatsop County Extension Service, 1 page, 7 distributed

Carlson, S., (2004) Camp Counselor Rating Score Sheet, 1 page, 47 distributed

Carlson, S. (2004) Camp Counselor Coordinator Applications, 7 pages, 100 distributed

Carlson, S., (2002) Camper Questionnaire, Astoria ,OR, 1 page, 75 distributed

Team or Collaborative Effort (4)

4-H Weaving Club

(2010-2012) Carlson S., Mathre, E. The Fiber Arts Academy. The Academy partnered with 4-H to offer month-long sessions 4 times throughout the year to 4-H members free of charge. The program allows the members to learn to use large floor looms and keep their projects on the loom throughout the month-long sessions. Classes are taught by professional weavers, leaders, and Clatsop Community College teachers.

4-H International Exchange Program

(2009-2012) Carlson, S., & Kershaw, N. The focus of the 4-H International Exchange program is to build friendships between youth and families of different cultures and provide both with an educational experience that will better prepare them for life in a global society. The program began in Oregon in 1972 and since then, over 4,500 Oregon families have hosted Japanese youth.

The 4-H Japanese Exchange Program partners with three youth organizations, Labo, Lex, and Utrek, to bring Japanese youth to Oregon for one month between late July and late August. Other countries in the Exchange program are: Costa Rica, Australia, Norway and occasionally Finland. (2009), 6 participants in Clatsop County and 1 participant in Tillamook County; Clatsop County Coordinator coordinates for both counties.

Young Entrepreneurs Club

(2008-2012) Carlson, S., Astoria Sunday Market, Clatsop Community College. The Young Entrepreneur's project is a eight moth program that provides kids the opportunity to foster their creativity into a business. Participants work with artists, crafts people, farmers, and marketing and business experts to design, create and sell a project they invent, make, grew or raise themselves. Workshop titles includes: The Dollars and Sense of it All, Meeting the Producers, Showcasing their Prototype, Learning from the Vendors, & All Vendor Market Meeting. A tent designated for the Young Entrepreneurs is placed at the weekly Astoria Sunday Market where the youth rent a table to display for \$5.00. In 2010, Western Oregon Waste became a strong partner offering scholarships to members who meet certain criteria. This membership continues to grow.

Seaside After School Program

(2009-2012) Partnerships included: Oregon 4-H Foundation, OSU Family and Community Development Instructor, County Ameri-Corp members, and Seaside Sunset Empire Parks and Rec. Seaside had an active After-School program in the past that was grant funded. In 2009, they lost their funding and 4-H offered two 6-week classes to help fill the need. These classes were offered to middle school youth at no. One class offered was pottery. The members learned various techniques (slab, coil, pinch, and wheel). The class size was small, but this gave for ample time for one on one instruction. The students made many pieces and most of them became successful throwing pots on the wheel. The second class offered was a cooking class. In 2012 the cooking classes were filled by the first couple of days. We were limited in size because of location, and within 5 days there was a waiting list. We expanded the number of students to 18 to accommodate. We broke the members into two groups with one doing cooking and one doing fitness – then they rotated. Each week, the students could not wait to get into the kitchen. They learned how to use knives safely, measure and chop correctly, wash hands properly, handle food safely, as well as the importance of physical activity.

(2010) National Camping Institute (NCI) is held in even numbered years. It is a project of the national 4-H Agents Association's Camping and Environmental Education Task Force. NCE develops and promotes excellence in youth camping programs by supporting professional development. Abstracts for workshops are evaluated through a blind, peer-refereed process. Participants from 25 states attended the Oregon conference in 2010. Member of the tour committee. It was held in Salem, OR.

Student, Participant/Client and Program Evaluations

Program Evaluation				
Year	Students	Eval/Ret	Class Title	Rating
Citizen Assessment of Extension Teaching (Rating Scale 6=Excellent; 1= Very Poor)				
2012	9	9	New Leader Training	5.67
2012	3	3	New leader Training	5.33
2012	4	4	Cooking Classes	5.67
2011	4	4	New Leader Training	5.8
2011	9	9	Jr. Leader Training	5.8
2011	11	11	How Youth Learn	5.7
2010	9	9	Record Book	5.3
2010	10	10	Presentations	5.8
2010	8	8	New Leader Training	5.9
2009	12	12	Counselor Lock-In	5.6
2009	8	8	Presentations	5.9
2009	7	7	New Leader Training	5.8

County Program Evaluations (Rating Scale 5=Excellent; 1= Very Poor)				
2012	19	4	Young Entrepreneurs	4.59
2012	14	14	Lock-In Counselor Training	4.62
2012	12	12	Junior Leader Training	4.7
2012	7	7	New leader Training	4.18
2012	5	3	YA4-H	4.11
2011	11	11	New Leader Training	4.24
2011	11	11	Camp Counselor Training	3.42
2011	12	12	Quality Assurance	3.97
2011	2	2	Presentation Workshop	5.00
2010	17	17	Quality Assurance	4.36
2010	19	13	Passport to Success	4.31
2010	12	9	Cooking Class	4.09
2009	7	7	New Leader Training	4.39
2009	8	8	Presentations	4.60
2009	7	23	Junior Leader Retreat	4.37
			--Follow up Evaluation	
2009	9	9	Young Entrepreneurs	4.24

Program Evaluation

New Leader Training (2010-2012). Training volunteers to take on the leadership role of working with youth is essential for the program to be successful. These parents and community members need the skills to work one-on-one as they teach youth life-long skills in a positive setting. The object of the evaluation was to determine if the leaders were acquiring knowledge after the training. Some of the volunteers that come to the trainings have been past 4-H members or are currently active in a program. Others are completely new to the 4-H program with very little knowledge of what 4-H is or how it works. Also, much of the information covered is facts, forms, and State guidelines. In our county, we require all leaders (even resource) to attend the full training. 82% said they had increased their knowledge of the history of 4-H and the connection between 4-H and OSU. There was a 32% increase in knowledge learned in planning and conducting a meeting and 32% said they were more prepared to begin as a leader and plan a club meeting. This leader training is 2.5 hours in length.

(2012)

- 65% said they were more prepared to be a leader after the training
- 52% said they have a better knowledge of the history of 4-H
- 58% said they have a better understanding of the connection between the County Extension and OSU
- 58% said they have a better understanding of planning a 4-H meeting
- 65% said they have a better understanding of planning a yearly club program

Young Entrepreneurs Club-Workshops included counting back money, keeping track of sales, showcasing their product, public speaking, and learning how to be creative in their design and approach. The evaluation tool was used to assess the classes for their usefulness and validity.

The evaluation:

(2012)

- 20% increased their knowledge of product display and packaging
- 26% said increase their knowledge of item cost and putting a value on their own time
- 26% said they increase their knowledge of preparing for the market
- 22% said they increase their decision making skills
- 16% said they increased their problem solving skills

YA4-H-This was a group of 5 teens. Two of the teens went to Columbia County for a 3 day training and came back and formed a group. This group did research in the schools on vending machine choices and fruits and vegetables available in our grocery stores. They also taught games to the Snap Ed. Instructors in Multnomah and Washington counties.

(2012)

- 44% said they learned how to carry out a research study

- All of the participants said they now make good to excellent healthy drink choices at school
- All of the participants said they now make excellent healthy food choices for school lunches

Leadership Club Evaluation

(2012) 100% of the members who returned the surveys (5) agreed that the club taught them Teamwork, Decision Making, Problem Solving, and Planning and Organizing.

80% agreed they had learned Cooperation

60% agreed they had learned Self-motivation, Self Esteem, Self Responsibility, Communication, and Accepting differences.

(2011) In this evaluation, the members were asked 3 essay questions. Only 4 of the members returned the survey. Their answers are below:

1) Which life skill(s) do you feel you have gained the most knowledge in by being part of the leadership club?

- I have gained self confidence and am able to do anything I put my mind to, thanks to the leadership club.
- One of the main things that the Leadership Club does is organize and hold events for other 4-H'ers and youth outside of 4-H. To be a youth counselor at these camps there are trainings that the Leadership Club counselors must go to. There we learn how to lead activities, games, and work with youth. We also learn the basic skills that can be adapted to deal with more situation specific occurrences. Working with others at all ages is what 4-H is a skill that is taught a lot in 4-H. The Leadership Club teaches a lot about how to work with younger kids and lead them in a way that is fun, educational, and safe.
- I feel as though I have gained many valuable life skills. Some important ones are public speaking, leadership, and responsibility.
- I feel that I learned social skills, being in this club has helped me out so much that now I'm not afraid to talk in front of a group of people/ the community.

2) How has being part of the Leadership Club prepared you for the future?

- I have learned a lot about myself through the leadership club and it has given me knowledge and confidence to do just about anything!
- Something that I have done during some of the Leadership Club meetings that I have gone to is note taking. I just use a format that works and makes sense to me. I feel that note taking is a good life skill because it is something that we learn and do regularly in school and Leadership Club meetings are a great place for me to practice the use of this skill that I will use all throughout life. We also learn lots of other essential skills such as working with others, leading group activities, speaking in front of a group, and being a leader.

- The leadership club has shown me that there are many different types of people in the world and the club has shown me ways that there are ways to adapt to people who I will encounter in everyday life.
- Being a part of the leadership club has helped me work with others well, and deal with problem solving which will help me out in my future.

3) 4-H is supposed to help young adults learn Caring, Character, Competence, Confidence, and Connect with the community. Do you have any thoughts on how the Leadership club has helped you develop these traits.

- The leadership club has shown me what you can do for a person just by caring about them (you can be life changing). It has also giving me the confidence to speak with any age group in any situation. The leadership (and 4-H all around) as given me the skills to connect with people! Leadership club members have become part of a family. The friendship I have made through the leadership club will stay with me forever!
- I do feel that the Leadership club does help young adults like myself learn skills that are essential all throughout life. We learn how to care for youth through special camp trainings and then get to apply those new skills in real life situations in camp. We build character when we come into contact and connect with our community. When speak about 4-H and promote it, something that is such a big part of our lives and ourselves -our character- that we are so passionate about, it is plain to see that it has made an impact on us. When 4-H'ers are confident enough to be able to stand in front of a crowd and give a presentation on how to do something the level of competence that 4-H has given us is evident. 4-H teaches skills that everyone should know. Without 4-H and each of the clubs that I am in I would not know everything that I do and would for sure not be the same person.
- I am so grateful for the leadership club and all it has done for me and the community. It is a great program that teaches youth things that they need to know to be a great person. THANK YOU.
- 4-H has showed me that having confidence in yourself is a must in order to go anywhere, and it showed me that being involved in the community and helping people out makes people have more respect for you, and that no matter what problems a child has at a camp we hold we still care for them as much as the other. I feel 4-H has helped me out in the long run and I wouldn't be who I am today without it, which is a hard working, outspoken young woman.

Junior Leader Training-This training involves both leaders and parents. They come together to learn how to work together within the club. At the end of the meeting, a club plan is established and both parties can feel comfortable within their new leadership role.

- The information was useful and helpful?...4.5
- I have a better understanding of my leadership role?...4.6
- I feel I got the information needed to start confidently?...4.5
- The program met my needs?...4.6
- Overall teaching ability of your instructor?...4.8
- Presentation was clear and organized?...4.9

- Instructor's knowledge of the material...5.0

Lock-In Yearly in the fall, an overnight event is held in Clatsop County called the “Lock-In”. This event brings in older teens (7-12 grade) at 2:00 pm. The experienced counselors train the new counselors for the night. At 6:00pm, youth in grades 4-6 arrive for a night of 4 rotating stations, swimming, songs, skits, campfire, snacks and then bed. The members have breakfast and depart. It is a “mini” camp and a great way for youth to decide if they want to be counselors, and for younger members to try to make it away from home for one night.

- Prepared me to work with the age group of kids in my cabin...4.4
- Let me know what was expected of me at camp...4.7
- Taught me how to ensure safety at camp with the campers...4.8
- Prepared me for managing behavior/discipline at camp...4.6
- Prepared me for my counselor role at camp...4.6

Camp Counselor Training Nationally, 4-H camp programs often utilize the leadership and energy of teenage camp counselors to plan and conduct local area 4-H camp programs. Not only is it important to evaluate the value and relevance of camp and the 4-H camp counseling experience for program improvement and general public information, it is increasingly important that the teens themselves realize the value and benefit serving as a counselor may have (Garst & Johnson, 2005).

The Clatsop County Camp Counselor Evaluation found that 75% Really Agree (5 out of 5) that being a camp counselor helped them to learn responsibility, make good decision, work with diverse groups of people, and practice public speaking skills. 75% also Really Agree (5 out of 5) that being a camp counselor helped them become a person who wants to give to other, feels connected to others, and confident about themselves. 100% of the counselors stated that the training helped them succeed.

Seaside After-School Cooking Class

Partnerships included: OSU Family and Community Development Instructor, Northwest LifeWorks, and Seaside Sunset Empire Parks and Rec. One class offered was pottery. The members learned various techniques (slab, coil, pinch, and wheel). The class size was 6. The second class offered was a cooking class. The class was limited to 12 with 11 taking the evaluation. They learned how to use knives safely, measure and chop correctly, wash hands properly, handle food safely, as well as the importance of physical activity.

(2010)

- 81% said their knowledge of the food pyramid had increased.
- 63% said they had increased their knowledge of the importance of eating foods from all food groups.
- 54% said they increased their knowledge in using a sharp knife.
- 63% were able to successfully list the food groups represented in the pizza they made.

(2012)

- 33% said they had learned more about unit pricing of items in the grocery store
- 28% said they were eating more vegetables after the class
- 24% said they had a greater concern for food safety (washing hands, waving knives, etc.)
- 28% said they were comfortable making home-made noodles
- 46% said they were comfortable making bread

Quality Assurance (2011). Youth can represent the best and worst of the industry in which they participate through their projects. Many youth in Clatsop County raise animals for the market auction at fair. These classes are necessary to ensure consumer quality products of food animal agriculture. The class evaluation showed a 32% increase in knowledge of what Quality Assurance is. There was a 34% increase in knowledge in how to give injections properly, and a 26% increase in knowledge in the importance of keeping poultry clean and free of infections.

Presentation Workshop (2011)

At this workshop the members get points and tips on putting together a good presentation for our county Presentation event. The youth learn the difference between the types of presentation and the benefits of speaking publicly. Tips are given on picking a topic and how to narrow down the topic area. The members also learn about the parts of a presentation, how to make effective visuals, and proper mannerisms. 100% said they had increased their knowledge and 100% were better prepared to give a presentation after the training.

Quality Assurance (2010). Youth can represent the best and worst of the industry in which they participate through their projects. Many youth in Clatsop County raise animals for the market auction at fair. It has been over 6 years since any kind of workshop was held to teach youth and leaders quality assurance principles such as ethics and animal welfare. These classes are necessary to ensure consumer quality products of food animal agriculture. The class evaluation showed 68% better understood how to pick a quality animal, 63% increased their knowledge in the importance of adequate housing space and good sanitation, 63% said they increased their knowledge in proper use of medication, and 52% said they increased their knowledge in the importance of keeping adequate animal records.

Passport to Success

(2010) A one-day class was held in partnership with Clatsop Community College, WAUNA Federal Credit Union, Pacific County Sheriff's Department, and Columbia County 4-H. Nineteen youth in grades 9-12 attended the workshop. The first class taught was a group session: Managing your debt and credit as well as setting goals. This included a "bean" game where the members had to make choices on how to spend their money. Participants quickly found out that making good choices will help keep money in their pockets! After lunch, breakout sessions were offered: balancing your check book, business etiquette, scholarships, and interview techniques. The final class as a self defense class that taught basic self defense moves that the students practiced on each other and instructors. It also focused on how to keep you out of dangerous situations.

- 82% said they increased their knowledge in how to save money for the future
- 94% said they increased their knowledge in how to free up their cash

- 76% said they increased their knowledge of maintaining a good credit score
- 100% of those who took the interview class said they increased their knowledge of how to prepare for an interview
- 88% said they increased their knowledge of ways to avoid getting into bad situations

New Leader Training (2009-2010). Training volunteers to take on the leadership role of working with youth is essential for the program to be successful. These parents and community members need the skills to work one-on-one as they teach youth life-long skills in a positive setting. The object of the evaluation was to determine if the leaders were acquiring knowledge after the training. Some of the volunteers that come to the trainings have been past 4-H members or are currently active in a program. Others are completely new to the 4-H program with very little knowledge of what 4-H is or how it works. Also, much of the information covered is facts, forms, and State guidelines. In our county, we require all leaders (even resource) to attend the full training. 38% said they had increased awareness to the connection between 4-H and OSU University (2010-68%). 44% said they had increased knowledge in planning and conducting a meeting (2010-53%). 46% said they were more prepared to be a 4-H leader (2010-52%). This leader training is 2.5 hours in length.

Presentation Workshop (2009). At this workshop the members get points and tips on putting together a good presentation for our county Presentation event. The youth learn the difference between the types of presentation and the benefits of speaking publicly. Tips are given on picking a topic and how to narrow down the topic area. The members also learn about the parts of a presentation, how to make effective visuals, and proper mannerisms. 27% said they had increased their knowledge and 29% were better prepared to give a presentation after the training.

Junior Leader Retreat (follow-up) (2009). 23 youth attended the leadership retreat. Classes at the event included making Flash Judgments on people by their appearance and learning about different personality types. This was a retreat planned and taught by the Leadership Club members for the younger teens. Eleven months after the retreat, a follow up evaluation was sent out. Of the 23 sent, 11 were returned. The results showed--29% said they were now more aware of “labeling” others by first impressions. 14% said they were more aware of accepting others for who they are. 71% said they now catch themselves and try to not judge others by first impression. 72% said they understand more about personality traits and why people act a certain way in particular situations. 44% of participations said they had gained knowledge in leadership skills. Findings from this evaluation will help in developing the next retreat.

The adult leaders of these members were also sent an evaluation. This tool was geared at seeing changes the youth had made at the club level. 43% said their leadership skills had improved. 18% said their behaviors towards others different from themselves had changed. 22% said they make a more conscience effort to accept all people. 20% said they had seen an increase in the member’s ability to work in groups of people who have different personality types.

Young Entrepreneurs Club-This was the first time this program was offered. There was no curriculum and workshops were developed to include teaching from successful business members from the Astoria Sunday Market. Workshops included counting back money, keeping track of sales, showcasing their product, public speaking, and learning how to be creative in their design and approach. The evaluation tool was used to assess the classes for their usefulness and validity.

The nine active Young Entrepreneur club members completed the survey. Growth was shown in all areas. Overall, 64% of participations said they had gained knowledge in starting their own business. 36% said they gained knowledge in counting back change. 32% said they gained knowledge in what to look for when creating an item to sell. 40% said they gained confidence in public speaking. Findings from this evaluation will help the leaders improve workshops in the future. Evaluation.

Peer Review of Teaching

Peer Review of Teaching Summary

Year	Name of Class	Name of Person Completing Peer Review
2012	How Children Learn	Melanie Mintkin
2011	Swedish Weaving	Dani Annala
2010	New Ways to Teach the Same O'l Stuff	Lynette Black
2009	Flash Judgments	Nancy Kershaw

Extension Program Leadership

Extension Program Leadership Summary

Type	# of programs	# of Participants
2012		
Record Book Workshop	4	21
Camp Counselor Interviews	1	13
Sleek & Slimy	1	29
Cookies in a Jar	1	29
Volcanoes	2	61
Valentine Craft	1	29
Jump Ropes	1	29
Shotgun	1	20
Fun Game Time	1	10
Jiu Jitsu	1	5
Sea Turtles	1	20
Cooking Healthy Snacks	1	20
Manure Management	1	28
Pajaggle	2	30
Turbo Kick-Boxing	1	4
Fun French Cooking	1	10
Learning Chess	1	12
Archery	2	20
Wired for Wind	1	8
Hip-Hop Abs	1	4
Goats Galore	1	9
4-H Dog Sport	1	20
Zumba	1	3
Swedish Weaving	1	16

Horticulture/Gardening	1	12
Sewn Travel Tote	1	14
Hand Felting	1	14
Photography	1	14
Record Book Reveamp	1	2
Games in Portland	1	19
Whale Camp	1	6
Wellness Fair-Ya4-H	1	123
Quality Assurance	1	30
Goat Workshop	1	16
Judging Swine and Sheep Classes	1	30
Livestock Q & A	1	30
2011		
Record Book Workshop	5	27
Camp Counselor Interviews	1	16
Shotgun Session	1	20
Tin Box Speakers	1	15
Improv	1	25
One Day Projects	1	15
Making Cheese	1	20
Fly Fishing	1	20
Dried Herb Craft	1	10
Dog Rally	1	20
Archery	2	20
Valentine Cards (4 to 6 th)	1	10
Valentine Cards (7-12 th)	1	10
Sewing Goody Bag	1	10
Poultry Processing	1	30
Rabbit Agility	1	30
Community Service Quilt	1	20
Beading	1	29
Decoupage Pencil Holder	1	29
Tablesetting & Napkin folding	1	29
Silk Ribbon Embroidery	1	29
National Science Day	1	13
Junior Leader	1	12
Games at Tillamook	1	18
Cooking Classes	10	7
WORLD Governing Board	1	2
Ceramics	6	6
Weaving Classes	48	24
Quality Assurance	1	17
Fun and Furry	1	28
Sleek and Slimy	1	28
Pom Pom animals	1	28
Paper Plate Masks	1	28

Potato Heads	1	28
Recycling Jump ropes	1	28
Castration of Swine	1	55
Sheep Shearing	1	55
How a Dairy Farm Works	1	45
What to Look for in Judging Beef	1	55
Giving Injections to Swine	1	55
2010		
Record Book Workshop	4	189
Camp Counselor Interviews	1	13
Horse Grooming	1	20
Basic Dog Grooming	1	10
Egg Candling	1	20
Outdoor Survival Skills	1	20
Decorated Cupcakes	2	50
Valentine's Craft Cards	1	12
Dying Wool	1	20
Cat Workshop	1	15
Flower Arranging	2	50
Entomology	1	10
Archery	1	10
Rabbit Agility	2	20
Krumkake	1	15
Taking Livestock to Fair	1	15
Small Animal Care	1	30
Valentine Craft	1	30
Bird Baths	1	30
Yarn Craft	1	30
Ocean in a Bottle	1	30
Papermaking	1	22
Lucet Making	1	22
Corsage Making	1	22
Junior Leader	1	8
Challenge Games	1	20
Cooking Classes	6	11
Ceramics	6	6
Art classes	5	11
Glass Fusing	1	6
Debit/Credit Class	1	19
Interview Techniques	2	19
Passport to Success	2	8
Scholarships	1	9
Balancing your checkbook	2	5
Self Defense	1	19

2009

Record Book Workshop	1	20
Camp Counselor Interviews	1	13
Swedish Weaving	1	20
Horse Grooming	1	20
Baking a Lime Dessert	1	15
Crocheting	1	15
Market Poultry	1	15
Electricity	1	20
Cupcake Clinic	1	20
Tanning Rabbit hides	1	10
Dying Yarn	1	20
Mini Volcanoes	1	20
Goat Grooming	1	10
Yummy Stems and Roots	1	10
Mentos Experiment	1	40
Windsocks	1	40
Ceramics	1	40
Mosaics	1	40
Small Animal Care	1	40
Tie-Dye T-Shirts	1	23
Salsa Dance	1	23
How to Teach Games	1	20
Colors Personality	1	23
How to Present	3	20
Roles of a Junior Leader	3	20
4-H Opportunities	3	20
“Our Town” Art	5	12
Making Quesadillas	1	25
Healthy Snacks	2	25
Water Color Basics	2	25
Hand Sewing	2	25
Felted Soap	2	25
Mounting Photos	2	25

Padgett, M., Meshke, E., Englund, N., Sampson, D, J Lynn. (2009-2012). Record Book Workshop. Leaders and members. Astoria, OR, 13 hour, 237 participants. (facilitated and taught)

Lilley, L. & Padgett, M. (2009-2012) Camp Counselor Interviews, Teen Camp Counselors, Astoria, OR, 10 hours, 42 participants (facilitated)

Schumacher, A., Schumacher, M., Johnson, A., (2010-2012) Super Saturday Shotgun Session 4 hours, 40 participated

Smith, R., (2012) Super Saturday Sleek & Slimy Pets, 1 session, 30 min.,
29 participated
Wright, T., (2012) Super Saturday, Cookies in a Jar, 1 session, 30 min, 29 participated

Southworth, R., (2012) Super Saturday, Volcanoes, 1 session, 30 min, 29 participated

Ranta, H., Ranta, T., Wright, T., (2012) Super Saturday, Valentine Craft, 1 session, 30 min, 29 participated

Leadership Club Members, (2012) Super Saturday, Fun Time, Game Time 1 session, 1 hour , 10 participated

Leadership Club Members, (2012) Tillamook Super Saturday, Fun Time, Game Time 1 session, 1 hour, 15 participated

Jui Jitsu Academy (2012) Super Saturday, Jui Jitsu, 1 hour, 5 participated

Tennis, J., (2012) Super Saturday, Sea Turtles, 1 hour, 20 participated

Laman, G., Padgett, M., (2012) Super Saturday, Cooking Healthy Snack, 1 hour, 12 participated

Agalzoff, W., (2012) Super Saturday, Manure Management, 1 hour, 20 participated

Davis, W., (2012) Super Saturday, Pajaggle, 1.5 hour, 28 participated

Rogers, Michelle, (2012) Super Saturday, Turbo Kick-Boxing, 1 hour, 4 participated

Payton, M., (2012) Super Saturday, Fun French Cooking, 1 hour, 10 participants

Witich, A., (2012) Super Saturday, Learning Chess, 1 hour, 12 participants

Bergeron, D., Werst, K., (2012) Super Saturday, Archery, 2 hour, 20 participants

Leadership Club Members, (2012) Super Saturday, Wired for Wind, 1 hour, 8 participants

Strecker, K., (2012) Super Saturday, Hip Hop Abs, 1 hour, 4 participants

Kahl, K., (2012) Super Saturday, Goats Galore, 1 hour, 9 participants

Fuzie, M, (2012) Super Saturday, 4-H Dog Sport, 1 hour, 12 participants

Weber, C., (2012) Super Saturday, Swedish Weaving, 1 hour, 20 participants

Santee, M., (2012) Super Saturday, Horticulture/Gardening, 1 hour, 12 participants

Heiner, P., (2012) Spring Into Arts, Sewn Travel Tote, 1 hour, 14 participants

Lertora, R., (2012) Spring Into Arts, Hand Felting, 1 hour, 14 participants

Santee, M., (2012) Spring Into Arts, Photography, 1 hour, 14 participants

Padgett, M., (2012) Record Book Revamp, 30 min., 2 participants

Ya4-H Members (2012) Games in Portland with Snap Ed., 2 hours, 19 participants

Ya4-H Members (2012) Games at Wellness Fair.,4 hours, 123 participants

Tennis, Julie (2012) Whale (Day) Camp, 4 hours, 6 participants

Kahl, K., Ogier, A., Ogier, J. (2012) Quality Assurance, 2 hours, 30 participants

Kahl, K., (2012) Goat Workshop, 1 hour, 16 participants

Kahl, K. Ficken, J., Lertora, R., Sampson, J. (2012) Quality Assurance Workshop, 1.5 hour, 30 participants

Albrecht, K., Rasmussen, J., Ydstie, R., Nichols, R., Payton, M., Gooch, D., (2012) Cooking Classes, Astoria, OR, 15 hours, 16 participants

Parcher, R., (2012) Pottery, Astoria, OR, 9 hours, 14 participants

Delay, L., (2011) Tin Box Speakers, Astoria, OR, 1 hour, 15 participated

Leadership Club Members, (2011) Improv, Astoria, OR, 1 hour, 25 participated

Owenby, V., (2011) One Day Projects, Astoria, OR, 1 hour, 15 participated

Altieri, M., (2011) Making Cheese, Astoria, OR , 1 hour, 20 participants

Brause, H., (2011) Fly Fishing, Astoria, OR, 1 hour, 20 participated

Lynn, J., Lynn C., (2011) Dried Herb Craft, Astoria, OR, 1hour, 20 participated

Freeman, S., Lane, C., (2011) Dog Rally Obedience, Astoria, OR, 1 hour, 20 participated

Bergeron, J., Werst, K., (2011) Archery Workshop, Astoria, OR, 2 hours, 20 participated

Halverson J., (2011) Valentine Cards (4 to 6th), 1 hour, Astoria, OR, 10 participated

Halverson J., (2011) Valentine Cards (7-12th) Astoria, OR, 1 hour, 10 participated

Heiner, P., (2011) Sewing a small Goody Bag, Astoria, OR, 1 hour, 10 participated

Padgett, M., Padgett, W., (2011) Poultry Processing, Astoria, OR, 1 hour, 30 participants

Lynn, J., Lynn C., (2011) Rabbit Agility, Astoria, OR, 1 hour, 30 participants

Lacy, K., (2011) Community Service Quilt, Astoria, OR ,1 hour, 20 participants

Clark, Tim, (2011) Castration of Swine, 60 minutes, 55 participants

Kahl, Katherine (2011) Sheep Shearing, 60 minutes, 55 participants

Cowan, Melody and Marika; Tetlow, Lori (2011) Tour of a Dairy Farm, 90 minutes, 45 participants

Inman, Larry, (2011) What to Look for in Judging Beef, 60 minutes, 55 participants

Clark, Tim Sr., (2011) Giving Injections to Swine, 60 minutes, 55 participants

Rangilla, J. (2011) Spring Into Arts, Beading, Astoria, OR 2 hours, 29 participants (facilitated)

Halverson, J (2011) Spring into Arts, Decoupage Pencil Holder, Astoria, OR 2 hours, 29 participants (facilitated)

Carlson S., Heiner P., (2011) Spring into Arts, Tablesetting & Napkin folding, Astoria, OR , 2 hours, 29 participants

Hensley, W., (2011) Spring Into Arts, Silk Ribbon Embroidery, Astoria, OR , 2 hours, 29 participants

Leadership Club Members, (2011) National Science Day, 4-H20, Astoria, OR, 1.5 hours, 13 attended

Leadership Club Members (2011) Challenge and Icebreaker Games, Tillamook OR, 1 hour, 8 taught, 18 attended

Albrecht, K., Johnson, J. (2011) Cooking Classes, Seaside OR, 25 hours, 7 participated

Sampson, D., Lynn, Christy (2011) WORLD Governing Board-Time Management, Salem, OR, 10 hours, 2 taught, 40 participated

Mathre, E., (2011) Weaving Classes, Astoria, OR, 144 hours, 24 participated

Hunter, M., DiBartolomeo, L., Lertora, Rachel (2011) Quality Assurance, Astoria, OR, 1.5 hours, 17 participated

Smith, R., (2011) Fun and Furry Animals, Astoria, OR 30 minutes, 28 participated

Smith, R., (2011) Sleek and Slimy, Astoria, OR 30 minutes, 28 participated

Owenby, R., Owenby, V., (2011) Pom Pom Animals, Astoria, OR 30 minutes, 28 participated

Ranta, V., (2011) Paper Plate Masks, Astoria, OR 30 minutes, 28 participated

Samuelson, F., (2011) Recycled Jump Ropes, Astoria, OR 30 minutes, 28 participated

Ficken, T. (2009-2010) Cupcake Clinic, 4-H members, Astoria, OR, 3 hour, 110 participants (organized and taught)

Cowan, M. & Cowan, M. (2009-2010) Dying Yarn, 4-H members, Astoria, OR, 2 hour, 40 participants (organized and taught)

Geisler, L., (2009-2010) Horse Course/Grooming, 4-H members, Astoria, OR, 2 hour, 40 participants (organized and taught)

Owenby, R (2009-2010) Small Animal Care, 4-H members, Astoria, OR, 2 hours, 70 participants (organized and taught)

Padgett, M. (2009-2010) Tie-Dye, 4-H members, Astoria, OR, 2 hour, 55 participants (organized and taught)

Wright, T. (2009-2010) Mosaics, 4-H members, Astoria, OR, 2 hours, 72 participants (organized and taught)

Lane C., Schultz, T., (2010) Basic Dog Grooming, 4-H members, Astoria, OR, 1 hour, 10 participants (organized and taught).

Galvin, J., (2010) Egg candling, 4-H members, Astoria, OR 1 hour, 20 participants

Richards, R., Richards, J., (2010) Outdoor Survival Skills, Astoria, OR, 1 hour, 20 participants

Halvorson, J., (2010) Valentine Cards, Astoria, OR, 1 hour, 12 participants

Lynn J., Lynn, C., (2010) Cat Workshop, Astoria, OR, 1 hour, 15 participants

Paaso, K., Santee, M., (2010) Flower Arranging, Astoria, OR, 2 hours, 50 participants

Van Feldt, E., (2010) Entomology, Astoria, OR, 1 hour, 10 participants

Werst, K., Werst, H., Bergeron, J., (2010) Archery, Astoria, OR, 1 hour, 10 participants

Owenby, V., Pedraza, S., (2010) Rabbit Agility, Astoria, OR, 2 hours, 20 participants

Lacy, K., Sampson, D., (2010) Krumkake, Astoria, OR, 1 hour, 15 participants

Schmidt, P., (2010) Taking Livestock to Fair, Astoria, OR, 1 hour, 15 participants

Morinville, L., (2010) Bird Baths, Astoria, OR, 20 minutes, 30 participants

Ranta, V., (2010) Yarn Craft, Astoria, OR, 20 minutes 30 participants

Samuleson, F., (2010) Ocean in a Bottle, Astoria, OR, 20 minutes, 30 participants

Santee, M., (2010) Papermaking, Astoria, OR, 1 hour, 30 participants

Cowan, M., Cowan, M., (2010) Lucet making, Astoria, OR, 1 hour, 22 participants

Lacy, J., (2010) Corsage making, Astoria, OR, 1 hour, 22 participants

Leadership Club members, (2010) Junior Leader, Astoria, OR, 1 hour, 8 participants

Leadership Club members, (2010) Challenge Games, Astoria, OR, 1 hour, 20 participants

Albrecht, K., Johnson, J., Gooch, D., (2010) Cooking Classes, Astoria, OR, 15 hours, 11 participants

Parcher, R., (2010) Ceramics, Astoria, OR, 9 hours, 6 participants

Edwards, Y., (2010) Art Camp, Astoria, OR, 20 hours, 11 participants

Boyd, J., (2010) Glass Fusing, Astoria, OR, 3 hours, 6 participants

Gibson, R., (2010) Debit/Credit Class, Astoria, OR, 1.5 hours, 19 participants

Rudolph, J., (2010) Interview Skills, Astoria, OR, 1 hour, 19 participants

Cameron, G., (2010) Dress for Success, Astoria, OR, 1 hour, 8 participants

Jacobson, E., (2010) Balancing your checkbook, Astoria, OR, 1 hour, 5 participants

Sultmeir, S., (2010) Self Defense, Astoria, OR, 1.5 hour, 19 participants

Weber, C., (2009) Swedish Weaving, 4-H members, Astoria, OR, 1 hour, 20 participants (organized and taught)

Hensley, W., (2009) Baking a Lime Dessert, 4-H members, Astoria, OR, 1 hour, 15 participants (organized and taught)

Cowan, M., & Brair, J., & Nelson, J. (2009) Basic Crocheting, 4-H members, Astoria, OR, 1 hour, 15 participants (organized and taught)

Lacy, K., & Lacy J. (2009) Market Poultry Project, 4-H members, Astoria, OR, 1 hour, 15 participants (organized and taught)

Richards, R., (2009) Electricity, 4-H members, Astoria, OR, 1 hour, 20 participants (organized and taught)

Hoaglund, S. (2009) Tanning Rabbit Hides, 4-H members, Astoria, OR, 1 hour, 10 participants (organized and taught)

Southworth, R. (2009) Mini Volcanoes, 4-H members, Astoria, OR, 1 hour, 20 participants (organized and taught)

Owenby, S., (2009) Goat Grooming, 4-H members, Astoria, OR, 1 hour, 20 participants (organized and taught)

Jewell, J. (2009) Yummy Stems and Roots, 4-H members, Astoria, OR, 1 hour, 10 participants (organized and taught)

Allan, Stevie, (2009) Mentos & Coke Experiment, 4-H members, Astoria, OR, 1 hour, 40 participants (organized and taught)

Samuelson, F. (2009) Windsocks, 4-H members, Astoria, OR, 1 hour, 40 participants (organized and taught)

Hensley, W., (2009) Ceramics/Pottery, 4-H members, Astoria, OR, 1 hour, 40 participants (organized and taught)

Wright, T. (2009) Mosaics, 4-H members, Astoria, OR, 1 hour, 40 participants (organized and taught)

Owenby, R (2009) Small Animal Care, 4-H members, Astoria, OR, 1 hour, 40 participants (organized and taught)

Padgett, M. (2009) Tie-Dye, 4-H members, Astoria, OR, 1 hour, 23 participants (organized and taught)

Brause, H. (2009) Salsa Dancing, 4-H members, Astoria, OR, 1 hour, 23 participants (organized and taught)

Wirrkala, N., & Brause, M. & Mathre, M. (2009) How to Present, 4-H members, Astoria, OR, 1 hour, 23 participants (organized and taught)

Mathre, D., & Blair, J., & Carlson, N., (2009) Roles of a Junior Leader, 4-H members, Astoria, OR, 1 hour, 23 participants (organized and taught)

Meshke, E., & Padgett, A., & Agalzoff, N. (2009) 4-H Opportunities, 4-H members, Astoria, OR, 1 hour, 23 participants (organized and taught)

Edwards, Y. (2009) “Our Town Art”, 4-H members, Astoria, OR, 15 hour, 12 participants (organized and taught)

Olds, T., & Blair, J., (2009) Healthy Snacks, 4-H members, Astoria, OR, 1 hour, 25 participants (organized and taught)

Adams, B., (2009) Water Color Basics, 4-H members, Astoria, OR, 1 hour, 25 participants (organized and taught)

Heiner, P., (2009) Hand Sewing, 4-H members, Astoria, OR, 1 hour, 25 participants (organized and taught)

Moses, G., & Kahl, K., (2009) Felted Soap, 4-H members, Astoria, OR, 1 hour, 25 participants (organized and taught)

Paaso, K., (2009) Mounting Photos for Fair, 4-H members, Astoria, OR, 1 hour, 25 participants (organized and taught)

Administrative Leadership

(2009-2012) Supervise one Program Assistant

(2009-2012) Recruit, train, and supervise volunteers in the county 4-H Youth Development Program.

2012-159 leaders

2011-153 leaders

2010-194 volunteers

2009-158 volunteers

Public Information and Media

News Releases-Newspapers and Radio

Carlson., S. (2012) JCPenney Round Up; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) 4-H Fun Day; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson, S. (2012) Pumpkin Carving, Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, , Published daily and weekly, 124,400 readers.

Carlson., S. (2012) Member & Leader Recognition; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers.

Carlson., S. (2012) Camp Car Wash; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers.

Carlson., S. (2012) National 4-H Week; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers.

Carlson., S. (2012) Whale Camp; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers.

Carlson., S. (2011-2012) Vote for Clatsop County 4-H Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) Summer Slumber; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) 4-H Lock-In; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) Dog Seminar; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) WORLD Retreat; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) Pottery Classes; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) Local Food Drive; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) Clubs Looking for Members; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) Bingo Night; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers

Carlson., S. (2012) Pennies from Heaven; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) Classy Canines Dog Obedience Classes; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Published daily and weekly, 124,400 readers.

Sampson., J. (2012) Fitness Club; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Sampson., J. (2012) Summer Conference; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson., S. (2012) National Science Day Event-; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Sampson., J. (2012) National 4-H Week; Cannon Beach Gazette Chinook Observer; Clatskanie Chief; Coast River Business Journal; Columbia Press; 5 ; KMUN ; KTIL-KMBD ; North Coast Citizen ; Oregon Coast Today ; Seaside Signal ; Seaside Signal Admin ; The Daily Astorian ; Tillamook Shopper , 137,200

Carlson, S. (2011) Pumpkin Carving, Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Lock In, Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) National Science Day Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Classy Canine Adult Obedience Classes Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) JCPenneys , July Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Two Receive Honors Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today,Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Spring Dog Show Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Bingo Night Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Adult Dog Obedience Classes Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) National Science Day Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Coast Weekend, KMUN, New NW Broadcasaters, Seaside Signal, The Daily Astorian, Published daily and weekly, 79,600 readers.

Carlson, S. (2011) 4-H Farm Tour Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) Adult Dog Obedience Classes The Daily Astorian, Published daily and weekly, 8,000 readers.

Carlson, S. (2011) Youth Learn the Skill of Weaving The Daily Astorian, Published daily and weekly, 8,000 readers.

Carlson, S. (2011) Cooking and Art 4-H Club Forming Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Published daily and weekly, 137,800 readers.

Carlson, S. (2011) 4-H Club Donates Pet Oxygen Masks to Local Fire Department Cannon Beach Gazett Seaside Signal, The Daily Astorian, Published daily and weekly, 13,200 readers.

Carlson, S. (2011) Japanese Exchange The Daily Astorian, Published daily and weekly, 8,000 readers.

Carlson, S. (2011) Regional Leadership Retreat , Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal,

The Daily Astorian, Tillamook Shopper, Coast Weekend Published daily and weekly, 156,500 readers.

Carlson, S. (2011) Weaving Classes , Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Coast Weekend Published daily and weekly, 156,500 readers.

Carlson, S. (2011) Youth Enjoy Being Creative , Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Coast Weekend Published daily and weekly, 156,500 readers.

Carlson, S. (2011) Dog Club Training , Cannon Beach Gazett, Chinook Observer, Clatskanie Chief, Columbia Press, Headlight Herald, KCYS, KDEP, KMUN, KMBD, New NW Broadcasaters, North Coast Citizen, North Coast Oregon, Oregon Coast Today, Seaside Signal, The Daily Astorian, Tillamook Shopper, Coast Weekend Published daily and weekly, 156,500 readers.

Carlson, S. (2011) Teen Retreat, Seaside Signal, Hip Fish, Noth Coast Oregon, Columbia Press, Chinook Observer, Clatskanie Chief, Oregon Coast news, North Coast Citizen, Oregon Coast Today, The Daily Astorian, Coast Weekend Published daily and weekly, 45,810 readers.

Carlson, S. (2011) Volunteer and Business Recognized , Seaside Signal, Hip Fish, Noth Coast Oregon, Columbia Press, Chinook Observer, Clatskanie Chief, Oregon Coast news, North Coast Citizen, Oregon Coast Today, The Daily Astorian, Coast Weekend, Cannon Beach Gazette, Coast Radio, KAST, CAST105 Published daily and weekly, 128,710 readers/listeners.

Carlson, S. (2011) 4-H Ceramics Classes , Seaside Signal, Hip Fish, Noth Coast Oregon, Columbia Press, Chinook Observer, Clatskanie Chief, Oregon Coast news, North Coast Citizen, Oregon Coast Today, The Daily Astorian, Coast Weekend, Cannon Beach Gazette, Coast Radio, KAST, CAST105 Published daily and weekly, 128,710 readers/listeners.

Carlson S., (2010) 4-H Robotics Club seeking new members, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, KCYS, MNUN, New NW Broadcasters, Published daily and weekly, 343,300

Carlson, S., (2010) Youth Activate Oregon, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today, Tillamook Shopper, KCYS, MNUN, New NW Broadcasters, KDEP 105, KTIL-KMBD, Published daily and weekly, 403,300

Carlson, S., (2010) JC Penney Round-up, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, KCYS, MNUN, New NW Broadcasters, 375,300

Carlson, S., (2010) Youth Reach Out to Help Homeless Youth, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, KCYS, MNUN, New NW Broadcasters, 371,800

Carlson S., (2010) Summer Slumber Camp, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today, Tillamook Shopper, KCYS, MNUN, New NW Broadcasters, KDEP 105, KTEL-KMBD, Published daily and weekly, 382,100

Carlson S., (2010) Summer Art Camp, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, Chinook Observer, KCYS, MNUN, New NW Broadcasters, Published daily and weekly, 330,000

Carlson S., (2010) OSU Food Drive, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, KCYS, MNUN, New NW Broadcasters, Published daily and weekly, 350,100

Carlson S., (2010) Seaside Ceramics Class, Seaside Signal, Published weekly, 3,500

Carlson S., (2010) Summer Science Camp, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today, Tillamook Shopper, KCYS, MNUN, New NW Broadcasters, KDEP 105, KTEL-KMBD, Published daily and weekly, 382,100

Carlson S., (2010) Sewing and Art Clubs have Openings, Coast Weekend, Columbia Press, Elleda Wilson-Hip fish, North Coast Oregon, Seaside Signal, The Daily Astorian, KCYS, MNUN, New NW Broadcasters, 341,800

Carlson, S. (2009) Clubs Looking for Leaders, KMUN; New NW Broadcaster; Coast Weekend; Columbia Press; Hip Fish; Seaside Signal; The Daily Astorian, Published daily and weekly, 60,406 readers.

Carlson, S. (2009) Super Saturday After-Event, Coast Weekend; Columbia Press; Hip Fish; Seaside Signal; The Daily Astorian, Published daily and weekly, 15, 606 readers.

Carlson, S. (2009) Know Your State Government, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasters, Published daily and weekly, 51,406 readers.

Carlson, S. (2009) Food Drive, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasaters, Published daily and weekly, 60,406 readers.

Carlson, S. (2009) Lego Blocks Needed, Seaside Signal, Published weekly, 750 readers.

Carlson, S. (2009) After Food Drive, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, Published weekly and daily, 15,606 readers.

Carlson, S (2009) Presentations, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, Published weekly and daily, 15, 606 readers.

Carlson, S. (2009) Japanese Exchange, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasters, Published weekly and daily, 47,606 readers.

Carlson, S. (2009) JC Penney Roundup, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasters, Published weekly and daily, 47,606 readers.

Carlson, S., (2009) Dog Show, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, the Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today Tillamook shopper, KMUN, New NW Broadcasters, Published weekly and daily, 106,932 readers.

Carlson, S. (2009) 4-H Chili Feed Fundraiser, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, the Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today Tillamook shopper, KMUN, New NW Broadcasters, Published weekly and daily, 106,932 readers.

Carlson, S. (2009) Summer Camp Opportunities, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, the Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today Tillamook shopper, KMUN, New NW Broadcasters, Published weekly and daily, 106,932 readers.

Carlson, S. (2009) AKC Canine Good Citizen Dog Class, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasaters, Published daily and weekly, 60,406 readers.

Carlson, S., (2009) National Delegate, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, the Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today Tillamook shopper, KMUN, New NW Broadcasters, Published weekly and daily, 106,932 readers.

Carlson, S. (2009) Lock-In, Chinook Observer, Oregon Coast Today, Published weekly, 17,500 readers.

Carlson, S. (2009) Pumpkin Carving, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasaters, Published daily and weekly, 60,406 readers.

Carlson, S., (2009) Dog Agility Day, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, The Daily Astorian, KMUN, New NW Broadcasaters, Published daily and weekly, 60,406 readers.

Carlson, S. (2009) JC Penney Roundup, , Chinook Observer, The Daily Astorian, Seaside Signal, Published weekly and daily, 11,500 readers.

Carlson, S. (2009) Survivor Camp, Coast Weekend, Columbia Press, Hip Fish, Seaside Signal, the Daily Astorian, Cannon Beach Gazette, Chinook Observer, Clatskanie Chief, Headlight Herald, North Coast Citizen, Oregon Coast Today Tillamook shopper, KMUN, New NW Broadcasters, Published weekly and daily, 106,932 readers.

The following is a summary by topic of the articles that were Press Releases:

Program Area	Number of Articles
4-H Events Notices	37
4-H Youth Development	18
4-H Leader Development	4

Facebook

2010-2011 13,038 hits May-November (supervise only)

10/2011-12/4/2012 45,451 Facebook Total Impressions (supervise only)

Google Analytics

2012 All Visits 4603, New Visits 1809

TV or Radio

4-H Cooking Club, (July 2011), Seaside After School Cooking Club with FIRST STEP, 6 minutes, Oregon Fox 12 & Alaska Airlines, 100,000 viewers

Carlson, S. (Guest with Cyndi Mudge) (April, 2011), Young Entrepreneurs, KMUN, 30 minutes, Astoria, OR 2,000 listeners.

Carlson, S., (Guest with 4-H youth), (March 3, 2010), 4-H in Action!, New NW Broadcasters, 1 hour, Astoria, OR 32,000 listeners.

Carlson, S. (Guest with Cyndi Mudge) (August 20, 2010), Young Entrepreneurs, KMUN, 30 minutes, Astoria, OR 2,000 listeners.

Carlson, S. (Guest with Cyndi Mudge) (Jan 19, 2009), Young Entrepreneurs, New NW Broadcasters, 1 hour, Astoria, OR 32,000 listeners.

Special Assigned Project

(2012) Senior Advisor for a 12th Grader's senior project: helping her with 20 hours of community service.

(2011) Senior Advisor for a 12th Grader's senior "Pacifica" project: helping her with 50 hours of community service.

(2008-2012) Clatsop County Coordinator of the OSU Extension Food Drive in Feb., Third Place Off-Campus winners for many years

(2010) Senior Advisor for two 12th Graders for their senior project. Duties included: helping them organize, plan, and prepare supplies for the 4-H Lock In.

(2009) Senior Advisor for 12th Grader student on his senior project. Duties included: helping him organize, plan, and prepare supplies for the Junior Leader Retreat. He was the coordinator of the event with other teens helping as well.

(2009-2012) Advisor to the Clatsop County Leaders Association. Advisor to the following programs: Building of new "Chicken Coop" food booth; Awards and Recognition ceremony guidelines; Record Book Score Sheet; Chili Feed/Auction Fundraiser, Special Fair Awards, Scholarships, Budget committee, Nominating committee.

C. Scholarship & Creative Activity

Presentations at Professional Meeting/Conferences

National (2)

National Association of Extension 4-H Agents (NAE4-HA) Conference

The National Association of Extension 4-H Agents (NAE4-HA) is an internationally recognized association of over 3,500 professional youth development educators. The NAE4-HA Conference is the premier for dissemination of innovation among 4-H Youth Development faculty nationwide. Between 900-1200 youth educators attend this conference annually.

Abstracts for poster, seminar or research presentations are evaluated through a double-blind, national peer-refereed process. Acceptance rate for abstracts ranges from 40-50 percent.

Youth in Governance Task Force (2011) Poster Session at NAE4-HA in Nebraska. (Helped man the booth one day)

Carlson, S., Peters, J. (2010) Ages & Stages and Camper Behavior Management. NEA4-HA, Phoenix Arizona ,1.5 hour, 39 participants. Peer reviewed, invited presenter.

Other National Professional Conferences

Carlson, S., Peters, J. (2010) Ages & Stages and Camper Behavior Management. National Camping Institute, Salem, OR ,1.5 hour, 8 participants. Peer reviewed, invited presenter.

Regional (1)

(2/2009) Las Vegas, Western 4-H Institute, Invited Poster Presentation on Leadership Club-Retaining Older Youth.

State (7)

Spring 4-H Staff Development Conference

The Oregon State University Extension Association 4-H Affiliate (OSUEA4-HA) hosts seminar and poster presentations to feature outstanding programming and research at each State Spring 4-H Staff Development Conference.

Carlson, S., Albretch, K., Johnson., J. (2011) A Healthy Collaboration! Roundtable Session, Seaside, OR (40%, 40%, 20%)

Carlson, S., Peters, J. (2010), Record Book Workshop, Wilsonville, Oregon, 1.5 hour, 20, seminar presentation. The percentage was 50/50.

Carlson, S., Peters, J. (2010), Poster Presentation on Traveling Camps, Wilsonville, Oregon.

Carlson, S., (2010) Poster on Lego Robotics, Wilsonville, Oregon.

Carlson, S., Peters, J. (2009), Flash Judgments, Kah-neeta, OR, 1.5 hour, 20, seminar presentation. The percentage was 50/50.

Other State Teaching

Carlson, S., Sampson (2009-2011) Swedish Weaving, Corvallis, OR., Summer Conference, 4.5 hours, 40 participants. The percentage was 50/50.

Carlson, S., Sampson, J. (2009-2010) Swedish Weaving, Corvallis, OR., Summer Conference, 3 hours, 62 participants.

Other Professional Development

2012

- How to Write a Successful NAE4-HA Seminar Proposal, 12/7/2011
- I helped coordinate and run the WORLD retreat with Pamela Rose and Melanie McCabe.
- Peer Reviewed Committee member for the Western Regional Leaders Forum
- Youth in Governance Committee Member, NEA4-HA
- Manned the Youth in Governance Committee poster at NEA4-HA Conference
- Shotgun Project Webinar, February, 2012
- 4-H/FCH Spring Conference, 2012
- Volunteer Risk Management, Marilyn Lesmeister
- Outreach to Underserved Audiences, Mario Magana and Lynn Steele
- Getting to Know Your College
- Tying the Design of your Camp Staff Training to the Delivery of Desired Outcomes, Virginia Bourdeau
- Talking Safety, Laurel Kincl
- Grant Writing Tips for Local Community Grants, Dan Hoynacki
- Starting Off on the Right Foot-New 4-H Family Orientation, Jamie Davis

Spring Extension Training, 2012

- Cayuse
- Joy is Not a Four Letter Word
- Understanding Conflict and Moving to Resolution
- Outreach for Underserved Audiences
- Outlook and One Note
- Drupal Mania #2
- Impact Statements
- Open Discussion

Creating Powerful Impact Statements, April 2012

Bee Sting Training...Epinephrine Certification Class

The Respectful Workplace, Clatsop County, April, 2012

Science Webinar, April, 2012

National webinar on Entrepreneurship Resources, May, 2012

4-H/FCH Public Health Extension Webinar, June 2012

Cayuse Webinar, June 2012

Ethics Training, Clatsop County, June 2012

Bullying Resource Review Webinar, July, 2012

Various Monthly Meet-ups-Yearly

NAE4-HA Locating Studies for Program Development, Grant Writing and Further Research, Aug. 2012

Let's Talk! How to Provide Effective Performance Feedback, August 2012

Google Analytics Webinar, September, 2102

Foods and Nutrition and Food Preservation Volunteer and Judges Workshop, October, 2012

DVD—Dealing with Conflict and Confrontation (listen to in my car) Helga Rhodes, CareerTrack, 2012

DVD—21 Ways to Defuse Anger and Calm People Down, (listen to in my car) Michael Staver, 2012

2011

- Monthly Meet-ups
- 2011-attended 6
- 4-H Evaluation Series: Session One, Mary Arnold
- Creating Positive Youth Outcomes for Camp, Webinar, Virginia Bourdeau
- Advancing Positive Youth Development through Advocacy and Policy
- Let's Move Campaign
- State Camp Evaluation Webinar
- Spring Extension Training, Pachyderm, Civil Right, Internal Controls, OSU Marketplace
- NEA4-HA Conference in Nebraska
- Creating Positive Outcomes for Camp Webinar
- State Camp Evaluation Webinar
- Food Handlers Training
- First Aid Training
- Spring Extension Training
 - Civil Rights
 - Packyderm
 - Internal Controls
 - OSU Market Place

2010

- Monthly Meet-ups
 - 2010-attended 8
- Everybody Ready, Pitfall and Obstacles, 1/16/2010
- SOARS Training, January, 2010
- Essential Elements Training, 3/4/10
- Japanese Exchange Weekend Training, March 2010

2009

- IRB Update, 11/9/2009
- Horse Study Update, 12/10/2009
- Balancing Rigor and Reality, 12/11/2009

Grants & Contracts

Grants & Contracts Summary

(2012) Youth Enhancement-Weaving	\$500.00	Did not receive
(2012) Oregon Community Foundation	\$8000.00	Did not receive
(2012) United Health Care (Fitness Project)	\$1000.00	Did not receive
(2011) Fitness Project	\$2000.00	
(2010) Seaside After-School Program	\$ 990.00	
(2009) Young Entrepreneur	\$2000.00	

(2009) Lego Club	\$1360.00
(2009) Youth Enhancement Grant (Lego)	\$ 400.00
(2009) Wild West Camp	\$1000.00
 Total Grants	 \$7,750.00

Carlson, S., Mathre, P. (2012) After School Weaving Program , Youth Enhancement Fund, \$500. Not Funded

Carlson, S., Padgett, M. (2012) Clatsop County Fitness Project , Oregon community Foundation, \$8000. Not Funded

Carlson, S., Padgett, M. (2012) Clatsop County Fitness Project , United Health Care Grant for Fitness Club, \$1000. Not Funded

Carlson S., (2011) Seaside After School Cooking Classes, Kiwanas Grant, \$1000. Pending

Carlson, S., Padgett, M. (2011) Clatsop County Fitness Project , Healthy People 2020 community Innovations project, \$5000. Pending

Carlson.S., Padgett, M., Clatsop County Fitness Project, American Legion Child Welfare Foundation, \$5000. Did not receive.

Carlson S., Lego Club, Oregon 4-H Foundation, \$580.0. Not Funded.

Carlson, S., (2011) Clatsop County Fitness Project, Oregon 4-H Foundation, \$2000, funded.

Carlson, S., (2010) Seaside 4-H After School Program, OSUEA4-H Programs Committee. Not Funded.

Carlson, S., (2010) Seaside 4-H After School Program, Oregon 4-H Foundation, \$990. Funded.

Carlson S., (2009) Lego Club, Youth Enhancement Grant, OSUEA4-H Programs Committee, \$400. Funded.

Carlson S., (2009) Young Entrepreneur's Program, Oregon 4-H Foundation, \$2000. Funded.

Carlson S., (2009) Clatsop County LEGO Club, Oregon 4-H Foundation, \$1360. Funded.

Carlson, S., Knutz, M., (2009) Wild West Camp, Stonewall Andrew Jackson and Gillici F. Jackson 4-H camp Scholarship Grant (Oregon 4-H Foundation), \$1000. Funded.

D. Service

Year	Committee Assignment	Involvement
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Service to the Profession

National/Regional

2011	Youth In Governace Task Force	Member
2011	Ask an Expert—SET	Member
2010	NCI Tour Committee	Member
2009-2011	National Association of Extension 4-H Agents	Member
2009-2011	Oregon State University Extension Association	Member
2009	National Camping Institute (NCI) Proposal Review Committee	Member

State

2012	OSUEA4-HA Peer Review Committee	Member
2012	Summer Conference	Chaperone
2012	Clatsop County Extension Food Drive	Coordinator
2012	State Recognition Committee	Member
2012	OSUEA Board	Member
2012	OSUEA Professional Development Committee, Proposal Review member	Member
2012	OSUEA Esprit de Corps Bowling	Co-Chair
2012	WORLD Committee	Co-Chair
2012	Ask an Expert—SET	Member

2011	State Recognition Committee	Member
2011	WORLD Committee	Member
2011	Staff Development Proposal Review Committee	Member
2011	Focus Group for OCHO	Member
2011	Bus Chaperone to Summer Conference	Chaperone
2010	Spring Staff Development Proposal Review Team	Member
2009	Spring Staff Development Proposal Review Team	Member
2009	Bus Chaperone to Summer Conference	Chaperone

Service to Public (Non-Professionally Related)

2010	FFA Presentation	Judge
2010-2008	Migrant Program,	President

E. Awards

National and International Awards

2012: States' 4-H International Exchange Programs—Extraordinary Quality Program. Presented by the national Board in recognition of extraordinary quality in all international exchange/world citizenship programs (one of four states receiving this award). Team award to Larwood, L., Green, J., Bothum, C., Withee, S., Wells, E., Livesay, M., Knutz, M., Carlson, S., Kershaw, N., Busler, S., Smith, J., Smith, C., Hein, W., Willis, P., Middleston T., & nineteen volunteers. Framed Certificate.

2011: States' 4-H International Exchange Programs—Extraordinary Quality Program. Presented by the national Board in recognition of extraordinary quality in all international exchange/world citizenship programs (one of seven states receiving this award). Team award to Larwood, L., Green, J., Bothum, C., Withee, S., Wells, E., Livesay, M., Knutz, M., Carlson, S., Kershaw, N., Busler, S., Smith, J., Delaney, G., Smith, C. & seventeen volunteers. Framed Certificate.

2009: States' 4-H International Exchange Programs—Outstanding Quality Programs. Presented by the national committee in recognition of outstanding quality in all international exchange/world citizenship programs (one of six states receiving this award). (Team award to Larwood, L., Livesay, M., Wells, E., Withee, S., Carlson, S., Smith, J., Peters, J., Green, J., Waggoner, C., Cowan, J., Hohman, T., Manlove, A., McPeak, K., Rose, P., Hoynacki, D., Kershaw, N., Schreiber, D., Knutz, M., and fourteen 4-H volunteer county coordinators). Framed Certificate.

State and Regional Awards

2011: Oregon State University Extensions Association (OSUEA4-H) Distinguished Service Award, 7+ Years.

2010: Oregon State University Extensions Association (OSUEA4-H) Excellence in 4-H Club Support Award for Leadership Club

2007: OSU Extension Epsilon Sigma Phi-Meritorious Support Service
(Epsilon Sigma Phi (ESP) is the national association of over 3,200 Extension educators from all program areas. ESP is dedicated to fostering standards of excellence in the Extension System and developing the Extension profession and professional. The ESP Conference is the venue for dissemination of innovative programming among Extension faculty and faculty emeritus nationwide. Between 300-500 educators attend this conference annually.)

Other

2008: Clatsop County Outstanding 4-H Leader Award

