Kapiolani Community College
Term by Term Flow Chart
The undergraduate Nutrition (BS) program at Oregon State University focuses on the role of diet and nutrition in human health. Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices. The future demand for food, nutrition and dietetics professionals is strong. The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.

**Dietetics**
Oregon State University offers an Academy of Nutrition and Dietetics (AND) Accredited Didactic Program in Dietetics (DPD) that includes all of the required education to result in an internship eligible student.

**Health Sciences**
If you are interested in studying the scientific basis of nutrition for a career in medicine and the health sciences or in nutrition science research, with a focus on the prevention of chronic disease, consider this option.

**Foodservice Systems**
The Nutrition and Foodservice Systems option will prepare you for a professional career directing foodservice operations that focus on serving healthy menu options and using local ingredients. Foodservice opportunities exist in both non-commercial operations including schools, universities and healthcare as well as others in the retail environment; all are striving to meet the consumer demand for healthier food options.

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**Important Notes and Contacts:**
- Students do not have to complete a transfer degree to transfer to OSU. Following the sample two-year plan can help ease the transfer.
- The Foodservice Systems option includes coursework taken in the Culinary Arts program at Linn-Benton CC.
- Preparing to apply to OSU? See admissions info: [http://oregonstate.edu/admissions/transfer.html](http://oregonstate.edu/admissions/transfer.html)
- Want to take classes at both OSU and an Oregon Community College? Check out the Degree Partnership Program: [http://oregonstate.edu/partnerships/students](http://oregonstate.edu/partnerships/students)

**Academic Advising**
Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. See your community college advisor first, and use this Transfer Guide to help you plan. Consider visiting OSU to take a campus tour and meet with an advisor. See [http://oregonstate.edu/visitosu/tour](http://oregonstate.edu/visitosu/tour) to schedule your personalized visit.

**Kapiolani Community College**
[https://www.kapiolani.hawaii.edu/counseling-directory/](https://www.kapiolani.hawaii.edu/counseling-directory/)

**OSU College of Public Health and Human Sciences**
541.737.8900
Your Bachelor’s Degree at OSU

- A minimum of 180 credits are required for graduation.
- 60 of the 180 credits must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor’s degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- See OSU Catalog for a list of courses required for your major and option: [http://catalog.oregonstate.edu/DegreeSearcher.aspx?formstate=undermajors](http://catalog.oregonstate.edu/DegreeSearcher.aspx?formstate=undermajors)

General Education Courses (also called Baccalaureate Core)

**SKILLS COURSES**

<table>
<thead>
<tr>
<th>Course</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Math</td>
<td>Completed as part of major. Required to transfer.</td>
</tr>
<tr>
<td>Writing I</td>
<td>ENG 100 - Required to transfer.</td>
</tr>
<tr>
<td>Writing II</td>
<td>ENG 200</td>
</tr>
<tr>
<td>Speech</td>
<td>SP 251, or more options at OSU</td>
</tr>
<tr>
<td>Fitness</td>
<td>ESS 100</td>
</tr>
</tbody>
</table>

**PERSPECTIVES COURSES**

<table>
<thead>
<tr>
<th>Course</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cultural Diversity</td>
<td>Completed as part of major (HPHB)</td>
</tr>
<tr>
<td>Literature &amp; the Arts</td>
<td>Many options, see transfer guide* (HMP)</td>
</tr>
<tr>
<td>Social Process &amp; Institutions</td>
<td>Many options, see transfer guide*</td>
</tr>
<tr>
<td>Western Culture</td>
<td>Completed as part of major</td>
</tr>
<tr>
<td>Biological Science</td>
<td>Many options, see transfer guide*</td>
</tr>
<tr>
<td>Physical Science</td>
<td>Completed as part of major</td>
</tr>
<tr>
<td>2nd Bio. or Phys. Science</td>
<td>Many options, see transfer guide*</td>
</tr>
</tbody>
</table>

**DPD COURSE**

<table>
<thead>
<tr>
<th>Course</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Difference, Power, &amp; Discrimination</td>
<td>Many options, see transfer guide*</td>
</tr>
</tbody>
</table>

**SYNTHESIS COURSES**

<table>
<thead>
<tr>
<th>Course</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contemporary Global Issues Science</td>
<td>Upper division course, take at OSU</td>
</tr>
<tr>
<td>Technology &amp; Society</td>
<td>Upper division course, take at OSU</td>
</tr>
</tbody>
</table>

- Complete one course in each Perspectives category with no more than two in the same department.
- The Oregon AAOT satisfies all lower division requirements of the Baccalaureate Core (all but Synthesis Courses*).
- The College of Public Health and Human Sciences allows courses to double count between your major and the Baccalaureate Core.
- See Baccalaureate Core transfer guide* for specific community college courses meeting these requirements: [http://oregonstate.edu/admissions/main/baccalaureate-core-course-equivalencies](http://oregonstate.edu/admissions/main/baccalaureate-core-course-equivalencies)
**Kapiolani Community College**
**NUTR – Pre-Dietetics Option**

**Year 1**

**Fall**
- ENG 100: Composition I (3)
- Western Culture*
- Difference, Power & Discrimination*
- ESS 100

**Winter**
- MTH (next course in the sequence if needed)
- ESS 100: Intro Wellness and Fitness (3)
- Cultural Diversity*
- Literature & Arts *

**Spring**
- MTH (next course in the sequence if needed)
- Writing II*
- SP 241 Principle of effective speaking(3)
- Science, Tech, and Society

**Summer**
- Complete CH series if not completed by spring
- Pre-Dietetics option needs to complete MTH 103

**To do this Term:**
- Apply for Degree Partnership Program with OSU

**Transferable Math Sequence**
- MATH 103: Fundamentals of College Algebra
- MATH 135: Pre-Cal: Elem Functions

**Remedial Math Sequence**
- These classes cannot be transferred to OSU for credit.
- MATH 100: Survey of Math
- MATH 111: Math for Elem Teachers
- MATH 112: Math Elem Teachers II
- MATH 140: Trig+ Analy Geometry

**Minimum Grade Requirements**
- NUTR majors must earn a C- or higher in all courses required for major
- Students will need overall GPA of 3.0 in both Pre-req courses (+) and cumulative GPA (TR and OSU) to be eligible for Dietetics program

**To do this Term:**
- Complete FAFSA (February deadline)
- Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for START

**To do this Term:**
- Attend Transfer START

***Because KCC does not offer the required Chemistry sequence, students will have to complete CH 121-123 at OSU before applying to the Didactic Program.***

For a list of transferrable courses, go to: [http://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college-osu-sort](http://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college-osu-sort)

For more information on placement tests, visit: [https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/](https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/)
Kapiolani Community College
Nutrition – NUTR & Health Science Option

Year 1

Fall
ENG 100: Composition I
Western Culture*

Winter
MTH (next course in the sequence if needed)
Literature & Arts *
Physical or Bio Science

Spring
MTH (next course in the sequence if needed)
SP 251: Prin of Effective Speaking
PSY 201: General Psychology (4)

Summer
This is an ideal time to boost your math credits. You’ll need to get up to MTH 135 for NHS

Year 2

Fall
Difference, Power & Discrimination*
ESS 100
Contemp Global Issues

Winter
Writing II*
Social Processes and Institutions
Electives

Spring
Writing Intensive Course
Science, Tech, and Society

Summer
To do this term:
Attend Transfer START

Transferable Math Sequence
MATH 103: Fundamentals of College Algebra
MATH 135: Pre-Cal: Elem Functions

Remedial Math Sequence
These classes cannot be transferred to OSU for credit.
MATH 100: Survey of Math
MATH 111: Math for Elem Teachers
MATH 112: Math Elem Teachers II
MATH 140: Trig+ Analy Geometry

Minimum Grade Requirements
- NUTR majors must earn a C- or higher in all courses required for major
- NUTR majors are not allowed more than two attempts in courses required for major

*Bacc Core Courses
For a list of transferrable courses, go to:
https://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college

^Placement Test Information
For more information on placement tests, visit:
https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/
Kapiolani Community College
Nutrition – NUTR & Food Service Systems Option

**Year 1**

**Fall**
- ENG 100: Composition 1
- Science, Tech, and Society
- MTH (based on level tested into)*

**Winter**
- Cultural Diversity*
- MTH (next course in the sequence)
- Physical or Biological Science*
- Social Processes and Institutions

**Spring**
- Western Culture*
- SP 251: Prin of Effective Speaking
- Difference, Power & Discrimination*
- Contemp Global Issues

**Summer**
- This is an ideal time to finish your math credits. You’ll need to get up to MTH 135 for this option.

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**Fall**
- *** this is the year students should attend Linn Benton Community College’s culinary program***
  - CA 101: Culinary Arts Practicum I (7)
  - CA 111: Food service Safety & Sanitation (1)
  - CA 112: Stations, Tools, & Culinary Techniques (3)

**Winter**
- CA 102: Culinary Arts Practicum II (8)
- EC 201: Intro to Microeconomics  (4) [All]

**Spring**
- CA 103: Culinary Arts Practicum III (8)
- CA 201: Culinary Arts Career Planning (1) [Sp]
- EC 202: Intro to Macroeconomics (4) [All]

**Summer**
- To do this term: Attend Transfer START (even if attending LBCC Culinary program next year)

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**Transferable Math Sequence**
- MATH 103: Fundamentals of College Algebra
- MATH 135: Pre-Calc: Elem Functions

**Remedial Math Sequence**
- These classes cannot be transferred to OSU for credit.
  - MATH 100: Survey of Math
  - MATH 111: Math for Elem Teachers
  - MATH 112: Math Elem Teachers II
  - MATH 140: Trig+ Analy Geometry

**Minimum Grade Requirements**
- NUTR majors must earn a C- or higher in all courses required for major
- NUTR majors are not allowed more than two attempts in courses required for major

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**^ Placement Test Information**
For more information on placement tests, visit: https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/

*** Bacc Core Courses**
For a list of transferrable courses, go to: https://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college

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**To do this term:**
- **If planning to attend LBCC’s culinary program next year, be sure to add it to your DPP with OSU (Nov. – Dec.)
- Complete Intent to Enroll form  OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for OSU START if you’ll be attending LBCC next year
- Attend Transfer START (even if attending LBCC Culinary program next year)
- Attend Transfer START (if you did not already last summer)