

# NUTRITION MAJORS

Transfer guide



## Kapiolani Community College Term by Term Flow Chart



**Oregon State University**  
College of Public Health  
and Human Sciences

*Updated Jan 2018*

# OSU Nutrition

## Kapiolani Community College Transfer Guide

*The undergraduate Nutrition (BS) program at Oregon State University focuses on the role of diet and nutrition in human health. Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices. The future demand for food, nutrition and dietetics professionals is strong. The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.*

### Dietetics

Oregon State University offers an Academy of Nutrition and Dietetics (AND) Accredited Didactic Program in Dietetics (DPD) that includes all of the required education to result in an internship eligible student.

### Health Sciences

If you are interested in studying the scientific basis of nutrition for a career in medicine and the health sciences or in nutrition science research, with a focus on the prevention of chronic disease, consider this option.

### Foodservice Systems

The Nutrition and Foodservice Systems option will prepare you for a professional career directing foodservice operations that focus on serving healthy menu options and using local ingredients. Foodservice opportunities exist in both non-commercial operations including schools, universities and healthcare as well as others in the retail environment; all are striving to meet the consumer demand for healthier food options.

## Important Notes and Contacts:

- Students do not have to complete a transfer degree to transfer to OSU. Following the sample two-year plan can help ease the transfer.
- The Foodservice Systems option includes coursework taken in the Culinary Arts program at Linn-Benton CC.
- Preparing to apply to OSU? See admissions info: <http://oregonstate.edu/admissions/transfer.html>
- Want to take classes at both OSU and an Oregon Community College? Check out the Degree Partnership Program: <http://oregonstate.edu/partnerships/students>

## Academic Advising

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first, and use this Transfer Guide to help you plan.** Consider visiting OSU to take a campus tour and meet with an advisor. See <http://oregonstate.edu/visitosu/tour> to schedule your personalized visit.

### Kapiolani Community College

<https://www.kapiolani.hawaii.edu/counseling-directory/>

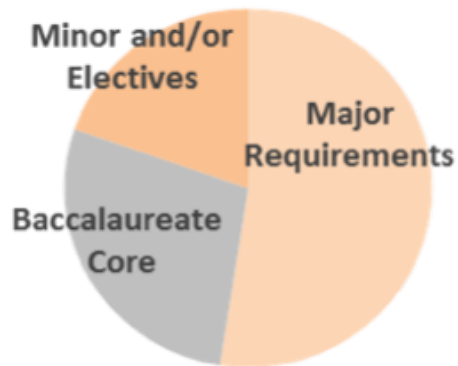
### OSU College of Public Health and Human Sciences

541.737.8900

# OSU Nutrition

## Kapiolani Community College Transfer Guide

### Your Bachelor's Degree at OSU



- A minimum of 180 credits are required for graduation.
- 60 of the 180 credits must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- See OSU Catalog for a list of courses required for your major and option: <http://catalog.oregonstate.edu/DegreeSearcher.aspx?formstate=undermajors>

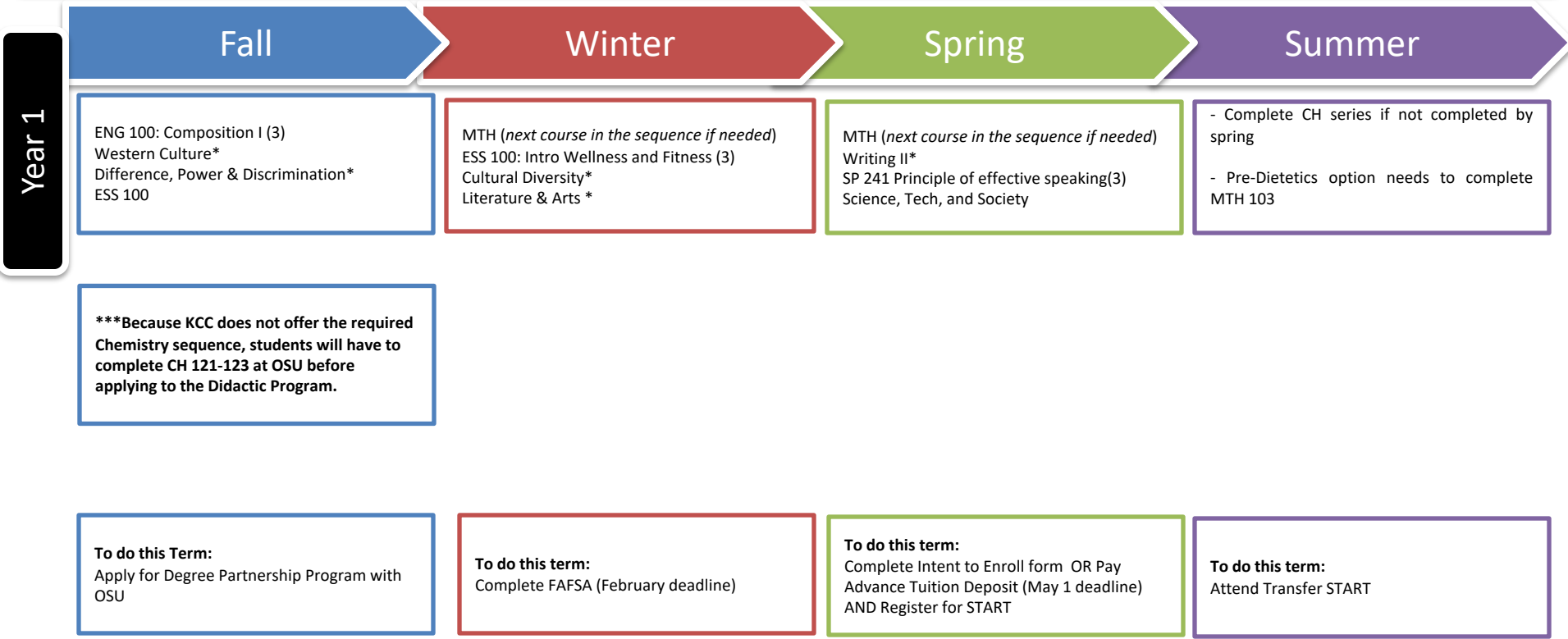
### General Education Courses (also called Baccalaureate Core)

- Complete one course in each Perspectives category with no more than two in the same department.
- The Oregon AAOT satisfies all lower division requirements of the Baccalaureate Core (all but Synthesis Courses\*).
- The College of Public Health and Human Sciences allows courses to double count between your major and the Baccalaureate Core.
- See Baccalaureate Core transfer guide\* for specific community college courses meeting these requirements:

<http://oregonstate.edu/admissions/main/baccalaureate-core-course-equivalencies>

<b>SKILLS COURSES</b>	Math	Completed as part of major. Required to transfer.
	Writing I	ENG 100 - Required to transfer.
	Writing II	ENG 200
	Speech	SP 251, or more options at OSU
	Fitness	ESS 100
<b>PERSPECTIVES COURSES</b>	Cultural Diversity	Completed as part of major (HPHB)
	Literature & the Arts	Many options, see transfer guide* (HMP)
	Social Process & Institutions	Many options, see transfer guide*
	Western Culture	Completed as part of major
	Biological Science	Many options, see transfer guide*
	Physical Science	Completed as part of major
<b>DPD COURSE</b>	2 <sup>nd</sup> Bio. or Phys. Science	Many options, see transfer guide*
	Difference, Power, & Discrimination	Many options, see transfer guide*
<b>SYNTHESIS COURSES*</b>	Contemporary Global Issues	Upper division course, take at OSU
	Science, Technology, & Society	Upper division course, take at OSU

# Kapiolani Community College NUTR – Pre-Dietetics Option



### Transferable Math Sequence

MATH 103: Fundamentals of College Algebra  
MATH 135: Pre-Calc: Elem Functions

### Remedial Math Sequence

These classes cannot be transferred to OSU for credit.

MATH 100: Survey of Math  
MATH 111: Math for Elem Teachers  
MATH 112: Math Elem Teachers II  
MATH 140: Trig+ Analy Geometry

### Minimum Grade Requirements

- NUTR majors must earn a C- or higher in all courses required for major
- Students will need overall GPA of 3.0 in both Pre-req courses (+) and cumulative GPA (TR and OSU) to be eligible for Dietetics program

### \* Bacc Core Courses

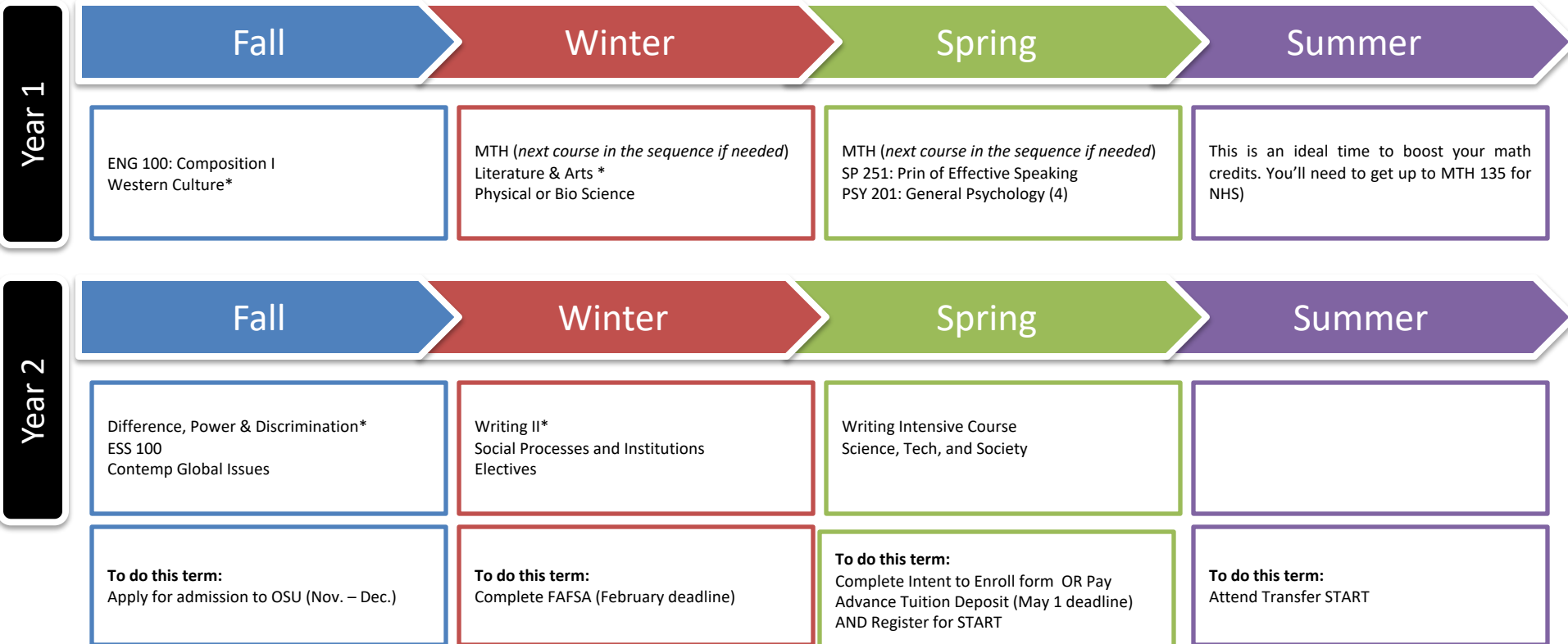
For a list of transferrable courses, go to:  
<http://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college-osu-sort>

### ^ Placement Test Information

For more information on placement tests, visit:  
<https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/>

# Kapiolani Community College

## Nutrition – NUTR & Health Science Option



### Transferable Math Sequence

### Remedial Math Sequence

### Minimum Grade Requirements

### \* Bacc Core Courses

MATH 103: Fundamentals of College Algebra  
MATH 135: Pre-Calc: Elem Functions

These classes cannot be transferred to OSU for credit.

MATH 100: Survey of Math  
MATH 111: Math for Elem Teachers  
MATH 112: Math Elem Teachers II  
MATH 140: Trig+ Analy Geometry

- NUTR majors must earn a C- or higher in all courses required for major

- NUTR majors are not allowed more than two attempts in courses required for major

For a list of transferrable courses, go to:  
<https://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college>

### ^ Placement Test Information

For more information on placement tests, visit:  
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# Kapiolani Community College

## Nutrition – NUTR & Food Service Systems Option

	Fall	Winter	Spring	Summer	
Year 1	<p>ENG 100: Composition 1 Science, Tech, and Society MTH (based on level tested into)^</p>	<p>Cultural Diversity* MTH (next course in the sequence) Physical or Biological Science* Social Processes and Institutions</p>	<p>Western Culture* SP 251: Prin of Effective Speaking Difference, Power &amp; Discrimination* Contemp Global Issues</p>	<p>This is an ideal time to finish your math credits. You'll need to get up to MTH 135 for this option.</p>	
	<p><b>To do this term:</b> **If planning to attend LBCC's culinary program next year, be sure to add it to your DPP with OSU (Nov. – Dec.)</p>	<p><b>To do this term:</b> Complete FAFSA (February deadline)</p>	<p><b>To do this term:</b> Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for OSU START if you'll be attending LBCC next year</p>	<p><b>To do this term:</b> Attend Transfer START (even if attending LBCC Culinary program next year)</p>	
Year 2	<p>*** this is the year students should attend Linn Benton Community College's Culinary program*** CA 101: Culinary Arts Practicum I (7) CA 111: Food service Safety &amp; Sanitation (1) CA 112: Stations, Tools, &amp; Culinary Techniques (3)</p>	<p>CA 102: Culinary Arts Practicum II (8) EC 201: Intro to Microeconomics (4) [All]</p>	<p>CA 103: Culinary Arts Practicum III (8) CA 201: Culinary Arts Career Planning (1) [Sp] EC 202: Intro to Macroeconomics (4) [All]</p> <p>*Be sure to meet with OSU Advisor to plan and register for OSU classes if you attended START last summer</p>	<p><b>To do this term:</b> Attend Transfer START (if you did not already last summer)</p>	
Transferable Math Sequence		Remedial Math Sequence		Minimum Grade Requirements	
<p>MATH 103: Fundamentals of College Algebra MATH 135: Pre-Calc: Elem Functions</p>		<p>These classes cannot be transferred to OSU for credit.</p> <p>MATH 100: Survey of Math MATH 111: Math for Elem Teachers MATH 112: Math Elem Teachers II MATH 140: Trig+ Analy Geometry</p>		<p>- NUTR majors must earn a C- or higher in all courses required for major</p> <p>- NUTR majors are not allowed more than two attempts in courses required for major</p>	
* Bacc Core Courses					
<p>For a list of transferrable courses, go to: <a href="https://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college">https://admissions.oregonstate.edu/course-equivalencies-kapiolani-community-college</a></p>					
^ Placement Test Information					
<p>For more information on placement tests, visit: <a href="https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/">https://www.kapiolani.hawaii.edu/admissions/placement-testing-information/</a></p>					