

NUTRITION MAJORS

Transfer guide



Hawai'i Community College Term by Term Flow Chart



Oregon State University
College of Public Health
and Human Sciences

Updated Jan 2018

OSU Nutrition

Hawai'i Community College Transfer Guide

The undergraduate Nutrition (BS) program at Oregon State University focuses on the role of diet and nutrition in human health. Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices. The future demand for food, nutrition and dietetics professionals is strong. The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.

Dietetics

Oregon State University offers an Academy of Nutrition and Dietetics (AND) Accredited Didactic Program in Dietetics (DPD) that includes all of the required education to result in an internship eligible student.

Health Sciences

If you are interested in studying the scientific basis of nutrition for a career in medicine and the health sciences or in nutrition science research, with a focus on the prevention of chronic disease, consider this option.

Foodservice Systems

The Nutrition and Foodservice Systems option will prepare you for a professional career directing foodservice operations that focus on serving healthy menu options and using local ingredients. Foodservice opportunities exist in both non-commercial operations including schools, universities and healthcare as well as others in the retail environment; all are striving to meet the consumer demand for healthier food options.

Important Notes and Contacts:

- Students do not have to complete a transfer degree to transfer to OSU. Following the sample two-year plan can help ease the transfer.
- The Foodservice Systems option includes coursework taken in the Culinary Arts program at Linn-Benton CC.
- Preparing to apply to OSU? See admissions info: <http://oregonstate.edu/admissions/transfer.html>
- Want to take classes at both OSU and an Oregon Community College? Check out the Degree Partnership Program: <http://oregonstate.edu/partnerships/students>

Academic Advising

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first, and use this Transfer Guide to help you plan.** Consider visiting OSU to take a campus tour and meet with an advisor. See <http://oregonstate.edu/visitosu/tour> to schedule your personalized visit.

Hawai'i Community College

<https://hawaii.hawaii.edu/counseling>

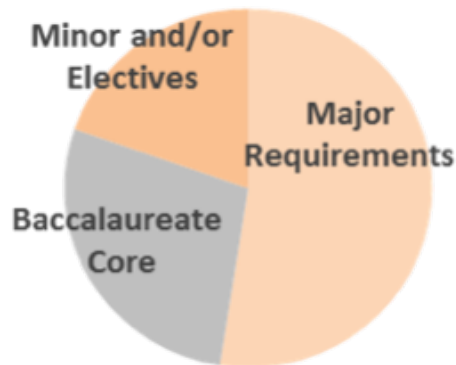
OSU College of Public Health and Human Sciences

541.737.8900

OSU Nutrition

Hawai'i Community College Transfer Guide

Your Bachelor's Degree at OSU



- A minimum of 180 credits are required for graduation.
- 60 of the 180 credits must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- See OSU Catalog for a list of courses required for your major and option: <http://catalog.oregonstate.edu/DegreeSearcher.aspx?formstate=undermajors>

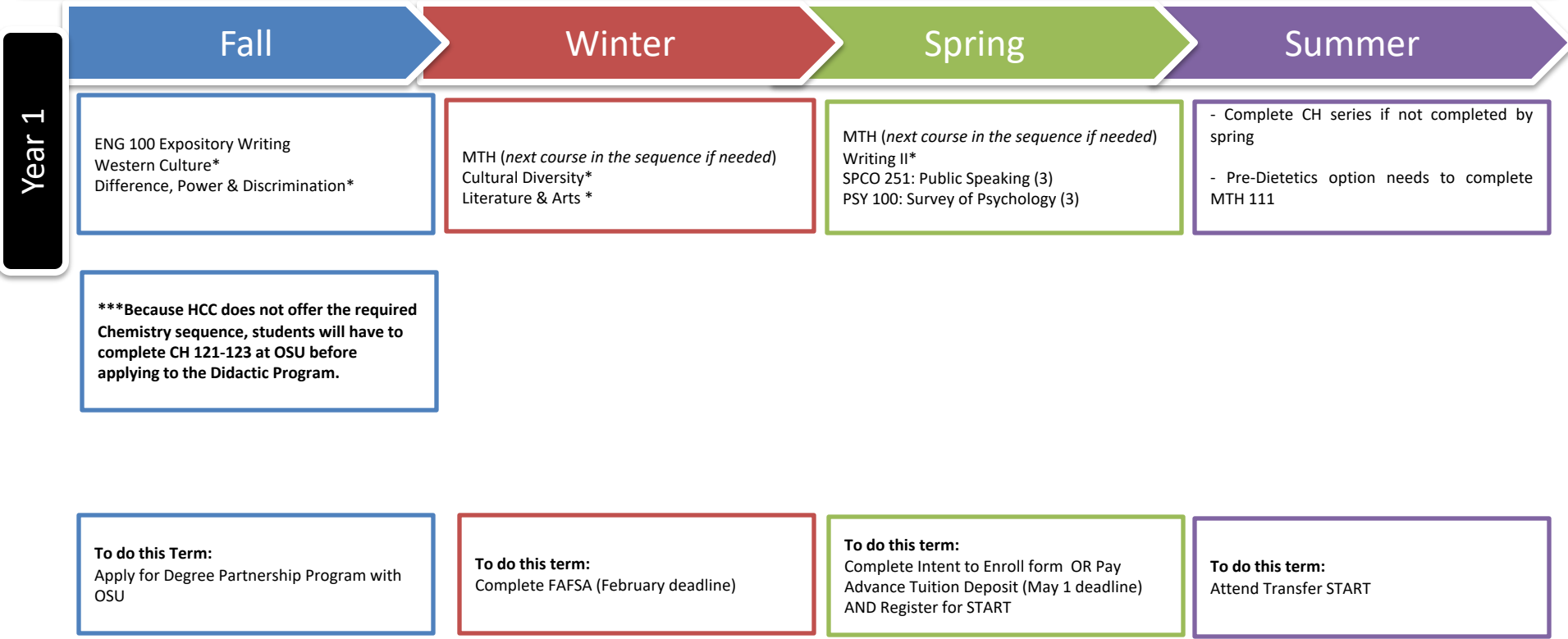
General Education Courses (also called Baccalaureate Core)

- Complete one course in each Perspectives category with no more than two in the same department.
- The Oregon AAOT satisfies all lower division requirements of the Baccalaureate Core (all but Synthesis Courses*).
- The College of Public Health and Human Sciences allows courses to double count between your major and the Baccalaureate Core.
- See Baccalaureate Core transfer guide* for specific community college courses meeting these requirements:

<http://oregonstate.edu/admissions/main/baccalaureate-core-course-equivalencies>

SKILLS COURSES	Math	Completed as part of major. Required to transfer.
	Writing I	WR 121- Required to transfer.
	Writing II	WR 122
	Speech	COMM 111, or more options at OSU
	Fitness	HPE 295
PERSPECTIVES COURSES	Cultural Diversity	Completed as part of major (HPHB)
	Literature & the Arts	Many options, see transfer guide* (HMP)
	Social Process & Institutions	Many options, see transfer guide*
	Western Culture	Completed as part of major
	Biological Science	Many options, see transfer guide*
	Physical Science	Completed as part of major
2 nd Bio. or Phys. Science	Many options, see transfer guide*	
DPD COURSE	Difference, Power, & Discrimination	Many options, see transfer guide*
SYNTHESIS COURSES*	Contemporary Global Issues	Upper division course, take at OSU
	Science, Technology, & Society	Upper division course, take at OSU

Hawai'i Community College NUTR – Pre-Dietetics Option



Transferable Math Sequence

MATH 110: College Algebra (5)
MATH 140: Trigonometry (5)

Remedial Math Sequence

These classes cannot be transferred to OSU for credit.

MATH 100: Survey of Mathematics
MATH 120: Trig for Surveying
MATH 135: Elementary Functions

Minimum Grade Requirements

- NUTR majors must earn a C- or higher in all courses required for major
- Students will need overall GPA of 3.0 in both Pre-req courses (+) and cumulative GPA (TR and OSU) to be eligible for Dietetics program

*** Bacc Core Courses**

For a list of transferrable courses, go to:
<http://admissions.oregonstate.edu/course-equivalencies-hawaii-community-college-osu-sort>

^ Placement Test Information

For more information on placement tests, visit:
<https://hawaii.hawaii.edu/halekea/test>

Hawai'i Community College

Nutrition – NUTR & Health Science Option

	Fall	Winter	Spring	Summer
Year 1	ENG 100 Expository Writing Western Culture* Difference, Power & Discrimination*	MTH (<i>next course in the sequence if needed</i>) Cultural Diversity* Literature & Arts *	MTH (<i>next course in the sequence if needed</i>) SPCO 251: Public Speaking (3) PSY 100: Survey of Psychology (3)	This is an ideal time to boost your math credits. You'll need to get up to MTH 112 for NHS (MTH 251 recommended if you plan to pursue Med school or Physician Asst school)
Year 2	Writing II*	Elective Credits	Elective Credits	
	To do this term: Apply for admission to OSU (Nov. – Dec.)	To do this term: Complete FAFSA (February deadline)	To do this term: Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for START	To do this term: Attend Transfer START

Transferable Math Sequence

MATH 110: College Algebra (5)
 MATH 140: Trigonometry (5)
 MATH 205: Calculus I (5)
 MATH 206: Calculus II (5)

Remedial Math Sequence

These classes cannot be transferred to OSU for credit.

MATH 100: Survey of Mathematics
 MATH 120: Trig for Surveying
 MATH 135: Elementary Functions

Minimum Grade Requirements

- NUTR majors must earn a C- or higher in all courses required for major
- NUTR majors are not allowed more than two attempts in courses required for major

* Bacc Core Courses

For a list of transferrable courses, go to:
<http://admissions.oregonstate.edu/course-equivalencies-hawaii-community-college-osu-sort>

^ Placement Test Information

For more information on placement tests, visit:
<https://hawaii.hawaii.edu/halekea/test>

Hawai'i Community College

Nutrition – NUTR & Food Service Systems Option

	Fall	Winter	Spring	Summer			
Year 1	<p>ENG 100 Expository Writing MTH (based on level tested into)^ PSY 202: General Psychology (4)</p>	<p>Cultural Diversity* MTH (next course in the sequence) Physical or Biological Science* Writing II*</p>	<p>SPCO 251: Public Speaking (3) MTH (next course in sequence if needed) OR Western Culture* Difference, Power & Discrimination*</p>	<p>This is an ideal time to finish your math credits. You'll need to get up to MTH 111 for this option.</p>			
		<p>To do this term: Complete FAFSA (February deadline)</p>	<p>To do this term: Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for OSU START</p>	<p>To do this term: Attend Transfer START</p>			
Year 2	<p>*** this is the year students should attend Linn Benton Community College's Culinary program*** CA 101: Culinary Arts Practicum I (7) CA 111: Food service Safety & Sanitation (1) CA 112: Stations, Tools, & Culinary Techniques (3)</p>	<p>CA 102: Culinary Arts Practicum II (8) ECON 130: Principles of Microeconomics (4) [All]</p>	<p>CA 103: Culinary Arts Practicum III (8) CA 201: Culinary Arts Career Planning (1) [Sp] ECON 131: Principles of Macroeconomics (4) [All]</p> <p>*Be sure to meet with OSU Advisor to plan and register for OSU classes if you attended START last summer</p>	<p>To do this term: Attend Transfer START (if you did not already last summer)</p>			
Transferable Math Sequence		Remedial Math Sequence		Minimum Grade Requirements		* Bacc Core Courses	
<p>MATH 110: College Algebra (5) MATH 140: Trigonometry (5)</p>		<p>These classes cannot be transferred to OSU for credit.</p> <p>MATH 100: Survey of Mathematics MATH 120: Trig for Surveying MATH 135: Elementary Functions</p>		<p>- NUTR majors must earn a C- or higher in all courses required for major</p> <p>- NUTR majors are not allowed more than two attempts in courses required for major</p>		<p>For a list of transferrable courses, go to: http://admissions.oregonstate.edu/course-equivalencies-hawaii-community-college-osu-sort</p>	
<p>^ Placement Test Information</p> <p>For more information on placement tests, visit: https://hawaii.hawaii.edu/halekea/test</p>							