

KINESIOLOGY MAJORS

Transfer guide



Hawai'i Community College Term by Term Flow Chart



Oregon State University
College of Public Health
and Human Sciences

Updated Jan 2018

OSU Kinesiology

Hawai'i Community College Transfer Guide

The Kinesiology major prepares students for careers in physical activity and fitness/wellness such as organizing, directing or managing physical fitness programs; personal trainer; fitness instructor; exercise physiologist; strength and fitness coach; and fitness entrepreneur.

The degree can also serve as preparation for applications to a master's level physical education teacher education program, medical school, a professional program in the allied health professions (e.g. physical or occupational therapy, nursing, physician assistant) or other graduate education.

Kinesiology

Physical activity is essential to good health, disease prevention and increasing human performance, and our popular and nationally recognized programs will help you be a leader in improving quality of life through safe exercise and organized sport.

Pre-Therapy and Allied Health (PTAH)

The Pre-Therapy and Allied Health (PTAH) option, within the Kinesiology major, will prepare you for admission into professional preparation programs in the allied health fields, including physical therapy, occupational therapy, nursing, physician assistant studies and medical school.

Important Notes and Contacts

- Students are required to complete certain pre-requisites before adding the PTAH option. Talk to an OSU advisor for more details.
- Students do not have to complete a transfer degree to transfer to OSU. Following the sample two-year plan can help ease the transfer.
- Preparing to apply to OSU? See admissions info: <http://oregonstate.edu/admissions/transfer.html>
- Want to take classes at both OSU and an Oregon Community College? Check out the Degree Partnership Program: <http://oregonstate.edu/partnerships/students>

Academic Advising

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first, and use this Transfer Guide to help you plan.** Also, consider visiting OSU to take a campus tour and meet with an advisor. See <http://oregonstate.edu/visitosu/tour> to schedule your personalized visit.

Hawai'i Community College

<https://hawaii.hawaii.edu/counseling>

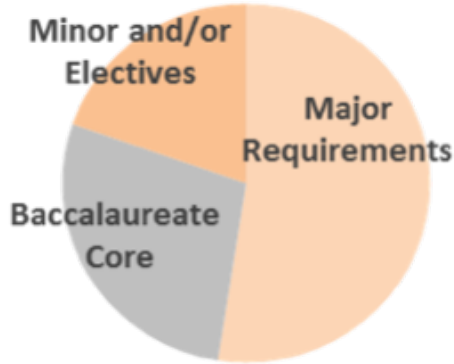
OSU College of Public Health and Human Sciences

541.737.8900

OSU Kinesiology

Hawai'i Community College Transfer Guide

Your Bachelor's Degree at OSU



- A minimum of 180 credits are required for graduation.
- 60 of the 180 credits must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- See OSU Catalog for a list of courses required for your major and option: <http://catalog.oregonstate.edu/DegreeSearcher.aspx?formstate=undermajors>

General Education Courses (also called Baccalaureate Core)

- Complete one course in each Perspectives category with no more than two in the same department.
- The Oregon AAOT satisfies all lower division requirements of the Baccalaureate Core (all but Synthesis Courses*).
- The College of Public Health and Human Sciences allows courses to double count between your major and the Baccalaureate Core.
- See Baccalaureate Core transfer guide* for specific community college courses meeting these requirements:

<http://oregonstate.edu/admissions/main/baccalaureate-core-course-equivalencies>

SKILLS COURSES	Math Writing I Writing II Speech Fitness	Completed as part of major. Required to transfer. WR 121- Required to transfer. WR 122 COMM 111, or more options at OSU HPE 295
PERSPECTIVES COURSES	Cultural Diversity Literature & the Arts Social Process & Institutions Western Culture Biological Science Physical Science 2 nd Bio. or Phys. Science	Completed as part of major (HPHB) Many options, see transfer guide* (HMP) Many options, see transfer guide* Completed as part of major Many options, see transfer guide* Completed as part of major Many options, see transfer guide* Many options, see transfer guide*
DPD COURSE	Difference, Power, & Discrimination	Many options, see transfer guide*
SYNTHESIS COURSES*	Contemporary Global Issues Science, Technology, & Society	Upper division course, take at OSU Upper division course, take at OSU

Hawai'i Community College Kinesiology

	Fall	Winter	Spring	Summer
Year 1	<p>ENG 100: Expository Writing (4) [All] MTH (based on level tested into)^</p>	<p>Cultural Diversity* MTH (next course in the sequence)</p>	<p>SPCO 251: Intro to Speech & Comm (4) [All] MTH (next course in the sequence if needed) OR Difference, Power & Discrimination*</p>	<p>This is an ideal time to finish your math credits. You'll need to get up to MTH 112.</p>
Year 2	<p>MTH (next course in the sequence if needed) Western Culture* Electives</p>	<p>Writing II* Electives</p>	<p>Difference, Power, and Discrimination* Literature & Arts* Electives</p>	
	<p>To do this term: Apply for admission to OSU (Nov. – Dec.)</p>	<p>To do this term: Complete FAFSA (February deadline)</p>	<p>To do this term: Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for START</p>	<p>To do this term: Attend Transfer START Look for housing in Corvallis</p>

Transferable Math Sequence

MTH 110: College Algebra (4)
MTH 140: Pre-Calc: Trig and Analy Geom (4)

Remedial Math Sequence

These classes cannot be transferred to OSU for credit.

MTH 25: Pre-Algebra (4)
MTH 70: Elementary Algebra (5)
MTH 95: Intermediate Algebra (5)

Minimum Grade Requirements

- KIN majors must earn a C- or higher in all courses required for major
- KIN majors are not allowed more than two attempts in courses required for major

* Bacc Core Courses

For a list of transferrable courses, go to:
<http://admissions.oregonstate.edu/course-equivalencies-hawaii-community-college>

^ Placement Test Information

For more information on placement tests, visit:
<https://hawaii.hawaii.edu/halekea/pt>

Hawai'i Community College

Kinesiology – Pre-Therapy & Allied Health

	Fall	Winter	Spring	Summer
Year 1	ENG 100: Expository Writing (4) [All] MTH (based on level tested into)^	Cultural Diversity* MTH (next course in the sequence)	SPCO 251: Intro to Speech & Comm (4) [All] MTH (next course in the sequence if needed) OR Difference, Power & Discrimination*	This is an ideal time to complete your MTH sequence - Students will need MTH 112. If going on to Pre-Med, MTH 251 would be recommended but not required.
Year 2	PSY 100: Survey of Psychology (4) [All] Writing II*	Literature & Arts*	SOC 100: Survey of Gen Sociology (4) [All]	
	To do this term: Apply for admission to OSU (Nov. – Dec.)	To do this term: Complete FAFSA (February deadline)	To do this term: Complete Intent to Enroll form OR Pay Advance Tuition Deposit (May 1 deadline) AND Register for START	To do this term: Attend Transfer START Look for housing in Corvallis

Transferable Math Sequence

MTH 110: College Algebra (4)
MTH 140: Pre-Calc: Trig and Analy Geom (4)
MTH 205: Calculus I (4)
MTH 206: Calculus II (4)

Remedial Math Sequence

These classes cannot be transferred to OSU for credit.

MTH 25: Pre-Algebra (4)
MTH 70: Elementary Algebra (5)
MTH 95: Intermediate Algebra (5)

Minimum Grade Requirements

PTAH requires: No grade less than "C" in any Anat & Phys course, and an overall A&P GPA of 2.70; Cumulative GPA 3.0; Minimum of 90 credits completed

* Bacc Core Courses

For a list of transferrable courses, go to:
<http://admissions.oregonstate.edu/course-equivalencies-hawaii-community-college>

^ Placement Test Information

For more information on placement tests, visit:
<https://hawaii.hawaii.edu/halekea/pt>