

TRANSFER GUIDE FOR OREGON STATE UNIVERSITY

Major Offered Through:

CORVALLIS

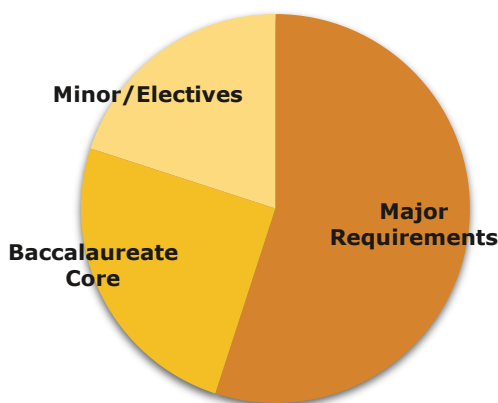
**Mt Hood
Community College**

Nutrition (NUTR)

The undergraduate Nutrition (BS) program at Oregon State University focuses on the role of diet and nutrition in human health. Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices. The future demand for food, nutrition and dietetics professionals is strong.

The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.

Your Bachelor's Degree (BS) in the College of Public Health & Human Sciences



- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- Some courses can count towards your major and the Baccalaureate Core. Check with your advisor.
- Options available. See "Important Notes".
- See the OSU Catalog for a list of courses required for your major and option: catalog.oregonstate.edu

Courses for this Major (offered at Mt Hood Community College)

Priority courses to complete before transferring are distinguished by ^P Bacc Core courses distinguished by *

Requirement	MHCC Course	OSU Courses	Notes
General Chemistry ^P	CH 221, 222, 223	CH 121, 122, 123 or CH 231/261, 232/262, 233/263	NFS only needs CH 121 or *CH 231/261 (also counts as PS)
Organic Chemistry	CH 241, 242, 243	CH 331, CH 332, CH 337	DIET needs CH 331 & 332, NHS needs all, NFS none
Principles of Biology	BI 211, 212, 213	BI 211, 212, 213	*DIET needs BI 212 (BS) NHS needs all, NFS none
Statistics	MTH 243	ST 201	*NFS only
General Psychology	PSY 201 & 202	PSY 201 & 202	*Req by all (SPI)
Microbiology	BI 234	MB 230	*Req by all (BS) (NHS needs MB 302/303)
Human Anatomy & Physiology	BI 231, BI 232, BI 233	BI 231/241, BI 232/242, BI 233/243	DIET & NHS needs all, NFS none
Physics	PH 201, PH 202, PH 203	PH 201, PH 202, PH 203	*NHS only (PS)
Economics	EC 201, EC 202	ECON 201, ECON 202	*NFS only (SPI)
Communication	COMM 111 or 114 or 218	COMM 111 or 114 or 218	*Req by all (Speech)
Mathematics	MTH 111 or 112	MTH 111 or 112	*NHS needs 112, all MTH 111 recommended for Chemistry

Important Notes & Resources

Important Notes for the College and Major:

- Grade requirements: C- minimum for all major required courses and only two attempts total will be allowed, see <https://health.oregonstate.edu/advising/resources/policies> for more information.
- See a sample degree plan by searching "Nutrition" at admissions.oregonstate.edu/find-your-major
- Option required. Select from: Dietetics, Nutrition and Foodservice Systems, Nutrition Health Sciences.
- Other similar majors to explore: Biology, Chemistry, Biochemistry, BioHealth Sciences, Food Systems Technology.
- Chemistry and some Baccalaureate Core are priority courses to complete before transferring to OSU.
- For Nutrition students, the best time to transfer is Fall term, particularly due to the Nutrition series courses. Talk with an OSU advisor about your specific timeline.
- It is important to speak with your MHCC & OSU Academic Advisor early on, and often, to ensure correct course selection and sequencing.

Resources and OSU Information:

- Students do not have to complete a transfer degree in order to transfer to OSU.
 - If you've completed the Oregon AAOT, all requirements of the Baccalaureate Core are complete except for Synthesis Courses and Writing Intensive Courses.
- Preparing to apply to OSU? See admissions info: oregonstate.edu/admissions/transfer.html
- Want to take classes at both OSU and an Oregon community college? Check out the Degree Partnership Program: partnerships.oregonstate.edu/students

General Education Courses (called the Baccalaureate Core)

- Complete one course in each Perspectives category with no more than two in the same department.
- For full listing of courses that fulfill Baccalaureate Core, please refer to <https://admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-mount-hood-community-college>

SKILLS COURSES	Math Writing I Writing II Speech (Writing III) Fitness	Often completed as part of major WR 121. Required to transfer. Many options, see BaccCore link above Many options, see BaccCore link above HPE 295
PERSPECTIVE COURSES	Biological Science Physical Science Additional Biological or Physical Science Cultural Diversity Literature and the Arts Social Processes and Institutions Western Culture	Completed as part of major Completed as part of major Often completed as part of major Many options, see BaccCore link above Many options, see BaccCore link above Completed as part of major Many options, see BaccCore link above
DPD COURSE	Difference, Power, & Discrimination	Many options, see BaccCore link above
SYNTHESIS COURSES	Contemporary Global Issues Science, Technology, & Society	Upper division course, take through OSU Upper division course, take through OSU

Advising Contacts

Mt Hood Community College	https://www.mhcc.edu/AdvisingCenter/
OSU Transfer Coordinator & Academic Advisor	Gina Cavanaugh, Gina.Cavanaugh@oregonstate.edu , (541) 737-8900
OSU College of Public Health and Human Sciences Office of Student Success	Women's Building 105, phhs.peer@oregonstate.edu , (541) 737-8900
OSU NUTR website	https://health.oregonstate.edu/nutrition/undergrad

It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing.

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first and use this Transfer Guide to help you plan.** Also, consider visiting OSU to take a campus tour and meet with an advisor. See visitosu.oregonstate.edu/visit-campus to schedule your personalized visit.