

TRANSFER GUIDE FOR OREGON STATE UNIVERSITY

Major Offered Through:

CORVALLIS

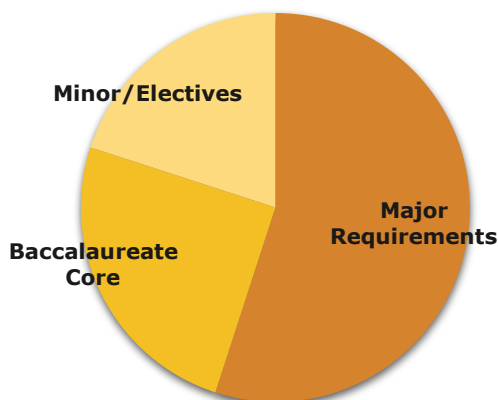
**Blue Mountain
Community College**

Nutrition (NUTR)

The undergraduate Nutrition (BS) program at Oregon State University focuses on the role of diet and nutrition in human health. Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices. The future demand for food, nutrition and dietetics professionals is strong.

The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.

Your Bachelor's Degree (BS) in the College of Public Health & Human Sciences



- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 135 credits earned at a community college may be applied toward a bachelor's degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- Some courses can count towards your major and the Baccalaureate Core. Check with your advisor.
- Options available. See "Important Notes".
- See the OSU Catalog for a list of courses required for your major and option: catalog.oregonstate.edu

Courses Required for NUTR (offered at Blue Mountain Community College)

This list is not comprehensive. Speak with OSU advisor for more information.

Priority courses to complete before transferring are distinguished by ^P Bacc Core courses distinguished by *

Requirement	BMCC Equivalent Course	OSU Courses	Notes
General Chemistry ^P	N/A CH 221, 222, 223	CH 121, 122, 123 or CH 231/261, 232/262, 233/263	DIET & NHS needs all, NFS only CH 121 or *CH 231/261 (PS)
Organic Chemistry	CH 241, 242, 243	CH 331, CH 332, CH 337	DIET needs CH 331 & 332, NHS needs all, NFS none
Principles of Biology	BI 211, 212, 213 or N/A	BI LD2, BI LD2, BI LD2 or BI 221, 222, 223	Must take full series at BMCC *DIET & NFS only BI 221, NHS all
Statistics	MTH 243 or N/A	ST 201 or ST 351	*NFS ST 201, DIET & NHS ST 351
General Psychology	PSY 201 & N/A	PSY 201 & PSY 202	*Req by all (SPI)
Microbiology	BI 234 or N/A	MB 230 or MB 302/303	*DIET & NFS MB 230 (BS), NHS needs MB 302/303
Human Anatomy & Physiology	BI 231, BI 232, BI 233 or N/A	BI LDT, BI LDT, BI LDT or BI 231/241, 232/242, 233/243	*Must take full series at BMCC (BS) DIET & NHS needs all, NFS none
Physics	PH 201, PH 202, PH 203	PH 201, PH 202, PH 203	*NHS only (PS)
Economics	EC 201	ECON 201	*NFS only (SPI)
Communication	COM 111 or N/A or N/A	COMM 111 or 114 or 218	*Req by all (Speech)
Mathematics	MTH 111 or 112	MTH 111 or 112	*NHS needs 112, all MTH 111 recommended for Chemistry

Important Notes & Resources

Important Notes for the College and Major:

- Grade requirements: C- minimum for all major required courses and only two attempts total will be allowed, see <https://health.oregonstate.edu/advising/resources/policies> for more information.
- See a sample degree plan by searching "Nutrition" at admissions.oregonstate.edu/find-your-major
- Option required. Select from: Dietetics, Nutrition and Foodservice Systems, Nutrition Health Sciences.
- Other similar majors to explore: Biology, Chemistry, Biochemistry, BioHealth Sciences, Food Systems Technology.
- Chemistry and some Baccalaureate Core are priority courses to complete before transferring to OSU.
- For Nutrition students, the best time to transfer is Fall term, particularly due to the Nutrition series courses. Talk with an OSU advisor about your specific timeline.
- It is important to speak with your BMCC & OSU Academic Advisor early on, and often, to ensure correct course selection and sequencing.

Resources and OSU Information:

- Students do not have to complete a transfer degree in order to transfer to OSU.
 - If you've completed the Oregon AAOT, all requirements of the Baccalaureate Core are complete except for Synthesis Courses and Writing Intensive Courses.
- Preparing to apply to OSU? See admissions info: oregonstate.edu/admissions/transfer.html
- Want to take classes at both OSU and an Oregon community college? Check out the Degree Partnership Program: partnerships.oregonstate.edu/students

General Education Courses (called the Baccalaureate Core)

- Complete one course in each Perspectives category with no more than two in the same department.
- For full listing of courses that fulfill Baccalaureate Core, please refer to <https://admissions.oregonstate.edu/baccalaureate-core-course-equivalencies-blue-mountain-community-college>

SKILLS COURSES	<i>Math</i> <i>Writing I</i> <i>Writing II</i> <i>Speech (Writing III)</i> <i>Fitness</i>	Often completed as part of major WR 121. Required to transfer. Many options, see BaccCore link above Many options, see BaccCore link above HPE 295
PERSPECTIVE COURSES	<i>Biological Science</i> <i>Physical Science</i> <i>Additional Biological or Physical Science</i> <i>Cultural Diversity</i> <i>Literature and the Arts</i> <i>Social Processes and Institutions</i> <i>Western Culture</i>	Completed as part of major Completed as part of major Often completed as part of major Many options, see BaccCore link above Many options, see BaccCore link above Completed as part of major Many options, see BaccCore link above
DPD COURSE	<i>Difference, Power, & Discrimination</i>	Many options, see BaccCore link above
SYNTHESIS COURSES	<i>Contemporary Global Issues</i> <i>Science, Technology, & Society</i>	Upper division course, take through OSU Upper division course, take through OSU

Advising Contacts

Blue Mountain Community College	https://www.bluecc.edu/enrollment-services/advising
OSU Transfer Coordinator & Academic Advisor	Gina Cavanaugh, Gina.Cavanaugh@oregonstate.edu , (541) 737-8900
OSU College of Public Health and Human Sciences Office of Student Success	Women's Building 105, phhs.peer@oregonstate.edu , (541) 737-8900
OSU NUTR website	https://health.oregonstate.edu/nutrition/undergrad

It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing.

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your community college advisor first and use this Transfer Guide to help you plan.** Also, consider visiting OSU to take a campus tour and meet with an advisor. See visitosu.oregonstate.edu/visit-campus to schedule your personalized visit.