Human Development and Family Sciences (HDFS)

OSU's multidisciplinary and holistic Human Development and Family Sciences program will give you the most current knowledge, practical skills and hands-on experience to excel in a field dedicated to improving the human condition by intervening during crises, helping people access resources and advocating for changes in the systems that affect the lives of those in need.

With a degree in this profession, you will be ready for graduate study in HDFS, social work, counseling, or marriage and family therapy, or for a variety of careers including child welfare, counseling, education, social work, public administration and many others. Prepare for a rewarding career empowering individuals, families and communities to survive and thrive by exploring research, theory and teaching.

Your Bachelor’s Degree (BS) in the College of Public Health & Human Sciences

- A minimum of 180 credits are required for graduation; 60 must be upper division (300 and 400-level courses).
- A maximum of 124 credits earned at a community college may be applied toward a bachelor’s degree at OSU.
- Only courses with letter prefixes and numbers above 100 can be accepted.
- Some courses can count towards your major and the Baccalaureate Core. Check with your advisor.
- Options available. See "Important Notes".
- See the OSU Catalog for a list of courses required for your major and option: catalog.oregonstate.edu

Courses for this Major (offered at Concordia University)

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Concordia Course</th>
<th>OSU Courses</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contemporary Families in the U.S.</td>
<td></td>
<td>HDFS 201</td>
<td>*Also counts as DPD</td>
</tr>
<tr>
<td>Human Sexuality</td>
<td>PSY 312</td>
<td>HDFS 240</td>
<td>*Also counts as SPI</td>
</tr>
<tr>
<td>Introduction to Human Services</td>
<td></td>
<td>HDFS 262</td>
<td>Req for Human Services</td>
</tr>
<tr>
<td>Human Services Practicum</td>
<td></td>
<td>HDFS 310</td>
<td>Req for Human Services</td>
</tr>
<tr>
<td>Infant &amp; Child Development</td>
<td>PSY 345</td>
<td>HDFS 311</td>
<td></td>
</tr>
<tr>
<td>Adolescent Development</td>
<td>PSY 345</td>
<td>HDFS 313</td>
<td></td>
</tr>
<tr>
<td>Interpersonal Communication</td>
<td></td>
<td>COMM 218</td>
<td>*Also counts as Speech</td>
</tr>
<tr>
<td>Introduction to Public Health</td>
<td>HE 100</td>
<td>H 100</td>
<td></td>
</tr>
<tr>
<td>Statistics</td>
<td>MTH 231</td>
<td>H 220 or ST 201 &amp; ST202 or ST 351</td>
<td>Only pick one of the 3 course combinations</td>
</tr>
<tr>
<td>General Human Nutrition</td>
<td>HPE 462 or ESS 462</td>
<td>NUTR 225</td>
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</tr>
<tr>
<td>General Psychology</td>
<td>PSY 201 or PSY 201H</td>
<td>PSY 201</td>
<td>*Also counts as SPI</td>
</tr>
<tr>
<td>General Psychology</td>
<td>PSY 202</td>
<td>PSY 202</td>
<td>*Also counts as SPI</td>
</tr>
<tr>
<td>Introduction to Sociology</td>
<td>SOC 220 or SOC 211</td>
<td>SOC 204</td>
<td>*Also counts as SPI</td>
</tr>
<tr>
<td>Technical Writing</td>
<td>WR 306</td>
<td>WR 327</td>
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Revised as of 1/7/20
Important Notes & Resources

**Important Notes for the College and Major:**
- Grade requirements: C- minimum for all major required courses and no more than two attempts will be allowed, see [https://health.oregonstate.edu/advising/resources/policies](https://health.oregonstate.edu/advising/resources/policies) for more information.
- See a sample degree plan by searching “Human Development and Family Sciences” at [admissions.oregonstate.edu/find-your-major](https://admissions.oregonstate.edu/find-your-major).
- Option required. Select from: Child Development, General, or Human Services.
  - Only HDFS General Option is available via Ecampus and the Portland Hybrid program.
- Other similar majors to explore: Psychology, Sociology, Public Health, or Communication.
- Major required classes and some Baccalaurate Core are recommended prior to transferring to OSU.
- For HDFS students, the best time to transfer is any term, particularly due to the absence of series courses. Talk with an OSU advisor about your specific timeline.

**Resources and OSU Information:**
- Students do not have to complete a transfer degree in order to transfer to OSU.
  - If you’ve completed the Oregon AAOT, all requirements of the Baccalaureate Core are complete except for Synthesis Courses and Writing Intensive Courses.
- Preparing to apply to OSU? See admissions info: [oregonstate.edu/admissions/transfer.html](http://oregonstate.edu/admissions/transfer.html)
- Want to take classes at both OSU and an Oregon community college? Check out the Degree Partnership Program: [partnerships.oregonstate.edu/students](http://partnerships.oregonstate.edu/students)

**General Education Courses** (called the Baccalaureate Core)

- Complete one course in each Perspective category with no more than two in the same department.
- For full listing of courses that fulfill Baccalaureate Core, please refer to [https://admissions.oregonstate.edu/course-equivalencies-concordia-university](https://admissions.oregonstate.edu/course-equivalencies-concordia-university)

<table>
<thead>
<tr>
<th>SKILLS COURSES</th>
<th>Math</th>
<th>Writing I</th>
<th>Writing II</th>
<th>Speech (Writing III)</th>
<th>Fitness</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>WR 121</td>
<td>Required to transfer.</td>
<td>Completed as part of major.</td>
<td>Completed as part of major.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>PERSPECTIVE COURSES</th>
<th>Biological Science</th>
<th>Physical Science</th>
<th>Additional Biological or Physical Science</th>
<th>Cultural Diversity</th>
<th>Literature and the Arts</th>
<th>Social Processes and Institutions</th>
<th>Western Culture</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Many options, see BaccCore link above</td>
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<td>Many options, see BaccCore link above</td>
<td>Many options, see BaccCore link above</td>
<td>Often completed as part of major</td>
<td>Many options, see BaccCore link above</td>
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<tr>
<th>DPD COURSE</th>
<th>Difference, Power, &amp; Discrimination</th>
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<tbody>
<tr>
<td></td>
<td>Often completed as part of major</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>SYNTHESIS COURSES</th>
<th>Contemporary Global Issues</th>
<th>Science, Technology, &amp; Society</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Upper division course, take through OSU</td>
<td>Upper division course, take through OSU</td>
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</table>

**Advising Contacts**

<table>
<thead>
<tr>
<th>OSU Transfer Coordinator &amp; Academic Advisor</th>
<th>Gina Cavanaugh, <a href="mailto:Gina.Cavanaugh@oregonstate.edu">Gina.Cavanaugh@oregonstate.edu</a>, (541) 737-8900</th>
</tr>
</thead>
<tbody>
<tr>
<td>OSU College of Public Health and Human Sciences Office of Student Success</td>
<td>Women’s Building 105, <a href="mailto:phhs.peer@oregonstate.edu">phhs.peer@oregonstate.edu</a>, (541) 737-8900</td>
</tr>
<tr>
<td>OSU HDFS website</td>
<td><a href="https://health.oregonstate.edu/hdfs/undergrad">https://health.oregonstate.edu/hdfs/undergrad</a></td>
</tr>
</tbody>
</table>

It is important to speak with your OSU academic advisor early on, and often, to ensure correct course selection and sequencing.

Academic advisors at your community college and OSU are available to answer your questions and assist you in creating a transfer plan. **See your college advisor first and use this Transfer Guide to help you plan.** Also, consider visiting OSU to take a campus tour and meet with an advisor. See [visitosu.oregonstate.edu/visit-campus](http://visitosu.oregonstate.edu/visit-campus) to schedule your personalized visit.