

	Fall		Winter		Spring		Opportunities
First Year	CH 121: General Chemistry KIN 131: Intro to Kin (or Spring) *WR 121: English Composition *Cultural Diversity Elective/Minor Credits	5 1 3 3 3	*CH 122: General Chem (Phys Sci) *COMM 218: Interperp. Comm. *MTH 111: College Algebra *HHS 231: Lifetime Fit. for Health *PAC/HHS lab	5 3 4 2 1	*CH 123: General Chem (Phys Sci) MTH 112: Elementary Functions *Social Proc. & Inst. (PSY 201) *BI 103/213: General Bio. (BS)	5 4 4 3 4	Review pre-requisites for Nursing programs Decide on which Nursing path to pursue
	Total Credits	15	Total Credits	15	Total Credits	16	
Second Year	BI 231/341: Intro to Human Anat and Phys, Advanced Laboratory *KIN 312: Sociocultural Dim. of Phys. Activity (Western Culture) *WR II H 225: Social and Ind Health Determinants	5 3 3 4	BI 232/342: Intro to Human Anat and Phys, Advanced Laboratory KIN 314: Intro to Adapted Physical Activity ST 201: Principles of Statistics SOC 204: Intro to Sociology	5 3 4 3	BI 233/243: Intro to Human Anat and Phys, Advanced Laboratory KIN 370: Psych of Sport and Physical Activity *Literature & Arts PSY 202: General Psychology KIN 132: Intro to the AH Profess.	5 3 3 3 1	Apply to Nursing programs (if not planning on completing BS at Oregon State)
	Total Credits	15	Total Credits	15	Total Credits	15	
Third Year	KIN 311: Motor Behavior *H 312: HIV/AIDS and STIs in Modern Society (CGI) PHAR 210: Term of Health Sci BI 101 or 211: General Biology (Nursing Prgm dependent) Elective/Minor Credits	4 3 2 4 3	KIN 321: Biomechanics of Human Movement MB 230: IntroMicrobiology H 320: Intro to Human Disease BI 102/ 212: General Biology (Prgm dependent)	4 4 3 4	KIN 324: Exercise Physiology KIN BtC (PTAH Elec 1) *Difference, Power, Discrimination PHL 205: Ethics	4 4 3 4	Study Abroad (either major specific or otherwise) Get involved in practicum and/or internship hours
	Total Credits	16	Total Credits	15	Total Credits	15	
Fourth Year	KIN BtC (PTAH Elec 2) KIN BtC/KIN 343: PTAH Seminar KIN 409 (ExL) KIN BtC /KIN 325: Fitness Assess and Exercise Prescription KIN 481: An. of Crit Issues in Kin	4 1 2 3 3	KIN BtC (PTAH Elec 3) KIN BtC KIN 409 (ExL) *PHL 444: Biomedical Ethics (STS) Elective/Minor Credits	3 3 1 4 3	KIN BtC (PTAH Elec 4) KIN BtC PSY 350: Human Lifespan Development Elective/Minor Credits Elective/Minor Credits	3 3 4 3 3	Continue to earn practicum/internship hours Apply to Nursing programs
	Total Credits	13	Total Credits	14	Total Credits	16	

*This is a sample schedule intended for information purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan.*