

Physical Activity Class Teaching Preference

Listed below are the Physical Activity Courses, which may be offered through the Physical Activity Program. Also, indicate if there are other classes you prefer to teach, but are not listed. This information will help the Physical Activity Coordinator in scheduling the physical activity courses for the next academic year.

Check appropriate column: **P** = prefer to teach (you have extensive teaching and/or performance experience). **C** = can teach.

Name: _____

ACTIVITY	P	C	ACTIVITY	P	C
Adaptive Physical Activity			Dance/Jazz I		
Aerobic Machine Workout			Dance/Jazz II		
Aqua-Aerobics			Dance/Jazz III		
Dance Aerobics			Dance/Performance Ballroom		
Deep Water Aerobics			Dance/Modern I		
Step Aerobics			Dance/Modern II		
Power Step Aerobics			Dance/Modern III,		
Badminton I			Oregon Dance Performance		
Badminton II			Dance/Cuban Salsa		
Basketball I			Dance/Salsa		
Basketball/Competitive			Dance/Salsa II		
Belly Dancing			Dance/Country Western I		
Body Sculpting			Dance/Country Western II		
Body Sculpting II			Dance/Country Western III		
Mountain Biking			Dance/Ballroom I		
Road Cycling			Dance/Ballroom II		
Bowling I			Dance/Ballroom III		
Bowling II			Dance/Ballroom 2 Step, Hustle		
Cardio Combo			Dance/Latin I		
Cardio Kickboxing I			Dance/Latin II		
Cardio Kickboxing II			Dance/Beginning Swing		
Crew			Dance/Swing II		
Conditioning			Dance/West Coast Swing		
Dance/Cultural World Dance			Dance/West Coast Swing II		
Dance/Ballet I			Dance/Lindy Hop		
Dance/Ballet II			Dance/Lindy Hop II		
Dance/Ballet III			Fly Fishing I		
Dance/Ballet Skills for Athletes			Fly Fishing II		

ACTIVITY	P	C	ACTIVITY	P	C
Fishing (steelhead)			Swim II		
Fly Tying (Advanced)			Swim Training Workout		
Golf I			Surfing		
Golf II			Taichi		
Golf III			Tap Dance I		
Gymnastics			Tap Dance II		
Gymnastics II			Team Handball		
Judo			Team Sports/Women		
Karate			Tennis I		
Karate II			Tennis II		
Pilates			Tennis III		
Pilates II			Tennis Skills Development		
Relaxation			Touch Rugby		
Rock Climbing/Conditioning			Tumbling I		
Rock Climbing/Conditioning II			Tumbling II		
Running/Jogging			Ultimate Frisbee		
Running/10K Training			Volleyball I		
Scuba			Volleyball II		
Self Defense			Volleyball III		
Ski Conditioning			Sand Volleyball		
Downhill Skiing			Fitness Walking		
Telemark Skiing			Water Polo		
Snowboarding			Weight Training/Circuits		
Soccer I			Weight Training I		
Soccer II			Weight Training II		
Soccer III			Wrestling		
Soccer/Indoor			Yoga I		
Softball/Whiffleball			Yoga II		
Swim, Non-Swimmer			Fitness Yoga		
Swim I			Yogathon		
Lap Swim/Stroke Assistance			Other:		