
2018 CONFERENCE

**OREGON HIGHER EDUCATION PROFESSIONALS
IN HEALTH AND PHYSICAL EDUCATION**

**January 25-26, 2018
Oregon 4-H Center
Salem, Oregon**



PROGRAM FLOW

THURSDAY, JANUARY 25, 2018

REGISTRATION/CHECK-IN	John Gray Hall	12-1 PM
WELCOME MESSAGE	John Gray Gym	1-1:20 PM
KEYNOTE SESSION	John Gray Gym	1:30-2:45 PM
Empowering Students through Culturally Responsive Teaching		
- Linda Herrera		
BREAK AND EXPLORE	John Gray Gym	2:45-3:15 PM
BREAKOUT SESSIONS		3:30-4:30 PM
The Impact of Design and Social Presence in Online and Blended Courses		
- Colin Stapp John Gray Gym		
Creative Teaching Strategies		
- Russell Read John Gray Conference		
BREAKOUT SESSION		4:45-5:45 PM
Supporting Students with Developmental Disabilities		
- Nate Sheets John Gray Conference		
ACTIVE SESSION		4:45-5:30 PM
Dance HIIT		
- Jackie Welter John Gray Gym		
DINNER	Clark Hall	6-7 PM
BREAKOUT SESSION	John Gray Gym	7-8 PM
What's Working? Current and Future Trends		
SOCIAL GATHERING	John Gray Gym	8 PM

PROGRAM FLOW

FRIDAY, JANUARY 26, 2018

EARLY MORNING WORKOUT	6:30-7 AM
Foam Rolling	
- Keoni McHone John Gray Gym	
Camp Hike	
- Nathan Pratt Starting at John Gray Hall	
BREAKFAST Clark Hall	7-8:15 AM
WELCOME MESSAGE John Gray Gym	8:20-8:30 AM
KEYNOTE SESSION John Gray Gym	8:30-9:45 AM
Transfer Agreements and House Bill 2998	
- Patrick Crane, PhD	
2018 OHEPHPE GROUP PHOTO John Gray Gym	9:45-9:50 AM
BREAKOUT SESSIONS	10-11 AM
Growth Mindset	
- Bryan Rollins/Jeff McCabe John Gray Gym	
Science of Children's Play	
- Erica Lanning/Tamara Trattner John Gray	
Conference	
BREAKOUT SESSIONS	11:10 AM-12 PM
Functional Performance Sport Chiropractic	
- Dr. Ben Hokenson John Gray Gym	
Oregon Department of Education Updates	
- Suzanne Hidde John Gray Conference	
LUNCH/WRAP-UP Clark Hall	12 PM



SESSION INFORMATION

KEYNOTE: EMPOWERING STUDENTS THROUGH CULTURALLY RESPONSIVE TEACHING

Linda Herrera, Diversity and Equity Officer, Chemeketa Community College

A discussion of how and why culturally responsive teaching makes a difference in the learning of students.

Linda Herrera is the Diversity and Equity Officer at Chemeketa Community College. Linda has more than three decades of experience as an instructor/facilitator, mentor, and leader working with teachers, Administrators, Student Services and community partners to bring excellence through culturally relevant and responsive teaching practices, and uses an equity lens with college-wide initiatives to ensure that every student will receive the necessary resources they need individually to succeed at Chemeketa Community College.

THE IMPACT OF DESIGN AND SOCIAL PRESENCE IN ONLINE AND BLENDED COURSES

Colin Stapp, Chemeketa Community College

Research shows that effective course design along with social presence can increase student engagement, satisfaction and overall success in online and blended courses. But what does this look like, what is social presence, and what strategies can be employed in your courses? In this session you'll learn research-based, best practices for effective design and developing social presence in online and blended courses.

Colin Stapp has been in higher education for over 25 years and has a background in photography, video production, and multimedia. He is a Learning Technology Facilitator with the eLearning and Academic Technology department at Chemeketa Community College. Colin has been involved in educational technology throughout his career, and his experience includes, online teaching, faculty development, and integrating technology with instruction. He has a Master of Educational Technology and Graduate Certificate in Online Teaching from Boise State University, and is also a graduate of Pacific University and Mt. Hood Community College.

CREATIVE TEACHING STRATEGIES

Russell Read, Chemeketa Community College

Describe how personal health relates to environmental health and the historical background which has led to where we are currently as a species.

Professor Read began teaching General Biology and Anatomy & Physiology at Chemeketa during the summer of 1990. His fields of interest include evolutionary biology, environmental biology, ecology & sustainable living, entomology, research ethics and authentic teaching practices.

SUPPORTING STUDENTS WITH DEVELOPMENTAL DISABILITIES

Nate Sheets, Oregon Behavior Consultation

Students with developmental disabilities (such as Autism and intellectual disability) have overcome a lot to attend college-level classes. In this workshop, we'll talk about some of the cognitive skill deficits these students may have, and how developmental disabilities are not always visible to us on the outside. You'll be given practical suggestions on how to support these students, and how to empower them to learn in the ways that work best for them.

Nate Sheets is a behavior consultant and owner of Oregon Behavior Consultation. He works with children and adults of all ages around the state of Oregon. He has been working in the developmental disability field since 2008, and works with parents and caregivers in preventing challenging behaviors and increasing quality of life. His videos (www.OregonBehavior.com) are free to parents, caregivers, and professionals all around the world.

ACTIVE SESSION: DANCE HIIT

Jackie Welter, Chemeketa Community College

A high energy, high-intensity, calorie-blasting dance workout, enhancing cardiovascular and strength conditioning. Enjoy moving and grooving to a variety of fun upbeat music and styles of dance.

SESSION INFORMATION

KEYNOTE: TRANSFER AGREEMENTS AND HOUSE BILL 2998

Patrick Crane, PhD, Director of Community Colleges and Workforce Development at HECC

A discussion of the House Bill 2998 and the development of agreements among community colleges and universities to facilitate students' completion of a bachelor's degree.

GROWTH MINDSET

Brian Rollins/Jeff McCabe, Chemeketa Community College

People with a growth mindset believe that intelligence is not fixed – that people can learn anything because our brains have the ability to grow and change. Unfortunately, many students have a fixed mindset – believing that people are born with a certain amount of intelligence and that our brains cannot grow. The good news is that you can help students shift from a fixed to a growth mindset. Research has shown that as students develop a growth mindset, they become more engaged and persistent in their learning and become more successful in school and in life. Join us for a brief overview of growth mindset and its effects on behavior. We will share with you ways that you can help your students (and yourself) develop a growth mindset. We will also discuss ways to encourage growth mindset through classroom practices and grading policies.

Professor Rollins has been teaching in Adult Ed for 13 years at Chemeketa. He began as an ESOL instructor for 2 years and then transitioned over to teaching Adult Basic Skills and GED Preparation for the last 11 years. He participated in a year-long community of practice on Growth Mindset and has been using Growth Mindset principles in his classroom ever since. His students have reported to him that they find the topic very interesting and that it has changed the way they view themselves and their ability to learn.

Professor McCabe has been teaching in K-12 education for 10 years. He was a high school math teacher for 8 years before moving to Chemeketa Community College to teach GED preparation courses for high school aged students. He has a background in sport and performance psychology and has been integrating Growth Mindset into his classroom for several years.

SCIENCE OF CHILDREN'S PLAY

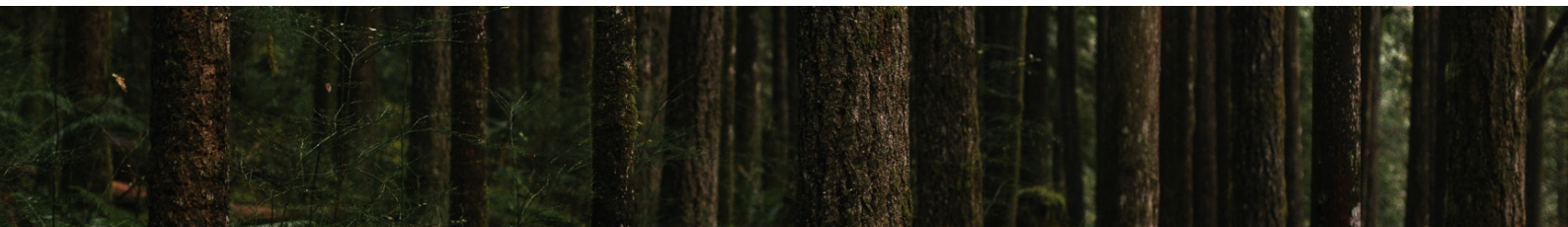
Erica Lanning/Tamara Trattner, Chemeketa Community College

This session will highlight information on brain development and the importance of play for both children and adults. What can we learn about play from the field of early childhood education? What is play? Why is it beneficial? How can we incorporate play into our classrooms?

FUNCTIONAL PERFORMANCE SPORT CHIROPRACTIC

Dr. Ben Hokenson

Dr. Hokenson will be discussing and analyzing precursors to ACL injuries and how to prevent them. He runs a practice in Oregon City where he has access to a training facility next to his office that allows him to address patients' needs. Dr. Hokenson has a background in athletic training as well as chiropractic.



2018 PLANNING TEAM

Eric Colon-Cortes Raschel Larsen Marty Limbird
Nathan Pratt Keoni McHone

