

COLLEGE OF HEALTH

Center for Healthy Aging Research



Oregon State
University

Uncovering answers to health and well-being across the lifespan

The Center for Healthy Aging Research provides innovative and interdisciplinary research, education and outreach that enhance health and quality of life for older adults, their families and communities.

Oregon State University scholars come together from across disciplines to investigate the aging process, including the basic science of neurological disease, fall prevention and healthcare systems.

Our purpose and values

HOUSED IN THE COLLEGE OF HEALTH, CHAR COMPRISES MORE THAN 40 FACULTY MEMBERS FROM ACROSS COLLEGES, DEPARTMENTS AND INSTITUTES AT OREGON STATE.



Aging Well and Equitably

Everyone should be able to realize their full health potential as they get older, guided by their strengths, limitations, goals and priorities, and everyone should have a fair opportunity to age well. Our innovative aging research addresses aging well at every level, such as Alzheimer's disease proteins, bone cells, vitamins, psychological stress, robot companions, and healthcare systems and policies among many others.

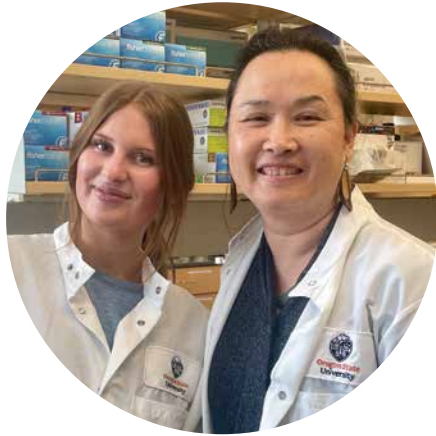


Collaboration and Scientific Innovation

Because aging occurs at every level, it involves us as individuals, our families, our communities and our society. A full picture of how people age well requires collaborations across scientific disciplines, which lead to innovative approaches and solutions to challenges in aging. We connect center researchers with each other and encourage aging research inside and outside of the center.

We dig deep to understand how biological, psychological, social and physical factors affect the aging process from cells to caregivers and from proteins to public policies.

This leads to discovering new methods for preventing disease and helping older adults live their healthiest and most fulfilling lives.



Training the Next Generation

The scientific and service workforce in aging is small relative to our society's needs. We provide opportunities for undergraduate and graduate students to learn about the aging process and to experience aging research firsthand. Our LIFE Summer Scholarships have been awarded to nearly 100 undergraduate researchers, and we prepare students to pursue careers in medicine and in the biological and social sciences that are focused on aging well.

Community Connections

Community members and center scientists can teach each other about the aging process and aging well. We provide opportunities for community members to participate in aging research and in turn provide trustworthy information about aging to the community by generating and sharing scientifically based information. We value community-involved research in which community members are collaborators in the scientific process.



CHAR's vision is to be an internationally known center for innovative research, education and outreach that enhances the quality of life for older adults, their families and communities.

Support a healthy future

CHAR IS THE EPICENTER OF OREGON STATE'S COMMITMENT TO HEALTHY AGING.

In addition to the College of Health, faculty from the colleges of Business, Engineering, Liberal Arts, Pharmacy, Science, Agriculture, Veterinary Medicine, and the OSU Extension Service are exploring the physical, emotional, social and environmental aspects of the aging process.

Your gift to CHAR supports:

- Opportunities for scientific interaction and collaboration among center scientists
- Training and learning opportunities for undergraduate and graduate students
- Increased scope of community connections, contributions and communications

Visit our website at health.oregonstate.edu/healthy-aging to give in any amount. Thank you for your support and commitment to healthy aging!



For more information:

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Oregon State University
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