

CURRICULUM VITA

TONYA JOHNSON, MPH

College of Public Health and Human Sciences | Oregon State University Extension Service

Email: tonya.johnson@oregonstate.edu

EDUCATION

Master of Public Health, 2008

Hunter College, City University of New York, New York, NY

Major Field: Community Health Education

Bachelor of Science, 1995

Pacific University, Forest Grove, OR

Major Field: Psychology

Minor Field: Health Education

EMPLOYMENT

2016-present

Assistant Professor of Practice

School of Social and Behavioral Health Sciences

College of Public Health and Human Sciences | Oregon State University Extension Service

Oregon State University

Salem OR

- Collaborate with community partners to design systems level interventions to enhance health and well-being; work with partners to foster collective impact
- Develop, promote, facilitate, and evaluate Family and Community Health education programs
- Develop and sustain community partnerships to promote health and health equity
- Engage and supervise college students in internship opportunities with OSU Extension Service
- Recruit, screen, train and supervise Master Food Preserver volunteers; seek out volunteer opportunities and programs to keep volunteers engaged and active in the community; market programming; develop and facilitate community-based food preservation classes
- Conduct outreach to engage diverse audiences in Extension programming
- Represent OSU Extension Service on local and state committees

2011-2016

Instructor

School of Social and Behavioral Health Sciences

College of Public Health and Human Sciences | Oregon State University Extension Service

Oregon State University

Salem OR

- Manage Nutrition Education Programs (SNAP-Ed and EFNEP) in Marion Polk and Yamhill Counties
- Supervise 7 Educational Program Assistants and college interns to ensure program success
- Oversee Marion Polk Yamhill SNAP-Ed and EFNEP budgets
- Foster partnerships and engage diverse audiences in nutrition education and Family and Community Health programming
- Develop, implement, and evaluate Family and Community Health program plans
- Recruit, train, and manage Master Food Preserver volunteers
- Represent OSU Extension Service on local and state committees

2007-2011

Program Supervisor

**Marion County Health Department
Salem and Woodburn OR**

- Develop, expand, and monitor County prevention programs
- Provide leadership and supervision to prevention team health educators
- Develop and sustain community partnerships
- Conduct County-wide community outreach
- Provide training and technical assistance to community partners
- Act as Public Information Officer

2003-2007

Program Administrator

**Albert Einstein College of Medicine
Bronx NY**

- Collect and synthesize data for the Office of the Associate Dean for Clinical and Translational Research
- Actively participate in team-based grant writing
- Write, edit, and assist in the design of the clinical research newsletter
- Prepare applications and progress reports submitted to the Internal Review Board and National Institutes of Health

2002

Teaching Fellow

**New York City Board of Education
Bronx NY**

- Serve as kindergarten teacher for 26 students
- Develop and deliver tailored lesson plans
- Interface with parents and administrators to ensure high quality, differentiated lessons
- Implement classroom management strategies to facilitate learning

- Establish rapport and support children from diverse socio-economic and cultural backgrounds

2001-2002

Study Coordinator

Albert Einstein College of Medicine

Bronx NY

- Coordinate multi-year diabetes health education study
- Develop and deliver theory-based diabetes health education
- Train and supervise staff in implementing study protocol to fidelity
- Prepare applications and progress reports submitted to the Internal Review Board and National Institutes of Health

1998-2001

Research Assistant

Albert Einstein College of Medicine

Bronx NY

- Provide support to 27 study sites regarding the medication intervention arm of the Diabetes Prevention Program protocol
- Assist in planning, organizing, and implementing Diabetes Prevention Program staff workshops
- Recruit and screen study participants; follow study protocol to fidelity
- Write and edit quarterly newsletter for study participants

1996-1998

Teen Education Coordinator

Douglas County Health and Social Services

Roseburg OR

- Coordinate the STARS peer-led teen pregnancy prevention program
- Recruit, train, and supervise high school students to facilitate the STARS curriculum
- Monitor program fidelity and prepare progress reports
- Conduct community outreach for program development
- Develop and deliver teen pregnancy prevention presentations

1995-1996

AmeriCorps Member

National AIDS Fund

Puyallup WA

- Conduct community outreach
- Develop and deliver HIV/AIDS awareness presentations
- Provide individualized education to clients

TEACHING AND ADVISING

Instructional Summary

OSU Extension Service Family and Community Health educational programming primarily focuses on two main areas: 1) healthy eating and physical activity, and 2) food safety and preservation.

OSU Extension Service Family and Community Health partners with community-based organizations to offer research-based nutrition/healthy eating classes. Providing opportunities for youth and families to participate in educational activities that focus on healthy eating will help youth and families understand the importance of healthy behaviors, nutrition, and physical activity.

The OSU Extension Service food preservation program keeps people safe by providing research-based food preservation and safety information to the public. Family and Community Health (FCH) faculty train Master Food Preserver volunteers to conduct outreach in the community, greatly increasing the FCH program's capacity. FCH faculty work with MFP volunteers to offer public workshops, demonstrations, and informational booths events.

| Instructional Summary: October 2011- October 2019 | | | |
|--|-------------------|------------------------|--------------------|
| Non-Credit Courses and Workshops | | | |
| Type | Number of Classes | Number of Participants | Number of Contacts |
| Oregon Nutrition Education Program – SNAP-Ed & EFNEP | 336 | 2345 | 7809 |
| Kids in the Kitchen classes | 39 | 242 | 363 |
| General healthy eating and cooking classes | 121 | 694 | 1238 |
| Master Food Preserver (MFP) Certification class | 68 | 94 | 835 |
| Community Food Preservation classes | 130 | 1049 | 1156 |
| Other | 72 | 341 | 504 |
| Total | 766 | 4765 | 11,905 |

Curriculum Development

Brandt, J., **Johnson T.M.** (2016). Don't Let Your Golden Years Be Tarnished: Tips for staying healthy and independent as you age. Collaboratively designed and wrote this lesson, which includes a facilitator guide and participant guide, for the Family & Community Education (FCE) study groups. The lesson aims to increase participant knowledge of strategies and resources for staying healthy and independent as we age, including health, vision, and hearing screenings;

nutrition and fitness; medication management; adaptive tools; footwear; and preparing home for safety. The lesson was taught by Extension faculty and re-taught by Oregon FCE volunteers to their individual community groups in at least 7 counties. Participants were asked to complete a brief (IRB reviewed) survey at the end of the lesson. Forty-nine participants completed the program evaluation. Participants were asked on a scale of 1 to 5 (1 = very little; 5 = a great deal) “To what extent did the lesson increase your awareness and knowledge of the following?”

- Strategies and activities that help us stay healthy and independent as we age. 4.2
- Tips for how to manage your medications. 3.2
- How to assess and prepare your home for safe and comfortable aging-in-place. 4.1
- Resources available for services or information in your area. 4.6

43 people (87%) listed changes they intended to make or actions they planned to take as a result of this lesson.

Curriculum available at: <https://extension.oregonstate.edu/fce/2017-fce-lessons#paragraph-23561>

Johnson, T.M., Driscoll D. (2012). Chronic Disease Self-management: The key to better health is in your hands. Collaboratively designed and wrote this lesson, which includes a facilitator guide and participant guide, for the Family & Community Education (FCE) study groups. The lesson aims to teach participants five strategies to help self-manage chronic disease and includes activities that allow participants to practice each of the five strategies during the session. The lesson was taught to FCE groups throughout Oregon in 2013, as one of three statewide lessons provided by Oregon State University.

Graduate and Undergraduate Students

Field experience and supervised practice, including internships, are part of the OSU Extension Service mission of teaching and engagement. In Family and Community Health programs, this includes mentoring and or providing volunteer opportunities for undergraduate or graduate students. From 2012-2019, 46 undergraduate and three graduate students benefited from exposure to the hands-on nature of Extension Family and Community Health programming in Marion County. Oregon State University students represented 59% of the students hosted, and contributed 69% of the total internship/practicum hours completed with me at OSU Extension Service.

| Summary Table of Graduate and Undergraduate Students | | | | |
|--|---------------|----------------------------|---------------------------|-------------|
| Year | # of Students | Degrees sought | University attended | Total hours |
| 2019 | 2 | BS – public health | Oregon State University | 450 |
| | 3 | BS – comm health education | Western Oregon University | 720 |
| | 2 | RD | Oregon State University | 160 |
| 2018 | 5 | BS – public health | Oregon State University | 1120 |
| | 1 | BS – comm health education | Western Oregon University | 240 |
| 2017 | 3 | BS – public health | Oregon State University | 1080 |
| | 3 | BS – comm health education | Western Oregon University | 720 |
| 2016 | 3 | BS – public health | Oregon State University | 960 |
| | 3 | BS – comm health education | Western Oregon University | 720 |

| | | | | |
|--------------|-----------|----------------------------|-----------------------------------|---------------|
| | 2 | BS – nursing | Oregon Health Sciences University | 170 |
| 2015 | 2 | BS – public health | Oregon State University | 720 |
| | 1 | BS – comm health education | Western Oregon University | 240 |
| | 2 | BS – nursing | Oregon Health Sciences University | 170 |
| | 1 | MPH – health promotion | Portland State University | 200 |
| 2014 | 4 | BS – public health | Oregon State University | 1350 |
| | 2 | BS – comm health education | Western Oregon University | 80 |
| | 2 | BS – nursing | Oregon Health Sciences University | 85 |
| 2013 | 5 | BS – public health | Oregon State University | 1800 |
| 2012 | 3 | BS – public health | Oregon State University | 495 |
| TOTAL | 49 | | | 11,480 |

PUBLICATIONS

Refereed publications

Johnson, T.M., Dodge Vera, T., Elliott, K., Irvin, V., Ahern, K. The benefits of Extension Service internships for university students. (Manuscript submitted for publication to *Journal of Higher Education Outreach and Engagement* June 2019)

Johnson, T.M., Dodge Vera, T., Elliott, K., Irvin, V. Engaging college students in experiential learning opportunities with the Extension Service. *Journal of Extension*. 2019, 57(2), Article 2IAW1. Available at: <https://www.joe.org/joe/2019april/iw1.php>

Johnson, T.M., Wong, S.S., Manore, M.M. The WAVE Experience: Best practices for engaging high school soccer players in life-skills team building competitions. *Journal of the National Extension Association Family and Consumer Sciences*. 2018, 13(4): 44-58.

Johnson, T.M., Case, P.E., Hyde, G., Kershaw, N.L., Kraemer, L.M. Food preservation: Using technology-based approaches to reach diverse audiences. *Journal of Extension*. 2018, 56(3), Article 3IAW5, Available at: <https://www.joe.org/joe/2018june/iw5.php>

Tobey, L.N., Schurmpf, E., **Johnson, T.M.,** Mouzong, C., Veith, R.M., Braverman, M.T., Wong, S.S., Manore, M.M. Can healthy recipes change eating behaviors? The *Food Hero* social marketing campaign recipe project experience and evaluation. *Journal of Nutrition Education and Behavior*. 2016, 49(1): 79-82.

Extension publications

Johnson, T.M., Brandt, J. Freezing Fruits and Vegetables (PNW 214). Available at: <https://catalog.extension.oregonstate.edu/pnw214>

PROFESSIONAL PRESENTATIONS

- 2019 **Johnson, T.M.**, Kuenz-Barber, K., Sherman, L., Anderson, S., Hilty, D. Bridging the Gap of Food Insecurity through Cross-sector Collaborations. *National Health Outreach Conference*. Dallas TX and *OSU Extension Service Family and Community Health Spring Conference*. Corvallis OR. Poster presentation.
- 2019 **Johnson, T.M.**, Goicochea, K., Anderson, L., Dodge Vera, T., Elliott, K., Irvin, V., Ahern, A. The Benefits of Extension Service Internships for University Students. *Oregon Public Health Association Conference*. Corvallis OR. Poster presentation.
- 2018 **Johnson, T.M.** Intergenerational Walking Project: A Step Toward Walkability. *National Health Outreach Conference*. Minneapolis MD. Ignite presentation.
- 2018 Dodge Vera, T., **Johnson, T.M.**, Elliott, K., Irvin, V. Engaging College Students in a Culture of Health through Experiential Learning. *National Health Outreach Conference*. Minneapolis MD. Ignite presentation.
- 2018 **Johnson, T.M.**, Wong, S.S., Manore, M.M. The WAVE Experience: Engaging High School Soccer Players in Nutrition, Menu Planning, Shopping, Cooking, and Gardening Life-skills Team Building Competitions. *National Health Outreach Conference*. Minneapolis MD and *Oregon Public Health Association Conference*. Corvallis OR and *Spring 4-H and FCH Staff Development Conference*. Portland, OR. Poster presentation.
- 2018 Dodge Vera, T., **Johnson, T.M.**, Elliott, K., Irvin, V. Best Practices for College Student Engagement in Experiential Learning with Community Partners using the Oregon State University Extension Service as an Example. *Oregon Public Health Association Conference*. Corvallis OR. Poster presentation.
- 2017 **Johnson, T.M.** Linking People to Health Through Neighborhood-centric Maps. *National Health Outreach Conference*. Annapolis MD. Ignite presentation.
- 2017 **Johnson, T.M.**, Beltz, R., Stice, J. Linking People to Health through Neighborhood Centric Maps. *Oregon Public Health Association Conference*. Corvallis OR. Poster presentation.
- 2017 Elliot, K., Dodge Vera, T., Irvin, V., **Johnson, T.M.** Engaging CPHHS Students in Experiential Learning Opportunities. *OSU Extension Annual Conference*. Corvallis OR. Oral presentation.
- 2016 **Johnson, T.M.** Monster Munch! Build Cooking Skills and Increase Fruit/Vegetable Intake Through Hands-on Cooking Classes. *National Health Outreach Conference*. Roanoke VA. Poster presentation.
- 2016 Hibbard, S., **Johnson, T.M.**, Carley, J. Just Walk! Expanding Neighborhood-centric Walking groups. *National Health Outreach Conference*. Roanoke VA and *Oregon Public Health Association*. Corvallis OR. Poster presentation.
- 2016 Kershaw, N., Brandt, J., **Johnson, T.M.**, Hyde, G., Kraemer, L., Oehler, N., Kirk, C., Case, P., Runkel, S., Streit, K., Rudolph, J. 35 Years of Master Food Preservation

- Programming. *National Extension Association Family & Consumer Sciences Conference*. Big Sky, MT. Poster presentation.
- 2015 **Johnson, T.M.**, Brandt J., Conte, K. Effective Dissemination of a Chronic Disease Self-management Program via the Extension Service. *National Health Outreach Conference*. Atlanta GA and *National Extension Association Family Consumer Sciences Conference*. Greenbriar WV. Oral presentation.
- 2015 **Johnson, T.M.** Monster Munch! Build Cooking Skills and Fruit/Vegetable Intake through Hands-on Classes. *National Extension Association Family & Consumer Sciences Conference*. Greenbriar WV. Poster presentation. Sole presenter.
- 2015 Bledsoe, M., Svesko, K., Graves, D., **Johnson, T.M.** Drug Court, Nutrition, and Health: Improving Experience and Outcomes. *IHI Open School West Coast Conference*. Portland OR. Oral presentation.
- 2014 **Johnson, T.M.** Developing the Public Health and Extension Workforce through Outreach and Engagement. *National Extension Association Family & Consumer Sciences Conference*. Lexington KY and *Spring 4-H and FCH Staff Development Conference*. Portland OR. Poster presentation.
- 2014 **Johnson, T.M.** Instructional Strategies for Adult Learners: 2013 Greenwood Frysinger Award. *National Extension Association Family & Consumer Sciences Conference*. Lexington KY. Poster presentation.
- 2014 Kershaw, N., Case, P., Brandt, J., Davis, J., Driscoll, D., Hyde, G., **Johnson, T.M.**, Kirk, C., Kraemer, L., Steele, L., Schreiber, D., Withee, S. OSU Extension Food Preservation Facebook Page. *National Extension Association Family & Consumer Sciences Conference*. Lexington KY and *Epsilon Sigma Phi Conference*. Indianapolis IN. Poster presentation.
- 2013 **Johnson, T.M.** Extension Partners with Pediatric Clinic to Improve Health. *Priester National Health Extension Conference*. Corvallis OR. and *Spring 4-H and FCH Staff Development Conference*. Wilsonville OR. Poster presentation.

RESEARCH

- 2013-2018** Project: WAVE~Ripples for Change
PI: Siew Sun Wong
Role: Field Team Lead
Funding Agency: US Department of Agriculture, Agriculture Food and Research Initiative
Funding Amount: \$4.7 million over five years; \$187,740 to the field team over five years
-

GRANTS

- 2017 **Johnson, T.M.** (PI). “Intergenerational Walking Project”. Received by Salem Leadership Foundation. Funded by AARP and Safe Routes to School National Partnership – Safe Streets Challenge. \$1000.
- 2016 **Johnson, T.M.** (PI). “Just Walk Salem Expansion.” Awarded to OSU Extension Service, Marion County. Funded by Salem Health Community Partnership grant. \$25,000 year two.
- 2015 **Johnson, T.M.** (PI). “Just Walk Salem Expansion.” Awarded to OSU Extension Service Marion County. Funded by Salem Health Community Partnership grant. \$50,000.
- 2013 Heilman, P., **Johnson, T.M.** (co-supervisor). “CDC Public Health Associate.” Awarded to Marion County Health Department. Funded by Centers for Disease Control. The Associate worked part-time with Family & Community Health program during the 2nd year of the program. 0.40 FTE, ~\$20,000.
-

SERVICE TO THE PROFESSION

Professional Memberships

- Oregon Public Health Association (OPHA), 2016-present
- American Public Health Association (APHA), 2017-present
- Oregon State University Extension Association, 2012-present
- National Extension Association Family Consumer Sciences, 2012-present

University Committees and Service

- MFP Hybridization Workgroup, 2019-present
- Oregon State University Faculty Senate, 2018-present
- CPHHS Dean’s Advisory Council, 2018-present
- FCH Spring Conference Planning Committee, 2018-2019
- Oregon State University Extension Service West Central Regional Director Search Committee, 2018
- 4-H/FCH Conference Proposal Reviewer, 2018
- 4-H/FCH Spring Conference Planning Committee, 2017-2018
- FCH Health Extension Implementation Team, 2016-present
- FCH Strategic Planning Committee, 2016-2017
- FCH Professor of Practice Parenting Faculty Search Committee, 2016
- FCH Professor of Practice for Yamhill Polk Search Committee Chair, 2016
- 4-H/FCH Conference Proposal Reviewer, 2016
- FCH Professor of Practice for Tillamook Lincoln Search Committee, 2015-2016

- FCH Strategic Planning Focus Area Committee, 2015
- CPHHS Health Management & Policy Faculty Search Committee, 2014-2015
- 4-H/FCH Program Leader Search Committee, 2014-2015
- 4-H/FCH Conference Proposal Reviewer, 2012-2013
- SNAP-Ed “Families with Youth Participants” Curriculum Workgroup, 2012-2013
- Marion County 4-H Faculty Search Committee, 2012

Community-based Committees and Service

- Edgewater Partners/West Salem Farmer’s Market Planning Committee, 2018-present
- Mid-Willamette Valley Health Equity Coalition, 2018-present
- National Health Outreach Conference Planning Committee, 2018
- Open Streets Salem Planning Committee, 2018
- Age-friendly Salem Assessment Team, 2018
- Community Food Systems Summit Planning Committee, 2017-present
- WanderWalks Points of Health Workgroup, 2016-2019
- Woodburn Healthy Eating Active Living (HEAL) Workgroup, 2016-2017
- Woodburn Hunger Awareness Workgroup, 2016-2017
- Just Walk Salem Keizer Steering Committee, 2015-present
- Community Advisory Council for Willamette Valley Community Health, 2012-2019
- Priester Health Extension Conference Planning Committee, 2012-2014
- YMCA – Pioneering Healthy Communities Advisory Group, 2012-2014
- Marion County I love ME (Move Right Eat Healthier) Committee, 2011-2018
- Marion County Community Health Improvement Plan Committee, 2011-2017

NATIONAL and REGIONAL AWARDS

- 2018 **Johnson, T.M.**, Wong, SS. “WAVE Project: Innovation in Team Building Workshops”. Innovation in Programming Award. OSUEA-FCS State Award presented by OSUEA-FCS and 2nd place Western Region Award presented by NEAFCS Western Region. Certificates.
- 2017 **Johnson, T.M.**, Ramsey J. “Waste Matters on the Air: Master Food Preserver Program”. Communications – Radio / Podcast Award. OSUEA-FCS State Award presented by OSUEA-FCS and 2nd place Western Region Award presented by NEAFCS Western Region. Certificates.
- 2016 **Johnson, T.M.**, Hibbard, S. “Expansion of Neighborhood Centric Walking Program through Extension Service”. Communications – Press Release Award. OSUEA-FCS State Award presented by OSUEA-FCS and 2nd place Western Region Award presented by NEAFCS Western Region. Certificates.
- 2016 Brandt, J., Oehler, N., Kershaw, N., Hyde, G., Kraemer, L., **Johnson, T.M.**, Kirk, C., Streit, K., Case, P., Runkel, S., Rudolph, J., Crowley, T., Braverman, M., Chavez, L. “OSU Volunteer Master Food Preserver Program”. Food Safety Award. OSUEA-FCS State Award presented by OSUEA-FCS and 3rd place Western Region Award presented by

NEAFCS Western Region. Certificates.

- 2016 Kraemer, L., Ahern, K., Bowman, S., Brody, B., Carr, R., Hatfield, M., **Johnson, T.M.**, Kirk, C., Maille, R., Rudolph, J., Smiley, J., Treadwell, A., Tobey, L., Mouzong, C., Lamotte, L., Schrupf, E., Draper, B., Canady, L., Wilson, J., Mills, J. “Food Hero Monthly Newsletter”. Communications – Newsletter Award. OSUEA-FCS State Award presented by OSUEA-FCS. 2nd place Western Region Award presented by NEAFCS Western Region. Certificates.
- 2014 Kershaw, N., **Johnson, T.M.**, Brandt, J., Withee, S., Schrieber, D., Davis, J., Kraemer, L., Case, P., Driscoll, D., Hyde, G., Kirk, C., Steele, L. “OSU Food Preservation Facebook Page”. Distinguished Team Recognition. Presented by Epsilon Sigma Phi. Four awards presented nationally (one per region). Framed certificate.
- 2014 Kershaw N., Brandt J., Case P., Davis J., Driscoll D., Hyde G., **Johnson T.M.**, Kirk C., Kraemer L., Schrieber D., Steele L., Withee S. “OSU Extension Food Preservation Facebook Page”. Social Networking Award. OSUEA-FCS State Award presented by OSUEA-FCS and 1st place Western Region Award presented by NEAFCS Western Region. Certificates.
- 2013 **Johnson, T.M.** National Extension Association Family and Consumer Sciences Greenwood Frysinger Award. Presented by NEAFCS. Certificate plus \$400 scholarship to attend a course.