



## *Undergraduate Public Health Internship Requirements*

**Public Health Undergraduate Major: students need to select an option/concentration within the major: Health Management and Policy, Health Promotion and Health Behavior or the General Option**

The internship can be:

- 252-360 hours, 12 credits for one academic term.
- 126-180 hours, 6 credits each term, for 2 academic terms.
- The internship can be in person, hybrid or remote.
- The range in hours reflects the Pass/No Pass format of the course, if the student performs well at the internship and both the student and internship site agree upon the hours, it can range from a minimum of 252-360 total hours.
- There are Canvas assignments (final portfolio and journals) that can be done for hours

Preceptor Requirements:

- There can be one or two preceptors for the student, and they need a minimum of a Bachelor's Degree in a field related to Public Health.
- Meet regularly with the student throughout the internship and provide feedback.
- Complete the paperwork throughout term.



## Health Management and Policy Option

Examples of activities for this option include the following:

Activity	Description
Health Administrative Activities	Assist with administrative activities in a health facility
Health Surveys	Conduct quality improvement surveys, or other types of surveys and possibly evaluate results
Strategic Planning	Develop, assist and/or coordinate a strategic action plan for a health organization
Health Policy	Revise/assist with health-related policies or procedures at a health organization or at a local, state or national level
HMP Document Revision or Development	Revise/develop forms for a health-related agency/organization
Content Specific Activities	Work on projects related to specific HMP topics: finance, budgeting, Medicare, Medicaid, reimbursement, compliance, quality improvement, Lean, etc.
Professional Development	Professional Development Activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews)
Other	Please contact Internship Coordinator for approval of other activities, need to be HMP related



## Health Promotion and Health Behavior Option

Examples of activities for this option include the following:

Activity	Description
Program Planning, Implementation or Evaluation	Develop, implement and/or evaluate a health-related program for an organization (schools, shelters, community organizations, etc.)
Health Outreach	Develop and/or coordinate a health outreach event or health fair. Provide health-related outreach education in a community.
Health Surveys or Needs Assessments	Perform a needs assessment and/or develop a survey for a public health related issue
Health Research/Policy	Research health related information; work on health policy related activities
Develop Health Education Materials	Develop health education materials (brochures, PowerPoint presentations, posters, flyers, etc.)
Health Communication	Work on a health campaign, with messaging, social media, and health communication
Content Specific Activities	Work on projects related to specific HPHB topics: (HIV/AIDS, obesity, nutrition, cancer, diabetes, infectious diseases, violence, environmental health, mental health, chronic diseases other health behaviors)
Professional Development	Professional development activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews)
Other	Please contact Internship Coordinator for approval of other activities



**Oregon State University**  
**College of Health**

## **General Option**

Examples of activities for this option include the following:

<b>Activity</b>	<b>Description</b>
Public Health Data	Collect, Analyze, and/or disseminate public health data.
Administrative duties	Assist in public health administrative activities.
Research Activities	Participate in public health research related activities (literature review, methodology, etc.)
Healthy Equity Activities	Participate in health equity outreach, education, awareness, and/or assessment activities
Policy Activities	Assist in public health policy related activities
Program Related Activities	Participate in program planning, implementation and/or evaluation activities
Professional Development	Professional development activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews)
Other	Please contact Internship Coordinator for approval of other activities

## **Activities that do not count for the Internship**

- Coaching, athletic training, and/or anything kinesiology related
- Daycare: only taking care of children
- Faculty Research (only focused on research, no community involvement)
- Door to door soliciting
- Clinical (CNA, taking blood pressure, vitals, working on patients, etc.)
- EMT/Firefighting/first responder duties (firefighting, medical calls, etc)
- Activities not related to student's option (HMP, HPHB, GEN)
- Activities that are part of a current job (students can do the internship at the same place, but it has to be completely separate from an existing job, different projects, preceptor, etc.)