“Our work begins with passion and leads to life-changing results. The center generates, translates, and shares research-based knowledge to improve the health and well-being of children and families.” Director Megan McClelland

In the past few years, the Hallie E. Ford Center for Healthy Children and Families (HFC) at Oregon State University has experienced tremendous growth, including receiving over $40 million dollars in funding awarded to HFC researchers.

With the continuous and accelerated growth of our research projects, centers, and programs, the Hallie Ford Center is experiencing rapid expansion and transformation!

Hallie E. Ford Center Leadership
Megan McClelland, Ph.D.  Hallie E. Ford Endowed Director
Megan MacDonald, Ph.D.  Early Childhood Core Lead
Jonathan Garcia, Ph.D.  Youth and Young Adults Core lead
Kathy Gunter, Ph.D.  Healthy Eating Active Living (HEAL) Core Lead
Shauna Tominey, Ph.D.  Parenting and Family Life Core Lead

Hallie E. Ford has a new event calendar! You can take a look at our new calendar to see what’s happening in the center or associated with the center.
Center Wide Fall Updates!

**The Cynthina and Duncan Campbell Lecture** on Childhood Relationships, Risk and Resilience is presented annually and made possible by Cindy and Duncan Campbell. This year’s **Cynthia and Duncan Campbell Lecture** took place on October 27th. In a standing room only event, Dr. Eve L. Ewing presented on her forthcoming book, "Original Sins: The [Mis]Education of Black and Native Youth and the Construction of American Racism". Learn more about Dr. Ewing [here](#).

**Bunny to Bunny**
The Hallie E. Ford Center received a $200,000 gift from the Panda Family Foundation to disseminate 50,000 copies of the book, Bunny to Bunny, that was developed as part of the Learning Sciences Exchange Fellowship by Megan McClelland and colleagues.

To date, nearly all 50,000 books (in both English and Spanish) have been shared!

**Friends of the Children Summer Internship**
The **Friends of the Children summer internship** is funded through the Campbell Endowment fund. During the summer of 2023, Janelle Thalken, MPH, M.S. a Doctoral Candidate in Psychosocial Kinesiology, was the Friends of the Children intern in Portland.

**Cross Core Programs, Centers, and Collaboration**

> “Individually, we are one drop. Together, we are an ocean.” Ryunosuke Satoro

**Family Policy Group**
The **Family Policy Group** conducts research on policy analysis (i.e., impacts of policies) and policy processes related to children and families.

**Fall Updates!**
The 2023 Oregon Family Impact Seminar happened on November 6th, and focused on ways to improve the mental health of Oregon’s youth and families. This year’s speakers were **Jennifer Pfeifer, PhD, Leslie Leve, PhD, and Kiara Álvarez, PhD**.

To find out more, visit the **Oregon Family Impact Seminar website**.

**Community Engaged Research and Practice Community of Practice**
The **Healthy Eating, Active Living Research Core** and the **Youth and Young Adult Research Core** at the Hallie E. Ford Center are collaborating on the creation of a new Community of Practice (COP) centered on Community Engaged Research and Practice. The initial meeting, held on November 2nd, 2023, included almost 40 individuals from a wide variety of backgrounds at OSU. Interest and enthusiasm for collaboration was high, and further meetings are planned!
News from Cores, Centers, and Programs

Early Childhood Core

Core Director Megan MacDonald, Ph.D

The Early Childhood Core focuses on optimizing children's development and well-being in families, early care and educational settings, and communities.

ASPIRE

Oregon State University’s Advancing Science, Practice, Programming and Policy in Research Translation for Children’s Environmental Health Center (ASPIRE).

Fall Updates!

In September, ASPIRE Center Co-PIs Molly Kile and Megan McClelland; Co-Investigators Veronica Irvin and Perry Hystad; ASPIRE Center Postdoctoral Scholar Sydelle Harrison; and pilot project awardee Sara Jones (Smokewise Ashland) traveled to Washington, DC for the Children's Environmental Health and Research Translation (CEHRT) Centers Annual Meeting. In October, The ASPIRE center had a successful Ignite Colloquium: “Protecting Children’s Environmental Health: Research to Action”.

Missed the Ignite event? The recording is available now! To view, visit 2022 ASPIRE Ignite Event.

ASPIRE is pleased to announce that the request for pilot project proposals is now open!

Application available at: Pilot Project Request for Proposals

Check out previous ASPIRE Center Pilot Projects!

Visit the ASPIRE webpage to learn more!

NEW! Oregon Inclusion Initiative

The Oregon Inclusion Initiative was created through an agreement between Oregon State University and Oregon Department of Education’s Oregon Early Childhood Inclusion.

The Inclusion team has been offering a number of webinars focused on the Pyramid Model, Preschool Inclusion toolbox, and other related topics. You can see upcoming trainings on the Inclusion training calendar.

This work has recently been spotlighted on p. 33 of the Policy Statement on Inclusion of Children With Disabilities in Early Childhood Programs.

Visit the Inclusion Initiative’s webpage to learn more!
Early Learning System Initiative (ELSI)
The Early Learning System Initiative (ELSI) was created through a partnership between Oregon State University and the Oregon Department of Early Learning and Care.
ELSI is a statewide center that works with partners to support tailored and coordinated ongoing professional learning opportunities that meet the diverse needs of Oregon’s early educator workforce.

Fall Updates!
New Report - Recommendations for Supporting the Well-being of the Oregon Early Learning Workforce. This report includes recommendations based on findings from the 2022 SEQUAL survey (Supportive Environmental Quality Underlying Adult Learning). Read the report here and check out our other workplace well-being resources.

ELSI’s training team has created a training site that has info on workshops and trainings, including a calendar, and other helpful resources! Check it out here!

ELSI Newsletter Coming Soon! Subscribe at this link.

Recent and Upcoming Trainings
Practice Based Coaching
The ELSI Coaching Core recently hosted their first in-person Practice-Based Coaching training series. The summer intensive included a suite of four Set-2 trainings, focused on key elements of the Practice Based Coaching (PBC) cycle. ELSI will be offering the PBC suite virtually, January 23-24, 2024. Be on the lookout for additional information!

Foundations in Coaching Course
Announcing the release of Foundations in Coaching: A new professional development resource for instructional coaches course, a self-paced online course designed to build a foundational understanding of the Oregon Coaching Competencies. Course participants will learn about the Oregon Coaching Competencies and be introduced to Practice-Based Coaching through interactive activities, videos, graphics, knowledge checks, and reflections. More information about the course and how to register available here.

Visit the ELSI webpage to learn more!

Red Light Purple Light
The Red Light, Purple Light (RLPL) intervention focuses on a series of music- and movement-based circle time games that can be used to promote young children’s school readiness at home and at school.

Fall Updates!
RLPL researchers are busy doing data collection this time of year! In one study, they are examining the effectiveness of two versions of RLPL for improving children’s self-regulation, math, and literacy skills in preschool with over 700 children.

Recent and Upcoming Trainings
Red Light, Purple Light: A Self-Regulation Intervention Program offered on demand here: Self-Paced Online Course.

RLPL Intervention trainings: The RLPL team offers virtual and in-person trainings to bring the intervention to your program or classroom. To see order details click here.

Already Implementing RLPL? Order a kit to make implementation easier!

Click here to purchase.

Visit the RLPL webpage to learn more!
Parenting and Family Life Core

**Core Director** Shauna Tominey, Ph.D

Researchers and Faculty in this core examine healthy parenting and family life as a strong foundation for child and youth development, and healthy communities as a strong foundation for families.

The Oregon Parenting Education Collaborative (OPEC) connects families with free parenting classes, resources, and events in their communities through a network of parenting hubs and partner organizations. Find your local Parenting Hub [here](#).

**Fall Updates!**

OPEC recently closed two hiring advertisements for outreach coordinators focused on culturally specific collaboration in parenting education. Be on the lookout for upcoming hiring announcements!

**New articles:**

- [Supporting Communication with teens](#) by Megan McQueen.
- [4 ways to help develop your baby’s brain](#) by Megan McQueen.
- [Support LGBTQIA+ families](#) by OPEC staff

**Recent and Upcoming Trainings**

**Essentials of Parenting Education Professional Practice Course**

In this free online course, students will learn the foundations of professional practice for parenting educators, including professional ethics, setting boundaries, addressing biases, and facilitation skills. Enroll [here](#).

**OPEC Training Academy 2023-2024 Series**

- **Nov 21st 10-11:30 a.m. PST:** Supporting Indigenous Children and Families with Susan Beaulieu.
- **December 19th, 10-11:30 a.m. PST:** Tag You’re It: Cultivating Playfulness in Our Adult Lives with Daphnee Nicolas, Kiki Omoto, and Laura Neilson. Register [here](#).

Visit the OPEC [webpage](#) to learn more!

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Image Credit: Nathan Dumlao on Unsplash

Of all the things that influence a child’s growth and development, the most critical is reliable, responsive, and sensitive parenting.
Healthy Eating Active Living (HEAL) Core
Core Director Kathy Gunter, Ph.D.
The HEAL core focuses on the promotion of healthy lifestyles and the prevention of obesity in children and families through nutrition and physical activity. The HEAL core just completed a very successful conference focused on the four day school week!

Fall Updates!
Four Day School Week
A two-day conference (October 20-21, 2023) was convened in Corvallis, OR (and virtually) about the cutting-edge research and practice around the four-day school week school (4DSW) schedule. Conference presentations and proceedings will be available here.
Visit the HEAL Core webpage to learn more.

Youth and Young Adults Core
Core Director Jonathan Garcia, Ph.D.
Researchers in this core study the behaviors and environments that threaten or enhance the health and well-being of youth.

Fall Updates!
Joining Our Youth (JOY): A School-Health Services Conference will happen April 22-23, 2024 in Corvallis. JOY aims to build effective and genuine youth-adult partnerships, highlight the impact and innovation of school-based health centers, and identify how health systems can support young people and their families, particularly for communities who have been historically marginalized.

The Youth and Young Adults Core and partners in the school of Psychology continue to collaborate in a monthly grant review community. The most recent meeting happened on December 1, 2023. The next meeting is set to take place during winter term at OSU. Location, date and time TBA.
If you have any questions, please contact Jonathan Garcia or David Kerr.

Read more about the Youth and Young Adult Core here.

For information about giving to support the Hallie Ford Center, contact Jessica Merkner at jessica.merkner@osufoundation.org.

Learn more about the Hallie Ford Center by following us on Instagram, Facebook, LinkedIn and Twitter, by visiting our website, or dropping us a line!