



Oregon State University
College of Health

Undergraduate Public Health Internship

Public Health Undergraduate Major: students need to select on option/concentration within the major: **Health Management and Policy, Health Promotion and Health Behavior or the General Option**

The internship can be:

- 252-360 hours, 12 credits for one academic term.
- 126-180 hours, 6 credits each term, for 2 academic terms.
- The internship can be in person, hybrid or remote.
- The range in hours reflects the Pass/No Pass format of the course, if the student performs well at the internship and both the student and internship site agree upon the hours, it can range from a minimum of 252-360 total hours.
- There are Canvas assignments (final portfolio and journals) that be can be done for hours

Preceptor Requirements:

- There can be one or two preceptors for the student, and they need a minimum of a Bachelor's Degree in a field related to Public Health.
- Meet regularly with the student throughout the internship and provide feedback.
- Complete the paperwork throughout term.



Oregon State University
College of Health

Health Management and Policy Option

Examples of activities for this option include the following:

| Activity | Description |
|--------------------------------------|---|
| Health Administrative Activities | Assist with administrative activities in a health facility |
| Health Surveys | Conduct quality improvement surveys, or other types of surveys and possibly evaluate results |
| Strategic Planning | Develop, assist and/or coordinate a strategic action plan for a health organization |
| Health Policy | Revise/assist with health-related policies or procedures at a health organization or at a local, state or national level |
| HMP Document Revision or Development | Revise/develop forms for a health-related agency/organization |
| Content Specific Activities | Work on projects related to specific HMP topics: finance, budgeting, Medicare, Medicaid, reimbursement, compliance, quality improvement, Lean, etc. |
| Professional Development | Professional Development Activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews) |
| Other | Please contact Internship Coordinator for approval of other activities, need to be HMP related |



Oregon State University
College of Health

Health Promotion and Health Behavior Option

Examples of activities for this option include the following:

| Activity | Description |
|--|---|
| Program Planning, Implementation or Evaluation | Develop, implement and/or evaluate a health-related program for an organization (schools, shelters, community organizations, etc.) |
| Health Outreach | Develop and/or coordinate a health outreach event or health fair. Provide health-related outreach education in a community. |
| Health Surveys or Needs Assessments | Perform a needs assessment and/or develop a survey for a public health related issue |
| Health Research/Policy | Research health related information; work on health policy related activities |
| Develop Health Education Materials | Develop health education materials (brochures, PowerPoint presentations, posters, flyers, etc.) |
| Health Communication | Work on a health campaign, with messaging, social media, and health communication |
| Content Specific Activities | Work on projects related to specific HPHB topics: (HIV/AIDS, obesity, nutrition, cancer, diabetes, infectious diseases, violence, environmental health, mental health, chronic diseases other health behaviors) |
| Professional Development | Professional development activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews) |
| Other | Please contact Internship Coordinator for approval of other activities |



Oregon State University
College of Health

General Option

Examples of activities for this option include the following:

| Activity | Description |
|----------------------------|--|
| Public Health Data | Collect, Analyze, and/or disseminate public health data. |
| Administrative duties | Assist in public health administrative activities. |
| Research Activities | Participate in public health research related activities (literature review, methodology, etc.) |
| Healthy Equity Activities | Participate in health equity outreach, education, awareness, and/or assessment activities |
| Policy Activities | Assist in public health policy related activities |
| Program Related Activities | Participate in program planning, implementation and/or evaluation activities |
| Professional Development | Professional development activities (attending conferences, doing job shadows, observing staff/committee meetings, informational interviews) |
| Other | Please contact Internship Coordinator for approval of other activities |

Activities that do not count for the Internship

- Coaching, athletic training, and/or anything kinesiology related
- Daycare: only taking care of children
- Faculty Research (only focused on research, no community involvement)
- Door to door soliciting
- Clinical (CNA, taking blood pressure, vitals, working on patients, etc.)
- EMT/Firefighting/first responder duties (firefighting, medical calls, etc)
- Activities not related to student's option (HMP, HPHB, GEN)
- Activities that are part of a current job (students can do the internship at the same place, but it has to be completely separate from an existing job, different projects, preceptor, etc.)