



## **Words of wisdom**

By Mark Twain

Foreigners cannot enjoy our food, I suppose, any more than we can enjoy theirs. It is not strange; for tastes are made, not born. I might glorify my bill of fare until I was tired; but after all, the scotchman would shake his head and would sigh and say “where’s your haggis?” and the Fijian “where’s your missionary?” – Mark Twain

Part of the secret of success in life is to eat what you like, and let the food fight it out inside.” – Mark Twain

The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not." –

Mark Twain

