CAREER Options

Community nutrition
Dietician*
Education*
Farm-to-table coordinator
Fitness and wellness centers
Food industry
Food, equipment, purchasing sales consultant
Foodservice purchasing manager
Grocery store nutritionist
Healthcare: hospitals, clinics, rehab centers
Medical or dental careers
Nurse practitioner
Physical therapy
Private practice
Restaurant, school, healthcare or college/university foodservice director/manager
Sustainable foodservice consultant

*May require post-baccalaureate/graduate/professional education to qualify or certify for employment.

UNDERGRADUATE PROGRAMS in NUTRITION

Food is fundamentally important to human life, health and pleasure. Learn about the science of nutrition, the role of food and nutrition and how we can maximize our health by making better dietary choices.

For more information:
College of Public Health and Human Sciences
School of Biological and Population Health Sciences
Academic Advising
116 Millar Hall
Corvallis, OR 97331
888-819-4513 or 541-737-8900
health.oregonstate.edu
NUTRITION Programs

The future demand for food, nutrition and dietetics professionals is strong. The field provides diverse career opportunities in healthcare organizations, community and public health, grocery stores, food systems and industry, restaurants, schools, and wellness and fitness, as well as media, communications and technology. Private practice and self-employment in the field continues to grow as graduates design new and exciting career directions.

DIETETICS

Dietitians provide guidance to the public and healthcare teams regarding nutritional needs and healthy food choices. By completing this option, accredited by the Academy of Nutrition and Dietetics, you will be eligible for an internship and prepared to become a Registered Dietitian (RD) or Dietetic Technician-Registered (DTR). Our graduates consistently exceed the national average for placement into accredited internships and for passing the RD exam the first time.

The average GPA for those accepted into a dietetic internship following their undergraduate studies is a 3.4 or higher. Students who do not wish to pursue a dietetic internship may be interested in testing for the DTR.

If you are interested in the Dietetics option, you first must declare a pre-dietetics option and for the first two years of this four-year program must take a specific set of required courses. If you have a GPA greater than 3.0 in pre-dietetics courses, meet rigorous pre-requisites and have clear dietetics-related career aspirations, you are eligible to apply for the Dietetics option during spring term of your second or third year.

NUTRITION AND HEALTH SCIENCES

If you are interested in studying the scientific basis of nutrition for a career in medicine and the health sciences or in nutrition science research, with a focus on the prevention of chronic disease, consider this option.

Tracks within the option will allow you to specifically focus and prepare for careers in medicine and the allied health sciences or for academia and/or health-related research. With an education in nutrition science, you have many career options due to the growth and aging of our population, the focus on prevention of obesity and other chronic diseases, as well as a growing emphasis on health, nutrition and wellness.

NUTRITION AND FOODSERVICE SYSTEMS

The Nutrition and Foodservice Systems option will prepare you for a professional career directing foodservice operations that focus on serving healthy menu options and using local ingredients. Foodservice opportunities exist in both non-commercial operations including schools, universities and healthcare as well as others in the retail environment; all are striving to meet the consumer demand for healthier food options. This program integrates coursework taken at Oregon State and the Culinary Arts program at Linn-Benton Community College.

GET INVOLVED

Join a student club, study abroad, choose a minor or participate in an internship to make the most of your degree. See health.oregonstate.edu/students/future/undergraduate to learn more.

UNDERGRADUATE RESEARCH OPPORTUNITIES

If you have an interest in research, you’re in luck. URAP is designed for students across the college’s many disciplines and will expose you both to bench research and the applied social sciences. In addition, the college’s nationally recognized Center for Healthy Aging Research offers opportunities as a LIFE Scholar, in which you work collaboratively with center faculty mentors and graduate students, participate in hands-on, engaging inquiry and create and share new knowledge related to the field of aging. Engaging in these programs will allow you to apply coursework and build your resume to become more competitive in both the job market and for graduate school admissions.

This is a great time to study nutrition at our college — we are home to world-class researchers and the new Moore Family Center for Whole Grain Foods, Nutrition and Preventive Health, named for Northwest leaders in whole grain foods Bob and Charlee Moore of Bob's Red Mill.