

B.S. in Kinesiology

Pre-Athletic Training | 2017-2018

	Fall		Winter		Spring		Opportunities
First Year	CH 121: General Chemistry KIN 131: Intro to Kin (or spring) *WR 121: English Composition *Cultural Diversity *PSY 202: Gen Psychology (SPI)	5 1 3 3 3	*CH 122: Gen Chem (Phys Sci) *COMM/WR 121: English Comp *MTH (111) *HHS 231: Lifetime Fit for Health *PAC/HHS lab	5 3 4 2 1	*CH 123: Gen Chem (Phys Sci) MTH 112: Elementary Functions *BI 103: General Biology (BS) PSY 201: General Psychology	5 4 4 3	Get involved in a student organization Create a working relationship with your advisor
	Total Credits	15	Total Credits	15	Total Credits	16	
Second Year	BI 231/241: Introduction to Human Anatomy and Physiology H 100: Introduction to Public Health *Literature & Arts *WR II	5 4 3 3	BI 232/242: Intro to Human Anatomy and Physiology *KIN 312: Sociocultural Dimens of Physical Activity (West Cult) NUTR 240: Human Nutrition KIN 132: Intro to the Allied Health Professions SOC 204: Intro to Sociology	5 3 3 1 3	BI 233/243: Introduction to Human Anatomy and Physiology KIN 370: Psychology of Sport and Physical Activity KIN 321: Biomechanics of Human Movement PHAR 210: Terminology of the Health Sciences	5 3 4 2	Begin shadowing Athletic Trainers Review pre-requisites for AT programs
	Total Credits	15	Total Credits	15	Total Credits	14	
Third Year	KIN 311: Motor Behavior KIN 314: Intro to Adapted Physical Activity ST 201: Principles of Statistics KIN BtC/~KIN 160: Intro to Injury Man. for the Physically Active	4 3 4 3	KIN 324: Exercise Physiology *Sci, Tec & Soc H 225: Social and Individual Health Determinants KIN BtC/KIN 343: PTAH Seminar KIN ExL/KIN 344: PTAH Practicum	4 3 4 1 2	KIN BtC/KIN 325: Fitness Assess and Exercise Prescription *Cont. Global Is. (H 312) *Difference, Power & Disc Elective/Minor Credits Elective/Minor Credits	3 3 3 4 3	Study Abroad (either major specific or otherwise) Get involved in practicum and/or internship hours
	Total Credits	14	Total Credits	14	Total Credits	16	
Fourth Year	KIN BtC/ (KIN 483: Tissue Injury and Repair/PTAH Elec 1) KIN BtC/(KIN 425/PTAH Elec 3) KIN ExL Elective/Minor Credits Elective/Minor Credits	3 4 1 3 4	KIN BtC/ KIN 380: Therapeutic Modalities KIN BtC (PTAH Elec 3) KIN 481: Analysis of Critical Issues in Kinesiology Elective/Minor Credits	4 3 3 4	KIN BtC /KIN 385: Therapeutic Exercise KIN BtC/(PTAH Elec 4) Elective/Minor Credits Elective/Minor Credits	4 3 4 4	Continue to earn practicum/internship hours Apply for AT programs
	Total Credits	15	Total Credits	14	Total Credits	15	

This is a sample schedule intended for information purposes only. Students should consult with their OSU academic advisor to create a personalized degree plan