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**Comments from the
IMPACT Coordinator**



As the IMPACT Coordinator for the past year and half, I have had the pleasure of getting to know the kids, families and volunteers that make this program so remarkable. This model program has been an inspiration for me in my future work. I anticipate finishing my PhD in June of 2012 and advancing to work in higher education, training future physical activity professionals and Physical Educators about working with and including people with disabilities into physical activity programs and opportunities. One of my passions is physical activity and I believe it to be an essential component in a healthy and productive lifestyle, which all people regardless of ability should be provided opportunity. I hope to be a contributor towards educating people in how to provide and promote physical activity.

REMINDER:



The winter term IMPACT registration deadline will be on December 7, 2011



The next Active Children will be Spring 2012. If you would like to share your story, news, or comments, please contact Joonkoo Yun at: jk.yun@oregonstate.edu

Welcome and Thank You

First of all, I want to welcome new and returning participants and volunteers to OSU's Fall 2011 IMPACT program. As many may know, we had a lot changes in our program the last several months at Oregon State University. Our long time leader, Dr. Jeff McCubbin, took on a new challenge in his life. He accepted a position as the Dean of the *College of Applied Human Sciences* at Colorado State University leaving Oregon State University in July. In our farewell party, we had the opportunity to recognize him with the "Long Lasting IMPACT Award." It was a celebration of his legacy and leadership to many students and faculty at Oregon State University. We honored his true dedication and advocacy for individuals with disabilities. It was difficult to see him go, but I am



**OSU Young Alumni Award Recipient from
Movement Study in Disability Program**

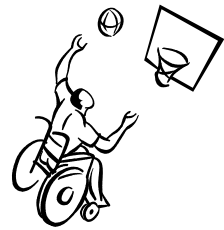
Maria Kosma, Movement Studies in Disability graduate, is a selected recipient of the Young Alumni Award. The award recognizes exceptional achievements in career, public service or volunteer activities that bring honor to Oregon State University. She received the award on campus during homecoming. Our program faculty and students would like to congratulate Maria on her accomplishments!

Individualized Movement and Physical Activity for Children Today is a program pairing OSU students with young people who have special needs. They come together weekly to swim, dance, play games, and socialize to improve their motor skill development.

Welcome!

NEW TO IMPACT

Cody C.
Landen F.
Anna H.
Yousif H.
Myana M.
Micheal N.
Aspen P.
Kayla S.
Aidan S.
Eric W.
Trent W.
Abigail W.



OSU's Wheelchair Basketball Club Ready for New Season!

Last year's season ended with three wins & two losses. They won 2 of 3 games at the Oregon Disability Sports (ODS) tournament. They also hosted the second annual game against the Portland Wheel Blazers at OSU's Dixon Recreation Center. New basketball wheelchairs last year helped the team improve their game.



Their goals for this year are to beat the Portland Wheel Blazers! They are also hoping to recruit new players with disabilities to become regular team members.

With new and returning players, they believe it will be their best season yet. Anyone interested in coming to watch practice, or to watch them in action, please contact: Kerri Vanderbom by email: mcmurtrk@onid.orst.edu.

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confident that the faculty and students in the *Movement Studies in Disability* program will be able to continually support his vision.

During Spring term 2011, we tested a possibility of integrating the OSU IMPACT program with the Corvallis Boys & Girls Club. We have received many positive comments and encouragement from parents and children that participate in the program. During this Fall, we are running a pilot program. Some of the children are meeting at the Boys and Girls club on Friday night instead of meeting at OSU. This program does not replace IMPACT, but provides a different opportunity within the inclusive environment for children with and without disabilities to interact. We are planning to run this pilot program again Spring term. I want to thank Helen Higgins, *director of the Corvallis Boys and Girls Club*, as well as the staff who provided this wonderful opportunity in our community.

As some of you may have noticed, we have more accessible parking spaces around the Women's Building. This a result of disability advocates on campus, including one of our own Ph.D. students Kerri Vanderbom, who advocated for additional accessible parking centrally located on campus. I hope this accommodation has helped with any parking related issues you may have had on Friday nights. OSU is reorganizing and restructuring buildings and academic programs to effectively serve the needs of people in the state of Oregon and beyond. For instance, our college has changed its name. We are now called the *College of Public Health and Human Sciences*. This name change is a reflection of our commitment to advocating health and wellbeing of all individuals. Also, we have hired two new faculties in the *Movement Studies in Disability* program! Dr. Simon Driver from North Texas University and Dr. Megan MacDonald from University of Michigan have joined our program. You can find more information about them in this edition of *Active Children*. These new hires and changes in our college are evidence of our commitment to the college's goal, *taking care of people*. We will continuously strive to advocate the health and well-being of individuals with disabilities. Before I conclude this message, I would like to make a special thanks to many parents and alumni for your contributions and support over the years.

- Joonkoo Yun

Oregon State University • College of Public Health and Human Sciences
OSU IMPACT • Joonkoo Yun, Program Director

Active Children • Alicia Dixon, Editor

This is a publication of the OSU Movement Studies in Disability Program. Your letters, suggestions, alumni news, and comments are encouraged.

OSU IMPACT

Women's Building 107 E
Oregon State University
Corvallis, OR 97331-6802

Phone: 541.737.2176
Fax: 541.737.6613
Email: rena.thayer@oregonstate.edu

health.oregonstate.edu/msd

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IMPACT Participant Spotlight

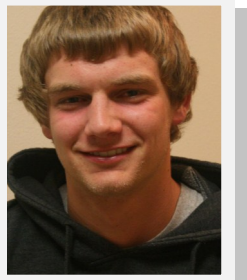


Austin

I am in Group B and really enjoy coming to IMPACT. My favorite sports to play at IMPACT are baseball, swimming, and dunking basketballs. I really love to be active and physical. Outside of IMPACT I like to skateboard and play video games. I am specially good at "Go Fish." I win all the time!

IMPACT Volunteer Spotlight

Jared Hultquist



I am a sophomore and my major is Exercise and Sport Science: Pre-Therapy and Allied Health with emphasis in Pre-Physical Therapy and Pre-Physician Assistant. As a freshman I participated in IMPACT all three terms and now this first term of my sophomore year. I volunteer at IMPACT because I love being around kids and being able to participate in activities that I love to do.

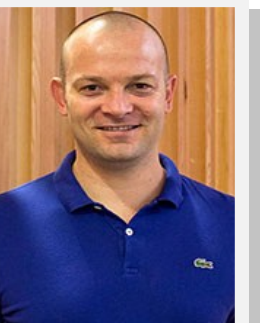
I enjoy seeing the kids at IMPACT having so much fun and learning activities that they can use for the rest of their lives. This will be my second term working with Austin and he has become a great friend of mine and is like a little brother to me. Seeing him improve skills not only from week to week but especially after months of hard work it is so gratifying.



New Faculty in Movement Studies in Disability



Simon Driver is an Associate Professor in the Movement Studies in Disability program area. Simon earned his undergraduate degree from the University of Liverpool in England and completed his graduate work in adapted physical activity at Southern Illinois University and the University of Virginia. He comes to OSU from a faculty position at the University of North Texas where he has been based for the past 6 years and ran a program similar to IMPACT. Simon's research is focused on the role of physical activity in improving the health of adults with brain and spinal cord injuries. Specifically he is interested in developing and implementing health promotion programs that improve the health and lives of people with traumatic injuries. While at OSU he plans to work with his students to create a variety of health promotion programs that will be delivered via both face to face and online formats, to improve the health of Oregonians with disabilities.



Outside of work Simon enjoys soccer, cycling, swimming, traveling, and home improvement.



Megan MacDonald earned her doctorate from the School of Kinesiology at the University of Michigan. Her broader research interests align with the field of Adapted Physical Activity. In addition to conducting research in the field, Megan has also had experiences as a practitioner and educator.

Her research focuses on the relationship of motor skills and physical activity patterns in the early social communication of children with autism spectrum disorders. One of the best modes of treatment for individuals diagnosed with autism is early intervention and this is a high-priority research area in the field. Megan plans to further explore the content of early intervention from a movement-based perspective. Through better understanding how movement-based programs influence young children with autism, Megan hopes to further help build accessible programs for families with children who have autism. Megan is looking forward to working closely with colleagues here at Oregon State University and collaborating with others to advance population health in communities in Oregon and beyond!



Meet the IMPACT Group Leaders



Kenneth Ernst

I graduated from OSU this past spring with a degree in Exercise and Sport Science. In my time at OSU I have volunteered in various capacities, some of which include the Physical Education Teacher Education club, Younglife, as well as IMPACT. I am currently in the process of getting my Masters of Science in Physical Education Teacher Education and hopes to teach secondary level general and adapted physical education in the future.



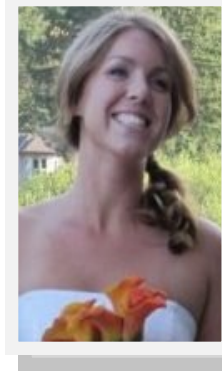
Jill Pawlowski

I work with IMPACT group G at Dixon. I graduated from the University of Oklahoma in 2011 with a degree in Health and Exercise Science. I am now at Oregon State to

pursue a Masters in Movement Studies and Disability. In the future, I would like to develop and implement Health Promotion Programs for people with disabilities. In addition, I would like to be a volunteer for the Special Olympics as a coach and/or in event coordination.

Celia Magistrale

I am an Oregon State graduate that graduated in the College of Public Health and Human Sciences. While receiving my education here, I was a coxswain on the Women's Rowing Team. I have always been very physically active and have enjoyed teaching others. I feel blessed and privileged to be apart of the MS-PETE program and am excited to be a group leader for IMPACT this year. It is my desire to teach physical education to students and to help create a passion for physical activity like I have. I hope to share with my students the positive experiences that can be attained through physical activity and sports.

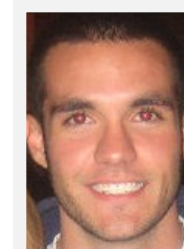


Julia Meredith

I grew up in Corvallis and graduated from Corvallis High School in 2003. After living in different parts of the country for a few years, I came back to Corvallis and received my Bachelor's in Exercise and Sport science. I'm currently working towards my Masters so that I can teach physical education and health at the secondary level. Working as a group leader for IMPACT is giving me valuable experience that will help prepare me for teaching a variety of abilities. When I'm not in school I enjoy being active outdoors, gardening, cooking gourmet meals with my roommates, and visiting my family every chance I get!

Meara Murphy

I am in the MS-PETE Master's Program. I am currently student teaching at Philomath Middle School in general and adapted physical education as well as in health. I am the group leader for Group D this term at IMPACT and am very excited to work with each individual. I graduated this June from Oregon State with a Masters in Exercise and Sport Science and a Spanish Minor. I plan on pursuing my career as a physical educator and health teacher after completing my one year Master's program here at OSU.



Alex Derfus

I am one of the leaders for Group D. I received my Bachelor's degree from the University of Wisconsin at La Crosse in Physical Education and Adapted Physical Education this past Spring. I will be with one of the other group leader's Jessica, at the Boys and Girls Club for IMPACT on Friday evenings. I am very excited to meet all the children in our group, their volunteers, and look forward to working with the other group leaders to provide a successful Fall session of IMPACT.



Megan Irwin

I am working towards earning a Master's in the MSD program. My research focus is aimed toward children with Autism Spectrum Disorders.

At least for this term, I am in more of a support role in IMPACT. I help Emma with the tots group. I have prior experience working with individuals of all ages and enjoyed it, but toddlers are probably my favorite age group. I was born and raised in Chattanooga, TN. Then I moved to Boone, NC where I earned a Bachelor's of Science in Exercise Science from Appalachian State. I enjoy a multitude of outdoor activities including: hiking, rock climbing, white water rafting, and cycling.

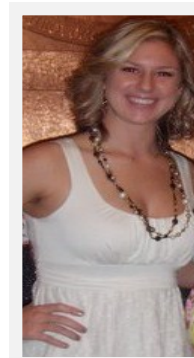
Jacob Whitehead

I am one of the MS-PETE students for the 2011-2012 year, and am an OSU graduate. I have known for a long time that I enjoy working with kids and decided in college to become a Physical Education teacher. I love to play basketball and read in my spare time. I am excited to work with children with disabilities through the IMPACT program and to work with Group E. I look forward to teaching high school in the future and eventually coach basketball which is my passion



Brad Kidd

I graduated from Oregon State in 2011 with a degree in Exercise and Sports Science. While at Oregon State, I was a pitcher on the baseball team. I am currently getting my Master's degree at Oregon State in Physical Education and Teacher Education, after which I will be certified to teach K-12 physical education and adaptive physical education. In the future I hope to be teaching these subjects at the high school level, while also coaching baseball and football.

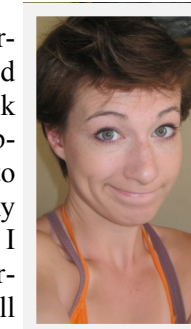


Jessica Garinger

I am an MS-PETE student here at OSU. I graduated from OSU this past spring with my degree in Exercise Sport Science with an option in PETE. I enjoy competing in triathlons when I have the time, as well as football season. After I graduate, I hope to teach physical education abroad, eventually coming back to my home town once I seen the world. I am the Group D leader for this term, specifically at the Boys and Girls Club. I am excited to see what this school year has in store for me between student teaching and my involvement with the IMPACT program!

Sarah Konold

I am the group C Leader for IMPACT. I am a physically active individual who enjoys participating in triathlons and half marathons around the State of Oregon. I finished my Undergraduate studies in Exercise and Sports Science at Oregon State University and am currently a Graduate student in the Physical Education Teacher Education (PETE) Master's Program. I feel privileged to be apart of the IMPACT program and look forward to working with varying individuals in the physical education setting. My goal for this year is to encourage all of my students to find an activity that they enjoy and can participate in for a lifetime.



Emma Ritchie

I was born in Silverton, Oregon. I helped my father coach track and field and I attribute that experience to the beginning of my love of teaching. I cannot thank my parents enough for all they have given me, including that coaching opportunity. After transferring from Southern Oregon University to Oregon State, I found the PETE program and have never looked back. Currently I am student teaching, taking classes with my cohort, and am minoring in Adapted Physical Education. After I graduate I want to teach physical education in a school and put what I've learned through my major and minor to use.

Incoming IMPACT Coordinator:
Amanda Tepfer

I am a first year doctoral student in the Movement Studies in Disability program. I received my Master of Science in Education from SUNY Brockport. I have spent the last 8 years teaching preschool adapted physical education.

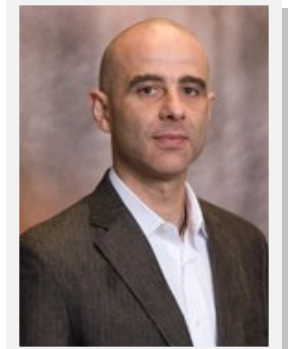
I am helping Jen Morgan this quarter and learning all I can about IMPACT! I am excited to be a part of such a great program. If you cannot find me on campus, I'm out and about with "my son" Einstein. I look forward to working with all the families and volunteers this year.



Alumni Spotlight
Stamatis Agiovlasis (2007)



Stamatis attended Oregon State University for four years (2003-2007). Stamatis received his B.S. in Physical Education and M.S. in Exercise Science from Queens College of the City University of New York. He then worked for several years as an exercise professional in rehabilitation and fitness settings first in the U.S. and then in Greece—his home country. After these years, he decided to pursue a doctorate in the Movement Studies in Disability Program here at Oregon State University, where he studied with Dr. Jeff McCubbin and Dr. Joonkoo Yun. Stamatis moved to the University of Illinois at Urbana-Champaign where he received post-doctoral training in Exercise Physiology under Dr. Bo Fernhall. In that position, he expanded this research in Down syndrome by examining its implications for physical activity assessment. He also conducted or contributed to research in aerobic fitness,



The "Active Children" newsletter has dedicated a section on alumni from the MSD program. Interested in knowing how a graduate student from the past is doing and what he or she is up to? Let us know and we'll try to find out!

physical activity, cardiovascular function, and health behaviors in apparently healthy people and people with various pathologies. Stamatis is now in his third year as assistant professor at Mississippi State University where he continues his work in physical activity, mobility, and health in persons with and without disabilities. Stamatis enjoys the rich culture of the South with his wife and two children. He misses Oregon, but he is grateful that he had the opportunity to study in the Movement Studies in Disability Program. In his words, "since my departure from OSU, I have felt very strongly that I can make meaningful contributions to our field. I believe that our field is in constant need for new generations of scholars who are better equipped with more knowledge and more skills than previous generations. I am very proud that our program currently has many students that fit this description."



IMPACT For Life 2011-2012



IMPACT for Life (I4L) is a physical activity program where young adult and adult participants work one-on-one with an OSU student volunteer in the community setting. IMPACT for Life has community partnerships with local fitness facilities where the participants and their volunteers meet twice weekly to exercise. IMPACT for Life is an extension of the IMPACT program, designed to meet the physical activity needs of those who are too "old" to attend IMPACT on Friday nights. Exercise programs are unique to each individual, and depend on each participant's goals & interests. This fall will be our biggest year with 12 participants, since starting I4L in 2009.

- Kerri Vanderbom

Research Report

Jen Taylor

Jen is currently working to develop a training curriculum that will help staff to learn more about youth with disabilities and how to include them in afterschool programs. The training is focused on helping staff learn about specific disabilities of youth attending their program, develop skills to manage possible behaviors, and develop skills to modify and adapt programming. It is the hope that this training will help staff to better engage youth with disabilities in all activities of the program especially physical activity and decrease barriers to their participating in the afterschool program.



Alicia Dixon-Ibarra

Alicia is currently in the process of creating a comprehensive health promotion program (physical activity & nutrition) for persons with intellectual and developmental disabilities residing in the group home setting. This project takes a different approach by changing the group home environment to make it more conducive to healthy living. Persons living in the group homes will be able to expect a health-promoting environment and supportive staff. The goal is that the new program will be an integral part of the group home setting where all staff will be trained on how to implement the program for the residents.



Jooveon Jin (AKA JJ)

JJ's research investigates determinants of physical activity behavior for students with and without disabilities in middle school inclusive physical education settings. Particularly, he is interested in how physical educators' teaching behavior and students' psychosocial factors are associated to determine the students' physical activity behavior in physical education environments. He is currently collecting data in South Korea and will finish it by end of fall, 2011. He hopes this study contributes to better understand teaching-learning relationships and, ultimately, improve educational outcomes for students with and without disabilities in inclusive physical education classes.

Volunteer and Participant Interviews



Lindsay Beattie, IMPACT for Life Volunteer

What do you hope to get from IMPACT for Life this term:

I hope to continue to build my skills as a mentor while strengthening my friendship with Samantha. I also hope to improve our physical abilities while providing a challenging, fun, and memorable experience.

What do you plan to do when you graduate?

My future plans are to become an elementary school teacher while continuing my volunteer work with the special needs community.



Samantha IMPACT for Life Participant

What's your favorite part about IMPACT for life?

I love doing the machines, track, treadmill, & weights!

Where do you workout for IMPACT for Life?:

Dixon, Tmberhill, WOW fitness, and sometimes Curves. I also go to group fitness classes with my friends on Monday and Wednesday

