



**Health Promotion
(HP)**

**Oregon State University
MPH - HP Track
Student Handbook**

2011-2012





**2011-2012 OMPH Health Promotion Track
Student Handbook for Oregon State University**

Table of Contents

OSU Health Promotion Track Specific Requirements	4
A. HP Track Competencies	4
B. HP Degree Requirements	4
C. HP Sample Course Sequence	9
D. Field Experience	10
E. HP Minimum Standards for Field Experience	10
F. HP Culminating Experience	11
Health Promotion Student Advising Sheet	13-14
Health Promotion Track OSU Areas of Emphasis	15
A. Adolescent Health Behavior/Promotion	15
B. Chronic Disease Prevention & Control	16
C. Cross-Cultural Health Promotion	17
D. Environment, Safety, and Health	18
E. Global Health Promotion	18
F. Health and Aging	19
G. Health Disparities & Vulnerable Populations	209
H. Research Methods & Evaluation	21
I. Women’s Health	23
J. Sexual Health*	24
K. Integrated Health Behavior	24



2011-2012 OMPH Program Student Handbook

Oregon State University

Health Promotion Track

I. IMPORTANT: In addition to this handbook, OSU MPH Health Promotion track students *must reference* the Master of Public Health Oregon State University Student General Handbook for information pertaining to ALL students

II. OSU Health Promotion (HP) Track Specific Requirements

A. HP Track Competencies

1. Apply theory in the development, implementation, and evaluation of health promotion interventions programs, and policies.
2. Develop interventions and programs to effect change at multiple levels, including individual, community, organizations, and policy.
3. Design and implement strategies to promote health.
4. Solicit and integrate input from community and organization stakeholders.
5. Design and deliver health communication messages.
6. Evaluate and interpret results from program evaluations and other research.
7. Define research problems, frame research questions, design research procedures, and outline methods of analysis.
8. Apply ethical principles that govern the practice of Public Health.
9. Enact cultural competency in diverse social and cultural communities.
10. Develop a substantive area of emphasis.

B. HP Track Degree Requirements

Completing the MPH degree in the **Health Promotion Track** at OSU requires:

1. A total of at least 59 approved credit hours. These credits include:

OMPH Core Courses	16
Required Track Courses	19
General Elective	3
Area of Emphasis	15
Field Experience (Internship)	6
2. Students must maintain a minimum 3.0 (B) grade point average in their graduate courses. Additionally, students may not receive lower than a B- in any required course (core or track required courses). If lower than a B- is received then the student will need to retake the course.
3. Successful completion of field experience.
4. Successful completion of final oral comprehensive exam.

The following courses are required in the Health Promotion Track:

Track Competency	PSU Courses	OSU Courses	Links to Program Learning Competencies
1. Apply theory in the development, implementation, and evaluation of health promotion interventions programs, and policies.	PHE 511 Foundations of Public Health PHE 550 Program Planning PA 588 Program Evaluation PHE 540 Mass Communication and Health PHE 521 Quantitative Research Design PHE 504 Internship Comprehensive Exam PA 574 Health Systems Organization PHE 512 Principles of Health Behavior	H 523 Foundations of Public Health H 576 Program Planning/Proposal Writing in Health /Human Services H 549 Mass Media and Health H 575 Evaluation of Health Promotion and Education Programs H 515 Research Methodology in Health and Safety H 510 Internship Comprehensive Exam H 533 Health Systems Organization H 571 Principles of Health Behavior	PLC #1 PLC #2 PLC#3
2. Develop interventions and programs to effect change at multiple levels, including individual, community, organizations, and policy.	PHE 540 Mass Communication and Health PHE 550 Program Planning PHE 517 Community Organizing PHE 504 Internship Comprehensive Exam PHE 512 Principles of Health Behavior PA 574 Health Systems Organization	H 549 Mass Media and Health H 576 Program Planning/Proposal Writing in Health /Human Services H 572 Community Organization for Health Promotion and Education H 510 Internship Comprehensive Exam H 571 Principles of Health Behavior H 533 Health Systems Organization	PLC #1 PLC #2 PLC #3 PLC #4 PLC #7
3. Design and implement strategies to promote health.	PHE 550 Program Planning PHE 517 Community Organizing	H 549 Mass Media and Health H 576 Program	PLC #1 PLC #2 PLC #7

	<p>PHE 540 Mass Communication and Health PHE 504 Internship PHE 580 Environmental Health PHE 512 Principles of Health Behavior Comprehensive exam</p>	<p>Planning/Proposal Writing in Health /Human Services H 572 Community Organization for Health Promotion and Education H 510 Internship H 512 Environmental and Occupational Health H 571 Principles of Health Behavior Comprehensive Exam</p>	
<p>4. Solicit and integrate input from community and organization stakeholders.</p>	<p>PHE 550 Program Planning PHE 517 Community Organizing PA 588 Program Evaluation PHE 540 Mass Communication and Health PHE 504 Internship</p>	<p>H 549 Mass Media and Health H 576 Program Planning/Proposal Writing in Health/Human Services H 572 Community Organization for Health Promotion and Education H 575 Evaluation of Health Promotion and Education Programs H 510 Internship</p>	<p>PLC#2 PLC#6</p>
<p>5. Design and deliver health communication messages.</p>	<p>PHE 540 Mass Communication and Health PHE 517 Community Organizing PHE 550 Program Planning</p>	<p>H 549 Mass Media and Health H 572 Community Organization for Health Promotion and Education H 576 Program Planning/Proposal Writing in Health /Human Services Comprehensive Exam</p>	<p>PLC #1 PLC #4</p>

<p>6. Evaluate and interpret results from program evaluations and other research.</p>	<p>PHE 521 Quantitative Research Methods PA 588 Program Evaluation PHE 535 Epidemiology PHE 580 Environmental Health PHPM 512 Biometry Survey Comprehensive Exam</p>	<p>H 515 Research Methodology in Health and Safety H 525 Principles & Practices of Epidemiology H 512 Environmental and Occupational Health Comprehensive Exam</p>	<p>PLC #2</p>
<p>7. Define research problems, frame research questions, design research procedures, and outline methods of analysis.</p>	<p>PHE 521 Quantitative Research Methods PA 588 Program Evaluation PHE 550 Program Planning PHE 535 Epidemiology PHPM 512 Biometry Survey PA 574 Health Systems Organization PHE 580 Environmental Health</p>	<p>H 575 Evaluation of Health Promotion and Education Programs H 515 Research Methodology in Health and Safety H 572 Community Organization for Health Promotion and Education H 576 Program Planning/Proposal Writing in Health /Human Services H 525 Principles & Practices of Epidemiology H 524 Introduction to Biostatistics H 533 Health Systems Organization H 512 Environmental and Occupational Health Comprehensive exam</p>	<p>PLC #2</p>
<p>8. Apply ethical principles that govern the practice of Public Health.</p>	<p>PA 588 Program Evaluation PHE 521 Quantitative Research Methods PHE 517 Community Organizing PHE 550 Program Planning PHE 511 Foundations of Public Health PHE 504 Internship PA 574 Health Systems Organization</p>	<p>H 575 Evaluation of Health Promotion and Education Programs H 515 Research Methodology in Health and Safety H 572 Community Organization for Health for Health Promotion and Education</p>	<p>PLC #5</p>

		H 576 Program Planning/Proposal Writing in Health /Human Services H 523 Foundations of Public Health H 510 Internship H 533 Health Systems Organization	
9. Enact cultural competency in diverse social and cultural communities.	PHE 517 Community Organizing PHE 504 Internship PHE 512 Principles of Health Behavior	H 572 Community Organization for Health Promotion and Education H 510 Internship H 571 Principles of Health Behavior	PLC #1 PLC #7
10. Develop a substantive area of emphasis.	PHE 504 Internship Courses in area of emphasis	H 510 Internship Courses in area of emphasis	PLC #1 PLC #7

Note: courses in **bold** are OMPH core courses.

DEGREE REQUIREMENTS Health Promotion Track (59 credits)

MPH Core Courses (16 credits)

- H 512 Environmental and Occupational Health (3 credits)
- H 525 Principles & Practices of Epidemiology (3 credits)
- H 524 Introduction to Biostatistics (4 credits)
- H 533 Health Systems Organization (3 credits)
- H 571 Principles of Health Behavior (3 credits)

Health Promotion Track Requirements (19 credits)

- H 515 Research Methodology in Health and Safety (3 credits)
- H 523 Foundations of Public Health (3 credits)
- H 549 Mass Media and Health (3 credits)
- H 572 Community Organization for Health Promotion and Education (3 credits)
- H 575 Evaluation of Health Promotion and Education Programs (3 credits)
- H 576 Program Planning/Proposal Writing in Health/Human Services (4 credits)

General Electives (choose one outside your area of emphasis; 3 credits)

- H520 Health Disparities (3 credits)
- H522 Health, Aging and Control of Chronic Diseases (4 credits)
- H530 Health Policy Analysis (3 credits)
- H565 Public Health and Women: Social and Policy Issues (3 credits)



Area of Emphasis (15 credits)

All students are required to select one of the following areas of emphasis and take additional coursework in that area. Descriptions of each area of emphasis are presented in Section IV in the HP Handbook. Students should consult with their advisor about the specific course requirements for each area of emphasis.

- Adolescent Health Behavior/Promotion
- Chronic Disease Prevention & Control
- Cross-Cultural Health Promotion
- Environment, Safety, and Health
- Global Health Promotion
- Health and Aging
- Health Disparities & Vulnerable Populations
- Research Methods & Evaluation
- Women’s Health
- Sexual Health*
- Integrated Health Behavior

** This area of emphasis is under development.*

Internship (6 credits)

H 510 Internship/Organizational Experience (6 credits)

C. HP Track Sample Course Sequence

It is recommended that OMPH courses be taken in a particular sequence to maximize the educational experience. Always consult your advisor regarding your program of study to determine the schedule that fits best for you. The following shows a typical recommended sequence of courses.

Recommended Course Schedule for classes taken at OSU in the Health Promotion Track

Year	Fall	Winter	Spring	Summer
First	H 524 Introduction to Biostatistics H 571 Principles of Health Behavior H 515 Research Methodology in Health and Safety *Additional courses in option with advisor approval (if desired)	H 572 Community Organization for Health Promotion and Education Programs H 575 Evaluation of Health Promotion and Education Programs H 549 Mass Media and Health *Additional courses in option with advisor approval (if desired)	H 576 Program Planning/ Proposal Writing in Health/Human Services *Additional courses in option with advisor approval (if desired)	TBA
Second	H 512 Environmental	H 523 Foundations of		TBA

	and Occupational Health H 525 Principles and Practice of Epidemiology H 533 Health Systems Organization	Public Health		
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Note: courses in bold are OMPH core courses.

** Some of these courses are not offered every year. Check the class schedules on-line and in the College for current course listings.*

This is not an exhaustive list of graduate courses in Public Health. Please check with your advisor about other elective courses in the College and in other units.

D. HP Track Field Experience

Field Experience Information and Orientation

The OMPH Program Office has a database that contains data on field experience sites utilized by students. The database contains information about field experience sites including: agency background information, contact information, specialty track(s) served, and the number of students placed each year. Students at all of the collaborative universities can request access to this database from the Program Office by contacting the Program Coordinator, Alison Schmeiger at alison@oregonmph.org.

Links to the Field Experience guidelines and orientation presentations for both students and preceptors can be found on the OMPH website at:
<http://www.oregonmph.org/register/register.html#Field>

Program Minimum Standards for Field Experiences

In addition to meeting track field experience criteria, all OMPH field/organizational experiences must meet the following:

- Precepted experience: Preceptor may not be program faculty member or advisor. Preceptors must have public health credentials or appropriate health related credentials and experience to provide appropriate mentorship/supervision in your learning experience. All site preceptors and sites will be assessed on a case by case basis.
- Competency-based, meeting track and student-specified competencies
- Competencies and field experience site/work scope are pre-approved by advisor
- Evaluated by both student and preceptor, demonstrating competency mastery
- Community or population focus (e.g., public health agency, health care delivery, reimbursement, community organizing, health voluntary, population-based research, worksite setting)
- Minimum of 200 practice hour, 6 units

E. HP Minimum Standards for Field Experiences

In addition to meeting the OMPH Program Minimum Standards for field experiences, internships for students in the Health Promotion Track must meet the following requirements:

- Students must complete all track and core required courses before beginning an internship or have written consent from their faculty advisors.
- Students may seek placements in public or private sector organizations that offer qualified health promotion preceptors.
- Students must complete an internship application, which must be approved by their major professor/advisors prior to the start of placement.
- As part of their internship applications:
 - Students must develop individual learning competencies for the internship.
 - Students must describe how their area of emphasis, internship, and career objectives are connected.
 - Students must describe the Health Promotion track competencies of which they intend to gain mastery during their internships. These must include, at minimum, track competencies #1, 3, 4, 8, 9, and 10.
- After completing their internships, students must complete an internship summary report, which must be approved by their major professor/advisors.
 - In the final summary report students must describe and evaluate the degree to which they accomplished their individual and HP Track learning competencies during their practica.
- Preceptors must evaluate, using a survey instrument provided in the Internship Handbook, the degree to which students accomplished their individual learning competencies and attained the track competencies. This evaluation must be submitted to the student's major professor/advisor.

F. HP Culminating Experience - Final Oral Exam

Upon completion of all required coursework and the internship experience, all MPH students must schedule a final oral examination. (Note: All required coursework and the internship must be completed before taking the exam.) Students must receive approval to take the exam from their academic advisors. All deviations from policy must be approved by the Track Coordinator (OSU).

Purpose

The purpose of the oral examination is to provide students with an opportunity to integrate their educational experiences and draw from coursework and the internship to respond to substantive, methodological, and theory-based questions. In conjunction with the internship, the exam is



designed to test the Health Promotion Track competencies and to provide the student an opportunity to assess his or her mastery of the competencies.

Format

The examination will last approximately 3 hours. Student will receive a list of possible questions one hour prior to the beginning of the oral exam, and will be able to use that one hour to synthesize their thoughts and write down responses to the questions. After this hour, the examination committee will proceed with an oral examination covering many of the questions. The oral exam will last approximately 1½ hours. Committee members will then convene to discuss the responses and determine the examination grade.

Students may not bring any notes, books, papers or study materials into the exam room. All questions will be collected at the end of the exam.

Committee

The exam committee will be comprised of three faculty members, including the student's advisor and two additional members who are faculty of the College (OSU)/School (PSU). Students should discuss the procedure for creating committees with their faculty advisor or track coordinator.

Assigning Grade

Students will be assigned a "pass" or "fail" grade. A grade of "pass" means that the student has responded to the exam questions satisfactorily. If the student receives a grade of "fail" on their examination, faculty must provide specific comments, feedback, and suggestions for improvement. Failure of the examination may result in additional coursework, remedial assignments or readings, prior to retaking the examination. Students will be allowed *one* retake of the examination, which will include new questions and follow the same procedures as above. The examination may be retaken no sooner than 10 weeks (one full academic term) after the date of the failed exam.

If the student fails the second oral examination, the student will be terminated from the OMPH program.



III. Health Promotion Student Advising Sheet

**OSU Student Advising Sheet
Health Promotion Track**

Student _____ **Today's Date** _____

Date Entered School _____ **Expected Graduation** _____

Address _____ **Phone** _____

Email _____ **ID#** _____

Oregon MPH Core Courses (16 Credits)
Required Track Courses (19 Credits)
General Elective (3 Credits)
Area of Emphasis (15 Credits)
Total 59 Credits

MPH Core Requirements (16 credits)		Term	Grade
H 525	Principles and Practices of Epidemiology (3 credits)		
H 524	Intro to Biostatistics (4 credits)		
H 533	Health Systems Organization (3 credits)		
H 571	Principles of Health Behavior (3 credits)		
H 512	Environmental and Occupational Health (3 credits)		
			Total _____

Required Track Courses (19 credits)		Term	Grade
H 515	Research Methodology in Health and Safety (3 credits)		
H 523	Foundations of Public Health (3 credits)		
H 549	Mass Media and Health (3 credits)		
H 572	Community Organization for Health Promotion and Education (3 credits)		
H 575	Evaluation of Health Promotion and Education Programs (3 credits)		
H 576	Program Planning/Proposal Writing in Health/Human Services (4 credits)		
			Total _____

General Electives (choose one; 3 credits)	Term	Grade
H 520 Health Disparities (3 credits)		
H 522 Health, Aging and Control of Chronic Disease (4 credits)		
H 530 Health Policy Analysis (3 credits)		
H 565 Public Health and Women: Social and Policy Issues (3 credits)		
Total _____		
<p>Area of Emphasis (15 credits)</p> <p>All students are required to select one of the following areas of emphasis and take additional coursework in that area. Descriptions of each area of emphasis are presented in Section IV in the HP Handbook. Students should consult with their advisor about the specific course requirements for each area of emphasis.</p> <ul style="list-style-type: none"> Adolescent Health Behavior/Promotion Chronic Disease Prevention & Control Cross-Cultural Health Promotion Environment, Safety, and Health Global Health Promotion Health and Aging Health Disparities & Vulnerable Populations Research Methods & Evaluation Women's Health Sexual Health* Integrated Health Behavior <p>* <i>This area of emphasis is under development.</i></p> <p style="text-align: right;">Total _____</p>		
H 510 Internship (6 credits)		
Program Total _____		

Revised 9/2011

List of Area of Emphasis courses completed (must total 15 credits):

Please note any special arrangements where course substitutes have been approved. Provide details:



IV. OSU Health Promotion Track Descriptions of Areas of Emphasis

Adolescent Health Behavior/Promotion

The purpose of the adolescent health behavior/promotion area of emphasis is to help meet the increasing demand for highly qualified health professionals and practitioners who have the specific knowledge and skills to help individual adolescents and their families and communities protect, maintain, and improve their health. This area of emphasis emphasizes the behavioral, social, and cultural aspects of disease prevention and public health behavioral research and change. Students will acquire skills in the assessment and modification of health behavior at the individual, community/group, organizational/institutional, and broader levels.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below.

Highly Recommended:

H 599 Adolescent Development and Health Promotion (3)
H 671 Advanced Theories of Health Behavior (3)

Select courses from the following list for a minimum of 9 credits. Courses must be substantively different from one another, representing new material in the area of emphasis:

H 574 Public Health and Violence in Society (3)
H 577 Dietary Interventions for Public Health (3)
H 569 Maternal and Child Health (3)
*H 503 Thesis (6)
*H 501 Research and Scholarship (3)
*H 505 Reading and Conference (3)
*H 509 Community-based Practicum (3)
HDFS 511 Theories of Human Development (3)
HDFS 517 Adolescent development (4)
HDFS 533 Family Policy and Program Development (3)
EXSS 560 Motivation in Physical Activity (3)
EXSS 561 Psychosocial Factors in Physical Activity (3)
SOC 540 Juvenile Delinquency (4)
SOC 542 Sociology of Drug Use and Abuse (4)
TCE 512 Psychology of the Adolescent (3)
PHE 513 Health, Behavior & the Social Environment (3)

Other advisor-approved courses may be selected. These courses may be offered at OSU through programs such as HDFS, EXSS, Psychology, Sociology or Education, or at PSU or OHSU.

**Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*



Chronic Disease Prevention and Control

The chronic disease prevention and control area of emphasis provides students with a multi-disciplinary approach to promoting health and preventing and controlling chronic disease through the lifespan by focusing on lifestyle behaviors. Coursework, community-based/field experiences, and research skill development with a mentor teacher provide students with a unique graduate experience designed to foster skills in population-based chronic disease risk reduction.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific Requirements are listed below.

Highly Recommended:

H 577 Dietary Interventions for Public Health (3 credits)

H 522 Health, Aging and Control of Chronic Disease (4 credits)

Select Courses from the following list for a minimum of 9 Credits. Courses must be substantively different from one another:

EXSS 560 Motivation in Physical Activity (3 credits)

EXSS 561 Psychosocial Factors in Physical Activity (3 credits)

EXSS XXX Exercise Physiology (3 credits)

EXSS 599 Physical Activity Epidemiology (3 credits)

NFM 520 Medical Nutrition Therapy (3 credits)

NFM 523 Community Nutrition (3 credits)

NFM XXX Nutrition and Cancer (3 credits)

*H 501 Research and Scholarship (3 credits)

*H 503 Thesis (6 credits)

*H 505 Readings and Conference (3 credits)

*H 509 Community Based Practicum (3 credits)

H 671 Advanced Theories of Health Behavior (3 credits)

** PHE 531 Women and Exercise: Physiological Aspects (3 credits)

**PHE 577 Physical Activity, Health, and Disease (3 credits)

**PHE 577 Exercise, Nutrition and Performance (3 credits)

Other advisor-approved courses may be selected (3 credits)

** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*

*** This course is offered by the PSU School of Community Health, Health Promotion Track of the OMPH program. Courses vary by year/term. Check with your advisor about availability.*



Cross-Cultural Health Promotion

The cross-cultural health promotion area of emphasis offers an excellent opportunity for students who are interested in examining health promotion issues from a cross-cultural perspective. It is designed for students interested in combining health promotion and anthropological perspectives. With this area of emphasis, students complete coursework in Anthropology (Medical Anthropology). This interdisciplinary approach prepares students for the challenges of health promotion in a multiethnic, multicultural, and global society.*

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below.

Highly Recommended:

ANTH 449/549 Biocultural Perspectives on Human Reproduction (4 credits)
ANTH 474/574 Cross-Cultural Health and Healing (4 credits)
ANTH 483/583 Advanced Medical Anthropology (4 credits)

Select courses from the following list for a minimum of 3 credits. Courses must be substantively different from one another, representing new material in the area of emphasis:

ANTH 442/542 Biocultural Perspectives on Human Biology (4 credits)
ANTH 445/545 Biocultural Anthropology Lab. (4 credits)
ANTH 463/563 Ethics in Anthropological Research (4 credits)
ANTH 575 Theory of Culture (3 credits)
ANTH 585 Uses of Anthropology (4 credits)
ANTH 595 Anthropological Research Design (4 credits)
ANTH 444/544 Nutritional Anthropology (4 credits)
ANTH 440/540 Evolutionary Medicine (4 credits)
ANTH 591 Ethnographic Methods (4 credits)
**H 503 Thesis (6)
**H 501 Research and scholarship (3)
**H 505 Reading and Conference (3)
**H 509 Community-based Practicum (3)

Other advisor-approved courses may be selected.

** Students selecting this area of emphasis may want to consider earning a second master's degree in Applied Anthropology. In other words, students can earn a dual degree (MPH in health promotion and MA in applied anthropology). Interested students should discuss requirements for earning two master's degrees at OSU with their advisor.*

*** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*



Environment, Safety, and Health

The environment, safety and health area of emphasis provides students with foundational knowledge and skills necessary to develop plan, implement and evaluate community based environment, safety and health programs in a wide range of settings. Areas such as Occupational Health and Safety, Air and Water Pollution, Eco/Human Toxicology, ESH Law, Disaster Management, etc. will provide essential information for Health Promotion students interested in working with ESH specialists in solving complex environmental problems. Please note that certain pre-requisite science courses may apply. Check with ESH faculty if you are interested in pursuing this area.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below. Please check with ESH faculty for information about other courses that may be available.

Courses must be substantively different from one another, representing new material in the area of emphasis:

- H 514 ESH Seminar (1 Credit)
- H 526 Epidemiologic Methods (3 Credits)
- H 540 Environmental Health I (3 Credits)
- H 541 Environmental Health II (3 Credits)
- H 548 Public Health Toxicology and Risk Assessment (3 Credits)
- H 585 Environment, Safety and Health Policy and Law (3 Credits)
- H 588 Occupational Safety and Health (3 Credits)
- H 595 Design for Environment, Safety and Health (3 Credits)

Additional Graduate Courses in Environmental Sciences, Toxicology or related areas. Please check with ESH faculty for information about other courses that may fit specific interests in ESH areas.

Global Health Promotion

The global health promotion area of emphasis provides students with a broad understanding of the issues affecting health globally and in international settings. Of particular concern are the problems, policies, and programs that affect health and quality of life of populations and communities around the globe. This area of emphasis is especially designed for students wanting to develop, implement, and/or evaluate health promotion strategies, programs, and policies for populations outside the U.S.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below.

Highly Recommended:

- H 528 Global Health Issues (3 credits)
- H 529 International Health (3 credits)



Select courses from the following list for a minimum of 9 credits. Courses must be substantively different from one another, representing new material in the area of emphasis:

- H 517 Medical and Public Health Entomology (3 credits)
- H 518 Public Health Ethics and Issues, PHL544, Biomedical Ethics, or another graduate public health or bioethics course (3 credits)
- H 527 Case Studies in International Health
- H 538 Public and Private Health Insurance (3 credits)
- H 565 Public Health and Women: Social and Policy Issues (3 credits)
- H 569 Maternal and Child Health (3 credits)
- H 599 Health Development for Displaced Populations (3 credits)
- *H 503 Thesis (6 credits)
- *H 501 Research and Scholarship (3 credits)
- *H 505 Reading and Conference (3 credits)
- *H 509 Community-based Practicum (3 credits)
- ANTH 574 Cross-Cultural Health and Healing (4 credits)
- ANTH 574, Cross-Cultural Health and Healing (4 credits)
- **CPH 534B, Primary Health Care & International Health Disparities (3 credits)
- ***PHPM 567 International Health Epidemiology (3 credits)
- ***PHPM 568 Infectious Disease Epidemiology (2 credits)

Other advisor-approved courses may be selected. These courses may be offered at OSU through programs such as HDFFS, EXSS, Psychology, Sociology or Education, or at PSU or OHSU.

** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*

*** This course is an on-line course offered by the OHSU School of Nursing, Primary Health Care & Health Disparities Track of the Oregon Master of Public Health (OMPH) program.*

**** This course is offered by the OHSU Department of Public Health and Preventive Medicine.*

Health and Aging

The health and aging area of emphasis provides students with a multidisciplinary approach to the factors influencing successful health and aging. Policies, programs and services for the elderly are emphasized, as well as development of competencies necessary to assume leadership roles in future population-based health promotion and aging challenges. Research and community-based practice experiences are components of this area. Students who select this area may work toward completion of OSU's Gerontology Certificate.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below.

Highly Recommended:

H 522 Health, Aging and Control of Chronic Disease (4)

H 532 Economic Issues in Health and Medical Care (3)

Select Courses from the following list for a minimum of 6 credits. Courses must be substantively different from one another, representing new material in the area of emphasis.

H 536 Health Services Administration and Management (3)

H 567 Long Term Care Alternatives (3)

H 568 Financing and Administration of Long-Term Care (3)

HDFS 587 Social Gerontology (3)

EXSS 514 Physical Activity and Aging (3)

NFM 520 Medical Nutrition Therapy (3)

NFM 529 Nutrition and Aging (3)

PHL 544 Biomedical Ethics (3)

PHL 555 Death and Dying (3)

SOC 532 Sociology of Aging (3)

*PHE 557 National Long-term Care Policy (3)

*PHE 559 Economics of Aging (3)

**H 503 Thesis (6)

**H 501 Research and Scholarship (3)

**H 505 Reading and Conference (3)

**H 509 Community-Based practicum (3)

Other advisor-approved courses may be selected

** This course is offered by the PSU School of Community Health, Health Promotion Track of the OMPH program. These vary by year. Check with your advisor about availability.*

*** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*

Health Disparities & Vulnerable Populations

Students in the health disparities and vulnerable populations area of emphasis will improve their understanding of health disparities; the social, cultural, behavioral, and system factors that contribute to disparities in health and health care; and strategies used to reduce disparities and to promote health and prevent disease in diverse populations.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below.

Highly Recommended:

H 520 Health Disparities (3 credits)

Select courses from the following list for a minimum of 12 credits. Courses must be substantively different from one another, representing new material in the area of emphasis:

H 518 Public Health Ethics and Issues, PHL544, Biomedical Ethics, or another graduate public health or bioethics course (3 credits)

H 529 International Health (3 credits)

H 565 Public Health and Women: Social and Policy Issues (3 credits)

H 569 Maternal and Child Health (3 credits)

H 574 Public Health and Violence in Society (3 credits)

H 599 Adolescent Development and Health Promotion (3 credits)

*H 503 Thesis (6 credits)

*H 501 Research and Scholarship (3 credits)

*H 505 Reading and Conference (3 credits)

*H 509 Community-based Practicum (3 credits)

ANTH 573 Gender, Ethnicity and Culture (3 credits)

ANTH 574 Cross-Cultural Health and Healing (4 credits)

HDFS 547 Families and Poverty (3 credits)

HDFS 587 Social Gerontology (3 credits)

**PHE 510 Social Inequalities & Health (3)

**PHE 561/661 Cultural Variations in Aging (3)

SOC 526 Social Inequality (4 credits)

SOC 575 Rural Sociology (4 credits)

WS 514 Systems of Oppression in Women's Lives (3 credits)

Other advisor-approved courses may be selected. These courses may be offered at OSU through programs such as HDFS, EXSS, Psychology, Sociology or Education, or at PSU or OHSU.

** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*

*** This course is offered by the PSU School of Community Health, Health Promotion Track of the OMPH program.*



Research Methods & Evaluation

The research methods and evaluation area of emphasis is designed to provide students with additional skills and knowledge in conducting research and evaluating health promotion programs and interventions. Students design a course of study that may include quantitative and qualitative methods, and incorporates coursework in the social and behavioral sciences, epidemiology, and statistics.

Course Requirements: Students must take a minimum of 15 credits in this area of emphasis. Specific requirements are listed below. Please note that there are many new methods courses under development or newly offered; talk with your advisor about appropriate coursework.

Highly Recommended:

H 699/615 Advanced Evaluation and Research Design (3 credits)

Select one of the following courses (3 or 4 credits):

H 526 Epidemiologic Methods (3 credits)

H 560 Public Health Surveillance (3 credits)

HDFS 531 Research in Human Development and Family Sciences II (4 credits) or

EXSS 577 Multivariate Analysis in Human Performance Research (3 credits)

Select courses from the following list for a minimum of 9 credits. Courses must be substantively different from one another, representing new material in the area of emphasis:

*H 503 Thesis (6 credits)

*H 501 Research and Scholarship (3 credits)

*H 505 Reading and Conference (3 credits)

*H 509 Community-based Practicum (3 credits)

ANTH 591 Ethnographic Methods (4 credits)

EXSS 577 Multivariate Analysis in Human Performance Research(3 credits)

H 526 Epidemiologic Methods (3 credits)

H 560 Public Health Surveillance (3 credits)

HDFS 531 Research in Human Development and Family Sciences II (4 credits)

HDFS 532 Research in Human Development and Family Sciences III (4 credits)

HDFS 538 Qualitative Research Methods I (4 credits)

HDFS 539 Qualitative Methods II (4 credits)

PSY 570 Psychometrics and Psychological Testing (4 credits)

ST 531 Sampling Methods (3 credits)

ST 539 Survey Methods (3 credits)

Other advisor-approved courses may be selected. These courses may be offered at OSU through programs such as HDFS, EXSS, Psychology, Sociology or Education, or at PSU or OHSU.

** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*

Women's Health

The women's health area of emphasis allows students to develop a multi-disciplinary perspective on the unique health challenges facing women in the global population. Issues related to reproductive health, epidemiology and control of chronic and infectious diseases, nutritional factors and women's health, women and work, family dynamics and social interaction influences on health status, violence and women, policy issues, access to health care, as well as research and interventions designed to enhance women's health are potential avenues of exploration.

Course Requirements: Students must take a minimum of 15 credits in his area of emphasis. Specific Requirements are listed below:

Highly Recommended:

H 565 Public Health and Women: Social and Policy Issues (3 credits)

H 574 Public Health and Violence in Society (3 credits)

Select Courses from the following: (minimum of 9 credits)

H 569 Maternal and Child Health (3 credits)

H 522 Health, Aging and Control of Chronic Diseases (4 credits)

H 530 Health Policy Analysis (3 credits)

H 521 Mental Health (3 credits)

H 561 Sexuality: A Health Science Perspective (3 credits)

*H 501 Research and Scholarship (3 credits)

*H 503 Thesis (6 credits)

*H 505 Reading and Conference (3 credits)

*H 509 Community-Based Practicum (3 credits)

SOC 530 Gender and Society (3 credits)

SOC 566 International Development: Gender Issues (4 credits)

WS 560 Women and Sexuality (3 credits)

WS480 International Women (3 credits)

WS 517 Feminist Philosophies (3 credits)

HDFS 533 Family Policy and Program Development (3 credits)

HDFS 541 Families and Work (3 credits)

HDFS 547 Families and Poverty (3 credits)

ANTH 584 Wealth and Poverty (3 credits)

ANTH 573 Gender, Ethnicity and Culture (3 credits)

**PHE 545 Men's Health (3 credits)

**PHE Women and Exercise: Physiological Aspects (3 credits)

Other advisor approved courses may be selected. These courses may be offered at OSU through programs such as HDFS, Psychology, Sociology, or Education, or at PSU or OHSU.

** Students may undertake a thesis (6 credits) or may complete a total of 3 credits of blanket courses in their area of emphasis in partial fulfillment of this requirement. The Interprofessional Education (IPE) course offered by the College of Public Health and Human Sciences does not count towards the limit on blanket course credit.*



*** This course is offered by the PSU School of Community Health, Health Promotion Track of the OMPH program*

Sexual Health

This area of emphasis is under development.

Integrated Health Behavior

Students interested in developing an integrated health behavior area of emphasis must work with their advisor to identify appropriate coursework.



NOTES