

Athletic Training Education Program Overview

Program Introduction

Oregon State University sponsors one of the oldest, most established athletic training education programs in the United States. This program has been continuously approved or accredited since 1974. The program is based on a four year academic plan with two full years of clinical experience. Athletic training students' clinical experiences include university, high school, and rehabilitation clinic settings.

Mission Statement

The Oregon State University Athletic Training Education Program is designed to prepare students for the challenges of the ever-expanding allied health profession of athletic training. Through the combination of extensive didactic, laboratory, and clinical experiences in athletic training, graduates of this program achieve the entry-level competencies necessary to take and pass the certification examination offered by the Board of Certification (<http://www.bocatc.org>), and embark on a career as a certified athletic trainer.

Athletic Training Admission Policy 2011-2012

Students are admitted to the Athletic Training Education Program following the completion of a formal admission process. The admission process is competitive and admission is based on measures of student performance in both the academic and clinical settings. The application deadline is **Friday, May 4, 2011**. Notification of admittance occurs during the second half of July.

The number of students admitted to the undergraduate athletic training option will be approximately 25 students per year.

Recent Class Demographic Information

	Number Admitted	Males	Females	Average Cumulative GPA
2011-2012	22	12	10	3.40
2010-2011	25	10	15	3.37
2009-2010	19	8	11	3.49
2008-2009	19	9	10	3.26
2007-2008	14	7	7	3.2
2006-2007	21	6	15	3.55
2005-2006	19	7	12	3.37
2004-2005	18	8	9	3.07

2003-2004	18	4	14	3.39
2002-2003	21	8	13	3.33
2001-2002	23	8	15	3.62
2000-2001	19	8	11	3.36
1999-2000	13	6	7	3.00
1998-1999	11	3	8	3.08
1997-1998	16	6	10	3.20

Clinical Program Details

Level 2: Athletic Training Student

In the students' Level 2 year, clinical education experiences are limited to hosting events and "shadowing" a Level 4 (senior) student for 10 hours. The main goal of the students' Level 2 year is to obtain important course content & knowledge to prepare them to function well in the clinical education setting in the Level 3 & 4 years.

Level 3: Athletic Training Student

During the Level 3 year, students are assigned a different clinical instructor each of the academic terms. The settings of the clinical education assignments change each term and include the following: a local high school, Western Oregon University, and Oregon State University. Additionally, all Level 3 students will return to campus for preseason sport practices. The report date is typically six weeks prior to the commencement of Fall term classes. During this year students will have direct experiences during actual (on location) practice and/or game coverage with:

- Upper extremity injury intensive sports (e.g., baseball, softball, volleyball, tennis)
- Lower extremity injury intensive sports (e.g., soccer, track, cross country, basketball)
- Equipment intensive sports (e.g., football)
- General medical conditions

During the academic year, Level 3 students are required to obtain 450 clinical hours. To meet this requirement, students should obtain a minimum of 15 hours per week during each of the three, 10-week academic terms. However, no athletic training student should obtain more than 20 clinical hours per week as consistent with the OSU work study guidelines. An exception may be made with the occasional opportunity for the athletic training student to travel to an away sporting event with their clinical instructor. All athletic training students should have a minimum of one day off each week with no clinical responsibilities.

The associated classes for the clinical experience follow:

- EXSS 265: Emergency Management of Sports Trauma (2 credits)
- EXSS 358: Athletic Training Practicum - Manual Therapy (2 credits)
- EXSS 359: Athletic Training Practicum - General Medical Conditions (2 credits)

Within those courses, the clinical experience hour requirement will be a component of the overall grade in the course. Additionally, the athletic training student's performance in the clinical setting will be evaluated by their clinical instructor. These evaluations will be worth a percentage of the final grade. The percentage will be specified on the course syllabus. At the conclusion of each term the athletic training student is asked to complete an evaluation of their clinical instructor. Additionally students' are asked to complete an end of the year evaluation of their experiences in all aspects of the program.

Level 4: Senior Athletic Training Student

Level 4 athletic training students will be assigned to one clinical instructor for the duration of the academic year. The goal of this assignment is for the Level 4 student to have the opportunity to work with the clinical instructor and athletic team throughout the year in order to experience pre-season training, in-season sport participation, out-of-season training and sport participation. Additionally, if requested by the clinical instructor Level 4 students will return to campus for preseason sport practices. The report date is typically six weeks prior to the commencement of Fall term classes. All Level 4 students will also have the opportunity to shadow Dr. Craig Graham during one week of their senior year. These observations will add to their general medical experience. During the week the student shadows Dr. Graham, he or she is not expected to complete additional hours with their clinical instructor.

Due to the high level of responsibility, there is no hour requirement for the Level 4 student. However, no athletic training student should obtain more than 20 clinical hours per week as consistent with the OSU work study guidelines. An exception may be made with the occasional opportunity for the athletic training student to travel to an away sporting event with their clinical instructor. All athletic training students should have a minimum of one day off each week with no clinical responsibilities.

These evaluations will be worth a percentage of the final grade. The percentage will be specified on the course syllabus. At the conclusion of each term the athletic training student is asked to complete an evaluation of their clinical instructor. Additionally they are asked to complete an end of the year evaluation of their experiences in all aspects of the program.

The associated classes for the clinical experience follow:

- EXSS 410: Athletic Training Internship (3 terms/12 credits)

First Time Pass Rate on BOC Exam

The students graduating from our program have typically scored above the national average for first-time pass rates. Over the course of the past 5 years (2003-2007) our average first-time pass rate was 45.9% compared to a national average for curriculum candidates of 38.51%. In 2008 our first-time pass rate was 75% compared to a national average of 39.1%. It is important to note that in 2008 a new style of certification exam

was first offered. Our average pass rate over the past three years is 65.8% for first time test takers when compared to the national average of 50.4%.

Associated Program Fees

In addition to tuition and fees, Athletic Training major students will also have other associated costs related to the major. These include, but are not limited to, supplies, background check, liability insurance, professional clothing for clinical education experiences, and transportation costs to affiliated clinical sites. Many of these fees will be assessed through course fees.

Program Administration

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