Oregon State University
College of Public Health and Human Sciences

School of Biological and Population Health Sciences

Athletic Training Major
(Accredited by the Commission on Accreditation of Athletic Training Education)

Policies and Procedures
2015 - 2016
Updated 12/23/15
# Table of Contents

What is Athletic Training? .......................................................... 3  
Program Introduction .................................................................. 3  
  Mission Statement .................................................................. 4  
  Faculty ................................................................................... 4  
  Goals of the Program ............................................................ 4  
  General Expectations of Athletic Training Students .................. 4  
Athletic Training Major Admission Policy .................................... 5  
  Application requirements ...................................................... 5  
  Criteria for admission ........................................................... 6  
  Athletic Training Major Directed Observation Program ............ 7  
  Technical Standards for Admission ........................................ 8  
  OSU Athletic Training Major Transfer Policy .......................... 10  
Academic Requirements / Retention Policy ................................. 11  
  Athletic Training Major Four-Year Course Progression ............. 12  
Clinical Education Experiences .................................................. 14  
  Dress Code and Personal Appearance Policy ........................... 17  
    General Guidelines for Students at all Clinical Experience Sites ... 17  
    Affiliated Clinical Site On and Off Campus ......................... 17  
    Athletic Training Room/Practice Attire On-Campus ............... 17  
    Athletic Training Room/Practice Attire Off-Campus .............. 18  
    Athletic Game/Event Attire ................................................. 18  
    Athletic Team Travel Attire ............................................... 19  
Interpersonal Relationships ....................................................... 20  
Discipline Policy ...................................................................... 20  
ATEP Student Illness Policy ....................................................... 22
What is Athletic Training?

“Athletic training is practiced by athletic trainers, health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Students who want to become certified athletic trainers must earn a degree from an accredited athletic training curriculum. Accredited programs include formal instruction in areas such as injury/illness prevention, first aid and emergency care, assessment of injury/illness, human anatomy and physiology, therapeutic modalities, and nutrition. Classroom learning is enhanced through clinical education experiences. More than 70 percent of certified athletic trainers hold at least a master’s degree.”

- www.nata.org/athletictraining

“Athletic Trainers are healthcare professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis and intervention of emergency, acute and chronic medical conditions involving impairment, functional limitations and disabilities. Athletic Training is recognized by the American Medical Association (AMA) as a healthcare profession.”

- CAATE

Program Introduction

Oregon State University sponsors one of the oldest, most established accredited undergraduate athletic training education programs in the United States. The program has been continuously approved or accredited since 1974. The program is based on a four year academic plan with two full years of clinical experience. During the first year (Level 1 year), students are Pre-Athletic Training majors taking the pre-requisite courses and applying for admission into the program. If the student is admitted to the program they are now Athletic Training majors and progress through the remaining three years of the program. The Level 2 year is dedicated primarily to coursework and limited clinical experiences. The Level 3 year the student completes a variety of clinical education experiences. Each term the student will rotate between university (Division I and II), high school, and rehabilitation clinic settings. The Level 4 year the student will work primarily in one clinical setting with one clinical instructor / preceptor. Additionally during the Level 4 year the student will have the opportunity to shadow a team physician for one week. At the completion of the program the student will be eligible to sit for the Board of Certification examination. Upon passage of the exam the individual will be credentialed as a certified athletic trainer (ATC).
Mission Statement

The Oregon State University Athletic Training Major is designed to prepare students for the challenges of the ever-expanding allied healthcare profession of athletic training. Through the combination of extensive classroom and clinical educational experiences in athletic training, graduates of this program achieve the entry-level competencies necessary to take and pass the Board of Certification examination and embark on a career as a certified athletic trainer.

Faculty
Kim Hannigan, PhD, ATC, - AT Major Program Director
Sam Johnson, PhD, ATC, - AT Major Clinical Education Coordinator
Mark Hoffman, PhD, ATC
Marc Norcross, PhD, ATC
Emily Norcross, MA, ATC

Graduate Teaching Assistants
Eunwook Chang, MS, ATC
John Paul Bigouette, MS, ATC

Goals of the Program
Students graduating with an Athletic Training degree will:
• Demonstrate acquisition of knowledge in the management of injuries, illnesses, and other conditions in physically active individuals;
• Demonstrate application of skills in the management of injuries, illnesses, and other conditions in physically active individuals;
• Demonstrate knowledge of strategies to prevent and minimize injuries, illnesses, and other conditions to optimize overall health; and
• Utilize concepts of evidence-based practice in the field of athletic training.

General Expectations of Athletic Training Students
• Remain in good academic standing as detailed by the academic requirements.
• Regular class attendance with all courses.
• Maintain CPR certification at ALL times when in clinical settings associated with the AT major.
• Read and obey all policies and procedures of the AT major as outlined in this manual.
• Follow the policies and procedures of each individual clinical site.
• Possess and demonstrate appropriate professional conduct throughout all phases of the educational process.
• Uphold the ethical standards detailed in the National Athletic Trainers’ Association Code of Professional Ethics (http://www.nata.org/codeofethics).
Athletic Training Major Admission Policy

Effective Fall 2014 – Admission to the AT Major has been suspended. The AT Program is transitioning from an undergraduate professional program to a graduate professional program. It is expected that the first graduate cohort will begin in the summer of 2016. Further updates on the transition process are available on the AT Program website.

To be admitted to the Athletic Training (AT) major students must complete a formal admissions process. The admission process is multifaceted and competitive with approximately 25 students admitted each academic year to the major. The application deadline is early May with notification of admittance occurring during the second half of July. Formal admissions occur at the start of Fall term.

Application requirements

1. The student must be admitted to the College of Public Health and Human Sciences and must declare as a Pre-Athletic Training major.
2. The student must complete or be enrolled in the following prerequisite courses:
   a. EXSS 158 – Care and Prevention of Athletic Injuries (offered Fall and Winter terms)#
   b. EXSS 159 – Directed Observation in Athletic Training (offered Winter and Spring terms)‡
   c. CHEM 121 or 231 - General Chemistry
   d. CHEM 122 or 232 - General Chemistry
   e. CHEM 123 or 233 - General Chemistry or CHEM 130 - General Chemistry of Living Systems
   f. PHAR 210 – Terminology of Health Sciences‡

   # Must be completed during the year in which the student applies to the AT major. Additionally, although the University allows students to retake courses, to be considered for admission to the AT major, EXSS 158 & 159 may only be taken only once during the year in which the student applies to the major.

   ‡ Due to class size limitations this course may be closed prior to the student applying for the major. The student is still allowed to apply to the program even if he or she has not enrolled in the course.

3. Overall OSU grade point average equal to or greater than 2.75 (on a 4.0 scale).
4. Submit the following:
   a. A completed, typed OSU Athletic Training major admissions application;
   b. A current, unofficial (student) OSU transcript which should show satisfactory completion of, or enrollment in, all prerequisite courses.
5. Completion of admissions interview during Spring term of the year applying to the major.
Criteria for admission

Applicant ranking is based on the weighting of each of these factors:

1. Grade Point Average in Prerequisite Courses (25%)
   The grades from the following prerequisite courses will be used to calculate a grade point average for the admission process.
   a. Chem 121 or 231* General Chemistry
   b. EXSS 158 Care and Prevention of Athletic Injuries
   c. EXSS 159 Directed Observation in Athletic Training
   d. PHAR 210 Terminology of the Health Sciences
   * If the student is unable to register for the class due to class size restrictions the GPA will be calculated without the grade from this course.

2. Admission Test Score (25%)
   The admission test score is the average of
   a. EXSS 158 final written examination score
   b. EXSS 159 final oral practical examination score

3. Preceptor Evaluation Score (25%)
   As part of EXSS 159: Directed Observation in Athletic Training, the student will be assigned an athletic trainer who is affiliated with the OSU AT major (i.e., a preceptor). The student will be responsible for observing the preceptor for 10 hours during the term they are enrolled in EXSS 159. The observation program allows the student to observe and interact with an athletic trainer. The program also allows the student to observe the typical day-to-day activities of an athletic training facility and what is required of an athletic training student. At the conclusion of the observation, the preceptor will evaluate the student on a numeric rating scale.

4. Admissions Interview Score (25%)
   Applicants must complete an admissions interview during the Spring term of the year of application. The interviews will be conducted by AT major faculty and affiliated preceptors / clinical instructors. Applicants will be evaluated by the interviewers utilizing a numeric rating scale.

Notification of admittance to the AT major will occur during the second half of July. Formal admittance will occur at the start of Fall term. Under special circumstances, a deferment of admission may be granted.

Students who are not admitted may reapply the following academic year but must still meet the current admission requirements. EXSS 158 and EXSS 159 must be taken again when reapplying for the program. Students are strongly encouraged to meet with an academic advisor to plan the best course of action.
Athletic Training Major Directed Observation Program

All prospective athletic training students are required to complete the Pre-Athletic Training major prior to gaining full admission into the Athletic Training major sponsored by the School of Biological and Population Health Sciences in the College of Public Health and Human Sciences. This program includes EXSS 158 and EXSS 159. Participation in this qualifying program enables the student to observe a certified athletic trainer associated with OSU and his/her students for ten hours. All prospective students interested in athletic training must complete one term (Winter or Spring Term) of directed clinical observation (EXSS 159 - Directed Observation in Athletic Training) while enrolled as a student at Oregon State University in order to qualify for admission to the Athletic Training major.

During the Pre-Athletic Training Program, a student must complete the following athletic training coursework:

- EXSS 158 - Care and Prevention of Athletic Injuries (3 credits)
- EXSS 159 - Directed Observation in Athletic Training (1 credit)
Technical Standards for Admission

The Athletic Training Education Program at Oregon State University is a rigorous academic and clinical program that places specific requirements and demands on the students enrolled. An objective of this program is to prepare graduates to enter a variety of employment settings and to render medical care to a wide spectrum of individuals engaged in physical activity. Individuals who are interested in applying for the Athletic Training Education Program should review these standards as examples of the knowledge (cognitive), skills (psychomotor) and behaviors (affective) necessary for continuing in and completing the Athletic Training Education Program. In addition, these standards meet the expectations of the program’s accrediting agency, the Commission on Accreditation of Athletic Training Education (CAATE).

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the Board of Certification (BOC) examination.

Students in the Athletic Training Education Program must continue to meet these standards in order to persist in the program:

1. Can assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments, and to be able to distinguish deviations from the norm.

2. Can perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the prevention, assessment and treatment of patients.

3. Can communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively.

4. Can develop and demonstrate the professional characteristics (dependability, flexibility, composure during high stress, communication and interpersonal skills) becoming of the allied health professional.

5. Must have and maintain Cardiopulmonary Resuscitation (CPR) certification throughout the program.
Candidates selected into the Athletic Training Educational Program will be required to verify they understand and are able to meet these technical standards with or without reasonable accommodations. If you need to request an accommodation, please contact Disability Access Services at Oregon State University located in A00 Kerr Administration Building, disability.services@oregonstate.edu, 541-737-4098

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards with or without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

____________________________________  ______________________
Signature of Applicant                      Date

____________________________________
Printed Name
**OSU Athletic Training Major Transfer Policy**

*Effective Fall 2014 – Admission to the AT Major has been suspended. The AT Program is transitioning from an undergraduate professional program to a graduate professional program. It is expected that the first graduate cohort will begin in the summer of 2016. Further updates on the transition process are available on the AT Program website.*

Students contemplating transfer to Oregon State University are encouraged to do so. However, due to competition for the limited number students admitted to the major, no guarantees of admission can be made to transfer students or “true” freshman. A minimum of three years of study at OSU are required to complete the Athletic Training major, regardless of class standing and number of credits completed prior to transfer. **In most cases, students will require four years of study, to complete their Bachelor of Science in Athletic Training at OSU. (One year as a Pre-Athletic Training major and three years as an Athletic Training major.)**
Academic Requirements / Retention Policy

In order to remain in good academic standing in the athletic training major students are required to:

- Obtain a minimum 2.0 GPA each academic term
- Earn a minimum of a 2.5 cumulative GPA in EXSS prefixed courses
- Maintain a cumulative 2.25 in the AT major courses (this includes chemistry, physics, math, anatomy, nutrition, etc.)

Academic probation will result if the student earns less than 2.0 in any term. Suspension from the program will result if a student earns less than 2.0 for two consecutive terms. In addition, the AT student will be suspended if their cumulative GPA in EXXS prefixed courses drops below a 2.5 or if their cumulative AT major GPA drops below 2.25. Any suspended student will need to discuss their options with Kim Hannigan, AT Program Director, or Sam Johnson, AT Clinical Education Coordinator.

Academic probation will result if the student earns less than any of the requirements listed above in any term. Suspension from the program will result if the student earns less than any of the requirements in any two consecutive terms. Suspended student will need to petition for reinstatement to the Athletic Training major.

Due to the transition of the undergraduate AT degree to a master’s AT degree the last undergraduate AT cohort will graduate in June 2017. As the transition progresses, undergraduate courses will continue to be phased out accordingly. Therefore, if a student in the last undergraduate AT cohort does not successfully complete an AT course there will be no opportunity to retake the course the following academic year. In this case, the student will not be able to graduate with an undergraduate degree in AT.
Athletic Training Major Four-Year Course Progression

- This list does not include the Baccalaureate Core requirements (Perspective & Synthesis) or Math 112 (Elementary Functions).
- There may be times when you need to alter the order you take the courses below due to a class filling prior to your registration. Therefore, it is highly recommended you meet with your advisor each term to ensure you are on track for graduation.
- There have been some changes in course numbers. I have listed the new course number, but added a note about which course may be utilized as a substitute.

### Pre-Athletic Training Major

<table>
<thead>
<tr>
<th>Level 1</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>EXSS/KIN 131:</strong> Introduction to Exercise and Sport Science</td>
<td>Fall</td>
<td></td>
</tr>
<tr>
<td>CHEM 121 or 231: General Chemistry</td>
<td>Fall</td>
<td></td>
</tr>
<tr>
<td>EXSS 158: Care and Prevention of Athletic Injuries*</td>
<td>Fall or Winter</td>
<td></td>
</tr>
<tr>
<td>EXSS 159: Directed Observation in Athletic Training*</td>
<td>Winter or Spring</td>
<td></td>
</tr>
<tr>
<td>CHEM 122 or 232: General Chemistry</td>
<td>Winter</td>
<td></td>
</tr>
<tr>
<td>H 225: Social and Individual Health Determinants</td>
<td>Winter or Spring</td>
<td></td>
</tr>
<tr>
<td>CHEM 123 or 233: General Chemistry</td>
<td>Spring</td>
<td></td>
</tr>
<tr>
<td>PHAR 210: Terminology in the Health Sciences</td>
<td>Fall, Winter, or Spring</td>
<td></td>
</tr>
<tr>
<td>PSY 201: General Psychology</td>
<td>Fall, Winter, or Spring</td>
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</tbody>
</table>

*EXSS 158 and 159 may only be taken once during any academic year.

### Athletic Training Major

<table>
<thead>
<tr>
<th>Level 2</th>
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</thead>
<tbody>
<tr>
<td><strong>EXSS 259:</strong> Athletic Training Practicum</td>
<td>Fall</td>
<td></td>
</tr>
<tr>
<td><strong>BI231, BI241:</strong> Human Anatomy and Physiology</td>
<td>Fall</td>
<td></td>
</tr>
<tr>
<td>(Z331, Z341 can be substituted for these Biology courses)</td>
<td></td>
<td></td>
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<tr>
<td><strong>NUTR 240:</strong> Human Nutrition</td>
<td>Fall, Winter, or Spring</td>
<td></td>
</tr>
<tr>
<td><strong>EXSS 350:</strong> Orthopedic Assessment of Upper Extremity Injuries</td>
<td>Winter</td>
<td></td>
</tr>
<tr>
<td><strong>BI 232, BI242:</strong> Human Anatomy and Physiology</td>
<td>Winter</td>
<td></td>
</tr>
<tr>
<td>(Z332, Z342 can be substituted for these Biology courses)</td>
<td></td>
<td></td>
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<tr>
<td><strong>EXSS 351:</strong> Orthopedic Assessment of Lower Extremity Injuries</td>
<td>Spring</td>
<td></td>
</tr>
<tr>
<td>**BI 233, <strong>BI243:</strong> Human Anatomy and Physiology</td>
<td>Spring</td>
<td></td>
</tr>
<tr>
<td>(Z333, Z343 can be substituted for these Biology courses)</td>
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<tr>
<td><strong>EXSS/KIN 370:</strong> Psychology of Sport and Physical Activity</td>
<td>Fall, Winter, or Spring</td>
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</tbody>
</table>
** = recommended

### Level 3

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS/KIN 365</td>
<td>Emergency Management of Sports Trauma</td>
<td>Fall</td>
</tr>
<tr>
<td>EXSS/KIN 385</td>
<td>Therapeutic Exercise</td>
<td>Fall</td>
</tr>
<tr>
<td>PH 201</td>
<td>General Physics</td>
<td>Fall</td>
</tr>
<tr>
<td>KIN 324</td>
<td>Exercise Physiology</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 358</td>
<td>Athletic Training Practicum</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 380</td>
<td>Therapeutic Modalities</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 359</td>
<td>Athletic Training Practicum</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 321</td>
<td>Biomechanics of Human Movement</td>
<td>Winter or Spring</td>
</tr>
<tr>
<td></td>
<td>(If you completed only EXSS 322 or only EXSS 323, then you need to take EXSS/KIN 321 too. If you completed both EXSS 322 and EXSS 323, then you do not need to complete EXSS/KIN 321.)</td>
<td></td>
</tr>
<tr>
<td>EXSS/KIN 325</td>
<td>Fitness Assessment and Exercise Prescription</td>
<td>Spring</td>
</tr>
</tbody>
</table>

### Level 4

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS/KIN 410</td>
<td>Internship</td>
<td>Fall</td>
</tr>
<tr>
<td>EXSS/KIN 452</td>
<td>Athletic Training Program Management</td>
<td>Fall</td>
</tr>
<tr>
<td>EXSS/KIN 455</td>
<td>Pharmacology in Athletic Training (WIC requirement)</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 410</td>
<td>Internship</td>
<td>Winter</td>
</tr>
<tr>
<td>NUTR 341</td>
<td>Nutrition for Exercise</td>
<td>Winter</td>
</tr>
<tr>
<td>EXSS/KIN 311</td>
<td>Motor Behavior</td>
<td>Winter or Spring</td>
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<tr>
<td></td>
<td>(EXSS 411 will substitute for this course)</td>
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<tr>
<td>EXSS/KIN 394</td>
<td>Professional Activities: Resistance Training Program Design</td>
<td>Fall, Winter, or Spring</td>
</tr>
<tr>
<td>EXSS/KIN 410</td>
<td>Internship</td>
<td>Spring</td>
</tr>
<tr>
<td>ST 201</td>
<td>Principles of Statistics</td>
<td>Spring</td>
</tr>
<tr>
<td></td>
<td>or ST 351: Introduction to Statistical Methods</td>
<td></td>
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<tr>
<td></td>
<td>or H 220: Introduction to Health Data Analysis</td>
<td></td>
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<tr>
<td>EXSS/KIN 314</td>
<td>Introduction to Adapted Physical Activity</td>
<td>Spring</td>
</tr>
<tr>
<td></td>
<td>(EXSS 444 will substitute for this course)</td>
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</table>
Clinical Education Experiences

Clinical education experiences in the OSU AT major takes place over 3 years, specifically the Level 2 – 4 years.

Level 2: Athletic Training Student
The primary goal of the students’ Level 2 year is to obtain important course content & knowledge to prepare them to function well in the clinical education setting in the Level 3 & 4 years. Therefore, the students’ Level 2 year clinical education experiences are limited to hosting events and “shadowing” a Level 4 (senior) student for 10-20 hours during the Winter and Spring terms.

Level 3: Athletic Training Student
During the Level 3 year, students are assigned a different preceptor each academic term. The settings of the clinical education assignments change each term and include the following: a local high school, Western Oregon University, and Oregon State University. Additionally, all Level 3 students will return to campus for preseason sport practices. The report date is typically 4-6 weeks prior to the start of Fall term classes. This clinical education experience is a part of the KIN 365 course (Emergency Management of Sports Trauma) taken during the Fall term. During this year students will have direct experiences during actual (on location) practice and/or game coverage with:
• Upper extremity injury intensive sports (e.g., baseball, softball, volleyball, tennis)
• Lower extremity injury intensive sports (e.g., soccer, track, cross country, basketball)
• Equipment intensive sports (e.g., football)
• General medical conditions

During the academic year, Level 3 students are required to obtain 150-200 clinical hours per term. The hours per week will vary depending upon team/preceptor schedules. All athletic training students should have a minimum of one day off every seven days with no clinical responsibilities.

The associated classes for the clinical experience follow:
• KIN 365: Emergency Management of Sports Trauma (3 credits)
• KIN 358: Athletic Training Practicum (2 credits)
• KIN 359: Athletic Training Practicum (2 credits)

Within those courses, the hour requirement will count towards the overall grade in the course. The grade for the hour requirement will be percentage based (e.g., 100% of the minimum hours receives 100% of the points and 80% of the hours receives 80% of the total points possible). If a Level 3 student fails to complete 80% of the minimum required hours during a term, they will earn a zero for that portion of your grade.
Additionally, the athletic training student’s performance in the clinical education setting will be evaluated by their preceptor. These evaluations will be worth a portion of the final grade. The remaining portion of the grade will be based on course content. At the conclusion of each term, the athletic training student is asked to complete an evaluation of their preceptor. Failure to complete the preceptor evaluation will result in an incomplete grade for the course.

**Level 4: Athletic Training Student**

Level 4 athletic training students will be assigned to one preceptor for the duration of the academic year. The goal of this assignment is for the Level 4 student to have the opportunity to work with the preceptor and athletic team throughout the year in order to experience pre-season training, in-season sport participation, and out-of-season training. Additionally, if requested by the preceptor Level 4 students will return to campus for preseason sport practices. The report date is typically six weeks prior to the start of Fall term classes. All Level 4 students will also have the opportunity to shadow a team physician during one week of their senior year. These observations will add to their general medical experience. During the week the student shadows a team physician, he or she is not expected to complete additional hours with their preceptor.

During the **academic** year, Level 4 students are required to obtain 150-250 clinical hours per term. The hours per week will vary depending upon team/preceptor schedules. All athletic training students should have a minimum of one day off every seven days with no clinical responsibilities.

The associated classes for the clinical experience follow:
- **KIN 410: Athletic Training Internship** (3 terms/12 credits)

The athletic training student’s performance in the clinical setting will be evaluated by their preceptor. These evaluations will be worth a portion of the final grade. The remaining portion of the grade will be based on course content. At the conclusion of each term the athletic training student is asked to complete an evaluation of their preceptor. Failure to complete the preceptor evaluation will result in an incomplete grade for the course. The students’ are also asked to complete an end of the year evaluation of their experiences in all aspects of the program.
**Preceptors:**

**Athletic Training Preceptors 2015-2016**

<table>
<thead>
<tr>
<th>University Setting</th>
<th>Preceptor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oregon State University (OSU) Athletics</td>
<td></td>
</tr>
<tr>
<td>Heather Elkinton, MS, ATC</td>
<td><a href="mailto:Heather.Elkinton@oregonstate.edu">Heather.Elkinton@oregonstate.edu</a></td>
</tr>
<tr>
<td>Tom Fregoso, MS, ATC</td>
<td><a href="mailto:Tom.Fregoso@oregonstate.edu">Tom.Fregoso@oregonstate.edu</a></td>
</tr>
<tr>
<td>Winston Davenport, MEd, ATC</td>
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<td>Stephen Gaul, MS, ATC</td>
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<td>Deb Graff, MS, ATC</td>
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<tr>
<td>Fred Tedeschi, MA, ATC</td>
<td><a href="mailto:Fred.Tedeschi@oregonstate.edu">Fred.Tedeschi@oregonstate.edu</a></td>
</tr>
<tr>
<td>Josh Therrien, MS, ATC</td>
<td><a href="mailto:Josh.Therrien@oregonstate.edu">Josh.Therrien@oregonstate.edu</a></td>
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<tr>
<th>OSU – Dixon Recreational Center</th>
<th>Guido Van Rysssegem, MS, ATC</th>
<th><a href="mailto:Guido.VanRysssegem@oregonstate.edu">Guido.VanRysssegem@oregonstate.edu</a></th>
</tr>
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<tbody>
<tr>
<td>Austin Michalski, ATC</td>
<td><a href="mailto:Austin.Michalski@oregonstate.edu">Austin.Michalski@oregonstate.edu</a></td>
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<tr>
<th>Western Oregon University (WOU) Athletics</th>
<th>Kurtis Kidd, MS, ATC</th>
<th><a href="mailto:kiddk@wou.edu">kiddk@wou.edu</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Minda McCullough-Yray, MS, ATC</td>
<td><a href="mailto:mcculloughyraym@wou.edu">mcculloughyraym@wou.edu</a></td>
<td></td>
</tr>
<tr>
<td>Tyler Patterson, MS, ATC</td>
<td><a href="mailto:pattersont@wou.edu">pattersont@wou.edu</a></td>
<td></td>
</tr>
<tr>
<td>Adam Tolley, ATC</td>
<td><a href="mailto:tolleya@wou.edu">tolleya@wou.edu</a></td>
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**High School Setting**

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<thead>
<tr>
<th>School</th>
<th>Preceptor</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corvallis High School</td>
<td>Bryan Painter, ATC</td>
<td><a href="mailto:Bryan_Painter@corvallis.k12.or.us">Bryan_Painter@corvallis.k12.or.us</a></td>
</tr>
<tr>
<td>Central High School</td>
<td>Jeremy Ainsworth, MS, ATC</td>
<td><a href="mailto:jainsworth@ptnorthwest.com">jainsworth@ptnorthwest.com</a></td>
</tr>
<tr>
<td>Crescent Valley High School</td>
<td>Kristi Dunn, MA, ATC</td>
<td><a href="mailto:Kristi.Dunn@corvallis.k12.or.us">Kristi.Dunn@corvallis.k12.or.us</a></td>
</tr>
<tr>
<td>Philomath High School</td>
<td>Tye Rauschert, ATC</td>
<td><a href="mailto:trauschert@ptnorthwest.com">trauschert@ptnorthwest.com</a></td>
</tr>
<tr>
<td>West Albany High School</td>
<td>Chris Hart, ATC</td>
<td><a href="mailto:hartatc@msn.com">hartatc@msn.com</a></td>
</tr>
</tbody>
</table>

**Clinic Setting**

<table>
<thead>
<tr>
<th>Setting</th>
<th>Preceptor</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>PT Northwest</td>
<td>Josh Pannebaker, PT, ATC</td>
<td><a href="mailto:jpannebaker@ptnorthwest.com">jpannebaker@ptnorthwest.com</a></td>
</tr>
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</table>

A preceptor will directly supervise all formal Oregon State University athletic training clinical education assignments during the delivery of athletic training services. Athletic
training students must be officially enrolled in the program and must be instructed on athletic training clinical skills prior to performing those skills on patients (CAATE Standards 53 & 54). The preceptor must be physically present and have the ability to intervene on behalf of the athletic training student and the patient (CAATE Standard 63).

**Dress Code and Personal Appearance Policy**

All athletic training education program students are expected to conduct themselves in a professional manner at all times, including neat personal appearance and attire. This is a necessary component for preparation for a career in athletic training.

**General Guidelines for Students at all Clinical Experience Sites**

- Shirts are to be of sufficient length to be tucked in pants and remain tucked in pants when engaging in routine athletic training student duties.
- Hairstyle should not interfere with ability to perform routine athletic training student duties.
- Facial hair is required to be well groomed.
- Students must be easily identified as being associated with the facility in which they are currently gaining experience. This may be accomplished by wearing an identifying shirt or displaying a program identification badge.
- No facial or tongue jewelry is allowed.
- Do not wear OSU Sports Medicine clothing to places or events where it is inappropriate. (E.g., do not wear your OSU Sports Medicine clothing to a bar).
- No yoga pants or pants of that style.
- It is highly recommended that you wear a watch and carry a pen with you when working clinically.

**Affiliated Clinical Site On and Off Campus**

Students participating in clinical experiences at affiliated sites should wear a combination of the following:

- Polo shirts: OSU Athletic Training issue or neutral [pocket crest logo of manufacturer acceptable]
- Blouse or button-up shirt, sweaters okay as long as abdomen or back is not exposed while performing routine duties at the site.
- Pants or Slacks: no low-rise slacks, length sufficient to cover ankles
- Casual closed toe and heel shoes or athletic shoe [running, court] in good condition should be worn at all times.

**Athletic Training Room/Practice Attire On-Campus**

Students are to wear neat and functional clothing when gaining experience as an athletic training student. Students are encouraged to wear OSU affiliated clothing when participating in their clinical experiences held on campus. Also students are strongly
encouraged to wear something of the Nike brand or neutral when on the practice/game fields unless that particular team (women’s volleyball for example) has another contract (Asics), even if this means you need to purchase clothing with your own money.

The following are considered appropriate:

- **Pants or Shorts:** khaki, black, gray
  - Shorts of appropriate mid-thigh length or longer
  - No low-rise pants or shorts
  - No yoga pants or spandex pants
- **Wind pants:** black or gray
  - Or other OSU team issue travel or practice sweats, excluding cotton fleece or rip-a-ways.
- **Shirts:** polo, t-shirt
  - Athletic Training, OSU Team Issue, or Oregon State University Apparel [e.g., OSU logo clothing from the bookstore]
  - Neutral polo or button down dress shirt
- **Shoes:** athletic or functional/casual
  - Running or court shoes, closed toe and heel casual shoes
- **Pullovers, Sweatshirts**
  - Athletic Training, OSU Team Issue, Oregon State University Apparel or Neutral [pocket crest logo of manufacturer acceptable]
  - black, orange, white, gray color are encouraged
- **Inclement Weather**
  - Athletic Training, OSU Team Issue, or Neutral [pocket crest logo of manufacturer acceptable] rain gear for outside practice coverage.
- **Hats/Caps**
  - Hats should not be worn inside the athletic training rooms at all settings.
  - OSU affiliation hats may be worn outside at practice or events, but are not intended to be worn as daily attire. If worn outside, they must be removed upon returning to the athletic training rooms.

**Athletic Training Room/Practice Attire Off-Campus**
Students may wear OSU Athletic Training attire at off-campus collegiate and high school sites or clothing issued by the site supervisor. All other expectations with regards to pants/shorts, shirts, shoes, sweatshirts/pullovers, grooming, and inclement weather apply from the above stated policy.

**Athletic Game/Event Attire**
It is recognized that certain sports require a sideline protocol representative of the nature of that sport. Students should follow the expectations of their clinical supervisor. For example, for OSU or WOU football, there may be a particular combination of polo shirt and pants that all athletic training staff and students wear at a home contest.
Indoor contests like basketball or gymnastics usually require attire that is more formal than daily attire, for example dress slacks and a blouse or button down shirt. The student is expected to dress appropriate for the nature of the event. Students should check their clinical supervisor with regards to these expectations.

**Athletic Team Travel Attire**

If students are traveling with an OSU team, it is expected that the student’s attire reflect continued professionalism. OSU attire should be worn to practices and events with guidelines for normal athletic training experiences at home followed. Additionally, during travel time to away contests [bus trips, flights] students are obligated to follow team travel rules set forth by that program and the clinical supervisor. For example, if the team is traveling by flight and team travel sweats will be worn, the student may choose to do the same, unless their preceptor has a different expectation. Alternatively, if dress slacks and a nice shirt or tie [males] are required, than the student is expected to do the same. However, jean shorts, athletic shorts, or tank tops [of any nature] are not considered acceptable, even if the team is allowed to dress down. When in doubt, students should consult with their preceptor.
Interpersonal Relationships

Athletic Trainers
The athletic trainers are responsible for the daily operations of the athletic training facility. This includes pre-participation physical examinations, prevention, assessment, treatment and rehabilitation of injuries and illnesses, inventory and ordering supplies, and other administrative assignments. The athletic training student is accountable for instructions provided by supervising athletic trainers.

Team Physicians
The athletic training student will have the opportunity to work with and interact with the team physicians as well as other medical specialists associated with the program. A great deal can be learned just by watching them evaluate injuries and/or illnesses. The athletic training student is encouraged to ask questions, however questions should be asked at appropriate times and do not hinder patient or athlete’s care.

Patients / Student-Athletes
Athletic training students are training to become healthcare professionals. With that in mind, it is the athletic training student’s responsibility to treat patients / student-athletes in a professional manner. Appropriate boundaries are required to interact and treat the patient professionally. Athletic training students need to be aware of this and are expected to communicate with the preceptor and AT faculty when there are concerns. Specific issues the AT student should be aware of include, but are not limited to, outside-of-clinical setting interactions, discussion of personal issues, social media, use of inappropriate language, and physical contact.

Coaches
The athletic training student should not discuss injuries with a coach unless instructed to do so by the supervising athletic trainer.

Media and Scouts
Under no circumstances should the athletic training student talk to the media or scouts about injuries, rehabilitation protocols, policies and procedures, etc.
**Discipline Policy**

Legal, moral, unethical or unprofessional conduct, failure to meet the retention standards, or violation of University policies may be a cause for the athletic training student to be placed on probation or removed from the Athletic Training major. Examples of actions that might necessitate disciplinary action include, but are not limited to, failure to follow clinical education site and or Athletic Training major policies and procedures, inappropriate actions, language, or dress, excessive or unexcused unpunctuality or absenteeism, and any legal infraction. Each situation will be handled on an individual basis but most Athletic Training major disciplinary decisions will be deliberated by the athletic training faculty with input from preceptors and possibly College and University Administration.
Student Illness Policy

We understand that illnesses are common amongst college-aged students and that illnesses are usually difficult to predict. We want all of our athletic training students to remain healthy, but understand that you may become sick during the school year. If you become ill and feel that you are unable to attend class and/or your clinical education assignment, please contact the Program Director (Kim Hannigan) and the Clinical Education Coordinator (Sam Johnson). In addition, if you are ill, we encourage you to notify any instructors for classes that you will be missing (regardless of whether they are affiliated with AT major). Please notify the above people prior to missing class or an event if at all possible.

If you are ill for more than two days we ask that you see a physician for your health and the health of others (classmates, instructors, athletes, and coaches) to determine if your condition is communicable or requires further treatment. If the physician believes you should not return to class or your clinical assignment because the illness may spread amongst others please inform your preceptor, the Clinical Coordinator (Sam Johnson), and the Program Director (Kim Hannigan) so that you are not unfairly penalized.

If you attend a practice, game, or event and your preceptor determines that you are ill or if your preceptor believes that you may spread the illness to the athletes, coaches, clinical staff or other students the preceptor may require you to leave the facility and return when your symptoms have resolved. The preceptor may require you to leave for the health of others regardless of your deficiency in clinical hours. If this occurs, it is YOUR RESPONSIBILITY to arrange make-up hours.

You may ask for an extended leave of absence from the OSU ATEP if you are diagnosed with a condition that requires further treatment or if the condition prevents you from continuing your education while you are being treated. If this occurs, you must request an extended leave of absence from the Program Director (Kim Hannigan). Know that an extended leave will most likely delay your date of graduation.

By signing this document, I acknowledge the OSU AT Major Student Illness Policy. I understand this policy is in effect while I am enrolled as an athletic training at the OSU.

Student Name: _______________________________ Date: ______________

Student Signature: _______________________________