### EXSS CORE

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS 321</td>
<td>Biomech. of Spt &amp; Ex</td>
<td>4</td>
</tr>
<tr>
<td>EXSS 324</td>
<td>Exercise Physiology</td>
<td>4</td>
</tr>
<tr>
<td>EXSS 325</td>
<td>Fit. Asmnt &amp; Ex Prescrit</td>
<td>2</td>
</tr>
<tr>
<td>EXSS 370</td>
<td>Psych of Spt &amp; Physical Activity</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 311</td>
<td>Mvmnt Skill Learn &amp; Cntrl</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 314</td>
<td>Adapted Physical Activity</td>
<td>4</td>
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</tbody>
</table>

### ATHLETIC TRAINING

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXSS 131*</td>
<td>Intro to Ex &amp; Spt Sci</td>
<td>1</td>
</tr>
<tr>
<td>EXSS 350</td>
<td>Orthpdc Assmnt - Upper Extmty Inj.</td>
<td>4</td>
</tr>
<tr>
<td>EXSS 365</td>
<td>Emerg Mgt. of Spt Trauma</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 380</td>
<td>Therapeutic Modalities</td>
<td>4</td>
</tr>
<tr>
<td>EXSS 385</td>
<td>Therapeutic Exercise</td>
<td>4</td>
</tr>
<tr>
<td>EXSS 394</td>
<td>Pro. Act: Resistance Train.</td>
<td>2</td>
</tr>
<tr>
<td>EXSS 452</td>
<td>Ath. Training Prog. Mgt.</td>
<td>3</td>
</tr>
<tr>
<td>EXSS 455</td>
<td>Pharmacology in Ath. Trng. (WIC)</td>
<td>3</td>
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</tbody>
</table>

### EXSS 158# Care & Prev. of Athletic Inj.  
PreReq: EXSS 158  

### EXSS 159# Directed Observation in AT  
PreReq: EXSS 158  

### EXSS 259 AT Practicum  
PreReq: EXSS 159; Admittance to AT major  

### EXSS 358 AT Practicum  
PreReq: EXSS 350 & 351; Admittance to AT major  

### EXSS 359 AT Practicum  
PreReq: EXSS 350 & 351; Admittance to AT major  

### EXSS 410 AT Internship (Fall)  
PreReq: EXSS 358-359  

### EXSS 410 AT Internship (Winter)  
PreReq: EXSS 410 fall  

### EXSS 410 AT Internship (Spring)  
PreReq: EXSS 410 winter  

### SUPPORTING COURSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>H 100</td>
<td>Intro to Public Health</td>
<td>4</td>
</tr>
<tr>
<td>H 225</td>
<td>Social &amp; Ind. Health Determinator (SPI)</td>
<td>4</td>
</tr>
<tr>
<td>NUTR 240</td>
<td>Human Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>NUTR 341</td>
<td>Nutrition for Exercise</td>
<td>3</td>
</tr>
<tr>
<td>PHAR 210#</td>
<td>Term. of Health Sciences</td>
<td>2</td>
</tr>
<tr>
<td>ST 201</td>
<td>Principles of Statistics</td>
<td>4</td>
</tr>
</tbody>
</table>

### MAXIMUM S/U CREDITS: 36  
Courses within major MAY NOT be taken S/U

### MAXIMUM WITHDRAWALS 12

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* Indicates requirements to apply to the Athletic Training Education Program. Requirements also listed on back.

All PHHS Students must receive C- or better in courses required by the major.

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9/25/2015
BACCALAUREATE CORE REQUIREMENTS

**WR 121, COMM & MATH** must be taken within the 1st 45 cr hrs @ OSU.

**WR II** must be taken as Soph std’g within the 1st 90 cr hrs @ OSU. Transfer students must take WRII within the 1st 45 cr hrs @ OSU.

**Skills:**

- WR 121 ___C- minimum requirement____ 3
- WR II ___________ 3
- SPEECH ___________________________ 3
- MTH* ____________________________ 4
- HHS 231 __________________________ 2
- PAC or HHS LAB ___________________ 1

**Perspective Categories:** No more than two courses from one department may be used to satisfy the Perspective category

- PHYSICAL SCIENCE* __________ 4/5
- BIOLOGICAL SCIENCE __________ 4
- PHYS or BIO SCI* ______________ 4/5
- WESTERN CULTURE _____________ 3
- CULTURAL DIVERSITY ____________ 3
- LITERATURE & ARTS ____________ 3
- SOCIAL PROCESS* _______________ 3
- DIFF, POWER & DISCRIM __________ 3

**Synthesis Categories:** The two courses used to fulfill the synthesis requirements **MAY NOT** be from the same department

- CONTEMP. GLOBAL ISS ___________ 3
- SCIENCE, TECH & SOC. ___________ 3
- WIC (EXSS 455)

# PRE-AT REQUIREMENTS*

- CH 121 5
- EXSS 158** 3
- EXSS 159 1
- PHAR 210 2

*The courses listed above must be completed with a grade of C+ or better before applying into the AT program.

**EXSS 158 MUST BE TAKEN at OSU. Both EXSS 158 & 159 must be taken in the academic year of application to the professional program

**NOTE:** Current CPR and First Aid certification is required to enter into second year AT

Minimum Cumulative GPA of 2.75

CREDITS NEEDED TO GRADUATE: 180

Upper division credits needed: 60

A maximum of 11 PAC credits may be counted toward graduation