Academic Advising | Enhancing your First-Year Experience

COLLEGE OF
Public Health and Human Sciences

Meet your advisors

Andrea Nelson
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First-year students with last names A-L

Maura McDonald
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First-year students with last names M-Z

Advising in PHHS

All first-year students are required to meet with their advisor at least once a term in one of two ways:

• First-Year Success Workshops: 1 hour, available Weeks 6–9
• Individual Appointments: 30 minutes, available most days - schedule in advance

It is each student’s responsibility to either register for a workshop or make an appointment each term.

Your first-year advising experience begins at START and continues all year. Whether in group advising, individual appointments or any other time we connect, the goal is the same: to work with you as a vital member of our college and provide you opportunities to learn, grow and thrive.

Some of the topics and issues we cover in Advising include:

• Getting to know the college, your advisors and other students pursuing majors in PHHS
• Having the opportunity to review and reflect upon your interests, values and skills
• Discussing what it takes to be successful in your chosen major and career path
• Learning about on-campus resources available to assist you
• Reviewing current term experiences and planning for future ones

College of Public Health and Human Sciences
Academic Advising Office
8:30 a.m.–5 p.m. M–F
Women’s Building
541–737–8900
888–219–4513
health.oregonstate.edu/fye

Appointments
Call or stop by the office to schedule an appointment. Appointments are NOT scheduled via email.
Our office also offers Peer Advisors, so stop by or call if you have a quick question!
PHHS Academic Advising partners with students in a collaborative process, promoting and supporting the exploration, development and achievement of their unique academic and professional goals.

Involvement

Clubs
Associated Students of Health Care Administration (ASHCA)
Gerontology Student Association
HDFS Student Club
International Health Club
Nutrition & Dietetics Club
Oregon State Society of Healthcare Executives
Pre-Therapy & Allied Health Club
Public Health Club

Other
PHHS Undergraduate Student Council
Kappa Omicron Nu
PHHS Peer Advisors
KidSpirit
Girls on the Run
Individualized Movement and Physical Activity for Children Today (IMPACT)
Undergraduate Research Awards Program (URAP)

Health & Well-Being Living-Learning Community
This community is located in McNary Hall and is a place for students excited about health and science, the intersection of these fields, and improving the health of our communities across Oregon and beyond.

Reminders
CONNECT
Attend the PHHS CONNECT WEEK welcome event for new students. Receive a planner for the year, chat with Academic Advisors, win prizes and learn about PHHS student clubs.

Email
Check your email! Email is the official form of communication at OSU, so check your ONID daily.