

<u>NAME:</u>	<u>ID#:</u>	<u>DATE ENTERED:</u>
<u>EXSS CORE</u>		
___ EXSS 322 Anatomical Kinesiology PreReq: Z 331/ 341; 332/342 (or concurrent)	4	___ CH ___ # Gen. Chemistry 5
___ EXSS 323 Biomech. of Spt & Ex PreReq: MTH 112; PH 201; Z 331/341	4	___ CH ___ Gen. Chemistry (PS) 5
___ EXSS 324 Exercise Physiology PreReq: CH 121-123; Z 333	4	___ CH ___ Gen. Chemistry (PS) 5
___ EXSS 325 Fit. Asmnt & Ex Prescript PreReq: EXSS 324 (or concurrent)	2	___ Z 331 Human Anat & Phys I 3
___ EXSS 370 Psych of Spt & Ex	3	___ Z 341 Human A & P Lab I 2
___ EXSS 371 Msrmnt & Data Anlys in EXSS PreReq: Jr. standing; College Algebra	4	___ Z 332 Human Anat & Phys II 3
___ EXSS 411 Mvmnt Skill Learn & Cntrl PreReq: EXSS 322	3	___ Z 342 Human A & P Lab II 2
___ EXSS 444 Adapted Physical Activity PreReq: Sr. standing; EXSS 324, 411	4	___ Z 333 Human Anat & Phys III 3
<u>ATHLETIC TRAINING</u>		
___ EXSS 131* Intro to Ex & Spt Sci *Recommended, not required	1	___ *must be taken in sequence
___ EXSS 265 Emerg Mgt. of Spt Trauma PreReq: Admission into AT program	3	___ MTH 112 Elem. Functions (MTH) 4
___ EXSS 350 Orthpdc Assmnt - Upper Extmty Inj. PreReq: EXSS 158; Z 331 & 341	4	___ PH 201 General Physics (PS) 5
___ EXSS 351 Orthpdc Assmnt - Lower Extrmy Inj. PreReq: EXSS 158; Z 331 & 341	4	___ PSY 201 General Psychology (SPI) 3
___ EXSS 375 Pharmacology in Ath. Trng. (WIC) PreReq: EXSS 259 or EXSS 343	3	
___ EXSS 380 Therapeutic Modalities PreReq: Z 331/341, 332/342	4	
___ EXSS 385 Therapeutic Exercise PreReq: EXSS 322	4	
___ EXSS 394 Pro. Act: Resistance Train. PreReq: EXSS 324	2	
___ EXSS 452 Ath. Training Prog. Mgt. PreReq: EXSS 350	3	
<u>ATHLETIC TRAINING CLINICAL EXP</u>		
___ EXSS 158# Care & Prev. of Athletic Inj.	3	
___ EXSS 159# Directed Observation in AT PreReq: EXSS 158	1	
___ EXSS 259 AT Practicum PreReq: EXSS 258	2	
___ EXSS 358 AT Practicum PreReq: EXSS 357	2	
___ EXSS 359 AT Practicum PreReq: EXSS 358	2	
___ EXSS 410 AT Internship (Fall) PreReq: EXSS 358-359	4	
___ EXSS 410 AT Internship (Winter) PreReq: EXSS 410 fall	4	
___ EXSS 410 AT Internship (Spring) PreReq: EXSS 410 winter	4	
<u>SUPPORTING COURSES</u>		
___ H 225 Social & Ind. Health Determ. (SPI)	4	
___ NUTR 240 Human Nutrition PreReq: CH 121	3	
___ NUTR 341 Nutrtn for Exercise PreReq: NUTR 240; EXSS 324	3	
___ PHAR 210# Term. of Health Sciences	2	
MAXIMUM S/U CREDITS: 36 <i>Courses within major MAY NOT be taken S/U</i>		
EXSS/AT majors must maintain a minimum 2.25 option GPA, and a minimum 2.5 GPA in all EXSS prefixed courses		
# Indicates requirements to apply to the Athletic Training Education Program. Requirements also listed on back.		

BACCALAUREATE CORE REQUIREMENTS

*WR 121, COMM & MATH must be taken within the 1st 45 cr hrs @ OSU.
WRII must be taken as Soph std'g within the 1st 90 cr hrs @ OSU. Transfer students must take WRII within the 1st 45 cr hrs @ OSU.*

Skills:

_____	WR 121 ____ C- minimum requirement_____	3
_____	WR II _____	3
_____	SPEECH _____	3
_____	MTH* _____	4
_____	HHS 231 _____	2
_____	PAC or HHS LAB _____	1

Perspective Categories: *No more than two courses from one department may be used to satisfy the Perspective category*

_____	PHYSICAL SCIENCE* _____	4/5
_____	BIOLOGICAL SCIENCE _____	4
_____	PHYS or BIO SCI* _____	4/5

_____	WESTERN CULTURE _____	3
_____	CULTURAL DIVERSITY _____	3
_____	LITERATURE & ARTS _____	3
_____	SOCIAL PROCESS* _____	3
_____	DIFF, POWER & DISCRIM _____	3

Synthesis Categories: *The two courses used to fulfill the synthesis requirements **MAY NOT** be from the same department*

_____	CONTEMP. GLOBAL ISS _____	3
_____	SCIENCE, TECH & SOC. _____	3
_____	WIC (EXSS 375)	

PRE-AT REQUIREMENTS

CH 121	5
EXSS 158	3
EXSS 159	1
PHAR 210	2

**The courses listed above must be completed with a grade of C+ or better before applying into the AT program.*

***Current CPR and First Aid certification is required to enter into second year AT
Minimum Cumulative GPA of 2.75*

CREDITS NEEDED TO GRADUATE: 180
Upper division credits needed: 60

A maximum of 11 PAC credits may be counted toward graduation